Autoantibodies in lung cancer: possibilities for early detection and subsequent cure

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► A supplementary appendix is published online only at <http://thorax.bmj.com/content/vol63/issue3>

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Received 13 August 2007
Accepted 28 August 2007
Published Online First
11 October 2007

ABSTRACT

Background: People with lung cancer usually present at a late stage in the course of their disease when their chances of long-term survival are low. At present there is little to offer for early diagnosis, even in those at high risk of developing the disease. Autoantibodies have been shown to be present in the circulation of people with various forms of solid tumour before cancer-associated antigens can be detected, and these molecules can be measured up to 5 years before symptomatic disease.

Objective: To assess the potential of a panel of tumour-associated autoantibody profiles as an aid to other lung cancer screening modalities.

Methods: Plasma from normal controls (n = 50), patients with non-small cell lung cancer (n = 82) and patients with small cell lung cancer (n = 22) were investigated for the presence of autoantibodies to p53, c-myc, HER2, NY-ESO-1, CAGE, MUC1 and GBU4-5 by enzyme-linked immunosorbent assay.

Results: Raised levels of autoantibodies were seen to at least 1/7 antigens in 76% of all the patients with lung cancer plasma tested, and 89% of node-negative patients, with a specificity of 92%. There was no significant difference between the detection rates in the lung cancer subgroups, although more patients with squamous cell carcinomas (92%) could be identified.

Conclusion: Measurement of an autoantibody response to one or more tumour-associated antigens in an optimised panel assay may provide a sensitive and specific blood test to aid the early detection of lung cancer.

Lung cancer is the largest cause of death from cancer world wide, killing around 900 000 people every year.¹ Tobacco smoking is estimated to cause around 90% of all cases in men and 80% in women^{2 3}; however, other recognised risk factors for lung cancer include passive smoking; occupational exposures, especially to asbestos; and radon exposure.¹ The latency period for lung cancers attributable to smoking is at least 20 years,¹ yet lung cancer is often detected by a chest x ray examination, by which time it is usually advanced and patients cannot be cured. Presently there is no accepted early diagnostic test, although screening trials using spiral CT in people “at risk” are continuing.⁴

Since the 1970s there has been little improvement in the 5-year survival rates for lung cancer, which are at their highest in the USA, but are still only 13% for men and 17% for women.⁵ In contrast, if lung cancer is diagnosed early, the 5-year survival rate for UICC stages I and II is reported to be up to 50%, and for stage 0 (when the

cancer is found only in a local area and only in the first few layers of cells) approaches 80%. There is therefore an urgent priority to produce a screening test which can identify patients with lung cancer in its early curable stage(s).⁵

An increasing number of reports describe the presence of a humoral immune response, in the form of autoantibodies, to tumour-associated antigens (TAAs) in lung and other solid tumours,^{6–8} and these autoantibodies have been described as being present before symptomatic disease.^{6 9–11} We have recently proposed the hypothesis that the measurement of such tumour-associated antibodies might be useful in breast cancer detection as a test to aid mammography, and have reported raised levels of autoantibodies to any one of a selected panel of TAAs in the circulation of patients with early invasive breast cancer, and ductal carcinoma in situ, taken at disease diagnosis.¹² This report expands on these findings in lung cancer and describes a highly sensitive enzyme-linked immunosorbent assay (ELISA) which measures the presence of raised levels of autoantibodies to TAAs in the peripheral blood of patients with both small cell (SCLC) and non-small cell lung cancer (NSCLC).

The panel of seven antigens selected in this study comprises a number of well-recognised cancer-associated proteins, including the c-myc oncogene, whose expression is observed in a wide variety of tumours, and the p53 tumour suppressor gene, which is mutated in a large number of cancers. p53 was the first antigen described to elicit autoantibodies in cancer,¹³ and autoantibodies to p53 have also been shown to be raised in people who smoke both with and without evidence of cancer.^{14 15} Such anti-p53 antibodies can, in some cases, be detected before the cancer diagnosis.^{11 16}

The panel also includes antigens which are overexpressed (HER2) or aberrantly expressed (MUC1) on the cell surface of many solid tumours, including lung, breast, stomach, prostate and ovary,^{17–19} and which have been shown to induce autoantibody responses in both breast^{9 12} and, in the case of MUC1, NSCLC.²⁰ Also included are two previously described cancer testis antigens, NY-ESO-1, which has previously been shown to induce autoantibodies in NSCLC,^{21 22} and CAGE, which has been described as capable of inducing an autoantibody response in gastric,^{23 24} pancreatic,²⁵ and some lung cancers.^{21 23} The final antigen in the panel is a recently identified protein GBU4-5, which was identified using SEREX technologies²⁶ and described in a previous publication.²⁴ GBU4-5 encodes a DEAD-box domain (like CAGE), but

until 2003 had not been described as eliciting an autoantibody response. Autoantibody responses to different antigens that encode DEAD-box proteins have recently been described.^{22–25} These DEAD-box-containing proteins are involved in RNA processing, ribosome assembly, spermatogenesis, embryogenesis and cell growth and division,²⁷ and these proteins may well be important in the carcinogenic pathway. They seem to be immunogenic, cancer-specific and may provide diagnostic and potentially immunotherapeutic cancer targets.

METHODS

Blood samples and patient details

Blood samples were collected from 104 patients with lung cancer who were recruited after histopathological confirmation of the tumour. The study was approved by the institutional ethics committee of Rheinland-Pfalz. The smoking status of these patients was unknown. Samples (both before and after treatment) were taken at various time points after diagnosis (0–36 months). Normal blood plasma samples were also obtained from 50 healthy blood donors with no further clinical information; the age, sex and smoking status of these donors was unknown.

Antigen production

Specific cDNAs for p53, HER2 (extracellular domain), c-myc, NY-ESO-1, CAGE and GBU4-5 were subcloned, along with a small tag, into the PET21b expression vector (Novagen, Darmstadt, Germany). The recombinant proteins were expressed in BL21(DE3) bacteria (Novagen), grown in CYM media²⁸ and purified using His trap affinity columns (Amersham, Uppsala, Sweden) according to the manufacturer's protocols. A negative control protein was also produced (small tag alone) and purified under identical conditions. Proteins were refolded according to the manufacturer's protocol and tested for purity by sodium dodecyl sulphate-polyacrylamide gel electrophoresis (silver and Coomassie stained²⁹) as well as by western blotting¹⁴ with appropriate mouse monoclonal antibodies. Only proteins that were >95% pure were used in the assays. In this study assessment of MUC1 autoantibodies was made with an MUC1 "VNTR"²⁹ peptide (Peptide Protein Research Ltd, Fareham, UK) conjugated to bovine serum albumin (BSA), with BSA alone acting as a negative control.

Autoantibody detection

Autoantibody detection was by ELISA using microtitre plates coated with recombinant antigen or peptide according to in-house protocols (patent pending). Remaining binding sites were blocked with high-salt buffer (HSB: phosphate-buffered saline (PBS) +0.5 M NaCl, 0.2% w/v casein, 0.05% Tween 20). For all assays, freshly thawed plasma samples (diluted 1/100 in HSB) were incubated in triplicate at 50 µl per well for 90 minutes, as well as appropriate control mouse monoclonal antibodies specific for capture proteins. Horseradish peroxidase (HRP)-conjugated rabbit anti-human IgG/M/κ/λ (Stratech, Soham, UK) or anti-mouse Ig antibodies (Dako, Ely, UK) were used as secondary antibodies at the dilution recommended by the manufacturer. Ready-prepared 3,3',5,5'-tetramethylbenzidine (Chemicon, Chandlers Ford, UK) was used as the chromogenic substrate for HRP, and absorbance values were determined after a 10-minute period at A_{650nm}. All incubations were carried out with shaking at room temperature and plates were washed three times with PBS containing Tween 20 (0.1% v/v; Sigma, Poole, UK) between each step.

Statistics

Standard descriptive statistics—frequencies, mean and SD—were calculated to describe the study population. All analyses were performed using Microsoft Excel or Graph Pad software and were regarded as explorative. The number and proportion of positive samples were presented with the 95% exact confidence interval (95% CI) for binomial proportions.³⁰ χ^2 Tests were used to flag where the proportion of positive results was significantly different between cancer groups and the normal controls. For the panel 1 of 7, testing was also performed to look at differences in positivity between lung cancer subgroups. This analysis was repeated on two subsets of data which consisted of pretreatment samples taken up to 1 and 6 months after diagnosis.

Autoantibody assays

Positive seroreactivity was defined as an optical density value greater than either the mean plus 2SD or mean plus 3SD of the normal cohort. The more stringent cut-off point (3SD) was applied to the c-myc, NY-ESO-1, p53, HER2 and MUC1 autoantibody assays, incorporating, on average, 99% of the distribution of the data. A cut-off value of an OD value greater than the mean plus 2SD of the normal population was applied to the autoantibody assays using the SEREX-identified antigen GBU4-5 and CAGE.²⁴ In all autoantibody assays on normal plasma, values that were greater than the mean plus 5SD were removed to produce cut-off values, but were included in the analysis of specificity.

All assays were performed in triplicate on between two and four separate occasions. In addition, all positive plasma were confirmed with repeat testing, as were some negative plasma. Samples were designated positive for each separate autoantibody assay if there was a reproducible signal above the cut-off level of the normal group. For example, in patients with lung cancer a sample was only deemed reproducibly positive for an autoantibody assay if at least two out of two or three out of four interassay runs showed an increased value above the cut-off point. Where it was deemed that the result from one of the first runs was technically unassessable and where only two out of the remaining three assessable runs were increased, a fifth run was performed.

RESULTS

Table 1 shows patient details and tumour characteristics for both the total sample set (n = 104) and for those samples taken at, or close to, diagnosis (n = 70). No further details on the normal samples were available.

Table 2 shows levels of detection of autoantibodies against individual antigens in the two lung cancer disease groups and normal blood donor controls. The percentage of positive results in individual autoantibody assays ranged between 5% (NY-ESO-1) and 36% (MUC1) in the SCLC group and between 10% (p53) and 34% (MUC1) in the NSCLC group compared with between 0% (GBU4-5, c-myc and MUC1) and 4% (CAGE) in the normal controls. The highest level of autoantibody sensitivity was seen to the MUC1 peptide antigen for both forms of lung cancer. Specificity of the assay was calculated as the percentage of true negative samples that correctly gave a negative result. Individual assay specificity for each antigen varied from 96% to 100%.

The patients with lung cancer (SCLC and NSCLC subgroups) differed significantly from the normal controls for all autoantibody assays (p<0.05) apart from p53 in NSCLC and NY-ESO-1

Table 1 Patient details and clinical characteristics of lung cancer samples

Samples	NSCLC	SCLC
<i>All samples (n = 104)</i>		
Total number (%)	82 (100)	22 (100)
Squamous cell carcinoma, n (%)	25 (31)	NA
Adenocarcinoma, n (%)	35 (43)	NA
Mixed (squamous+adeno), n (%)	1 (1)	NA
Large cell carcinoma, n (%)	1 (1)	NA
NOS, n (%)	20 (24)	NA
Age (years), mean (SD)	64 (10)	62 (11)
Age range (years)	36–83	44–84
Male, n (%)	57 (70)	14 (64)
LN negative, n (%)	12 (15)	0 (0)
<i>Defined samples* (n = 70)</i>		
Total number (%)	55 (100)	15 (100)
Squamous cell carcinoma, n (%)	16 (29)	NA
Adenocarcinoma, n (%)	24 (44)	NA
NOS	15 (27)	NA
Stages, n (%)		
I	5 (9)	0
II	4 (7)	0
III	13 (24)	3 (20)
IV	27 (49)	11 (73)
Unknown	6 (11)	1 (7)
Age (years), mean (SD)	63 (11)	61 (10)
Age range (years)	36–83	52–75
Male, n (%)	38 (70)	10 (67)
Pretreatment samples, n (%)	34 (62)	13 (87)

*Samples taken within 4 (SCLC) or 6 (NSCLC) months of diagnosis date.

LN, lymph node; NOS, not otherwise specified; NSCLC, non-small cell lung cancer; SCLC, small cell lung cancer.

in the case of SCLC. Only four of the normal cohort (8%) had raised levels of autoantibodies to any one of the TAAs and one of these also had autoantibodies to multiple TAAs (p53, c-myc, HER2 and CAGE) (fig 1), which is rarely seen in normal samples.¹² No clinical data were available for these four subjects.

Table 2 Frequency of autoantibodies to tumour-associated antigens

Group	Total	Number and percentage positive (with 95% exact confidence interval)								Panel 1/4	Panel 1/7
		CAGE	GBU 4–5	HER2	p53	c-myc	NY-ESO-1	MUC1			
All LC											
n	104	29***	21***	13**	12*	12***	19***	36***		71***	79***
% +ve (95% CI)		28 (20 to 38)	20 (13 to 29)	13 (7 to 20)	12 (6 to 19)	12 (6 to 19)	18 (11 to 27)	35 (26 to 45)		68 (58 to 77)	76 (67 to 84)
SCLC											
n	22	5*	4**	4*	4*	2*	1 NS	8***		12***	15***
% +ve (95% CI)		23 (8 to 45)	18 (5 to 40)	18 (5 to 40)	18 (5 to 40)	9 (1 to 29)	5 (0 to 23)	36 (17 to 59)		55 (32 to 76)	68 (45 to 86)
NSCLC											
n	82	24***	17***	9*	8 NS	10***	18***	28***		59***	64***
% +ve (95% CI)		29 (20 to 40)	21 (13 to 31)	11 (5 to 20)	10 (4 to 18)	12 (6 to 21)	22 (14 to 32)	34 (24 to 45)		72 (61 to 81)	78 (68 to 86)
Normal											
n	50	2	0	1	1	0	1	0		3	4
% +ve (95% CI)		4 (0 to 14)	0 (0 to 7)	2 (0 to 11)	2 (0 to 11)	0 (0 to 7)	2 (0 to 11)	0 (0 to 7)		6 (1 to 17)	8 (2 to 19)
Specificity (%)	50	96	100	98	98	100	98	100		94	92

Number (n) and percentage positivity (% +ve) with 95% confidence interval (95% CI) in each patient group. Positivity was defined as a value greater than the mean of the normal population plus 2SD for GBU4–5 and CAGE, or mean plus 3SD for the other assays.

*Denotes p value relative to normal control plasma. *p<0.05; **p<0.01; ***p<0.001; NS, not significant p>0.05 (χ^2 analysis).

All LC, all lung cancer samples tested; SCLC, small cell lung cancer; NSCLC, non-small cell lung cancer; Normal, normal blood donor plasma; Panel 1/4 or 1/7 denotes raised levels of at least one autoantibody of the panel; panel of 4: CAGE, GBU4-5; NY-ESO-1, MUC1 antigens only.

Figure 1 Autoantibody panel assay sensitivity. Percentage of each patient group positive for one or multiple autoantibodies. Positivity was defined as a value greater than the mean of the normal population plus 2SD for the SEREX-identified antigens CAGE and GBU4-5 or mean plus 3SD for the other assays. SCLC, small cell lung cancer; NSCLC, non-small cell lung cancer.

Combination of these seven autoantibody assays enhanced the autoantibody detection of cancer, with a panel sensitivity of 76% and panel specificity of 92%. In most cases the levels of autoantibody responses to individual antigens in the cancer cases were significantly different from the normal control plasma ($p<0.05$), but their importance in the panel assay varied. For example, raised levels of autoantibodies to the HER2 antigen were seen in 12% of the lung cancers; however, if the HER2 antigen was removed from the panel the detection rate and overall specificity for the NSCLC samples remained the same, and the overall sensitivity of the panel for all lung cancers only dropped from 76% to 74%. This was reflected by the observation that a restricted panel assay consisting of the four antigens CAGE, GBU4–5, NY-ESO-1 and MUC1 exhibited only a slightly reduced sensitivity of 68% with an increased specificity of 94% (table 2).

In almost half of the seropositive individuals in panel 1 of 7, autoantibodies were raised to a second antigen with similar

Table 3 Autoantibody panel sensitivity by lung cancer subgroup

Group	Autoantibody positivity population (panel of 7)		
	All samples	Subset 0–1	Subset 0–6
	0–36 months	0–1 month Pre-Tx	0–6 months Pre-Tx
SCLC			
Number +ve	15/22	5/8	9/13
% +ve (95% CI)	68 (45 to 86)	63 (24 to 91)	69 (39 to 91)
NSCLC			
Squamous			
Number +ve	23/25	5/5	11/12
% +ve (95% CI)	92 (74 to 99)	100 (48 to 100)	92 (62 to 100)
Adeno			
Number +ve	27/35	5/7	13/16
% +ve (95% CI)	77 (60 to 90)	71 (29 to 96)	81 (54 to 96)
NOS			
Number +ve	14/22	0/2	2/6
% +ve (95% CI)	64 (41 to 83)	0 (0 to 84)	33 (4 to 78)
All LC			
Number +ve	79/104	15/22	35/47
% +ve (95% CI)	76 (67 to 84)	68 (45 to 86)	74 (60 to 86)
p Value from χ^2 test*	0.107	0.211	0.285

Number and percentage positivity (% +ve) with 95% confidence interval (95% CI) in each patient group using panel 1/7. Analysis repeated on two subset sample populations taking only pretreatment (pre-Tx) samples up to 1 month and 6 months from diagnosis.

* χ^2 Test across cancer subgroups noting that NOS was pooled with adeno in the subset analyses owing to small numbers.

All LC, all lung cancer samples tested; SCLC, small cell lung cancer; NSCLC, non-small cell lung cancer; Adeno, adenocarcinoma; Squamous, squamous cell carcinoma; NOS, not otherwise specified.

patterns in both NSCLC and SCLC samples, while only one of the 50 normal plasma samples exhibited more than one autoantibody response (fig 1).

The sensitivity of 76% (95% CI 67% to 84%) that was achieved by panel 1/7 in all 104 lung cancer samples was similar for the subsets of data where samples were taken before treatment, with sensitivity estimated at 68% (95% CI 45% to 86%) and 74% (95% CI 60% to 86%) for samples within 1 and 6 months of diagnosis, respectively (table 3). For all samples, sensitivity ranged from 64%

(95% CI 41%, 83%) for the NSCLC NOS group to 92% (95% CI 74% to 99%) for the NSCLC squamous group. Similar patterns were seen in the subsets. However, the differences in sensitivity between cancer subgroups was only borderline significant ($p = 0.107$ for all samples). There was also no apparent difference in detection rates if the lung cancer samples were subdivided by patient age or sex (data available in web appendix at <http://thorax.bmj.com/supplemental>).

95% Confidence intervals showed that even when sample numbers were small—for example, in pretreatment squamous cell carcinoma samples taken within 6 months of diagnosis (sensitivity 92%, $n = 12$), it would be expected that over 62% of cases would have raised levels of autoantibodies using this panel of seven antigens (95% CI 62% to 100%). When all the squamous cell carcinoma samples were analysed this 92% detection rate was maintained, but with increased confidence in the result (23/25 autoantibody positive samples, 95% CI 74% to 99%) (table 3).

The levels of sensitivity appeared to be maintained regardless of the lung cancer stage, though further confirmatory data is required (table 4). All three stage I and all three stage II pretreatment NSCLCs were detectable, giving a sensitivity estimated at 100%, but the wide confidence interval (95% CI 29% to 100%) reflects the limited samples and need for further data. Eight out of nine lymph node negative pretreatment NSCLC samples also had raised levels of autoantibodies, leading to an estimated sensitivity of 89% (95% CI 52% to 100%) (data not tabulated).

DISCUSSION

Autoantibodies were produced to all seven of the TAAs studied. The presence of raised levels of autoantibodies to the known TAAs—p53, c-myc, HER2, MUC1 and NY-ESO-1—were in broad agreement with published data for individual autoantibody assays in both breast (reviewed by Storr *et al*⁶) and other cancers such as colorectal, gastric, prostate, liver and lung.^{7 31 32} It confirms our findings and those of others that although measurement of autoantibodies to a single TAA is possible, the low sensitivity renders single autoantibody measurements of little use for screening and early diagnosis of cancer. Combination of these autoantibodies, together with the SEREX-identifiable antigens CAGE and GBU4-5 into a panel assay test provides an excellent level of sensitivity for the detection of lung cancer. Analysis of autoantibodies to the full panel of seven antigens resulted in 75% of all lung cancer

Table 4 Autoantibody assay panel sensitivity by tumour stage

Group	Subgroup	Autoantibody positivity population (panel of 7)			
		Stage I	Stage II	Stage III	Stage IV
SCLC	n = 14	Number +ve	0	0	2/3
		% +ve (95% CI)			67 (9 to 99)
SCLC	Pre-Tx n = 12	Number +ve	0	0	1/1
		% +ve (95% CI)			100 (3 to 100)
NSCLC	n = 49	Number +ve	4/5	4/4	10/13
		% +ve (95% CI)	80 (28 to 99)	100 (40 to 100)	77 (46 to 95)
NSCLC	Pre-Tx n = 33	Number +ve	3/3	3/3	5/7
		% +ve (95% CI)	100 (29 to 100)	100 (29 to 100)	71 (29 to 96)

Number and percentage positivity (% +ve) with 95% confidence interval (95% CI) in each tumour stage (where known) using panel 1/7. Stage taken at diagnosis date follows from T,N,M-staging. SCLC, small cell lung cancer; NSCLC, non-small cell lung cancer; 95% CI denotes the 95% confidence interval; Pre-Tx, pretreatment samples.

Samples taken within 6 months of diagnosis for NSCLC, and within 4 months of diagnosis for SCLC.

samples being identified, and 92% of squamous cell carcinomas with a specificity for cancer of 92%, making this a test with potential clinical impact.

A previous study by Zhang *et al*⁷ demonstrated autoantibody reactivity to a panel of seven cancer-associated antigens, which differed from the antigens investigated here in all but p53 and c-myc. Their reported levels of sensitivities and specificities in lung cancer were 68% and 89–90% (depending on the normal group), respectively, which are similar to those we have demonstrated. However, the study numbers were smaller than those used here and no data on the stage, grade or subtype of the cancers tested were available.

This level of sensitivity of the assay for the identification of lung cancer was maintained in the subset of samples taken at or within 1 month of their cancer diagnosis. As it is unlikely that these autoantibodies were generated at the time of clinical presentation, the implications are that the antibodies would be present before diagnosis. Published evidence suggests that autoantibodies can be detected a number of years before clinical symptoms are observed,^{9 11 16} and affirmation of the results presented here, in prediagnostic samples, would confirm the utility of such an autoantibody test in lung cancer.

Although almost all the autoantibody assays measured significant responses in the plasma of patients with cancer, the individual sensitivity of each assay within the panel varied. Measurement of p53, c-myc and HER2 did not add significantly to the panel assay and increased sensitivity may be possible through substitution of these more general cancer antigens by other lung cancer-specific antigens in a panel assay. In contrast, measurement of the autoantibody response to the MUC1 core peptide was integral to the panel assays and was the most sensitive assay in all the histological subtypes of the lung samples studied. Measurement of the autoantibody responses to the cancer testis antigens was also important. A previous study investigated the presence of autoantibodies to NY-ESO-1 antigen in NSCLCs and SCLCs and observed levels of sensitivity and specificity similar to those reported here, finding that patients with SCLC had antibodies to NY-ESO-1 less frequently than patients NSCLC.¹⁹ In NSCLC the expression of NY-ESO-1 has been reported to be an independent prognostic marker of worse outcome in cases with adenocarcinoma,³³ clinical follow-up data were not available on the population of patients reported in this study to confirm this previous finding.

Autoantibody responses to the DEAD-box proteins CAGE and the new cDNA GBU4-5 were also highly sensitive and specific in this study. The DEAD-box cancer testis antigen CAGE (DDX58) has previously been shown to be expressed in a number of cancers, including gastric, cervical and lung cancer tissue and cell lines, and autoantibodies have been reported to this protein in some but not all of the cancers samples studied,²¹ whereas autoantibodies to GBU4-5 have not been investigated in other cancers. We have preliminary data on the presence of autoantibodies to CAGE and GBU4-5 in patients with primary invasive breast cancer (n = 51, full manuscript in preparation). These data did not show raised levels of autoantibodies to these antigens when compared with age-matched normal sera (n = 31) (CAGE: sensitivity 6%, specificity 97%; GBU4-5: sensitivity 4%, specificity 94%). These observations suggest that distinguishing different solid tumour types may be aided by measuring autoantibodies to different DEAD-box-encoding proteins within a panel assay, although more data would be needed to confirm this.

Other antigens such as p53 and c-myc are more general cancer antigens and autoantibody responses to p53 have been reported

to be raised in some people who smoke.¹⁴ At this time it is difficult to be certain whether p53 autoantibodies reflect very early cancers or, alternatively, merely point to a cancer risk rather than the presence of disease. The smoking status of our normal subjects and patients with cancer was unknown. However, the p53 responses in this study were low and removal of this antigen from the panel was not found to significantly change the sensitivity or specificity of the panel for lung cancer. Autoantibodies to cancer-associated antigens other than p53, in people who smoke have not been reported.

Raised levels of autoantibodies, and particularly multiply raised autoantibodies were rarely seen in these normal plasma samples, and this low level of tumour-associated autoantibodies is in agreement with other publications.^{7 12 22} No further information was available for the control group, including smoking history, so the possibility that one or more of these controls might have been harbouring an occult malignancy cannot be ruled out.

The potential clinical significance of autoantibodies for screening and early diagnosis appears to lie in combining an optimised panel of assays to measure these autoantibodies. The advantage of this approach is that it should be possible to detect the full range of heterogeneous lung cancers by increasing the number of autoantibody assays or altering the antigens used in the autoantibody panel, and with the evidence for autoantibodies present to antigens such as livin, survivin and annexins I and II, p62 and Hsp40,^{7 34–37} as well as an increasing number of other cancer-specific immunoreactive antigens being described every year, a potential diagnostic assay using measurement of autoantibodies in subjects “at risk” should be available within a short period of time.

A diagnostic test for lung cancer is of particular importance owing to the late stage at which patients currently present with this disease and the fact that this disease will cause significant social burden for at least 20 years, even if all smoking were discontinued today. Obviously, the potentially harmful effects of any test must be taken into account when deciding on its suitability. The lungs are very sensitive to radiation so frequent x ray examinations are not an ideal screening test. For screening to be introduced, a test needs to be simple, quick, inexpensive and beneficial so that it can be used on people at high risk of cancer development. A blood test, such as that described here, is non-invasive, cost effective relative to imaging tests, carries no side effects and is acceptable to the vast majority of patients.

The levels of sensitivity and specificity demonstrated here suggest that the measurement of autoantibodies could act as an aid to cancer diagnosis. Such a test could be performed on the peripheral blood of people with an increased risk of developing cancer as a means of selecting patients for an imaging test. People with a positive autoantibody test would proceed to spiral CT/magnetic resonance imaging, which if it confirmed a lung (or other) cancer would then lead to treatment. Imaging negative patients would continue to be intensively followed up in specialist clinics.

Further studies are planned using an increased assay panel which will include some TAAs thought to be more specific for lung cancer. These will be tested on samples taken from earlier stage cancers as well as prediagnostic samples using age-matched controls with known smoking histories.

Acknowledgements: We thank Natalie Colborne for technical assistance, and Susan McKendrick, CStat, for statistical advice.

Funding: This work was supported in part by funding from the 5th Framework Programme of the EU (EUCIP), the University of Nottingham and Oncimmune Ltd.

Competing interests: None declared.

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Therapeutic CPAP improved glycaemic control after 3 months in our subjects with diabetes. Changes in body composition may play a role. Unfortunately, bioelectrical impedance analysis, as used in all studies, has its limitations.³

It would be very interesting to know whether there is an effect of CPAP therapy on insulin sensitivity in less obese diabetic subjects as we demonstrated a rapid improvement in insulin sensitivity in our study in the non-diabetic OSAS group in those with a BMI <30 kg/m². That this early effect of CPAP may be related to acclimatisation to the conditions of the sleep laboratory and the clamp procedure is questionable as our studies were done under exactly the same conditions and there is no reason to postulate a higher stress sensitivity in leaner patients.

Although we could not measure plasma catecholamines, we were able to re-measure serum cortisol as another marker of sympathetic stimulation in 20 individuals in our study,¹ and could not find significant differences before (mean 19.18 (SD 3.52) µg/dl) and 2 days after (19.35 (3.27) µg/dl) onset of CPAP therapy (p = 0.59).

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Competing interests: None.

Thorax 2008;**63**:384–385. doi:10.1136/thx.2007.090415

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Authors' reply

We thank Harsch *et al* for their comments. Their letter highlights the important contribution of obesity in studies of both insulin resistance and obstructive sleep apnoea (OSA). Although obesity underlies both

pathologies, it also confounds studies investigating these conditions. The only studies therefore that can determine conclusively the effect of continuous positive airway pressure (CPAP) on improvements in insulin resistance and glycaemia in patients with OSA are double blind randomised controlled trials. We agree that a randomised controlled trial of CPAP in less obese subjects with type 2 diabetes would clarify this area further, but a study of pre-diabetic subjects with insulin resistance would be even more enlightening.

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Competing interests: None.

Mould eradication and asthma

The paper by Burr *et al*¹ on the efficacy of eradicating visible indoor mould on respiratory health in patients with asthma is of great interest, but I think the authors underestimate the clinical relevance of their findings because they overestimate the lack of effect on peak expiratory flow (PEF) variability as an objective assessment of their intervention. The lack of effect on this primary end point in the presence of highly significant effects on medication use and symptoms—even after 12 months—simply illustrates once again that PEF is too insensitive to contribute meaningfully to the interpretation of our therapeutic interventions. The study by Burr *et al*¹ and those of others^{2,3} are examples of investigations that demonstrate a lack of efficacy using PEF parameters as primary end points whereas the secondary end points—such as respiratory symptoms—demonstrate efficacy of the interventions. Increased PEF variability is a specific feature of unstable asthma but it is not necessarily a sensitive one. PEF mainly reflects central airway mechanics⁴ and is therefore not the optimal monitoring tool because asthma predominantly affects the smaller airways. Hence, PEF may severely underestimate peripheral airway patency. Clinical studies are much more convincing and powerful if sensitive and relevant end points are chosen, and I would strongly advocate using end points that are both relevant and sensitive. This will teach us more and provide more credit for all involved—doctors as well as patients.

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Competing interests: None.

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CORRECTIONS

doi:10.1136/thx.2006.077081corr1

The label “OR (odds ratio)” was erroneously introduced into the headings to tables 3 and 4 in the paper by Aldington *et al* (*Thorax* 2007;**62**:1058–63). In table 3, the numbers in the columns refer to the estimates of the difference of the particular measurement of respiratory function between those who do and those who do not smoke tobacco, and those who do and do not smoke cannabis, respectively. The heading in table 4 refers incorrectly to OR for association between tobacco pack years or cannabis joint years and the measurement of respiratory function. The numbers in the columns refer to the change in the particular measurement of respiratory function per unit change of pack years and joint years respectively. The “OR” label should be omitted from these tables.

doi:10.1136/thx.2007.083592corr1

We would like to draw readers' attention to a typographical error in the article by Chapman *et al* (*Thorax* 2008;**63**:228–33). In the discussion, the antigen CAGE is referred to as CAGE (DDX58) and should read CAGE (DDX48); however, the corresponding references are correct. The section is given in full below:

“The DEAD-box cancer testis antigen CAGE (DDX48) has previously been shown to be expressed in a number of cancers including gastric, cervical and lung cancer tissue and cell lines, and autoantibodies have been reported to this protein in some but not all of the cancers samples studied.”²⁵”