

respiratory health and risk factors. Appropriate investigations and respiratory plans were initiated.

Results 72/87 children identified by school nurses were assessed. 49 M:23 F. 47 (65%) had cerebral palsy. 9 (13%) patients had respiratory admissions to hospital in the previous year, 3 (4%) to PICU. 44 (61%) had <2 courses of antibiotics for respiratory infections in the last year, 15 (20%) 2–3 courses and 13 (18%) ≥ 4 courses. 2 children were on home oxygen, 1 on NIV and 1 had a tracheostomy. 7 (10%) had established respiratory follow up. 21 (29%) patients had concerns about safety of swallow and 14 of these were orally fed. 14 (19%) had persistent symptoms of GORD. 27 (38%) had clinical signs or history of upper airway obstruction and 6 (8%) had abnormal oximetry. 27(%) had scoliosis which was severe in 4 (6%). All 9 patients with previous admissions had risk factors. 8 of 9 had multiple risk factors. 7 had swallowing concerns, 8 UAO and 1 GORD. All had ≥ 2 courses antibiotics in the previous year. No children with <2 courses of antibiotics were admitted. Only 4/17 children with significant respiratory morbidity (admission and/or ≥ 4 courses antibiotics) had a prior respiratory review.

Conclusions Although many children with severe neurological impairment did not have frequent respiratory infections or admissions, those with significant respiratory morbidity were predictable. They had multiple courses of antibiotics, admissions to hospital and significant risk factors. Many children had underlying risk factors which had not been addressed. We propose that a simple screening tool to identify children at risk and review risk factors for respiratory morbidity has the potential to improve the quality of life for this vulnerable group.

P84

LONGER TERM TOLERABILITY OF NEBULISED HYPERTONIC SALINE IN CHILDREN WITH RESPIRATORY DISEASE

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Introduction Ultrasonically nebulised hypertonic saline (HS) is used to obtain microbiology samples from children with respiratory disease and is generally well tolerated [Pediatr Pulmonology 2016;51:778–86]. Evidence for long term use is poor.

Hypothesis Despite an initial successful trial, HS would be discontinued at follow-up due to treatment burden.

Aims Report the Results of initial nebulised HS trial; determine reported HS use in the longer term.

Methods We determined prevalence of bronchoconstriction ($\geq 15\%$ drop in FEV₁ \pm symptoms) in children who had a first dose (Drug Reaction Assessment (DRA)) of 3.5 or 7% HS from April 2011-March 2016, and one year later identified if use was ongoing, or reasons for stopping.

Results 88 DRAs were conducted in patients (45 male) age 5 months-16 years (median 8 years, 6 months). Main groups were Cystic Fibrosis (30%); Primary Ciliary Dyskinesia (30%), bronchiectasis (15%), asthma (5%); miscellaneous (22%). Spirometry was used in 70% of tests; FEV₁ was 0.61 l – 3.89 l (45%–106% pred). 26 patients could not perform spirometry. 7/78 (9%) tests with 7% HS failed due to intolerance or $\geq 15\%$ decrease in FEV₁ despite bronchodilator; failure was unpredictable. All 3.5% HS tests were successful. 31% of tests included a pre-test bronchodilator; 21% who passed used a post-test bronchodilator. 11/12

patients whose FEV₁ was <70% pred safely completed the trial. Of those who passed, 5 were lost to follow up. 67% reported still using HS 1 year later (see table). Reasons for stopping were not always recorded although tolerability was the commonest cited reason.

Conclusions HS testing in children with different underlying pathologies is safe even in those with pre-existing airflow obstruction. Many still used HS after a year, but strategies to improve adherence are needed.

Abstract P84 Table 1 Outcomes of 3.5% and 7% HS drug reaction assessments

Pathology	Still using at 1 year	Stopped using by 1 year	Unknown/lost to f/up	DRA failure	Total
CF	16	8	0	2	26
PCD	22	3	0	2	27
Bronchiectasis	8	2	2	1	13
Asthma	1	2	0	1	4
Miscellaneous	12	2	3	1	18
Total	59	17	5	7	88

P85

PRESCHOOL WHEEZE: A ROLE FOR ANTIBIOTICS?

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Introduction Acute wheeze in pre-school children is a common paediatric presentation which is usually secondary to viral illness. One of the most common and challenging situations faced by the paediatrician is whether the child also requires empirical antibiotics to cover the risk of concurrent bacterial infection. Recent studies have suggested a role for antibiotics in the management of preschool wheeze in reducing duration of episodes.¹ However, antibiotics can increase microbial resistance and alter the host microbiome.

Objective To evaluate the role of antibiotics in reducing duration of episodes and readmission rates for wheeze in pre-school children.

Design Retrospective analysis of wheeze presentations in pre-school children requiring hospital admission over a one year period. Those children receiving antibiotics were compared to those who did not. Outcome measures included length of stay, number of oxygen days and long term readmission rates. Virology and chest radiograph data was also collected.

Results 673 cases of children (aged 1–5, 64% male) receiving inpatient management for wheeze were analysed. All patients received bronchodilators. Patients receiving antibiotics (n=64; 9.5%) were found to have a significantly increased length of inpatient stay and number of oxygen days ($p < 0.0001$; figure 1A & B) compared to children not receiving antibiotics (n=609; 90.5%). However, children in the antibiotic group were more likely to receive a chest radiograph (77% vs 11%, $p < 0.0001$); although formal radiographic appearance was often non-specific. Virus isolation did not predict wheeze readmission rates since patients with a negative sample at presentation accounting for 46% of overall readmissions. Furthermore, there was no statistical difference in wheeze readmission rates 6–12 months after initial presentation ($p = 0.94$) between the two groups (figure 1C).