

British Thoracic Society Guideline for the investigation and management of malignant pleural mesothelioma

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SUMMARY OF RECOMMENDATIONS AND GOOD PRACTICE POINTS

Section 3: Clinical features which predict the presence of mesothelioma

Recommendations

- Do not rule out a diagnosis of malignant pleural mesothelioma (MPM) on the basis of symptoms and examination findings alone. Grade D.
- Offer an urgent chest X-ray to patients with symptoms and signs as outlined in the National Institute for Health and Care Excellence (NICE) NG12. Grade D.
- Refer all patients with a chest X-ray suggestive of MPM urgently (via the 2-week wait suspected cancer pathway in England and Wales). Consider referral for further investigation in patients with persistent symptoms and history of asbestos exposure despite normal chest X-ray. Grade D.
- A thorough occupational history should be taken to cover all occupations throughout life. It is important to elicit para exposure by exploring details of relative and/or partner occupations. Grade D.

Section 4: Staging systems

Recommendation

- Record staging of MPM according to the version 8 of the International Association for the Study of Lung Cancer (IASLC) staging proposals. Grade D.

Section 5: Imaging modalities for diagnosing and staging

Recommendations

- Offer CT thorax with contrast (optimised for pleural evaluation) as the initial cross-sectional imaging modality in the evaluation of patients with suspected MPM. Grade D.
- Use of positron emission tomography (PET)-CT for aiding diagnosis of MPM is not recommended in patients who have had prior talc pleurodesis and caution should be employed in populations with a high prevalence of TB. Grade D.
- In patients where differentiating T stage will change management, consider MRI. Grade D.
- In patients where excluding distant metastases will change management, offer PET-CT. Grade D.

Section 6: Pathological diagnosis

Recommendations

- Immunohistochemistry (IHC) is recommended for the differential diagnosis of MPM in both biopsy and cytology-type specimens. Grade D.
- A combination of at least two positive mesothelial (calretinin, cytokeratin 5/6, Wilms tumour 1, D-240) and at least two negative adenocarcinoma immunohistochemical markers (TTF1, CEA, Ber-EP4) should be used in the differential diagnosis of MPM. (*Markers listed in likely order of value*). Grade D.
- Do not rely on cytology alone to make a diagnosis of MPM unless biopsy is not possible or not required to determine treatment due to patient's wishes or poor performance status (PS). Grade D.
- Pathologists should report the histological subtype of MPM in all cases. Grade D.

Good practice points

- ✓ Biopsies from patients with suspected MPM should be reviewed by a pathologist experienced in the diagnosis of MPM and a second opinion should be sought if there is uncertainty over the diagnosis.

Section 7: Use of biomarkers

Recommendations

- Do not offer biomarkers in isolation as a diagnostic test in MPM. Grade B.
- Consider biomarker testing in patients with suspicious cytology who are not fit enough for more invasive diagnostic tests. Grade B.
- Do not routinely offer biomarker testing to predict treatment response or survival. Grade B.
- Do not offer biomarker testing to screen for MPM. Grade C.

Research recommendation

Further research is required to identify biomarkers that reliably predict treatment response within clinical practice.

Section 8: Factors determining prognosis and timing of treatment

Recommendations

- Consider calculating a prognostic score in patients with MPM at diagnosis. Grade D.



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- ▶ Prognostic scores can provide useful survival information for patients and doctors, but should not be used in treatment decision-making. Grade D.
- ▶ When calculating a prognostic score use one of the following:
 - a. The European Organisation for the Research and Treatment of Cancer (EORTC) prognostic score;
 - b. The CALGB score;
 - c. The modified Glasgow prognostic score (mGPS);
 - d. The LENT score if a pleural effusion is present;
 - e. The decision tree analysis.
 The decision tree analysis scoring systems is likely to be the most useful in routine clinical practice. Grade D.

Section 9: Pleural fluid management

Recommendations

- ▶ Offer either talc (via slurry or poudrage) or indwelling pleural catheters for symptomatic pleural effusion in MPM, informed by patient choice. Grade A.
- ▶ Talc slurry or thorascopic talc poudrage pleurodesis should be offered to patients with MPM in preference to a video-assisted thorascopic surgery partial pleurectomy (VATS-PP) surgical approach for fluid control in MPM. Grade A.

Section 10: The role of surgery

Recommendations

- ▶ Do not offer VATS-PP over talc pleurodesis in MPM. Grade A.
- ▶ Do not offer Extra-Pleural Pneumonectomy (EPP) in MPM. Grade B.
- ▶ Do not offer extended pleurectomy decortication (EPD) outside of a clinical trial. Grade D.

Research recommendation

The role of VATS-PP and EPD in good prognosis patients should be examined further in clinical trials, which should include robust measurement of quality of life.

Section 11: Systemic anticancer treatment

Recommendations

- ▶ Offer patients with MPM with good PS (WHO 0-1) first-line therapy with cisplatin and pemetrexed. Where licensed (not presently in the UK), bevacizumab should be added to this regime. Raltitrexed is an alternative to pemetrexed. Grade A.
- ▶ Do not offer pemetrexed or vorinostat as second-line treatment for patients with MPM. Grade A.

Good practice points

- ✓ Where cisplatin is contraindicated, or has adverse risk, offer carboplatin in combination with pemetrexed.
- ✓ First-line clinical trials are an appropriate option for patients with good PS and are recommended above any other option for second-line treatment, providing the patient is of adequate PS.

Research recommendations

The role of immunotherapy in MPM should be further assessed in large phase III randomised controlled trials (RCTs).

Further randomised controlled trials of second-line therapy on MPM are required.

Section 12: Radiotherapy

Recommendations

- ▶ Do not offer prophylactic radiotherapy to chest wall procedure tracts. Grade A.
- ▶ Do not offer preoperative or postoperative radiotherapy in MPM. Grade A.
- ▶ Do not offer hemithorax radiotherapy for MPM. Grade D.
- ▶ Consider palliative radiotherapy for localised pain in MPM, where the pain distribution matches areas of underlying disease. Grade D.

Research recommendations

Prospective clinical trials of preoperative radiotherapy, postoperative radiotherapy after pleurectomy decortication and definitive radiotherapy after chemotherapy in MPM are required.

Further prospective randomised clinical trials are required to determine the role of radiotherapy for symptom control in MPM and the optimal dose fractionation.

Section 13: Symptom control

Good practice point

- ✓ Symptoms in MPM should be managed as per current guidelines for cancer in general (table 18) and early involvement of palliative care specialists is recommended.

Section 14: Care and management

Recommendations

- ▶ Consider referring MPM cases to a regional mesothelioma MDT. Grade D.
- ▶ Offer accurate and understandable information to patients and carers about compensation for MPM. Grade D.
- ▶ Offer patients with MPM and their carers the opportunity to discuss concerns regarding their disease. Grade D.
- ▶ In patients with MPM where accurate determination of radiological progression is required, consider CT with modified Response Evaluation Criteria In Solid (mRECIST) measurement. Grade D.

Good practice points

- ✓ All mesothelioma cases should be discussed in a timely fashion by a MDT that reviews a sufficient number of cases to maintain expertise and competence in the diagnosis and treatment of MPM.
- ✓ The MDT membership should fulfil the requirements set by national cancer peer review (to include a named clinical nurse specialist for MPM).
- ✓ The MDT should maintain an up-to-date portfolio of mesothelioma trials and offer recruitment to all eligible patients.
- ✓ A personalised care approach should be considered for each patient.

Patients should be offered 3–4 monthly follow-up appointments with an oncologist, respiratory physician or specialist nurse according to their current treatment plan. If patients wish to be seen less frequently, offer regular telephone follow-up with specialist nurse with an option to attend clinic in the event of clinical deterioration.

SECTION 1: INTRODUCTION

Aim of the guideline

The key aim of this guideline is to provide detailed, evidence-based guidance for the investigation of suspected MPM and the subsequent care and management of individuals with proven MPM. MPM is a rare cancer where the malignancy affects the pleura, a thin membrane of lubricating cells that lines the lungs and chest wall. The focus of this guideline is MPM as it is far more common than mesothelioma occurring in the abdomen. The 2016 Mesothelioma Audit data reported that in the UK in 2014 pleural mesothelioma accounted for 2179 cases (97%), with 70 peritoneal cases (approximately 3%).¹

In 2007, the British Thoracic Society (BTS) statement on mesothelioma was published in response to a request from the National Health Executive in England.² The BTS has reviewed this statement and is of the opinion that the publication is no longer fit for purpose as an up-to-date reference guide for healthcare professionals. The 2007 statement did not attempt to provide a comprehensive review of all relevant published literature and since the publication of the statement the BTS has achieved NICE accreditation for its guideline production process. The Standards of Care Committee (SOCC) of the BTS established a guideline development working group in 2014, chaired by Professor Nick Maskell and Dr Ian Woolhouse.

The main cause of mesothelioma is breathing in asbestos dust—approximately 85% of all mesotheliomas in males are attributable to occupational asbestos exposures. The use of products containing asbestos was banned in the UK in 1999. The latency period between first exposure and development of the disease is very long, typically 30–40 years.

Cases of mesothelioma were recorded systematically from the late 1960s. The incidence of mesothelioma has been increasing steadily since then, and current predictions suggest there will continue to be approximately 2500 deaths per year for the rest of this decade, before numbers begin to fall. (HSE <http://www.hse.gov.uk/Statistics/causdis/mesothelioma/mesothelioma.pdf>).

The largest dataset of MPM in the UK comes from the National Lung Cancer Audit report, which described 8740 cases seen in hospitals in England and Wales between 2008 and 2012.³ Eighty-three per cent of patients were male and the median age at diagnosis was 73 years. Sixty-seven per cent of patients received active anticancer treatment (chemotherapy, radiotherapy and surgery) and overall median survival was 9.5 months, with 1-year and 3-year survival rates of 41% and 12%, respectively. The report identified significant variation in treatment and outcomes across the UK which further highlights the need for an evidence-based guideline to facilitate the highest standards of care for all patients with mesothelioma in the UK.

Intended users of the guideline and target patient populations

The guideline will be primarily of interest to healthcare professionals working within the National Health Service (NHS), but the aim is to make the guideline as applicable to international practice as possible so that it may be used across Europe and America as appropriate. Given the nature of MPM, the majority of the guideline will be relevant to secondary care-based specialists; however, symptom recognition, management and follow-up are all relevant to community-based specialties.

Intended users

- ▶ Primary care—general practitioners (GPs) and practice nurses;

- ▶ Hospital specialist teams in respiratory medicine, oncology, thoracic surgery and palliative care;
- ▶ Hospices/community teams;
- ▶ Specialist nurses (including lung cancer and palliative care);
- ▶ Radiologists;
- ▶ Pathologists.

Areas covered by the guideline

Inclusion

- ▶ The epidemiology and incidence of mesothelioma in the UK and worldwide;
- ▶ The preferred investigation pathway of suspected cases of MPM;
- ▶ Consider special situations including:
 - Imaging;
 - Histology/cytology;
 - Frail patient not fit for invasive tests.
- ▶ Biomarkers;
- ▶ Role of mesothelioma MDTs;
- ▶ Outline best practice in oncological management:
- ▶ Role of chemotherapy;
- ▶ Place for radiotherapy;
- ▶ Role of surgery.
- ▶ Guidance on palliation in MPM;
- ▶ Guidance on providing patients with relevant disease-specific information, including medicolegal/compensation issues;
- ▶ Summary of future therapeutic agents that might be available within next 5 years;
- ▶ Summary of major MPM recommendations.

Areas not covered by the guideline

Non-pleural mesothelioma is excluded from this guideline.

Limitations of the guideline

Healthcare providers need to use clinical judgement, knowledge and expertise when deciding whether it is appropriate to apply recommendations for the management of patients. The recommendations cited here are a guide and may not be appropriate for use in all situations. The guidance provided does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

Members of the guideline development group

The guideline development group (GDG) was chaired by two respiratory consultants—Dr Ian Woolhouse and Professor Nick Maskell. The GDG had a wide membership with representation from respiratory medicine, thoracic surgery, medical oncology, radiotherapy, pathology and primary care. A patient representative was on the group for the duration of the process. Those on the group were not required to be BTS members.

Representation

Professor Dean Fennell and Dr Jeremy Steel represented the Association of Cancer Physicians. Dr Anthony Edey represented the British Society of Thoracic Imaging. Professor Corinne Faivre-Finn represented the British Thoracic Oncology Group. Professor Keith Kerr represented the Royal College of Pathologists. Dr Ian Woolhouse represented the Royal College of Physicians. Mr John Edwards and Mr Apostolos Nakas represented the Society of Cardiothoracic Surgeons. Dr Corinne-Faivre-Finn and Dr Anthony Edey represented the Royal College of Radiologists. Dr Tim Peel

represented the Association for Palliative Medicine. Dr Steve Holmes represented the Primary Care Respiratory Society UK. Ms Liz Darlison represented the Royal College of Nursing. Dr Graham Abbott, Mr Paul Astle and Mr John Gillies were the patient representatives on the group.

SECTION 2: METHODOLOGY OF GUIDELINE PRODUCTION

Establishment of guideline development group

The GDG was convened in June 2014, with the first meeting taking place in October 2014. The full GDG met six times during the development of the guideline and kept in close contact by teleconference and email throughout the process. The BTS SOCC reviewed the draft guideline in November 2016. The draft guideline was made available online from 22 March 2017 until 24 April 2017 for public consultation and circulated to all relevant stakeholders. The BTS SOCC reviewed the revised draft in June 2017 and final SOCC approval was granted in September 2017.

Methodology

This guideline is based on the best available evidence and follows the NICE-accredited BTS guideline production process. The methodology used to write the guideline adheres strictly to the criteria as set by the Appraisal of Guidelines, Research and Evaluation (AGREE) II collaboration, which is available online www.agreetrust.org/resource-centre/agree-ii/. The BTS SOCC guideline production manual is available at: <https://www.brit-thoracic.org.uk/guidelines-and-quality-standards/>

Summary of key questions and literature search

Clinical questions were gathered in the Patient, Intervention, Comparison, Outcome and Time (PICOT) format. The key questions are summarised below.

- ▶ Which clinical features predict the presence of MPM?
- ▶ In patients with suspected MPM (post chest X-ray), which imaging modality is best for diagnosis/staging and what technical factors are important?
- ▶ Should biomarkers (serum/fluid) be measured in MPM?
- ▶ Is there a staging system for MPM that determines management and predicts outcome?
- ▶ What factors determine prognosis and timing of treatment in MPM?
- ▶ What are the appropriate cytopathological approaches which allow diagnosis and subtyping of MPM?
- ▶ Is the care of patients with suspected/proven MPM improved by discussion at a specialist MDT?
- ▶ Where histological confirmation is either not possible or not definite, what are criteria for a clinical diagnosis of MPM?
- ▶ What is the optimum strategy for the management of pleural fluid in MPM?
- ▶ Is there a role for surgery in the management and treatment of patients with MPM?
- ▶ Is there a role for systemic anticancer treatment in MPM?
- ▶ Is there a role for radiotherapy in MPM?
- ▶ What treatment/interventions are effective for symptom control in MPM?
- ▶ What are the nursing care and information needs for patients with suspected and proven MPM?
- ▶ What is the most effective follow-up strategy of patients with MPM?

The PICOT framework was used to define the scope of the guideline and formed the basis of the literature search. The literature search was conducted in December 2014 by York University.

Systematic electronic database searches were conducted in order to identify all papers which may potentially be included in the guideline. For each question, the following databases were searched: Cochrane Database of Systematic Reviews (CDSR), Database of Abstracts of Reviews of Effects (DARE), Health Technology Assessment Database (HTA), Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE and MEDLINE In-Process, EMBASE and PUBMED (see online supplementary appendix 1).

The search was limited to papers published in English. The searches identified a total of 6173 abstracts. The full list of abstracts was retained and is kept in an archive. A second search was completed in July 2016 to search for relevant papers published between 2014 and 2016, yielding a further 1038 potentially relevant references. Additional references were included from personal collections as appropriate.

Appraisal of the evidence

An initial screen was completed to remove letters, conference papers and news articles. Dr Woolhouse and Professor Maskell read the remaining abstracts (5129), marked those considered relevant to the scope of the guideline and allocated each relevant abstract to a clinical question(s). 950 abstracts were allocated to clinical question(s). For the second search, the initial screen reduced the abstracts to 582. These were all read by Dr Woolhouse and Professor Maskell and 44 were allocated to clinical question(s). GDG members were allocated to work on the questions in small groups.

Each abstract was read and at least two members agreed whether the paper was relevant to the particular guideline section. Papers were excluded if the following applied:

- ▶ If the paper did not answer the clinical question concerned.
- ▶ If it was a case report of fewer than 20 patients; however, this was not an absolute cut-off. Professional judgement was applied and some smaller case reports were considered, and indeed some case reports of more than 20 patients were excluded.
- ▶ If the language of the full paper was not English.

Full papers were obtained for all relevant, or possibly relevant, abstracts.

At least two members of each small group independently appraised each paper using the SIGN critical appraisal checklists. An evidence level was assigned to each study using the SIGN methodology (table 1 and 2).

Table 1 SIGN levels of evidence

1++	High-quality meta-analyses, systematic reviews of randomised controlled trials (RCTs), or RCTs with a very low risk of bias
1+	Well-conducted meta-analyses, systematic reviews, or RCTs with a low risk of bias
1–	Meta-analyses, systematic reviews or RCTs with a high risk of bias
2++	High-quality systematic reviews of case-control or cohort or studies High-quality case-control or cohort studies with a very low risk of confounding or bias and a high probability that the relationship is causal
2+	Well-conducted case-control or cohort studies with a low risk of confounding or bias and a moderate probability that the relationship is causal
2–	Case-control or cohort studies with a high risk of confounding or bias and a significant risk that the relationship is not causal
3	Non-analytic studies, eg, case reports, case series
4	Expert opinion

Table 2 SIGN grades of recommendations

A	At least one meta-analysis, systematic review, or RCT rated as 1++, and directly applicable to the target population; <i>or</i> A body of evidence consisting principally of studies rated as 1+, directly applicable to the target population, and demonstrating overall consistency of results
B	A body of evidence including studies rated as 2++, directly applicable to the target population, and demonstrating overall consistency of results; <i>or</i> Extrapolated evidence from studies rated as 1++ or 1+
C	A body of evidence including studies rated as 2+, directly applicable to the target population and demonstrating overall consistency of results; <i>or</i> Extrapolated evidence from studies rated as 2++
D	Evidence level 3 or 4; <i>or</i> Extrapolated evidence from studies rated as 2+
√	<i>Good practice points</i> Recommended best practice based on the clinical experience of the guideline development group

Each relevant paper was read in full by at least two members of the GDG and an evidence table entry was completed for each paper used to support a recommendation/good practice point. The full GDG reviewed each section during the regular meetings and consensus was reached. Evidence tables are available in the online supplementary appendix 2.

From the outset, it was acknowledged that there would be little high-quality evidence for some of the clinical questions identified. In this instance, low-grade evidence was considered, along with expert opinion via consensus at the meetings.

The following parameters were used by the GDG to appraise the evidence:

- ▶ How applicable the obtained evidence was in making recommendations for the defined target audience of this guideline.
- ▶ Whether the evidence was generalisable and relevant to the target population for the guideline.
- ▶ Whether there was a clear consistency in the evidence obtained to support recommendations.
- ▶ What the implications of recommendations would be on clinical practice in terms of resources and skilled expertise.

Cost-effectiveness was not considered in detail as in-depth economic analysis of recommendations falls outside of the BTS guideline production process. However, the GDG were asked to be mindful of any barriers to implementing the recommendations and good practice points (GPPs).

Recommendations were graded from A to D as indicated by the strength of the evidence as shown in [table 2](#). In line with SIGN guidance, ‘minus’ evidence was considered where necessary, but only in such instances when there were no published ‘plus’ papers. In this context, any recommendation based on this evidence was made Grade D. GPPs were included where research evidence was lacking, but the GDG felt it was important to highlight practical points which could improve the care of patients. Research recommendations were also highlighted and passed to the Chair of the SOCC on publication of the guideline.

Planned review and updating of the guideline

In line with BTS policy, this guideline will be reviewed by the SOCC within 5 years of publication.

Declaration of interest

BTS Declarations of Interest forms have been completed by all members for each year they were part of the GDG. Details of these forms can be obtained from BTS Head Office. Declarations of Interest was a standing item at each GDG meeting.

Stakeholders

Stakeholders were identified at the start of the process and where appropriate societies and organisations were contacted and asked to nominate a specific person to join the GDG. All stakeholder organisations were notified when the guideline was available for public consultation.

SECTION 3: CLINICAL FEATURES WHICH PREDICT THE PRESENCE OF MESOTHELIOMA

There is a paucity of evidence exploring clinical features specific for MPM. Many of the studies are retrospective questionnaire-based case series, which possess a major inherent recall bias in the diagnosed group making interpretation difficult.

There is consistency in the following risk factors and clinical features:

- ▶ Male preponderance is in keeping with occupational exposure.⁴
- ▶ High-risk occupations include production of asbestos sheets, brake and clutch linings, construction/demolition work, dock and ship yard workers, electricians, plumbers and launderers.⁵
- ▶ The predicted lifetime risk of mesothelioma for British men born in the 1940s, who did >10 years of work in the following categories, before the age 30 is as below: 5.9% for carpenters, 2% for plumbers, electricians and painters and 0.8% for other construction workers.⁶
- ▶ Non-occupational routes of exposure involves: para exposure via a relative or partner, living in the vicinity of an asbestos factory and environmental exposure (low level).⁴ There is a higher risk of developing MPM from exposure to amphiboles (brown and blue asbestos) rather than chrysotile (white asbestos, the most commonly used form).⁷ The mean latency between asbestos exposure and developing the disease is 40 years for pleural and 46 years for peritoneal mesothelioma.⁴
- ▶ There are rare familial cases linked to mutation of the breast cancer-associated protein 1 (BAP1) gene.⁸

Symptoms

Chest pain and dyspnoea are the most common presenting symptoms, but the relative frequency of these symptoms is not consistent in different studies. Other symptoms include weight loss, fevers and sweats^{4,9,10} ([Table 3](#)).

Clinical signs

Pleural effusion is often present. Other signs are variable (eg, palpable lymph nodes).¹⁰ Right side predominance of the disease in the order of 1.6:1. This might partially reflect the increased pleural surface area of the right hemithorax.⁴

Usually the first investigation in patients with suspected mesothelioma will be a chest X-ray. The NICE Guideline on Investigation and Referral for Suspected Cancer gives guidance on when a chest X-ray should be offered in suspected MPM ([table 4](#)). The CDG noted that smoking and finger clubbing are more appropriate when considering lung cancer, as opposed to mesothelioma.

Table 3 Symptoms at initial presentation in 90 evaluable cases of malignant pleural mesothelioma¹⁰

Symptom	No. of cases	%
Pain	62	69
Non-pleuritic	56	
Pleuritic	6	
Shortness of breath	53	59
Fever, chills or sweats	30	33
Weakness, fatigue or malaise	30	33
Cough	24	27
Weight loss	22	24
Anorexia	10	11
Sensation of heaviness or fullness in chest	6	7
Hoarseness	3	3
Early satiety	2	2
Myalgias	2	2
Others*	1 each	1

*Other symptoms included aphonia and dysphagia, abdominal distension, sensation of pressure in right upper quadrant, nausea, bad taste in mouth, perceived tachycardia and headache.

Evidence statements

Occupational exposure to asbestos is recalled in the majority of patients with MPM. High-risk occupations are ship building and construction/demolition work (including boiler repair, and working as a carpenter or electrician). Level 2–.

Symptoms are not specific to MPM. Common symptoms at presentation include chest pain and breathlessness. Less common symptoms at presentation include weight loss, fatigue, fever and cough. Level 2–.

The most common examination finding at presentation is a pleural effusion (with <1 in 10 presenting with lymphadenopathy or clubbing). Level 2–.

Recommendations

- ▶ Do not rule out a diagnosis of MPM on the basis of symptoms and examination findings alone. Grade D.
- ▶ Offer an urgent chest X-ray to patients with symptoms and signs as outlined in NICE NG12. Grade D.

Table 4 NICE NG 12. Referral criteria for suspected malignant pleural mesothelioma¹⁸⁵

Offer an urgent chest X-ray (to be performed within 2 weeks) to assess for mesothelioma in people aged 40 and over if

They have 2 or more of the following unexplained symptoms, or

They have 1 or more of the following unexplained symptoms and have ever smoked, or

They have 1 or more of the following unexplained and have been exposed to asbestos:

Cough

Fatigue

Shortness of breath

Chest pain

Weight loss

Appetite loss. [new 2015]

Consider an urgent chest X-ray (to be performed within 2 weeks) to assess for mesothelioma in people aged 50 and over with either:

Finger clubbing

Chest signs compatible with pleural disease. [new 2015]

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- ▶ Refer all patients with a chest X-ray suggestive of MPM urgently (via the 2-week wait suspected cancer pathway in England and Wales). Consider referral for further investigation in patients with persistent symptoms and history of asbestos exposure despite normal chest X-ray. Grade D.
- ▶ A thorough occupational history should be taken to cover all occupations throughout life. It is important to elicit para exposure by exploring details of relative and/or partner occupations. Grade D.

SECTION 4: STAGING SYSTEMS

In 2016, the International Association for the Study of Lung Cancer (IASLC) Staging Committee published proposals for the revisions of the T, N and M descriptors for the eighth edition of the TNM classification of MPM.¹¹ This was an international, multi-institutional cohort study. The study population was patients with newly diagnosed (cytologically or histologically) MPM. Information was collected on the extent of disease, demographic characteristics, comorbidities, treatment and survival. The dataset included data on 1987 patients with pathologically confirmed MPM from 29 centres on four continents. These comprised 509 cases with only clinical staging information, 836 cases with only pathological staging information (ie, surgical staging) and 642 cases with both clinical and pathological information available. Survival was examined for T, N and M categories according to the seventh edition staging system. Categories were then modified where appropriate to improve prognostic performance. Clinical and pathological T1a and T1b were combined into a single T1 classification. Clinical and pN1 and pN2 categories were collapsed into a single N category comprising ipsilateral, intrathoracic nodal metastases (N1). Nodes previously categorised as N3 were reclassified as N2. M category remained unchanged (see table 5). The proposed TNM groupings are shown in table 6. Figure 1 shows the survival curves for each of the new TNM stage groupings. The prognostic performance comparisons for each stage demonstrated statistically significant HRs for stage IB versus IA, stage IIIA versus II and stage IV versus IIIB.

The Brigham and Women's Hospital Group proposed an alternative system to the AJCC/UICC staging system.¹² The alternative system is based on patients undergoing EPP, but this has not been accepted widely nor proposals from it included in AJCC/UICC staging group.

Table 5 Eighth edition AJCC/UICC staging for malignant pleural mesothelioma

Stage	Definition
Primary tumour (T)	
TX	Primary tumour cannot be assessed
T0	No evidence of primary tumour
T1	Tumour limited to the ipsilateral parietal±visceral± mediastinal±diaphragmatic pleura
T2	Tumour involving each of the ipsilateral pleural surfaces (parietal, mediastinal, diaphragmatic and visceral pleura) with at least one of the following features: <ul style="list-style-type: none"> ▶ Involvement of diaphragmatic muscle ▶ Extension if tumour from visceral pleura into the underlying pulmonary parenchyma
T3	Describes locally advanced but <i>potentially resectable</i> tumour. Tumour involving all of the ipsilateral pleural surfaces (parietal, mediastinal, diaphragmatic and visceral pleura) with at least one of the following features: <ul style="list-style-type: none"> ▶ Involvement of endothoracic fascia ▶ Extension into the mediastinal fat ▶ Solitary, completely resectable focus of tumour extending into the soft tissues of the chest wall ▶ Non-transmural involvement of the pericardium
T4	Describes locally advanced <i>technically unresectable</i> tumour. Tumour involving all of the ipsilateral pleural surfaces (parietal, mediastinal, diaphragmatic and visceral pleura) with at least one of the following features: <ul style="list-style-type: none"> ▶ Diffuse extension or multifocal masses of tumour in the chest wall, with or without associated rib destruction ▶ Direct transdiaphragmatic extension of tumour to peritoneum ▶ Direct extension of tumour to the contralateral pleura ▶ Direct extension of tumour to mediastinal organs ▶ Direct extension of tumour into the spine ▶ Tumour extending through to the internal surface of the pericardium with or without pericardial effusion, or tumour involving the myocardium
Regional lymph nodes (N)	
NX	Regional lymph nodes cannot be assessed
N0	No regional lymph node metastases
N1	Metastases in the ipsilateral bronchopulmonary, hilar or mediastinal (including the internal mammary, peridiaphragmatic, pericardial fat pad or intercostal lymph nodes) lymph nodes
N2	Metastases in the contralateral mediastinal, ipsilateral or contralateral supraclavicular lymph nodes
Distant metastasis (M)	
M0	No distant metastasis
M1	Distant metastasis present

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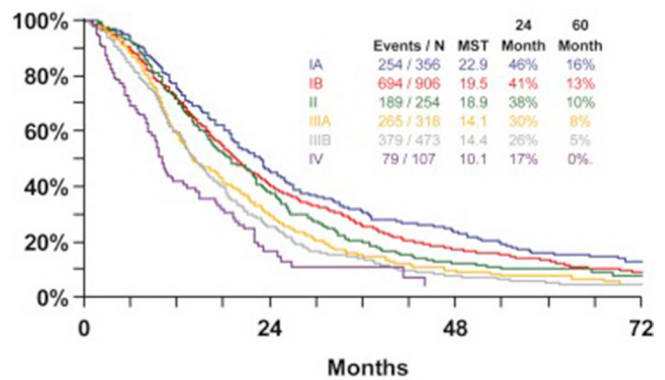


Figure 1 Overall survival according to best stage (proposed eighth edition). Reprinted from Journal of Thoracic Oncology, Vol 11, No 12, Rusch V.W et al, THE IASLC Mesothelioma Staging Project: Proposals for the M Descriptors and for Revision of the TNM Stage Groupings in the Forthcoming (Eighth) Edition of the TNM Classification for Mesothelioma. 2112-2119 (2016), with permission from Elsevier.

The 2016 National Mesothelioma Audit reported that only 42% of patients with MPM diagnosed in 2014 had stage recorded.¹

Evidence statements

The proposed eighth edition of the IASLC TNM staging system predicts survival in surgically and non-surgically treated patients with MPM. Level 3.

Recommendation

- ▶ Record staging of MPM according to the version 8 of the IASLC staging proposals. Grade D.

SECTION 5: IMAGING MODALITIES FOR DIAGNOSING AND STAGING

The literature search revealed a large volume of evidence assessing the role of several imaging modalities in the diagnosis and staging of MPM. The use of ultrasound, computed tomography (CT), positron emission tomography (PET) and positron emission tomography-computer tomography (PET-CT) and magnetic resonance imaging (MRI) were all included in the literature review.

A large number of the studies were conducted in mainland Europe or North America. Only a small number of studies were from the UK. The imaging characteristics of MPM are likely to be similar across the world and the demographic profile of patients included is similar to that of patients in the UK (male predominance, mean age >50 years). Therefore, the evidence was considered applicable to the UK population.

Table 6 TNM stage groupings proposed for the eighth edition of MPM staging system relative to those used in the seventh edition

Stage	N0		N1/N2		N3		N2	
	Seventh edition	Eighth edition	Seventh edition	Eighth edition	Seventh edition	Eighth edition	Seventh edition	Eighth edition
T1	I (A, B)	IA	III	II	IV		IIIB	
T2	II	IB	III	II	IV		IIIB	
T3	II	IB	III	IIIA	IV		IIIB	
T4	IV	IIIB	IV	IIIB	IV		IIIB	
M1	IV	IV	IV	IV	IV		IV	

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Evidence on diagnostic imaging

The majority of diagnostic evidence evaluates the role of imaging in differentiating benign from malignant pleural disease in general, rather than from MPM specifically. Numerous studies have demonstrated the utility of CT, PET-CT and MRI in the assessment of patients with suspected pleural malignancy.¹³ These studies provide clear guidance on standard morphological characteristics of pleural malignancy using CT and MRI^{14–17} and are summarised in table 7 along with reported sensitivities and specificities.^{18–22}

Pleural malignancy is typically unilateral. Bilateral involvement is rare, accounting for as few as 3% of cases.¹⁵ In 94% of cases of pleural malignancy, there is a pleural effusion on the affected side. However, differentiation between MPM and metastatic pleural malignancy can be challenging. The presence of lung parenchymal involvement or mediastinal or hilar lymph node enlargement may help point towards metastatic pleural disease.²¹ While the presence of pleural plaques is an indicator of prior asbestos exposure, it is not a marker of malignancy per se and effusions can be found in this context as a result of benign asbestos-related pleural effusion.

PET-CT can be used to provide useful functional information additional to morphology. Typically, areas of abnormal malignant pleural thickening have elevated maximal standardised uptake values (SUVmax).^{23 24} Thus, using a SUVmax threshold of >2.0 has been found to accurately differentiate malignant from benign pleural disease with a sensitivity of 88%–100% and specificity of 88%–92%.^{25–27} In a meta-analysis of 11 PET-CT studies, this technique had a pooled sensitivity of 95% (95% CI 92% to 97%) and specificity 82% (95% CI 76% to 88%) for differentiation of malignant from benign pleural disease.²⁸ Causes of false negatives include: small volume tumours and those with a low proliferative index, for instance, early stage epithelioid mesothelioma. In addition, false positives may result from inflammatory diseases, tuberculous pleurisy, parapneumonic effusions and prior talc pleurodesis. One study, which included patients with prior talc pleurodesis, reported significantly lower specificity in comparison to other studies (specificity 35.3%), as a result of the high number of false positives in this group.²⁹

Studies using MRI have highlighted its potential in distinguishing benign from malignant pleural disease. Malignant pleural thickening tends to show inhomogenous hyperintensity on proton-density T2-weighted images and enhancement on T1-weighted images following gadolinium injection, in contradistinction to benign disease that is of low signal on both sequences. When these signal characteristics are combined with morphology and a pleural thickening >1 cm, the accuracy of MRI is very

high for differentiation of benign from malignant disease with sensitivity of 100% and specificity of 95% in one study (95% confidence intervals not reported).³⁰ More recent studies have highlighted potential utility for diffusion-weighted MR imaging (DWI-MRI) in differentiating pleural malignancy from benign pleural disease, with lower Apparent Diffusion Coefficient (ADC) values being demonstrated in pleural malignancy.^{31 32} Coolen *et al* also performed DWI-MRI in a study of pleural malignancy and reported that inhomogeneous restriction in diffusion of the thickened pleura differentiates malignant from benign pleural disease with a sensitivity of 92.5% (95% CI 84% to 97%) and specificity of 79% (95% CI 62% to 89%).³³ Gill *et al* demonstrated that patients with epithelioid MPM have a significantly higher ADC value than those with non-epithelioid MPM and an ADC threshold of 1.1 could differentiate epithelioid MPM from sarcomatoid MPM with a sensitivity of 60% and specificity of 94% (95% CIs not reported).³² These MRI data appear promising but are yet to be validated prospectively and importantly their added value in disease with atypical or equivocal CT signs is unclear.

Evidence on staging

Seventeen^{25 34–49} studies were identified that evaluated the role of various imaging modalities when staging MPM. One systematic review⁵⁰ and one meta-analysis⁵¹ were also identified in the literature. To a degree all imaging modalities are limited in accuracy of staging compared with the gold standard of postoperative histological staging and mediastinoscopic sampling of lymph nodes. However, assessment of limitations is made difficult by the relative infrequency of surgical resection and the use of comparator imaging techniques as the reference point in many of the studies.

Despite the overall benefits of CT scanning when initially assessing patients with suspected mesothelioma, CT performs poorly when compared against other modalities for staging of MPM. CT is particularly poor at assessing T4 stage where assessment of invasion through soft tissue such as diaphragm and chest wall is required. CT also performs poorly at lymph node staging, particularly when detecting involved N2 and N3 nodes. In one study, 37% of the patients were upstaged following a PET scan.³⁵

The role of MRI is limited in staging MPM.^{34 36 37 39 41 42 48} However, MRI does perform better than CT, where tumour-soft tissue delineation is required. For example, MRI has a sensitivity and specificity of 87.5% and 87.5% for stage II disease, and 91% and 100% for stage III disease due to its superiority in detecting invasion into or through chest wall, endothoracic fascia, diaphragmatic muscle and mediastinal fat.³⁶ Table 8 provides a brief summary.

Table 7 Diagnostic accuracy of different imaging modalities for diagnosing malignant vs benign pleural disease

Morphology	Imaging modality	Sensitivity (%)	Specificity (%)
Pleural thickening > 1 cm	CT	35–47	64–94
	Ultrasound (US)	42 (95% CI 26% to 61%)	95 (95% CI 74% to 99%)
Pleural nodularity	CT	37–48	86–97
	MRI	48	86
	US	42 (95% CI 26% to 61%)	100 (95% CI 82% to 100%)
Infiltration of the chest wall and/or diaphragm	CT	17–29	100
	MRI	44	100
Mediastinal pleural involvement	CT	70–74	83–93
	MRI	77	93
Interlobar fissure nodularity	CT	10	100

Table 8 Showing the sensitivity and specificity of CT, MRI and positron emission tomography (PET)-CT in mesothelioma staging³⁶

Imaging modality	Stage II		Stage III	
	Sensitivity (%)	Specificity (%)	Sensitivity (%)	Specificity (%)
CT	100	69.20	75	100
MRI	87.50	87.50	91	100
PET-CT	100	100	100	100

It should also be noted that although Plathow *et al*³⁶ showed an accuracy of 100% and low interobserver variability when staging patients with MPM with PET-CT, compared with CT and MRI, the results of other smaller studies are mixed.

Pragmatically CT (optimised for pleural enhancement) remains the mainstay of imaging for diagnosis and staging of MPM. A number of centres routinely include the abdomen and pelvis in the initial CT scan whereas others perform completion scanning according to the results of other diagnostic tests.

Evidence statements

Overall reported diagnostic accuracy of CT in the detection of pleural malignancy is 68%–97%, with specificity of 78%–89%. Level: 3.

CT and ultrasound features of malignant pleural disease include pleural thickening >1 cm, nodular pleural thickening, mediastinal pleural thickening and interlobar fissural nodularity. Level: 3.

Features favouring MPM over metastatic pleural malignancy are the presence of pleural plaques, involvement of the interlobar fissure and the absence of lung parenchymal involvement. Level: 3.

Overall reported diagnostic accuracy of PET-CT in the detection of pleural malignancy—sensitivity 88%–95%, specificity 35%–100%. Level: 2+.

False positives at PET-CT are common in TB pleuritis, inflammatory disorders of the pleura and previous talc pleurodesis. Level: 3.

Overall reported diagnostic accuracy of MRI in the detection of pleural malignancy—sensitivity 60%–100%, specificity 73%–95%. Level: 2–.

CT has limited accuracy for staging MPM using current staging systems. Level: 3.

MRI is better than CT at detecting invasion through diaphragm and T3 disease (invasion through muscle, bone, mediastinal fat), but has limited sensitivity in nodal staging. Level: 3.

Integrated PET-CT has the highest accuracy for staging MPM. It has better sensitivity across all three criteria T, N and M compared with CT and MRI. Level: 2+.

Recommendations

- ▶ Offer CT thorax with contrast (optimised for pleural evaluation) as the initial cross-sectional imaging modality in the evaluation of patients with suspected MPM. Grade D.
- ▶ Use of PET-CT for aiding diagnosis of MPM is not recommended in patients who have had prior talc pleurodesis and caution should be employed in populations with a high prevalence of TB. Grade D.
- ▶ In patients where differentiating T stage will change management, consider MRI. Grade D.
- ▶ In patients where excluding distant metastases will change management, offer PET-CT. Grade D.

SECTION 6: PATHOLOGICAL DIAGNOSIS

A diagnosis of MPM can be challenging because the tumour has a wide range of morphological appearances and may mimic many other epithelial or sarcomatoid malignancies. The best method for obtaining pleural tissue is already covered in the current BTS pleural disease guidelines. For this reason, this topic was not covered in the PICOT questions used in our initial mesothelioma literature search. The BTS pleural disease guideline can be downloaded at the following website: <https://www.brit-thoracic.org.uk/standards-of-care/guidelines/>

In summary, the BTS pleural guideline states:

1. In patients with a symptomatic exudative pleural effusion where a diagnostic pleural aspiration is negative or inconclusive, thoracoscopy (either by local anaesthetic thoracoscopy or VATS) is suggested as the next choice investigation since the procedure is relatively uncomplicated and pleurodesis can be performed at the same time if indicated.
2. If a contrast-enhanced thoracic CT scan of a patient shows a focal area of abnormal pleura (with or without a pleural effusion), an image-guided cutting needle biopsy has a high yield and low complication rates. This technique is particularly useful in patients who are unsuitable for thoracoscopy.

The morphological features of MPM are well described elsewhere in the WHO classification of pleural tumours,⁵² and the guidelines of the International Mesothelioma panel,⁵³ and are beyond the scope of this guideline. The importance of histological subtyping of MPM is highlighted in the national mesothelioma audit report, which demonstrates that non-epithelioid histology was associated with significantly shorter overall survival in this cohort.¹ Table 9 highlights the main subtypes of mesothelioma and the different morphological features that might be present within each group.

The literature search identified 176 papers related to the use of ancillary techniques to improve the diagnosis of malignant mesothelioma. Several were rejected due to study age, the applicability of the diagnostic tests, small numbers of cases, or an inability to extract data, resulting in 70 papers being selected for review. All were retrospective case series. Case numbers varied greatly, from 23 up to 596 cases, and were often very heterogeneous case mixtures. Immunohistochemistry (IHC) was by far the most frequently considered ancillary diagnostic technique. Other approaches used included electron microscopy, chromosomal analysis, microRNA expression, DNA methylation, mRNA expression array, fluid chemistry assay, cytofluorimetry, flow cytometry and fluorescence in situ hybridisation (FISH).

The quality of the evidence reviewed was highly variable. Some of the papers were unique descriptions of unusual diagnostic approaches without comparators. In some studies, the origin of the tumour tissue was not clear and others used autopsy

Table 9 Mesothelioma subtypes

Epithelioid	Bisphasic	Sarcomatoid
Tubulopapillary	Any combination	Cellular storiform
Clear cell		Desmoplastic
Adenomatoid		Leiomyoid
Solid		Chondroid
Small cell		Lymphohistiocytoid
Pleomorphic		

material. Many of the older studies, especially those published prior to 1990, use clones of primary antibody or other immunohistochemical techniques that are no longer used or available. More recent studies typically used contemporary reagents that are available and applicable in the UK.

Summary of individual immunohistochemistry evidence

A large number of IHC markers have been reviewed and are summarised in table 10, with sensitivity and specificity values where available. It should be noted that the sensitivity and specificity of many of these markers are reduced in sarcomatoid MPM, which frequently does not express any of the typical 'mesothelial' markers. In this scenario, expression of keratins may be the only demonstrable feature, which is helpful but non-specific. Additionally, discriminating malignant from benign mesothelial proliferations is not reliable using IHC markers.

Additional techniques

Wu *et al*⁵⁴ examined p16 FISH to discriminate reactive from malignant mesothelium in 60 patients. Hemizygous or

homozygous deletion of p16 was not seen in fibrous pleurisy (FP), but was detected in 66.7% of epithelioid MPM, 87.5% of biphasic MPM and 100% of sarcomatoid cases, highlighting potential utility in the differentiation of MPM from FP. Hida *et al*⁵⁵ performed BAP1 and p16 FISH in 40 cases of MPM and 20 cases of inflammatory pleuritis. All inflammatory cases and only three mesothelioma cases were negative for both. The presence of BAP1 and or p16 FISH may therefore be helpful in differentiating MPM from benign mesothelial proliferation.

Diagnosis in cytology

This remains a controversial subject. The reliability of an MPM diagnosis on effusion cytology is highly variable (sensitivity ranging from 16% to 73%^{56 57}) and is very much dependent on cytologist experience. Some centres will send clot/cell block sections for the homozygous deletion of the 9p21 band (p16), which can increase diagnostic certainty.

Evidence statements

Glut1 IHC and p16 FISH have potential for discriminating benign from malignant mesothelium. Level 3.

Table 10 Summary of immunohistochemistry markers

Marker	Immunoreactivity for mesothelioma	Specimen	Sensitivity (%)	Specificity (%)
Calretinin	Positive staining	Histological	89–100 ^{186–201}	61–95 ^{186–201}
Thrombomodulin	Positive staining	Histological	52–100 ^{186–188 190–192 194 198 202–210}	56–98 ^{186–188 190–192 194 198 202–210}
		Cytological	67–86 ^{206 207}	36–47.5 ^{206 207}
CK5/6	Positive staining	Histological	89–100 ^{186–189 191 194 211}	58–97 ^{186–189 191 194 211}
MOC31	Negative staining	Histological	89–94 ^{186 189 195 212}	86–90 ^{186 189 195 212}
		Cytological	88 ²¹³	76 ²¹³
BerEp4	Negative staining	Histological	84–97 ^{186 190 191 195 196 205 208 212 214}	65–100 ^{186 190 191 195 196 205 208 212 214}
		Cytological	71–84 ^{206 213 215 216}	83–100 ^{206 213 215 216}
CEA	Negative staining	Histological	90–100 ^{186 187 190–192 195–197 203 205 212 214 217 218}	53–97 ^{186 187 190–192 195–197 203 205 212 214 217 218}
		Cytological	71–100 ^{206 213 215 216}	42–100 ^{206 213 215 216}
TTF-1	Negative staining	Histological	93–100 ^{187 191 195 197 219 220}	53–77 ^{187 191 195 197 219 220}
CAM 5.2	Positive staining	Histological	97–100 ^{187 195 196 200 205 214}	0–1.5 ^{187 195 196 200 205 214}
EMA	Positive staining (cell membrane)	Histological	74.5–90 ^{187 190 191 193 195 205 214 221}	7–87 ^{187 190 191 193 195 205 214 221}
		Cytological	58–78 ^{206 215 216}	8–99 ^{206 215 216}
Leu-M1	Negative staining	Histological	94–100 ^{196 203 214}	53–77 ^{196 203 214}
		Cytological	86 ^{213 215}	65 ^{213 215}
Vimentin	Positive staining	Histological	60–85 ^{190 203 205 214 217}	64–98 ^{190 203 205 214 217}
		Cytological	79–84 ^{206 215}	38–50 ^{206 215}
HBME-1	Positive staining	Histological	59–100 ^{187 190 192 196 202 205 208 210 212 222}	28–76 ^{187 190 192 196 202 205 208 210 212 222}
		Cytological	71–89 ^{206 207}	36–52 ^{206 207}
WT-1	Positive staining	Histological	72–91 ^{187–189 195 223}	88–100 ^{187–189 195 223}
CD15	Negative staining	Histological	68–95 ^{187 189–192 205}	73–100 ^{187 189–192 205}
B72.3	Negative staining	Histological	90–100 ^{187 191 203 208 212 214}	4.2–90 ^{187 191 203 208 212 214}
BG8	Negative staining	Histological	83–94 ^{187 223}	88.5–98 ^{187 223}
Desmin	Positive staining	Histological	45–90 ^{214 221}	85–100 ^{214 221}
p53	Positive staining	Histological	45–95 ^{193 221 224}	47–100 ^{193 221 224}
GLUT-1	Positive staining	Histological	58–100 ^{225 226}	100 ^{225 226}
CD90	Positive staining	Histological	73 ²²⁷	82 ²²⁷
Claudin-4	Negative staining	Histological	100 ²²⁸	99 ²²⁸
D-240	Positive staining	Histological	72.5 ²²⁹	93.5 ²²⁹

The sensitivity of pleural fluid cytology for the diagnosis of MPM is highly variable and is dependent on the cytologist's experience. Level 3.

Positive IHC markers for MPM include calretinin, thrombomodulin, CK5/6, CAM5.2, EMA, vimentin, GLUT-1, HBME-1, WT-1, p53. Overall sensitivity is 45%–100%. Level 3.

Negative IHC markers for MPM include Ber-Ep4, MOC-31, CEA, Leu-1, CD15, TTF-1, B72.3. Overall specificity is 53%–100%. Level 3.

A combination of two positive mesothelial markers and two negative adenocarcinoma markers increases diagnostic accuracy. Level 3.

Diagnostic accuracy of IHC markers is reduced in sarcomatoid MPM. Level 3.

Accurate subtyping of IHC markers is reduced in sarcomatoid MPM. Level 3.

Recommendations

- ▶ IHC is recommended for the differential diagnosis of MPM in both biopsy and cytology type specimens. Grade D.
- ▶ A combination of at least two positive mesothelial (calretinin, cytokeratin 5/6, Wilms tumour 1, D-240) and at least two negative adenocarcinoma immunohistochemical markers (TTF1, CEA, Ber-EP4) should be used in the differential diagnosis of MPM. (*Markers listed in likely order of value*). Grade D.
- ▶ Do not rely on cytology alone to make a diagnosis of MPM unless biopsy is not possible or not required to determine treatment due to patient wishes or poor PS. Grade D.
- ▶ Pathologists should report the histological subtype of MPM in all cases. Grade D.

Good practice points

- ✓ Biopsies from patients with suspected MPM should be reviewed by a pathologist experienced in the diagnosis of MPM and a second opinion should be sought if there is uncertainty over the diagnosis.

SECTION 7: USE OF BIOMARKERS

The literature search revealed a large volume of evidence, exploring different biomarkers that may have a role in MPM. Literature on at least 20 markers tested in serum, plasma, pleural fluid and exhaled breath were reviewed. A number of markers were assessed in exploratory studies with no further validation, and such markers have not been considered further given the lack of validation studies.

Several markers such as Mesothelin, Fibulin-3, Osteopontin and Megakaryocyte Potentiating Factor (MPF) have been extensively studied internationally. Individual studies and controlled meta-analyses specifically looking at these markers were identified and reviewed. Significant heterogeneity was noted between study populations. In particular, there was wide variability in comparator groups and disease prevalence. For example, comparator groups include normal controls, asbestos-exposed well individuals, patients with benign effusions and patients with

non-mesothelioma malignant effusions. In some areas, the prevalence of mesothelioma in the sampled population was >30%, in others <5%. The cut-off value for markers varied in most studies.

Although most studies included sarcomatoid mesothelioma, this made up only a small proportion of the overall cohort of any single study.

Evidence on diagnostic markers

The most robust body of evidence at present for diagnosis of MPM is for Soluble Mesothelin Related Peptides (SMRP) and Osteopontin, as summarised below:

- ▶ A meta-analysis by Cui *et al*⁵⁸ reviewed 28 publications totalling 7550 patients (1562 MPM and 5988 non-MPM), which confirmed serum SMRP to have an overall sensitivity of 60% and a specificity of 81%, with an area under the curve (AUC) of 0.734.
- ▶ The same review also demonstrated that pleural fluid SMRP has an overall sensitivity of 75%, specificity 76% and AUC of 0.809 (total number of patients 1506; 460 MPM and 1046 non-MPM).
- ▶ Summary sensitivities and specificities for SMRP and Osteopontin—from two meta-analyses by Hu *et al*,⁵⁹ reviewing six publications with a total of 906 patients, and Lin *et al*⁶⁰ reviewing seven publications with a total of 1096 patients (Table 11).

There were a number of studies on Fibulin-3, representing a smaller body of evidence than that above for SMRP and Osteopontin. These are summarised in table 12.

Markers for disease monitoring and assessment of progression

Sixteen^{61–76} papers were reviewed in relation to above. Again, SMRP is the most widely studied marker but other biomarkers such as Fibulin-3, Osteopontin, Megakaryocyte potentiating factor (MPF and Hyaluronic acid (HA) were also assessed. Study populations are heterogeneous with regards to their management. Disease progression/stability in these studies has in general been assessed by the use of the modified response evaluation criteria in solid tumours (RECIST).

Overall:

- ▶ SMRP shows a positive correlation with tumour bulk.⁶²
- ▶ In patients who had EPP, there was a significant drop in SMRP levels (on average 54%). Despite the relationship with tumour bulk, there is no significant correlation with increasing disease stage.
- ▶ Mean and median SMRP levels for those with progressive disease showed a significant difference compared with patients with partial/complete response and stable disease.⁶²
- ▶ A falling SMRP level between baseline and two cycles of chemotherapy was associated with a longer 'time to progression' of disease. Fibulin-3 failed to show a similar relationship.⁷⁵
- ▶ Low Fibulin-3 at diagnosis is associated with a prolonged survival.⁶¹

Table 11 Summary sensitivities and specificities for Soluble Mesothelin Related Peptides (SMRP) and Osteopontin (OPN)

		Sensitivity	Specificity	Area under the curve
SMRP	Serum	60 (95% CI 56 to 64)	81 (95% CI 78 to 83)	0.734
	Pleural fluid	75 (95% CI 69 to 80)	76 (95% CI 71 to 82)	0.809
	Serum+plasma	65 (95% CI 60 to 70)	81 (95% 78 to 85)	0.83
OPN	Serum+plasma	57 (95% CI 52 to 61)	81 (95% 79 to 84)	0.85

Table 12 Summary sensitivities and specificities for Fibulin-3

		Sensitivity	Specificity	Area under the curve	Cut-off (ng/mL)
Pass <i>et al</i> ²³⁰	Plasma	100	100	1	33*
	Plasma	95	96	0.99	53†
	Pleural fluid	84	92	0.93	346
Agha <i>et al</i> ²³¹	Serum	88	81.8	0.776	67
	Pleural fluid	72	80	0.878	150
Elgazzar <i>et al</i> ²³²	Serum	100	97	0.98	54
	Pleural fluid	90	97	0.94	520
Creaney <i>et al</i> ²³³	Plasma	22	95	n/a	52
	Plasma	48	71	0.671	29
	Pleural fluid	59	52	0.588	346
Kirschner <i>et al</i> ⁶¹	Plasma	14	97		29‡
		13	88§		

*Detroit cohort.

†New York cohort.

‡Sydney cohort.

§Vienna cohort.

Outcome prediction

Four studies^{71 72 74 75} assessed the independent predictive value of biomarkers on overall survival in MPM, accounting for the recognised prognostic indicators of histological subtype, age and PS. These demonstrate:

- ▶ The modified Glasgow Prognostic Score (mGPS) (serum, C reactive protein (CRP) and albumin level at baseline) and blood neutrophil-to-lymphocyte ratio (NLR) are independent predictors of overall survival (HR 2.6 and 2.0, respectively).⁷¹
- ▶ Pleural fluid HA level (<225 mg/L) is independently associated with overall survival (RR 0.63).⁷²
- ▶ Resection specimen staining for smoothened SMO transmembrane receptor (HR 1.06) was an independent predictor of overall survival.⁷⁴

A fall in SMRP between baseline and an interval of 6–8 weeks (post two cycles of chemotherapy) is predictive of radiographic stability of disease. A falling SMRP level at completion of chemotherapy is strongly associated with a longer survival.⁷⁵ Baseline SMRP was unable to predict survival. Apart from SMRP in the SWAMP study,⁷⁵ none of the other markers have been prospectively validated.

Biomarkers for screening

Five studies^{77–81} explored the potential role of biomarkers in screening for MPM. All five studies looked at SMRP but two studies also looked at Osteopontin, CA-125 and cytokeratin fragment 19.^{58 75} Studies were heterogeneous particularly with regards to the cut-off value of SMRP, duration of follow-up and the patient populations (other cancers/control groups). Despite these differences, SMRP tended to be higher in those with asbestos-related disorders such as asbestosis or diffuse pleural thickening, and in renal impairment. One study found SMRP levels are also elevated in other cancers such as lung, ovarian, pancreatic and endometrial cancer, but the populations of patients with these cancers were small.

Evidence statements

Diagnosis

There is no diagnostic biomarker, which is able to consistently diagnose MPM with a sensitivity and specificity above 90%. Level 2+.

The diagnostic value of biomarkers in sarcomatoid mesothelioma is lower than that for epithelioid, but small numbers mean that accuracy of sensitivity and specificity are difficult to derive. Level 2–.

Serum SMRP has a relatively high specificity in the diagnosis of MPM across a large number of studies (81%). Level 2+.

Serum and pleural fluid Osteopontin has a relatively high specificity in the diagnosis of mesothelioma across a modest number of studies (81%). Level 2++.

Fibulin-3 shows variable performance in diagnosis of MPM (sensitivity range 22%–100%). Level 2+.

Disease response

SMRP level is correlated with tumour bulk and falls post-EPP, but baseline level does not predict pathological stage in mesothelioma. Level 2+.

In assessing response to therapy, SMRP levels are higher in those with progressive disease compared with those with partial response, complete response or disease stability. Level 3.

During chemotherapy, a falling level of SMRP from baseline to interval, or a falling level at completion of palliative chemotherapy is associated with a longer survival. Level 3.

Outcome prediction

There is no prospectively validated biomarker which independently predicts overall survival in MPM. Level 2–.

Markers of inflammation, pleural fluid HA and cell staining patterns may predict survival but further studies are required to validate this. Level 2–.

Recommendations

- ▶ Do not offer biomarkers in isolation as a diagnostic test in MPM. Grade B.
- ▶ Consider biomarker testing in patients with suspicious cytology who are not fit enough for more invasive diagnostic tests. Grade B.
- ▶ Do not routinely offer biomarker testing to predict treatment response or survival. Grade B.
- ▶ Do not offer biomarker testing to screen for MPM. Grade C.

Research recommendation

Further research is required to identify biomarkers that reliably predict treatment response within clinical practice

SECTION 8: FACTORS DETERMINING PROGNOSIS AND TIMING OF TREATMENT

There is a large body of evidence on this topic in the literature. The great majority of it is of poor quality, being retrospective case series. Some of these are taken from patients enrolled into clinical trials, where the consistency and quality of the data collected is higher.

A large number of baseline patient variables have been studied seeking prognostic factors. These include demographic factors (age, sex, race), disease features (histological subtype and grade, site of disease, disease stage using various staging systems), Eastern Cooperative Oncology Group (ECOG) PS or Karnofski performance score (KPS), symptoms (particularly chest pain and weight loss, usually not further defined), markers of inflammation (total white blood count (WBC), platelet count, neutrophil-to-lymphocyte ratio (NLR), platelet-to-lymphocyte ratio (PLR), C-reactive protein level (CRP) and blood test markers of systemic disease such as haemoglobin (Hb) level, Hb difference from a population ideal value (160 g/L in men, 140 g/L in women), serum albumin.

Several prognostic scores have been developed for mesothelioma, combining groups of prognostic variables derived from derivation cohorts of patients with mesothelioma and subsequently validated in different test cohorts. The following scores are described in more detail below; the EORTC prognostic score (EPS), the CALGB score,^{82–87} mGPS have been studied retrospectively in a cohort of patients with mesothelioma,⁷¹ the LENT prognostic score⁸⁸ and a prognostic model using decision tree analysis was published by Brims *et al*⁸⁹ in 2016.

Evidence from very large studies

Three retrospective studies were identified, which included more than 5000 patients from population-level registries.^{90–92} These consistently demonstrate that increasing age, male sex, advanced stage and non-epithelioid histology are prognostic of worse overall survival. Although this evidence is of low quality, being retrospective, the size of the datasets studied and the absence of any contradictory evidence increases the confidence in these findings.

Findings from the National Lung Cancer Audit

In 2015, Beckett *et al* published data from 8740 mesothelioma cases included in the National Lung Cancer Audit.³ This is the largest prospectively collected case series in the literature. It has the advantage of reflecting the characteristics of unselected incident cases. In this respect, it differs from the populations of clinical trial recruits who have been used to derive, for example, the EORTC and CALGB prognostic scores (see below). Poorer PS and non-epithelioid histology were associated with shorter overall survival in this cohort. Survival by sex is not reported.

The EORTC prognostic score

This was derived by Curran *et al*⁸³ in 1998 based on maximum-likelihood parameter estimates of the prognostic factors retained in a multivariate model derived from a population of 204 patients (89% male) entered into clinical trials of chemotherapy in Europe. All patients were PS 0–2. More detail on the score can be found at appendix 2.

CALGB prognostic groups

Herndon *et al* studied prognostic factors in a group of 337 patients with MPM not previously treated with chemotherapy who were entered into phase II trials of chemotherapy.⁸⁷ Cox

survival and exponential regression trees were used to determine prognostic importance of pretreatment patient characteristics. Terminal nodes were amalgamated to form six distinct prognostic subgroups.

The derived prognostic groups are complex, and continuous variables are dichotomised differently for different subgroups (eg, Hb and WBC). Edwards *et al* validated the CALGB groups in a retrospective study conducted in a UK population.⁸⁶

Meniawy *et al* have validated the CALGB prognostic group method in a recent, large study in Western Australia, in a population of patients where 62% received chemotherapy. This is considerably higher than the proportion of patients currently receiving chemotherapy for mesothelioma in the UK and therefore the median survival estimates derived from the validation study are likely to be considerably better than those observed in the UK.

The neutrophil-to-lymphocyte ratio

Five studies have considered the NLR in mesothelioma. The evidence on the prognostic utility of NLR was reviewed by Meniawy *et al*.⁸⁵ They concluded that the cut-off value chosen for NLR is variable, the independent predictive effect inconsistent and the NLR has not been validated in a prospective study. More information about the studies can be found in appendix 2.

The modified Glasgow prognostic score

The mGPS stratifies patients with cancer according to CRP and serum albumin. This was found to be an independent predictor of overall survival in MPM in one study⁷¹ (HR 2.6, 95% CI 1.6 to 4.2, $P < 0.001$) but has not been the subject of prospective validation.

Prognostic model using decision tree analysis

Brims *et al* derived a prognostic model using classification and regression tree analysis from an unselected population of 482 patients newly diagnosed with MPM in Western Australia, of whom 274 were collected retrospectively and 208 prospectively.⁸⁹ Unlike the cohorts used to derive the CALGB and EORTC models, which were of participants in chemotherapy trials, this paper included all patients with a confirmed diagnosis of MPM within the inclusion period. The model was validated in a cohort of 177 patients with MPM prospectively collected in Bristol, UK. The validation cohort is likely to be highly representative of typical new patients with MPM presenting in the UK. The model was used to predict death at 18 months. The variable with the greatest influence on survival in the derivation cohort was weight loss, defined as any weight loss considered significant by the medical team. The decision tree for classifying patients into prognostic groups in this study is shown in table 13. The variables having an influence on prognosis within this model are

Table 13 Brim decision tree classification

Prognostic group	Median survival (IQR), months, derivation cohort	Median survival (IQR), months, validation cohort
1	34.0 (22.9–47.0)	N/A
2	17.7 (11.6–25.9)	11.93 (8.53–18.56)
3	12.0 (6.0–20.6)	9.89 (4.84–17.81)
4	7.4 (3.3–11.1)	5.68 (3.12–10.84)
N/A, not available.		

histological subtype, weight loss, PS, Hb and serum albumin. The C-statistic for the derivation cohort was 0.76 and the sensitivity 94.5% (95% CI 91.4% to 96.7%) and the specificity 38.2% (95% CI 30.6% to 46.3%). The positive predictive value for death at 18 months was 76% (95% CI 71.5% to 80.1%). The C-statistic for model performance in the validation cohort was 0.68 (95% CI 0.60 to 0.75).

The model can be found in appendix 2.

The LENT score

Clive and others derived the LENT score, for predicting survival in patients presenting with malignant pleural effusion (MPE).⁸⁸ The LENT score uses pleural fluid LDH (>1500) IU/L, ECOG PS, NLR and tumour type to calculate a prognostic score (see appendix 3 for a full description of the scoring system). Data from three large international cohorts of patients were used to study the effect of the malignant cell type on survival. A more detailed analysis of individual prognostic factors was then undertaken in two prospectively collected UK cohorts of patients presenting with MPE. One cohort was used to derive a prognostic score and the second to validate it. Fourteen predefined variables, recorded at presentation, were studied to ascertain their influence on survival using a multivariable Cox proportional hazard method. A prognostic score was then developed using the results of the international cohort for cell type and the UK cohort multivariable analysis.

Patients with moderate-risk and high-risk LENT scores had hazard ratios (95% CI) for mortality of 1.49 (1.03–2.15) and 5.97 (3.58–9.97) compared with those with low-risk LENT scores. The relation between LENT score and median survival is shown in table 14.

Symptoms

Chest wall pain and weight loss have been studied as prognostic variables.^{82 85 87} In retrospective case series, chest pain was independently associated with poorer overall survival in all three studies but has not been subjected to prospective validation. The findings with respect to weight loss are inconsistent. Weight loss was independently predictive of survival in two studies^{85 87} but not in the third.⁸²

Evidence statements

Increasing age, male sex, non-epithelioid histology, advanced stage and poorer PS independently predict poorer survival in MPM. Level 2+.

The LENT prognostic score provides an approximate estimate of median survival, at presentation, in patients presenting with a pleural effusion due to MPM. Level 2+.

The EPS and CALGB prognostic groups reliably separate patients into groups with better and worse overall survival but they have been studied only retrospectively, in patients with better PS and treated with chemotherapy in the majority. Level 2+.

Markers of inflammation including WBC, platelet count, CRP, serum albumin, PLR and NLR may predict survival, but further studies are required, particularly prospectively, to validate this. Level 3.

Table 14 Summary of LENT score and median survival

Risk categories	Total score	Median (IQR) survival
Low risk	0–1	319 days (228–549 days)
Moderate risk	2–4	130 days (47–467 days)
High risk	5–7	44 days (22–77 days)

The decision tree model separated unselected UK patients newly diagnosed with MPM into groups with differing median survival using variables that are routinely collected in almost all patients. Level 2+.

Recommendations

- ▶ Consider calculating a prognostic score in patients with MPM at diagnosis. Grade D.
- ▶ Prognostic scores can provide useful survival information for patients and doctors, but should not be used in treatment decision-making. Grade D.
- ▶ When calculating a prognostic score use one of the following:
 - a. The EORTC prognostic score;
 - b. The CALGB score;
 - c. The modified Glasgow Prognostic Score (mGPS);
 - d. The LENT score if a pleural effusion is present;
 - e. The decision tree analysis.

The decision tree analysis scoring systems is likely to be the most useful in routine clinical practice. Grade D.

SECTION 9: PLEURAL FLUID MANAGEMENT

There is poor consistency in the literature concerning the outcome of ‘pleurodesis success’, as it is variably defined according to time point, radiology only, combined radiology and need for further pleural drainage and by patient-reported outcome measures.

There is also substantial lack of consistency in the analysis of time to event data, with many studies reporting proportion of ‘success’ at a given time point in those patients assessable at the time, that is, patients who have died or are unable to attend follow-up are discounted, leading to increasing rates of pleurodesis success over time in some studies.

Rintoul *et al* directly compared VATS-PP to talc (poudrage or slurry). Although early pleurodesis success, as assessed by chest X-ray reporting, appeared high in the VATS-PP group, this was not sustained over the study follow-up period (37% talc vs 59% VATS PP at 1 month, 60% at 3 months in both, 57% talc vs 77% VATS PP at 6 months, but 77% talc vs 70% VATS PP at 12 months).⁹³ VATS pleurectomy was not associated with survival benefit (primary outcome) nor benefits to lung function. VATS-PP patients had a significantly higher complication rate (31% vs 14%) and longer hospital stay (7 vs 3 days). VATS was associated with slight improvement in quality of life, but only from the 6-month follow-up point onwards and not in all quality of life domains.

Davies *et al* undertook an RCT comparing indwelling pleural catheter (IPC) insertion with talc slurry in patients with symptomatic malignant pleural effusions and found no difference in pleurodesis success or patient measured breathlessness.⁹⁴

Fysh *et al* undertook a large retrospective case series which demonstrated no difference in surgical versus ‘medical’ pleurodesis in MPM (28.2% vs 29.7% complete success, 39.7% vs 38.8% partial success).⁹⁵ In another retrospective series, Bielsa *et al* demonstrated worse pleurodesis success in mesothelioma (66%) and lung (63%) versus breast (77%) and other (74%).⁹⁶

Two other studies specific to MPM evaluated VATS pleurodesis in non-comparative case series, reporting pleurodesis success rates of 81%–98%, but were retrospective, and suffer from selection bias and used different pleurodesis definitions.^{97 98} Non-MPM-specific studies reported pleurodesis success rates of 80%–86% and did not differentiate mesothelioma from other MPE. One of these studies reported PS rather than pleurodesis success.^{99–101}

Evidence statements

Pleural effusion due to MPM may have a lower pleurodesis success rate than other malignant effusions. Level 2–.

No single fluid control technique (surgical including pleurectomy and VATS, thoracoscopic talc poudrage, talc slurry or IPC) has been shown to be superior in terms of patient symptoms or pleurodesis success in MPM. Level 1–.

VATS-PP has been shown to be more expensive, associated with greater complications and longer hospital stay than talc slurry pleurodesis. Level 1+.

VATS-PP is associated with minor improvement in quality of life versus talc slurry in those patients who survive >6 months. Level 1–.

Indwelling pleural catheters and talc slurry pleurodesis have similar patient-related outcomes in malignant effusion and MPM. Level 1++.

Recommendations

- ▶ Offer either talc (via slurry or poudrage) or indwelling pleural catheters for symptomatic pleural effusion in MPM, informed by patient choice. Grade A.
- ▶ Talc slurry or thoracoscopic talc poudrage pleurodesis should be offered to patients with MPM in preference to a VATS-PP surgical approach for fluid control in MPM. Grade A.

SECTION 10: THE ROLE OF SURGERY

Surgical resection has been offered to a highly selected subgroup of patients with MPM since the 1950s, although its role remains controversial. Surgery can be offered with palliative intent, where the aim is debulking of the tumour mass with the aim of controlling pleural fluid, reducing pulmonary restriction or by attempting to achieve a complete macroscopic resection, with the aim of improving length and/or quality of life. The International Association for the Study of Lung Cancer's Staging and Prognostic Factors Committee has proposed definitions for surgery, which have been adopted for this guidance.¹⁰²

1. Partial pleurectomy (PP): partial removal of parietal and/or visceral pleura for diagnostic or palliative purposes but leaving gross tumour behind. This may be performed by VAT or with thoracotomy.
2. Pleurectomy/Decortication (PD): parietal and visceral pleurectomy to remove all gross tumour without resection of the diaphragm or pericardium.
3. Extended Pleurectomy/Decortication (EPD): parietal and visceral pleurectomy, with the goal of complete macroscopic resection, with resection of the diaphragm and/or pericardium as required.
4. Extrapleural pneumonectomy (EPP): en bloc resection of the parietal pleura, pericardium, diaphragm, lung and visceral pleura.

Evidence review

95 papers were identified and reviewed, of which 12 were considered in detail.^{83 93 103–112} There were two RCTs, four systematic reviews, four prospective observational studies and two retrospective studies.

Pleurectomy

A systematic review has been performed of 34 studies involving 1916 patients who underwent pleurectomy.¹¹⁰ These included 12 studies on extended PD, 8 studies on PD and 14 studies on

PP. All the studies were observational with high risk of selection bias. Perioperative mortality ranged from 0% to 11% and perioperative morbidity ranged from 13% to 43%. Median overall survival ranged from 7.1 to 31.7 months and disease-free survival ranged from 6 to 16 months.

The MesoVATS trial randomised 196 patients with suspected or confirmed mesothelioma (of whom 175 had mesothelioma) between talc pleurodesis or VATS-PP.⁹³ The primary outcome was survival at 1 year, which was 52% (95% CI 41 to 62) in the VAT-PP group and 57% (95% CI 46 to 66) in the talc pleurodesis group (HR 1.04 (95% CI 0.76 to 1.42); $P=0.81$). Surgical complications were significantly more common after VAT-PP than after talc pleurodesis, occurring in 24 (31%) of 78 patients who completed VAT-PP versus 10 (14%) of 73 patients who completed talc pleurodesis ($P=0.019$). Median hospital stay was longer at 7 days (IQR 5–11) in patients who received VAT-PP compared with 3 days (2–5) for those who received talc pleurodesis ($P<0.0001$).

Extended pleurectomy decortication and Extra-pleural pneumonectomy

The Mesothelioma and Radical Surgery (MARS) feasibility study assessed EPP versus no EPP for patients with MPM.¹⁰³ Patients with pathologically confirmed mesothelioma deemed fit enough to undergo trimodal therapy were included. All patients underwent induction platinum-based chemotherapy followed by clinical review. After further consent, patients were randomly assigned to EPP followed by postoperative hemithorax irradiation or to no EPP. Of 112 patients registered, 50 were subsequently randomly assigned: 24 to EPP and 26 to no EPP. EPP was completed satisfactorily in 16 of 24 patients assigned to EPP. Two patients in the EPP group died within 30 days and a further patient died without leaving hospital. One patient in the no EPP group died perioperatively after receiving EPP off trial in a non-MARS centre. The HR for overall survival between the EPP and no EPP groups was 1.90 (95% CI 0.92 to 3.93; exact $P=0.082$), and after adjustment for sex, histological subtype, stage and age the HR was 2.75 (95% CI 1.21 to 6.26; $P=0.016$). Median survival was 14.4 months (5.3–18.7) for the EPP group and 19.5 months (13.4 to time not yet reached) for the no EPP group. Of the 49 randomly assigned patients who consented to quality of life assessment (EPP $n=23$; no EPP $n=26$), 12 patients in the EPP group and 19 in the no EPP group completed the quality of life questionnaires. Although median quality of life scores were lower in the EPP group than the no EPP group, no significant differences between groups were reported in the quality of life analyses.

There has been much discussion around the validity of the MARS trial results. In particular, criticism that the study was not powered to detect a survival advantage attributable to EPP and that the operative mortality was higher than that of other contemporary series. The MARS trial authors have subsequently responded that the EPP mortality in MARS (2 of 19; 10.5%; 95% confidence limits 1.3% to 33.1%) lies within the range reported in a systematic review of 34 studies, including 2320 patients, where 30-day mortality ranged from 0% to 11.8%.¹¹³ Furthermore, the authors note that the median survival of patients in the EPP arm of MARS of 14.4 months from randomisation is in keeping with major series in the literature which report median survival times of 10 to 14 months.

Cao *et al*¹⁰⁸ performed a systemic review of 34 studies with 2462 patients who underwent EPP for MPM. All the studies were observational and subject to high risk of selection bias. The median overall survival varied from 9.4 to 27.5 months, and 1-year, 2-year and 5-year survival rates ranged from 36%

to 83%, 5% to 59% and 0% to 24%, respectively. Overall perioperative mortality rates ranged from 0% to 11.8%, and the perioperative morbidity rates ranged from 22% to 82%. Quality of life assessments from three studies reported improvements in nearly all domains at 3 months postoperatively. Patients who underwent trimodality therapy involving EPP and adjuvant chemoradiotherapy had a median overall survival of 13–23.9 months.

Two meta-analyses have been performed comparing outcomes following either PD or EPP. All the studies included in the analyses were observational with high risk of selection bias. The meta-analysis by Taioli *et al*¹¹⁴ included 1512 patients treated with PD and 1391 treated with EPP. There was a significantly higher proportion of short-term deaths in the EPP group versus the PD group (per cent mortality meta-estimate; 4.5% vs 1.7%; $P < 0.05$). There was no statistically significant difference in 2-year mortality between the two groups, but there was significant heterogeneity. The meta-analysis by Cao *et al* (2014)¹¹¹ included 632 patients who underwent EPP and 513 patients who underwent EPD.¹¹¹ All-cause perioperative mortality was found to be significantly lower after EPD compared with EPP (2.9% vs 6.8%; RR 0.53; 95% CI 0.31 to 0.91; $P = 0.02$; $I^2 = 0\%$). Perioperative morbidity was also found to be significantly lower after EPD compared with EPP (27.9% vs 62.0%; RR 0.44; 95% CI 0.30 to 0.63; $P < 0.0001$; $I^2 = 44\%$). There were insufficient data for this meta-analysis to compare the overall survival outcomes between the two treatment arms.

The effects of PD on lung function and quality of life have been assessed in a number of small cohort studies. None of these studies compared changes in outcomes with patients who were not selected to undergo surgery and so the results must be interpreted with caution. Mollberg *et al* found that quality of life scores did not deteriorate in 28 patients with good PS (0–1) who underwent PD.¹⁰⁴ Bölükbas *et al* found that the mean FVC improved from 55% of predicted to 69% of predicted ($P < 0.01$) in 16 patients who underwent radical pleurectomy.¹⁰⁵ Ploenes *et al* retrospectively reviewed the outcomes of 25 patients who underwent EPP and 23 who had PD.¹⁰⁷ Pulmonary function was not significantly reduced in the PD group postoperatively. In the EPP group, the median vital capacity fell from 78% of predicted to 48% predicted ($P < 0.001$). Burkholder *et al* assessed quality of life in 36 patients undergoing PD.¹⁰⁶ Global quality of life scores were unchanged in the 17 patients with PS of 0 and improved in the 19 patients with PS of 1 or 2.

A feasibility multicentre randomised trial comparing EPD to no surgery (MARS-2 trial) is currently recruiting in the UK.¹¹² Results from this surgical trial are awaited with interest.

Evidence statements

VAT-PP has no effect on overall survival and results in increased complications and longer hospital stay than talc pleurodesis. Level 1+.

EPP does not improve survival when added to treatment with chemoradiotherapy. Level 1+.

EPD may result in lower perioperative mortality than EPP. Level 1–.

Quality of life and lung function may not deteriorate in patients selected to undergo pleurectomy decortication. Level 2–.

Recommendations

- ▶ Do not offer VATS-PP over talc pleurodesis in MPM. Grade A.
- ▶ Do not offer EPP in MPM. Grade B.
- ▶ Do not offer EPD outside of a clinical trial. Grade D.

Research recommendation

The role of VATS-PP and EPD in good prognosis patients should be examined further in clinical trials, which should include robust measurement of quality of life.

SECTION 11: SYSTEMIC ANTICANCER TREATMENT

Evidence

The literature search revealed a large volume of evidence assessing the role of systemic treatment. Over two hundred articles were obtained from a search. Of these, 69 were not relevant to the question. Papers were excluded if they involved trimodality therapy or radiotherapy as major features in the trial design. This included papers looking at the role of neoadjuvant or adjuvant chemotherapy in the setting of surgery. Papers were excluded if they involved intrapleural chemotherapy and photodynamic therapy during as part of surgical therapy.

Evidence on first-line systemic therapy

Almost all the first-line studies identified were non-randomised phase II trials. Four large phase III randomised trials comparing novel systemic therapy to 'standard' therapy were identified. Two of the large randomised trials used a control arm of single-agent cisplatin and one used a control arm of active symptom control (ASC). Table 15 summarises phase III trial data.

The first large randomised trial (known as EMPHASIS) to be published in patients with MPM compared 3 weekly intravenous chemotherapy with the antifolate drug pemetrexed at a dose of 500 mg/m² and cisplatin at a dose of 75 mg/m² with a control arm of cisplatin at a dose of 75 mg/m².¹¹⁵ The primary outcome was survival. Secondary outcomes were time to progressive disease, time to treatment failure, tumour response rate and duration of response. 226 patients were randomised to pemetrexed/cisplatin, and 222 to cisplatin alone. The median survival time for pemetrexed/cisplatin-treated patients was longer than for patients receiving cisplatin alone: 12.1 vs 9.3 months, representing a statistically significant difference ($P = 0.020$). The median time to progressive disease was significantly longer for patients who received pemetrexed and cisplatin as compared with patients who received cisplatin alone (5.7 vs 3.9 months; $P = 0.001$). The median time to treatment failure was also significantly longer in the pemetrexed/cisplatin arm than in the control arm. The response rates were 41% for pemetrexed/cisplatin patients vs 17% in the control group.

While this trial was recruiting, the investigators became aware of excessive bone marrow toxicity likely due to folate depletion probably caused by pemetrexed. They decided to give all patients, both in the trial arm and the control arm, vitamin B12 (by intramuscular injection) and folic acid (by tablet) supplementation.

Table 15 Randomised phase III trials in first-line treatment of malignant pleural mesothelioma

Trial	Year of publication	Treatment arms	OS (months)	P value
Vogelzang ¹¹⁵	2003	P/C vs C	12.1 vs 9.3	0.020
van Meerbeeck ¹¹⁶	2005	R/C vs C	11.4 vs 8.8	0.048
Muers ¹¹⁷	2008	ASC+ctx vs ASC	8.5 vs 7.6	0.290
Zalcman ¹¹⁹	2015	P/C/B vs P/C	18.8 vs 16.1	0.017

ASC, active symptom control; B, bevacizumab; C, cisplatin; ctx, chemotherapy; OS, overall survival; P, pemetrexed; R, raltitrexed.

Bone marrow toxicity was reduced and vitamin supplementation is now standard for all patients treated with pemetrexed. The incidence of nausea, vomiting, fatigue, diarrhoea, dehydration and stomatitis were significantly higher in the pemetrexed/cisplatin arm.

In 2005, a broadly similar RCT was published by the European Organisation for the Research and Treatment of Cancer (EORTC).¹¹⁶ The experimental arm was the antifolate drug raltitrexed combined with cisplatin (arm B), with a control group of single-agent cisplatin (arm A). Raltitrexed is comparable to pemetrexed in that its main mechanism of action is by inhibiting thymidylate synthase, thereby preventing the formation of precursor pyrimidine nucleotides. End points were overall survival, response rates and quality of life. Patients had to have good PS (WHO 0–2) and adequate haematological, renal and hepatic function. Two hundred and fifty patients were randomised: 80% were male and the median age was 58 years. The main grade 3 or 4 toxicities observed were neutropaenia and emesis, reported twice as often in the combination arm. Among 213 patients with measurable disease, the response rate was 13.6% (arm A) vs 23.6% (arm B; $P=0.056$). Median overall and 1-year survival in arms A and B were 8.8 (95% CI 7.8 to 10.8) vs 11.4 months (95% CI 10.1 to 15), respectively, and 40% vs 46%, respectively ($P=0.048$).

A large cooperative group based in the UK led by Muers *et al* organised a large three-arm randomised clinical trial known as MS01.¹¹⁷ Patients were randomised into three groups. Group 1: ASC. The essential elements of ASC were defined as regular follow-up in a specialist clinic; structured physical, psychological and social assessments at every clinic visit; rapid involvement of additional specialists and parallel nursing support. Patients could receive, as required, steroids, analgesic drugs, appetite stimulants, bronchodilators or palliative radiotherapy. Group 2: ASC plus mitomycin, cisplatin and vinblastine chemotherapy (MVP), or group 3: ASC plus vinorelbine chemotherapy. A total of 840 patients (280 in each group) were needed to detect an improvement of 3 months survival; however, due to slow accrual the trial design changed to a two-group comparison by combining the two chemotherapy groups. The two-group design needed a total of 420 patients (140 ASC, 280 ASC plus chemotherapy) to reliably detect an improvement from 9 months median survival with ASC alone to 12 months with ASC plus chemotherapy. Four hundred and nine patients with malignant pleural mesothelioma, from 76 centres in the UK and 2 in Australia, were randomly assigned to ASC alone ($n=136$); to ASC plus MVP (four cycles of mitomycin 6 mg/m², vinblastine 6 mg/m² and cisplatin 50 mg/m² every 3 weeks ($n=137$)) or to ASC plus vinorelbine (one injection of vinorelbine 30 mg/m² every week for 12 weeks ($n=136$)). The results showed that, compared with ASC alone, there was no significant survival benefit for ASC plus chemotherapy (HR 0.89, 95% CI 0.72 to 1.10; $P=0.29$). Median survival was 7.6 months in the ASC-alone group and 8.5 months in the ASC plus chemotherapy group. There were no between-group differences in four predefined quality of life subscales (physical functioning, pain, dyspnoea and global health status) at any of the assessments in the first 6 months. The trial attracted some criticism for the decision to combine the two different chemotherapy arms, thus reducing the power to detect a significant difference for the separate regimens.¹¹⁸

A more recent trial reported by Zalcman *et al* presented data on the addition of bevacizumab to pemetrexed and cisplatin chemotherapy for patients with newly diagnosed MPM.¹¹⁹ The trial, called MAPS (Mesothelioma Avastin Cisplatin Pemetrexed

Study) was a randomised, controlled, open-label, phase III trial. Patients aged 18–75 years with unresectable MPM who had not received previous chemotherapy, had an Eastern Cooperative Oncology Group performance status of 0–2, had no substantial cardiovascular comorbidity, were not amenable to curative surgery, had at least one evaluable (pleural effusion) or measurable (pleural tumour solid thickening) lesion with CT and a life expectancy of >12 weeks from 73 hospitals in France. Patients were stratified by histology (epithelioid vs sarcomatoid or mixed histology subtypes), PS score (0–1 vs 2), study centre or smoking status (never smokers vs smokers) to receive intravenously 500 mg/m² pemetrexed plus 75 mg/m² cisplatin with (PCB) or without (PC) 15 mg/kg bevacizumab in 21-day cycles for up to six cycles, until progression or toxic effects. The primary outcome was overall survival (OS) in the intention-to-treat population. 448 patients were randomised to treatment (223 to PCB and 225 to PC). Overall survival was significantly longer with PCB (median 18.8 months (95% CI 15.9 to 22.6)) than with PC (16.1 months (95% CI 14.0 to 17.9)); HR 0.77 (95% CI 0.62 to 0.95); $P=0.0167$). Overall, 158 (71%) of 222 patients given PCB and 139 (62%) of 224 patients given PC had grade 3–4 adverse events. More grade 3 events, higher rates of hypertension and more thrombotic events were noted with PCB compared with PC. Bevacizumab treatment is not currently licensed for use in the UK and is not available in the NHS.

An International Expanded Access Programme (EAP) led by Santoro followed more than 3000 patients with mesothelioma treated with single-agent pemetrexed or pemetrexed in combination with cisplatin or carboplatin.¹²⁰ Patients with histologically confirmed MPM, not amenable to curative surgery, received pemetrexed 500 mg/m² in combination with either cisplatin 75 mg/m² or carboplatin AUC 5, once every 21 days with standard premedication. A total of 1704 chemo-naïve patients received pemetrexed plus cisplatin ($n=843$) or pemetrexed plus carboplatin ($n=861$) and were evaluated for safety. The efficacy evaluable population consisted of 745 patients in the pemetrexed plus cisplatin group and 752 patients in the pemetrexed plus carboplatin group for whom physician-reported tumour response was available. The pemetrexed plus cisplatin group demonstrated a response rate of 26.3% compared with 21.7% for the pemetrexed plus carboplatin group, with similar 1-year survival rates (63.1% vs 64.0%) and median time to progressive disease (7 vs 6.9 months). Based on these data, pemetrexed plus carboplatin is generally considered an acceptable alternative two-drug first-line option, especially for patients deemed unfit for cisplatin, although the data on which this practice is based are not from an RCT.

Second-line systemic treatments in MPM

Buikhuisen *et al* undertook a systematic review of 10 studies reporting on 1251 patients treated with second-line chemotherapy in MPM.¹²¹ The majority of studies were phase II with only two phase III randomised trials. The authors concluded that only a limited number of randomised studies with combination therapy had been conducted. The authors suggested the following as second-line treatment options for patients with MPM: ‘single agent vinorelbine or pemetrexed are acceptable second-line agents for patients relapsing after a first-line platinum combination regardless of whether or not pemetrexed was used in the first-line setting’. They also stated that the ‘low reported activity of the drugs in second line warrants referral of fit patients to participate in clinical trials’.

Jassem *et al* compared the efficacy and safety of pemetrexed and best supportive care in patients with MPM after first-line chemotherapy (excluding pemetrexed).¹²² Of the 243 patients included, 18.7% of the 143 patients receiving pemetrexed showed a partial response but the median overall survival was not significantly different between the two groups.

The VANTAGE-014 study compared vorinostat, an oral histone deacetylase inhibitor, with placebo in 661 patients with MPM who had previously received one or two systemic regimens.¹²³ Median overall survival for vorinostat was 30.7 weeks (95% CI 26.7 to 36.1) vs 27.1 weeks (95% CI 23.1 to 31.9) for placebo (HR 0.98, 95% CI 0.83 to 1.17, P=0.86).

Anti-PD1 immune checkpoint therapy has potential for the treatment of mesothelioma. Approximately 40% of tumours express PDL1, which is associated with non-epithelioid histology and worse outcome for high expressing tumours.¹²⁴ Keynote 28 is the first phase Ib trial to report on the activity of pembrolizumab in patients with pleural mesothelioma and enrolled 25 patients harbouring PDL1-positive tumours.¹²⁵ This study showed a 20% response rate with durability lasting on average 12 months. Stable disease was 52% giving a disease control rate of 72%. Median overall survival was 18 months. In summary, emerging data suggest anti-PD1 or PDL1 immunotherapy, exhibits efficacy in mesothelioma; however, randomised trials will be needed to confirm the incremental benefit and value. In this regard, the CRUK CONFIRM phase III trial is currently randomising patients 2:1 to nivolumab versus placebo (NCT03063450).

Evidence statements

For patients with MPM with good PS, first-line chemotherapy with cisplatin and pemetrexed leads to longer survival than cisplatin alone. Evidence level 1 + +.

For patients with MPM with good PS, first-line therapy with cisplatin and pemetrexed and bevacizumab leads to longer survival than cisplatin and pemetrexed alone. Evidence level 1 + +.

For patients with MPM with good PS, first-line chemotherapy with cisplatin and raltitrexed leads to longer survival than cisplatin alone. Evidence level 1 + +.

The combination of mitomycin, cisplatin and vinblastine or single agent vinorelbine did not demonstrate survival benefit over active symptom control. Evidence level 1 +.

Carboplatin in combination with pemetrexed is a safe and effective alternative to cisplatin in combination with pemetrexed. Evidence level 3.

Second-line pemetrexed does not improve survival in patients previously treated with first-line chemotherapy regimens that did not include pemetrexed. Evidence level 1 +.

Second-line vorinostat does not improve survival in patients previously treated with one or two cycles of chemotherapy. Evidence level 1 +.

Recommendations

- ▶ Offer patients with MPM with good PS (WHO 0–1) first-line therapy with cisplatin and pemetrexed. Where licensed (not presently in the UK), bevacizumab should be added to this regime. Raltitrexed is an alternative to pemetrexed. Grade A.
- ▶ Do not offer pemetrexed or vorinostat as second-line treatment for patients with MPM. Grade A.

Good practice points

- ✓ Where cisplatin is contraindicated, or has adverse risk, offer carboplatin in combination with pemetrexed.
- ✓ First-line clinical trials are an appropriate option for patients with good PS and are recommended above any other option for second-line treatment, provided the patient is of adequate PS.

Research recommendations

The role of immunotherapy in MPM should be further assessed in large phase III RCTs.

Further RCTs of second-line therapy on MPM are required.

SECTION 12: RADIOTHERAPY

Prophylactic radiotherapy to procedure tracts

Subcutaneous tumour nodules, seeded up the tract of previous needle or tube insertions, surgical or other invasive procedures, are sometimes observed in patients with MPM. Prophylactic radiotherapy to these sites may have a role in preventing the development of tumour tract nodules.

Evidence review

Four RCTs comparing prophylactic radiotherapy to procedure tracts to no radiotherapy, and a systematic review (written before the 2016 RCT was published) are evaluated.^{126–130} The study by Boutin *et al* was conducted in the era before chemotherapy was routinely offered to patients with MPM fit enough to receive it.¹²⁶ All patients had both an Abrams biopsy and a thoracoscopy before randomisation. The incidence of metastatic nodules in the control group was high (40%) and has not been replicated in any other observational studies. The studies by Bydder *et al* and O'Rourke *et al* excluded patients who had received prior chemotherapy.^{127 128} Information regarding subsequent chemotherapy treatment was not available. The incidence of chest wall nodules in the control groups were lower and the differences in the incidence of nodules between treatment groups not significantly different. It has been questioned whether these studies were adequately powered.¹³⁰

The SMART trial was a randomised, multicentre, phase III trial evaluating whether prophylactic radiotherapy reduces the incidence of procedure tract metastases after surgical and large bore pleural procedures.¹²⁹ Eligible patients were recruited from 22 UK hospitals and randomised (1:1) to immediate radiotherapy (21 Gy in three fractions over three working days), or deferred radiotherapy (same dose given if a procedure tract metastasis (PTM) developed). Two hundred three patients were randomised (102 to immediate radiotherapy, 101 to deferred radiotherapy). No statistically significant difference was identified in the PTM rates of the immediate and deferred radiotherapy groups (9/102 (8.8%) vs 16/101 (15.8%), respectively; OR 0.51, 95% CI 0.19 to 1.32; P=0.14). There was no difference identified in quality of life, chest pain, analgesia requirements or survival of the two groups.

A Phase III Randomised Trial of Prophylactic Irradiation of Tracts in Patients with Malignant Pleural Mesothelioma Following Invasive Chest Wall Intervention (the PIT trial) was due to complete recruitment in June 2016 and results are expected in 2017.¹³¹ Table 16 provides a summary of trials comparing prophylactic and procedure tracts with no radiotherapy.

Table 16 Summary of trials comparing prophylactic radiotherapy to procedure tracts to no radiotherapy

Study	Patients	Treatments	Nodules in treatment group	Nodules in control group	Significance	Notes
Boutin 1995 ¹²⁶	40	21 Gy in 3 12.5–15 MeV	0/20	8/20	P<0.001	Prechemotherapy era
Bydder 2004 ¹²⁷	43 (58 sites)	10 Gy in 19 MeV	2/28	3/30	N.S.	Chemotherapy patients excluded
O'Rourke 2007 ¹²⁸	61	21 Gy in 3 250 kV photons or 9–12 MeV	4/31	3/30	N.S.	Chemotherapy patients excluded
Clive 2016 ¹²⁹	203	21 Gy in three fractions	9/102	16/101	N.S.	Chemotherapy included

N.S., not significant

Evidence statements

Three out of four RCTs did not show a reduction in procedure tract metastases with prophylactic radiotherapy to chest wall procedure tracts. Level 1+.

Prophylactic radiotherapy to chest wall procedure tract has not been shown to improve quality of life, chest pain, analgesia requirements or survival. Level 1+.

Recommendation

- ▶ Do not offer prophylactic radiotherapy to chest wall procedure tracts routinely. Grade A.

Radiotherapy as part of multimodality treatment

The role of radiotherapy as part of the multimodality treatment of MPM is controversial. Radiotherapy can be delivered either as the sole local treatment modality after chemotherapy or as an adjuvant/neoadjuvant treatment in the context of a surgical approach. However, as MPM typically involves large areas of the pleura, the delivery of radical doses of radiotherapy are limited by the surrounding organs at risk such as normal lung, liver, heart and spinal cord.

A number of important remarks should be made with regards to the interpretation of the available literature. First, the majority of studies identified evaluated multimodality treatment and very few investigated specifically the role of preoperative/postoperative radiotherapy or radiotherapy alone. Second, the majority of the studies identified evaluated RT in the context of EPP, which is now very rarely performed in the UK. Lastly, none of the studies reviewed included surgical or radiotherapy quality assurance. Specifically, the majority of the studies reviewed had no built-in radiation dose constraints for organs at risk.

Evidence review

Twenty-one studies were identified which included radiotherapy as part of the multimodality treatment.^{103 132–151} One evaluated preoperative radiotherapy (in the context of EPP),¹³² 2 hemithoracic radiotherapy alone^{133 134} and 17 postoperative radiotherapy (4 in the context of pleurectomy decortication and 13 in the context of EPP).

Four studies were retrospective cohort series and 16 were prospective studies, of which only 4 are multicentre and 2 are RCTs.

Studies evaluating postoperative radiotherapy either after EPP or PD have shown that radiotherapy in the context of multimodality treatment is feasible, but some severe toxicities, particularly pneumonitis have been reported.^{103 135–150} The rate of grade 5 radiation pneumonitis ranges from 0% to 46% in the studies that have reported radiotherapy-related toxicity and a

lung dose-volume effect was identified in patients who developed grade 3+ radiation pneumonitis.^{135 140 142–144}

Only one RCT specifically evaluated the role of postoperative radiotherapy and showed no benefit for this treatment.¹⁵⁰ The Swiss Group for Clinical Cancer Research (SAKK) trial is a two-part multicentre randomised phase II study, analysed on intention to treat. It included patients with pathologically confirmed MPM, resectable TNM stages T1–3 N0–2, M0, WHO PS 0–1 and age <70 years. In part 1 of the study, patients were given three cycles of neoadjuvant chemotherapy followed by EPP; the primary end point was complete macroscopic resection (R0–1). In part 2, patients with complete macroscopic resection were randomly assigned to receive adjuvant radiotherapy or not (three-dimensional conformal radiotherapy or intensity-modulated radiotherapy was permitted with dose ranging from 55.9 to 57.6 Gy, using a boost technique). The primary end point was locoregional relapse-free survival. One hundred fifty-one patients were evaluable after neoadjuvant chemotherapy, of whom 75% had EPP and 64% complete macroscopic resection. Fifty-four patients were enrolled in part 2. Median locoregional relapse-free survival from surgery was 7.6 months (95% CI 4.5 to 10.7) in the no radiotherapy group and 9.4 months (95% CI 6.5 to 11.9) in the radiotherapy group. Median overall survival calculated from registration for patients in part 2 was 20.8 months (95% CI 14.4 to 27.8) in the no radiotherapy group and 19.3 months (95% CI 11.5 to 21.8) in the radiotherapy group. One patient died of grade 5 radiation pneumonitis. However, it should be noted the trial was terminated earlier than planned due to slow accrual (at 73% of the accrual).

Evidence statements

Postoperative radiotherapy after chemotherapy and EPP has not been shown to improve survival. Level 1+.

Postoperative radiotherapy after chemotherapy and pleurectomy decortication has not been shown to improve survival. Level 2–.

Preoperative radiotherapy has not been shown to improve survival. Level 2–.

Radical radiotherapy used in isolation has not been shown to improve survival. Level 2–.

Recommendation

- ▶ Do not offer preoperative or postoperative radiotherapy in MPM. Grade A.

Research recommendation

Prospective clinical trials of preoperative radiotherapy, postoperative radiotherapy after pleurectomy decortication and definitive radiotherapy after chemotherapy in MPM are required.

Radiotherapy for symptom palliation

Symptoms in MPM include pain, breathlessness and cough. Palliative radiotherapy has been used in an attempt to control these symptoms, as well as for other indications.

Evidence review

There are six studies, of which two explore whole hemithorax irradiation^{133 152} and four of localised treatment to areas of disease and/or symptoms.^{153–156} There are two systematic reviews addressing the role of radiotherapy for symptom palliation.^{157 158}

Of the hemithorax studies, a retrospective case series described no change in chest pain or PS in 47 patients treated with 40 Gy in 20 fractions.¹³³ The other was a prospective phase II study without controls, including 19 patients treated with 30 Gy in 10 fractions.¹⁵² It reported an improvement in pain control in 68% at 1 month, but this was not maintained (1). Toxicity was not reported in this study.

The localised treatment studies showed variable response rates (in terms of pain improvement). The dose and duration of response were also variable in these uncontrolled reports. The results are summarised in [table 17](#).

A randomised phase II study opened to recruitment in the UK in August 2016 aiming to establish optimal dose/fractionation for symptom control in MPM (SYSTEMS2 SRCTN12698107).

Evidence statements

Hemithorax radiotherapy has not been shown to have a consistent impact on chest pain or PS in MPM. Level 3.

Localised radiotherapy can improve pain control in MPM, although the effect is variable and is short lived. Level 3.

Radiation dose fractionation utilised in studies of localised radiotherapy for pain control in MPM are variable. The optimal dose is not known. Level 3.

Recommendations

- ▶ Do not offer hemithorax radiotherapy for MPM. Grade D.
- ▶ Consider palliative radiotherapy for localised pain in MPM where the pain distribution matches areas of underlying disease. Grade D.

Research recommendation

Further prospective randomised clinical trials are required to determine the role of radiotherapy for symptom control in MPM and the optimal dose fractionation.

SECTION 13: SYMPTOM CONTROL

Review of the literature revealed that there are no randomised controlled studies of symptom control in patients with MPM only.

There is one published case series of 53 patients with pain from MPM managed with cervical cordotomy.¹⁵⁹ This was a retrospective case note review and although the majority of patients appeared to have a reduction in pain following the procedure, this study is subject to considerable selection and recall bias.

Evidence statement

There are no studies of symptom control that specifically relate to MPM.

Good practice point

- ✓ Symptoms in MPM should be managed as per current guidelines for cancer in general ([table 18](#)) and early involvement of palliative care specialists is recommended.

Table 17 Summary of studies exploring localised hemithorax irradiation

Study	Type of study	Patients	Dose; number of fractions (#)	Pain improvement %	Duration of response
Macleod ¹⁵³	Prospective phase II No control	40	20 Gy; 5#	47	5 weeks
Davis ¹⁵⁴	Retrospective	111	<20 Gy* >40 Gy*	60 57	No data
Graaf-Strukowska ¹⁵⁵	Retrospective	189	<4 Gy; 1# 36 Gy; 9#	40 50	98 days 69 days
Jenkins ¹⁵⁶	Retrospective	54	36 Gy; 12#	57	2 weeks

* Fractionation not specified.

Table 18 Summary of current cancer-related symptom management guidelines in relation to common symptoms seen in MPM

Symptom	Management	Reference literature
Breathlessness	Pleural fluid control	See 'Pleural fluid management' section
	Sustained release morphine	234 235
	Breathing control and use of fans	236–239
Pain	Opioids	240 241
	Amitriptyline, duloxetine, gabapentin or pregabalin for neuropathic pain	242 243
	Radiotherapy for refractory localised pain	See 'Radiotherapy' section
Fatigue	Aerobic exercise	244
Anorexia	Megestrol acetate	245

SECTION 14: CARE AND MANAGEMENT

Care in multidisciplinary teams

Multidisciplinary team (MDT) meetings are an established feature in cancer services. Widespread adoption and development, despite very little supporting evidence, has been seen across all tumour types over the last two decades. There is a suggestion that MDT working improves recruitment to clinical trials¹⁶⁰ and that patients find MDT working reassuring and improves their experience of care.^{161 162}

To support the development of MDTs, the National Cancer Action Team published Guidelines on Characteristics of an Effective MDT (NCAT 2010), although given the mesothelioma incidence the option of virtual MDT working should be considered.¹⁶³ NHS England has outlined their commissioning expectations for mesothelioma and recommended the establishment of specialist mesothelioma MDTs which should manage a minimum of 25 patients per year (NHS England 2013).

Bibby *et al*¹⁶⁴ recently published a retrospective evaluation of their specialist regional mesothelioma MDT based on the south-west of England.¹⁶⁴ Of the 210 cases that were reviewed by the specialist MDT, 10% had their diagnoses overturned and 20% were enrolled into a clinical trial.

Evidence statement

Specialist MPM multidisciplinary meetings may improve diagnostic accuracy and recruitment to clinical trials. Evidence Level 3.

Recommendation

- ▶ Consider referring MPM cases to a regional mesothelioma MDT. Grade D.

Good practice points

- ✓ All mesothelioma cases should be discussed in a timely fashion by a MDT that reviews a sufficient number of cases to maintain expertise and competence in the diagnosis and treatment of MPM.
- ✓ The MDT membership should fulfil the requirements set by national cancer peer review (to include a named clinical nurse specialist for MPM).
- ✓ The MDT should maintain an up-to-date portfolio of mesothelioma trials and offer recruitment to all eligible patients.

Information needs of patients

Patients undergoing investigation and treatment for mesothelioma may have unmet psychosocial and information needs. A clear understanding is essential for patients and their carers to make informed choices about the options for management. They may need professional support when interpreting information. The NICE guideline on the management of lung cancer (CG121) made detailed recommendations on the information and support needs of patients, some of which will be applicable to MPM.¹⁶⁵ The National Lung Cancer Forum for Nurses has emphasised the key role of the lung clinical nurse specialist in providing information and support to patients and has produced specific guidance for managing patients with mesothelioma <https://www.nlcnf.org.uk/>. There are 14 mesothelioma-specific clinical nurse specialists in the UK.

Evidence review

The search revealed 13 abstracts potentially relevant to this question. Eight studies were of sufficient quality and relevance

to be included in the review, of which 4 included fewer than 30 patients; therefore, the volume of evidence is limited. The studies can be grouped in those assessing emotional support, compensation and intervention.

Emotional support

Granieri *et al*¹⁶⁶ collected quality of life data from 27 patients with MPM, 55 relatives and 40 healthy controls in Italy.¹⁶⁶ Patients with MPM had a greater belief that goals could not be reached or problems solved, while often claiming that they were more indecisive than the healthy controls. First-degree relatives reported lower opinions of others, a greater belief that goals cannot be reached or problems solved, support for the notion that they are indecisive and were more likely to suffer from fear that significantly inhibited normal activities than were healthy controls. Arber and Spencer¹⁶⁷ interviewed 10 patients with MPM from two hospitals in the South of England.¹⁶⁷ All participants reported high levels of uncertainty and feelings of a lack of control leading to psychosocial distress since receiving their diagnosis. All the participants found it difficult to cope with their diagnosis because of all the negative information and 'bad news' around MPM, and this led to feelings of despair. Clayson *et al*¹⁶⁸ interviewed 15 patients in the North of England.¹⁶⁸ Four main themes emerged: coping with symptoms, the burden of medical interventions, finding out about mesothelioma and psychosocial issues. Dyspnoea was the most common symptom and the unpredictability and often speed of onset caused great distress. All patients acknowledged asbestos as the cause of their disease.

A systematic literature review¹⁶⁹ comparing psychological care needs of patients with mesothelioma and those with advanced lung cancer found similarities between the two populations but recommend developing separate assessment and care pathways so that distinct differences (hopelessness, legal and financial matters, attribution of blame) can be addressed.

Intervention

Moore *et al*¹⁷⁰ evaluated a hospital-based mesothelioma support group in London. Six responses were received from 21 attendees.¹⁷⁰ All of those that responded found the group useful in terms of sharing experiences and gaining information.

Compensation

Chamming's *et al*¹⁷¹ performed a linked database study in 2407 patients in France and determined that 30% of patients with MPM did not claim occupational disease compensation.¹⁷¹ Claims were lower in older patients, women and white collar workers. A similar study by Cree *et al*¹⁷² of 568 patients with MPM in Canada demonstrated that only 42% filed a claim.¹⁷² A retrospective case note review¹⁷³ performed in North America identified 16 patients with mesothelioma treated at three Department of Veteran Affairs hospitals of whom only one had documented advice on compensation.¹⁷³

Every serious illness creates extra costs for patients and their families and mesothelioma is no exception. Mesothelioma is usually caused by exposure to asbestos. The industrial nature of mesothelioma means patients often have complex benefit and compensation claims.

There are two main ways to get additional financial support when someone is diagnosed with mesothelioma in the UK:

- A. State benefits;
- B. Pursuing a civil compensation claim.

For all civil claims, there is a 3-year time limit from the first date the patient became aware that there is evidence of a compensable asbestos-related disease.

State benefits

The Department for Work and Pensions recognises the seriousness of mesothelioma and does not normally require a medical examination. Patients under the age of 65 years are eligible for the personal independent payment (PIP) and attendance allowance, if the patient is >65 years. PIP provides financial assistance for patients who need help with daily living including personal care and mobility. For patients who have been given a terminal diagnosis they can claim under the Special Rules meaning they will be given priority in the claim being dealt with. Under the Special Rules, patients can receive the allowance at the highest rate. An award of these benefits does not affect an individual's right to apply for other means tested benefits.

Industrial injuries disablement benefit

This is a non-means tested allowance which patients can claim if on the balance of probability they were exposed to asbestos at work. It is not necessary for a person to have worked directly with asbestos to get this benefit. This benefit is paid via direct debit weekly, fortnightly or every 13 weeks. An award of industrial injuries disablement benefit will be treated as income and may affect other means tested benefits.

Pneumoconiosis (Workers Compensation) Act 1979

This government scheme is designed to compensate those patients exposed to asbestos through work. A lump sum payment under the Pneumoconiosis (Workers Compensation) Act 1979 (PWCA) can be applied for if on the balance of probability the asbestos exposure occurred during their time at work.

Diffuse mesothelioma scheme 2008

If patients are unable to make a claim under the PWCA, and are not entitled to compensation from an MOD (Ministry of Defence) scheme, a one-off lump sum can be applied for. This is suitable where exposure is from a secondary source, exposure was in the environment, for those who were self-employed or where exposure cannot be specified but occurred in the UK. The lump sum is assessed by the patient's age.

A claim can be made for the lump sum by the deceased's widow or widower, a child aged under 16 years, a partner who was living with the patient with mesothelioma at the time of death or any other relatives who were financially dependent on the patient at the time of death. The amount paid in posthumous claims is lower than in lifetime benefits.

War disablement pension

If a patient was exposed during their service in the armed forces prior to 1987, they are not able to make a claim from their employer because the crown has immunity. A claim can however be made from the Service Personnel and Veterans Agency. All veterans can make a choice between receiving a traditional war pension or a lump sum regardless of age at diagnosis.

Civil claim against a previous employer

If on the balance of probability exposure to asbestos was from an employer or a previous employer, a civil claim can be pursued via a specialist solicitor who deals with asbestos claims. Claims are often made through the insurers of the company by establishing an employer's negligence or breach of statutory

duty to protect the worker from the effects of asbestos dust and fibres. If a company or an insurer cannot be found, an application to The 2014 Diffuse Mesothelioma Payment scheme can be made.

As part of a civil claim, the solicitor may be able to recover costs such as pain and suffering or hospice care. All cases are fast tracked with an aim that patients can receive compensation in their lifetime. The vast majority of cases are settled without going to court. Careful discussion from a specialist solicitor with the patient and family is required because some claims are worth more if the patient has died.

Evidence statement

Patients with MPM and their relatives have reduced quality of life compared with healthy controls. Level 2+.

A diagnosis of MPM causes high levels of psychosocial distress. Level qualitative.

Documentation of compensation advice and subsequent claims are variable. Level 3.

Recommendations

- ▶ Offer accurate and understandable information to patients and carers about compensation for MPM. Grade D.
- ▶ Offer patients with MPM and their carers the opportunity to discuss concerns regarding their disease. Grade D.

Follow-up strategies

The literature search did not reveal any evidence pertaining to who and how patients with MPM should be followed up. The search identified 12 papers that were thought to be relevant to the imaging component of this question. Following review of the 12 abstracts, 9 papers¹⁷⁴⁻¹⁸² were fully critiqued to answer the question regarding the best form of imaging when following up patients with MPM.

None of the papers reviewed was from the UK, but a large number were from within the European region. The rest from Australia, the USA and Turkey. Given the patient populations are generally similar, this evidence is broadly applicable to the UK population. Most of the studies are from the pre-pemetrexed cisplatin chemotherapy era but for the purpose of answering the specific question here about follow-up, the results are generally acceptable.

The papers reviewed were consistent in their findings that a bidimensional method of assessing tumour volume is inadequate in MPM.¹⁸² A number of the studies compared Response Evaluation Criteria In Solid Tumours (RECIST) with mRECIST CT criteria. Modified RECIST, despite having its limitations, remains the best method of assessing tumour response when followed up over a period of time.^{174 183}

One study demonstrated using mRECIST criteria in MRI can be better at soft tissue/tumour delineation and pleural effusion identification, when compared with mRECIST criteria in CT.¹⁸⁴

Three studies explored the role of volumetric assessment (using Cavalieri principle) of the tumour on CT.^{146 177 178} No significant intraclass or interobserver variability noted, but this method is a time consuming and onerous way of measuring tumour in MPM therefore limiting its clinical utility.

Evidence statements

CT scanning using modified response evaluation criteria in solid tumours (RECIST) for interpretation gives the best assessment of tumour response to chemotherapy. Level 3.

Recommendation

- ▶ In patients with MPM where accurate determination of radiological progression is required, consider CT with mRECIST measurement. Grade D.

Good practice point

- ✓ A personalised care approach should be considered for each patient.

Patients should be offered 3–4 monthly follow-up appointments with an oncologist, respiratory physician or specialist nurse according to their current treatment plan. If patients wish to be seen less frequently, offer regular telephone follow-up with specialist nurse with an option to attend clinic in the event of clinical deterioration.

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APPENDIX 1: LIST OF GUIDELINE GROUP MEMBERS

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Dr Ian Woolhouse, Respiratory Physician, Birmingham. Representing the Royal College of Physicians.
Dr Lesley Bishop, Respiratory Physician, Portsmouth.
Ms Liz Darlison, Respiratory Nurse Specialist, Leicester.
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Mr John Edwards, Thoracic Surgeon, Sheffield. Representing the Society of Cardiothoracic Surgeons and the British Thoracic Oncology Group.
Professor Corinne Faivre-Finn, Oncologist, Leicester. Representing the Royal College of Radiologists.
Professor Dean A Fennell, Oncologist, Leicester. Representing the Association of Cancer Physicians.
Dr Steve Holmes, General Practitioner. Representing Primary Care Respiratory Society UK.
Professor Keith Kerr, Histopathologist, Aberdeen. Representing Royal College of Pathologists.
Mr Apostolos Nakas, Thoracic Surgeon, Leicester. Representing Society of Cardiothoracic Surgeons.
Dr Tim Peel, Palliative and Respiratory Physician. Representing the Association for Palliative Medicine.
Professor Najib Rahman, Respiratory Physician, Oxford.
Dr Mark Slade, Respiratory Physician, Cambridge.
Dr Jeremy Steele, Oncologist, London. Representing the Association of Cancer Physicians.
Dr Selina Tsim, Specialty Trainee, Glasgow.

Contributors:

The lay representatives on the group were Dr Graham Abbott, Mr Paul Astle and Mr John Gillies.
Additional nursing contributors to the Guideline Development Group were Ms Sarah Smith (Mar 2015-Oct 2015) and Ms Gerry Slade (until Mar 2015).

APPENDIX 2: PROGNOSTIC SCORES

The EORTC Prognostic Score

The score is:

EPS = 0.55 (if WBC > 8.3 x 10⁹/L) + 0.6 (if PS = 1 or 2) + 0.52 (if histological diagnosis probable or possible) + 0.67 (if histology = sarcomatoid) + 0.6 (if male)

The patient has a good prognosis if EPS ≤ 1.27 and a poor prognosis if EPS > 1.27.

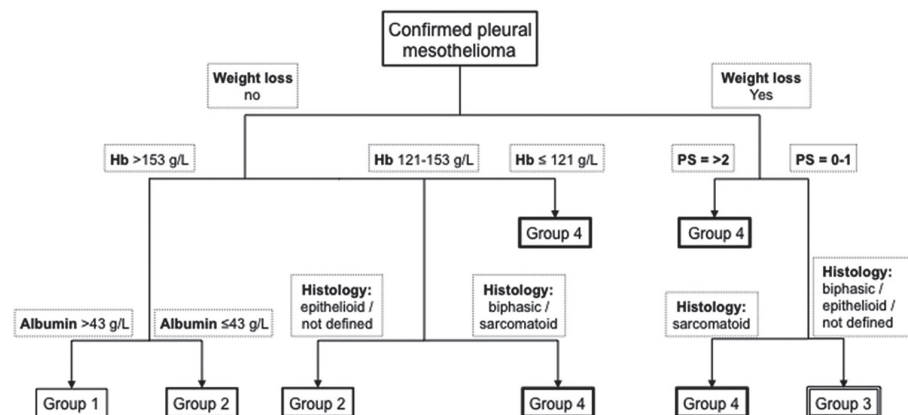
The Neutrophil-to-Lymphocyte ratio (NLR)

Table 4. Published multivariate analyses of neutrophil-to-lymphocyte ratio in malignant mesothelioma					
	Kao <i>et al</i> (2010)	Kao <i>et al</i> (2011)	Pinato <i>et al</i> (2012)	Kao <i>et al</i> (2013)	Meniawy <i>et al</i> (this study)
Total no. of study patients	173	85	171	148	274
No. in multivariate model	NR	NR	NR	130	274
No. with NLR available	168 (97%)	84 (99%)	159 (94%)	79 (53%)	274 (100%)
Treatments received	Chemotherapy First line (69%) Second line (31%)	Extrapleural pneumonectomy (EPP)	Chemotherapy (41%) Supportive Care (42%) Unknown (17%)	Chemotherapy (53%) Radiotherapy (34%) EPP (5%)	Chemotherapy (62%) Supportive Care (38%) EPP (1%)
Median baseline NLR	NR	3	NR	3.5	3.5
Cutoff used in analysis	< 5 vs ≥ 5	< 3 vs ≥ 3	< 5 vs ≥ 5	< 3 vs ≥ 3	< 5 vs ≥ 5
Prognostic variables entered into final multivariate model					
Age		NS		NS	+
Gender	NS	NS	NS	NS	NS
Nonepithelioid histology	+	NS	NS	+	+
Sarcomatous histology					+
Stage				+	NS
Performance status			NS		+
Weight loss					+
Chest pain					+
Hb level				+	NS
White cell count	NS		NS	NS	NS
Platelet count	NS			NS	+
Baseline NLR	+	+	+	+	NS
Calretinin score		+			
mGPS			+		
Albumin, EPS, CRP, PLR			NS		
Treatments received	NS			+	

Abbreviations: CRP = C-reactive protein; EPS = European organisation for the research and treatment of cancer prognostic score; Hb = haemoglobin; mGPS = modified Glasgow Prognostic Score; NLR = neutrophil-to-lymphocyte ratio; NR = not reported; NS = nonsignificant; PLR = platelet-to-lymphocyte ratio; + = significant (P < 0.05).

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PROGNOSTIC MODEL USING DECISION TREE ANALYSIS



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The LENT scoring system

Mnemonic	Variable	Score
L	Pleural fluid LDH (IU/L)	
	<1500	0
	>1500	1
E	ECOG Performance Status	
	0	0
	1	1
	2	2
N	3-4	3
	NLR	
	<9	0
T	>9	1
	Tumour type	
	Low risk (mesothelioma, haematological malignancy)	0
	Moderate risk (breast, renal, gynaecological cancer)	1
	High risk (lung cancer, other tumour types)	2

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