Community-acquired respiratory viruses after lung transplantation: common, sometimes silent, potentially lethal

Allan R Glanville

Community-acquired respiratory viruses (CARV) represent an ever present risk to the lung transplant (LTX) recipient. Alone among solid organ transplants, the lung allograft is exposed to the ambient environment with every breath; hence, it is exposed to CARV which may trigger rejection. Or at least we once thought despite some recent evidence to the contrary. The current article in the journal expands the previous work of the same group and provides a comprehensive analysis of 112 patients examined on 903 occasions over a 3-year period with a further 2-year follow-up to determine the presence and effects of CARV. The results are compelling in the main. CARV account for about 30% of all acute respiratory presentations after LTX and are a dominant cause of new respiratory symptoms with a risk of hospitalisation of 17–50% depending on type. Surprisingly, 10% of asymptomatic LTX recipients had a positive test for CARV at screening visits (predominantly rhinovirus), but whether their asymptomatic status represents the effects of maintenance immune suppressive therapy on the inflammatory response cannot be ascertained from the study.

The major strength of this prospective study is the exhaustive assessment of both symptomatic and asymptomatic LTX recipients throughout all seasons with prolonged follow-up. It would be hard to imagine a more detailed collation of symptom scores and surveillance for CARV. Limitations include the presence of missing data points in certain fields. For example, a number of patients (69/174) were not able to (or did not, for whatever reason) perform lung function at the time of CARV, which likely biases the observed fall in FEV₁ towards an underestimate.

There is building evidence to support the pathogenesis of obliterative bronchiolitis, the pathological hallmark of BOS, as the cumulative effect of an aberrant repair of an acute injury with downstream sequelae of epithelial damage. CARV cause an acute bronchitis/bronchiolitis, the severity of which depends on viral type and load. Subsequently, upregulation of antigens on epithelial surfaces leads to expression of both HLA class-1 and class-2 antigens plus or minus other cryptic antigens such as collagen-V or -I tubulin and bronchial microvascular endothelial antigens. This prepares the way for a subsequent alloimmune and autoimmune response targeted to the airway epithelium and/or microvasculature leading to chronic lung allograft rejection. The current study rightly does not address the propensity for the late development of CLAD after CARV, which has been shown well in prior studies.

It does show that rhinovirus should not be sneezed at! In fact, the preponderance of Picornavirus infections (60% of CARV in this series) allows greater insight into the potential deleterious effects of these ubiquitous pathogens. Once thought to have a lower tropism for the lower respiratory tract, it is apparent that LTX recipients are at increased risk with 18% admitted to hospital. Persistent rhinovirus infection in particular may be a surrogate biological marker of over immunosuppression as suggested by the higher calcineurin inhibitor levels in the CARV group. Not all CARV are the same as nicely described in table 3, and further subdivision of the Picornavirus group in particular may bring additional insights regarding severity and persistence of symptoms noting a recent report of more severe symptoms in human rhinovirus type C.

There are cases where bronchoscopy is performed after LTX. You cannot find what you do not look for.

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