

# THORAX

The Journal of the British Thoracic Society

A Registered Charity

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*Thorax* is the journal of the British Thoracic Society. It is intended primarily for the publication of original work relevant to diseases of the thorax. Contributions may be submitted by workers who are not members of the society. The following notes are for the guidance of contributors. Papers may be returned if presented in an inappropriate form.

**SUBMISSION AND PRESENTATION** The original typescript and three copies of all papers should be sent to the Executive Editor, Dr S G Spiro, *Thorax* Editorial Office, Private Patients' Wing, University College Hospital, 25 Grafton Way, London WC1E 6DB. Editorial and historical articles are normally commissioned but the Editor may accept uncommissioned articles of this type. Manuscripts must be accompanied by a declaration, signed by all authors, that the paper is not under consideration by any other journal at the same time and that it has not been accepted for publication elsewhere. The typescript should bear the name and address of the author who will deal with editorial correspondence, and also a fax number if possible. Authors may be asked to supply copies of similar material they have published previously. Papers are accepted on the understanding that they may undergo editorial revision. In the event of rejection one copy of the text may be retained for future reference.

Authors should follow the requirements of the International Steering Committee of Medical Editors (*BMJ* 1979;i:532-5). Papers must be typed in double spacing with wide margins for correction and on one side of the paper only. They should include a structured abstract on a separate sheet (see below). Papers should contain adequate reference to previous work on the subject. Descriptions of experimental procedures on patients not essential for the investigation or treatment of their condition must include a written assurance that they were carried out with the informed consent of the subjects concerned and with the agreement of the local ethics committee.

**ABSTRACT** Abstracts, which should be of no more than 250 words, should state clearly why the study was done, how it was carried out (including number and brief details of subjects, drug doses, and experimental design), results, and main conclusions. They should be structured to go under the headings "Background," "Methods," "Results," and "Conclusions."

**STATISTICAL METHODS** The Editor recommends that authors refer to Altman DG, Gore SM, Gardner MJ, Pocock SJ. Statistical guidelines for contributors to medical journals. *BMJ* 1983;286:1489-93. Authors should name any statistical methods used and give details of randomisation procedures. For large numbers of observations it is often preferable to give mean values and an estimate of the scatter (usually 95% confidence intervals) with a footnote stating from whom the full data may be obtained. The power of the study to detect a significant difference should be given when appropriate and may be requested by referees. Standard deviation (SD) and standard error (SE) should be given in parenthesis (not preceded by  $\pm$ ) and identified by SD or SE at the first mention.

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**ILLUSTRATIONS** Line drawings, graphs, and diagrams should be prepared to professional standards and submitted as originals or as unmounted glossy photographic prints. Particular care is needed with photomicrographs, where detail is easily lost—it is often more informative to show a small area at a high magnification than a large area. Scale bars should be used to indicate magnification. The size of the symbols and lettering (upper and lower case rather than all capitals) and thickness of lines should take account of the likely reduction of the figure—usually to a width of 65 mm. Three copies of each illustration should be submitted. Each should bear a label on the back marked in pencil with the names of the authors and the number of the figure, and the top should be indicated. Legends should be typed on a separate sheet. Authors must pay for colour illustrations.

**REFERENCES** Responsibility for the accuracy and completeness of references rests entirely with the authors. References will not be checked in detail by the Editor but papers in which errors are detected are unlikely to be accepted. Reference to work published in abstract form is allowed

only in exceptional circumstances—for example, to acknowledge priority or indebtedness for ideas. References should be numbered in the order in which they are first mentioned and identified in text, tables, and legends to figures by arabic numerals above the line. References cited only (or first) in tables or legends should be numbered according to where the particular table or figure is first mentioned in the text. The list of references should be typed in double spacing and in numerical order on separate sheets. The information should include reference number, authors' names and initials (all authors unless more than six, in which case the first six names are followed by *et al*), title of article, and in the case of journal articles name of journal (abbreviated according to the style of *Index Medicus*), year of publication, volume, and first and last page numbers. The order and the punctuation are important and should conform to the following examples:

1 Anderson HR. Chronic lung disease in the Papua New Guinea Highlands. *Thorax* 1979;34:647-53.

2 Green AB, Brown CD. *Textbook of pulmonary disease*. 2nd ed. London: Silver Books, 1982:49.

3 Grey EF. Cystic fibrosis. In: Green AB, Brown CD, eds. *Textbook of pulmonary disease*. London: Silver Books, 1982:349-62.

**SHORT REPORTS** Short reports of experimental work, new methods, or unique cases that illustrate an important principle may be accepted. These may be published as two page reports, in which case the report must be limited to 850 words, a maximum of two tables or illustrations, and no more than 10 references. Occasionally a one page short report is appropriate and this will need to be limited to 400 words, one table or illustration, and 10 references. Short reports should normally have a one or two sentence abstract at the beginning.

**CORRESPONDENCE** The Editor welcomes letters related to articles published in *Thorax*. These should not exceed 300 words or contain more than three references, which should be listed at the end of the letter. Letters should be typed in double spacing with wide margins and must be signed by all authors.

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ally thousands of exercise tests on normal subjects and patients, especially humbling. The book also highlights how far respiratory physiologists are willing to risk their lives and personal comfort in the interest of science. In particular, a new species has been named—the CARP (completely apnoeic respiratory physiologist). The book needs a chapter that brings together all the ideas into a general overview. The symposium seems to have highlighted not only how far we have advanced in our understanding of breathlessness, but also how far we were away from the answer 25 years ago.

This book is certainly not for the casual reader, and does not make easy bedtime reading. However, for anybody who is intending to work in respiratory failure, respiratory muscles, or measurement of sensations and functional capacity in breathless patients, it is essential reading and an excellent source of references. All in all, this book makes a fitting tribute to the illustrious career of Moran Campbell.—VM

**Reading the Chest Radiograph: A Physiologic Approach.** E N C Milne and M Pistolesi. (Pp 383; £79.00.) St Louis: Mosby, 1993. 0 8016 3303 6.

This book, written by the Professor of Radiology at Irvine, California and the Associated Professor of Respiratory Pathophysiology at Pisa, consists of 11 chapters devoted to a physiological approach to the interpretation of a chest radiograph. It is copiously illustrated with over 600 radiographs and diagrams. The book covers primarily pulmonary oedema, fluid balance, blood volume, flows and pressures, but there are also chapters on detecting and quantifying chronic bronchitis and emphysema, and on intensive care unit radiology. The scope and price of the book, therefore, limit its appeal to the general respiratory physician, but it is likely to be of interest to intensive care physicians, renal physicians, and cardiologists, as well as to those respiratory physicians who specialise in the study of pulmonary fluid. It is not a book which covers the whole scope of chest radiology or pulmonary diseases as it deals with physiology and not the width of pathology affecting the lung.

It is well illustrated and clearly written and there are excellent reproductions of radiographs and line drawings. The reproduction of some of the computed tomographic scans, though, is inferior to the plain radiographs. The radiograph which is printed the wrong way round to test the reviewer is on page 268!

A book such as this linking the radiological appearance to the underlying physiology is to be welcomed, and there is a useful quick reference to pathophysiology effects on chest radiographs enclosed as a supplementary pocket book of 50 pages. This is a helpful pocket guide to common patterns, but its use of abbreviations throughout is slightly irritating, and inclusion of a radiograph as well as the line drawing illustrating the radiograph would have helped this handout.

Overall, therefore, this book is a useful addition to the specialist radiology of intensive care library but it is unlikely to be attractive to general respiratory physicians.—NMCIJ

**Asthma: Basic Mechanisms and Clinical Management.** 2nd edition. P J Barnes, I W Rodger and N C Thomson. (Pp 782; £75.00, US\$ 165.00.) London: Academic Press, 1992. 0 12 079026 2

This is the second edition of this book which, when first published in 1988, established itself as one of the standard text books on asthma. The editors have drawn on an international group of authors who have covered various aspects of the underlying mechanisms in asthma, the pharmacology of asthma, and asthma management. All the various cells and chemical mediators implicated in the pathophysiology of asthma are covered well with a useful chapter by the three editors bringing the topics together in a generally well balanced overview. The chapters on individual antiasthmatic drugs are comprehensive and authoritative. The contributions are generally of a high standard but, whereas some chapters (for instance the one on physiology) are still up to date, in other fast moving areas such as antimediator drugs new studies leave some of the chapters looking already outdated.

The sections on asthma management are generally pragmatic and emphasise the approach taken in the guidelines in the treatment of asthma. However, it was disappointing that areas of uncertainty within the guidelines and the clear requirement for more studies to clarify points of uncertainty were not emphasised. Overall, the book deserves to be a success and will be of use to scientists and clinicians involved in research in asthma and those wanting a reference work to refer to specific areas. It will not, however, appeal as a manual for clinicians looking for practical guidance on the management of asthma.—NCB

**Update on Childhood Asthma.** M H Schoni and R Kraemer. (Pp 221; SFr88, DM88.) Basel: Birkhauser Verlag, 1993. 3 7643 2867 3.

This modest sized book running to 220 pages contains a mixture of reviews and scientific papers presented at a symposium on paediatric asthma in Berne in March this year. It is a credit to the editors that publication preceded the conference! The stated aim is to "summarise recent research results and to provide an update on present therapy and point to important psychosomatic aspects...". Of the 14 contributions, seven are straight reviews and seven are scientific papers (three on lung function methods in infants). As might be expected the home team form a major part of the book, making up nine of the 14 contributions. Contributions vary in length from seven to 25 pages, most are up to date, and the reviews will be a very useful source of references for those preparing grants and requiring background material. Not all of the contributions are strictly relevant to asthma; for example, there is a brief review on unbalanced protease in the lung which is more relevant to cystic fibrosis than to asthma. As might be expected in such a rapidly assembled book there are a large number of typographical errors and variable quality of type face, but this is a mere irritation and does not detract from its value. There are six main sections, namely aetiology, pulmonary function testing, epidemiology, airway inflammation, allergy,

and treatment, although several contributions do not fit happily under any of these headings.

More questions than answers are raised on the origins of asthma in childhood, reflecting the plethora of recent contributions in this field. A much clearer consensus on therapy is apparent and this is very much along the lines of recent consensus statements with a concern about the early use of inhaled steroids in mild perennial asthma. It is fascinating to see the overlap and variations in approach used by different reviewers on both mechanisms and the treatment of childhood asthma. Many of the issues raised on treatment could be resolved with carefully controlled studies, but the area of airway inflammation and whether features in the child are the same as in the adult remains to be established. Several of the reviews on mechanisms would be of interest to those concerned with adult asthma in identifying areas of similarity and difference. Overall this is an interesting contribution to the asthma literature and one which will date rapidly but which would be useful for a department with a research interest in childhood asthma. It is also quite useful for research fellows writing proposals or currently writing up their theses.—PJH

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## NOTICES

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### Quality '93

Quality '93 organised by the BMA, the BMJ, the King's Fund, the College of Health and Quality in Healthcare, will take place on 11 November 1993, at the Brewery, London ECX. The meeting will review progress with raising quality in the NHS and also look at what's new in raising quality. For further details contact: Pru Walters, BMA House, Tavistock Square, London WC1H 9JP. Telephone: 071 383 6518.

### Pulmonary rehabilitation: new insights into individual assessment and management in patients with obstructive airways disease

This conference, sponsored by the European Respiratory Society, will take place on 14–15 April 1994 at the University of Nijmegen, The Netherlands and is aimed at those who are involved in pulmonary rehabilitation in patients with asthma and COPD. For further information contact Mrs M A J van Engelen, Eeneind 2, 5674 VP Nuenen, The Netherlands. Tel +31-40 834 833, Fax +31 40-836 422.

### Sleep apnoea and hypertension

A satellite symposium of the 15th scientific meeting of the International Society of Hypertension on sleep apnoea and hypertension will be held at the University of Sydney on 27–28 March 1994. For further information please contact Dr Ian Wilcox, Department of Medicine, University of Sydney, Australia 2006. Tel: +61-2-5168024, Fax: +61-2-5503851.