Burkholderia pseudomallei: another emerging pathogen in cystic fibrosis

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Background: Burkholderia pseudomallei is an important cause of acute fulminant pneumonia and septicaemia in tropical regions of northern Australia and south east Asia. Subacute and chronic forms of the disease also occur. There have been three recent reports of adults with cystic fibrosis (CF) who presumably acquired B pseudomallei infection during extended vacations or residence in either Thailand or northern Australia.

Methods: The clinical course, molecular characteristics, serology and response to treatment are described in four adult CF patients infected with B pseudomallei. Polymerase chain reaction (PCR) based methods were used to confirm B pseudomallei and exclude B cepacia complex. Genotyping was performed using randomly amplified polymorphic DNA (RAPD) PCR and pulsed field gel electrophoresis (PFGE).

Results: Four patients are described with a mean duration of infection of 32 months. All but one patient lived in tropical Queensland. Two patients (with the longest duration of infection) deteriorated clinically and one subsequently died of respiratory failure. Both responded to intravenous treatment specifically targeting B pseudomallei. Another patient suffered two severe episodes of acute bronchopneumonia following acquisition of B pseudomallei. Eradication of the organism was not possible in any of the cases. PFGE of a sample isolate from each patient revealed the strains to be unique and RAPD analysis showed retention of the same strain within an individual over time.

Conclusions: These findings support a potential pathogenic role for B pseudomallei in CF lung disease, producing both chronic infection and possibly acute bronchopneumonia. Identical isolates are retained over time and are unique, consistent with likely environmental acquisition and not person to person spread. B pseudomallei is emerging as a significant pathogen for patients with CF residing and holidaying in the tropics.
Group Ltd, Merseyside, UK), and mannitol salt agar (Oxoid Ltd). Phenotypic identification of B pseudomallei was based on biochemical reactions, a positive oxidative test, and the API 20NE. Isolates were stored in liquid nitrogen using PROTECT bacterial preservers (Technical Service Consultants Ltd, Heywood, UK).

Antibiotic sensitivity
Antibiotic sensitivity testing was conducted according to the National Committee for Clinical Laboratory Standards (NCCLS). Disc diffusion was employed using Mueller Hinton agar and Oxoid antibiotic discs (Oxoid Ltd). The following antibiotics (disc concentration) were tested: tetracycline (30 μg/ml), gentamicin (10 μg/ml), sulphanmethoxazole/trimetoprim (SXT) (25 μg/ml), tobramycin (10 μg/ml), amikacin (30 μg/ml), ceftazidime (30 μg/ml), piperacillin (100 μg/ml), ticarcillin/clavulanic acid (75/10 μg/ml), ciprofloxacin (5 μg/ml), aztreonam (30 μg/ml), meropenem (10 μg/ml), imipenem (10 μg/ml), and colistin sulphate (10 μg/ml). SXT sensitivities were confirmed using E Tests according to NCCLS broth dilution break points.

Multiple combination bactericidal testing (MCBT)
MCBT was carried out to identify bactericidal or antagonistic combinations of antibiotics. The procedure was performed in triplicate in 96 well round bottomed microtitre plates (Nunc Inc, Roskilde, Denmark) as described by Aaron et al. The following antibiotics were used: tobramycin (Sigma Chemicals) 10 μg/ml and 200 μg/ml (the latter suitable for nebulised use), meropenem (Astra Zeneca) 32 μg/ml, amikacin and cefepime (Bristol-Myers Squibb) both 32 μg/ml, ceftazidime and ticarcillin/clavulanic acid (Glaxo Smith Kline) 32 μg/ml and 32/2 μg/ml respectively, ciprofloxacin (Bayer) 2 μg/ml, chloramphenicol, SXT and doxycycline (all Roche Laboratories, Canada) 20 μg/ml, 10/2 μg/ml and 4 μg/ml, respectively. Reference strains (P aeruginosa ATCC 27853, E coli ATCC 25922, and E coli ATCC 35218) were used to control for the efficacy of the antibiotics.

Serological tests
B pseudomallei antibodies were measured in each patient using serum collected after the first identification of B pseudomallei in sputum. Stored serum was available for retrospective testing in one case. Total antibody titre was determined using an indirect haemagglutination assay and IgM and IgG subclasses were measured using an enzyme linked immunoassay.

Molecular identification
16S rRNA polymerase chain reaction (PCR) for B pseudomallei
Isolates from each patient were confirmed as B pseudomallei using a modification of the method described by Dharakul et al. The primers used were Bps16S–42L (sense) and Bps16S–266R (antisense) or Bps16S–42L (sense) and Bps16S–427R (antisense) (two separate PCR reactions). DNA amplification was performed in an AB2700 Thermal Cycler (Applied Biosystems, Foster City, USA) with an initial hot start step of 95°C for 15 minutes, followed by 35 cycles of 1 minute at 95°C, 1 minute at 60°C, 1 minute at 72°C, and final extension for 10 minutes at 72°C. The presence of amplified DNA product was detected in 1.5% (w/v) agarose gel stained with 2.5 μl 10 mg/ml ethidium bromide. Bands at 243 bp and 405 bp were interpreted as being consistent with PCR amplification of arabinose negative (Ara-) B pseudomallei DNA (environmental Ara+ isolates of B pseudomallei are seldom encountered in clinical specimens and exhibit minimal virulence in animal models).

recA PCR for B cepacia complex
B cepacia was excluded using PCR amplification of the recA gene based on methods previously described. DNA extracted from each isolate was used as a template.

RFLP analysis of 16S rDNA
The 16S rDNA-RFLP method as described by Segonds et al was performed on each isolate and the results compared with a known strain of B pseudomallei. This method has been shown to discriminate effectively between members of the B cepacia complex and other Burkholderia species. Restriction endonuclease digestion was performed on each PCR product separately using the enzymes DdeI and MspI. Each individual RFLP profile was assigned an identifying uppercase letter.

Genotyping
Genotyping was performed on available isolates from each patient collected over at least several months using randomly amplified polymorphic DNA (RAPD) and pulsed field gel electrophoresis (PFGE). RAPD analysis was performed using a modification of the method previously described by Corney et al. Strains were considered identical if their banding patterns were identical for all five primers. PFGE was performed according to the method of Currie et al using SpeI restriction endonuclease with the modification of adding thiouracil to the running buffer. The results were visually compared.

Clinical and microbiological review of patients attending The Prince Charles Hospital has been approved by the human research and ethics committee as part of the provision of patient data for the Australia and New Zealand Cystic Fibrosis Data Registry.

RESULTS
Clinical description
Case 1
A 23 year old man with CF (AF508/AF508) living in tropical Queensland had B pseudomallei initially identified in his sputum in May 2000. He had severe bronchiectasis (forced expiratory volume in 1 second (FEV1) 40–45% predicted), CF related diabetes requiring insulin, and chronic P aeruginosa and MRSA infection. Before identification of B pseudomallei he required two to four admissions per year for parenteral antibiotic treatment. Shortly after the acquisition of B pseudomallei he deteriorated significantly with increasingly frequent pulmonary exacerbations, which were characterised by marked constitutional symptoms and increased circulating inflammatory markers. His FEV1 fell from 40% predicted to 25% predicted over an 18 month period and he developed hypercapnic respiratory failure requiring acute non-invasive ventilatory support during one admission. The patient’s clinical course appeared to stabilise in February 2002 when long term treatment with high dose SXT was commenced (800/160 mg twice daily). He subsequently deteriorated further despite the SXT and then stabilised again with the addition of amoxicillin/clavulanic acid (875/125 mg twice daily). He was listed for lung transplantation from March 2002 but progressive bronchial sepsis occurred and the patient died in November 2002 as a result of respiratory failure.

Despite several attempts at eradication, B pseudomallei continued to be isolated from the sputum (moderate to heavy growth). MRSA and P aeruginosa were also usually but not invariably identified in the sputum and Stenotrophomonas maltophilia had been cultured infrequently. Parenteral antibiotics to attempt eradication of B pseudomallei have included cefazidime (up to 15 g/day) and meropenem (up to 6 g/day) for as long as 8 weeks. These have been used in combination with high dose oral SXT. Oral tetracycline and ciprofloxacin

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have been used individually and in combination with SXT with little benefit.

**Case 2**
A 36 year old man with CF (ΔF508/ΔF508) living in tropical Queensland had *B pseudomallei* first identified in the sputum in 1994. Previously the patient had been well with mild bronchiectasis (FEV1 65–75% predicted) and had only previously required parenteral antibiotics on two occasions. Ten years previously the patient’s mother had been successfully treated for acute melioidosis (severe pneumonia). They shared accommodation before the episode of pneumonia and for several years after recovery, and she remains well. Subsequent to the identification of *B pseudomallei*, he gradually deteriorated. The patient’s FEV1 is currently 33% predicted. Pulmonary exacerbations have become increasingly frequent and are typically accompanied by systemic symptoms. On two occasions the patient received 2 weeks of high dose intravenous ceftazidime, meropenem and oral SXT which resulted in improved spirometry; however, *B pseudomallei* persisted in the sputum. The patient continues to require up to four courses of intravenous antibiotics per year, including either ceftazidime or meropenem and oral SXT, for pulmonary exacerbations with accompanying clinical response. Between exacerbations he is maintained on SXT or tetracycline. Most sputum samples have a pure light to heavy growth of *B pseudomallei*. *P aeruginosa* is also cultured infrequently.

**Case 3**
A 15 year old boy with CF (ΔF508/G542X) from tropical far north Queensland had *B pseudomallei* first isolated in the sputum in December 2001. The patient has mild bronchiectasis with two previous admissions (aged 8 and 14 years) for parenteral treatment of pulmonary exacerbation. Before December 2001 *Staphylococcus aureus* and *P aeruginosa* had been isolated in the sputum and *B pseudomallei* had continued to be isolated from the sputum subsequently (scant to light growth). The patient has remained well and has not received any specific treatment targeting *B pseudomallei*. The patient had an older sibling with CF who had chronic *B cepacia* (genovar IIb) infection and died of respiratory failure in April 2001.

**Case 4**
A 24 year old woman with CF (ΔF508/ΔF508), moderate bronchiectasis (FEV1 65% predicted), and chronic *B cepacia* (genovar IIb) infection (Australian epidemic strain, LGMI18830) relocated to subtropical Queensland from a temperate region in New South Wales in 1998. She typically had required four courses of parenteral antibiotic treatment for pulmonary exacerbations per year. Sputum intermittently cultured *P aeruginosa* and *S aureus* in addition to *B cepacia*. In a separate analysis to determine whether *B pseudomallei* antibodies were positive in CF patients infected with *B cepacia*, we identified very high titres in this patient in April 2002. The patient had neither resided nor visited tropical regions within Australia or south east Asia. Subsequent analysis of stored serum from March 2000 and July 2001 also revealed positive *B pseudomallei* antibodies suggesting exposure prior to 2000. Furthermore, there was an eightfold rise in antibody titre between March 2000 and July 2001. No other patient with *B cepacia* treated in the unit (eight patients) had positive *B pseudomallei* antibodies. Subsequent re-examination of sputum revealed *B pseudomallei* in addition to *B cepacia*. Sputum now consistently grows both *B pseudomallei* (scant to heavy growth) and *B cepacia*. In June 2001 the microbiology laboratory identified an organism from the sputum atypical for *B cepacia* which had an antibiogram identical to the subsequently identified *B pseudomallei*. The patient has had two severe exacerbations complicated by bronchopneumonia in July 2001 and June 2002, both of which responded to 3 week courses of intravenous ceftazidime, meropenem, and tobramycin.

**Laboratory identification**

**Microbiology**
Each of the isolates induced a pink colouration when grown on MAST *B cepacia* medium. Colonies on the selective medium were similar to that of *B cepacia* but could be distinguished by a slightly drier appearance. Older cultures (>3 days) exhibited the characteristic wrinkled colonial morphology of this organism. A distinct “earthy” odour emanated from each of the isolates when cultured onto solid media. Each isolate was identified as *B pseudomallei* based on the API20NE with cases 1, 2 and 4 sharing the same profile (1156577, 99.9% *B pseudomallei*). The API20NE profile for case 3 was 1556577 (99.8% *B pseudomallei*). Co-pathogens included *P aeruginosa* (three cases), *B cepacia* (one patient), *S aureus* (two patients), and MRSA (one patient). In two cases *B pseudomallei* was the dominant pathogen cultured in the sputum based on it being the sole organism cultured in the majority of sputum samples (cases 1 and 2).

**Antibiotic sensitivity**
All isolates were resistant to all classes of aminoglycosides and colistin. All but one of the isolates was sensitive to ceftazidime and all were sensitive to the carbapenem antibiotics, meropenem and imipenem. Three of the four isolates were sensitive to tetracycline and SXT, but only one was sensitive to ciprofloxacin.

**MCBT**
All isolates were tested against 11 single, 47 double, and 34 triple antibiotic combinations. High dose tobramycin (200 µg/ml) and ticarcillin/clavulanic acid were the most effective single agents, being bactericidal for all four isolates, while meropenem, ceftazidime, and cefepime were bactericidal for three of the four isolates. High dose tobramycin in combination with all single antibiotics except chloramphenicol was bactericidal for all four isolates; high dose tobramycin with chloramphenicol was bactericidal for three of the four isolates. Among dual combinations suitable for intravenous or oral use, meropenem with SXT or tobramycin (10 µg/ml) in combination with meropenem or ceftazidime or cefepime were most effective being bactericidal for all four isolates. The addition of a third antibiotic to these low dose tobramycin combinations was counterproductive in two of the four cases. Some combinations including ceftazidime and meropenem were bactericidal for three of the isolates but antagonistic for the fourth isolate.

**Serological tests**
All patients had positive serum *B pseudomallei* antibodies which, in three cases (1–3), were performed after the initial identification of *B pseudomallei* in sputum. Case 4 had positive antibodies before the first laboratory identification of *B pseudomallei* in sputum, with seroconversion prior to July 2001. All cases had positive *B pseudomallei* total antibody and IgG, but only cases 1 and 4 had positive IgM antibodies.

**Molecular identification**

16S rRNA PCR for *B pseudomallei*
The *B pseudomallei* 16S rRNA PCR was performed on DNA extracted from each isolate, producing bands at 243 bp and 405 bp in each case, consistent with Ara “B pseudomallei.”
had previously resided in Darwin, northern Australia. Clinics in four patients with CF, three of whom were children who regions. Acquisition of melioidosis in temperate south eastern colonisation while the fourth had never visited tropical the four cases lived in endemic areas at the time of Most recently, Holland et al described B pseudomallei infection in CF lung disease, producing both chronic infection and possibly acute bronchopneumonia. Attempts to eradicate B pseudomallei have so far been unsuccessful. The one previous report describing eradication in a patient with CF required 36 weeks of continuous antibiotic treatment. Prolonged courses of antibiotics specifically targeting B pseudomallei in three of the four cases have been administered and eradication was not possible. The most effective antibiotics in terms of clinical response were ceftazidime and meropenem when used in combination. Most (but not all) of the patients had B pseudomallei isolates that were sensitive to these antibiotics. Continuous high dose SXT resulted in stabilisation in case 1 which had proved difficult to achieve despite multiple courses of triple parenteral antibiotics. While the effectiveness of MCBT has not yet been validated in clinical trials, the results of this study suggest that it may have a role in the management of patients with B pseudomallei. The combination of ceftazidime and meropenem, commonly used in the treatment of this organism and clinically useful in three of the four cases reported here, was also bactericidal by MCBT. MCBT may also provide new options for strategies to treat and potentially eradicate B pseudomallei. Several combinations not usually associated with the treatment of this organism were found to be bactericidal for the majority of isolates. Among these were combinations involving tobramycin tested at the high concentration reported to be achievable in the airways following nebulisation. A recent Cochrane review of interventions for treating melioidosis recommended that regimens for the acute phase of the illness should contain ceftazidime and doxycycline or doxycycline with SXT. The same review suggested that oral maintenance therapy after the acute phase should consist of a three drug regimen containing chloramphenicol, doxycycline, and SXT. Our clinical experience is consistent with these recommendations. Interestingly, combinations of chloramphenicol with doxycycline or doxycycline with SXT were not bactericidal for any of the isolates, but MCBT was not performed on the triple combination of chloramphenicol, doxycycline, and SXT.

Identification of B pseudomallei in previously reported cases has proved difficult. Even in a specialist laboratory dealing with CF microbiology, B pseudomallei can be mistaken for B cepacia when using commercially available identification systems. A high index of suspicion is needed, not only in clinics that provide care for patients living in tropical areas but also in those clinics caring for patients travelling to endemic areas. Laboratories outside endemic areas should be aware of the various characteristics and identification systems that may be used if B pseudomallei is suspected. The organism can be readily grown on most respiratory solid culture media and is characteristically colistin resistant and therefore easily grown on B cepacia medium. Although similar to B cepacia complex, B pseudomallei is a distinct species. Its colonies exhibit a slightly drier appearance and earthy odour, and older cultures have a characteristic wrinkled appearance. These subtle phenotypic differences underscore the need for appropriate molecular confirmation of B pseudomallei and exclusion of B cepacia complex. We have shown that

**DISCUSSION**

Burkholderia pseudomallei is an important pathogen in people living in endemic areas of northern Australia and south east Asia. In a recent study from northern Australia chronic lung disease was recognised as a risk factor for melioidosis. We report a case series of B pseudomallei infection in CF. Three of the four cases lived in endemic areas at the time of colonisation while the fourth had never visited tropical regions. Acquisition of melioidosis in temperate south eastern Queensland has previously been reported. There have been four previous reports of B pseudomallei infection in CF. The first two were visitors to an endemic area with infection apparently acquired during vacation in south east Asia. Most recently, Holland et al described B pseudomallei infection in four patients with CF, three of whom were children who had previously resided in Darwin, northern Australia. Clinics and microbiology laboratories need to consider and be able to accurately identify B pseudomallei in patients with CF residing within or returning from endemic regions.

The current report provides preliminary evidence that B pseudomallei is a pathogen in the respiratory tract in patients with CF. B pseudomallei was the dominant organism in at least two of the patients and, in one of these, it was frequently the only organism cultured in the sputum. Both these patients steadily declined following acquisition and both had recurrent exacerbations characterised by constitutional symptoms and raised serum inflammatory markers. To date, case 3 has

**Figure 1** Comparison of the banding patterns from randomly amplified polymorphic DNA PCR assays of sequential B pseudomallei isolates from each of the cases. The RAPD result shown is for the L10a primer set. Lanes 2–12, case 1; lanes 13 and 14, case 4; lanes 17–19, case 3; and lanes 20–25, case 2. Lanes 1, 15, 16, and 26 = 100 bp molecular weight ladder.

recA PCR for B cepacia complex and RFLP analysis of 16S rDNA  

The recA PCR for B cepacia complex was negative for each isolate. RFLP profiles with DdeI and MspI yielded an AA pattern in each isolate which was identical to that obtained previously in our laboratory with B cepacia (genomovar I), B cenocepacia (genomovar III), and B anthina (genomovar VIII).

Genotyping  

Multiple isolates were available for genotypic analysis ranging from two to 11 per patient collected over 25 months from April 2000 to May 2002. PFGE revealed that a sample isolate from each patient was distinct and unrelated to other patients. RAPD analysis revealed retention of the same strain isolate from each patient was distinct and unrelated to other patients. RAPD analysis revealed retention of the same strain
**REFERENCES**


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