An intrapulmonary teratoma associated with thymic tissue

D. W. DAY and S. A. TAYLOR

Departments of Morbid Anatomy and Surgery, King's College Hospital,
Denmark Hill, London SE5 8RX

Day, D. W. and Taylor, S. A. (1975). Thorax, 30, 582–587. An intrapulmonary teratoma associated with thymic tissue. A benign teratoma was removed by segmental resection from the upper lobe of the right lung in a girl aged 19 years. This is the twentieth case report of a teratoma occurring in the lung substance and is of especial interest because of the identification of thymic tissue histologically. The significance of this in relation to the pathogenesis of intrathoracic teratoma is discussed.

Only 19 cases of intrapulmonary teratoma have been reported in the world literature. Thymic tissue has not been described in them. We wish to report a case in which thymic tissue was present.

CASE REPORT

A 19-year-old female clerk was admitted on 21 July 1974 after referral from another hospital. She had noticed intermittent pain in the right chest for two years and for three months a cough with purulent sputum and right-sided pleuritic pain. There had been no haemoptysis and she had not lost weight. A chest radiograph two months before admission showed a round shadow adjacent to the right hilum and this subsequently increased in size. Other investigations included a haemoglobin of 13.6 g/dl, a normal total and differential white blood cell count and an ESR of 30 mm in one hour (Westergren). A tuberculin test was positive and because of radiological appearances suggested a tuberculous adenitis, antituberculosis treatment with rifampicin and isoniazid was started, but the hilar shadow continued to enlarge (Fig. 1).

On examination after referral she was a fit-looking girl without signs in the chest. A culture of the sputum grew commensal organisms only. Tomography localized the lesion to the right upper lobe. A bronchoscopy showed no abnormality and the preoperative diagnosis was of a tuberculosis.

On 25 July 1974 a right posterolateral thoracotomy was performed and a mass measuring approximately 5×4×2 cm was found in the anterior segment of the right upper lobe, partially adherent to the mediastinum. During mobilization it discharged yellow sebaceous material. A standard anterior segmental resection was done and the chest was closed with drainage. The patient made an uneventful postoperative recovery.

The resected segment of lung measured 11×5×5 cm, and at one pole under the pleura the surface was an encapsulated partially cystic mass measuring 6×4×3 cm, from the lining of which a white polypoid structure arose. This extended into the distal part of the segmental bronchus which was bronchiectatic (Fig. 2). The cut surface showed tissue around the cystic space up to 1.5 cm thick with a variable yellow and white appearance, and sebaceous material was present around the stalk of the polyp. Thus the cystic space of the teratoma was in direct continuity with the distal part of the segmental bronchus. The lung tissue surrounding the bronchiectatic area of the bronchus was yellow and firm.

Histologically the proximal part of the segmental bronchus was lined by normal respiratory epithelium which in the bronchiectatic segment showed some squamous metaplasia with areas of ulceration. The surrounding lung tissue showed lipoid pneumonia, and the interstitial tissues and alveoli were packed with foamy multinucleated giant cells. When traced distally into the cystic cavity of the teratoma the epithelium was predominantly of keratinizing stratified squamous type beneath which were hyperplastic sebaceous...
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**FIG. 1.** A postero-anterior chest radiograph showing a rounded opacity in the right hilar region.

**FIG. 2.** The operative specimen showing the teratoma on the left. In the centre is the polypoid structure which has been displaced from the bronchiecstatic cavity seen above and to its right.
FIG. 3. Part of the lining of the cystic cavity of the teratoma showing keratinizing stratified squamous epithelium with underlying hyperplastic sebaceous glands and sweat ducts, and to the right the shaft of a hair follicle (Haematoxylin and eosin ×50).

FIG. 4. Pancreatic acinar tissue and adjacent epithelial structures (Haematoxylin and eosin ×50).
FIG. 5. Lobules of thymic tissue present at the periphery of the teratoma (Haematoxylin and eosin ×20).

FIG. 6. Thymic tissue showing several Hassall's corpuscles, the largest of which contains a focus of calcification (Haematoxylin and eosin ×200).
glands with apocrine and eccrine sweat glands. Occasional hair follicles were also seen (Fig. 3). The polyp was covered by a mixture of squamous and respiratory epithelium with underlying skin appendages and mixed serous and mucous glands. Deep to the surface epithelium of the cyst wall was pancreatic acinar tissue in which islets of Langerhans were present together with clusters of glands and different types of epithelium (Fig. 4). Areas of smooth muscle and fat were also seen. No bone, cartilage or nerve tissue was identified. At the periphery of the teratoma at one point was a prominent focus of thymic tissue with Hassall's corpuscles (Figs 5 and 6), and from this area thin reticulated strands of thymic tissue could be traced completely around the teratoma (Fig. 7).

DISCUSSION

The rarity of intrapulmonary teratomas contrasts with their relative frequency in the anterior mediastinum which is their third commonest site in the body. In a review article in 1944 Rusby collected 245 examples of teratoma of the anterior mediastinum, adding six of his own. Since then many more have been described in the literature, whereas up to the present time only 19 cases of intrapulmonary teratoma have been reported, although in some the exact site of origin has been doubtful or histology has been lacking. Trivedi, Mehta, and Nanavaty (1966) reported a case of their own and reviewed the literature of the previous 15 cases, and since then further cases have been described by Bateson, Hayes, and Woo-Ming (1968), Gautam (1969), and Pound and Willis (1969). Apart from this last case, which occurred in an infant, the age of presentation has varied from 16 to 66 years. The commonest site in the lung has been the left upper lobe, and of the 16 reports with details of the nature of the tumour, nine have been benign and seven malignant.

Our case was similar to that described by Collier et al. (1959) in that the cystic cavity of the teratoma was in direct communication with the distal part of the segmental bronchus. Pancreatic acinar tissue, with or without islets of Langerhans, is a usual feature of the anterior mediastinal and intrapulmonary teratomas but is rare in teratomas in the gonads and other sites.

Thymic tissue in association with intrapulmonary teratoma has not been described before.
However, its association with teratoma of the anterior mediastinum is well recognized. Schlumberger (1946), in a study of 15 cases of anterior mediastinal teratoma, found thymic tissue in the capsule in four instances, and emphasized that sometimes only parts of the teratoma were available for detailed microscopical study. Since then Inada and Nakano (1958), in a histological study of 15 cases of mediastinal teratoma, found residual thymic tissue adjacent to the capsule or in marginal areas mixed with tumour tissue in 11 of 15 cases, and in one of them completely surrounding the tumour.

From his observations Schlumberger proposed that the site of development of anterior mediastinal teratoma was in thymic tissue, a view originally put forward by Marchand in 1833. The origin of teratoma in the thorax, away from the usual site of the thymus in the anterior mediastinum, could be explained by displacement or early separation of thymic tissue during embryogenesis. Pound and Willis (1969), trying to explain the mode of origin of pulmonary teratoma, suggest that in the early embryo the primordial teratomatous focus may lie in such a position in the potential mediastinum that it is caught up and carried by the respiratory outgrowth from the foregut.

In our case it would seem more likely that the teratoma was arising in thymic tissue and not that the thymic tissue was one of the components of the teratoma, since thymic tissue could be traced completely around the periphery of the tumour. In some places the thymic tissue was obvious, with demarcation into cortical and medullary zones, without evidence of involution and with prominent Hassall's corpuscles. Around most of the tumour, however, and extending from this more obvious thymic tissue, were thin strands of lymphocytic cells with a reticulated pattern. It is easy to appreciate how this attenuated thymic tissue could disappear or be overlooked in a teratoma which has grown beyond a certain size and resulted in compression atrophy.

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REFERENCES


Requests for reprints to: Dr. D. W. Day, Departments of Morbid Anatomy and Surgery, King's College Hospital, Denmark Hill, London SE5 8RX.