Maternal Nrf2 and glutathione-S-transferase polymorphisms do not modify associations of prenatal tobacco smoke exposure with asthma and lung function in school-aged children

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ABSTRACT
Background Maternal smoking during pregnancy has detrimental effects on the respiratory health of infants and children. Polymorphisms of antioxidant genes including glutathione-S-transferases (GSTs) have been proposed as candidates for asthma and reduced lung function in children.

Methods Women enrolled in the Avon Longitudinal Study of Parents and Children reported smoking habits during pregnancy. Asthma status in their children was established at age 7.5 years from parental reports and lung function was measured by spirometry at age 8.5 years. Maternal and child DNA were genotyped for deletions of GSTM1 and GSTT1 and functional polymorphisms of GSTP1 and Nrf2 genes. Associations of prenatal tobacco smoke exposure with asthma and lung function in children were stratified by maternal genotype.

Results In 6606 children, maternal smoking during pregnancy was negatively associated with maximal mid expiratory flow (FEF25–75) (−0.05 SD units, 95% CI −0.07 to −0.03, p<0.001). There was little evidence for interactions between maternal smoking and any maternal genotype considered on children’s asthma or lung function. Maternal smoking was associated with reduced childhood FEF25–75 only in mother-child pairs (n=1227) with both copies of GSTM1 deleted (−0.08 SD units, 95% CI −0.14 to −0.02, p=0.01) or (n=2313) at least one copy of GSTT1 present (−0.05 SD units, 95% CI −0.09 to 0, p=0.03).

Conclusion This study confirms a detrimental effect of intrauterine tobacco smoke exposure on childhood lung function but no strong evidence of modification by maternal genotype for important antioxidant genes. Adverse effects of fetal exposure to tobacco smoke on the respiratory health of children may be mediated by pathways other than oxidative stress.

INTRODUCTION
Exposure to environmental tobacco smoke is associated with adverse respiratory outcomes in children and it is an exposure to which the developing lung is particularly susceptible.1 Although both prenatal and postnatal tobacco smoke exposure is detrimental to children’s respiratory health, there is evidence to suggest that intrauterine exposure is more strongly associated with asthma and low lung function than passive exposure of children to secondhand smoke after birth.2–4 Studies of asymptomatic infants have reported decrements in lung function shortly after birth in infants exposed to maternal smoking during pregnancy,5 6 and it is possible that such deficits persist into later childhood7 8 and adult life.9

The glutathione-S-transferases (GST) are a superfamily of enzymes that promote conjugation of reduced glutathione (L-γ-glutamyl-L-cysteinyl-glycine) with electrophilic substances and are thus important for the detoxification of reactive oxygen species involved in cellular processes of inflammation, such as tobacco smoke constituents. Glutathione is key to protecting the lungs from oxidative stress, as demonstrated by the high levels of glutathione present in human epithelial lining fluid.10 Two of the most relevant human GST isoenzymes, GSTT1 and GSTM1, exhibit copy number variation with a high proportion of the population carrying no copies of the genes,11 resulting in complete loss of enzyme function. Although GST deletions can be compensated by overlapping substrate affinities within the GST family, GSTM1 and GSTT1 deletions have consequences when the organism comes into contact with distinct chemicals.12 A further member of the GST family (GSTP1) is expressed in lung epithelium,13 and a functional polymorphism of this gene, substitution of isoleucine with valine at amino acid 105, is associated with altered enzyme activity.14 Genetic variants of GSTM1, P1 and T1 have been proposed as candidates for asthma15–18 and lung function growth.19 20 Expression of GST enzymes is induced by Nuclear erythroid 2 p45-related factor 2 (Nrf2), a transcription factor that contributes to the induction of several protective enzymes during oxidative stress. Disruption of Nrf2 has been shown in mice to enhance both tobacco smoke-induced pulmonary injury21 and susceptibility to severe airway inflammation and asthma.22 A number of studies have considered the interaction of child GST genotype with tobacco smoke exposure in utero23–24 in relation to adverse pulmonary outcomes in childhood. However, xenobiotics in the maternal circulation are capable of crossing the placenta. Alterations in maternal detoxification capacity could therefore expose the fetus to critical levels of toxic metabolites which could in part be compensated by the detoxification capability of the fetus. Murdsoka and colleagues have recently reported associations between...
maternal and infant GST polymorphisms in combination with prenatal tobacco smoke exposure on measures of lung function and airway responsiveness in infancy.\textsuperscript{25} We hypothesised that functional polymorphisms of GST and Nrf2 genes in the mother would modify the effects of prenatal tobacco smoke exposure on lung function and asthma in childhood. We also predicted that any detrimental effects of maternal genotype would be enhanced or attenuated by fetal genotypes associated with reduced or normal levels of enzyme activity, respectively. We investigated this in a large population-based birth cohort in which maternal and child DNA, mothers’ smoking history collected during pregnancy and outcome measures on children were available.

**METHODS**

The Avon Longitudinal Study of Parents and Children (ALSPAC) is a population-based birth cohort that recruited 14 541 pregnant women resident in Avon, UK with expected dates of delivery from 1 April 1991 to 31 December 1992. There were 14 062 live born children, and 13 988 of these children were alive at age 1 year and subsequently followed up. The cohort has been followed since birth with annual questionnaires and, since age 7 years, with objective measures in annual research clinics. The study protocol has been published previously and further details can be found at http://www.bris.ac.uk/alspac.

**Primary exposure**

Two self-report questionnaires sent to women during pregnancy at 18 weeks and 32 weeks gestation contained questions on current smoking habits. Responses were recorded on an ordinal categorical scale as follows: 0 = no exposure; 1 = passive exposure only (partner or other household member smokes); 2 = smokes 1–9 cigarettes per day; 3 = smokes 10–19 cigarettes per day; 4 = smokes ≥20 cigarettes per day. The higher category reported at 18 or 32 weeks was used as the exposure variable for each subject in the analysis.

**Outcomes**

Current doctor-diagnosed asthma in the child was defined from parent-completed questionnaire at 7.5 years as reported doctor-diagnosed asthma ever plus reported asthma or wheezing in the preceding 12 months. Lung function was measured by spirometry at age 8.5 years after withholding short-acting bronchodilators for at least 6 h and long-acting bronchodilators and theophyllines for at least 24 h. The best of three reproducible flow-volume curves was used to measure forced expiratory volume in 1 s (FEV\textsubscript{1}) and maximal mid expiratory flow (FEF\textsubscript{25–75}). These measurements were transformed to age, height and gender adjusted standard deviation units.\textsuperscript{27}

**Genotyping**

Maternal DNA was extracted from whole blood and white cells collected during pregnancy. Single nucleotide polymorphisms (SNPs) in GSTP1 (G513A, Ile105Val, rs1695) and in the promoter region of Nrf2 (-684/-651 G/A, rs6706649) were determined by K-Biosciences Ltd (Hoddesdon, Herts, UK) using a competitive allele-specific PCR system (KASPar). GSTT1 and GSTM1 gene deletion genotyping was performed using a real-time PCR method described previously.\textsuperscript{29} Genotyping failure and error rates based on duplicate samples are shown in table E1 in the online supplement.

**Statistical analyses**

We measured the effect of maternal cigarette smoking on the outcomes using logistic regression models to estimate odds ratios for asthma and linear regression models to estimate arithmetic mean differences for lung function outcomes expressed as SD units (FEV\textsubscript{1} and FEF\textsubscript{25–75}). These effects were linear (or log linear) effects per category of the maternal smoking exposure. Huber variances were used to construct the confidence intervals.

To adjust effect estimates for confounding we constructed a smoking propensity score, which is a summary measure of ‘exposure-proneness’ of a subject and was based on selected confounder variables that have been associated with respiratory and atopic outcomes in the literature and which were not likely to be on the causal pathway (see table E2 in the online supplement). We therefore did not include birth anthropometry variables, gestational age and child’s body mass index (BMI) at 7 years. Data on confounders were collected from questionnaires sent to the child’s mother during pregnancy and at 8 months after birth. These included assessment of postnatal tobacco smoke exposure, which was categorised as yes/no in response to a question about exposure to smokers in the household on weekend days. Propensity scores have been described previously for adjustment of ordinal discrete exposures, analogous to the smoking exposure categories that were considered in this study.\textsuperscript{27} A further description of propensity scores is given in the online supplement.

Distributions of allele frequencies for each polymorphism in mothers and children were tested for deviation from Hardy–Weinberg equilibrium.\textsuperscript{30} Adjusted effects of maternal smoking on the primary outcomes were then stratified by maternal genotype. To test for gene–smoking interactions, we used a Wald \( \chi^2 \) or F-test for heterogeneity between the smoking effects in the genotype strata. Finally, we examined associations between propensity-adjusted maternal smoking and outcomes stratified by combinations of maternal/child null GSTM1/T1 genotypes.

**RESULTS**

Antenatal smoking status was obtained in 13 384 women who reported smoking habits on at least one occasion during pregnancy. Of these, 5467 (40.8\%) were unexposed, 4285 (32\%) had passive exposure only, 1234 (9.2\%) smoked 1–9 cigarettes/day, 1606 (12\%) smoked 10–19/day and 792 (5.9\%) reported smoking ≥20/day. Maternal and child GST and Nrf2 genotype frequencies did not deviate significantly from Hardy–Weinberg equilibrium.

Data on asthma were available for 8002 children at age 7.5 years and lung function measures were available for 6606 children aged 8.5 years. In the latter group the smoking exposure status of mothers during pregnancy was as follows: 3118 (47.2\%) unexposed, 2213 (33.5\%) passive only, 526 (8\%) 1–9/day and 232 (3.5\%) reported smoking ≥20/day. Numbers of subjects varied according to combinations of exposures and outcomes with availability of genetic data. Actual numbers with data available are shown in the tables. Baseline demographics of the cohort with smoking data and those with asthma and lung function outcomes at follow-up are shown in table E3 in the online supplement. Fewer women in the higher smoking categories attended for follow-up compared with those who were lost to follow-up.

Table 1 shows the proportions of children with asthma and mean FEV\textsubscript{1} and FEF\textsubscript{25–75} at 8 years according to maternal smoking status during pregnancy. Although unadjusted estimates suggested a positive association between maternal smoking and asthma in children, the effect was substantially attenuated by adjustment for smoking propensity (table 2).
There was a negative association of maternal smoking with FEF25–75 with a small decrement (−0.05 SD; equivalent to approximately −26 ml/s) for each increase in maternal smoking category that remained after propensity adjustment.

The associations of maternal and child genotypes with each of the primary outcomes is shown in tables E4–E6 in the online supplement. There was no strong evidence for gene-only associations of either maternal or child genotype with asthma or lung function.

Tables 5 and 4 show the associations between maternal smoking category and asthma and FEF25–75 respectively stratified by maternal genotype. There was no evidence for interactions between tobacco smoke exposure and maternal genotype on childhood asthma. For FEF25–75 there appeared to be a negative association with smoking when the GSTT1 gene was present but, when analysed by copy number variation, this effect was confined to those with one copy of the gene rather than two or none, with weak evidence of an interaction. In contrast, FEF25–75 was lower when GSTM1 was absent but there was no evidence to support a statistical interaction between tobacco smoke exposure and genotype on this outcome. There was no evidence to suggest that the relation between prenatal tobacco smoke exposure and FEV1 was modified by GST or Nrf2 genetic variants (data not shown).

Table 5 shows the associations of maternal smoking with asthma and FEF25–75 stratified by combinations of maternal and child GSTM1 deletions. This demonstrates evidence for an effect of maternal smoking on asthma when both mother and child have at least one copy of the GSTM1 gene present (OR 1.25, 95% CI 1.02 to 1.48, p=0.05). In contrast, a convincing deficit in FEF25–75 was restricted to mothers and children who both had the null genotype (0.08 SD, p=0.01). The results of similar analyses for GSTT1 genotypes are shown in table 6. In this case, the presence of at least one copy of GSTT1 in both mother and child was associated with reduced FEF25–75 (0.05 SD, p=0.05).

**DISCUSSION**

Our results confirm previous reports that intrauterine tobacco smoke exposure is associated with lower maximal mid expiratory flow in childhood. However, we did not find evidence of an independent effect of maternal smoking during pregnancy on reported asthma in children. Although there was a positive association on univariable analysis, this was attenuated almost completely by adjustment for smoking propensity, suggesting that uncontrolled or residual confounding may have contributed to previous reports of an association with childhood asthma.

When we stratified by maternal genotype, the detrimental effects of maternal smoking on mid expiratory flows appeared to be greatest in the presence and absence of GSTT1 and GSTM1, respectively. Furthermore, an effect of maternal smoking on asthma risk was only apparent when GSTM1 was present in both mother and child. However, on formal statistical testing for interaction we did not find convincing evidence for effect modification of maternal smoking effects by these genotypes.

**Results in the context of other literature**

Although our results did not support a major role for maternal Nrf2 or GST genotypes in modifying the association of prenatal smoke exposure with asthma or lung function in this population, these polymorphisms were relevant genetic targets in relation to tobacco smoke exposure for several reasons. Smoking by pregnant women has been associated with markers of fetal oxidative stress and urine of newborn infants. Nrf2 is a transcription factor that is involved in the induction of many antioxidant genes and is critical for the regulation of airway inflammation associated with exposure to particulates. Disruption of the Nrf2 pathway has been associated with eosinophilic airway inflammation and a severe asthma phenotype in a mouse model. However, we found no evidence for a gene main effects on asthma and lung function in children or evidence for interactions with maternal smoking on these outcomes. Given its central role as a master regulator of antioxidant genes, our findings suggest that the detrimental effects of maternal smoking on fetal airway growth may not be mediated primarily through oxidative stress.

The GST enzymes have major roles in detoxification of oxidative stress associated with exposure to tobacco smoke metabolites. Deletion of GSTM1 and GSTT1 genes in mothers has been reported to modify fetal oxidative stress. There is some evidence to support GST polymorphisms as asthma candidate genes, but results between studies have not been consistent and a recent meta-analysis did not support a substantial effect of these genes on asthma risk. Inconsistent associations between these genes and asthma in different populations could be attributed to between-population variations in environmental exposures. There have now been several reports of interactions between GST polymorphisms and oxidant exposures including ozone and tobacco smoke24 influencing the occurrence of asthma and respiratory symptoms in children. These reports have concentrated on children’s genotypes modifying disease risk associated with exposures, including those occurring in the prenatal period.
However, the detoxification of tobacco smoke metabolites by pregnant smokers is likely to affect the oxidant load experienced by the fetus. Carroll et al have previously reported in a small study that the minor allele of GSTP1 Ile105Val in mothers was associated with higher FEV1 in their children with asthma, and that the minor allele of GSTP1 Ile105Val compared with homozygous Ile alleles.25 We did not find evidence for a negative association between maternal GSTP1 Ile105 allele and children’s lung function in our cohort. In infants exposed to prenatal tobacco smoke, Murdzoska and coworkers reported higher VmaxFRC associated with one or more copies of GSTM1 in children, so it is possible that the child’s genotype is more important in determining respiratory outcomes during later childhood than in infancy, which may explain some of the discrepancies between our findings and those of Murdzoska and others.

### Strengths and limitations of this study

We had access to a large population-based cohort with recruitment in pregnancy, thus allowing collection of data on the principal exposure prior to the birth of the child and avoiding recall bias. Two particular strengths were availability of maternal DNA, allowing us to investigate the effects of genes involved in the detoxification of tobacco smoke by the mother, and copy number variation of the GSTM1 and GSTT1 deletions. Few previous studies have considered maternal genotype in

#### Table 3: Associations between maternal smoking and children’s asthma stratified by maternal Nrf2 and GST genotype

<table>
<thead>
<tr>
<th>Mother</th>
<th>Asthma</th>
<th>N</th>
<th>Cases (%)</th>
<th>OR* (95% CI)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>C:C</td>
<td></td>
<td>378</td>
<td>470 (12.4)</td>
<td>1.03 (0.93 to 1.14)</td>
<td>0.59</td>
</tr>
<tr>
<td>T:C</td>
<td></td>
<td>1068</td>
<td>151 (13.1)</td>
<td>1.04 (0.85 to 1.26)</td>
<td>0.72</td>
</tr>
<tr>
<td>T:T</td>
<td></td>
<td>78</td>
<td>10 (12.8)</td>
<td>1.51 (0.33 to 6.92)</td>
<td>0.59</td>
</tr>
<tr>
<td>Interaction</td>
<td></td>
<td>4934</td>
<td>631 (12.8)</td>
<td>0.92</td>
<td></td>
</tr>
</tbody>
</table>

#### Table 4: Associations between maternal smoking and children’s FEF25−75 stratified by maternal Nrf2 and GST genotype

<table>
<thead>
<tr>
<th>Mother</th>
<th>FEF25−75</th>
<th>N</th>
<th>AM difference* (95% CI)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>C:C</td>
<td></td>
<td>3174</td>
<td>−0.05 (−0.09 to −0.01)</td>
<td>0.015</td>
</tr>
<tr>
<td>T:C</td>
<td></td>
<td>894</td>
<td>−0.01 (−0.10 to 0.07)</td>
<td>0.75</td>
</tr>
<tr>
<td>T:T</td>
<td></td>
<td>67</td>
<td>−0.16 (−0.55 to 0.22)</td>
<td>0.4</td>
</tr>
<tr>
<td>Interaction</td>
<td></td>
<td>4135</td>
<td>0.62</td>
<td></td>
</tr>
</tbody>
</table>

#### Table 5: Associations between maternal smoking and children’s asthma and FEF25−75 according to maternal and child GSTM1-null genotypes

<table>
<thead>
<tr>
<th>Mother</th>
<th>Child</th>
<th>Asthma</th>
<th>N</th>
<th>Cases (%)</th>
<th>OR (95% CI)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>+</td>
<td>1137</td>
<td>137 (12.0)</td>
<td>1.23 (1.02 to 1.48)</td>
<td>0.03</td>
<td></td>
</tr>
<tr>
<td>+</td>
<td>−</td>
<td>525</td>
<td>60 (11.4)</td>
<td>0.77 (0.54 to 1.08)</td>
<td>0.13</td>
<td></td>
</tr>
<tr>
<td>−</td>
<td>+</td>
<td>513</td>
<td>64 (12.5)</td>
<td>1.05 (0.79 to 1.39)</td>
<td>0.76</td>
<td></td>
</tr>
<tr>
<td>−</td>
<td>−</td>
<td>1396</td>
<td>196 (14.0)</td>
<td>1.05 (0.88 to 1.24)</td>
<td>0.6</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mother</th>
<th>FEF25−75</th>
<th>N</th>
<th>AM difference (95% CI)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td></td>
<td>999</td>
<td>0.02 (−0.05 to 0.09)</td>
<td>0.63</td>
</tr>
<tr>
<td>+</td>
<td></td>
<td>477</td>
<td>−0.04 (−0.13 to 0.05)</td>
<td>0.36</td>
</tr>
<tr>
<td>−</td>
<td></td>
<td>456</td>
<td>0.03 (−0.08 to 0.14)</td>
<td>0.58</td>
</tr>
<tr>
<td>−</td>
<td></td>
<td>1227</td>
<td>−0.08 (−0.14 to −0.02)</td>
<td>0.012</td>
</tr>
</tbody>
</table>

*Adjusted for smoking propensity (see methods for details).

*Adjusted for smoking propensity (see methods for details).

AM, arithmetic mean; FEV1, maximal expiratory flow; +, one or more copies of GSTM1; −, homozygous deletion of GSTM1.
Table 6 Associations between maternal smoking and children's asthma and FEF25–75 according to maternal and child GSTT1-null genotypes

<table>
<thead>
<tr>
<th>GSTT1</th>
<th>Asthma</th>
<th>FEF25–75</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mother</td>
<td>Child</td>
<td>N</td>
</tr>
<tr>
<td>+</td>
<td>+</td>
<td>2577</td>
</tr>
<tr>
<td>−</td>
<td>−</td>
<td>349</td>
</tr>
<tr>
<td>−</td>
<td>+</td>
<td>340</td>
</tr>
<tr>
<td>−</td>
<td>−</td>
<td>242</td>
</tr>
</tbody>
</table>

AM, arithmetic mean; FEF25–75, maximal mid expiratory flow; +, one or more copies of GSTT1; −, homozygous deletion of GSTT1.

Asthma

Intrauterine tobacco smoke exposure is a potential modifier of the association between maternal smoking and adverse pregnancy outcomes such as low birth weight. One of the advantages of considering maternal genotype is that it provides a potential tool for segregating intrauterine effects from postnatal exposures as maternal genotype cannot directly influence the response of the infant to the latter, although fetal genotype may influence the response to transplacental carriage of toxic metabolites.

The limitations of our study include reliance on reported asthma outcomes, although we also considered objectively measured outcomes in this study, and lack of biological markers of tobacco smoke exposure in mothers or infants. Although there are discrepancies between measures of nicotine metabolites such as cotinine and self-reported smoking habits, the latter have been consistently shown to have strong dose-dependent associations with relevant health outcomes. In common with other large population-based studies, there was considerable loss to follow-up or incomplete data in a large proportion of the sample. Loss to follow-up was associated with greater exposure to tobacco smoke during pregnancy and, although genotype is likely to be random with respect to lifestyle or loss to follow-up, it might be speculated that an interaction between genotype and exposure might have been revealed in a more highly exposed sample and our effect estimates are conservative. However, our population did contain a sizeable number of women who reported high smoking rates and post hoc analysis did not suggest non-linearity of effects across smoking categories. Although our study is large, the number of asthma cases in each cell when stratified by maternal genotype was small for less common alleles. This inevitably limits the power of our study to detect modest interactions of tobacco smoke exposure with genotype, but we consider it unlikely that we have overlooked a sizeable effect.

CONCLUSIONS

This study confirms previously reported detrimental effects of intrauterine tobacco smoke exposure on the respiratory health of children, particularly on measures of small airway function. However, we did not find strong evidence of modification of this effect by maternal genotype for a group of enzymes that are fundamental to detoxification of a range of xenobiotics. Other genes or metabolic pathways may be implicated in the susceptibility of infants to the adverse effects of tobacco smoke. For example, the recently described association of 17q21 variants with early onset asthma was stronger in children of smoking mothers, and interactions have been reported between tobacco smoke exposure and ADAM33 polymorphisms in the development of lung function and bronchial responsiveness in children.

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Competing interests None.

Ethics approval This study was conducted with the approval of the Avon Longitudinal Study of Parents and Children Ethics and Law Committee (IRB 00003312) and local research ethics committee, University Hospitals Bristol NHS Trust.

Contributors AJH and SDS conceived the study; RBN performed the statistical analyses; SMR, MR-Z and JWH conducted the genetic aspects of the study; SOS, AJH and JWH obtained the funding; all authors contributed to interpretation of the findings and writing the manuscript. AJH and SDS are guarantors for the contents of the paper.

Provenance and peer review Not commissioned; externally peer reviewed.

REFERENCES

Asthma


