Generalised non-reactive tuberculosis: a clinicopathological study of four patients

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ABSTRACT Non-reactive tuberculosis is a histopathological entity characterised by foci of necrosis surrounded by normal parenchyma and absence of epithelioid cell granulomas. The clinical presentation and necropsy findings in four patients are described and the pathogenesis of the disease discussed.

Introduction

Non-reactive tuberculosis was first described in 1891 by Landouzy,¹ who called it "typhobacillosis." It subsequently appeared in publications under various names until 1954, when O'Brien² reviewed 66 reported cases and suggested the term by which it is now known. He defined it as a "fatal form of tuberculosis in which many organs contain miliary foci of necrosis surrounded by normal parenchymal cells."² The lesions are softer than the classical miliary tubercle, contain many acid fast bacilli, and show little cellular response.

This condition has been reported in association with the acquired immunodeficiency syndrome (AIDS), malignant lymphoma, and haematological abnormalities such as chronic leukaemia, anaemia, pancytopenia, agranulocytosis, polycythaemia, myelofibrosis, and leukaemoid reactions.²⁻⁸ We present four cases that occurred in the absence of any haematological disease.

Case reports

PATIENT 1

A 78 year old retired foundry worker presented to his general practitioner with a history of productive cough, dyspnoea and chest pain of several weeks' duration. He had had asthma for 20 years and had been taking prednisolone 30 mg daily for 11 weeks. On examination there were crackles at the lung bases; the liver and spleen were not enlarged. A chest infection was diagnosed and treatment with amoxycillin was

started. No laboratory investigations were done. Thirteen days later he died at home.

At necropsy there were areas of consolidation in the right lung and both lungs contained a few soft yellowish subpleural abscesses up to 0.5 cm in diameter. There was no evidence of old tuberculosis. The liver, spleen, and kidneys were normal.

PATIENT 2

A 53 year old black man presented with a two month history of cough, breathlessness, malaise, intermittent fever, and weight loss. On examination he was undernourished and there was hepatomegaly and dullness at the right lung base. A chest radiograph showed bilateral miliary mottling and a right basal pleural shadow. He was slightly anaemic and liver functions were abnormal (table). Two blood cultures were negative. He died suddenly 72 hours after admission.

At necropsy both lungs contained numerous microabscesses, there was a right sided fibrinous pleural effusion, and hilar and paratracheal lymph nodes were enlarged. The liver, spleen and kidney were normal.

PATIENT 3

A 65 year old housewife was admitted with shortness of breath. She had diabetes controlled with diet. Physical examination revealed signs of mitral stenosis and incompetence, rapid atrial fibrillation and congestive cardiac failure. A chest radiograph showed gross cardiomegaly, pulmonary oedema, and bilateral pleural effusions. There was a neutrophil leucocytosis and liver function tests gave abnormal results (table). She improved with treatment and was discharged home. She was readmitted one month later with malaise and hepatomegaly, but no respiratory symptoms. Twenty four hours later she became drowsy

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Results of haematological and biochemical investigations in cases 2-4 with normal reference values

Investigation	Normal	Case 2	Case 3	Case 4
Haematological				
Haemoglobin (g/l)	130-180	111	152	117
White cells ($\times 10^9/l$)	4-11	6.2	11.3	6.8
Neutrophils (%)	40-75	74	88	78
Erythrocyte sedimentation rate (mm in first hour)	3-5	7	3	8
Biochemical				
Sodium (mmol/l)	134-152	127	121	128
Potassium (mmol/l)	3.4-5.6	3.6	4.7	3.5
Urea (mmol/l)	1.7-8.3	9.5	9.9	4.3
Creatinine (μ mol/l)	65-165	63	91	—
Alkaline phosphatase (KAU/dl)	7-25	156	50	51
Total protein (g/l)	62-82	52	61	69
Albumin (U/l)	36-52	24	33	32
Alanine aminotransferase (U/l)	0-40	95	—	26
γ -Glutamyltransferase (U/l)	10-48	202	77	86
Bilirubin (μ mol/l)				
Total	1-19	28	25	14
Direct	0-12	11	—	1
Indirect	0-15	17	—	13

restless, and febrile, and developed basal lung crackles. A chest radiograph showed diffuse miliary mottling. The cerebrospinal fluid was normal. She was given 300 mg of hydrocortisone intravenously and antituberculous treatment was started, but she died the same day. Cultures of gastric washings were negative for *Mycobacterium tuberculosis*.

At necropsy there were multiple subpleural abscesses in the lung up to 0.1 cm in diameter, but no abnormality of the liver, spleen, kidneys, or hilar lymph nodes.

PATIENT 4

An 81 year old Asian man, a retired foundry worker, presented with a history of cough, anorexia, weight loss and intermittent pyrexia of four months' duration. He had been treated for asthma for 10 years with 5 mg of prednisolone daily. On examination he was febrile and wasted, with wheezes and crackles in both lungs. The liver was not enlarged. A chest radiograph showed diffuse reticular and nodular shadows in the upper and mid zones of both lungs. There was no haematological abnormality, but liver function tests gave abnormal results (table). He was treated with conventional antibiotics. Four weeks later he became confused and drowsy, and developed signs of meningeal irritation. A chest radiograph showed little change but acid fast bacilli were found in the sputum. Cerebrospinal fluid examination showed: protein 2.91 g/l, glucose 0.7 mmol/l, total cell count $10 \times 10^9/l$ with 60% neutrophils, 30% lymphocytes, and 10% tissue cells. Ziehl-Neelson staining was negative, but a few rhodamine-auramine positive organisms were present. Antituberculous drugs and intravenous hydrocortisone 100 mg twice daily were given. His condition

improved initially, but he died suddenly five weeks later.

A limited necropsy showed focal collections of pus and meningeal thickening at the base of the brain. The lower lobes of both lungs had areas of consolidation and bronchi contained pus. The hilar lymph nodes were enlarged and soft.

Histological findings

In the lungs in each case there were numerous necrotic foci containing nuclear debris and large numbers of acid fast bacilli (figs 1 and 2). The lesions were surrounded by normal lung parenchyma except in case 3, where there was a peripheral zone of hyperaemia and polymorph neutrophil infiltration. No epithelioid cell granulomas were present, though there were occasional Langhans cells in cases 1 and 4. Similar foci were seen in the hilar lymph nodes in all cases except for patient 3, where the hilar lymph nodes were normal. The liver, spleen, and kidneys were affected in patients 2 and 3, the adrenals and uterus in patient 3, and the brain and meninges in patient 4. Lesions in the kidneys were usually centred on glomeruli. Very occasional epithelioid cell granulomas were present in the extrapulmonary organs of patient 3. In all cases culture confirmed the presence of *M. tuberculosis* (human type).

Discussion

Since 1954 100 cases of non-reactive tuberculosis have been published. It presents as an overwhelming acute infection with pyrexia, splenomegaly, and sometimes hepatomegaly. Chest radiographs show fine miliary mottling, which is not always conspicuous,²⁻⁷ and results of liver function tests may be abnormal.^{4,5} Haematological abnormalities are common, and haematological malignancy may be present.^{2,3,5-7}

The term "cryptic disseminated tuberculosis" is applied to both non-reactive and reactive forms of tuberculosis when there is no clinical or radiological evidence of the disease.⁸ It is rapidly fatal and is diagnosed only at necropsy. The disease in our patients was disseminated and fatal but could not be labelled "cryptic." All four had pyrexia and respiratory symptoms, and chest radiographs showed miliary mottling in three, (one patient did not have chest radiography).

The lung lesions in this condition differ from those of other types of tuberculosis in that there is no cavitation or fibrosis. The lesions are up to 0.5 cm, and are softer than classical miliary tubercles.² In two of our patients there were also yellowish white subpleural nodules resembling staphylococcal abscesses, and in one there was tuberculous meningitis, a complication

Fig 1 Section of lung showing numerous discrete foci of necrosis surrounded by normal parenchyma. Note absence of Langhans' giant cells and epithelioid cell granulomas. (Haematoxylin and eosin.)

Fig 2 Section of lung showing numerous acid fast bacilli in a necrotic focus. (Ziehl-Neelson.)

not previously described. Histologically, the lesions are structureless and necrotic, contain numerous acid fast bacilli, and are surrounded by normal lung parenchyma.

The lack of cellular response suggests defective T cell function. Deficiency of cell mediated immunity has been found in patients with non-reactive tuberculosis,⁹ and most reported cases have been in patients with the acquired immune deficiency syndrome, lymphoma, or haematological disease. There was no evidence of any such disease in our patients, though one patient was diabetic, three were elderly, and two were having long term corticosteroid treatment for asthma. The number of circulating T lymphocytes falls with age and their phytohaemagglutinin transformation is reduced¹⁰; in diabetic patients cell mediated immunity is depressed¹⁰ and hyperglycaemia favours multiplication of organisms.^{10,11} Corticosteroids inhibit fibrosis and the formation of granulation tissue¹² as well as affecting T lymphocyte and monocyte function, neutrophil chemotaxis, and the release of lymphokines and lysozymes.¹³ The entry of large numbers of organisms into the circulation may also be a factor, as an intravenous injection of a heavy inoculum of mycobacteria has been shown to result in persistent suppression of immunity.¹⁴ Antigenic load seems to be more important than the viability of the organisms.¹⁵ As in lepromatous leprosy, immunological unresponsiveness allows the organisms to multiply and invade tissue in large numbers.¹⁴

Live mycobacteria and cell wall peptidoglycolipids both trigger the release of tumour necrosis factor,¹⁶ and the necrosis characteristic of this condition is probably due to release of this substance by lymphokine activated macrophages. The high mortality in non-reactive tuberculosis could also be attributed to tumour necrosis factor, as mice with damaged livers are extremely susceptible to its lethal effects.¹⁷ It has been postulated that patients with liver disease and tuberculosis who die soon after starting chemotherapy do so because of the combined hepatotoxic effects of rifampicin and tumour necrosis factor, which is activated by components of the rapidly killed bacteria.¹⁶ Three of our patients had abnormal results in liver function tests, and two had hepatomegaly.

In non-reactive tuberculosis there is an increased risk of infection for those coming in contact with the patient, particularly the pathologists who perform the necropsy. The condition has seldom been recognised before death, the appearance of the lesions is atypical, and the affected tissues contain a large number of organisms. Non-reactive tuberculosis should be considered in patients with pyrexia, an abnormal chest radiograph, haematological abnormalities, or defective immunity. Sputum, fasting gastric contents, and liver biopsy material should be examined for tubercle bacilli. The tuberculin reaction is usually negative and

hence unlikely to be helpful.^{2,5} As early confirmation of the diagnosis may be difficult or impossible, antituberculous chemotherapy should be started as soon as the disease is suspected.

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