Table S2 Outcome comparisons for number of action points

Outcome	4 Action points	No. of studies	< 4 Action points	No. of studies
Hospitalisations*	0.65 (0.48 to 0.88)[+]	6[8,9,15,18,23,24]	0.23 (0.07 to 0.71)[+]	3[19,21,27]
ER visits*	0.65 (0.46 to 0.92)[+]	5[8,9,18,23,24]	0.89 (0.73 to 1.07)	4[19,21,22,27]
Unscheduled Dr visits*	0.44 (0.17 to 1.14)	2[18,23]	0.79 (0.64 to 0.97)[+]	2[19,21]
Days off work*	0.87 (0.62 to 1.23)	2[18,24]	0.74 (0.56 to 0.97)[+]	3[19,21,27]
Nocturnal asthma*	0.65 (0.38 to 1.11)	2[18,24]	1.0 (0.92 to 1.08)	1[19]
FEV_1[#]	0.11 (−0.36 to 0.57)	1[20]	0.37 (0.02 to 0.73)[+]	2[19,27]
PEF[#]	0.34 (0.16 to 0.53)[+]	3[15,20,24]	0.56 (0.20 to 0.92)[+]	2[19,27]

*Relative risk (95% CI).
[#]Standardised mean difference (95% CI).
[+] $p < 0.05$.