PostScript

Relationship between asthma severity and progression of Alzheimer’s disease

Severity of asthma is occasionally modulated by neuropsychiatric conditions. However, little is known about the impact of cognitive decline on asthma severity. Cognitive decline is a core symptom in patients with Alzheimer’s disease (AD). AD is a disease characterised by progressive cholinergic failure which could possibly reduce airway hyperresponsiveness to cholinergic stimulation and thus symptoms of asthma. Furthermore, the functions of T lymphocytes—which play a crucial role in the development of chronic asthma—are partially impaired in patients with AD related diseases. We hypothesised that declining cognitive function might result in an improvement in asthma, and prospectively studied the contribution of the progression of AD to the clinical course of asthma.

Eight patients with asthma of mean (SE) duration 15.3 (0.9) years from 1995 to 2000. All subjects were treated with oral theophylline (200 mg twice daily) and a 200 μg dose of fenoterol given by a flow driven inhaler as needed. Family members of the patients completed a diary card that recorded asthma symptoms, use of daily medication, and the number of hospital admissions for asthma during the 5 years prior to study entry and the 5 year observation period. Cognitive function was assessed by Mini-Mental State Examination (MMSE) and sputum eosinophil counts and methacholine challenge tests were performed both at enrolment in the study and at the end. Informed consent was obtained from each patient, his or her family, and an attending physician.

MMSE scores were significantly decreased during the 5 year observation period in all subjects (table 1). Overall attack frequency and severity of asthma symptoms significantly decreased during the progression of cognitive impairment in all but one asthmatic subject with AD (table 1). Induced sputum obtained at the end of the study from seven subjects with improved asthma had a significantly lower percentage of eosinophils than at the start of the study (2.2 (0.4)% at end point v 10.7 (2.8)% at baseline, n=7, p<0.008), but there were no significant differences in the mean percentages of macrophages, neutrophils, or lymphocytes. By contrast, in all subjects the minimum cumulative dose of methacholine that induced an increase in respiratory resistance at the end of the study was not significantly different from that obtained at study enrolment (0.426 (0.252) U at end point v 0.366 (0.144) U at enrolment in the study, n=8, p=0.26). No other precipitating factors for asthma were identified during the study period in any subject.

Both overall attack frequency and severity of asthma symptoms decreased significantly during the progression of cognitive impairment in asthma patients with AD. However, peripheral cholinergic function might not be impaired in the airway in patients with AD despite an extensive loss of central cholinergic neurons. It has been reported that the nervous system may modulate immunological and inflammatory responses. Our results suggest that progression of AD might provide an ameliorating effect on the clinical course of asthma, probably due to alterations in the immunological responses including eosinophilic inflammation in the airway.

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References


Table 1 Assesment of asthma severity and change in cognitive function at study entry (baseline) and 5 year follow up (end point) in asthma patients with Alzheimer’s disease

<table>
<thead>
<tr>
<th>Case</th>
<th>Age (y)</th>
<th>Sex</th>
<th>MMSE score</th>
<th>Asthma symptom score</th>
<th>Daily inhaler puffs</th>
<th>Number of hospital admissions for asthma</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Baseline</td>
<td>End point</td>
<td>Baseline</td>
<td>End point</td>
</tr>
<tr>
<td>1</td>
<td>67</td>
<td>M</td>
<td>23</td>
<td>18</td>
<td>6.4</td>
<td>1.2</td>
</tr>
<tr>
<td>2</td>
<td>66</td>
<td>M</td>
<td>21</td>
<td>16</td>
<td>8.6</td>
<td>2.2</td>
</tr>
<tr>
<td>3</td>
<td>67</td>
<td>F</td>
<td>23</td>
<td>17</td>
<td>10.2</td>
<td>1.6</td>
</tr>
<tr>
<td>4</td>
<td>65</td>
<td>M</td>
<td>22</td>
<td>15</td>
<td>7.8</td>
<td>1.2</td>
</tr>
<tr>
<td>5</td>
<td>65</td>
<td>F</td>
<td>21</td>
<td>16</td>
<td>7.5</td>
<td>0.4</td>
</tr>
<tr>
<td>6</td>
<td>69</td>
<td>F</td>
<td>23</td>
<td>17</td>
<td>9.4</td>
<td>3.6</td>
</tr>
<tr>
<td>7</td>
<td>66</td>
<td>F</td>
<td>22</td>
<td>16</td>
<td>9.2</td>
<td>2.4</td>
</tr>
<tr>
<td>8</td>
<td>68</td>
<td>M</td>
<td>23</td>
<td>21</td>
<td>7.6</td>
<td>7.4</td>
</tr>
<tr>
<td>Mean (SE)</td>
<td>67.0 (0.7)</td>
<td>22.3 (0.3)</td>
<td>17.0 (0.7)*</td>
<td>8.4 (0.5)</td>
<td>1.8 (0.4)</td>
<td>2.2 (0.3)</td>
</tr>
</tbody>
</table>

MMSE=Mini-Mental State Examination; SE=standard error.
*p<0.0001 (Wilcoxon rank test) compared with baseline data in all asthma patients with Alzheimer’s disease; †p<0.0001; ‡p=0.0001; §p<0.0001 compared with baseline data in seven asthma patients with Alzheimer’s disease (cases 1–7).

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IL-1 haplotypes and lung function decline

We read with interest the paper by Joos et al. on the association of IL-1 gene haplotypes with decline in lung function in smokers and would share their view on a possible role of IL-1 genetics in inflammatory respiratory diseases. We have analysed the same polymorphism by

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the same methods in adult incident non-smoking asthmatic patients and non-smoking controls. Our results indicate that the association of IL-1 genetics with rate of decline in lung function is not limited to smokers.

New adult asthma cases and controls were selected from a cohort of the Mini-Finland Health Survey (MFHS) and later re-evaluated. A more detailed description of the methods used in MFHS has been published elsewhere. The accuracy of the method of asthma case ascertainment has also recently been described. IL-1 haplotypes were found to be significantly associated with the rate of decline of lung function in non-smoking incident cases of asthma (new asthma during follow-up) but not in controls (table 1). Of the individual haplotypes, Joos et al. found that IL1RN A2/IL1B –511T was associated with a rapid decline of lung function in smokers and IL1RN A2/IL1B –511T with a slow decline. In our control group the observed differences were not significant. Surprisingly, in the asthma group the haplotypes had the opposite effects from those in smokers: IL1RN A1/IL1B –511T was associated with a slower decline in lung function and IL1RN A2/IL1B –511T with a more rapid decline. IL1RN A2/IL1B –511T has previously been found to be associated with many inflammatory diseases. The function of these haplotypes would therefore appear to be disease specific.

### Molecular analysis of drug resistant TB

Since the mid 1980s the number of notified cases of TB in the UK has continued to rise with the largest increases noted in London and inner city areas. King George Hospital in Goodmayes, Essex provides clinical services to a population of approximately 230 000: 17% are non-white subjects including immigrants from countries with high rates of M tuberculosis infection and drug resistance. From September 1996 to July 1997 47 adult cases of culture proven TB were identified including seven with drug resistant isolates. None was identified by contact tracing. A previous TB audit of African born patients revealed a high rate of drug resistance (6/24 (25%)) and delays in obtaining drug sensitivities which could have been detrimental to patient management. Under these circumstances the rapid identification of drug resistance in M tuberculosis isolates would have been helpful. The aim of this study was to determine retrospectively the usefulness of PCR-reverse hybridisation methods for screening for mutations within or adjacent to M tuberculosis genes associated with rifampicin (rif) and isoniazid (inhA, katG, and ahpC) resistance. We also determined whether resistance genotyping combined with IS6110 typing could help to identify clusters of drug resistant cases not previously identified by contact tracing. Seven consecutive drug resistant M tuberculosis culture isolates were analysed for rifampicin and isoniazid resistance and the results were compared with conventional susceptibility testing. The commercially available

<table>
<thead>
<tr>
<th>Isolate</th>
<th>Age</th>
<th>Country of birth</th>
<th>Site of TB</th>
<th>Drug resistance</th>
<th>Resistance genotype</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>24</td>
<td>Nigeria</td>
<td>Pulmonary</td>
<td>INH/RIF</td>
<td>Wild type</td>
</tr>
<tr>
<td>2</td>
<td>21</td>
<td>Somalia</td>
<td>Pulmonary</td>
<td>INH</td>
<td>katG mutation</td>
</tr>
<tr>
<td>3</td>
<td>40</td>
<td>Zaire</td>
<td>Pulmonary</td>
<td>INH</td>
<td>inA mutation</td>
</tr>
<tr>
<td>4</td>
<td>17</td>
<td>Zaire</td>
<td>Pulmonary</td>
<td>INH</td>
<td>inA mutation</td>
</tr>
<tr>
<td>5</td>
<td>20</td>
<td>Zaire</td>
<td>Pulmonary</td>
<td>INH</td>
<td>Wild type</td>
</tr>
<tr>
<td>6</td>
<td>42</td>
<td>UK</td>
<td>Pulmonary</td>
<td>INH</td>
<td>inA mutation</td>
</tr>
<tr>
<td>7</td>
<td>44</td>
<td>Somalia</td>
<td>Sternum</td>
<td>PZ</td>
<td>Wild type</td>
</tr>
</tbody>
</table>

INH=isoniazid; RIF=rifampicin; PZ=pazynamide. Isolates 3 and 5 had indistinguishable IS6110 types. Isolates 1 and 4 were not typable due to insufficient culture and the banding pattern of isolate 6 was uninterpretable.
assay INNO-LIPA Rif.TB was used to detect rifampicin and isoniazid resistant isolates. We demonstrated that different point mutations can be used to discriminate between isoniazid resistant isolates. We believe that with automation and the addition of oligonucleotide probes designed to detect mutations associated with pyrazinamide resistance (pncA) and ethambutol (embB) resistance, a system capable of detecting resistance to four front line antituberculosis drugs will soon be commercially available. Rapid resistance detection by PCR-reverse hybridisation is likely to have a major impact on patient management and our understanding of the epidemiology of drug resistant TB.

Acknowledgements
We would like to thank the Steering Group Members of the “Molecular Epidemiology of Tuberculosis in London” for allowing us access to their in-house PCR-reverse hybridisation line probe was used to detect mutations in or adjacent to the katG, inhA, and abpc genes. The isolates were also INH6110 typed.

The single rifampicin and isoniazid resistant isolate had an rifampicin gene mutation associated with rifampicin resistance (table 1). Four of the five isoniazid resistant isolates had the same single point mutation upstream of the inhA gene and the other a single katG point mutation. Isolates 3 and 5 had indistinguishable INH6110 types that could represent isolates where recent transmission had occurred. No mutations were detected in the 40 fully susceptible isolates.

PCR-reverse hybridisation methods were highly sensitive and specific at detecting mutations that predict for isoniazid and rifampicin resistance. We also demonstrated that different point mutations can be used to discriminate between isoniazid resistant isolates. We believe that with automation and the addition of oligonucleotide probes designed to detect mutations associated with pyrazinamide (pncA) and ethambutol (embB) resistance, a system capable of detecting resistance to four front line antituberculosis drugs will soon be commercially available. Rapid resistance detection by PCR-reverse hybridisation is likely to have a major impact on patient management and our understanding of the epidemiology of drug resistant TB.

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References
to the discrepancy between the studies by Gompertz et al and ours. No relationship was observed between CRP level and severity of disease, whereas separation of patients into normometabolic and hypermetabolic subgroups revealed enhanced levels of CRP in the latter group. Further research is needed to elucidate the cause for the production of these acute phase proteins in subgroups of clinically stable COPD patients and its involvement in the pathogenesis of the disease. It is of interest to note that, although only some of the clinically stable patients had enhanced CRP levels, almost all patients who had an exacerbation of disease had increased CRP levels on day 1 of the exacerbation which declined during treatment.

We agree with Dr Kellv that treatment with corticosteroids could affect the leucocyte count in patients with clinically stable COPD. As reported in our paper, increased circulating levels of leucocytes were observed in the subgroup of clinically stable COPD patients treated with oral corticosteroids compared with those who did not receive oral corticosteroids. However, comparison of subgroups of patients without corticosteroid treatment (oral or inhaled) with control subjects still revealed significantly increased leucocyte counts (data not shown). This indicates that the enhanced levels of circulating leucocytes are not solely due to corticosteroid use, and could be a marker of the systemic inflammatory process in COPD. In line with this hypothesis, Noguer et al reported increased circulating levels of polynucleolar cells in patients with stable COPD, none of whom had received steroids before the start of the study (oral or inhaled). As discussed in our paper, administration of prednisolone during treatment of an exacerbation is most probably the cause for the observed rise in leucocyte counts. In order to determine the effect an of exacerbation on leucocyte counts, studies are currently being performed in our hospital where donors will be randomised to receive oral or inhaled steroids. In the latter group.

As discussed in our paper, administration of prednisolone during treatment of an exacerbation is most probably the cause for the observed rise in leucocyte counts. In order to determine the effect of an exacerbation on leucocyte counts, studies are currently being performed in our hospital in which blood from patients with an exacerbation is collected before the start of treatment. COPD comprises a heterogeneous group of conditions characterised by chronic airflow limitation and destruction of lung parenchyma with clinical manifestations of dyspnoea, cough, sputum production, and impaired exercise tolerance. The definition of an acute exacerbation of COPD is still imprecise, and is generally based on varying combinations of symptoms. Rodriguez-Roisin et al suggested staging COPD exacerbations based on the severity of disease. They defined three levels of severity: mild, moderate and severe. During a mild exacerbation the patient has an increased need for medication which he/she can manage in their own environment; patients with a moderate exacerbation have an increased need for medication and need to seek additional medical assistance; the patient with a severe exacerbation recognises obvious and/or rapid deterioration in his/her condition requiring admission to hospital. Based on this definition, the patients included in our study were suffering from severe exacerbations of disease. Only limited information is so far available concerning the effects of inflammatory markers during exacerbations. In our study the kinetics of pro- and anti-inflammatory markers have been analysed in patients with COPD during the first 7 days in hospital for an exacerbation of the disease. The results showed a significant decline in systemic levels of both CRP (at day 3) and LBP (at day 7) compared with day 1, whereas levels of the anti-inflammatory mediator soluble IL-1 receptor II dramatically increased (until day 5). This change in levels of inflammatory mediators may contribute to the clinical improvement of the patients. Additional studies are required to obtain more insight into the role of the inflammatory processes in the pathogenesis of exacerbations which could contribute to measurable parameters, in order to define the severity or outcome of disease more accurately.

References


Authors' reply

Dr Kellv has some concerns about the levels of C reactive protein (CRP) in the healthy controls and patients with clinically stable COPD in our study. The control group used consisted of randomly selected subjects over 50 years of age and living in the same area as the patients. These subjects had no evidence of COPD based on questionnaires and lung function tests, and therefore the results are not affected by these two outliers. Although two of the 23 control subjects had enhanced CRP levels, the reason for this is unknown, they were not excluded from the study. Concerning the diagnosis of COPD, all patients in our study underwent high resolution computed tomographic scanning to exclude the presence of bronchiectasis. There is increasing evidence that COPD is characterised by systemic effects which, among other factors, are reflected by enhanced levels of inflammatory mediators in the circulation. In line with the observations of increased levels of the acute phase proteins CRP and lipopoly saccharide binding protein (LBP) in patients with a clinically stable condition in this study and in previous studies by our group, an association between increased plasma levels of the acute phase protein fibrinogen with reduced lung function and increased risk of COPD has been recently been reported. Yasuda et al also reported enhanced CRP levels in patients with stable COPD. It should be noted from these studies that only part of the patient population exhibited enhanced acute phase protein levels, as was also the case in our study. This indicates that, although all patients were in a clinically stable condition, subgroups can be discriminated based upon inflammatory characteristics. This could be a factor contributing to the increased need for medication and need to seek additional medical assistance; the patient with a severe exacerbation recognises obvious and/or rapid deterioration in his/her condition requiring admission to hospital. Based on this definition, the patients included in our study were suffering from severe exacerbations of disease. Only limited information is so far available concerning (changes of) inflammatory markers during exacerbations. In our study the kinetics of pro- and anti-inflammatory markers have been analysed in patients with COPD during the first 7 days in hospital for an exacerbation of the disease. The results showed a significant decline in systemic levels of both CRP (at day 3) and LBP (at day 7) compared with day 1, whereas levels of the anti-inflammatory mediator soluble IL-1 receptor II dramatically increased (until day 5). This change in levels of inflammatory mediators may contribute to the clinical improvement of the patients. Additional studies are required to obtain more insight into the role of the inflammatory processes in the pathogenesis of exacerbations which could contribute to measurable parameters, in order to define the severity or outcome of disease more accurately.

References