Rhinovirus infection liberates planktonic bacteria from biofilm and increases chemokine responses in cystic fibrosis airway epithelial cells

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ABSTRACT

Intermittent viral exacerbations in patients with cystic fibrosis (CF) with chronic Pseudomonas aeruginosa (PA) infection are associated with increased bacterial load. A few clinical studies suggest that rhinoviruses (RV) are associated with the majority of viral-related exacerbations in CF and require prolonged intravenous antibiotic treatment. These observations imply that acute RV infection may increase lower respiratory symptoms by increasing planktonic bacterial load. However, the underlying mechanisms are not known.

Methods

Primary CF airway epithelial cells differentiated into mucusciliary phenotype were infected with mucoid PA (MPA) followed by RV and examined for bacterial density, biofilm mass, levels of chemokines and hydrogen peroxide (H2O2). The need for dual oxidase 2, a component of NADPH oxidase, in RV-induced generation of H2O2 in CF cells was assessed using gene-specific siRNA.

Results

Superinfection with RV increased chemokine responses in CF mucociliary-differentiated airway epithelial cells with pre-existing MPA infection in the form of biofilm. This was associated with the presence of planktonic bacteria at both the apical and basolateral epithelial cell surfaces. Further, RV-induced generation of H2O2 via dual oxidase 2 in CF cells was sufficient for dispersal of planktonic bacteria from the biofilm. Inhibition of NADPH oxidase reduced bacterial transmigration across mucusciliary-differentiated CF cells and the interleukin-8 response in MPA- and RV-infected cells.

Conclusion

This study shows that acute infection with RV liberates planktonic bacteria from biofilm. Planktonic bacteria, which are more proinflammatory than their biofilm counterparts, stimulate increased chemokine responses in CF airway epithelial cells which, in turn, may contribute to the pathogenesis of CF exacerbations.

Pulmonary manifestations due to chronic endobronchial infection are the leading cause of morbidity and mortality in individuals with cystic fibrosis (CF). Pseudomonas aeruginosa (PA), a principal pathogen in CF, chronically colonises the airways and often exists in a biofilm matrix. Despite chronic infection, patients with CF experience acute exacerbations only periodically, indicating that biofilm bacteria may act as a resilient reservoir for planktonic bacteria rather than a trigger for exacerbations. Consistent with this hypothesis, increased PA density was observed during episodes of acute exacerbations and required antibiotic treatment. Furthermore, PA isolated from sputum collected during exacerbations was similar to colonising flora by genotypic analysis, suggesting a clonal expansion of bacteria from the biofilm reservoir.

The significance of respiratory viral infections in the pathogenesis of asthma and chronic obstructive pulmonary disease (COPD) exacerbations has long been recognised. Respiratory viral infection is implicated in 44–80% of asthma exacerbations and 46–50% of COPD exacerbations.

Similarly, an improved method of viral detection suggested a significant role for viral infections in CF exacerbations. Respiratory viruses associated with CF exacerbations include influenza viruses A/B, rhinoviruses, respiratory syncytial viruses, parainfluenza viruses and adenoviruses.

Rhinoviruses (RV), which cause common cold, are also responsible for the majority of viral-related exacerbations in asthma and COPD. A few clinical studies have suggested that RV is also associated with the majority of viral-related exacerbations in CF.

In one study, patients with RV infection required prolonged intravenous antibiotic treatment. In another study, RV infection was associated with increased use of antibiotics, prolonged hospitalisation and decline in lung function. Similarly, respiratory syncytial virus infection in patients with intermittent or chronic PA infection was associated with increased pseudomonal antibody levels. This circumstantial evidence suggests that viral infection may increase planktonic bacterial load which, in turn, may stimulate an intense inflammatory response to motile planktonic bacteria. However, the mechanisms by which viral infections increase the density of planktonic bacteria are not well known.

In the present study we examined whether superinfection with RV liberates planktonic bacteria and increases chemokine responses of CF airway epithelial cells preinfected with mucoid PA (MPA). We also investigated the mechanisms by which RV causes dispersal of planktonic bacteria from biofilm.

METHODS

Full details are given in the online data supplement.
Rhinovirus
Rhinovirus serotype 39 was purchased from ATCC (Manassas, Virginia, USA). Viral stocks were generated and the tissue culture infectious dose (TCID₅₀) was determined as described previously.¹³

Bacteria and growth conditions
A clinical isolate of MPA was grown in tryptic soy broth (BD Diagnostics, Sparks, Maryland, USA) and suspended in phosphate buffer solution (PBS).

CF cell cultures and infection
Primary CF airway epithelial cells were obtained from three patients with CF and grown either at the air–liquid interface to promote mucociliary differentiation or as monolayers.¹⁴ The use of CF bronchial segments was reviewed by the University of Michigan Institutional Review Board. Mucociliary-differentiated CF bronchial segments was reviewed by the University of Wisconsin, Madison, Wisconsin, USA.

Dispersal of biofilm
MPA biofilms were formed on the pegs of the MBEC assay system (Innovotech, Edmonton, Alberta, Canada) as described elsewhere.¹⁵ Briefly, the device consists of 96 conical pegs attached to a plastic lid and rests on a 96-well plate containing bacterial suspension (OD₆₀₀ 0.01) diluted in Lauria-Bertani broth and incubated for 48 h. The pegs with biofilm were rinsed with sterile PBS and exposed to conditioned media from CF airway epithelial cells for 50 min. The pegs were washed and stained with 0.2% crystal violet. Crystal violet bound to pegs was eluted with methanol and the optical density was measured at 590 nm to quantify the biofilm mass.

Measurement of hydrogen peroxide
Hydrogen peroxide (H₂O₂) produced from cells was measured using the Amplex red hydrogen peroxide/peroxidase kit (Invitrogen, Carlsbad, California, USA).

Transfection of cells
CF cells were transfected with dual oxidase 2 (Duox2) siRNA (Dharmacon, Lafayette, Colorado, USA) or non-targeting (NT) siRNA using Lipofectamine RNAiMAX (Invitrogen) by reverse transfection following the manufacturer’s instructions. Reduction in expression of Duox2 was determined by real-time PCR in RV-infected cells using the forward primer 5′-AAC CTA AGC AGC TCA CAA CT-3′ and reverse primer 5′-CAG AGA GCA ATG ATG GTG AT-3′. The specificity of the product was determined by melting curve analysis.

Confocal microscopy
Cultures were fixed in methanol and incubated with a mixture of antibodies to PA (Abcam, Cambridge, Massachusetts, USA) and zona occludins (ZO)-1 (BD Biosciences, San Jose, California, USA).

Scanning electron microscopy
Cell cultures were processed for scanning electron microscopy as described previously.¹⁴

Statistical analysis
Results are expressed as mean±SEM or median (range). To compare groups, one-way analysis of variance (ANOVA) with Tukey–Kramer post hoc analysis or ANOVA based on ranks with Dunn’s post hoc analysis was performed, as appropriate.

RESULTS
Superinfection with RV increases chemokine responses in MPA-infected CF airway epithelial cells
CF airway epithelial cells differentiated into mucociliary phenotype were infected with MPA or treated with PBS; 24 h later the cells were infected with sham, RV or replication-deficient UV-irradiated RV (UV-RV). Compared with cell cultures treated with PBS, cultures infected with MPA, RV or UV-RV showed significant increases in the chemokines interleukin 8 (IL-8), growth-regulated oncogene a (GRO-a) and epithelial cell-derived neutrophil-activating peptide 78 (ENA-78) (figure 1A–C). Cell cultures co-infected with MPA/RV showed synergistic increases in the levels of all three chemokines measured compared with cells infected with MPA or RV alone. This synergistic increase in chemokines was not observed in cells infected with MPA/UV-RV, indicating that an infectious virus is required for the observed increases.

Small increases in both bacterial and viral loads were observed in cells co-infected with MPA and RV compared with cells infected with MPA alone or MPA/UV-RV (see table 1 and 2 in online supplement). Together, these results suggest that the observed synergistic or additive chemokine responses depend on other factors besides small increases in bacterial and/or viral load.

RV infection facilitates transmigration of PA across mucociliary-differentiated CF airway epithelial cells
Cells infected with MPA/UV-RV or MPA/RV were immunostained with antibody to PA and ZO-1, a component of tight junction, and subjected to confocal indirect immunofluorescence microscopy. Basolateral media from these cultures were plated to determine the number of translocated bacteria. Confocal microscopy showed normal distribution of ZO-1 in the periphery of the cells and the presence of bacterial microcolonies (appearing as a green haze) with very few individual bacteria on the apical surface of MPA/UV-RV-infected cells (figure 2A). In contrast, MPA/RV-infected cell cultures showed dissociation of ZO-1 from the periphery of the cells in some areas and the presence of bacterial microcolonies along with numerous individual bacteria on the apical surface (figure 2B). Z-sections of these cultures revealed that, while bacteria were mainly on the apical surface in MPA/UV-RV-infected cultures (figure 2C), they were observed between the cells and at the basolateral surface in MPA/RV-infected cultures (figure 2D). Further, bacteria were recovered consistently (4.2×10⁷±1.6×10⁷ CFU/ml) in the basolateral media obtained from MPA/RV-infected cells, but not from MPA/UV-RV-infected cells. These results indicate that secondary infection with RV facilitates dispersal of bacteria from the microcolonies and transmigration of dispersed...
bacteria across the differentiated CF cultures, and this may potentially increase the interaction of bacteria with basolateral receptors.

**RV infection causes dispersal of bacteria from MPA biofilm**

Scanning electron microscopy of MPA/UV-RV-infected mucociliary-differentiated cell cultures revealed a film covering the majority of the bacteria, suggesting the presence of bacteria in a biofilm (figure 3A). In contrast, MPA/RV-infected cultures showed hollows in the biofilm which were surrounded by bacteria that were not covered by a film, an indication of dispersal of the bacteria from the biofilm (figure 3B). These results imply that RV infection can disperse planktonic bacteria from biofilm.

To determine whether RV is sufficient to disperse bacteria from biofilm, MPA biofilm grown on plastic pegs of an MBEC device (Innovotech) was exposed to PBS, cell culture media, RV inoculum equivalent to $1 \times 10^6$ TCID$_{50}$ or UV-RV for 3 h and the biofilm mass left on the peg was quantified. None of these treatments affected the biofilm mass (figure 3C), suggesting that a factor(s) secreted by epithelial cells upon RV infection is responsible for dispersal of bacteria from biofilm. This led us to examine the effect of conditioned media from RV- or UV-RV-infected cells on biofilm density. In the subsequent experiments...
monolayers of CF primary cells were used because mucus present on the apical surface of differentiated cells interfered with the assay. Exposure of MPA biofilm grown on plastic pegs to conditioned media from RV-infected but not from UV-RV-infected cells decreased biofilm density (figure 3D). These results indicate that a factor(s) released from CF cells in response to infectious RV is responsible for biofilm disruption.

### RV-induced H2O2 generation is sufficient for disruption of biofilm

RV has been shown to induce oxidative stress, and such environmental change can cause disruption of bacterial biofilm. We therefore examined the capacity of conditioned media from cells infected with RV or UV-RV in the presence of antioxidants to disrupt MPA biofilm. Treatment with DPI, an inhibitor of NADPH oxidase, completely reversed the capacity of conditioned media from RV-infected cells to disrupt biofilm (figure 4A and online figure 1A). In contrast, conditioned media from cells infected with RV in the presence of 1140W, an inhibitor of inducible nitric oxide synthase, had no effect on biofilm mass (see online figure 1C). Neither DPI nor 1140W alone had an effect on biofilm mass. Also, these inhibitors did not affect cell viability or viral load in the cells (see online figure 1E and 1F).

These results indicate that DPI-inhibitable oxidative stress caused by RV is responsible for dispersion of biofilm bacteria.

DPI inhibits flavoenzymes including NADPH oxidases. RV infection increased mRNA expression of Duox2, a component of NADPH oxidase, by 5.6±1.2-fold compared with sham or UV-RV-infected cells. Duox2 generates and secretes H2O2 directly into the extracellular milieu. In addition, RV infection also stimulated the generation of H2O2 in CF airway epithelial cells (12.6±5.81 μM), and this was inhibited by DPI (figure 4B and online figure 1B). To determine whether Duox2 stimulated by RV infection is required for generation of H2O2, monolayers of CF cells were transfected with non-targeting (NT) siRNA or siRNA specific to Duox2. CF cells transfected with siRNA specific to Duox2, but not NT siRNA, blocked the expression of Duox2 (figure 4C and online figure 2A and 2B) and inhibited H2O2 generation from RV-infected cells (figure 4D). In addition, conditioned media from Duox2 siRNA infected with RV was attenuated in its capacity to disrupt biofilm (figure 4E). This was due not to change in RV load in Duox2 siRNA transfected cells as there was no difference in RV load between NT-siRNA and Duox2 siRNA transfected cells (online figure 2C).

To further confirm that H2O2 induced by RV contributes to biofilm disruption, we initially determined the effect of H2O2 on the biofilm mass grown on plastic pegs. H2O2 decreased the biofilm mass in a concentration-dependent manner (online figure 5). Catalase, which neutralises H2O2, inhibited the reduction of biofilm mass caused by both H2O2 and conditioned media from RV-infected cells (figure 4F). These results confirmed that H2O2 generation induced by RV is required for disruption of biofilm.

### DPI inhibits bacterial transmigration and IL-8 increase in differentiated CF cells superinfected with RV

To assess whether H2O2 induced by RV is required for the bacterial transmigration and observed synergistic increases in IL-8 production, well-differentiated CF airway epithelial cells were infected with PBS or MPA and incubated for 24 h. The cells were then infected with UV-RV or RV and incubated in the presence 0 or 5 μM DPI and the basolateral media were examined for IL-8 levels and the presence of bacteria. As observed earlier, in the absence of DPI, MPA/RV-infected cultures showed synergistic increases in IL-8 (figure 5A) and bacteria in the basolateral media (figure 5B). In contrast, MPA/RV-infected cells
incubated in the presence of DPI showed a decreased IL-8 response, which was similar to the IL-8 response stimulated by MPA alone, and very few bacteria in the basolateral chamber. Confocal microscopy of cultures immunostained with antibodies to PA and ZO-1 showed the presence of biofilm along with numerous individual bacteria on the apical surface of MPA/RV-infected cell cultures in the absence of DPI (figure 5C). Z-sections of these cultures revealed the presence of bacteria on both the apical and basolateral surface (figure 5E). On the other hand, DPI-treated MPA/RV-infected cultures showed predominantly biofilm bacteria with very few individual bacteria on the apical surface (figure 5D), and Z-sections (figure 5F) showed bacteria on the basolateral surface only rarely. Together these results indicate that RV-induced DPI-inhibitable NADPH oxidase activity is responsible for dispersal of planktonic bacteria from biofilm, transmigration of bacteria and the related synergistic increase in IL-8 in CF airway epithelial cells.

**DISCUSSION**

In this study we show that superinfection with RV stimulates robust chemokine responses from CF airway epithelial cells preinfected with MPA. We also show that increased cytokine responses are associated with RV-facilitated dispersal of bacteria from MPA biofilm and transmigration of planktonic bacteria from the apical to the basolateral surface of mucociliary-differentiated CF airway epithelial cells. Furthermore, we provide evidence that RV infection induces H$_2$O$_2$ production in CF airway epithelial cells and this in turn causes dispersal of planktonic bacteria from biofilm. Together these results suggest that acute superinfection with RV increases chemokine responses and planktonic bacteria by causing dispersal of biofilm.

RV stimulates oxidative stress and chemokine responses from airway epithelial cells.\textsuperscript{16, 21–23} It is therefore plausible that an RV-induced subtle change in the microenvironment of CF airways is sufficient to increase the pathogenesis of existing flora. Consistent with this notion, RV-induced mild oxidative stress appears to be sufficient for liberation of planktonic bacteria from the biofilm. Planktonic bacteria are motile and express virulence factors, and hence can stimulate inflammatory responses readily compared with relatively immotile biofilm bacteria.\textsuperscript{12} In CF airways, MPA persists in biofilm and is less stimulatory to airway mucosa due to ‘sandwich binding.’\textsuperscript{24}
Dispersal of planktonic bacteria from the biofilm caused by RV infection may therefore lead to increased chemokine responses.

Following exposure to oxidative or other environmental stress, bacteria within the biofilm undergo coordinated dispersal events releasing free-swimming planktonic bacteria. RV, which can stimulate the expression of nitric oxide (NO) and H₂O₂, therefore can disperse planktonic bacteria from the biofilm. In the present study we found that RV-stimulated H₂O₂ mediated by Duox2, but not NO, is responsible for RV-induced liberation of planktonic bacteria from biofilm. Duox2 is one of the six homologues of NADPH oxidase catalytic subunit gp91phox and bronchial epithelial cells express Duox2 in response to treatment with Th1 and Th2 cytokines, TLR3 agonist or infection with RV. Duox2 is located in the plasma membrane and can secrete H₂O₂ directly into the extracellular milieu and thus can aid dispersal of bacteria from biofilm. Consistent with this notion, either inhibition of Duox2 expression or catalase, which neutralises the H₂O₂ in the extracellular milieu, therefore can disperse planktonic bacteria from the biofilm. In addition to dispersing bacteria from the biofilm, RV can also facilitate transmigration of bacteria across the airway epithelium because it has the capacity to compromise barrier function. This in turn may promote new interactions of dispersed planktonic bacteria with basolateral receptors which are otherwise not accessible, leading to increased production of cytokines from airway epithelial cells.

It is well established that bacteria in biofilms are more resistant to antibiotics than planktonic bacteria. In this regard, one can argue that disrupting biofilms to liberate planktonic bacteria that are more easily killed by antibiotics should be beneficial in CF, where bacteria are thought to persist in biofilm. However, planktonic bacteria dispersed from biofilm are often as resistant to antibiotics as their biofilm counterparts and also express antioxidant enzymes such as alkyl peroxidase and catalase, each of which can neutralise H₂O₂ in the extracellular milieu. It is therefore conceivable that RV-mediated dispersal of planktonic bacteria from biofilm increases inflammation in CF, requiring prolonged hospitalisation and use of intravenous antibiotics.

In conclusion, our results suggest that RV-induced oxidative stress liberates planktonic bacteria from biofilm and facilitates transmigration of planktonic bacteria across the mucociliary-differentiated CF airway epithelial cells. This in turn may
increase the interaction of planktonic bacteria with the basolateral receptors, leading to increased production of chemokines. These findings provide a novel mechanism by which RV infection may increase planktonic bacterial load and chemokine levels in CF.

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Competing interests None.

Ethics approval Use of CF bronchial segments was reviewed by the University of Michigan Institutional Review Board (IRB number HUM0000220).

Contributors SSC and SG conducted the study and analysed the data; ATM provided technical support; AMJ, JHM, RB, JLJ and MBH helped to interpret data; JLJ and MBH participated in critical review of manuscript; US and MBH obtained the funding; US designed the study, supervised its conduct and wrote the manuscript.

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