

Buhl 2015 [19]	<p><b>Inclusion criteria:</b> Diagnosis of chronic obstructive pulmonary disease; 40 years of age or older; Relatively stable airway obstruction with post FEV1 &lt; 80% predicted normal and post FEV1/FVC &lt; 70%; 40 years of age or older; Smoking history of more than 10 pack years.</p> <p><b>Exclusion criteria:</b> Significant disease other than COPD; History of asthma; Regular use of daytime oxygen therapy for more than one hour per day</p> <p><b>Allowed co-medications:</b> ICS as required, salbutamol/albuterol inhaler as rescue medication. Temporary increases in the dose or addition of oral steroids or theophylline were allowed.</p>
Celli 2014 [20]	<p><b>Inclusion criteria:</b> Diagnosis of COPD, 10 pack-year or greater history of cigarette smoking, Post-bronchodilator FEV1/FVC ratio of &lt; 0.7, Predicted FEV1 of 70% of normal or less, mMRC dyspnea score of 2 or greater. 40 years of age or older.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma or other known respiratory disorder, any clinically significant uncontrolled disease, an abnormal and significant ECG or 24-h Holter finding.</p> <p><b>Allowed co-medications:</b> Salbutamol rescue medication, and regular use of ICS at a stable dose (<math>\leq 1000</math> mcg/day of fluticasone propionate or equivalent)</p>
Decramer 2014 a & b [21]	<p><b>Inclusion criteria:</b> History of COPD as defined by ATS-ERS; current or former cigarette smoker with a smoking history of 10 pack-years or more; a post-salbutamol FEV1/FVC ratio &lt; 0.70 and a post-salbutamol FEV1 of 70% of predicted normal values or less and a score of 2 or higher on the mMRC Dyspnoea score.</p> <p><b>Exclusion criteria:</b> Hospital admission for COPD or pneumonia within the 12 weeks before study visit. Present diagnosis of asthma or other known respiratory disorder.</p> <p><b>Allowed co-medications:</b> Salbutamol rescue medication, and regular use of ICS at a stable dose (<math>\leq 1000</math> mcg/day of fluticasone propionate or equivalent)</p>
D'Urzo 2014 [22]	<p><b>Inclusion criteria:</b> Current or former cigarette smokers with a cigarette smoking history of at least 10 pack-years; a diagnosis of stable moderate to severe COPD and stable airway obstruction as defined by the GOLD guidelines with a post-bronchodilator FEV1 = 30 % and &lt; 80% of predicted normal and a post-bronchodilator FEV1/FVC &lt; 70%; 40 years of age or older.</p> <p><b>Exclusion criteria:</b> Recent hospitalization for an acute COPD exacerbation within three months prior to Visit 1; Any respiratory tract infection (including the upper respiratory tract) or COPD exacerbation in the six weeks before Visit 1; clinically significant respiratory conditions other than COPD; Clinical history of asthma; Chronic use of oxygen therapy <math>\geq 15</math> hours/day; clinically significant cardiovascular conditions.</p> <p><b>Allowed co-medications:</b> albuterol/salbutamol as rescue medication. theophylline, ICS, oral or parenteral corticosteroids (<math>\leq 10</math> mg/day or 20 mg every other day of prednisone)</p>
Maleki-Yazdi 2014 [23]	<p><b>Inclusion criteria:</b> A pre and post-albuterol/salbutamol FEV1/FVC ratio of &lt; 0.70 and a pre and post-albuterol/salbutamol FEV1 of <math>\leq 70\%</math> of predicted; COPD diagnosis defined by ATS/ERS guidelines; 40 years of age or older; a history of cigarette smoking of <math>\geq 10</math> pack-years.</p> <p><b>Exclusion criteria:</b> a current diagnosis of asthma; Clinically significant</p>

	<p>comorbidity; Hospitalization for COPD or pneumonia within 12 weeks prior to Visit 1; home oxygen greater than 12 hours a day. As-needed oxygen use (i.e., <math>\geq</math> 12 hours per day) was allowed.</p> <p><b>Allowed co-medications:</b> Albuterol/salbutamol rescue medication, and regular use of ICS at a stable dose (<math>\leq</math>1000 mcg/day of fluticasone propionate or equivalent).</p>
Singh 2014 [24]	<p><b>Inclusion criteria:</b> Smoking history of at least 10 pack-years; a diagnosis of stable moderate to severe COPD and stable airway obstruction as defined by the GOLD guidelines with a post-bronchodilator FEV1 <math>&gt;</math> 30 % and <math>&lt;</math> 80% of predicted normal and a post-bronchodilator FEV1/FVC <math>&lt;</math>70%; 40 years of age or older.</p> <p><b>Exclusion criteria:</b> Use of long-term oxygen therapy (<math>\geq</math> 15 hours/day).History or current diagnosis of asthma; Any respiratory tract infection (including the upper respiratory tract) or COPD exacerbation in the 6 weeks before screening visit; History of interstitial lung or massive pulmonary thromboembolic disease.</p> <p><b>Allowed co-medications:</b> salbutamol as rescue medication. ICS, oral sustained-release methylxanthines, oxygen therapy (<math>&lt;</math>15 hours/day) and oral or parenteral corticosteroids equivalent to <math>\leq</math>10 mg/day of prednisone or 20 mg every other day.</p>
ZuWallack 2014 [26]	<p><b>Inclusion criteria:</b> Diagnosis of chronic obstructive pulmonary disease; relatively stable airway obstruction with a post-bronchodilator FEV1 <math>&gt;</math> 30 % and <math>&lt;</math> 80% of predicted normal and a post-bronchodilator FEV1/FVC <math>&lt;</math>70% at Visit 1; 40 years of age or older; a smoking history of more than 10 pack years.</p> <p><b>Exclusion criteria:</b> A significant disease other than COPD in the opinion of the investigator; history of asthma, cystic fibrosis or bronchiectasis; regular use of daytime oxygen therapy for more than one hour per day.</p> <p><b>Allowed co-medications:</b> albuterol as rescue medicine was allowed. ICS, cromolyn sodium/nedocromil sodium, antihistamines, antileukotrienes, methylxanthines, long-term oral steroids, mucolytics, and theophylline were NOT allowed.</p>
Donohue 2013 [29]	<p><b>Inclusion criteria:</b> 40 years of age or older with a clinically established history of COPD ; smoking history of 10 pack-years; a post-salbutamol FEV1/ FVC ratio of <math>&lt;</math>0.70 and a post-salbutamol FEV1 of 70% of predicted normal values ; a score of 2 on the mMRC Dyspnea Scale.</p> <p><b>Exclusion criteria:</b> current diagnosis of asthma or other known respiratory disorders, any clinically significant uncontrolled disease as determined by the study investigators, an abnormal and clinically significant ECG or 24-h Holter ECG (if conducted), or significantly abnormal clinical laboratory finding.</p> <p><b>Allowed co-medications:</b> inhaled salbutamol (albuterol) as rescue medication. ICS were allowed at a stable dose of 1000 mcg/day of fluticasone propionate or equivalent from 30 days prior to screening.</p>
Donohue 2014 [31]	<p><b>Inclusion criteria:</b> 40 years of age or older with a diagnosis of COPD and 10 pack-years smoking history; Post-salbutamol FEV1/ FVC ratio of <math>&lt;</math>0.70, a post-salbutamol FEV1 of <math>&gt;</math>35% and <math>&lt;</math> 80% of predicted normal values.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma, alfa1-antitrypsin deficiency, any clinically significant uncontrolled disease, a significant ECG or clinical laboratory finding, or a lower respiratory tract infection or recent COPD exacerbation were excluded.</p>

	<p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication. Concurrent use of ICS at a stable dose. Concurrent use of systemic corticosteroids, long-acting bronchodilators, including theophyllines, was NOT allowed.</p>
DB2114417 2012 [32]	<p><b>Inclusion criteria:</b> 40 years of age or older with a current COPD diagnosis with a post albuterol FEV1/FVC &lt;0.7, 35%-70% FEV1 predicted, &gt;120% forced residual capacity and 2 or more on the mMRC scale.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma or other known respiratory disorder, any clinically significant uncontrolled disease.</p> <p><b>Allowed co-medications:</b> albuterol/salbutamol for “as-needed” use. Short-acting anticholinergics were permitted during the run-in and washout periods. Concurrent use of ICS at a stable dose (<math>\leq</math>1000 mcg/day of fluticasone propionate or equivalent).</p>
DB2114418 2012 [33]	<p><b>Inclusion criteria:</b> 40 years of age or older with a current COPD diagnosis with a post albuterol FEV1/FVC &lt;0.7, 35%-70% FEV1 predicted, &gt;120% forced residual capacity and 2 or more on the mMRC scale.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma or other known respiratory disorder, any clinically significant uncontrolled disease.</p> <p><b>Allowed co-medications:</b> albuterol/salbutamol for “as-needed” use. Short-acting anticholinergics were permitted during the run-in and washout periods. Concurrent use of ICS at a stable dose (<math>\leq</math>1000 mcg/day of fluticasone propionate or equivalent).</p>
Vincken 2014 [25]	<p><b>Inclusion criteria:</b> 40 years of age or older with a current COPD diagnosis with a post albuterol FEV1/FVC &lt;0.7, 30%-80% FEV1 predicted; current or ex-smokers with a smoking history of at least 10 pack-years.</p> <p><b>Exclusion criteria:</b> Respiratory tract infection within 6 weeks prior to screening; COPD exacerbation 6 weeks prior to screening; current diagnosis of asthma or other known respiratory disorder, any clinically significant uncontrolled disease.</p> <p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication and stable dose of ICS.</p>
Bateman 2013 [27]	<p><b>Inclusion criteria:</b> 40 years of age or older; Smoking history of at least 10 pack years; Diagnosis of COPD (GOLD Guidelines, 2008); Post-bronchodilator FEV1 &lt; 80% and <math>\geq</math> 30% of the predicted normal value and post-bronchodilator FEV1/FVC &lt;70%.</p> <p><b>Exclusion criteria:</b> a respiratory tract infection within 4 weeks prior to Visit 1. Current diagnosis of asthma or other known respiratory disorder, any clinically significant uncontrolled disease.</p> <p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication and fixed dose of ICS.</p>
Dahl 2013 [28]	<p><b>Inclusion criteria:</b> 40 years of age or older; Smoking history of at least 10 pack years; Diagnosis of COPD (GOLD Guidelines, 2008); Post-bronchodilator FEV1 &lt; 80% and <math>\geq</math> 30% of the predicted normal value and post-bronchodilator FEV1/FVC &lt;70%.</p> <p><b>Exclusion criteria:</b> a respiratory tract infection within 4 weeks prior to Visit 1; concomitant pulmonary disease, asthma, alpha-1 antitrypsin deficiency or lung; certain cardiovascular co-morbid conditions.</p> <p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication</p>

	and ICS.
Wedzicha 2013 [30]	<p><b>Inclusion criteria:</b> 40 years of age or older; severe to very severe COPD (Stage III or IV GOLD Guidelines 2008). Current or ex-smokers with a smoking history of at least 10 pack years; a post-bronchodilator FEV1 &lt;50% of the predicted normal value, and post-bronchodilator FEV1/FVC &lt;0.70 at Visit 2. A documented history of at least 1 COPD exacerbation in the previous 12 months that required treatment with systemic glucocorticosteroids and/or antibiotics.</p> <p><b>Exclusion criteria:</b> Patients requiring long term oxygen therapy (&gt; 15 h a day) on a daily basis; a COPD exacerbation that required treatment with antibiotics, systemic steroids or hospitalization in the 6 weeks prior to visit 1. Current diagnosis of asthma or other known respiratory disorder; a clinically significant abnormality on the screening or baseline ECG.</p> <p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication and fixed dose of ICS.</p>
Novartis A1301 2012 [35]	<p><b>Inclusion criteria:</b> 40 years of age or older; smoking history of at least 10 pack years. Diagnosis of COPD (GOLD Guidelines, 2008). Post-bronchodilator FEV1 &lt; 80% and <math>\geq</math> 30% of the predicted normal value and post-bronchodilator FEV1/FVC &lt;70%.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma or other known respiratory disorder, any clinically significant uncontrolled disease.</p> <p><b>Allowed co-medications:</b> Not described.</p>
Mahler 2012a&b [34]	<p><b>Inclusion criteria:</b> patients aged <math>\geq</math> 40 years with COPD (GOLD 2007 criteria), with a smoking history <math>\geq</math>10 pack-years and postbronchodilator FEV1 <math>\leq</math> 65% and <math>\geq</math> 30% of predicted normal, and post-bronchodilator FEV1/FVC &lt;70% at screening.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma or other known respiratory disorder, certain cardiovascular disease; a respiratory tract infection or COPD exacerbation within the previous 6 weeks.</p> <p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication and fixed dose of ICS.</p>
Tashkin 2009 [36]	<p><b>Inclusion criteria:</b> patients aged <math>\geq</math>40 years with a clinical history of COPD. a postbronchodilator FEV1 &lt; 70% and &gt;30% predicted normal or &gt;0.75 L and a FEV1/FVC ratio of &lt;0.70 at screening and run-in. Daytime and/or nighttime symptoms of COPD, including dyspnea, must have been present on <math>\geq</math>4 of the 7 days before the baseline visit.</p> <p><b>Exclusion criteria:</b> Current diagnosis of asthma or other known respiratory disorder, any clinically significant disease that may have interfered with study treatment as assessed by the investigator. Smoking cessation within the previous 3 months, ventilator support for respiratory failure within the previous year, the use of oxygen (<math>\geq</math>2 L/min or for &gt;2 hours/day).</p> <p><b>Allowed co-medications:</b> Inhaled salbutamol (albuterol) as rescue medication and a fixed dose of ICS. Ipratropium bromide, leukotriene antagonists, and theophylline were NOT allowed.</p>
Vogelmeier 2008 [37]	<p><b>Inclusion criteria:</b> stable COPD aged <math>\geq</math>40 years with a smoking history of <math>\geq</math>10 pack-years, FEV1 &lt; 70% of patient's predicted normal value (and <math>\leq</math>1.00 L), and FEV1/FVC &lt; 70%. Patients were to be symptomatic on at least 4 of 7 days prior to randomization (symptom score &gt;0 on diary card).</p>

	<p><b>Exclusion criteria:</b> a concomitant pulmonary disease; a respiratory tract infection within a month prior to screening; a clinically significant condition such as ischemic heart disease that might compromise patient safety or compliance.</p> <p><b>Allowed co-medications:</b> On demand salbutamol and a fixed dose of ICS.</p>
Aaron 2007 [38]	<p><b>Inclusion criteria:</b> Age older than 35 years; a history of 10 pack-years or more of cigarette smoking; moderate or severe COPD with an FEV1/FVC ratio &lt; 0.70 and a postbronchodilator FEV1 &lt; 65% of the predicted value; at least 1 exacerbation of COPD that required treatment with systemic steroids or antibiotics within the 12 months before randomization; a recent COPD exacerbation requiring antibiotics or steroids were required to wait until treatment with these agents had been discontinued for 28 days before entering the study.</p> <p><b>Exclusion criteria:</b> Physician-diagnosed asthma before 40 years of age; bronchiectasis; lung transplant; lung volume reduction surgery; chronic congestive heart failure with known persistent severe left ventricular dysfunction.</p> <p><b>Allowed co-medications:</b> Inhaled albuterol as rescue medication, antileukotrienes, and methylxanthines. ICS, long-acting beta 2-agonists, and anticholinergics were NOT allowed.</p>

**Table S4 Characteristics of included studies.** Abbreviations: ATS–ERS= American Thoracic Society-European Respiratory Society; ECG= electrocardiogram; FEV1= forced expiratory volume in one second; FVC= forced vital capacity; GOLD= Global Initiative for Chronic Obstructive Lung Disease; ICS= inhaled corticosteroids; mMRC= Modified Medical Research Council.