Pulmonary aspergillosis: an alternative diagnosis to lung cancer after positive $[^{18}\text{F}]$FDG positron emission tomography

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ABSTRACT

$[^{18}\text{F}]$Fluorodeoxyglucose (FDG) positron emission tomography (PET) scans have significantly improved the diagnosis and staging of lung cancer, but false-positive scans are known to occur due to inflammatory and infectious diseases. Recognition of the conditions leading to false-positive scans is important. Single or multiple pulmonary nodules, with or without cavitation, are classical findings in acute and chronic pulmonary aspergillosis. Clinical features of pulmonary aspergillosis are very similar to those of lung cancer. This report highlights pulmonary aspergillosis as an alternative diagnosis to lung cancer in patients with positive $[^{18}\text{F}]$FDG PET scans and the need to strive for presurgical histological diagnosis.

INTRODUCTION

Lung cancer remains the leading cause of cancer-related deaths for both men and women in the UK. Early diagnosis and treatment can improve morbidity and mortality. The introduction of positron emission tomography (PET) has led to improved diagnosis, staging and treatment evaluation for lung cancer. PET sensitivity to detect malignant pulmonary cells is $\approx 96\%$.1 However, it is now recognised that a number of granulomatous, infectious and inflammatory conditions can also demonstrate increased $[^{18}\text{F}]$fluorodeoxyglucose (FDG) uptake.2 These false positives lead to a lower PET specificity than sensitivity, at $\approx 78\%$.1 Awareness of the conditions that can mimic lung cancer on PET scan is vital, not only to allow early exclusion of lung cancer but also to aid the rapid detection and treatment of these conditions. The importance of Aspergillus as a lung pathogen and allergen is increasing, and treatment options are improving. This report highlights pulmonary aspergillosis as an important cause of PET-positive scans and the continued need for presurgical histological diagnosis.

CASE REPORTS

Case 1

This 54-year-old gentleman, ex-smoker, presented with a 2 month history of progressive right-sided chest pain, cough and breathlessness. His chest radiograph (CXR) showed abnormal shadowing in the right upper lobe (RUL), and CT scan demonstrated a cavitating lesion in the RUL with surrounding fibrosis extending to the pleura. Lung function showed a forced expiratory volume in 1 s (FEV$_1$) of 58% predicted and his performance status was 1. He subsequently had a bronchoscopy that showed epithelial inflammation. Cytology of the bronchial wash was negative for malignant cells, and culture was negative. PET/CT was performed to further characterise and stage the mass seen on CT. It confirmed a 2 cm cavitating mass in the RUL with avid FDG uptake (maximum standardised uptake value (SUVmax) 7.2 g/ml) and intermediate uptake in the surrounding fibrotic area (figure 1A). Additionally, there was intermediate uptake in a right subclavian lymph node (SUVmax 3.1 g/ml). He went on to have a thoracotomy with wedge resection of the RUL for presumed malignancy. Histology demonstrated a cavity lined by granulation tissue and filled with necrotic material and septate fungal hyphae consistent with Aspergillus (figure 1D). There was no evidence of malignancy. Serological blood tests were performed which demonstrated strongly positive Aspergillus immunoglobulin G (IgG) antibodies, supporting a diagnosis of chronic pulmonary aspergillosis (CPA). He was commenced on itraconazole.

Case 2

This 52-year-old gentleman presented with a 3 month history of non-productive cough, wheeze, breathlessness and left upper chest pain. He was a non-smoker with known mild asthma. Despite antibiotics and an increase in his asthma treatment he continued to deteriorate. Spirometry showed a 10% fall in his baseline FEV$_1$ of 86% predicted. Routine blood tests showed an eosinophilia of 2.95×10$^3$/l but no other abnormalities. CXR showed a large mass in the left upper lobe (LUL). CT scan confirmed a complex 5 cm mass in the LUL with proximal bronchietatic airways. The soft tissue mass was felt to be highly suspicious for malignancy. Thick mucus was seen at bronchoscopy throughout the LUL, histology of which showed inflammatory cells but no malignant cells, and culture was negative. PET/CT showed the 5 cm mass to have avid FDG uptake (SUVmax 8.3 g/ml) and there were multiple FDG-avid mediastinal lymph nodes (figure 1B). PET staging was of a T4 N2 M0 pulmonary malignancy. To obtain a definitive histological diagnosis, a thoracotomy with LUL wedge resection was performed. However, histology did not show any malignant cells but foci of necrosis surrounded by histiocytes. Within the...
areas of necrosis, Grocott stain demonstrated multiple hyphal fragments consistent with *Aspergillus*. Serological blood tests confirmed a diagnosis of allergic bronchopulmonary aspergillosis: total IgE 8045 kIU/l, *Aspergillus*-specific IgE 36.7 kUa/l, *Aspergillus*-specific IgG >200 mg/l. After 1 year of itraconazole there was complete resolution of the mass on CT.

**Case 3**

This 55-year-old gentleman, ex-smoker, presented with cough, breathlessness and weight loss over 3 months. CXR showed a left lower lobe mass and this was confirmed on CT scan as a 3 cm solid mass abutting the pleural surface, highly suspicious for malignancy. There was no lymphadenopathy. Routine bloods were normal and spirometry showed an FEV₁ of 67% predicted. Staging PET/CT demonstrated the left lower lobe mass to have intermediate FDG uptake (SUVmax 4.0 g/ml) and confirmed no FDG-avid lymph nodes (figure 1C). He went on to have an open wedge resection with planned pneumonectomy if frozen section was positive for malignancy. Histology from the biopsy did not demonstrate any malignant cells but a large area

**Table 1  Patient investigations and treatment**

<table>
<thead>
<tr>
<th>Case</th>
<th>SUVmax (g/ml)</th>
<th>Operation</th>
<th>Histology</th>
<th>Aspergillus IgG (mg/l)</th>
<th>Precipitin titre</th>
<th>Total IgE (kIU/l)</th>
<th>Aspergillus IgE (kUa/l)</th>
<th>Diagnosis</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>7.2</td>
<td>Wedge resection</td>
<td>Septate fungal hyphae and conidial heads</td>
<td>78</td>
<td>1/2</td>
<td>42</td>
<td>0.5</td>
<td>CPA</td>
<td>Itraconazole</td>
</tr>
<tr>
<td>2</td>
<td>8.3</td>
<td>Wedge resection</td>
<td>Hyphal fragments</td>
<td>&gt;200</td>
<td>1/2</td>
<td>8045</td>
<td>36.7</td>
<td>ABPA</td>
<td>Itraconazole</td>
</tr>
<tr>
<td>3</td>
<td>4.0</td>
<td>Wedge resection</td>
<td>Fungal hyphae involving adjacent blood vessels</td>
<td>28</td>
<td>1/2</td>
<td>1100</td>
<td>40.5</td>
<td>Subacute IA</td>
<td>Voriconazole</td>
</tr>
<tr>
<td>4</td>
<td>3.5</td>
<td>CT-guided biopsy</td>
<td>Fungal hyphae admixed with spores</td>
<td>82</td>
<td>1/2</td>
<td>90</td>
<td>&lt;0.4</td>
<td>CPA</td>
<td>Posaconazole</td>
</tr>
<tr>
<td>5</td>
<td>2.6</td>
<td>Wedge resection</td>
<td>Branching fungal hyphae</td>
<td>66</td>
<td>1/16</td>
<td>570</td>
<td>8.0</td>
<td>CPA</td>
<td>Itraconazole</td>
</tr>
<tr>
<td>6</td>
<td>3.9</td>
<td>CT-guided biopsy</td>
<td>Branching fungal hyphae</td>
<td>94</td>
<td>1/4</td>
<td>140</td>
<td>&lt;0.4</td>
<td>CPA</td>
<td>Itraconazole</td>
</tr>
<tr>
<td>7</td>
<td>2.2</td>
<td>Wedge resection</td>
<td>Fungal hyphae admixed with spores</td>
<td>56</td>
<td>Neat</td>
<td>1000</td>
<td>14.9</td>
<td>CPA</td>
<td>Itraconazole</td>
</tr>
<tr>
<td>8</td>
<td>7.9</td>
<td>Wedge resection</td>
<td>Branching fungal hyphae</td>
<td>50</td>
<td>Neat</td>
<td>73</td>
<td>&lt;0.4</td>
<td>CPA</td>
<td>Voriconazole</td>
</tr>
<tr>
<td>9</td>
<td>9.0</td>
<td>CT-guided biopsy</td>
<td>Branching fungal hyphae</td>
<td>76</td>
<td>1/64</td>
<td>62</td>
<td>&lt;0.4</td>
<td>CPA</td>
<td>Itraconazole</td>
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<tr>
<td>10</td>
<td>2.9</td>
<td>Lobectomy</td>
<td>Aspergilloma</td>
<td>—</td>
<td>1/2</td>
<td>61</td>
<td>&lt;0.4</td>
<td>Simple aspergilloma</td>
<td>No antifungals</td>
</tr>
</tbody>
</table>

IgE and IgG determinations were performed by ImmunoCAP assay (Phadia) and precipitins by immunoelectrophoresis (using antigens from Microgen Bioproducts, Surrey, UK). ABPA, allergic bronchopulmonary aspergillosis; CPA, chronic pulmonary aspergillosis; IA, invasive aspergillosis; Ig, immunoglobulin; SUVmax, maximum standardised uptake value.
As seen in case 2, allergic bronchopulmonary aspergillosis, unlike CPA and invasive aspergillosis, often has diagnostic features in the history or baseline investigations which help to distinguish it from malignancy. However, it remains of utmost importance not to miss a diagnosis of lung cancer and therefore histological diagnosis must always be obtained when radiological features are suggestive of malignancy.

This report highlights the importance of how this histological diagnosis is reached. In recent years non-surgical methods of tissue diagnosis and staging have developed significantly, including the use of CT-guided biopsy, endobronchial ultrasound and medical thoracoscopy. Seven of the 10 patients in this report had open surgical biopsies, while three had CT-guided biopsy. All cases were amenable and medically fit to have CT-guided biopsy. The decision to proceed directly to open surgical biopsy often depends on the assumed likelihood of malignancy and the ability to achieve complete surgical resection of early, non-metastatic malignancies. It can therefore often be difficult to achieve the balance of attaining early resection of malignancy and preventing unnecessary surgery in cases that prove not to be malignant. Surgery can have significant complications and morbidity including infection and postoperative pain. CT-guided biopsy, where available and appropriate, can allow histological detection of Aspergillus and, if coupled with serology or real-time PCR to identify fungi in respiratory secretions, can support a diagnosis of pulmonary aspergillosis over malignancy. Nevertheless, where there remains a clinical suspicion of concomitant malignancy, surgery may still be required.

In summary, all forms of pulmonary aspergillosis can lead to symptoms and radiological signs similar to lung cancer. The prevalence of treatment-responsive CPA is rising significantly, hence the need to increase awareness of this condition. It is vital not to miss a diagnosis of lung cancer, but non-surgical biopsies, together with Aspergillus serology, can help identify one cause of false-positive PET scans.