Distribution of galanin immunoreactivity in the respiratory tract of pig, guinea pig, rat, and dog

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ABSTRACT Galanin, a newly discovered peptide isolated from porcine intestine, is known to cause contraction in rat smooth muscle preparations and to induce hyperglycaemia in dogs. By the use of radioimmunoassay and immunohistochemical techniques the concentration and distribution of galanin immunoreactivity were determined in several areas of the respiratory tract of five dogs, five guinea pigs, five rats, and two pigs. Antibodies were raised in rabbits to whole unconjugated natural porcine galanin. The highest galanin concentrations were found in the bronchus and the trachea of the dog, guinea pig, rat (2 pmol/g in each case), and pig (<1 pmol/g). The lowest galanin concentrations were found in the lung parenchyma. Gel chromatographic analysis in the pig showed one molecular form of galanin coeluting with the porcine galanin standard. By means of the indirect immunofluorescence technique on sections of tissues fixed in benzoquinone solution, galanin was found to be confined to nerve fibres in different regions of the respiratory tract. In the nasal mucosa of the pig nerve fibres containing galanin were distributed around seromucous glands and blood vessels and beneath the epithelium. In the trachea, bronchus, and major intrapulmonary airways of the pig, dog, and guinea pig galanin immunoreactive fibres were detected predominantly in smooth muscle, as well as around seromucous glands and in the adventitia of blood vessels. Rarely, galanin immunoreactive nerve fibres were found in the lung parenchyma. A few galanin immunoreactive ganglion cells also containing vasoactive intestinal polypeptide were found in the adventitia of the tracheobronchial wall of the pig and dog. The distribution of galanin suggests that it may have some influence on airway, vascular, and secretory functions in the mammalian respiratory tract.

During a systematic search for peptides with a C-terminal amidated structure, Tatemoto *et al*¹ discovered and isolated a 29 amino acid peptide from the porcine gastrointestinal tract. This newly discovered peptide, designated galanin because of its N terminal glycine and C-terminal alanine amide residues, was shown to contract smooth muscle preparations from the rat and to cause a mild and sustained hyperglycaemic response in dogs.¹² Recently, galanin like immunoreactivity has been reported in the central nervous system, gastrointestinal tract, and urogenital tract of mammals, including man.³⁻⁵

The mammalian respiratory tract is known to be under the control of the autonomic nervous system.⁶ In addition to the classical cholinergic and adrenergic mechanisms, the presence of a third component of the

autonomic nervous system regulating airway smooth muscle tone and other physiological processes in the lung has been postulated.⁷⁻¹⁰ There is increasing evidence to suggest that the neurotransmitters in this non-cholinergic, non-adrenergic nervous system are peptides.¹⁰ In the last few years more than 10 bioactive peptides have been demonstrated in the mammalian respiratory tract¹¹. Bombesin, calcitonin, and leu-enkephalin have been localised by immunocytochemical methods to bronchial endocrine cells,¹²⁻¹⁶ while substance P,^{17,18} vasoactive intestinal polypeptide,^{19,20} peptide histidine isoleucine,²¹ and neuropeptide tyrosine²² are found in the lung innervation. Recently calcitonin gene related peptide²³ has been found in both endocrine cells and nerves of the mammalian respiratory tract. Other peptides, including cholecystokinin and somatostatin, have been detected by radioimmunoassay.²⁴

The aim of the present study is to investigate the possible occurrence and distribution of the newly iso-

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Table 1 Characteristics of galanin antisera

	Immunocytochemistry	Radioimmunoassay
Donor	Rabbit 8	Rabbits 8 and 9
Hapten	Porcine intestinal galanin	Porcine intestinal galanin
Antibody dilution	1/1000	1/480 000 for rabbit 8 1/48 000 for rabbit 9
Assay standard		Porcine intestinal galanin
Assay sensitivity (fmol/assay tube)		2
No cross reaction with peptides	SP, NPY, CGRP, VIP, PHI	SP, GnRH, VIP, ACTH, PHYS
Staining inhibition	Porcine intestinal galanin	

SP—substance P; NPY—neuropeptide tyrosine; CGRP—calcitonin gene related peptide; VIP—vasoactive intestinal polypeptide; PHI—peptide histidine isoleucine; GnRH—gonadotrophin releasing hormone; ACTH—adrenocorticotrophic hormone; PHYS—physalaemin.

lated peptide galanin in the mammalian respiratory tract by immunocytochemical methods and radioimmunoassay.

TISSUES

The respiratory tract was dissected from two piglets and five dogs. In each case samples were taken from the trachea (upper, middle, and lower), major bronchi, the inner lung containing the minor bronchi, the middle lung containing medium sized bronchi, and the outer (peripheral) lung including alveoli. Nasal mucosa was also obtained from the two piglets. Similar areas (trachea, major bronchi, and lung) were dissected out from five guinea pigs and five rats. The tissue samples were divided and processed for immunocytochemical study and radioimmunoassay.

IMMUNOCYTOCHEMICAL STUDY

Pieces of tissue from each area, measuring no more than $1 \times 1 \times 0.5$ cm, were fixed by immersion in 0.4% *para*-benzoquinone in phosphate buffered saline (PBS) (0.01 mol/l, pH 7.1–7.4) for two hours.²⁵ The tissue was then washed overnight at 4°C in PBS containing 15% sucrose and 0.01% sodium azide, snap frozen and made into cryostat blocks. Several serial sections were cut at a thickness of 10 µm in a cryostat at –20°C, collected on poly-L-lysine coated slides,²⁶ and allowed to dry at room temperature for one hour. The sections were soaked for half an hour in PBS containing 0.2% Triton X-100 and immunostained by the indirect immunofluorescence method.²⁷ The sections were incubated overnight at 4°C with either antibody to galanin at a dilution of 1:1000 or antibody to vasoactive intestinal polypeptide (1:2000). The second layer of fluorescein conjugated antirabbit gammaglobulin was applied at a dilution of 1:100 for one hour. Sections were mounted in PBS-glycerol (1:1)

and examined with a Leitz fluorescence microscope. Control for method specificity included replacement of the first layer antibody with non-immune rabbit serum.

RADIOIMMUNOASSAY

Tissue extraction

Fresh preweighed tissue samples from the different animals were put into polypropylene tubes containing 0.5 mol/l acetic acid (about 10 ml/g tissue) at 100°C and heated for 20 minutes in a boiling water bath. The samples were then cooled and stored at –20°C until assay. Aliquots of 20 µl of tissue extracts were assayed in duplicate in a total volume of 800 µl.

Radioimmunoassay procedure

The radioimmunoassay for galanin is described elsewhere.²⁸ Briefly, iodination of galanin was performed by the chloramine T method and the label purified by reverse phase high performance chromatography on a micro Bondapak C-18 column, being eluted with 30% acetonitrile in an aqueous solution of 0.1% trifluoroacetic acid. The specific activity of the label was 60 Becquerel/fmol (1.62 nCi/fmol). Cross reactivity studies were performed with the galanin antibodies and label, with serial additions of several other peptides (table 1).

ANTISERA

The antisera used for the immunocytochemical studies and radioimmunoassay were produced by immunising rabbits with unconjugated natural porcine galanin. The characteristics of the antisera are summarised in table 1.

Preabsorption of the galanin antiserum with as little as 0.1 nmol of synthetic porcine galanin per ml of diluted antibody completely abolished immunostaining, whereas addition of synthetic substance P, neuropeptide tyrosine, calcitonin gene related peptide, vasoactive intestinal polypeptide, or peptide histidine isoleucine at 10 nmol per ml of diluted antiserum did not affect immunostaining.

Furthermore, radioimmunoassay showed that there was no cross-reactivity of the antibodies with gonadotrophin releasing hormone, vasoactive intestinal polypeptide, adrenocorticotrophic hormone, physalaemin, or substance P in peptide concentrations of up to 10 pmol/tube.

CHROMATOGRAPHY

Three extracts of pig trachea and porcine galanin standard were loaded on a 100×1.5 cm column of Sephadex G50 superfine (Pharmacia) and eluted at 4°C with 60 mmol/l phosphate buffer, pH 7.4 containing 0.2 mol/l sodium chloride, 10 mmol/l EDTA, and 1% bovine serum albumin at a flow rate of

Fig 1 Nerve fibre containing galanin in the adventitia of a vein (bv) in porcine nasal mucosa (indirect immunofluorescence, $\times 350$.)

Fig 2 Fine galanin immunoreactive nerve fibre (arrow) running beneath the epithelium (ep) in porcine nasal mucosa (indirect immunofluorescence, $\times 600$.)

6.0 ml/hour. The pig samples were microfiltrated with Sep Pak (Waters). Elution of 10 ml of tissue extract was carried out with 1.5 ml of 50% acetonitrile containing 0.05% trifluoroacetic acid and then evaporated, the volume being reduced to 0.5 ml before being put in the column. Fractions of 2.0 ml were collected for subsequent radioimmunoassay. The internal column markers used were dextran blue (molecular weight 2×10^6 , indicating void volume [Vo]), horse heart cytochrome C (molecular weight 12 284), and a trace amount of sodium iodide (indicating total volume [Vt]). The elution positive (Ve) was expressed as the elution coefficient (Kav), where $Kav = Ve - Vo/Vt - Vo$, according to the method of Laurent and Killander.²⁹ The samples were measured in duplicate by a sample addition of 700 μ l.

STATISTICAL ANALYSIS

Statistical analysis was performed by means of Friedman's two way analysis of variance by ranks.³⁰

Results

IMMUNOCYTOCHEMICAL STUDY

Galanin

Galanin like immunoreactivity was localised to nerve

fibres in the respiratory tract of pigs, dogs, and guinea pigs. No galanin immunoreactive fibres were found in the rat respiratory tract.

Pig In the nasal mucosa fine galanin immunoreactive nerve fibres were frequently found in close association with seromucous glands and in the adventitia of blood vessels (fig 1). Occasionally, fine varicose fibres could be seen running beneath the epithelium (fig 2). On the whole, galanin immunoreactive nerve fibres were more numerous in the upper part of the respiratory tract and diminished in density towards the bronchi. In trachea and bronchi the most prominent site of galanin immunoreactivity was in the airway smooth muscle (fig 3). In the submucosa single varicose fibres were seen around seromucous glands (fig 4) as well as at the medial adventitial junction of blood vessels. Some nerve fibres containing galanin also occurred in nerve bundles in the perichondrium and in the adventitia of the trachea. Galanin immunoreactivity was rarely detected in the lung tissue except occasionally around minor intrapulmonary bronchi. Some small immunoreactive ganglion cells were observed in the adventitia of the trachea and bronchi (fig 5), particularly in the dorsal tracheo-bronchial wall, between and outside the cartilage

Fig 3 Galanin-immunoreactive nerve fibres in the smooth muscle of the porcine trachea (indirect immunofluorescence, $\times 350$.)

plates.

Dog In trachea and bronchus, galanin immunoreactive nerve fibres were also seen among smooth muscle and seromucous glands, around blood vessels (mainly arteries), and in ganglion cells. In contrast to the findings in the pig, galanin positive fibres in the dog were more abundant in the major bronchi (including the intrapulmonary ones) than in the trachea. The immunoreactive fibres formed a complex network among the smooth muscles of the airways (fig 6). Occasionally some fine varicose immunoreactive fibres were also observed around small blood vessels in the lung.

Guinea pig The respiratory tract of the guinea pig contained only a few galanin immunoreactive nerves, which were concentrated in the upper part of the trachea. As in the pig and dog, these fibres were mainly present among smooth muscles and around small blood vessels.

Vasoactive intestinal polypeptide

Vasoactive intestinal polypeptide immunoreactive nerve fibres have a strikingly similar distribution to galanin containing nerve fibres, being located chiefly

Fig 4 Galanin nerve fibres around the acini of seromucous glands in porcine trachea (indirect immunofluorescence, $\times 500$.)

among seromucous glands, around blood vessels, in airway smooth muscles, and in ganglion cells. In the trachea and bronchus of the pig and dog, a close comparison of adjacent sections stained with vasoactive intestinal polypeptide and galanin antisera showed that several cell bodies displayed both galanin and vasoactive intestinal polypeptide immunoreactivities.

RADIOIMMUNOASSAY

The distribution of galanin immunoreactivity in the respiratory tract of the guinea pig, rat, and dog is shown in table 2 and 3. The highest galanin concentrations in these species were found in the bronchi, with the lowest concentrations in the lung or outer lung. Friedman's two way analysis of variance by ranks showed that these differences were significant ($p < 0.01$). The two specimens of pig respiratory tract (table 4) showed lower galanin concentrations than those from the other species, with the highest values in the trachea and the lowest in the lung.

CHROMATOGRAPHY

The porcine galanin standard emerged at a mean (SE)

Fig 5 Galanin immunoreactive ganglion cell (arrow) in the adventitia of the porcine lower trachea (indirect immunofluorescence, $\times 270$.)

Fig 6 Galanin immunoreactive nerve fibres in the smooth muscles of intrapulmonary airway in the dog (indirect immunofluorescence, $\times 280$.)

Table 2 Regional distribution of galanin immunoreactivity in the respiratory tract of the guinea pig and rat (five animals in each case)

	pmol/g wet weight of tissue (mean(SD))	
	Guinea pig	Rat
Trachea	1.8 (0.8)	1.6 (0.1)
Bronchus	2.2 (0.6)	1.9 (0.4)
Lung	1.3 (0.3)	0.9 (0.3)

Table 3 Regional distribution of galanin immunoreactivity in the respiratory tract of the dog (five animals)

	pmol/g wet weight of tissue (mean(SD))
Upper trachea	1.5 (0.4)
Lower trachea	2.1 (0.4)
Bronchus	3.1 (0.7)
Inner lung	2.7 (1.0)
Middle lung	2.5 (0.7)
Outer lung	1.2 (0.4)

Table 4 Regional distribution of galanin immunoreactivity in the respiratory tract of the pig (two animals)

	pmol/g wet weight of tissue (mean)	
	Pig 1	Pig 2
Nasal mucosa	0.43	0.34
Upper trachea	0.69	0.65
Middle trachea	0.58	0.38
Lower trachea	0.70	0.70
Bronchus	0.32	0.53
Outer lung	0.17	0.19
Middle lung	0.16	0.19
Inner lung	0.18	0.20

Kav of 0.68 (0.01). The galanin immunoreactivity of the pig trachea coeluted with the galanin standard in one single peak at Kav 0.68 (0.01) (fig 7). The recoveries of all runs were 85–100%.

Discussion

The newly isolated peptide galanin has been localised

Fig 7 Representative gel permeation chromatographic profile of galanin immunoreactivity containing a pig trachea extract on a sephadex G 50 superfine column (100×1.5 cm). Arrows indicate elution position of dextran blue (Vo), horse heart cytochrome C (CC), porcine galanin standard (Std), and sodium iodine 125 (Vt).

in the mammalian respiratory tract by immunocytochemical methods and radioimmunoassay. Its discovery in this organ adds to the increasing number of peptides found in the mammalian respiratory system.

Quantitative analysis of galanin demonstrated immunoreactivity in the respiratory tract of all species examined. Species differences in the galanin concentrations were, however, evident. Furthermore, galanin immunoreactivity in the airways was found to be higher than that in the lung. This is in accordance with the findings for vasoactive intestinal polypeptide,^{19,20} peptide histidine isoleucine,²¹ and substance P,^{17,18} which also were found in higher concentrations in this part of the respiratory system.

Gel chromatographic analysis of pig trachea extracts showed one molecular form coeluting with the porcine standard, indicating roughly the same molecular size.

Immunocytochemical study has shown that galanin is present exclusively in nerve fibres with more in the upper part of the respiratory system, from the nasal mucosa down to the level of the major bronchi. These galanin immunoreactive fibres innervate structures like airway smooth muscle, seromucous glands, blood vessels, and the epithelium of the nasal mucosa. The existence of galanin immunoreactive cell bodies in the adventitia of the trachea and bronchi indicates that at least some of the galanin fibres may have an intrinsic origin. This hypothesis is reinforced by the fact that vasoactive intestinal polypeptide immunoreactivity was localised in ganglion cells also immunostained

with antibody to galanin in the trachea and bronchi of the dog and pig.

In agreement with the quantitative analysis, the immunocytochemical study has revealed species differences in the galanin distributions. In the dog immunoreactive nerve fibres were mostly associated with smooth muscles, particularly in the intrapulmonary airways. Although the concentrations of galanin immunoreactivity detected by radioimmunoassay of tissue extracts were similar in the guinea pig and rat, no immunostained nerve fibres were found in the rat respiratory tract. This suggests that in the rat the peptide may be folded in a way which renders antigenic determinants unavailable to the antibodies used in the present study.

The distribution of galanin immunoreactive nerve fibres around blood vessels and in the smooth muscle in the respiratory tract is interesting in view of the known contractile effect of this peptide on smooth muscle preparations.¹ Furthermore, there is evidence of abundant galanin containing fibres in the smooth muscle of the gut.³¹ Possibly galanin participates in the regulation of smooth muscle tone and local blood flow as well as glandular secretion in the respiratory system.

The parasympathetic and sympathetic innervation of the respiratory tract can be visualised by use of acetylcholinesterase and antibodies to dopamine- β -hydroxylase respectively. Recently, antibodies to neurone specific enolase and neurofilament protein have been used to delineate the entire innervation of the respiratory tract.^{32,33} Despite species specificity, both acetylcholinesterase positive and DBH-containing nerves are generally well-represented in the upper part of the respiratory system.³² Acetylcholinesterase-positive nerves supply blood vessels, seromucous glands, airway smooth muscle of the tracheobronchial tree^{24,32}. Nerves containing dopamine- β -hydroxylase are found mainly around blood vessels and smooth muscle. No local cell bodies reacting to dopamine- β -hydroxylase antibodies have been located in the respiratory tract.³² Our observations seem to indicate that galanin immunoreactivity is found in locations similar to those of acetylcholinesterase positive nerves. Acetylcholinesterase, however, has its limitations as a specific marker for cholinergic fibres since acetylcholinesterase staining also demonstrates peptidases,³⁴ and this enzyme is known to hydrolyse substance P.³⁵ Antibodies to choline acetyltransferase are more specific markers for cholinergic neurones,^{36,37} but information on the distribution of choline acetyltransferase immunoreactivity in the respiratory tract is lacking.

By comparison with other neuropeptides previously identified in the innervation of the respiratory tract, the distribution of galanin fibres around seromucous

glands and blood vessels and among airway smooth muscle is similar to that of vasoactive intestinal polypeptide,¹⁹²⁰ peptide histidine isoleucine,²¹ and substance P.¹⁸¹⁹ These peptides all have a graded distribution, with more immunoreactive nerve fibres in the upper part of the tract than in the lung periphery. Nerve fibres immunoreactive for the sensory neuropeptide substance P are particularly evident beneath the respiratory epithelium.¹⁷¹⁸ Galanin fibres have also been localised under the epithelium of the porcine nasal mucosa, but by comparison with substance P they occur infrequently. As, however, the distribution of galanin in the dorsal horn of the spinal cord and in the dorsal root ganglia³⁴ suggests a possible sensory role for this neuropeptide, the galanin fibres associated with the respiratory epithelium may have a sensory function. Like galanin, vasoactive intestinal polypeptide and peptide histidine isoleucine have had immunoreactivity demonstrated in local ganglia of the tracheobronchial wall.¹⁹²¹²⁴ In the mammalian enteric system, galanin is also found to be localised with vasoactive intestinal polypeptide in a subpopulation of ganglion cells of the submucous plexus.³¹

Neuropeptide tyrosine, a novel peptide associated with sympathetic nerves, has been localised exclusively to nerve fibres in the mammalian respiratory system. Neuropeptide tyrosine immunoreactive nerves are also found in the adventitia of blood vessels and in airway smooth muscle.²² The distribution of this neuropeptide differs, however, from that of galanin in that nerve fibres immunoreactive for neuropeptide tyrosine are usually not found around seromucous glands. Furthermore, nerve fibres containing it do not appear to have an intrinsic origin since no neuropeptide tyrosine immunoreactive ganglion cells have been identified in the respiratory tract.²²

It is beyond the scope of light microscopic studies to establish whether two peptides coexist in the same nerve fibres by comparing serial sections. Unlike the submucous plexus of the porcine duodenum, where half the total neurones in a group are immunoreactive for galanin,³¹ galanin immunoreactive ganglion cells are few and difficult to locate in the respiratory tract. Nevertheless, the fact that some ganglion cell bodies can be stained by antisera to both galanin and vasoactive intestinal polypeptide in the trachea and bronchi of the pig and dog strongly suggests that galanin coexists with another peptide in the mammalian respiratory tract.

Now that the occurrence and distribution of galanin immunoreactivity have been demonstrated in the respiratory tract further investigations, designed to clarify the nature and function of this novel peptide, are clearly warranted.

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