Effectiveness of discharge care bundles on quality of life for patients with AECOPD (RCT data only)

Study or Subgroup	COPD Discharge Bundle Mean	SD	Total	Usual Care Mean	SD	Total	Weight	Mean Difference IV, Random, 95% CI
Lainscak 2013	55.4	18.8	118	53.8	18.6	135	73.7%	1.60 [−3.02, 6.22]
Abad−Corpa 2013	46.7	23.3	56	44.2	22.6	87	26.3%	2.50 [−5.23, 10.23]
Total (95% CI)			174			222	100.0%	1.84 [−2.13, 5.80]

Heterogeneity: Tau² = 0.00; Chi² = 0.04, df = 1 (P = 0.84); I² = 0%
Test for overall effect: Z = 0.91 (P = 0.36)

Mean Difference IV, Random, 95% CI
Favours COPD Disch Bundle   Favours Usual Care