

1 **Title:** Cystic fibrosis pathogens survive for extended periods within cough generated droplet
2 nuclei

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8 **Online Data Supplement**

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10 **METHODS**

11 Between May 2015 and July 2016, thirty participants aged ≥ 14 years (adult n=26; adolescent
12 n=4) with a confirmed diagnosis of CF were enrolled from CF Centres at The Prince Charles
13 Hospital and the Lady Cilento Childrens' Hospital, Brisbane, Australia. Exclusion criteria
14 included recent haemoptysis (>50mL), recent pneumothorax, pregnancy and history of cough
15 syncope.

16 **Clinical measurements:** Clinical demographics and measurements of age, gender, weight,
17 and height were recorded. Spirometry was performed on the testing day [1] and the Global
18 Lung Index predicted scale applied [2]. An expectorated sputum sample was collected and
19 processed immediately by bacterial culture.

20 **Aerosol collection:** The Distance Rig comprised a closed-system, 4.5-m perspex tunnel with
21 HEPA-filtered airflow [3, 4]. Participants were seated and elevated into the rig to their
22 shoulder level. They undertook 2-min of tidal breathing and were then requested to cough at a
23 comfortable strength and frequency for 5-mins. Two tests were undertaken in the Distance
24 Rig with the collection point at 2-m and then 4-m. The Duration Rig consisted of a rotating
25 drum to prevent aerosol settling, with the participants connected to the system via external

26 tubing and mouthpiece [3, 4]. Three tests were undertaken with the Duration Rig; participants
27 performed 2-mins of tidal breathing of HEPA-filtered air and then coughed for 2-mins,
28 expelling the aerosol directly into the drum. The drum was then sealed and the sample
29 isolated and aged for the designated time period (5, 15 and 45-min) before aerosol extraction.
30 A pump drew the aerosol sample through six-stage Andersen Cascade Impactors (ACI)
31 (Thermo Scientific, Franklin, MA, USA), stacked with selective culture media for the target
32 organism/s (Gram-negative bacteria [GNB]: chocolate bacitracin [300 mg/mL] agar;
33 *Staphylococcus aureus*: colistin nalidixic acid agar [Thermo Fisher Scientific Australia Pty
34 Ltd, Victoria, Australia]). Continuous aerosol sampling for 5-min was undertaken during the
35 coughing period for the distance studies and at the designated time following cough
36 manoeuvres for the duration tests [3, 4]. The ACI allowed particle size distribution (65 μ m to
37 >7 μ m) of the aerosol samples, with droplet nuclei sized particles (\leq 4.7 μ m) collected on
38 stages 3–6 [5].

39 **Bacterial culture:** The aerosol plates were incubated aerobically at 35°C and the total
40 number of bacterial colony forming units across all stages of the ACI was assessed daily for
41 72 hours and adjustments made for hole correction [6]. Standard quantitative and qualitative
42 microbiological processing was performed on sputum samples [4].

43 **Bacterial typing:** Identification of the *S. aureus* isolates was performed by latex
44 agglutination using the Staphytech Plus kit (Thermo Fisher Scientific Australia Pty Ltd,
45 Victoria, Australia) and *S. aureus* genotyping was undertaken using a single nucleotide
46 polymorphism-plus-binary-marker-based typing system as previously described [7].
47 Presumptive GNB identification was carried out using the VITEK[®] MS Mass spectrometry
48 identification system (bioMérieux Australia Pty Ltd, Queensland, Australia), with identity
49 confirmation and multilocus sequence typing (MLST) achieved by whole genome sequence
50 (Australian Genome Research Facility, Victoria, Australia) analysis using the Centre for

51 Genomic Epidemiology Pathogen Finder [8] and MLST [9] platforms, in conjunction with
52 the *Burkholderia cepacia* complex, *Achromobacter* and *Stenotrophomonas maltophilia*
53 PubMLST databases [10]. Molecular typing data were used to compare the relatedness
54 between positive aerosol and sputum isolates cultured from individual participants and across
55 the study cohort.

56 **Additional Statistical Methods:** Categorical variables were examined using Pearson Chi-
57 Squared or the Fisher's Exact test when more than 20% of the expected counts were less than
58 5. Continuous variables were examined using the Student t-test and the Levene's test used to
59 check for equality of variances.

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