

## **Key criteria of Structured Education Programmes base on NICE (2003) and DOHC (2005)**

- Employ principles of adult education
- Delivered by trained educators
- Delivered to groups by trained multidisciplinary teams
- Accessible to all irrespective of literacy level, culture, ethnicity or geographical location
- Employ diverse teaching approaches incorporating active learning
- Tailored to meet individuals' needs
- Underpinned by a clear patient centered philosophy,
- Have a structured written curriculum,
- Employ transparent quality assurance mechanisms
- Audit the outcomes.

National Institute for Health and Clinical Excellence (2003) *Guidance on the use of patient-education models for diabetes*. NICE, London

Department of Health (2005) *Structured patient education in diabetes: Report from the Patient Education Working Group*. DH, London