LETTERS TO THE EDITOR

Who should look after asthma?

The article by Professor Tattersfield and Dr Holmes (June 1995;50:597–9) was full of pertinent and wise statements and observations but we strongly disagree with one of their opinions – namely, that concerning who should look after patients admitted to hospital with severe asthma. They suggest that “… admission under a respiratory physician is likely to be in the patient’s interest”, but then go on to argue that this may be less good for medical education of juniors and students implying that asthmatic patients should be admitted to general medical wards rather than specialist units. They also point out that at present there are not enough respiratory physicians. Many audit studies published in the last few years have shown that respiratory physicians deliver a higher quality of inpatient care than do their general physician colleagues. In particular, general physicians prescribe anti-inflammatory treatment less often, are less good at planning to prevent future episodes, and fail to follow up over 40% of cases.¹ A recent article² pointed out that, in cardiac disease, such process measures are probably a more sensitive indicator of standards of care than are direct measures of outcomes, and this conclusion is likely to apply to asthma too since, if asthma prophylaxis is not even prescribed, the patient cannot hope to gain benefit from it.

Tattersfield and Holmes argue that medical students and junior doctors need to see and treat asthma and are fearful that some doctors could fail to learn about it. We agree that all juniors and students need to learn about asthma, but we suggest that it is better that they rotate through respiratory teams and see a lot of asthma managed well than being exposed to a smattering of asthmatic patients managed in various suboptimal ways from a range of general medical units so provided by respiratory physicians (courtesy with respiratory nurse support) who have active liaison with their local general practitioner colleagues.

A further reason for our view concerns research not mentioned in the editorial. Advances in the management of this, one of the most important medical emergencies, will be impared if patients are scattered amongst all the general physicians and around all the medical wards. There are proportionately many more respiratory cases than there are respiratory physicians and this should not deter us from aiming for the best deal for the patient - even if it means having to strive for more respiratory posts. On call care will have to be shared with others, but the person with the responsibility should be a respiratory physician.

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Community-acquired Chlamydia pneumoniae pneumonia

The study by Dr Kauppinen and colleagues (February 1996;51:185–9) contains two interesting clinical aspects: (1) Chlamydia pneumoniae caused pneumonia frequently in association with other microorganisms, mainly Streptococcus pneumoniae and (2) the course of this infection was unrelated to the use of appropriate antibiotics and their treatment. In addition, asymptomatic carriers have been found by others.¹ All these findings might question the role of C pneumoniae as a pathogenic agent responsible for community-acquired pneumonia.

We recently performed a study to determine the aetiology of community-acquired pneumonia in Lleida (Spain). Traditional diagnostic methods, including paired serum samples for microimmunofluorescence to detect C pneumoniae, were used in combinations with polymerase chain reaction (PCR) tests performed on samples obtained directly from lung parenchyma by transbronchial needle aspiration to avoid confounding results. PCR has improved the ability to detect many microbial agents, including C pneumoniae, with a higher sensitivity and specificity than conventional procedures.² Furthermore, transbronchial needle aspiration is a very specific method of obtaining uncontaminated pulmonary samples.

With this method 14 of 119 patients (12%) had a diagnosis of C pneumoniae pneumonia. Serological criteria established the diagnosis in 11 cases and PCR in seven (both methods were positive in four patients). Of these patients three had a dual infection, associated with S pneumoniae in two cases and S viridans in one. The outcome of the patients was retrospectively evaluated in correlation with the treatment; seven received β-lactam agents only and seven received macrolides, alone or combined with β-lactams. The clinical course of the illness (duration of fever, time in hospital, and incidence of complications) did not differ between the two groups.

We found C pneumoniae in the lung parenchyma of our patients with pneumonia using specific methods, and the clinical results were comparable with those of Kauppinen. Thus, we believe that C pneumoniae is a real pathogen which causes pneumonia. Furthermore, we support the opinion that chlamydial infections can be successfully treated with alternative regimens, particularly β-lactam agents. Prospective studies are needed to explore this possibility.

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Fibreoptic bronchoscopy for diagnosis of isolated tuberculous mediastinal lymphadenopathy

We read with interest the report by Baran et al (January 1996;51:87–9) on the role of rigid bronchoscopy in the diagnosis of intrathoracic tuberculous lymphadenopathy without parenchymal lesions in a series of 17 adults. The results suggested that fiberoptic bronchoscopy is a useful test in the diagnosis of tuberculous lymphadenopathy.

We recently reported similar results in a series of 12 HIV negative adults with isolated tuberculous mediastinal lymphadenopathy using fiberoptic bronchoscopy.¹ Isolated tuberculous mediastinal lymphadenopathy was defined as mediastinal lymphadenopathy as the sole detectable manifestation of tuberculosis with negative smear sputum examination. Endobronchial abnormalities were present in nine patients (75%): tracheal, main or segmental bronchus extrinsic compression in eight; tracheal, main or segmental bronchus mucosal inflammation continuous to an enlarged lymph node in four; endobronchial inflammatory mass contiguous to an enlarged hilar lymph node in three; and endobronchial node fistulisation in three. Diagnosis was obtained by bronchial biopsy in seven cases (58%), mediastinoscopy in four, and computed tomographic-guided transbronchial needle aspiration in one. None of our patients underwent transthoracic biopsy.

This high diagnostic yield of bronchoscopy in patients with isolated tuberculous media-