

Emergency Department / Respiratory Medicine
Patient with Pulmonary Embolism suitable for ambulatory care

To be completed by:

1. ED doctor who diagnosed PE and then re-assessed by ED middle grade or consultant *OR*
2. Respiratory middle grade/consultant in charge of patient's care

Date _____ Time _____

Name: _____
 DoB: _____
 (Affix Patient Label Here)

Hosp No.: _____
 NHS No.: _____
 Consultant: _____

PE diagnosed on (circle)
 CTPA
 DVT on leg ultrasound and clinical PE
 Other (e.g. V/Q).....

Results
 D-dimer:micrograms/L Date:.....
 Troponin (HSTNT)nanograms/L Date:.....
 Creatininemicromol/L Date:.....

Renal function: calculated creatinine clearance

$$CrCl = \frac{(140 - \text{age}.....) \times \text{weight (kg)}.....}{\text{Serum Creatinine (micromol/L)}} \times \begin{matrix} 1.04 \text{ (female)} \\ 1.23 \text{ (male)} \end{matrix} = \text{ (mL/min)}$$

PESI SCORE:

Criteria All observation values should be first measured in department pre-treatment	Score
Age	1 point per year
Male gender	10
Active cancer within 6 months	30
History of heart failure	10
History of chronic lung disease	10
Pulse ≥110 bpm	20
Systolic BP <100 mmHg	30
Respiratory rate ≥30 bpm	20
Temperature <36°C	20
Altered mental status (disorientation, lethargy, stupor, or coma)	60
Arterial oxygen saturation < 90%	20
Total score:	

Assessment of suitability for ambulatory care:	Yes*	No
PESI score >85		
Troponin (HSTNT) ≥18		
Right ventricle dilated on CTPA		
Calculated creatinine clearance <30ml/min		
Pain inadequately controlled		
Inadequate social support		
Any other reason for admission		
Discharge from hospital/department between 8pm and 8am		

*** If "yes" to any question, then patient is not suitable for ambulatory care**

Ambulatory care patients must have been given the following (tick when completed):

- Supply of therapeutic dose dalteparin (until seen in clinic) **or** rivaroxaban (21 day pack)
- Patient counselling and written information
- Appointment to attend STH Thrombosis Service (via Anticoagulation Clinic) within 72 hours

DVT CDU nurse Signature: _____ Name: _____ Date: _____

ED or Respiratory middle grade/consultant Signature: _____ Name: _____ Date: _____

ED: Refer patient to Thrombosis Nurse (via Anticoagulation Clinic) using diary booking system.
All other areas: fax this form and Anticoagulation Referral Form A to ext 68690.

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Key: < = less than; ≤ = less than or equal to; > = more than; ≥ = more than or equal to