Hydropersulfides, the new kids in the COPD inflammatory town

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Hydrogen sulfide (H₂S) is one of several small molecules, formerly known primarily as toxic gases (such as nitric oxide (NO) and carbon monoxide) that over the past 20 years have been shown to be endogenously generated small, signalling molecules.^{1,2} H₂S has accompanied life since its origin. Its toxicological potential, related to the inhibition of cellular respiration, has been known for centuries.³ Indeed, the Permian-Triassic mass extinction event has been linked to this toxicity. H₂S has been the cause of mining, industrial and sewage accidents, as well as deaths by the inhalation of gases emanating from volcanic and sulfur-rich water wells.

In spite of this felonious record, as it happens with other primeval redox processes, ancient H₂S pathways have evolved to play physiological roles in eukaryotic cells.

The rush of discovery for H₂S and its derivative compounds started in the late 1980s by reports of potential biological roles of H₂S in modulatory and signalling pathways.⁴ The associated probable health benefits generated a renewed interest in the study of H₂S, as reflected in the exponential increase in the number of publications.⁴

H₂S is produced from L-cysteine by an array of enzymes such as cystathionine β-synthase (CBS), cystathionine γ-lyase (CGL), 3-mercaptopyruvate sulfurtransferase (3MST), cysteine aminotransferase and from D-cysteine by D-amino acid oxidase and 3MST.⁵ The expression of these enzymes varies so their relative importance in H₂S production depends on the tissue.⁶ In biological systems, H₂S is known to spontaneously react with oxidised thiols species, such as dialkyl disulfides (R-S-S-R) or sulfenic acids (R-SOH), to generate hydropersulfides (R-S-SH) groups in peptides and proteins.⁶ Hydropersulfides species are ubiquitous and highly prevalent in mammals

Figure 1 Synthesis of glutathione persulfide. CBS, cystathionine β-synthase; CGL, cystathionine γ-lyase; GSH, glutathione.

cells,^{3,7,8} apparently protecting proteins from irreversible oxidative damage.⁶ Certain hydropersulfides such as glutathione persulfide (GSSH), cysteine persulfide (CysSSH) and glutathione trisulfide (GSSSH) are highly reactive and extremely powerful antioxidants that actually modulate oxidative stress and regulate redox signalling mediated by various electrophilic oxidants.^{4,8} Some recent evidence points to enzyme-mediated formation as the most likely source of these species (figure 1).⁷ Of them, the significantly higher GSSH levels detected in cells and tissues indicate that it is likely the principal biological hydropersulfide.⁷

One important function of the redox system is the regulation of the cell adaptive responses to match the environmental changes.⁹ Indeed, redox signalling is an intricate network that interacts with metalloproteins and cysteine redox switches, thus modulating enzymatic activity and gene transcription by subtle changes in the structure and functional state of proteins.⁹ Reactive oxygen species (ROS) and the powerful nucleophilic by-products resulting from their chemical interaction with NO, known as reactive nitrogen species (RNS), are well-known elements of this redox 'interactome'.¹ Furthermore, hydropersulfides^{4,8} are currently recognised as an important direct and indirect redox messenger.^{1,10}

While the signalling function of redox species is intriguing, equally fascinating is the 'dark' role they play in the pathological/degenerative process termed as 'oxidative stress'.¹¹ Oxidative stress appears to be a (dys)functional module present in an array of chronic conditions, including hypertension, cardiovascular diseases, obesity, COPD, asthma, diabetes, neurodegenerative diseases and certain forms of cancer, that account for the majority of the global burden of

disease.¹² In the new paradigm for the approach to disease origin and treatment called systems medicine, oxidative stress is an important molecular hub for such set of relevant conditions,³ which we could boldly define as redox diseases.¹³

Since the 1990s, oxidative stress, initiated by inhaled oxidants and ROS released from macrophages and neutrophils, has been implicated in the lungs inflammatory response leading to COPD.^{14,15} Either directly or via the formation of lipid peroxidation products, ROS play a role in enhancing inflammation through the activation of stress kinases and redox-sensitive transcription factors, such as nuclear factor-κB and activator protein-1; this results in increased expression of a battery of distinct proinflammatory mediators.^{14,15} RNS also cause lung inflammation, activation of matrix metalloproteinase and inactivation of antiproteases involved in the pathophysiology of the disease.^{14,15} The traditional catalogue of defensive molecules and mechanism to maintain redox balance against the oxidative challenge in lung cells consisted of glutathione and other oxidative radical scavengers such as superoxide dismutase, catalase, glutathione peroxidase and dietary antioxidants.¹⁶ Nonetheless, the use of selective antioxidants has not, so far, had the anticipated anti-inflammatory effect. This suggests that our current understanding of the underlying pathophysiological redox processes in airways inflammation is incomplete.¹⁷

In *Thorax*, Numakura *et al* report the observations that the amounts of reactive GSSH, CysSSH and GSSSH are decreased in both cultured epithelial cells and fibroblast from the airways as well as in the epithelial lining fluid and sputum obtained from COPD patients who had quit smoking at least 1 year before.¹⁸ Moreover, the production of reactive hydropersulfides by cultured epithelial cells and fibroblasts was significantly correlated with their presurgery FEV₁. By contrast, the synthases (CBS and CGL) were upregulated in the lung tissues and sputum cells from the COPD patients. The study has some limitations.

- ▶ It involves a small number of patients and control individuals.
- ▶ Participants had lung cancer.
- ▶ Differences between ex-smokers, never smokers and ex-smokers with COPD could not be established since the control group was a mix of never-smokers and ex-smokers.
- ▶ The measuring techniques are novel; so far the results have not been reproduced and measurements were done in cultured cells from surgical pieces instead of the actual tissue.

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Even so, the findings of Nakamura *et al* suggest, for the first time, that an abnormal regulation of hydropersulfides species could be a previously unrecognised part of the redox dysbalance, considered as one of the main biological features of COPD inflammation.^{14 15}

There is an urgent need to develop more effective therapies for COPD targeting the constitutive inflammatory process. Current therapies with long-acting bronchodilators and inhaled corticosteroids fail to prevent either disease progression or mortality, as they do not suppress the underlying inflammation. The work by Numakura *et al* heralds a new line of research for a better understanding of the inflammatory process leading to COPD. It also opens the door to new therapeutic approaches by H₂S-releasing drugs with antioxidant or anti-inflammatory properties. These have already demonstrated considerable promise for the safe treatment of a wide range of inflammatory (redox) disorders and are now in clinical trials for metabolic syndrome, cancer, heart failure and osteoarthritis.²

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