

Androgen deprivation therapy for prostate cancer and the risk of hospitalisation for community-acquired pneumonia

Blánaid M Hicks,^{1,2} Hui Yin,¹ Franck Bladou,^{3,4} Pierre Ernst,^{1,5} Laurent Azoulay^{1,2,6}

► Additional material is published online only. To view please visit the journal online (<http://dx.doi.org/10.1136/thoraxjnl-2016-209512>).

¹Centre for Clinical Epidemiology, Lady Davis Institute, Jewish General Hospital, Montréal, Quebec, Canada

²Department of Epidemiology, Biostatistics and Occupational Health, McGill University, Montréal, Quebec, Canada

³Department of Urology, Jewish General Hospital, Montréal, Quebec, Canada

⁴Division of Urology, McGill University, Montréal, Quebec, Canada

⁵Department of Medicine, McGill University, Montréal, Quebec, Canada

⁶Gerald Bronfman Department of Oncology, McGill University, Montréal, Quebec, Canada

Correspondence to

Dr Laurent Azoulay, Center for Clinical Epidemiology, Lady Davis Institute, Jewish General Hospital, 3755 Côte Sainte-Catherine, H-425.1, Montreal, Quebec, Canada H3T 1E2; laurent.azoulay@mcgill.ca

Received 29 September 2016

Revised 8 November 2016

Accepted 14 November 2016

Published Online First

16 December 2016

ABSTRACT

Background Androgens have been shown to influence both the immune system and lung tissue, raising the hypothesis that androgen deprivation therapy (ADT) for prostate cancer may increase the risk of pneumonia. Thus, the aim of this study was to determine whether ADT is associated with an increased risk of hospitalisation for community-acquired pneumonia in patients with prostate cancer.

Methods This was a population-based cohort study using the United Kingdom Clinical Practice Research Datalink linked to the Hospital Episode Statistics repository. The cohort consisted of 20 310 men newly diagnosed with non-metastatic prostate cancer between 1 April 1998 and 31 March 2015. Time-dependent Cox proportional hazards models were used to estimate adjusted HRs and 95% CIs for hospitalisation for community-acquired pneumonia associated with current and past use of ADT compared with non-use.

Results During a mean follow-up of 4.3 years, there were 621 incident hospitalisations for community-acquired pneumonia (incidence rate: 7.2/1000 person-years). Current ADT use was associated with an 81% increased risk of hospitalisation for community-acquired pneumonia (12.1 vs 3.8 per 1000 person-years, respectively; HR 1.81, 95% CI 1.47 to 2.23). The association was observed within the first six months of use (HR 1.73, 95% CI 1.23 to 2.42) and remained elevated with increasing durations of use (≥ 25 months; HR 1.79, 95% CI 1.39 to 2.30). In contrast, past ADT use was not associated with an increased risk (HR 1.23, 95% CI 0.95 to 1.60).

Conclusions The use of ADT is associated with an increased risk of hospitalisation for community-acquired pneumonia in men with prostate cancer.

INTRODUCTION

Androgen deprivation therapy (ADT) is the mainstay treatment for patients with prostate cancer, of which the benefits on disease progression and survival for patients with high risk and metastatic disease have been known for many years.¹ However, recent years have seen an increase in the use of ADT across all stages of disease, including low-risk patients for whom the benefits are unclear.¹ In the UK, ADT may be used in different settings; as a neoadjuvant or adjuvant treatment (for at least 6 months up to 3 years) with radiation therapy or radical prostatectomy, in patients with intermediate and advanced disease, as well as in patients with high-risk localised disease.² In patients with

Key messages

What is the key question?

- Does androgen deprivation therapy for prostate cancer increase the risk of hospitalisation for community-acquired pneumonia?

What is the bottom line?

- The use of androgen deprivation therapy is associated with an increased risk of hospitalisation for community-acquired pneumonia; however, past use of androgen deprivation therapy is not associated with an increased risk.

Why read on?

- This study represents the most detailed assessment to date of this important adverse outcome, which is of particular concern among those with cancer for whom severe pneumonia can result in high mortality rates.

advanced and metastatic disease, ADT is typically continued indefinitely until evidence of treatment resistance.³ While the use of ADT has increased in recent decades, there is mounting evidence that this therapy may be associated with a number of adverse effects, such as loss of bone mineral density, metabolic syndrome and cardiovascular outcomes.⁴ There is also some evidence that ADT may have effects both on immune function and lung tissue, thus raising the possibility that its use may increase the risk of infections, such as pneumonia.^{5–7}

Androgens have been shown to play an important role on the immune system. Indeed, androgen receptors are expressed on a number of immunological cells,⁸ and androgens have been reported to increase neutrophil production.^{9–11} Furthermore, in mice, androgen depletion impaired the adaptive immune response, rendering mice more susceptible to microbial infection.^{12 13} It was also shown that androgen deprivation may influence the risk of lower respiratory tract infections via morphological and biochemical changes to cell membranes within the lung.^{6 7}

To date, only two observational studies have investigated the association between ADT and pneumonia, but reported conflicting findings.^{14 15} These studies had a number of methodological limitations, including potential misclassification of



► <http://dx.doi.org/10.1136/thoraxjnl-2016-209773>



To cite: Hicks BM, Yin H, Bladou F, et al. *Thorax* 2017;**72**:628–634.



hospital-acquired versus community-acquired pneumonia,^{14 15} limiting the analysis to one type of ADT,¹⁴ and immortal time bias leading to an underestimation of the association.^{14 15}

Community-acquired pneumonia is of particular concern in older adults,¹⁶ particularly among those with cancer for whom severe pneumonia can result in high mortality rates.¹⁷ Thus, the objective of this study was to determine whether the use of ADT is associated with an increased risk of hospitalisation for community-acquired pneumonia in patients with prostate cancer.

METHODS

Data sources

This study was conducted using the UK Clinical Practice Research Datalink (CPRD) linked to the Hospital Episode Statistics (HES) repository. The CPRD is a large computerised database of longitudinal patient records, comprising primary care records for >14 million patients from >700 general practices. The CPRD includes information on demographic characteristics, lifestyle data (such as smoking status and alcohol use), medical diagnoses and procedures (coded using the Read code classification¹⁸) and prescriptions written by general practitioners (coded according to the UK Prescription Pricing Authority Dictionary¹⁹). The data recorded in CPRD have been shown to be of high quality.^{20 21}

The HES repository contains all inpatient and day case admission information, including primary and secondary diagnoses (based on the International Classification of Disease codes (ICD-10 codes)) and related hospital-based procedures. The linkage of CPRD to HES is possible from April 1 1997 onwards and is limited to English general practices that have consented to the linkage scheme (currently representing 75% of all English practices).²²

Study cohort

We assembled a cohort of men, at least 40 years of age, who were newly diagnosed with prostate cancer between 1 April 1998 and 31 August 2015. Cohort entry was defined by the date of the first prostate cancer diagnosis. All patients were required to have at least one year of medical history in the CPRD. We excluded patients diagnosed with metastatic disease (defined as metastases to the bones, lymph nodes, viscera and other sites), as well as those with a history of ADT use (as this indicates inaccuracy in the recording of the prostate cancer diagnosis and removes prevalent ADT users). Additionally, all patients who received chemotherapy or radiation therapy in the year prior to cohort entry were excluded, as were those with prescriptions for anti-TB drugs (in the year before cohort entry) and those with a previous diagnosis of HIV. Finally, all patients hospitalised for any cause (with a length of stay ≥ 2 days) in the 30 days before cohort entry were excluded to ensure that early pneumonia events occurring after cohort entry were likely to be community-acquired pneumonia and not the result of a previous hospitalisation.

All patients were followed from cohort entry until a first hospitalisation for community-acquired pneumonia (defined below) or were censored upon a diagnosis for hospital-acquired pneumonia (defined below), receipt of chemotherapy, death from any cause, end of registration with the general practice or end of the study period (31 August 2015), whichever occurred first.

Exposure definition

Exposure to ADT included gonadotropin-releasing hormone (GnRH) agonists (leuprolide, buserelin, goserelin, triptorelin),

oral antiandrogens (cyproterone acetate, flutamide, bicalutamide, nilutamide), oestrogens (diethylstilbestrol, estramustine) and bilateral orchiectomy. A time-dependent exposure definition was used to classify each person-day of follow-up as exposed or unexposed to ADT. Based on this definition, ADT use was classified as either current use, past use or non-use. Current use was defined as use at the time of the event; past use was defined as use of ADT prior to but not at the time of the event; and non-use was defined as no use up until the time of the event. The latter category served as the reference category in all analyses. Due to the persistence of hypogonadism after treatment discontinuation,^{23 24} we considered a 180-day residual effect period for GnRH agonists and a 30-day period for oral antiandrogens and oestrogens. Therefore, patients were considered continuously exposed if the duration of one prescription plus the residual effect period overlapped with the date of the next prescription. Patients who underwent bilateral orchiectomy were considered continuously exposed from the date of surgery until the end of follow-up.

Outcome definition

A hospitalisation for community-acquired pneumonia was defined as a hospital admission preceded by an emergency department visit, with a primary (most responsible) diagnosis of pneumonia within the first two days of hospital admission (to minimise the inclusion of hospital-acquired pneumonia). The date of the hospital admission was considered the event date. Hospital-acquired pneumonia was considered as a pneumonia diagnosis >2 days after admission, as well as pneumonia diagnosed up to 7 days after a hospital discharge.

Potential confounders

All models were adjusted for the following potential confounders measured at cohort entry: age, year of cohort entry, body mass index (BMI), smoking status, alcohol-related disorders, pre-diagnostic prostate-specific antigen (PSA) levels (closest measurement before cohort entry) and seasonality (with high-risk season defined as 1 October to 31 March).^{25 26} The models also included previous cancer diagnoses (excluding non-melanoma skin cancers), COPD, asthma, bronchitis and bronchiectasis, in the year before cohort entry. Finally, the models were adjusted for pharmacological exposures measured in the year prior to cohort entry including immunosuppressive agents, inhaled bronchodilators, oral and inhaled corticosteroids, oral antibiotics, as well receipt of influenza and pneumococcal vaccinations.

Statistical analyses

Descriptive statistics were used to summarise the characteristics of the cohort. Crude incidence rates of hospitalisation for community-acquired pneumonia, with 95% CIs based on the Poisson distribution, were calculated for each exposure group. Time-dependent Cox proportional hazards models were used to estimate crude and adjusted HRs and 95% CIs of hospitalisation for community-acquired pneumonia associated with the current and past use of ADT compared with non-use. All models were adjusted for the potential confounders listed above.

Secondary analyses

We conducted two secondary analyses. First, we assessed whether there was a duration–response relationship between current use of ADT and the risk community-acquired pneumonia according to five predefined duration categories: <6 months, 6–12 months, 13–18 months, 19–24 months and ≥ 25 months.

In addition, duration of use was modelled as a continuous variable using a restricted cubic spline model with five knots to produce a smooth curve of the HR as a function of duration of use.^{27 28} Second, we investigated whether the risk of hospitalisation for community-acquired pneumonia varied according to current use of specific types of ADT. This was assessed by classifying current use of ADT into one of six mutually exclusive categories: GnRH agonists alone, GnRH agonists and oral antiandrogens, oral antiandrogens alone, bilateral orchiectomy, oestrogens alone and other treatment combinations.

Sensitivity analyses

We conducted six sensitivity analyses to assess the robustness of our findings. First, the length of the residual effect period for GnRH agonists has been shown to be highly variable and dependent on factors such as age and treatment duration.^{23 24} Therefore, to account for this variability, we considered residual effect periods of 90 and 365 days for GnRH agonists. Second, we used a less restrictive outcome definition for a hospitalisation for community-acquired pneumonia to include those with an ICD-10 diagnosis code recorded in the primary as well as in the secondary position within the first two days of hospital admission. Third, we repeated the primary analysis by using a stricter definition for hospital-acquired pneumonia by censoring patients hospitalised for pneumonia in the 14 days (instead of 7 days) after a hospital discharge. Fourth, we repeated the primary analysis using multiple imputation for variables with missing values (including smoking, BMI and PSA levels).^{29 30} Fifth, to further minimise residual confounding, we conducted an analysis stratified on high-dimensional propensity score deciles (described in online supplementary method 1). Finally, to address potential residual time-dependent confounding over the 18-year follow-up period, the primary analysis was repeated using a marginal structural Cox proportional hazards model, a method designed to adjust for time-dependent confounding associated with time-varying exposures.^{31 32} All covariates mentioned previously were measured during follow-up, along with the addition of prostate cancer disease markers (ie, radical prostatectomy, incident metastasis (lymph node, bone, visceral and other), and the use of oral bisphosphonates, chemotherapy and

radiation therapy). This is described in detail in online supplementary method 2. All statistical analyses were conducted using SAS V9.4 (SAS institute, Cary, North Carolina, USA).

RESULTS

The cohort included 20 310 patients (figure 1), which were followed for a mean (SD) of 4.3 (3.4) years. Overall, there were 621 incident community-acquired pneumonia events during 86 301 person-years of follow-up, generating a crude incidence rate of 7.2 (95% CI 6.6 to 7.8) per 1000 person-years. A total of 11 912 (58.7%) patients used ADT during the follow-up period, for a median (IQR) duration of 1.6 (0.8–3.3) years.

Table 1 presents baseline characteristics for the cohort and by ADT use in the first six months of follow-up. ADT users tended to be older, had higher BMI and were less likely to be smokers. Furthermore, ADT users tended to have higher PSA levels at baseline and were more likely to have certain comorbidities including chronic obstructive pulmonary disorder and bronchitis. Finally, ADT users were more likely to have used certain medications including inhaled bronchodilators, corticosteroids (inhaled and oral), oral antibiotics and to have been vaccinated for influenza in the year before cohort entry.

The results of primary and secondary analyses are presented in table 2. Compared with no ADT use, current use of ADT was associated with an 81% increased risk of hospitalisation for community-acquired pneumonia (12.1 vs 3.8 per 1000 person-years; HR 1.81, 95% CI 1.47 to 2.23). ADT was associated with an increased risk of hospitalisation for community-acquired pneumonia regardless of treatment duration, although the highest HR was observed between 13 and 18 months (HR 2.45, 95% CI 1.41 to 3.67). In the restricted cubic spline analysis, the risk of pneumonia was increased with <6 months of ADT use and continued to increase with increasing durations of use (figure 2). Similarly, all types of ADT were associated with an increased risk of hospitalisation for community-acquired pneumonia, but with the highest HRs observed for current use of oestrogens alone (HR 4.50, 95% CI 1.82 to 11.17), followed by bilateral orchiectomy (HR 2.32, 95% CI 1.02 to 5.20) and then GnRH agonists and oral antiandrogens used in combination therapy (HR 2.18, 95% CI 1.56 to 3.03). In contrast, past

Figure 1 Study flow diagram describing the construction of the study cohort.

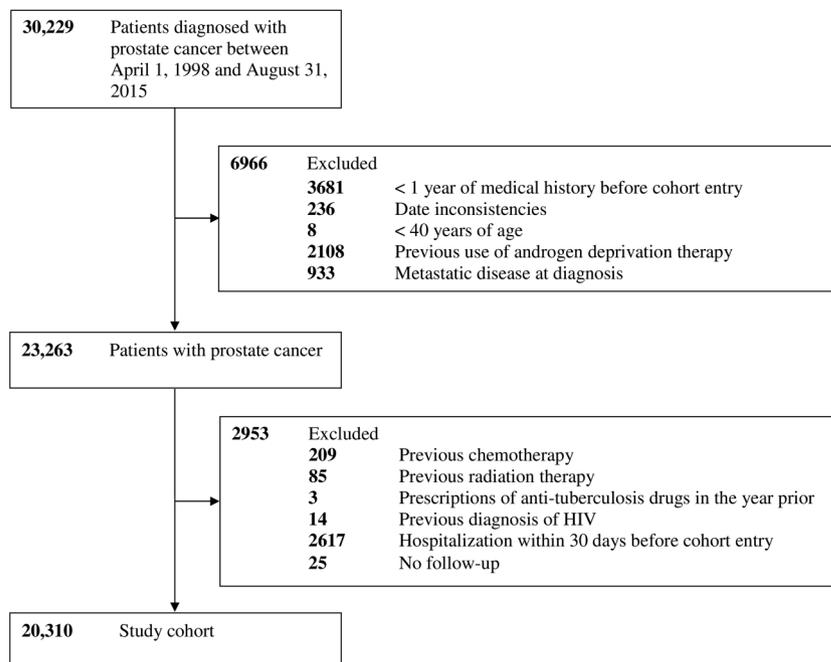


Table 1 Baseline demographic and clinical characteristics of the cohort and stratified by use of androgen deprivation therapy (ADT)

Characteristic	Entire cohort N, %	ADT use during follow-up*	
		Any ADT, %	No ADT, %
Total	20 310	10 250 (50.5)	10 060 (49.5)
Age, years (mean, SD)	71.2 (9.1)	72.8 (8.2)	68.6 (9.1)
Body mass index, n (%)			
<25 kg/m ²	6386 (31.4)	3257 (31.8)	3129 (31.1)
25–30 kg/m ²	9069 (44.7)	4397 (42.9)	4672 (46.4)
≥30.0	3785 (18.6)	2001 (19.5)	1784 (17.7)
Unknown	1070 (5.3)	595 (5.8)	475 (4.7)
Smoking status, n (%)			
Current	2249 (11.1)	1215 (11.9)	1034 (10.3)
Past	7880 (38.8)	4147 (40.6)	3733 (37.1)
Never	9639 (47.5)	4596 (44.8)	5043 (50.1)
Unknown	542 (2.7)	292 (2.9)	250 (2.5)
Alcohol-related disorders, n (%)	1899 (9.4)	937 (9.1)	962 (9.6)
Prostate-specific antigen, n (%)			
<4 ng/mL	1192 (5.9)	250 (2.4)	942 (9.4)
4–10 ng/mL	6459 (31.8)	1814 (17.7)	4645 (46.2)
≥10 ng/mL	9704 (47.8)	6673 (65.1)	3031 (30.1)
Unknown	2955 (14.6)	1513 (14.8)	1442 (14.3)
High-risk season, n (%)	10 203 (50.2)	5079 (49.6)	5124 (50.9)
Previous cancer, n (%)	2348 (11.6)	1223 (11.9)	1125 (11.2)
COPD, n (%)	2617 (12.9)	1447 (14.1)	1170 (11.6)
Asthma, n (%)	2366 (11.7)	1160 (11.3)	1206 (12.0)
Bronchitis, n (%)	1540 (7.6)	854 (8.3)	686 (6.8)
Bronchiectasis, n (%)	41 (0.2)	18 (0.2)	23 (0.2)
Immunosuppressive agents, n (%)	167 (0.8)	81 (0.8)	86 (0.9)
Inhaled bronchodilators, n (%)	2519 (12.4)	1341 (13.1)	1178 (11.7)
Inhaled corticosteroids, n (%)	2003 (9.9)	1067 (10.4)	936 (9.3)
Oral corticosteroids, n (%)	1182 (5.8)	625 (6.1)	557 (5.5)
Non-topical antibiotics, n (%)	8719 (42.9)	4479 (43.7)	4240 (42.2)
Influenza vaccines, n (%)	10 444 (51.4)	6040 (58.9)	4404 (43.8)
Pneumococcal vaccines, n (%)	1258 (6.2)	691 (6.7)	567 (5.6)

*ADT use in the first six months during follow-up.

use of ADT was not associated with an increased risk of hospitalisation for community-acquired pneumonia compared with non-use (HR 1.23, 95% CI 0.95 to 1.60).

Sensitivity analyses

The sensitivity analyses are presented in [figure 3](#) and online supplementary tables S1–S7. Overall, most sensitivity analyses yielded findings that were consistent with those of the primary analysis, with the exception of two analyses that led to different point estimates. Specifically, using a less restrictive outcome definition consisting of a primary and secondary diagnosis of pneumonia led to a lower point estimate (HR 1.75, 95% CI 1.42 to 2.16). In contrast, adjusting the model for high-dimensional propensity scores led to an increase in the HR (HR 2.33, 95% CI 1.50 to 3.60).

DISCUSSION

In this large population-based study, the use of ADT was associated with an 81% increased risk of hospitalisation for community-acquired pneumonia. An association was evident with <6 months of use, which remained with increasing durations of use. In contrast, past use of ADT was not associated with an increased risk of hospitalisation for community-acquired pneumonia. Overall, these findings remained consistent across several sensitivity analyses.

To our knowledge, two observational studies have investigated the association between the use of ADT and the risk of pneumonia.^{14 15} In one study, the use of GnRH agonists was associated with an increased risk of hospitalisation for pneumonia (HR 1.92, 95% CI 1.10 to 3.36).¹⁴ In contrast, the second study observed less marked associations with community-acquired pneumonia (defined as a diagnosis from both inpatient and physician office visits) among those who used GnRH agonists for >7 months (7–11 months HR 1.09, 95% CI 1.04 to 1.15; >11 months HR 1.15, 95% CI 1.08 to 1.22). In contrast, the authors reported no associations with hospitalisations for pneumonia, determined from an inpatient diagnosis of pneumonia in the primary or secondary position.¹⁵ In addition, the authors reported associations with reductions in community-acquired pneumonia risk with orchiectomy (HR 0.80, 95% CI 0.72 to 0.90), but not for hospitalisation for community-acquired pneumonia.¹⁵ However, this study suffered from selection bias by the exclusion of those patients who underwent orchiectomy more than 6 months after diagnosis or received ADT more than 2 years after diagnosis. The authors also did not account for the time-varying nature of ADT, thus introducing immortal time bias.³³ Specifically, this analysis misclassified unexposed person-time prior to ADT initiation during follow-up as exposed person-time. The discrepancies in results may also reflect various other methodological shortcomings including the potential

Table 2 Crude and adjusted HRs for the association between the use of androgen deprivation therapy (ADT) and the risk of community-acquired pneumonia

Exposure to ADT	Events	Person-years	Incidence rate* (95% CI)	Crude HR	Adjusted HR (95% CI)†
Non-use	147	38 535	3.8 (3.2–4.5)	1.00	1.00 (reference)
Current use	364	30 052	12.1 (10.9–13.4)	3.32	1.81 (1.47–2.23)
Past use	110	17 713	6.2 (5.1–7.5)	1.44	1.23 (0.95–1.60)
Duration of current use, months					
<6	63	6506	9.7 (7.4–12.4)	2.62	1.73 (1.23–2.42)
6–12	45	5076	8.9 (6.5–11.9)	2.85	1.76 (1.19–2.60)
13–18	41	3610	11.4 (8.2–15.4)	4.29	2.45 (1.64–3.67)
19–24	30	2859	10.5 (7.1–15.0)	2.93	1.62 (1.02–2.56)
≥25	185	12 001	15.4 (13.3–17.8)	3.69	1.79 (1.39–2.30)
ADT type					
GnRH agonist alone	248	21 426	11.6 (10.2–13.1)	3.25	1.73 (1.39–2.16)
Oral antiandrogens alone	43	3874	11.1 (8.0–15.0)	2.93	1.64 (1.16–2.32)
GnRH agonists and oral antiandrogens	51	3575	14.3 (10.6–18.8)	3.66	2.18 (1.56–3.03)
Oestrogens alone	5	130	38.5 (12.5–89.8)	8.83	4.50 (1.82–11.17)
Bilateral orchiectomy alone	6	405	14.8 (5.4–32.2)	3.73	2.32 (1.02–5.30)
Other combinations	11	643	17.1 (8.5–30.6)	4.08	2.47 (1.33–4.61)

*Per 1000 person-years.

†Adjusted for age, year of prostate cancer diagnosis, body mass index, smoking status, alcohol-related disorders, seasonality, prostate-specific antigen, previous cancer, COPD, asthma, bronchitis and bronchiectasis, use of immunosuppressive agents, inhaled bronchodilators, inhaled and oral corticosteroids, oral antibiotics, influenza and pneumococcal vaccines. GnRH, gonadotropin-releasing hormone.

misclassification of hospital-acquired pneumonia as community-acquired,^{15–16} and the inclusion of patients with metastatic disease.¹⁴ In addition, both studies lacked information on potentially important confounders such as smoking status and influenza and pneumococcal vaccinations, and did not consider ADT pharmacotherapies other than GnRH agonists.

There are two possible biological mechanisms that may explain the observed association between the use of ADT and the risk of community-acquired pneumonia. First, androgen receptors are expressed on a number of immunological cells⁸ and are reported to stimulate the proliferation of granulocytic precursors³⁴ and neutrophil production.^{9–11} A recent study

found that androgen receptor knockout mice had increased rates of neutropenia and were more susceptible to microbial infection.¹² Moreover, exogenous androgens were reported to restore neutrophil counts in castrated mice.¹² Additionally, ADT with antiandrogens could impair the adaptive immune response through interference with T-cell priming.¹³ Second, it has also been proposed that androgen deprivation may influence the risk of lower respiratory tract infections via morphological and biochemical changes to the cell membranes within the lung.^{6,7} In addition, androgen deprivation has been shown to cause changes to the synthesis and secretion of phospholipids in pulmonary surfactant.^{6,7}

Figure 2 Restricted cubic spline of duration of androgen deprivation therapy (ADT) use. Smoothed restricted spline curve of the adjusted HR of hospitalisation of community-acquired pneumonia (HCAP) (solid line) and 95% confidence limits (dashed lines) as a function of cumulative duration of ADT use.

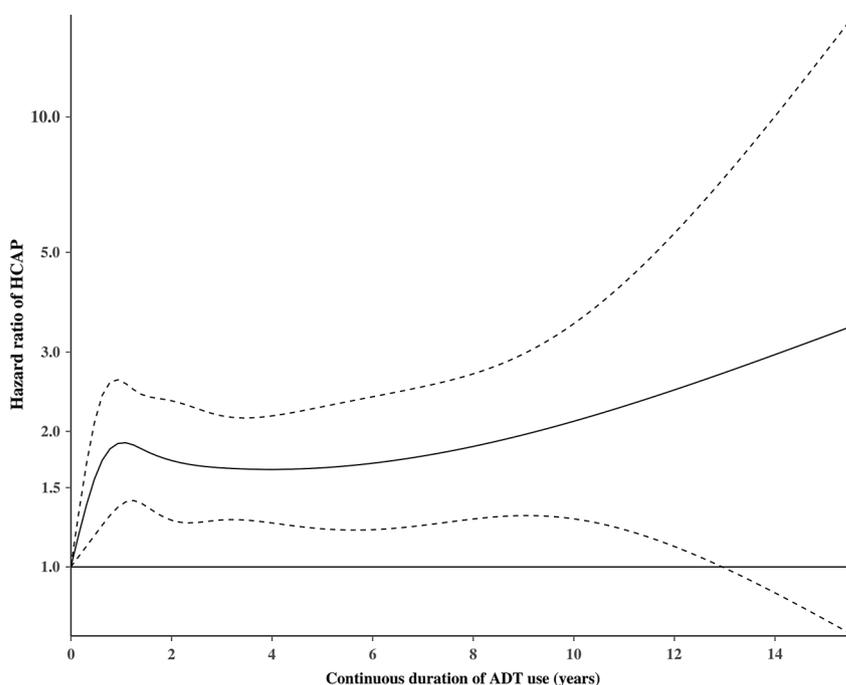
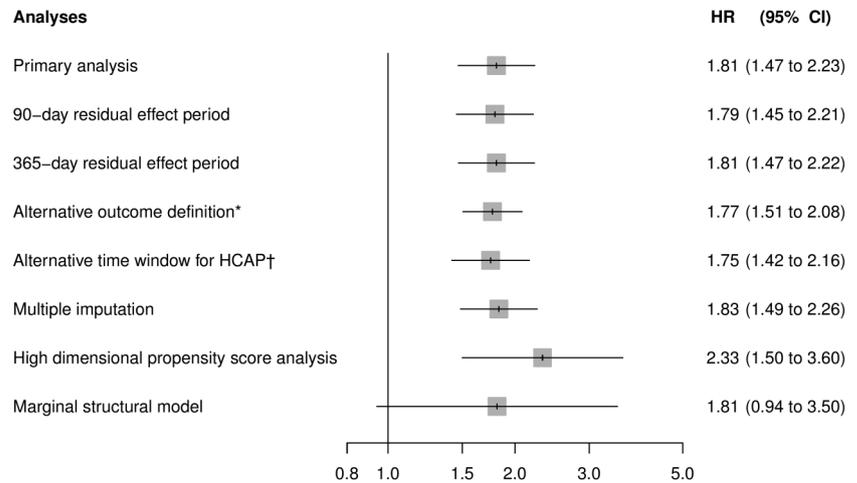


Figure 3 Sensitivity analyses for the association between current use of androgen deprivation therapy and the risk of hospitalisation for community-acquired pneumonia in patients with prostate cancer.

*Hospitalisation for community-acquired pneumonia (HCAP) included those with a diagnosis for pneumonia in the primary or secondary position within the first two days of admission. †Hospital-acquired pneumonia included pneumonia diagnoses >2 days after hospital admission and up to 14 days after discharge.



Strengths and limitations

This study had a number of strengths. This was a large population-based cohort study of 20 310 patients with prostate cancer, followed for up to 18 years. This contrasts to previous studies that had a maximum follow-up of 2 years.^{14 15} Additionally, the use of ADT was modelled as a time-dependent variable (thereby eliminating immortal time bias³³), and the use of the CPRD allowed us to adjust for a number of potentially important confounders such as BMI, smoking status and comorbidities.

This study does have some limitations. First, prescriptions recorded in the CPRD represent those written by general practitioners and not those issued by specialists. While the decision to initiate ADT is usually made by specialists, general practitioners typically follow through with the suggested treatment regimen within the UK healthcare system. Indeed, this is reflected by the high prevalence of ADT use in our cohort (58.7%), which is similar to ADT utilisation rates reported in the USA.³⁵ However, it is possible that the initial ADT prescriptions issued by the specialists were not captured in the CPRD, leading to a possible underestimation of the observed association. Second, while defining the outcome as a hospitalisation for community-acquired pneumonia likely maximised the specificity of the event definition, it did not consider pneumonias not requiring inpatient care, thus limiting the generalisability of our findings to severe community-acquired pneumonia. Third, given the observational nature of the study, residual confounding from unmeasured or unknown variables is possible. In particular, it was not possible to adjust the models for tumour stage and grade as this information is not recorded in the CPRD. To mitigate this issue, we conducted a number of sensitivity analyses that led to consistent findings. These included the use of high-dimensional propensity scores and marginal structural models. The high-dimensional propensity score allowed for the inclusion of a large number of covariates at cohort entry, which comprised 20 predefined covariates plus an additional 500 empirically defined covariates ascertained from patients' data. This may reduce residual confounding as these variables may be proxies for unmeasured covariates, such as those related to disease severity. In addition, the marginal structural model adjusted for important time-dependent variables known to be correlated with disease progression that were measured in our data set during the follow-up period. These included radiation therapy, radical prostatectomy, incident metastases, receipt of chemotherapy, use of oral bisphosphonates, as well as other time-

dependent confounders such as seasonality and receipt of influenza and pneumococcal vaccinations.

CONCLUSION

The results of this study indicate that the use of ADT is associated with an increased risk of hospitalisation for community-acquired pneumonia. These results are of importance as community-acquired pneumonia is of particular concern among patients with cancer for whom severe pneumonia can result in high mortality rates. Given these findings, physicians should exercise caution when considering ADT in low-risk patients for whom the benefits remain uncertain.

Acknowledgements LA is the recipient of a Chercheur-Boursier career award from the Fonds de Recherche du Québec—Santé.

Contributors All authors conceived and designed the study, analysed and interpreted the data, and critically revised the manuscript for important intellectual content. LA acquired the data. BMH, HY, FB, PE and LA did the analyses. BMH wrote the manuscript and all authors participated in the interpretation of the results and critical revision of the manuscript. LA is the guarantor.

Funding This study was funded by a Foundation Grant from the Canadian Institutes of Health Research.

Competing interests None declared.

Ethics approval The study protocol was approved by the Independent Scientific Advisory Committee of the Clinical Practice Research Datalink (protocol number 16_144) and by the Research Ethics Board of Jewish General Hospital, Montreal, Quebec, Canada.

Provenance and peer review Not commissioned; externally peer reviewed.

REFERENCES

- Gilbert SM, Kuo YF, Shahinian VB. Prevalent and incident use of androgen deprivation therapy among men with prostate cancer in the United States. *Urol Oncol* 2011;29:647–53.
- National Institute for Health and Clinical Excellence. Prostate cancer: diagnosis and management. 2014. <https://www.nice.org.uk/guidance/cg175/chapter/1-Recommendations#metastatic-prostate-cancer> (accessed 10 Apr 2016).
- Reichert ZR, Hussain M. Androgen receptor and beyond, targeting androgen signaling in castration-resistant prostate cancer. *Cancer J* 2016;22:326–9.
- Nguyen PL, Alibhai SMH, Basaria S, et al. Adverse effects of androgen deprivation therapy and strategies to mitigate them. *Eur Urol* 2015;67:825–36.
- Crawford ED, Moul JW. ADT risks and side effects in advanced prostate cancer. *Oncology (Williston Park)* 2015;29:55–8, 65–6.
- Ojeda MS, Gomez N, Giménez MS. Androgen regulation of lung lipids in the Male rat. *Lipids* 1997;32:57–62.
- Ojeda MS, Gómez NN, Gil E, et al. Morphologic and biochemical changes in Male rat lung after surgical and pharmacological castration. *Braz J Med Biol Res* 2000;33:279–85.
- Mantalaris A, Panoskaltis N, Sakai Y, et al. Localization of androgen receptor expression in human bone marrow. *J Pathol* 2001;193:361–6.

- 9 Alter BP. Fanconi's anemia. Current concepts. *Am J Pediatr Hematol Oncol* 1992;14:170–6.
- 10 Ibáñez L, Jaramillo AM, Ferrer A, et al. High neutrophil count in girls and women with hyperinsulinaemic hyperandrogenism: normalization with metformin and flutamide overcomes the aggravation by oral contraception. *Hum Reprod* 2005;20:2457–62.
- 11 Rawbone RG, Bagshawe KD. Anabolic steroids and bone marrow toxicity during therapy with methotrexate. *Br J Cancer* 1972;26:395–401.
- 12 Chuang K-H, Altuwajiri S, Li G, et al. Neutropenia with impaired host defense against microbial infection in mice lacking androgen receptor. *J Exp Med* 2009;206:1181–99.
- 13 Pu Y, Xu M, Liang Y, et al. Androgen receptor antagonists compromise T cell response against prostate cancer leading to early tumor relapse. *Sci Transl Med* 2016;8:333ra47.
- 14 Chung S-D, Liu S-P, Lin H-C, et al. Increased risk of pneumonia in patients receiving gonadotropin-releasing hormone agonists for prostate cancer. *PLoS ONE* 2014;9:e101254.
- 15 Schmid M, Hanske J, Ravi P, et al. Relationship between androgen deprivation therapy and community-acquired respiratory infections in patients with prostate cancer. *Int J Urol* 2016;23:305–11.
- 16 Kaplan V, Clermont G, Griffin MF, et al. Pneumonia. Still the Old Man's Friend? *Arch Intern Med* 2003;163:317.
- 17 Rabello LSCF, Silva JRL, Azevedo LCP, et al. Clinical outcomes and microbiological characteristics of severe pneumonia in cancer patients: a prospective cohort study. *PLoS ONE* 2015;10:e0120544.
- 18 National Health Service. Read Codes. <http://systems.digital.nhs.uk/data/uktc/readcodes>
- 19 Authority NHS Business Service Authority. Dictionary of Medicines and Devices. <http://www.nhs.uk/PrescriptionServices/1121.aspx> (accessed 10 Apr 2016).
- 20 Jick H, Jick SS, Derby LE. Validation of information recorded on general practitioner based computerised data resource in the United Kingdom. *BMJ* 1991;302:766–8.
- 21 Herrett E, Thomas SL, Schoonen WM, et al. Validation and validity of diagnoses in the General Practice Research Database: a systematic review. *Br J Clin Pharmacol* 2010;69:4–14.
- 22 Herrett E, Gallagher AM, Bhaskaran K, et al. Data resource profile: Clinical Practice Research Datalink (CPRD). *Int J Epidemiol* 2015;44:827–36.
- 23 Bong GW, Clarke HS, Hancock WC, et al. Serum testosterone recovery after cessation of long-term luteinizing hormone-releasing hormone agonist in patients with prostate cancer. *Urology* 2008;71:1177–80.
- 24 Kaku H, Saika T, Tsushima T, et al. Time course of serum testosterone and luteinizing hormone levels after cessation of long-term luteinizing hormone-releasing hormone agonist treatment in patients with prostate cancer. *Prostate* 2006;66:439–44.
- 25 Mann AG, Mangtani P, Russell CA, et al. The impact of targeting all elderly persons in England and Wales for yearly influenza vaccination: excess mortality due to pneumonia or influenza and time trend study. *BMJ Open* 2013;3:e002743.
- 26 World Health Organisation. Review of the 2014–2015 influenza season in the northern hemisphere. *Wkly Epidemiol Rec* 2015;90:281–96.
- 27 Greenland S. Dose-response and trend analysis in epidemiology: alternatives to categorical analysis. *Epidemiology* 1995;6:356–65.
- 28 Heinzl H, Kaider A, Zlabinger G. Assessing interactions of binary time-dependent covariates with time in cox proportional hazards regression models using cubic spline functions. *Stat Med* 1996;15:2589–601.
- 29 Schafer JL. *Analysis of Incomplete Multivariate Data*. Chapman and Hall, 1997.
- 30 Rubin DB, ed. *Multiple Imputation for Nonresponse in Surveys*. Hoboken, NJ, USA: John Wiley & Sons, Inc., 1987.
- 31 Robins JM, Hernán MA, Brumback B. Marginal structural models and causal inference in epidemiology. *Epidemiology* 2000;11:550–60.
- 32 Hernán MA, Brumback B, Robins JM. Marginal structural models to estimate the causal effect of zidovudine on the survival of HIV-positive men. *Epidemiology* 2000;11:561–70.
- 33 Suissa S. Immortal time bias in pharmaco-epidemiology. *Am J Epidemiol* 2008;167:492–9.
- 34 Udupa KB, Reissmann KR. Acceleration of granulopoietic recovery by androgenic steroids in mice made neutropenic by cytotoxic drugs. *Cancer Res* 1974;34:2517–20.
- 35 Keating NL, O'Malley AJ, Smith MR. Diabetes and cardiovascular disease during androgen deprivation therapy for prostate cancer. *J Clin Oncol* 2006;24:4448–56.