## **Abstract S127 Table 1** Physiotherapy contact and rehabilitation milestone data

Parameter	
Physiotherapy contacts	
Total physiotherapy contacts	656 (100)
Contact only, assessment +/- advice provision	85 (12.9)
Respiratory treatments only	452 (68.9)
Combined respiratory treatment and exercise therapy	24 (3.7)
Exercise therapy only	95 (14.5)
Physiotherapy contacts/day	
Overall contacts	0.97 (0.83-1.9)
Contact only, assessment +/- advice provision	0.12 (0.0-0.22)
Respiratory treatments only	0.67 (0.5–0.87)
Combined respiratory treatment and exercise therapy	0.0 (0.0-0.05)
Exercise therapy only	0.1 (0.0-0.2)
Physiotherapy treatment time (mins)	
Respiratory treatments only	30 (30–40)
Combined respiratory treatment and exercise therapy	40 (30–60)
Exercise therapy only	60 (50-80)
Physiotherapy milestones	
Time to first contact (days)	2.0 (1.0-2.0)
Time to first exercise therapy activity (days)*#	8.0 (5.0-12.0)
Number of patients achieving SOEOB*	29 (58)
Time to achieve SOEOB (days)*	9.0 (5.5–12.0)
Highest exercise therapy activity level*	3 (0-4)

Data are reported as n (%) or median (interquartile range).  $n=50.\ n=19$  did not receive exercise therapy during admission. \*n=31 received exercise therapy during admission. "Exercise therapy activities were categorised according to a standardised classification: 0. Passive Exercises, 1. Bed Exercises, 2. Passive sitting out of bed, 3. Sitting of edge of bed, 4. Standing, 5. Transfer to chair, 6. Marching on the spot, 7. Walking with assistance of 2, 8. Walking With assistance of 1, 9. Walking with gait aid, 10. Walking independently. Abbreviations: SOEOB = sitting over edge of bed.

## Asthma – basic mechanisms

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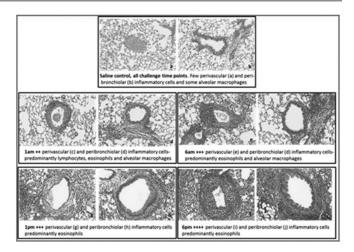
DOES THE TIME OF DAY OF ALLERGEN CHALLENGE AFFECT THE DEGREE OF INFLAMMATORY RESPONSE IN THE MURINE LUNG?

<sup>1</sup>HJ Durrington, <sup>2</sup>SN Farrow, <sup>1</sup>DW Ray. <sup>1</sup>University of Manchester, Manchester, UK; <sup>2</sup>GSK, Stevenage, UK

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Introduction Circadian variations in immune parameters such as lymphocyte proliferation, antigen presentation and cytokine gene expression have been described. Recently, an association between the molecular circadian clock, immunity and inflammation has been recognised. To date research in this area has focussed on the innate immune response. However, the time at which the lung is exposed to an allergen might significantly affect the ability of the lung to mount an adequate immune response. Furthermore, this line of investigation might provide valuable insight into asthma, a common disease with a strong circadian rhythm.

Method We used a well-defined mouse model of allergic lung inflammation, the ovalbumin challenge model. After initial intraperitoneal sensitisation, 4 groups of C57Bl/6 mice received ovalbumin challenge at one of four time points, repeated at the same time for 3 consecutive days. The timepoints used were: 1 am, 6 am, 1 pm or 6 pm. Measurements of airway hyper-responsiveness were recorded, bronchoalveolar lavage was performed and lungs were harvested for immunohistochemistry and for gene



Abstract S128 Figure 1 Lung section from c57BL/6 mice challenged with ovalbumin at different time points

analysis by PCR. Experiments were repeated in clock gene knock-out mice,  $rev\text{-}erb\alpha$  -/-.

## Results

- C57BL/6 mice challenged at 1 am develop increased AHR
- This suggests that allergic airway inflammation is under clock control
- Rev-erbα-/- mice show identical responses, suggesting that REV-ERBα is not critical to the development of airway inflammation in this model
- C57BL/6 mice challenged at 6 pm develop the most profound inflammatory response within the lung (Figure 1)
- This suggests that allergic inflammation within the lung is caused by a different mechanism to that within the airway, yet is also under clock control

Discussion Understanding the mechanism underlying clock control of allergic lung inflammation and its possible translation to asthma, provides a new therapeutic opportunity. Furthermore, targeting earlier stages in the circadian pathway might narrow the therapeutic window for timing of existing drug delivery, reducing drug dose and minimising side effects by giving shorter acting agents and the most efficacious time of day.

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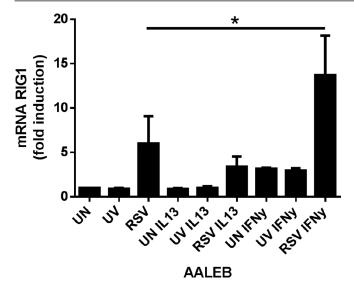
INFLAMMATORY CYTOKINES INFLUENCE RESPIRATORY EPITHELIAL ANTI-VIRAL IMMUNE RESPONSES VIA INDUCIBLE EPIGENETIC CONTROL OF RIG1 EXPRESSION: A MODEL OF EARLY LIFE ORIGINS OF ASTHMA?

CM Spalluto, A Singhania, CH Woelk, T Sanchez-Elsner, KJ Staples, TMA Wilkinson. Faculty of Medicine, University of Southampton, Southampton, UK

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The development of asthma is linked to early life environmental exposures and the occurrence of severe viral infections. Rapid maturation of adaptive immunity from a tolerant (Th2) to an anti-infective (Th1) state occurs in the neonatal period. We hypothesised that the airway inflammatory milieu, driven by the maturing immune response to environmental exposures may have important effects on the development of anti-viral innate immunity at the level of the epithelium. We studied whether the inflammatory environment of the airway epithelium modulates gene expression via epigenetic regulation of anti-viral genes as a model of the

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**Abstract S129 Figure 1** RIG1 expression in RSV infected and primed AALEB by RTPCR. AALEB were pre-treated for 24 h with 10 ng/ml IFNy or IL-13, 10 ng/ml. RNA was extracted and reverse transcribed UN: no infected, UV: inactivated RSV, RSV: Respiratory Syncytial Virus, IL13: Interleukine 13, IFNy: Interferon gamma. Data analysed by one-tailed paired t test. \*  $p < 0.05, \, (n = 4).$ 

development of a long term abnormality which is a hallmark of asthma.

We optimised an *in-vitro* model using AALEB, human immortalised bronchial epithelial-derived cells which were pre-treated for 24 h with cytokines that mimic Th1 environment (IFNy, 10 ng/ml) and Th2 (IL-13, 10 ng/ml) before being infected with RSV A, MOI=2 for 48 h. Quantitative real-time PCR with Taqman primers was used to assess expression of innate genes. Cells were collected after 48 h and stored in Trizol. Chromatin Immuno Precipitation (ChIP) with antibodies against histone modifications was used to assess epigenetic controls. In order to confirm epigenetic regulation of innate genes we used a panel of HAT, HDAC and histone demethylase inhibitors.

We initially studied the impact of cytokines on a range of innate anti-viral genes. RIG1 was differentially expressed and reductions in expression associated with higher viral titres. IFNy priming induced increases in RIG1 mRNA at 48 h that correlated at the promoter with enrichment of H3K9ac and RNApolII (active-promoters) and reduction of H3K9me3 (repressive-promoters). We observed a statistically significant increase of RIG1 expression by IFN $\gamma$  when co-incubated with SAHA (HDAC I and II inhibitors) and JIB-04 (Pan-Jumanji histone demethylase inhibitor). No effects of Th2 priming were seen at the level of antiviral responses.

This *in-vitro* study suggests the inflammatory environment of naive epithelial cells can induce epigenetic modulation of innate immune responses at the level of histone methylation and acetylation and hence potentially lead to long term impacts on antiviral immunity. The presence of a Th1 milieu appears key to the development of effective anti-viral responses.

## TNFα DRIVEN CAR PHOSPHORYLATION PROMOTES TRANS EPITHELIAL MIGRATION OF LEUKOCYTES

<sup>1</sup>AP Hicks, <sup>1</sup>P Morton, <sup>1</sup>A Noble, <sup>2</sup>E Raynor, <sup>1</sup>M Parsons, <sup>1</sup>G Santis. <sup>1</sup>King's College London, London, UK; <sup>2</sup>Public Health England, Salisbury, UK

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Transepithelial migration (TEpM) of leukocytes during the inflammatory process requires engagement with receptors expressed on the basolateral surface of the epithelium. One such receptor is Coxsackie and Adenovirus Receptor (CAR) which binds to Junction Adhesion Molecule - L (JAM-L) on leukocytes during TEpM. Here we provide the first evidence that TEpM of THP1 cells requires, and is controlled by phosphorylation of the cytoplasmic tail of CAR. Our in-vitro data shows that these leukocyte cells can adhere to an epithelial layer but where the cytoplasmic tail of CAR is prevented from undergoing phosphorylation the leukocytes are unable to transmigrate. Furthermore we show that this CAR phosphorylation step is driven by TNFα signalling via a TNFR1-PI3K-PKCδ dependent signalling pathway. Interestingly our work demonstrates that THP1 cells can secrete TNF $\alpha$  thereby activating the CAR phosphorylation pathway leading to TEpM without addition of exogenous TNF $\alpha$  but where TNF $\alpha$  is added this process is augmented. We also use a mouse model to confirm that CAR phosphorylation in response to inflammatory stimuli occurs in-vivo. Both acute (a 24 h inhaled TNF $\alpha$  challenge) and chronic (a 34 day ovalbumin challenge) inflammatory conditions are studied. Using confocal microscopy techniques we show that the cytoplasmic tail of CAR is phosphorylated. Specifically this is seen at the cell membrane of epithelial cells of bronchioles with associated inflammatory cells in the interstitium. Taken together these data describe a novel method for the control of TEpM by transmigrating leukocytes that can also be heightened by the presence of pro-inflammatory cytokines during inflammation. This provides a novel target for controlling inflammation at the epithelium, a key component of the pathogenesis of many diseases including asthma.

PERIPHERAL BLOOD MONONUCLEAR CELLS FROM
CHILDREN WITH SEVERE ASTHMA EXHIBIT AN
IMPAIRED CORTICOSTEROID SENSITIVITY, WHICH ALSO
CORRELATES WITH INCREASING BODY MASS INDEX

N Yemula, E Gaillard, Y Amrani. Department of Infection, Immunity and Inflammation, University of Leicester, Leicester, UK

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Introduction Corticosteroid (CS) insensitivity contributes to the difficulty in managing children with severe asthma. A better understanding of the molecular mechanisms driving this defective response could provide novel therapeutic options for these patients. Peripheral blood mononuclear cells (PBMCs) from adults with severe asthma have been used to demonstrate an impaired sensitivity to CS, enabling the delineation of potential underlying mechanisms. Whether CS insensitivity exists in PBMCs from severely asthmatic children, however, requires further validation.

**Objective** To determine whether PBMCs from children with severe asthma have an impaired *in vitro* responsiveness to corticosteroids.

Methods We conducted an observational feasibility study comparing the corticosteroid sensitivity of PBMCs from asthmatic children on British Thoracic Society treatment step 4–5 (n = 7) with healthy controls (n = 5). PBMCs from 5 ml of venous blood were plated in the presence of 100 ng/ml of lipopolysaccharide (LPS), and in the absence or presence of either  $10^{-8}$  M or  $10^{-6}$  M of dexamethasone (DEX). ELISA assays were used to determine the levels of TNF- $\alpha$  and IL-8, and the% suppression of these by DEX. Pearson product-moment correlation tests

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