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Unlocking the secrets of long non-coding RNAs in asthma

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ABSTRACT

Asthma is a very heterozygous disease, divided in subtypes, such as eosinophilic and neutrophilic asthma. Phenotyping and endotyping of patients, especially patients with severe asthma who are refractory to standard treatment, are crucial in asthma management and are based on a combination of clinical and biological features. Nevertheless, the quest remains to find better biomarkers that distinguish asthma subtypes in a more clear and objective manner and to find new therapeutic targets to treat people with therapy-resistant asthma. In the past, research to identify asthma subtypes mainly focused on expression profiles of protein-coding genes. However, advances in RNA-sequencing technologies and the discovery of non-coding RNAs as important post-transcriptional regulators have provided an entire new field of research opportunities in asthma. This review focusses on long non-coding RNAs (lncRNAs) in asthma; these are non-coding RNAs with a length of more than 200 nucleotides. Many lncRNAs are differentially expressed in asthma, and several have been associated with asthma severity or inflammatory phenotype. Moreover, *in vivo* and *in vitro* functional studies have identified the mechanisms of action of specific lncRNAs. Although lncRNAs remain not widely studied in asthma, the current studies show the potential of lncRNAs as biomarkers and therapeutic targets as well as the need for further research.

INTRODUCTION

Almost 340 million people worldwide suffer from asthma. Cases are found with a higher frequency in Western and more industrialised countries, where up to 10% of the population has asthma.¹ Asthma is not one well-defined disease. Asthma symptoms include wheezing, chest tightness, coughing, shortness of breath and airflow limitation. These symptoms can change over time and do not affect all patients with similar intensity or frequency. This is due to both genetic and environmental factors which influence the pathogenic alterations within the airways, such as inflammation, airway remodelling, mucous hypersecretion, airway hyper-responsiveness and reversible airway obstruction. To describe the heterogeneity of asthma, several subtypes are defined. While multiple classification systems exist, the subtypes defined by Wenzel were mostly used in the studies discussed further.² According to Wenzel, there are six different forms of asthma: (1) early-onset allergic Th2, (2) late-onset eosinophilic, (3) exercise-induced, (4) obesity-related, (5) neutrophilic and (6) paucigranulocytic asthma. Cases are sorted into the neutrophilic, eosinophilic and paucigranulocytic groups

according to the percentage of inflammatory cells present in the airways. Although neutrophils represent the largest fraction of inflammatory cells in the airways, patients are categorised as having eosinophilic asthma if their sputum contains more than 3% eosinophils. Neutrophilic asthma is defined by more than 61% neutrophils in sputum and paucigranulocytic asthma by less than 3% eosinophils and less than 61% neutrophils in sputum.³ Still, these cut-offs—especially those for neutrophils—can differ among different research groups and geographical locations. The different asthma categories have now been further defined based on the underlying biology thanks to the advances in molecular techniques. Nevertheless, treatment response can overlap and a need for biomarkers to distinguish these subtypes in a more objective and practical manner remains.²

The immunological mechanisms in asthma are best understood for early-onset allergic asthma, where allergen exposure in susceptible individuals induces the initiation of a Th2 response, in which type 2 cytokines interleukin (IL)-4, IL-13 and IL-5 induce IgE production and activation of mast cells, recruitment of eosinophils, formation of mucus-producing goblet cells and thickening of the airway smooth muscle cells (ASMCs).^{4,5} These type 2 cytokines can also be produced by innate lymphoid cells type 2, which are considered to be important in late onset-eosinophilic asthma.⁵ In neutrophilic asthma, other pathways are thought to be of importance, including the induction of Th1 and Th17 responses.^{2,4}

Standard-of-care treatment for asthma consists of inhaled corticosteroids (ICS). Administration of corticosteroids results in the suppression of proinflammatory gene expression, inactivation of Th2 cells, mast cells and eosinophils, and an increase of anti-inflammatory gene expression as well as activation of regulatory T cells (Tregs).^{6,7} However, ICS are less efficient to control severe asthma and—when taken chronically—can lead to serious side effects, such as osteoporosis, diabetes and reduced growth velocity.⁸ Other treatments include long-acting inhaled β_2 agonists, low-dose theophylline, antileukotrienes and—for severe asthma—also biologicals. While all of these agents can bring substantial relief to patients, none of them are curative, and some patients appear to be insensitive to these and similar medicines.^{7,9} Despite the successes of type 2-targeting biologicals to treat severe eosinophilic asthma, there remains an unmet need for additional therapeutic options covering the range of patient-specific requirements, particularly for severe ICS-resistant patients with asthma. A crucial step to achieve such precision medicine is the discovery of accurate

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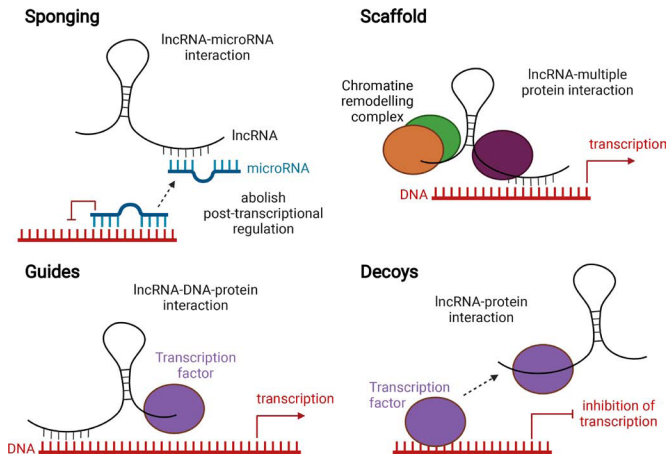


Figure 1 Main proposed working mechanisms of lncRNAs. lncRNAs can act as a sponge for microRNAs. By binding to these microRNAs, they prevent microRNAs from binding to their targets, thereby abolishing post-transcriptional regulation (top left). lncRNAs can act as scaffolds to facilitate the assembly of chromatin remodelling complexes and subsequent transcription (top right). lncRNAs can guide transcription factors to specific locations on the genome, thus facilitating transcription (bottom left). lncRNAs can act as a decoy by binding to transcription factors, thus leading to transcriptional repression (bottom right). Created with BioRender.com. lncRNA, long non-coding RNA.

biomarkers to distinguish different disease phenotypes and to determine optimal therapy (predictive biomarker) or predict the risk of future exacerbations (prognostic biomarker). Thus far, most biomarker studies have focused on protein-coding genes. However, the potential of non-coding RNAs as new biomarkers remains underexplored.^{10–15}

The advances of RNA-sequencing technology revealed that our genome is pervasively transcribed producing thousands of coding and non-coding RNA molecules (ncRNAs). ncRNAs are transcribed, but not translated into proteins.¹⁶ There are different subtypes of ncRNAs, including microRNAs, ribosomal RNAs and transfer RNAs. In this review, we will focus on long non-coding RNAs (lncRNAs), as the role of microRNAs in asthma has been extensively studied and reviewed.^{17–20} lncRNAs are arbitrarily defined by their length, over 200 nucleotides, and are emerging as regulators of various cellular processes, making them possible biomarkers and therapeutic targets.²¹ The origin of lncRNAs is not always known. Some are conserved among species; others are derived from protein-coding genes as a result of frame disruptions, chromosome rearrangements, duplication of another non-coding gene by retrotransposition, tandem duplication or insertion of a transposable element.²² Although lncRNAs generally have a low sequence conservation, their structure, splicing pattern and subcellular localisation are often conserved.²³ lncRNAs can function through a variety of mechanisms and are defined into several functional subtypes, among which the sponges, scaffolds, guides and decoys are among the most reported ones (figure 1)^{24–27}. Sponging lncRNAs can bind to microRNAs, thus preventing these microRNAs, which control post-transcriptional processes, to interact with their targets. lncRNAs can also facilitate the formation of chromatin remodelling complexes and subsequent gene transcription (scaffold). lncRNAs can function as guides to lead a transcription factor to a specific DNA location to regulate transcription. As decoys, lncRNAs can bind a transcription factor, preventing it from binding to DNA (figure 1). The potential involvement

of lncRNAs in the pathogenesis of several diseases has been reported.^{28–31}

This review discusses the status of lncRNA research in asthma and defines the next steps required to evaluate their potential as new biomarkers or therapeutic targets. PubMed was searched using the query “lncRNAs” AND “asthma”. Articles regarding lncRNA discovery in asthma as well as *in vitro* and *in vivo* functional studies published since 2012 were included.

IDENTIFYING LNCRNAs IN ASTHMA

To identify asthma-associated lncRNAs, gene expression profiling technologies, such as RNA-sequencing or microarrays, are typically used. There are multiple relevant cell types in asthma, such as immune cells and respiratory epithelial cells, which can be either sampled in blood, sputum or by bronchial brushings. The following paragraphs discuss human studies where lncRNA expression in samples from patients with asthma and healthy individuals were compared. Significant differential lncRNAs are typically selected based on a statistical test and resulting p value or false discovery rate (FDR). Also the fold change (FC), which shows the extent of differential expression, is often used. Sample size and applied cut-off values (both for p value, FDR and FC) will affect the number of identified differentially expressed lncRNAs. Since many discovery studies are underpowered, with small sample sizes (table 1), we focused on those that found lncRNAs with functions that can contribute to asthma pathogenesis. The differences in technical approaches and cut-off values, sample type and size and asthma heterogeneity are important to keep in mind when comparing results between studies.

lncRNAs in T cells

CD4⁺ T cells drive the inflammatory and allergic responses in allergic asthma. Three independent studies have profiled lncRNA expression in CD4⁺ T cells in human peripheral blood T cells.^{32–34} Notably, the number of differentially expressed lncRNAs between CD4⁺ T cells from asthma samples and healthy controls differs strongly between different studies, ranging from 6 to over 2000 (table 1). Although differential lncRNA expression is confirmed by reverse transcription quantitative PCR (RT-PCR) within specific studies, there is unfortunately no overlap in the reported lncRNAs from the different studies, which may be due to differences in asthma phenotype, source of the T cells, sample number and used technologies,^{32–35} as well as the difficulty to evaluate overlap due to annotation discrepancies.

Still, some studies linked the identified lncRNAs to asthma severity or pathogenesis. Tsitsiou *et al*, for example, did find not only 6 differentially expressed lncRNAs in CD4⁺ T cells but also 167 differentially expressed lncRNAs in CD8⁺ T cells in patients with severe asthma (n=12) compared with healthy controls (n=8).³² Moreover, these CD8⁺ T cells, but not CD4⁺ T cells, were activated in severe asthma, suggesting an involvement of lncRNAs in CD8⁺ T-cell activation in severe asthma.³² This novel concept requires further validation.

In a large study, Qiu *et al* identified 225 differentially expressed lncRNAs in CD4⁺ T cells from severe asthma (n=52) compared with controls (n=45),³⁴ and demonstrated that the lncRNA MEG3 plays a role in Treg/Th17 balance, which has been linked to allergic asthma before.³⁶

The functional role of MEG3 and other identified lncRNAs (eg, MALAT-1 and CACS7)³⁴ will be further discussed in the next section.

Table 1 Summary of human studies with gene expression profile data in asthma focusing on lncRNAs

Study	Technology	Sample type	Candidate/identified lncRNAs	Upregulated lncRNAs (n)	Downregulated lncRNAs (n)
T cells					
Tsitsiou <i>et al</i> ³²	Microarray	Human CD4 ⁺ T cells from circulating blood Severe asthma (n=12), healthy subjects (n=8)	AC090517.2	Severe asthma versus healthy: 0	Severe asthma versus healthy: 6
		Human CD8 ⁺ T cells from circulating blood Severe asthma (n=12), healthy subjects (n=8)	MEG3, SNHG3, FBLL1, GHRLOS	Severe asthma versus healthy: 141	Severe asthma versus healthy: 26
Qi <i>et al</i> ³³	Microarray	Human CD4 ⁺ T cells from circulating blood Asthma (n=5), healthy subjects (n=5)	lnc-NOS2-1, lnc-FAM222B-1	Asthma versus control: 863	Asthma versus control: 1862
Qiu <i>et al</i> ³⁴	Microarray	Human CD4 ⁺ T cells from circulating blood Severe asthma (n=52), healthy subjects (n=45)	MALAT1, MEG3, GASS, NEAT1, DANC, HULC, FTLP3, KCNA3, CACS7	Severe asthma versus healthy: 112	Severe asthma versus healthy: 113
Blood					
Chen <i>et al</i> ³⁷	Next-generation sequencing	Human whole blood severe asthma (n=3), mild asthma (n=3) healthy subjects (n=3)	RP5-857K21.7, RP11-58A11.2, lnc-TRAP1-1	Mild versus normal: 20 Severe versus normal: 504 Severe versus mild: 50	Mild versus normal: 76 Severe versus normal: 104 Severe versus mild: 93
Zhu <i>et al</i> ³⁹	Next-generation sequencing	Human whole blood Eosinophilic asthma (n=9 of which n=6 had high IgE and n:3 had low IgE) and control subjects (n=3)	HNRNPU-AS1, RP11-401.2, RP5-998N21.4, XLOC_000953, OIP5-AS1, SCARNA10, XLOC_011115	Asthma versus control: 27	Asthma versus control: 14
Zhu <i>et al</i> ³⁸	Next-generation sequencing	Human whole blood Neutrophilic asthma (n=6), eosinophilic asthma (n=12) and control subjects (n=6)	LNC_000127	Asthma versus control: 117	Asthma versus control: 178
Airways					
Liu <i>et al</i> ⁴⁰	Microarray	Human airway epithelial brushings Asthma (n=62) and healthy controls (n=43)	AC124067.4, ZNF667AS1, AC005906.2, AL357568.2, AC130650.2, STX18AS1, LINC02363, LINC02145	Asthma versus control: 48	Asthma versus control: 111
Austin <i>et al</i> ⁴¹	Microarray	Human primary ASMCs Non-severe asthma (n=9), severe asthma (n=9) and healthy controls (n=9)	PVT1, LINC00472, RP5-1158E12.3, FKBP1A-SDCBP2	Non-severe versus control: 15 Severe versus control: 13	Non-severe versus control: 6 Severe versus control: 6

A selection of lncRNAs of interest based on the focus of the article or literature is mentioned in the table. ASMC, airway smooth muscle cell; lncRNA, long non-coding RNA.

lncRNAs in blood

Other studies focus on lncRNA expression in whole blood rather than individual cell types isolated from blood.^{37–39} Whole blood can be of interest to look for biomarkers, as there can be spillover of inflammatory processes from the lung into the blood, and it is easy to implement the sampling in the clinic. Nevertheless, whole blood also contains lncRNAs associated with the blood immunological profile as such, being not-related to asthma, as well as platelet-derived lncRNAs.

Zhu and colleagues investigated the lncRNA expression profiles in eosinophilic asthma.³⁹ They found 41 differentially expressed lncRNAs in whole blood from eosinophilic asthma (n=9) compared with controls (n=3). Pathway analysis based on the coexpression of certain lncRNAs with certain messenger RNA (mRNAs) revealed that the 41 lncRNAs were mainly correlated to mRNAs involved in immune regulation.³⁹ Moreover, these transcripts could be detected in peripheral blood, supporting their role as potential biomarkers, yet further work will be needed in larger and independent cohorts to confirm their diagnostic/prognostic value in eosinophilic asthma. The same research group subsequently investigated whether lncRNA expression differs between asthma inflammatory phenotypes and found 190 differentially expressed lncRNAs in eosinophilic asthma (n=12) and 166 in neutrophilic asthma (n=6) compared with healthy controls (n=6). Notably, LNC_000127 was expressed higher in eosinophilic asthma compared with neutrophilic asthma and controls (more details are discussed in the online supplemental materials).³⁸

lncRNAs in airways

Finally, the lncRNA expression landscape was also investigated in samples from the airways. Liu *et al* looked at publicly available datasets (NCBI Gene Expression Omnibus and GEO) from airway epithelial brushings from patients with asthma (n=62) and controls (n=43) and identified 159 differentially expressed lncRNAs between these two groups.⁴⁰ The authors then selected eight lncRNAs that potentially interact with mRNAs, based on functional gene analysis through coexpression networks of lncRNAs and mRNAs. These eight lncRNAs were enriched in asthma-associated pathways such as airway remodelling and vascular endothelial growth. Experimental studies are required to validate interactions between these lncRNAs and mRNAs.

Austin *et al* used microarrays to look at differential lncRNA expression in ASMCs. Compared with healthy controls (n=9), 21 lncRNAs were differentially expressed in non-severe asthma (n=9) and 19 lncRNAs were differentially expressed in severe asthma (n=9). Four of the lncRNAs were overlapping, including PVT1, which will be further discussed.⁴¹

Boudewijn *et al* performed RNA-sequencing on bronchial biopsies of patients with asthma who were in remission (n=14) and patients with asthma with persistent asthma (n=46). They found 35 lncRNAs that were linked with complete remission, yet no information on expression patterns was provided.⁴² Understanding the role of these lncRNAs may provide important insights into the disease trajectory of asthma.

In summary, the aforementioned studies all identified multiple lncRNAs exhibiting differential expression in asthma or specific

asthma phenotypes, but few lncRNAs were replicated in different studies (table 1). This can probably be explained by the small sample cohorts in these studies and the huge difference in the origin of biological samples.

FUNCTIONAL ROLE OF LNCRNAs IN ASTHMA

The functional role of several specific lncRNAs, which were selected based on profiling studies (see above) or on previous knowledge in other diseases, was more thoroughly investigated in several studies. In the following paragraphs, we focus on specific lncRNAs that are either upregulated or downregulated in asthma and were functionally studied. We describe the *in vitro* and/or *in vivo* approaches that were used to obtain insights in lncRNA function. An overview of these lncRNAs, their expression in asthma, their interactions with miRNAs or proteins and their potential role in specific asthma-associated processes is given in table 2 and figure 2. Techniques to study interactions between lncRNAs and proteins or RNA are shown in figure 3. These include luciferase reporter assays to visualise sponging of microRNAs and RNA pull-down experiments to detect proteins and RNAs that were bound to an RNA of interest. Also RNA immunoprecipitation helps to detect RNAs that bind to a protein of interest.

Maternally expressed 3 (MEG3)

Although MEG3 was identified as differentially expressed in several studies, the data are not univocal. In CD4⁺ T cells of patients with severe asthma, MEG3 expression levels were upregulated and associated with reduced microRNA-17 expression.³⁴ Silencing of MEG3 expression in CD4⁺ T cells by siRNA knockdown reduced the expression of Th17 transcription factor ROR γ t and IL-17 and resulted in upregulation of microRNA-17. Luciferase reporter assays and RNA pull-down experiments (figure 3) demonstrated that MEG3 inhibits microRNA-17 by functioning as a competing RNA sponge. Moreover, microRNA-17 can suppress Th17 response by targeting ROR γ t, suggesting that MEG3 plays a role in the Th17 imbalance in asthma.³⁴ Since elevated Th17 responses are linked to moderate and severe asthma, MEG3 could be a biomarker for asthma severity.⁴³

In CD8⁺ T cells, on the other hand, MEG3 was found downregulated.³² This contradictory finding requires further research and validation, since ROR γ t⁺ CD8⁺Tc17 cells that produce IL-17 have been proposed to support Th17 responses in asthma.⁴⁴ MEG3 was also downregulated in serum of patients with asthma compared with controls, especially in mixed eosinophilic/neutrophilic asthma, and was negatively correlated with asthma progression.⁴⁵ Possibly the different sample types and timing can influence the findings on MEG3 expression in asthma.^{34 45}

LNC_00882

lncRNAs can also affect airway smooth muscle function, which is important in asthma.⁴⁶ The role of LNC_00882 was evaluated through gain-of-function and loss-of-function experiments in ASMCs. LNC_00882 was elevated in ASMCs treated with platelet-derived growth factor (PDGF) and promoted their proliferation. Luciferase reporter and RNA pull-down assays to discover the interaction partners of LNC_00882 revealed that LNC_00882 directly interacted with microRNA-3169-5p that can target β -catenin. Liu *et al* thus concluded that LNC_00882 promotes the proliferation of ASMCs by enhancing Wnt/ β -catenin signalling via sponging of microRNA-3619-5p, supporting a role for LNC_00882 in airway remodelling.⁴⁶

Perry *et al* also observed upregulation of LNC_00882 in human ASMCs and that this lncRNA has seven sites that are complementary to microRNA-371.⁴⁷ Notably, others reported that microRNA-371 (in cooperation with four other microRNAs) plays a role in the Th1/Th2 balance in asthma by inhibiting Runx3, a transcription factor that promotes Th1 differentiation.⁴⁸ It remains to be investigated whether LNC_00882 and/or microRNA-371 fulfil similar roles in ASMCs.

Cancer susceptibility candidate 7 (CASC7)

In ASMCs from patients with severe asthma, Liu *et al* discovered that CASC7 expression was suppressed⁴⁹ and that it has a binding site for microRNA-21, a miRNA that is part of signalling pathway together with PTEN and AKT. Both microRNA-21 and AKT activity were upregulated in ASMCs from patients with severe asthma. Modulation of CASC7 and microRNA-21 expression and luciferase reporter assays demonstrated interactions between CASC7, microRNA-21 and PTEN mRNA. Overall, Liu *et al* concluded that CASC7 promotes PTEN expression through inhibiting microRNA-21 expression. Moreover, overexpression of CASC7 inhibited the PI3K/AKT pathway leading to increased corticosteroid sensitivity.⁴⁹ Further *in vivo* experiments combining corticosteroids and CASC7 RNA could evaluate therapeutic potential. Of note, in CD4⁺ T cells, an upregulated expression of CASC7 was reported.³⁴ Since lncRNAs can have cell type-specific functions, these two studies are not necessarily contradictory.

Metastasis-associated lung adenocarcinoma transcript 1 (MALAT1)

Four studies observed higher expression of MALAT1 in asthma in human ASMCs induced by PDGF,⁵⁰ in CD4⁺ T cells isolated from blood from patients with asthma,⁵¹ in ASMCs isolated from asthmatic rats⁵² and in newborn asthmatic rat models.⁵³ In human ASMCs, siRNA-mediated knockdown of MALAT1 inhibited proliferation and migration.⁵⁰ Luciferase reporter assays revealed a direct interaction between MALAT1 and microRNA-150. The translation initiation factor 4E (eIF4E), a key player in the AKT pathway, is a direct target of microRNA-150. As a result, MALAT1 can activate AKT signalling through sponging of microRNA-150, leading to proliferation and migration of ASMCs (airway remodelling).⁵⁰ Another independent *in vitro* study in rat ASMCs associated MALAT1 levels and microRNA-216a to cell proliferation, migration and apoptosis, suggesting that the interaction of MALAT1 with several miRNAs has a role in airway remodelling.⁵² Knocking down MALAT1 in primary bronchial and tracheal smooth muscle cells also reduced apoptosis and proinflammatory cytokine production, with involvement of the microRNA-133a-ryanodine receptor-2 (RyR2) axis.⁵³ Notably, RyR2 has been associated with childhood asthma.⁵⁴

In human CD4⁺ T cells, Liang *et al* demonstrated using knock-down experiments and luciferase reporter assays that MALAT1 can also sponge the asthma associated microRNA-155,⁵⁵ which affects the Th1/Th2 balance in asthma through a CTLA-4-dependent mechanism.⁵¹

Overall, MALAT-1 appears to have multifaceted and cell-type specific functions, with involvement in both airway remodelling and the Th1/Th2 balance, supporting further investigations into MALAT1 as therapeutic target for asthma.^{50 51}

Table 2 lncRNAs and their possible interaction partners and effects, based on human and animal data

lncRNAs	Cell type	Proposed interaction partners	Impact on pathway or transcription factor	Proposed effects	Upregulated or downregulated
MEG3	Human CD8 ⁺ T cells ³²				↓
	Human serum ⁴⁵			Asthma progression ⁴⁵	↑
	Human CD4 ⁺ T cells ³⁴	MicroRNA-17 ³⁴	RORγT ³⁴	Th17 imbalance ³⁴	↑
LNC_000127	Human whole blood ³⁸		GATA3 ³⁸	Th2 inflammation ³⁸	↑
LNC_00882	Human ASMCs ^{46,47}	MicroRNA-3169-5p ⁴⁶ MicroRNA-371 ⁴⁷	Wnt/β-catenin ⁴⁶ Runx3 ⁴⁸	Airway remodelling ⁴⁶ Th1/Th2 imbalance ⁴⁸	↑
CACS7	Human ASMCs ⁴⁹	MicroRNA-21 ⁴⁹	PTEN/AKT ⁴⁹	Corticosteroid sensitivity ⁴⁹	↓
MALAT1	Human ASMCs ⁵⁰	MicroRNA-150 ⁵⁰	AKT ⁵⁰	Airway remodelling ⁵⁰	↑
	Human CD4 ⁺ T cells ⁵¹ Rat ASMCs ^{52,53}	MicroRNA-155 ⁵¹ MicroRNA-261a ⁵² MicroRNA-133a ⁵³	CTLA-4 ⁵¹	Th1/Th2 imbalance ⁵¹	
TUG1	Rat ASMCs ⁵⁷	MicroRNA-590-5p ⁵⁷	NF-κB ⁵⁸	Airway remodelling ⁵⁷	↑
	Mice ASMCs ⁵⁸ Human monocytes ⁵⁶	MicroRNA-181b ⁵⁸ MicroRNA-29c ⁵⁶		Inflammation ⁵⁸ Th2 cell differentiation ⁵⁶	
TCF7	Human ASMCs ⁷⁸	TIMMDC1 ⁷⁸	AKT ⁸¹	Airway remodelling ⁷⁸	↑
GAS5	Rat ASMCs ⁶¹	MicroRNA-10a ⁶¹	BDNF ⁶⁴	Airway hyper-responsiveness ⁶¹	↑
	Human ASMCs ⁶² Human monocytes ⁶³			Glucocorticoid insensitivity ⁶² Severity ⁶³	
BCYRN1	Rat ASMCs ⁷⁶	TRPC1 ⁷⁶		Airway remodelling ⁸²	↑
PVT1	Human ASMCs ⁴¹			Airway remodelling ⁴¹	↑
	Rat ASMCs ⁶⁵	MicroRNA-203a ⁶⁵	E2F3 ⁶⁵	Reaction on α-asarone and airway remodelling ⁶⁵	
	Mice ASMCs and CD4 ⁺ T cells ⁶⁶ Human small airway epithelial cells ⁶⁷	MicroRN29c-3p ⁶⁶ MicroRNA-149 ⁶⁷	AKT/mTOR ⁶⁶		
NEAT1	Human leucocytes ⁶⁸ Human plasma ¹¹	MicroRNA-124 ¹¹		Exacerbation risk ¹¹	↑
ANRIL	Human plasma ¹²	MicroRNA-125a ¹²		Exacerbation risk ¹²	↑
AK085865	Asthma mice model ⁷⁷			Inflammation ⁷⁷	↑
PINT	Rat ASMCs ⁶⁹	MicroRNA-26a-5p ⁶⁹	PTEN ⁶⁹	Inflammation ⁶⁹	↓
NKILA	Asthma mice model ⁷⁰		NF-κB ⁷⁰	M2 macrophage polarisation ⁷⁰	↓
CRNDE	Human PBMCs ⁷¹	MicroRNA-33a & MicroRNA-495 ⁷¹		Exacerbation severity ⁷¹	↑
n337374	Asthma mice model ⁷²			Inflammation ⁷²	↓
OIP5-AS1	BEAS-2B cell line ⁷³	MicroRNA-143-3p ⁷³	HMGB1 ⁷³	Inflammation and apoptosis ⁷³	↑
H19	Human ASMCs ⁷⁴	MicroRNA-21 ⁷⁴	AKT ⁷⁴	Airway remodelling ⁷⁴	↓
lncBAZ2B	Human PBMCs ⁷⁵		BAZ2B ⁷⁵	M2 macrophage activation ⁷⁵	↑

ASMC, airway smooth muscle cell; lncRNA, long non-coding RNA; PBMC, peripheral blood mononuclear cell.

Taurine upregulated 1 (TUG1)

Sun *et al* observed that TUG1 is differentially expressed in monocytes of children with asthma. By performing in vitro experiments on macrophages, they demonstrated that TUG1

sponges microRNA-29c, which has been linked to Th2 cell differentiation.⁵⁶

By using a rat model, Lin *et al* studied the function of TUG1 in asthma.⁵⁷ TUG1 was upregulated in the ASMCs of an asthma

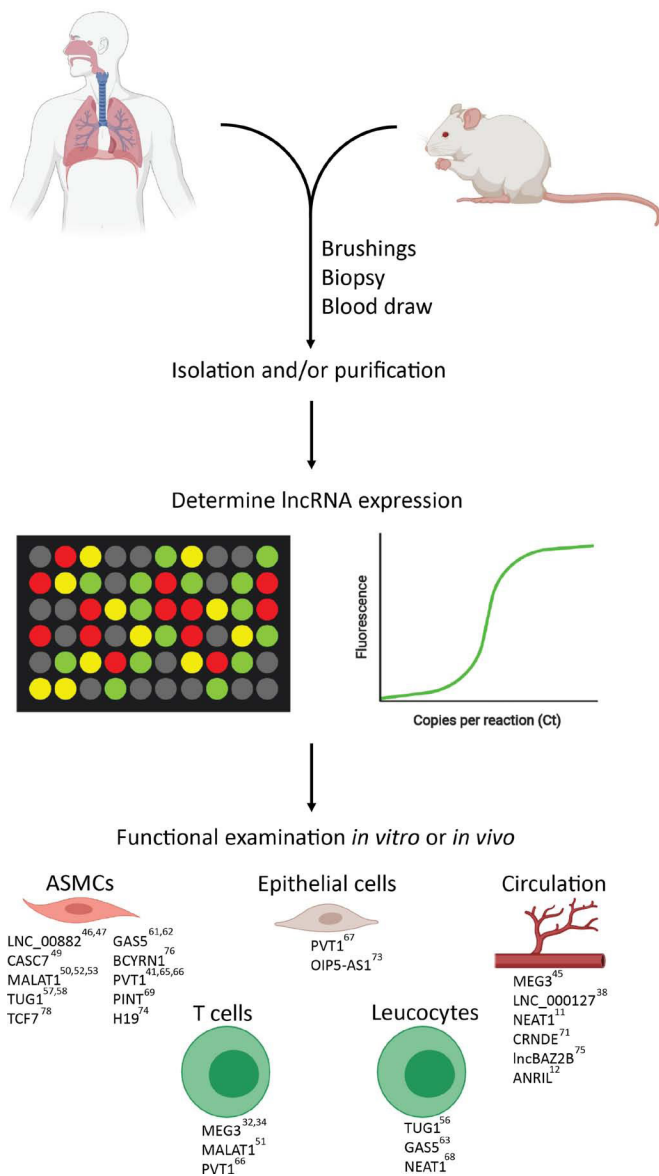


Figure 2 lncRNAs differentially expressed in asthma in human, rat or mice in different cell types. Created with BioRender.com. ASMC, airway smooth muscle cell; lncRNA, long non-coding RNA.

rat model compared with controls. In vitro silencing of TUG1 in these asthmatic ASMCS by siRNA led to impaired proliferation and migration and reduced fibroblast growth factor 1 (FGF1) expression. Further analysis demonstrated that TUG1 sponges microRNA-590-5p, which therefore no longer inhibits its target FGF1, thus favouring proliferation and migration of ASMCS (airway remodelling).⁵⁷

In a study using asthmatic mice, Huang *et al* could link TUG1 to microRNA-181b. TUG1 acts as a sponge for microRNA-181b, which normally has a protective function in asthma, as it has anti-inflammatory properties.⁵⁸ However, by sponging, TUG1 inhibits this function and activates the nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) signalling pathway and promotes airway remodelling.⁵⁸ Two recent studies confirmed the involvement of TUG1 in ASMC proliferation in human asthma, by impacting on the miR216a-SMURF2 axis and the miR-138-E2F3 axis.^{59 60}

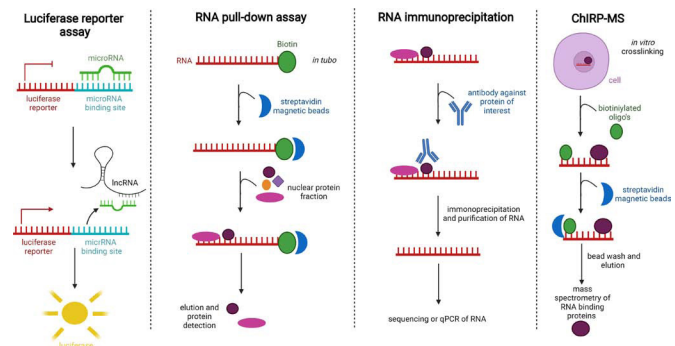


Figure 3 Different techniques to study protein–RNA and RNA–RNA interactions. With a luciferase reporter assay, sponging of a microRNA can be visualised. RNA pull-down enables us to extract proteins that bind to an RNA sequence of interest. RNA immunoprecipitation makes it possible to detect RNA that binds to a certain protein of interest. ChIRP-MS enables us to perform mass spectrometry on proteins that bind to an RNA sequence of interest. lncRNA, long non-coding RNA.

Growth arrest-specific 5 (GAS5)

Multiple studies have looked at the possible function and potential of GAS5.^{61–63} Wu *et al* found increased expression of GAS5 in peripheral blood of patients with severe and non-severe asthma compared with healthy controls.⁶³ GAS5 expression reduced after treatment with dexamethasone, a synthetic glucocorticosteroid, in a mouse model of steroid-insensitive asthma. Keenan *et al* evaluated if GAS5 functioned as a decoy for the glucocorticoid receptor, playing an important role in glucocorticoid sensitivity. Instead of investigating GAS5 expression patterns in asthma, authors examined glucocorticoid sensitivity in vitro and observed that GAS5 can repress glucocorticoid receptor activity of ASMCS.⁶² Combining the data of Wu *et al* and Keenan *et al*, we found that GAS5 seems to promote glucocorticoid insensitivity.^{62 63}

Zhang *et al* demonstrated that GAS5 expression levels in ASMCS from asthmatic rats are higher than in controls.⁶¹ Through RNA immunoprecipitation and RNA pull-down (figure 3), it was demonstrated that GAS5 acts as a sponge for microRNA-10a and that luciferase reporter assays subsequently showed an interaction between microRNA-10a and BDNF. This BDNF protein is produced by ASMCS and enhances inflammation and airway contractility.⁶⁴ Elevated GAS5 expression promoted ASMC proliferation in vitro through the microRNA-10a/BDNF regulatory axis. Knockdown of GAS5 using siRNAs in vivo decreased airway hyper-responsiveness in asthmatic rats, indicating therapeutic potential.⁶¹

Plasmacytoma variant translocation 1 (PVT1)

Comparison of the lncRNA profile in ASMCS from healthy subjects, non-severe corticosteroid sensitive asthma and severe corticosteroid-insensitive asthma identified a number of differentially expressed lncRNAs, including PVT1, which is upregulated in corticosteroid-insensitive asthma.⁴¹ After in vitro treatment of these ASMCS with fetal calf serum (FCS) and dexamethasone, Austin *et al* saw that PVT1 expression was different in the ASMCS originating from the different groups. Whereas PVT1 expression reduced in ASMCS from non-severe asthma, it increased in ASMCS from corticosteroid-insensitive severe asthma and was unaffected in ASMCS from healthy subjects.⁴¹ Using siRNA targeting PVT1 in primary smooth muscle cells from patients with severe asthma, Austin *et al* further observed

a decrease of IL-6 release and an increase in ASMC proliferation (airway remodelling).⁴¹

Yu *et al* used a rat model with respiratory syncytial virus (RSV) induced asthma and found PVT1 expression was higher in ASMCs.⁶⁵ Treatment with α -asarone, an anti-inflammatory and antioxidative component, resulted in reduced airway wall thickening in vivo and weakened cell viability, proliferation and migration capacity of ASMCs in vitro as well as a downregulation of the lncRNA PVT1.⁶⁵ Short hairpins against PVT1 revealed its impact on cell viability, proliferation and migration capacity of ASMCs. Luciferase reporter assays showed that PVT1 acts as a sponge for microRNA-203a, which targets E2F3. Moreover, Yu *et al* demonstrated that this PVT1/miR-203/E2F3 pathway is affected by the α -asarone treatment. To conclude, results suggest that PVT1 is a sponge for microRNA-203a, which regulates the expression of E2F3 in these asthmatic rats.⁶⁵ However, further research is needed to investigate if similar mechanisms occur in humans with asthma.

Wei *et al* investigated the function of PVT1 in mice with ozone-triggered asthma. They could link high PVT1 expression levels to asthma and especially thicker ASMCs. In vitro experiments, PVT1 sponges microRNA-29c-3p and therefore induces PI3K–Akt–mTOR signalling.⁶⁶

Ma *et al* also investigated the function of PVT1 showing that overexpression led to pathological development in human small airway epithelial cells. PVT1 was also seen to sponge microRNA-149.⁶⁷

Other lncRNAs

More lncRNAs have been studied and found to be upregulated or downregulated in asthma or a certain asthma type.^{11 12 38 68–78} A summary of these can be found in [table 2](#), and a more extensive description of some of them can be found in supplemental materials. However, these lncRNAs were not extensively studied or described only in animals. As a result, more in vitro and in vivo experiments are needed to distinguish the exact function of these lncRNAs.

CONCLUSION

This review sheds light on lncRNA expression profiles in various cell types involved in the pathophysiology of asthma and their potential functional roles. Considering the heterogeneity of asthma and the published reports thus far, replication and validation studies on larger sample numbers from well-characterised patients are required to identify those lncRNAs that have a robust association with a specific asthma phenotype. The fact that differentially expressed lncRNAs can be detected in easily accessible samples such as plasma or serum underscores their potential to serve as biomarkers.^{11 12 38 45} Nevertheless, more studies are required to identify those lncRNAs profiles that can identify a specific phenotype or can predict therapeutic response.

At this stage, most publications are descriptive and do not include functional experiments, with only a handful of lncRNAs that have been functionally investigated, such as MEG3,³⁴ LNC_00882⁴⁶ and TUG1.⁵⁷ There are thus multiple opportunities for further research.

Although lncRNAs can modulate gene expression in several ways ([figure 1](#)), most published functional studies in asthma focused on their capacity to sponge miRNAs. Further research is needed to investigate how the other lncRNA functionalities (decoys, guides and scaffolds) can have an impact on asthma and may present novel therapeutic opportunities. More multiomics approaches, combining genetics with lncRNA and miRNA

expression data and proteomics, are needed to obtain insights into how genetics is linked to lncRNA and miRNA expression and how this impacts on protein expression in asthma. Little is known regarding the presence of lncRNAs in asthma genome-wide association study (GWAS) hits. To our knowledge, only one recent GWAS study reported an lncRNA (CTD-253719.5) that colocalises with a locus linked to lung function.⁷⁹ Also, the working mechanisms of lncRNAs, for example, the protein interaction partners of lncRNAs, should be investigated with relevant technologies, such as ChIRP-MS (comprehensive identification of RNA-binding proteins by mass spectrometry, a technique to discover proteins that bind to an RNA of interest, [figure 3](#)).⁸⁰

Still, several of the identified lncRNA-associated pathways have an impact on asthma-associated pathogenic processes, such as Th1/Th2 balance,^{38 47 48 51} airway remodelling^{41 46 50 57 65 74 76 78} and insensitivity against certain drugs,^{49 62} suggesting that lncRNAs could become therapeutic targets. However, translation of these insights into the clinic will require major technical breakthroughs, such as approaches to modulate lncRNA function in specific cell types within the human lung.

To conclude, lncRNAs hold great potential as both biomarkers and therapeutic targets in asthma. However, this potential remains far from being fully evaluated, and more research is needed to precisely determine, characterise and exploit the most promising candidates. Nevertheless, these preliminary studies argue in favour of systematically integrating lncRNAs in asthma research.

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