

## Online supplement

**Table S1.** Details for the 9 clinical studies included

| Short name                      | ADISAS  | AGIRSAS<br>ADOM                      | BPCO                           | BPCO-SAS  | DIAMETASA<br>S                   | Aortic<br>Dissection   | INFRASAS                               | VALSAS                               | NIV-OHS  |
|---------------------------------|---|--------------------------------------|--------------------------------|---|----------------------------------|--|--|--------------------------------------|--|
| Clinical trial number           | NCT01196845                                       | NCT01090297                          | NCT00404430                    | NCT01195064   | NA                               | NCT01068691  | NCT01089257                            | NCT00409487                          | NCT00603096                                    |
| Ethics committee* approval date | 07/10/2009  | 29/07/2009                           | 10/01/2007                     | 16/10/2009  | 02/08/2006                       | 06/02/2008   | 04/07/2007                             | 07/06/2006                           | 10/05/2006                                     |
| Design                          | RCT   | RCT                                  | Observational study            | Observational study   | RCT                              | RCT  | Observational study                    | RCT                                  | RCT  |
| Primary outcome                 | Inflammation in adipose tissue                    | Clinical blood pressure              | Peripheral arterial tone       | Peripheral arterial tone  | Flow-deviated vasodilatation     | Ambulatory blood pressure monitoring   | Anatomic and functional vascular study | Ambulatory blood pressure monitoring | Diurnal PaCO <sub>2</sub>                      |
| Key eligibility criteria        | OSA patients obese or not who need CPAP treatment | OSA patients who need CPAP treatment | Patients with exacerbated COPD | Patient suspected for OSA or BPCO with planned coronary artery bypass graft surgery or vascular surgery | Patients with metabolic syndrome | Patients suspected for OSA or BPCO and surgically treated for type A acute aortic syndrome | Patients suspected for OSA             | OSA patients with hypertension       | Patients with obesity-hypoventilation syndrome |
| Referral base                   | 24  | 322                                  | 102                            | 58  | 37                               | 156  | 95                                     | 28                                   | 160  |
| Publications (reference)        |   | 1                                    | 2 to 5                         | 5   |                                  | 6  | 7                                      | 8                                    | 9,10   |

\* Ethics committee: Comité de Protection des Personnes- Sud Est V IRB0006705  
 NA, not applicable since confidential trial; RCT, randomized controlled trial

**Table S2.** Patients' characteristics for the 9 clinical studies included

| Short name                          | ADISAS       | AGIRASAS<br>ADOM | BPCO         | BPCO-SAS     | DIAMETASAS  | Aortic<br>dissection | INFRASAS     | VALSAS       | NIV-OHS      |
|-------------------------------------|--------------|------------------|--------------|--------------|-------------|----------------------|--------------|--------------|--------------|
| Number of patients*                 | 22           | 313              | 99           | 53           | 34          | 131                  | 90           | 28           | 123          |
| Male (n (%))                        | 22 (100)     | 221 (70.6)       | 81 (81.8)    | 43 (86)      | 18 (52.9)   | 113 (86.3)           | 74 (82.2)    | 22 (78.6)    | 50 (40.7)    |
| Age (yrs)                           | 54.4 (8.1)   | 57.4 (11.1)      | 63.7 (8.5)   | 62.7 (9.1)   | 59.4 (6.9)  | 49.1 (10.3)          | 52 (10.7)    | 56.4 (8.5)   | 53.2 (12.7)  |
| BMI (kg/m <sup>2</sup> )            | 31.2 (8.2)   | 31 (6.6)         | 25.4 (4.7)   | 26.3 (4)     | 29.5 (3.4)  | 26.6 (3.3)           | 25.2 (2.8)   | 28.9 (4.9)   | 39.3 (5.5)   |
| Normal (n (%))                      | 5 (22.7)     | 41 (13.1)        | 60 (60.6)    | 23 (43.4)    | 1 (2.9)     | 40 (30.5)            | 40 (44.4)    | 5 (17.9)     | -            |
| Overweight (n (%))                  | 6 (27.3)     | 117 (37.4)       | 44 (44.4)    | 22 (41.5)    | 18 (52.9)   | 77 (58.8)            | 49 (54.4)    | 14 (50)      | 2 (1.6)      |
| Obese (n (%))                       | 5 (22.7)     | 86 (27.5)        | 40 (40.4)    | 6 (11.3)     | 12 (35.3)   | 12 (9.2)             | 1 (1.1)      | 5 (17.9)     | 24 (19.5)    |
| Severely obese (n (%))              | 4 (18.2)     | 44 (14.1)        | 12 (12.1)    | 2 (3.8)      | 3 (8.8)     | 1 (0.8)              | -            | 4 (14.3)     | 45 (36.6)    |
| Morbidly obese (n (%))              | 2 (9.1)      | 25 (8)           | 3 (3)        | -            | -           | 1 (0.8)              | -            | -            | 52 (42.3)    |
| Hypertension (n (%))                | 12 (54.5)    | 268 (85.6)       | 45 (45.5)    | 45 (84.9)    | 32 (94.1)   | 111 (84.7)           | 62 (68.9)    | 28 (100)     | 76 (61.8)    |
| Diabetes (n (%))                    | 6 (27.3)     | 175 (55.9)       | 37 (37.4)    | 29 (54.7)    | 24 (70.6)   | 24 (18.3)            | 15 (16.7)    | 12 (42.9)    | 71 (57.7)    |
| Dyslipidemia (n (%))                | 18 (81.8)    | 207 (66.1)       | 56 (.)       | 48 (90.6)    | 29 (85.3)   | 81 (61.8)            | 42 (46.7)    | 15 (53.6)    | 74 (60.2)    |
| OSA (n (%))                         | 17 (100)     | 304 (97.1)       | 28 (65.1)    | 27 (56.3)    | 20 (58.8)   | 131 (100)            | 56 (62.2)    | 23 (82.1)    | 77 (68.8)    |
| SBP (mmHg)                          | 130.1 ± 11.3 | 134 ± 14.1       | 136.8 ± 16.8 | 132.9 ± 16.2 | 147 ± 17.3  | 131.6 ± 16.5         | 121.1 ± 13.8 | 153.2 ± 14.8 | 130.3 ± 16.9 |
| DBP (mmHg)                          | 79.7 ± 9.4   | 82.5 ± 9         | 77 ± 9.8     | 71.7 ± 11.6  | 89.6 ± 14   | 86.2 ± 10.1          | 74.7 ± 11.3  | 100.2 ± 11.4 | 73.8 ± 12.1) |
| HR (bpm)                            | 64.8 ± 13    | 75.5 ± 10.7      | 68.8 ± 13.2  | 65.7 ± 11.2  | 66.9 ± 12.2 | 64.4 ± 9.8           | 58.2 ± 8.3   | 68.9 ± 12.6  | -            |
| PWV (m/s)                           | 10.2 ± 1.6   | 10.7 ± 2.2       | 12 ± 2.4     | 11.6 ± 2.7   | 10.4 ± 1.4  | 9.1 ± 1.5            | 9.6 ± 1.6    | 10.5 ± 2.3   | 9.7 ± 2.4    |
| AHI (events/h)                      | 44.9 ± 21.2  | 42.8 ± 21        | 30.1 ± 30.4  | 24.7 ± 23.6  | 22.2 ± 22.3 | 40.6 ± 16            | 23.8 ± 19.6  | 30.9 ± 17.8  | 38.3 ± 33.4  |
| Mean nocturnal SaO <sub>2</sub> (%) | 92.7 ± 2.4   | 92.9 ± 2.9       | 91.7 ± 2.1   | 93.1 ± 2     | 92.9 ± 1.8  | 93.4 ± 2             | 94.1 ± 1.9   | 93.3 ± 2.3   | 92 ± 3.6     |
| SaO <sub>2</sub> < 90% (%)          | 7 ± 13.7     | 13.2 ± 19.5      | 14.8 ± 21.7  | 7.2 ± 14.4   | 4.3 ± 5.4   | 6.2 ± 12.8           | 4.2 ± 10.3   | 11 ± 22.4    | 16.8 ± 23.3  |
| ESS score                           | 10.3 ± 5.3   | 10 ± 5.3         | -            | 5.6 ± 3.7    | 7.7 ± 5.2   | 10 ± 5.3             | 8.9 ± 5.1    | 9.9 ± 4      | 10.1 ± 4.8   |

Results are expressed as mean  $\pm$  SD or n (%). The percentages correspond to patients with missing data before imputation. \*Number of patients from the referral base (Table S1) after exclusion of patients without PWV data.

AHI, apnea-hypopnea index; BMI, body mass index; DBP, diastolic blood pressure; ESS, Epworth Sleepiness Scale; SaO<sub>2</sub>, oxygen saturation; HR, heart rate; PWV, Pulse wave velocity; SaO<sub>2</sub> < 90%, percentage of recording time spent at a SaO<sub>2</sub> < 90%; SBP, systolic blood pressure.

### **Statistical complement about the data imputation method used**

Missing values were imputed using a multiple imputation method when the proportion of missing values was < 20%. Five datasets were generated using logistic regression for qualitative variables or linear regression for quantitative variables, considering that missing values were random. Two regression models were used to impute missing data: a logistic regression model for qualitative (binary) variables and a linear regression method for quantitative variables. To confirm the imputation strategy, a sensitivity analysis was performed by comparing the results based on complete cases and multiple imputation. This comparison showed no difference. Categorical variables were first imputed using a continuous model and then the imputed values were categorized using the same threshold in each dataset. The initial study was introduced as a fixed effect in all regressions models. After imputation, the results of the five dataset were combined using the MI ANALYZE procedure from SAS, which corresponded to the Rubin's rules.

**Table S3.** Patients' characteristics for the whole population

|  | <b>Initial dataset<br/>N = 893</b> | <b>Missing<br/>N (%)</b> | <b>Imputed dataset<br/>N = 4465</b> |
|--|------------------------------------|--------------------------|-------------------------------------|
| Male (n (%))                                 | 644 (72)                           | 3 (0.3)                  | 3232 (72)                           |
| Age (yrs)                                    | 56 ± 11                            | 1 (0.1)                  | 56 ± 11                             |
| BMI (kg/m <sup>2</sup> )                     | 29.9 ± 6.9                         | 0 (0)                    | 29.9 ± 6.9                          |
| Normal (n (%))                               | 199 (22)                           |                          | 995 (22)                            |
| Overweight (n (%))                           | 345 (39)                           |                          | 1725 (39)                           |
| Obese (n (%))                                | 163 (18)                           |                          | 815 (18)                            |
| Severely obese (n (%))                       | 106 (12)                           |                          | 530 (12)                            |
| Morbidly obese (n (%))                       | 80 (9)                             |                          | 400 (9)                             |
| Hypertension (n (%))                         | 694 (78)                           | 48 (5.4)                 | 3470 (78)                           |
| Type 2 diabetes (n (%))                      | 401 (45)                           | 0                        | 2005 (45)                           |
| Dyslipidaemia (n (%))                        | 551 (62)                           | 109 (12.2)               | 2755 (62)                           |
| OSA (n (%))                                  | 683 (84)                           | 77 (8.6)                 | 3691 (83)                           |
| SBP (mmHg)                                   | 133 ± 17                           | 47 (5.3)                 | 133 ± 17                            |
| DBP (mmHg)                                   | 81 ± 12                            | 46 (5.2)                 | 81 ± 12                             |
| HR (bpm)                                     | 69 ± 12                            | 167 (18.7)               | 70 ± 13                             |
| PWV (m/s)                                    | 10.4 ± 2.3                         | 0 (0)                    | 10.4 ± 2.3                          |
| AHI (events/h)                               | 36.8 ± 24.1                        | 77 (8.6)                 | 36.1 ± 23.9                         |
| Mean nocturnal SaO <sub>2</sub> (%)          | 92.9 ± 2.7                         | 86 (9.6)                 | 92.8 ± 2.7                          |
| SaO <sub>2</sub> < 90% (% of recording time) | 10.8 ± 18.3                        | 94 (10.5)                | 10.7 ± 18.0                         |
| ESS score                                    | 9.5 ± 5.2                          | 162 (18.1)               | 9.4 ± 5.1                           |

Results are expressed as mean ± SD or n (%). Percentages of initial data set correspond to patients with missing data before imputation.

AHI, apnoea-hypopnea index; BMI, body mass index; DBP, diastolic blood pressure; ESS, Epworth Sleepiness Scale; SaO<sub>2</sub>, oxygen saturation; HR, heart rate; PWV, Pulse wave velocity; SaO<sub>2</sub> < 90%, percentage of recording time spent at a SaO<sub>2</sub> < 90%; SBP, systolic blood pressure. All comparisons between initial and imputed datasets were not significant.

### **Statistical complement about the two-step meta-analysis performed**

A two-step individual patient data (IPD) meta-analysis was first performed to assess the heterogeneity between studies. The first step consisted of aggregating the individual data and the second step used a DerSimonian and Laird random effects meta-analysis model. The heterogeneity between studies was measured using the I<sup>2</sup> inconsistency index, which provides an estimation of the variability due to the heterogeneity rather than chance. An I<sup>2</sup> index greater than 60% reflects high heterogeneity. Finally, the robustness of the results was assessed using sensitivity analysis by leaving out one study.

The two-step IPD meta-analysis showed that the test for heterogeneity was not significant (I<sup>2</sup>=44.7%, p=0.09), which means that only limited heterogeneity was observed across the 9 studies.

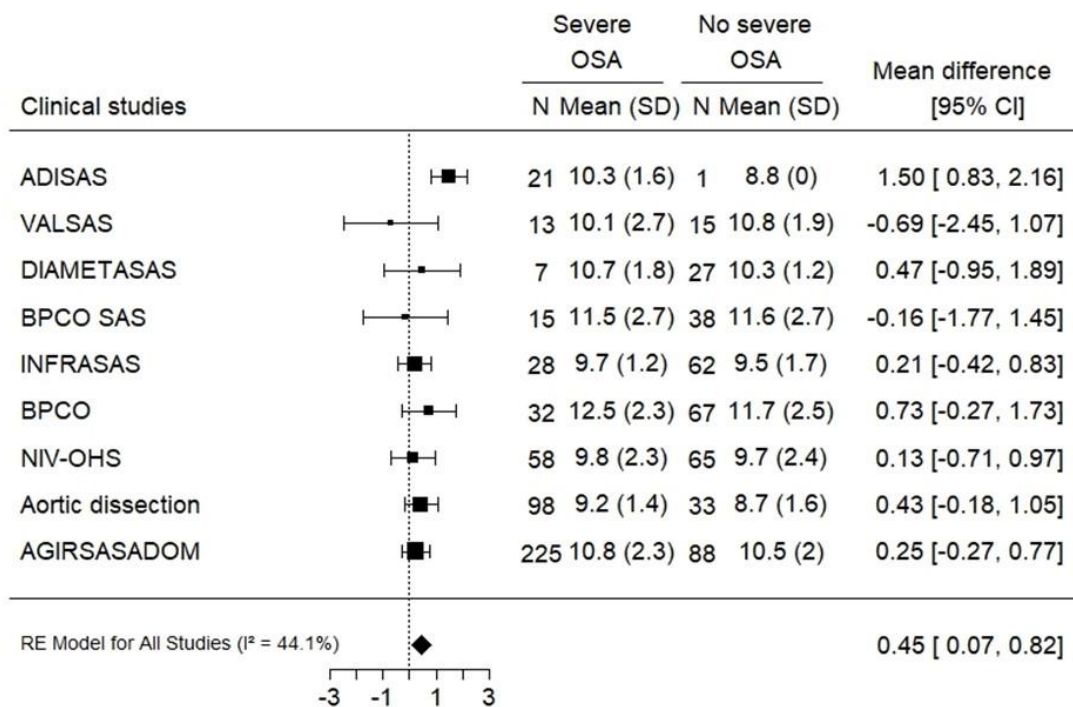
Finally, the result of the two-step meta-analysis showed a slight association between severe OSA and PWV (Figure S1). However, this result should be interpreted carefully because there was no adjustment on the different confounders. Moreover, the leave-one-out study we performed showed that the main heterogeneity was mainly due to one study (ADISAS) (Table S4) and by excluding this study the result was not significant. The observed trend was not significant after adjustment in the one-step meta-analysis.

**Table S4.** Result of the leave-one-out analysis

| <b>Study</b>      | <b>Estimate (SE)</b> | <b>P value</b> | <b>I<sup>2</sup></b> |
|-------------------|----------------------|----------------|----------------------|
| ADISAS            | 0.2761 (0.1443)      | 0.0557         | 0                    |
| AGIRSASADOM       | 0.4794 (0.2266)      | 0.0344         | 46.4611              |
| BPCO              | 0.4097 (0.2130)      | 0.0544         | 50.0736              |
| BPCO SAS          | 0.4739 (0.1993)      | 0.0174         | 47.689               |
| DIAMETASAS        | 0.4405 (0.2053)      | 0.0319         | 49.7725              |
| Aortic dissection | 0.4380 (0.2285)      | 0.0553         | 50.0152              |
| INFRASAS          | 0.4827 (0.2213)      | 0.0292         | 47.2912              |
| VALSAS            | 0.4923 (0.1939)      | 0.0111         | 45.4131              |
| NIV-OHS           | 0.4838 (0.2129)      | 0.023          | 47.9618              |

The leave-one-out verifies the robustness of the results by leaving out one study at a time.

**Figure S1.** Forest plot of the influence of the OSA severity on PWV



## References

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