Bronchiectasis in bone marrow transplantation

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Abstract

Two patients are described with clinical and radiographic bronchiectasis which occurred after allogeneic bone marrow transplantation for haematological malignancy. Both had evidence of chronic graft versus host disease in other organs. Increased immunosuppression with corticosteroids resulted in clinical response, although both patients persisted with chronic mucopurulent sputum production and one had progressive airflow obstruction. Bronchiectasis may be an under-recognised manifestation of chronic graft versus host disease of the lung.

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Pulmonary complications following bone marrow transplantation are common and include pulmonary oedema, infectious pneumonia, interstitial pneumonitis, alveolar haemorrhage, and bronchiolitis obliterans. In this population airflow obstruction usually represents bronchiolitis obliterans and occurs in approximately 10% of patients following bone marrow transplantation with chronic graft versus host disease (GVHD).^{1,2} Bronchiectasis has rarely been reported in association with bone marrow transplantation.³⁻⁶ Although the presenting symptoms of bronchiolitis obliterans are usually dyspnoea and dry cough, case series document patients that produce copious sputum reminiscent of bronchiectasis.⁷ The limitations of chest radiology in the diagnosis of bronchiolitis obliterans and bronchiectasis are well known; however, high resolution computed tomographic (HRCT) scanning is sensitive in detecting bronchial dilatation.⁸ We report two previously normal patients seen following bone marrow transplantation with recurrent sinopulmonary infections and evidence of bronchiectasis on the HRCT scan.

Case reports

PATIENT 1

A 37 year old white man was evaluated for recurrent sinopulmonary infections and an abnormal chest radiograph. His past history was remarkable for allogeneic bone marrow transplantation 65 months previously for a myeloproliferative disorder. Apart from a pleural effusion during initial therapy which resolved, there was no pulmonary disease before transplantation and pulmonary function testing

revealed moderate restriction with a forced expiratory volume in one second (FEV₁) of 2.54 l (54% predicted), forced vital capacity (FVC) of 3.02 l (53% predicted), FEV₁/FVC of 0.84, total lung capacity (TLC) of 3.97 l (54% predicted), and diffusion capacity for carbon monoxide corrected for alveolar volume and haemoglobin (TLCO/VA) of 105% predicted. He subsequently developed chronic GVHD with skin, eye, mucosal, and gastrointestinal involvement. Over the ensuing five years he experienced recurring bouts of bronchospasm, mucopurulent sputum production, and sinusitis requiring increasing doses of corticosteroids, intravenous antibiotics, and several sinus drainage procedures. Repeat lung function testing after treatment showed normal levels of TLC of 7.20 l (98% predicted) with normal airflow and diffusion.

On this admission the chest radiograph revealed a left lower lobe abnormality, and sinus films demonstrated mucosal thickening without air-fluid levels. HRCT scanning revealed parenchymal nodules with bronchiectasis (fig 1). Pulmonary function tests demonstrated normal airflow and restriction with a TLC of 4.39 l (60% predicted) and TLCO/VA of 111% predicted. Bronchoscopy revealed purulent secretions and transbronchial biopsy specimens showed bronchial inflammation. Respiratory cultures grew normal flora and were negative for other pathogens. Quantitative immunoglobulins (Ig) were normal except for reduced IgG subclass 4. Symptoms responded with corticosteroids and intravenous antibiotics and he was discharged from the hospital. After discharge he was lost to follow up.

PATIENT 2

A 44 year old white woman was admitted for dyspnoea and pleuritic chest pain of acute onset corresponding to a left lower lobe infiltrate. Her past history was significant for an allogeneic bone marrow transplantation 13 months previously for acute myelogenous leukaemia. This was complicated during the first 100 days by chronic GVHD with eye and gastrointestinal involvement. Concurrently, symptoms of sinusitis and purulent bronchitis

Figure 1 Thoracic HRCT scan of patient 1 revealing bilateral bronchiectasis mainly in lower lobes.

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necessitated several hospital admissions for intravenous antibiotics, whereas evaluation before the bone marrow transplantation was negative for pulmonary disease with normal pulmonary function tests. Testing 100 days after the bone marrow transplantation showed pulmonary restriction with FEV₁ of 2.27 l (79% predicted), FEV₁/FVC of 0.84, TLC of 3.67 l (73% predicted), and TLCO/VA of 78% predicted. Bronchoscopy with transbronchial biopsy specimens was unrevealing at that time.

On this admission evaluation for venous thromboembolism was negative. An HRCT scan revealed parenchymal nodules and bronchiectasis, and pulmonary function tests now demonstrated combined restrictive and obstructive impairment with FEV₁ of 1.19 l (42% predicted), FVC of 1.93 l, FEV₁/FVC of 0.62 (bronchodilator response unassessed), TLC of 3.41 l (67% predicted), and TLCO/VA of 91% predicted. Bronchoscopy with transbronchial biopsy specimens revealed an inflammatory infiltrate involving alveoli and airway epithelium, and thoracoscopic biopsy showed bronchiolitis and neutrophilic inflammation. A single stronglyloides organism was identified in an uninvolved area. All stool, sputum, and bronchoscopic samples were negative for larval forms. Treatment with thiabendazole, corticosteroids, and antibacterial agents yielded a marked decrease in dyspnoea, cough, and sputum production. However, clinical deterioration occurred three weeks after rapid tapering of corticosteroids. HRCT scanning confirmed progression of nodules and continued bronchiectasis, and repeat transbronchial biopsy specimens revealed organising pneumonia with severe bronchial inflammation. Sputum and bronchoscopic samples grew *Haemophilus influenzae* but were negative for stronglyloides. Reinstitution of corticosteroids resulted in an improvement in symptoms, radiographic features, and pulmonary function tests with continued airflow obstruction: FEV₁ 1.37 l, FVC 2.25 l, and FEV₁/FVC of 0.61.

She has been maintained on cyclosporin and prednisone with clear radiographs but has recurrent bouts of mucopurulent sputum production and progressive airflow obstruction. Twice during periods of clinical stability low IgA levels at 65 and 75 mg/dl (normal 100–420) have been found with normal IgM and IgG levels (both total and subclasses). The sweat chloride level was 14 mmol/l (normal 5–45). Thirty months after bone marrow transplantation she is oxygen dependent with an FEV₁ of 0.88 l.

Discussion

These two cases demonstrate recurrent sino-pulmonary infection due to bronchitis following

allogeneic bone marrow transplantation. Case 1 has had normal airflow obstruction during a five year follow up and case 2 has persistent airflow obstruction despite initial improvement. As sinusitis coexisted, it is possible to implicate seeding of the lower respiratory tract as the primary factor in the development of bronchiectasis. However, the temporal relationship between transplantation and disease onset, the absence of prior symptoms or pulmonary function abnormalities, the improvement with augmented immunosuppression, and the inability to elucidate another cause suggest chronic GVHD as the likely aetiology of their pulmonary condition.

Bronchiectasis has been increasingly recognised following bone marrow transplantation.^{3–5} Philit *et al* described four bone marrow transplantation patients with chronic GVHD and obstructive lung disease who had evidence of bronchiectasis on the HRCT scan; two of these had biopsy proven bronchiolitis obliterans.⁶ To date, all reports of bronchiectasis following bone marrow transplantation have been retrospective and have involved symptomatic patients. Because HRCT scanning is a relatively new technique, bronchiectasis may be more common than is generally perceived. Seemingly, this is the case in lung transplantation where bronchiectasis by HRCT scanning frequently coexists with bronchiolitis obliterans related to chronic rejection.^{9,10} Wider use of HRCT scanning may be useful in identifying chronic GVHD involving the lung.

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