

ONLINE DATA SUPPLEMENT

Children and young adults with CF in the US have better lung function compared to the UK

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Data Merging

The study employed a retrospective cohort design using data provided at baseline, annual follow-up records, and medical encounters according to the structure of the US Cystic Fibrosis Foundation (CFF) Patient Registry and the UK CF Trust Patient Registry. Data from the two patient registries were entered into two web-based electronic data capture systems (PortCF). Though the data fields are nearly identical, there were some key differences in the collection of data between the two registries. The US CFF Patient Registry collects data at all clinical encounters throughout the year and documents whether the subjects were stable or having a pulmonary exacerbation. The UK CF Trust Registry collects data on an annual basis when subjects are well. Preliminary analyses showed that there was a clear seasonality to the UK registry encounter dates with a higher proportion of encounters entered in the final quarter of the year compared to the US which had patient encounters evenly spread throughout the calendar year. During the merge of the data, the US CFF Patient Registry data were annualized to mirror the UK Trust CF Registry ensuring that for both Registries, only data when the subjects were clinically stable were included.

Both data sets included CF demographics: age of diagnosis, year of diagnosis, age, gender, race/ethnicity, as well as clinical data: pulmonary function, height, weight, body mass index (BMI), CF-related diabetes and pancreatic insufficiency (defined by the use of pancreatic enzymes) and CF transmembrane conductance regulator (CFTR) genotype (F508del, Δ F508 status). Genotype was coded as F508del homozygous, heterozygous, non-F508del and non-genotyped. A number of outcome measures were re-coded within the US CFF Patient Registry to reflect an annualized value of parameters selected for the comparisons between countries. Sputum microbiology (*Pseudomonas aeruginosa*, *Staphylococcus aureus*, MRSA, *Burkholderia cepacia* complex, and others) in the UK are coded annually as negative, positive (≥ 2 sputum samples positive in one year) and intermittent (positive culture not fulfilling definition of

“positive”). Thus, the US clinical encounter data were re-coded to reflect these definitions. The specific chronic nebulized antibiotics used differs significantly between countries. To compare the two countries, we combined all of the chronic nebulized antimicrobial agents and defined the use of inhaled antimicrobial agents as “any nebulized antibiotic.”

Because seasonality of clinical encounter could potentially confound our comparison of lung function between the countries, we then employed a matching algorithm to select only one care episode from each subject in the US registry matched on month of calendar year to the UK patients to ensure a similar temporal distribution of the clinical data (Figure E1a and E1b). This algorithm allowed selection of US encounters that almost ideally matched (perfectly matching all months except November and December were error was <0.05% - off just by 1 encounter) monthly distribution of UK encounters thus limiting potential seasonal bias (Figure E1a and E1b). Overall, records of 24,835 of the US patients were selected for comparison with 7,937 records of the UK CF patients (Figure E2). There were no exclusions based on age.

Primary and Secondary Outcomes

The clinical sites involved in the respective registries employ ATS/ERS guidelines for the conduct of spirometry but no formal evaluation is done to ensure compliance with these guidelines.[1, 2] Data were explored to ensure that non-physiologic values were excluded (e.g., $FEV_1 > FVC$). Absolute values of lung function including forced vital capacity (FVC) as well as FVC % predicted were also analyzed. Age was handled as a categorical variable grouped by 4 age increments (<12 years, 12-18 years, 18-24 years, ≥ 24 years). Non-physiologic values of weight, height and spirometry were assumed to be missing data. Race was classified as White, Black, Asian and Other (a category that included Hispanic ethnicity and subjects who selected more than one race); each category was made mutually exclusive.

Statistical Methods

Categorical data were presented as frequencies and proportions; continuous data as either means and standard deviations, or medians and inter-quartile ranges (IQR). Chi-square test, Student's t-test (assuming unequal variances) and the Wilcoxon rank-sum test were used to make group comparisons where appropriate. Where data were not normally distributed, differences between the groups were presented as the median difference between values sampled from two groups.

Post-hoc Treatment Intensity Assessment

Because not all the treatments or dosing interval were available in both data sets, we added major treatments to create a simple additive index of level 2 therapies adapted from Sawicki et al. for a total of 6 different therapies.[3] The following medications were available in both registries: hypertonic saline, tobramycin solution, rhDNase, macrolides, colistin, other aminoglycosides.[3] Patients could be treated to up to 6 therapies at one time generating a value from 1 to 6 depending on the number of therapies given to each patient. Given the distribution of the treatment intensity index we combined those patients receiving 4 or more of these therapies (4, 5 and 6) into a single category in order to have 5 levels (0, 1, 2, 3, and 4+) reflecting, roughly, quintiles. When stratified by children and adults there were clear differences between the UK and US.

Completeness of the Data

The following table summarizes the completeness of the data from each cohort and in the combined cohort based on key variables used in the analysis. As can be seen in the table, BMI outcomes were complete for over 95% of patients and lung function for over 92% in both countries. This demonstrates the limited impact of missing data on the analyses that we have conducted.

Variable	Criteria	USA	UK	Total
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FEV ₁ % predicted (Wang and Hankinson)	Caucasians aged 6 years and older	16,963/18,077 = 93.8%	5,904/6,398 = 92.3%	22,867/24,475 = 93.4%
FVC % predicted (Wang and Hankinson)	Caucasians aged 6 years and older	17,609/18,077 = 97.4%	5,897/6,398 = 92.2%	23,506/24,475 = 96.0%
BMI percentile	Children aged 2-17 years	12,047/12,119 = 99.4%	3,450/3,583 = 96.3%	15,497/15,702 = 98.7%
BMI	Adults aged 18 years and older	10,952/11,058 = 99.0%	3,803/3,965 = 95.9%	14,755/15,023 = 98.2%

Additional Tables Referenced in the Text:

Table E1: Comparisons of lung function and BMI between UK and US data.

Results are presented as means (SD), medians (IQR) or n(%). [n] refers to the number of non-missing observations for each given variable in each country/subgroup

	USA		UK		US-UK Difference (95% CI) *	p-value
N	24,835		7,933			
Number of centers providing data in 2010	237		132			
	[n]		[n]			
BMI value median (IQR) for age 18 and older						
Male						
18-21 years						
22-25 years	1481	21.0 (19.2-23.1)	493	20.8 (19.0-23.1)	0.20 (-0.20,0.50)	0.316
26-29 years	1159	21.8 (19.6-23.9)	434	21.9 (20.2-23.8)	-0.20 (-0.60, 0.10)	0.1700
30-33 years	889	22.0 (19.9-24.8)	343	22.4 (20.2-24.7)	-0.20 (-0.60, 0.20)	0.385
34-37 years	610	23.0 (20.8-25.5)	252	23.2 (21.2-25.3)	-0.20 (-0.70, 0.30)	0.445
38-41 years	446	23.4 (21.1-25.7)	170	23.6 (21.9-25.8)	-0.20 (-0.80, 0.40)	0.511
42-45 years	388	24.0 (21.5-26.2)	155	23.6 (21.9-25.9)	0.10 (-0.60, 0.70)	0.773
46-49 years	284	24.4 (21.7-26.9)	94	23.4 (21.8-26.3)	0.50 (-0.30, 1.40)	0.205
50+ years	213	24.2 (22.6-26.5)	79	24.6 (22.3-27.0)	-0.30 (-1.20, 0.60)	0.515
	320	24.5 (22.5-26.7)	81	24.1 (22.4-26.7)	0.10 (-0.70, 0.90)	0.752
Female						
18-21 years						
22-25 years	1313	20.8 (19.1-22.7)	435	20.4 (18.8-22.4)	0.40 (0.10, 0.60)	0.022
26-29 years	1055	20.7 (19.1-22.9)	354	21.0 (19.3-23.0)	-0.20 (-0.50, 0.20)	0.325
30-33 years	774	21.1 (19.5-23.0)	276	21.5 (19.5-23.6)	-0.30 (-0.70, 0.10)	0.200
34-37 years	557	21.8 (19.9-24.1)	197	21.8 (20.0-24.0)	0 (-0.50, 0.50)	1.000
38-41 years	390	21.6 (19.8-24.0)	122	22.0 (20.8-24.8)	-0.70 (-1.30, 0)	0.038
42-45 years	331	22.2 (20.2-25.0)	110	22.3 (20.2-24.3)	0.20 (-0.50, 0.90)	0.600
46-49 years	238	22.2 (20.3-24.8)	85	23.6 (21.0-26.3)	-1.10 (-2.00, -0.20)	0.024
50+ years	170	22.0 (19.9-25.8)	50	22.3 (21.1-26.1)	-0.90 (-1.90, 0.20)	0.161
	334	23.1 (20.7-26.9)	73	23.4 (20.6-26.4)	0 (-1.20, 1.10)	0.949
BMI percentile (patients aged 2 to 17 years);						

mean (SD)						
Male						
2-5 years	1,359	58.75 (26.75)	447	60.20 (29.24)	-1.45 (-4.51, 1.62)	0.354
6-9 years	1,525	55.39 (25.79)	368	52.31 (27.34)	3.09 (-0.0003, 6.17)	0.050
10-13 years	1,599	48.08 (27.57)	482	45.19 (28.47)	2.89 (0.004, 5.77)	0.050
14-17 years	1,614	42.02 (28.22)	464	38.88 (27.66)	3.14 (0.27, 6.01)	0.032
Female						
2-5 years	1,296	55.59 (27.20)	414	58.26 (27.65)	-2.68 (-5.73, 0.38)	0.086
6-9 years	1,635	51.68 (25.98)	403	49.33 (27.76)	2.35 (-0.64, 5.34)	0.124
10-13 years	1,536	46.55 (27.88)	423	47.29 (27.53)	-0.73 (-3.71, 2.24)	0.628
14-17 years	1,483	48.69 (26.34)	449	47.70 (26.90)	1.00 (-1.84, 3.82)	0.492
All						
2-5 years	2,655	57.21 (27.01)	861	59.27 (28.49)	-2.06 (-4.23, 0.10)	0.0620
6-9 years	3,160	53.47 (25.95)	771	50.75 (27.58)	2.72 (0.57, 4.87)	0.013
10-13 years	3,135	47.33 (27.73)	905	46.17 (28.04)	1.16 (-0.91, 3.23)	0.272
14-17 years	3,097	45.21 (27.54)	913	43.22 (27.63)	2.00 (-0.04, 4.04)	0.055
FEV1 % predicted (Caucasian patients age 6 years and older); mean (SD)						
Overall	16,963	75.72 (26.49)	5904	70.23 (24.45)	5.49 (4.75, 6.23)	<0.001
6-9 years	2,518	95.79 (18.47)	624	89.54 (15.99)	6.25 (4.80, 7.70)	<0.001
10-13 years	2,627	91.63 (19.92)	793	84.71 (19.58)	6.92 (5.36, 8.48)	<0.001
14-17 years	2,618	83.48 (22.31)	843	78.23 (20.13)	5.25 (3.64, 6.85)	<0.001
18-21 years	2,391	71.46 (24.36)	878	66.14 (22.97)	5.33 (3.52, 7.13)	<0.001
22-25 years	1,900	65.55 (24.20)	749	62.93 (23.06)	2.62 (0.64, 4.60)	0.010
26-29 years	1,429	61.15 (24.19)	590	59.63 (22.97)	1.53 (-0.71, 3.77)	0.181
30-33 years	969	60.92 (22.66)	442	62.23 (23.66)	-1.31 (-3.94, 1.32)	0.329
34-37 years	706	58.09 (23.07)	280	59.78 (23.90)	-1.68 (-4.97, 1.60)	0.314
38-41 years	556	58.67 (22.81)	252	58.04 (23.34)	0.63 (-2.83, 4.09)	0.722
42-45 years	421	55.17 (22.84)	175	56.45 (24.62)	-1.28 (-5.55, 2.98)	0.554
46-49 years	311	53.29 (22.81)	128	57.38 (24.32)	-4.09 (-9.04, 0.85)	0.104
50+ years	517	55.43 (22.93)	150	60.90 (24.74)	-5.47 (-9.92, -1.03)	0.016
<12 years	3,787	95.06 (18.59)	1011	87.76 (17.68)	7.30 (6.06, 8.54)	<0.001
12 to <18 years	3,976	85.63 (22.02)	1249	80.29 (20.11)	5.34 (4.03, 6.65)	<0.001
18 to <24 years	3,403	69.89 (24.33)	1258	65.19 (22.95)	4.70 (3.19, 6.21)	<0.001
≥24	5,797	59.70 (23.66)	2386	60.19 (23.66)	-0.48 (-1.61, 0.64)	0.401
FVC % predicted (Caucasian patients age 6 years and older); mean (SD)						
Overall	17,609	86.38 (22.16)	5897	83.20 (20.62)	3.18 (2.56, 3.80)	<0.001
6-9 years	2,515	100.17 (16.89)	622	96.38 (14.67)	3.79 (2.46, 5.12)	<0.001
10-13 years	2,627	98.03 (17.16)	793	93.36 (17.17)	4.68 (3.31, 6.04)	<0.001
14-17 years	2,640	93.73 (19.64)	841	89.76 (17.67)	3.97 (2.56, 5.38)	<0.001

18-21 years	2,426	83.25 (21.37)	878	80.03 (20.19)	3.22 (1.64, 4.81)	<0.001
22-25 years	1,970	79.23 (21.47)	749	77.76 (20.40)	1.47 (-0.27, 3.21)	0.098
26-29 years	1,510	76.61 (21.54)	590	76.05 (20.78)	0.56 (-1.44, 2.56)	0.584
30-33 years	1,056	76.94 (20.07)	442	78.29 (20.12)	-1.34 (-3.58, 0.89)	0.239
34-37 years	773	74.94 (20.04)	279	75.73 (20.69)	0.79 (-3.61, 2.02)	0.581
38-41 years	660	75.10 (19.77)	252	75.27 (21.16)	-0.17 (-3.20, 2.85)	0.911
42-45 years	485	71.35 (19.77)	173	73.01 (19.52)	-1.65 (-5.07, 1.76)	0.341
46-49 years	350	70.76 (20.23)	128	72.80 (19.28)	-2.03 (-6.01, 1.95)	0.315
50+ years	597	70.83 (19.94)	150	74.36 (19.91)	-3.53 (-7.11, 0.05)	0.054
<12 years	3,781	99.71 (16.72)	1009	94.82 (16.01)	4.88 (3.76, 6.01)	<0.001
12 to <18 years	4,001	94.95 (19.13)	1247	91.25 (17.46)	3.70 (2.57, 4.84)	<0.001
18 to <24 years	3,465	82.15 (21.41)	1258	79.35 (20.27)	2.80 (1.47, 4.13)	<0.001
≥24	6,362	75.37 (20.76)	2383	76.11 (20.45)	-0.74 (-1.70, 0.23)	0.135
Pancreatic enzyme use; n(%)	24,835	21542 (86.7%)	7543	6,646 (88.1)	1.4% (0.5%, 2.2%)	0.002

* Where medians are used, differences between the groups are presented as the median difference between values sampled from two groups. This difference is not strictly equal to the difference between the two medians.

Table E2: Analysis restricted to F508del homozygote patients

	USA		UK		USA-UK Difference (95% CI) *	p-value
N	10,957		3,973			
	[n]		[n]			
BMI value (patients aged 2 years and older); median (IQR)						
Male						
18-21 years	671	20.8 (19.1, 22.8)	257	20.9 (19.0, 23.3)	-0.20 (-0.60, 0.20)	0.367
22-25 years	527	21.6 (19.5, 23.8)	238	21.8 (20.1, 23.6)	-0.10 (-0.60, 0.30)	0.526
26-29 years	447	21.6 (19.7, 24.4)	168	22.4 (20.1, 24.5)	-0.50 (-1.00, 0.10)	0.135
30-33 years	283	22.8 (20.5, 25.1)	137	23.0 (20.6, 25.1)	-0.20 (-0.90, 0.40)	0.507
34-37 years	186	23.3 (21.0, 25.5)	73	22.6 (20.8, 24.8)	0.60 (-0.30, 1.40)	0.193
38-41 years	145	23.7 (21.4, 25.8)	59	23.4 (21.5, 25.3)	0.20 (-0.80, 1.10)	0.729
42-45 years	106	24.0 (21.2, 25.6)	30	22.7 (20.9, 26.1)	0.50 (-0.90, 1.90)	0.442
46-49 years	71	24.0 (22.9, 26.2)	31	22.9 (21.2, 25.3)	1.10 (-0.20, 2.30)	0.091
50+ years	68	24.4 (21.7, 26.2)	16	23.2 (22.1, 26.3)	0.40 (-1.30, 2.00)	0.616
Female						
18-21 years	611	20.6 (18.9, 22.2)	226	20.4 (18.9, 22.0)	0.10 (-0.20, 0.50)	0.488
22-25 years	481	20.6 (18.9, 22.9)	186	20.9 (19.2, 22.9)	-0.20 (-0.70, 0.20)	0.321
26-29 years	352	20.9 (19.4, 22.7)	131	21.3 (19.3, 23.3)	-0.20 (-0.80, 0.40)	0.515
30-33 years	227	21.1 (19.6, 23.3)	83	21.4 (19.6, 23.3)	-0.10(-0.80, 0.60)	0.828
34-37 years	162	20.9 (19.3, 22.9)	49	21.7 (20.2, 23.2)	-0.70 (-1.50, 0.10)	0.108
38-41 years	125	21.9 (20.2, 24.1)	43	22.3 (19.5, 24.3)	-0.10 (-1.20, 1.10)	0.913
42-45 years	66	21.9 (20.0, 24.4)	31	22.7 (20.7, 25.8)	-0.70 (-2.30, 0.80)	0.305
46-49 years	38	21.7 (19.7, 23.8)	17	23.8 (21.7, 26.4)	-2.20 (-4.00, -0.30)	0.026
50+ years	46	21.4 (19.9, 23.7)	11	22.2 (21.5, 25.6)	-1.00 (-2.50, 0.60)	0.262
BMI percentile (patients aged 2 to 17 years); mean (SD)						
Male						
2-5 years	577	58.42 (25.87)	244	59.50 (28.11)	-1.08 (-5.20, 3.05)	0.608

Female	6-9 years	748	54.37 (25.40)	214	52.36 (26.72)	2.01 (-2.02, 6.04)	0.327
	10-13 years	759	46.41 (26.83)	265	43.04 (27.01)	3.38 (-0.40, 7.16)	0.080
	14-17 years	729	39.77 (27.16)	265	37.32 (27.25)	2.45 (-1.39, 6.29)	0.211
	2-5 years	570	55.78 (26.26)	196	59.18 (26.57)	-3.40 (-7.71, 0.92)	0.122
	6-9 years	771	49.97 (25.63)	211	48.59 (27.01)	1.37 (-2.71, 5.46)	0.509
	10-13 years	713	45.28 (27.64)	212	48.06 (26.71)	-2.78 (-6.92, 1.37)	0.189
	14-17 years	694	47.48 (25.80)	225	45.61 (26.39)	1.87 (-2.09, 5.83)	0.354
All	2-5 years	1,147	57.11 (26.08)	440	59.36 (27.40)	-2.25 (-5.22, 0.73)	0.139
	6-9 years	1,519	52.14 (25.60)	425	50.49 (26.90)	1.65 (-1.22, 4.52)	0.260
	10-13 years	1,472	45.86 (27.22)	477	45.27 (26.96)	0.60 (-2.20, 3.39)	0.675
	14-17 years	1,423	43.53 (26.78)	490	41.13 (27.15)	2.40 (-0.38, 5.18)	0.090
	FEV1 % predicted (patients age 6 years and older); mean (SD)						
6-9 years	1,318	95.12 (18.97)	354	89.36 (15.70)	5.76 (3.82, 7.69)	<0.001	
10-13 years	1,330	90.78 (20.40)	430	83.23 (16.61)	7.56 (5.40, 9.71)	<0.001	
14-17 years	1,313	82.72 (22.77)	458	76.88 (20.03)	5.84 (3.62, 8.05)	<0.001	
18-21 years	1,160	69.86 (24.36)	467	65.40 (22.60)	4.46 (1.97, 6.95)	0.001	
22-25 years	904	64.02 (23.98)	415	62.27 (22.69)	1.74 (-0.95, 4.43)	0.204	
26-29 years	718	59.91 (23.99)	291	57.03 (22.18)	2.88 (-0.22, 5.98)	0.069	
30-33 years	432	59.03 (21.66)	220	58.78 (22.85)	0.26 (-3.40, 3.92)	0.889	
34-37 years	304	55.60 (21.39)	120	54.85 (23.43)	0.75 (-4.11, 5.61)	0.761	
38-41 years	209	56.44 (21.18)	97	55.27 (22.75)	1.17 (-4.23, 6.57)	0.669	
42-45 years	131	51.37 (21.69)	62	53.12 (23.52)	-1.75 (-8.76, 5.26)	0.622	
46-49 years	91	47.80 (18.20)	47	57.42 (25.39)	-9.62 (-17.93, -1.31)	0.024	
50+ years	77	50.34 (19.81)	26	59.21 (27.97)	-8.87 (-20.93, 3.19)	0.144	
<12 years	1,980	94.20 (19.19)	570	87.22 (17.75)	6.98 (5.30, 8.67)	<0.001	
12 to <18 years	1,981	84.91 (22.44)	672	78.75 (19.88)	6.16 (4.36, 7.96)	<0.001	
18 to <24 years	1,650	68.42 (24.18)	683	64.42 (22.52)	4.00 (1.95, 6.06)	<0.001	
≥24	2,376	58.16 (22.97)	1062	57.81 (23.16)	0.35 (-1.32, 2.03)	0.677	

* Where medians are used, differences between the groups are presented as the median difference between values sampled from two groups. This difference is not strictly equal to the difference between the two medians.

Table E3. Treatment differences stratified by lung function impairment and age

Note the differences in treatment rates in the USA compared to the UK generally are larger in children than adults over most states of lung function.

Hypertonic saline

	USA	UK	USA-UK Difference (95% CI)	p-value
FEV₁<40%				
<18 years	113 (62.4)	20 (29.0)	33.4 (20.6, 46.3)	<0.001
≥18 years	1,150 (62.3)	158 (21.2)	41.2 (37.5, 44.8)	<0.001
FEV₁≥40% and <70%				

<18 years	668 (64.4)	72 (17.4)	47.0 (42.3, 51.7)	<0.001
≥18 years	2,057 (60.0)	251 (17.1)	42.9 (40.4, 45.5)	<0.001
FEV ₁ ≥70% and <90%				
<18 years	1,127 (54.6)	103 (12.1)	42.5 (39.5, 45.6)	<0.001
≥18 years	1,175 (50.4)	91 (9.9)	40.5 (37.7, 43.3)	<0.001
FEV ₁ ≥90%				
<18 years	1979 (45.6)	61 (6.8)	38.9 (36.7, 41.1)	<0.001
≥18 years	575 (40.4)	34 (7.3)	33.1 (29.6, 36.6)	<0.001

Any nebulized antibiotics

	USA	UK	USA-UK Difference (95% CI)	p-value
FEV ₁ <40%				
<18 years	166 (91.7)	51 (73.9)	17.8 (6.7, 28.9)	<0.001
≥18 years	1,531 (83.0)	543 (72.8)	10.2 (6.6, 13.8)	<0.001
FEV ₁ ≥40% and <70%				
<18 years	818 (78.8)	298 (71.8)	7.0 (2.0, 12.0)	0.004
≥18 years	2,520 (73.5)	984 (67.0)	6.5 (3.7, 9.3)	<0.001
FEV ₁ ≥70% and <90%				
<18 years	1,236 (59.9)	476 (55.8)	4.1 (0.1, 8.0)	0.042
≥18 years	1,424 (61.1)	519 (56.6)	4.5 (0.7, 8.3)	0.018
FEV ₁ ≥90%				
<18 years	1,795 (41.4)	378 (41.8)	-0.4 (-4.0, 3.1)	0.809
≥18 years	638 (44.9)	180 (38.8)	6.1 (0.9, 11.2)	0.022

rhDNase

	USA	UK	USA-UK Difference (95% CI)	p-value
FEV ₁ <40%				
<18 years	177 (97.8)	49 (71.0)	26.8 (15.9, 37.7)	<0.001
≥18 years	1,611 (87.3)	529 (70.9)	16.4 (12.8, 20.0)	<0.001
FEV ₁ ≥40% and <70%				
<18 years	960 (92.5)	281 (67.7)	24.8 (20.0, 29.6)	<0.001
≥18 years	2,799 (81.7)	846 (57.6)	24.0 (21.2, 26.9)	<0.001
FEV ₁ ≥70% and <90%				
<18 years	1,861 (90.2)	423 (49.6)	40.6 (37.0, 44.2)	<0.001
≥18 years	1,760 (75.5)	391 (42.6)	32.9 (29.3, 36.5)	<0.001
FEV ₁ ≥90%				
<18 years	3,599 (83.0)	303 (33.5)	49.4 (46.2, 52.7)	<0.001
≥18 years	956 (67.2)	105 (22.6)	44.6 (40.1, 49.1)	<0.001

Macrolides

	USA	UK	USA-UK Difference (95% CI)	p-value
FEV ₁ <40%				
<18 years	134 (74.0)	48 (69.6)	4.5 (-8.1, 17.1)	0.478
≥18 years	1,466 (79.5)	584 (78.3)	1.1 (-2.4, 4.6)	0.506

FEV ₁ ≥40% and <70%				
<18 years	664 (64.0)	224 (54.0)	10.0 (4.4, 15.6)	<0.001
≥18 years	2,478 (72.3)	997 (67.9)	4.4 (1.6, 7.2)	0.002
FEV ₁ ≥70% and <90%				
<18 years	969 (47.0)	272 (31.9)	15.1 (11.3, 18.9)	<0.001
≥18 years	1,418 (60.9)	478 (52.1)	8.7 (4.9, 12.5)	<0.001
FEV ₁ ≥90%				
<18 years	1,668 (38.5)	222 (24.6)	13.9 (10.7, 17.1)	<0.001
≥18 years	694 (48.8)	150 (32.3)	16.5 (11.5, 21.5)	<0.001

Table E4. Stratified analyses of FEV₁ (% predicted among Caucasian patients) between countries and treatment intensity (TIS)

Regardless of the age and TIS level, FEV₁% predicted was higher in the US compared to the UK, suggesting a lower threshold to add therapies in the US. This phenomenon was more marked in the children and young adults compared to older adults.

	USA		UK		USA-UK Difference (95% CI)	p-value
	[n]	Mean FEV ₁ (SD)	[n]	Mean FEV ₁ (SD)		
By age category and TIS category						
< 12 years						
TIS = 0 (no rx)	241	100.63 (14.79)	345	92.70 (14.01)	7.94 (5.54, 10.33)	<0.001
TIS = 1 (1 rx)	976	98.72 (16.24)	276	90.25 (16.41)	8.47 (6.28, 10.66)	<0.001
TIS = 2 (2 rx)	1,096	96.39 (17.27)	215	84.54 (18.09)	11.85 (9.22, 14.49)	<0.001
TIS = 3 (3 rx)	876	92.49 (19.73)	112	79.35 (20.66)	13.15 (9.07, 17.22)	<0.001
TIS = 4 (4+ rx)	512	85.75 (21.64)	56	73.98 (20.74)	11.78 (5.93, 17.63)	<0.001
12-18 years						
TIS = 0 (no rx)	159	99.60 (16.99)	218	91.66 (15.66)	7.94 (4.57, 11.32)	<0.001
TIS = 1 (1 rx)	586	94.57 (17.12)	324	83.53 (18.51)	11.04 (8.59, 13.49)	<0.001
TIS = 2 (2 rx)	993	90.68 (19.09)	334	80.25 (18.13)	10.43 (8.15, 12.71)	<0.001
TIS = 3 (3 rx)	1,111	83.81 (21.72)	252	72.64 (20.70)	11.17 (8.30, 14.04)	<0.001
TIS = 4 (4+ rx)	1,071	75.29 (23.30)	109	65.16 (21.20)	10.13 (5.87, 14.38)	<0.001
18-24 years						
TIS = 0 (no rx)	157	90.68 (19.20)	160	81.70 (19.96)	8.98 (4.66, 13.31)	<0.001
TIS = 1 (1 rx)	407	83.16 (20.76)	233	73.02 (21.99)	10.14 (6.66, 13.62)	<0.001
TIS = 2 (2 rx)	669	73.81 (22.79)	331	63.99 (21.64)	9.82 (6.92, 12.73)	<0.001
TIS = 3 (3 rx)	980	68.84 (23.19)	354	59.61 (21.71)	9.23 (6.54, 11.92)	<0.001
TIS = 4 (4+ rx)	1,146	60.10 (23.13)	161	51.92 (19.17)	8.18 (4.91, 11.45)	<0.001
≥24 years						
TIS = 0 (no rx)	346	80.34 (21.20)	390	79.07 (22.39)	1.26 (-1.89, 4.42)	0.432
TIS = 1 (1 rx)	720	68.04 (24.04)	496	63.85 (21.82)	4.19 (1.58, 6.79)	0.002
TIS = 2 (2 rx)	1,208	61.27 (23.11)	580	57.92 (22.42)	3.35 (1.11, 5.60)	0.004
TIS = 3 (3 rx)	1,668	57.07 (22.40)	587	52.31 (20.48)	4.76 (2.78, 6.74)	<0.001
TIS = 4 (4+ rx)	1,723	52.22 (21.17)	303	49.19 (19.96)	3.03 (0.56, 5.50)	0.016

*patients age 6 years and older

Table E5: Center-level treatment rates evaluating rates for nebulized antibiotics, rhDNase, hypertonic saline and macrolides

Treatment	USA	UK	p-value
rhDNase			
Median	80.6%	36.1%	<0.001
Minimum	16.3%	0	
25 th percentile	71.0%	22.7%	
75 th percentile	87.0%	49.8%	
Maximum	100%	100%	
Hypertonic saline			
Median	43.7%	5.3%	<0.001
Minimum	0	0	
25 th percentile	28.3%	0	
75 th percentile	60.0%	16.6%	
Maximum	100%	50.0%	
Macrolides			
Median	47.6%	28.0%	<0.001
Minimum	0	0	
25 th percentile	33.0%	14.3%	
75 th percentile	66.4%	50.0%	
Maximum	100%	100%	
Nebulised antibiotics			
Median	56.0%	50.0%	<0.001
Minimum	0	0	
25 th percentile	45.9%	36.1%	
75 th percentile	66.4%	59.5%	
Maximum	100%	100%	

Table E6. Regression models restricted to homozygote F508del

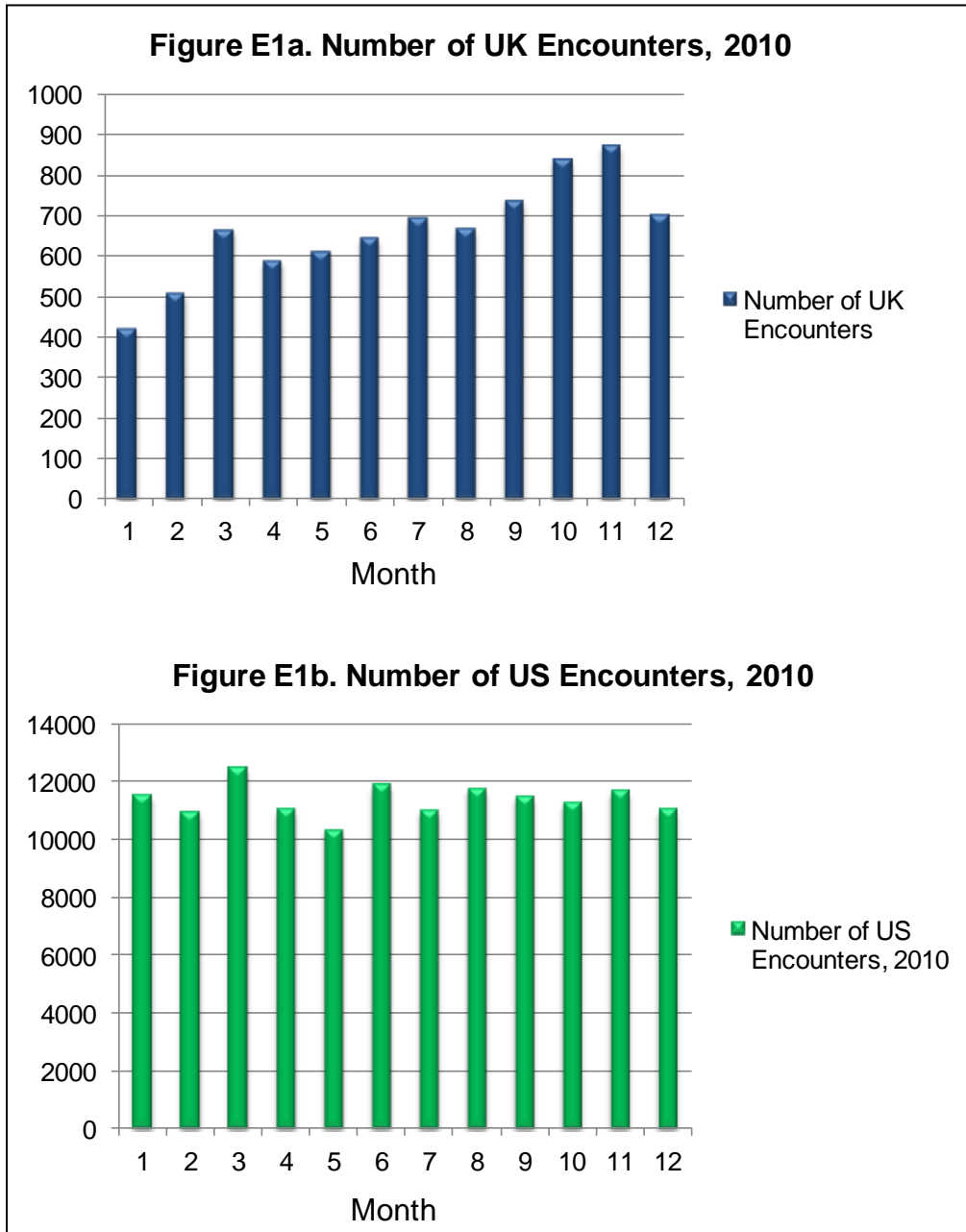
Regression models	US-UK effect (95% CI)
Model 1: Adjusting for age, gender, age at diagnosis and pancreatic enzyme use	3.75 (2.83, 4.68)
Model 2: Adding microbiology to Model 1	4.61 (3.63, 5.59)
Model 3: Model 1 with adjustment for height	3.81 (2.89, 4.74)
Model 4: Model 1 with adjustment for height and microbiology	4.66 (3.69, 5.64)

Table E7. Analysis of FEV₁ (liters) adjusted for height, age and gender within the model (restricted to Caucasians).

The US-UK differences in FEV1 are not an artifact of reference equations or reference populations.

Age strata and Models	US-UK effect (95% CI)
Children aged 6 to 17 years	
Model 1: Adjusting for age, gender, age at diagnosis, mutation, height and pancreatic enzyme use	0.150 (0.126, 0.175)
Model 2: Adding microbiology to Model 1	0.173 (0.147, 0.200)
Adults 18 years and older	
Model 1: Adjusting for age, gender, age at diagnosis, mutation, height and pancreatic enzyme use	0.044 (0.010, 0.078)
Model 2: Adding microbiology to Model 1	0.082 (0.048, 0.117)

Additional Figures Referenced in the Text:



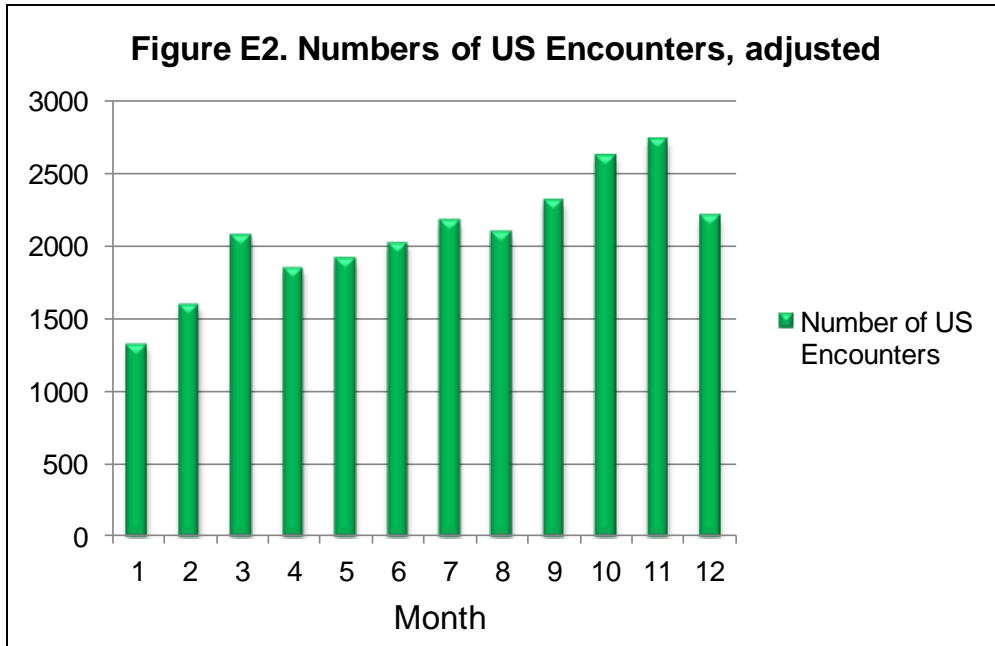
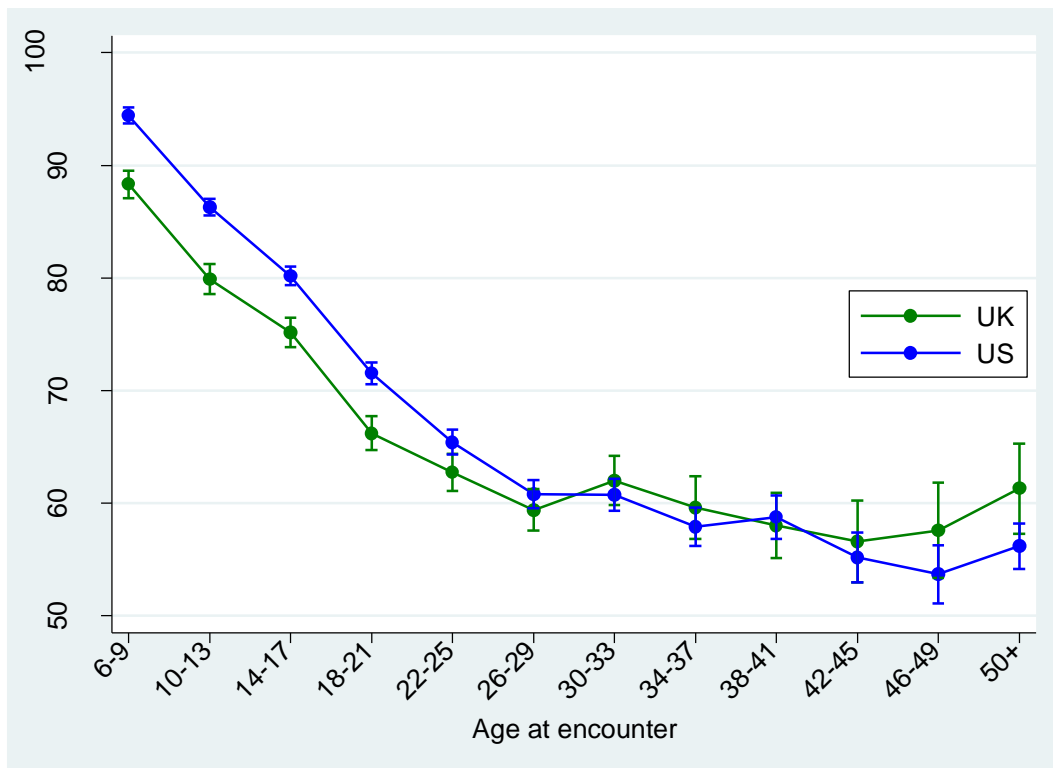


Figure E3: FEV₁ % predicted calculated using Global Lungs Initiative reference equations by age at clinical encounter and year



References:

- 1 Miller MR, Hankinson J, Brusasco V, et al. Standardisation of spirometry. *Eur Respir J.* 2005;26:319-38.
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- 3 Sawicki GS, Ren CL, Konstan MW, et al. Treatment complexity in cystic fibrosis: trends over time and associations with site-specific outcomes. *J Cyst Fibros.* 2013;12:461-7.