medication. Baseline sweat chloride was recorded, and repeated at 2 months. Baseline pulmonary function, height and weight were recorded and repeated at monthly visits for 3 months.

Results To date 24 of 27 suitable subjects have commenced Ivacaftor. Mean FEV₁% predicted was 64.3% predicted at Ivacaftor commencement and mean BMI was 22.1 kg/m². Mean FEV₁ percent predicted increased in absolute terms by 8.9% at 1 month and 8.7% at 3 months (p < 0.001 at both time points). Mean BMI improved to 22.7 kg/m² at 1 month and 23.0 kg/m² at 3 months (p = 0.002, 0.003 respectively). There was a significant fall in sweat chloride at 2 months (median 114 to 51 mmol/L, p < 0.001). Improvement in sweat chloride was not correlated in absolute or relative terms with improvements in pulmonary function or BMI. Four subjects with a mean absolute FEV₁ improvement of 14.5% had sweat chloride responses not meeting pre-specified criteria at 2 months. Two of these subjects had a subsequent repeat test meeting continuation criteria. In one subject a suboptimal response was attributed to the omission of a single dose.

Conclusions The use of sweat chloride as a surrogate for clinical efficacy and a criterion for drug continuation is not supported by this data. Sweat chloride may be a marker of 100% adherence to therapy.

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CULTURE AND CULTURE INDEPENDANT IDENTIFICATION OF BACTERIAL COMMUNITIES IN THE CYSTIC FIBROSIS RESPIRATORY TRACT

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Introduction and Aims The identification of complex chronic polymicrobial infections, such as those observed in the cystic fibrosis (CF) airways, are often a diagnostic challenge. Few studies have compared culture-dependent methods with molecular identification making it hard to describe bacterial communities in a comprehensive manner. The aim of the study is to compare four different methods with respect to their similarities and differences in detection of bacteria.

Methods We compared41 sputum samples fromroutine clinical-culture, extended-culture (aerobic and anaerobic), and molecular identification such as Roche 454-FLX Titanium and T-RFLP to assess concurrence between methodologies in detecting bacteria. The agreement between methodologies in detecting either absence or presence of bacterial taxa was assessed by Kappa () statistics.

Results The majority of bacterial taxa identified by culture were also identified with molecular analysis. In total 2, 60, 25, and 179 different bacterial taxa were identified with clinical-culture, extended-culture, T-RFLP and 454-FLX respectively. Clinical-culture, extended-culture and T-RFLP were poor predictors of species richness when compared to 454-FLX (p < 0.0001). Agreement between methods for detecting *Pseudomonas* sp. and *Burkholderia* sp. was good with ≥ 0.7 [p < 0.0001] and \geq 0.9 [p < 0.0001] respectively. Detection of anaerobic bacteria, such as *Prevotella* sp. and *Veillonella* sp., was moderate between extended-culture and 454-FLX with = 0.461 [p < 0.0001]

and = 0.311 [p = 0.032] respectively, and good between T-RFLP and 454-FLX with = 0.577 [p < 0.0001] and = 0.808 [p < 0.0001] respectively. Agreement between methods for other main bacterial taxa, such as *Staphylcoccus* sp. and *Streptococcus* sp., was poor with only a moderate agreement for detection of *Streptococcus* sp. observed between T-RFLP and 454-FLX (= 0.221 [p = 0.024]).

Conclusions This study demonstrates the increased sensitivity culture-independent microbial identification such as the 454-FLX have over clinical-culture, extended-culture and T-RFLP methodologies. The extended-culture detected majority of the most prevalent bacterial taxa associated with chronic colonisation of the CF airways which were also detected by culture-independent methodologies. However, agreement between methods in detecting number of potentially relevant bacteria is largely lacking.

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NEBULISED HYPERTONIC SALINE IMPROVES QUALITY OF LIFE IN ADULT PATIENTS WITH NON-CYSTIC FIBROSIS BRONCHIECTASIS

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Background Nebulised hypertonic saline (HTS) improved lung function, quality of life and exacerbation frequency in a study of patients with non-cystic fibrosis (CF) bronchiectasis¹. It may improve chest clearance by increasing water content of airway surface liquid, enhancing mucociliary clearance. A protocol was developed for the use of HTS in a district hospital setting. Safety, tolerability, lung function and quality of life data are presented.

Methods Patients with non-CF bronchiectasis were assessed on a locally developed chest clearance pathway consisting of active cycle breathing technique, postural drainage, flutter device and mucolytic. Patients with ongoing symptoms were given a trial dose of 4 mls HTS 7% with spirometry measured pre and post. Patients continued on 4 mls HTS od/bd for 12 months if tolerated. Adverse effects, quality of life and spirometry was collected at 4 weeks and 6 months. Data were compared using paired t tests.

Results 34 patients (mean age 62, 25 female, mean FEV_1 66% predicted) were assessed. 2 (6%) patients did not proceed with treatment due to (a. FEV_1 decline >15% and b. severe nausea).

Leicester Cough Questionnaire	Pre HTS Mean (SD)	4/52 Mean (SD)	p value	6/12 Mean (SD)	p value
Physical	3.7 (1.4)	4.1 (1.4)	0.002*	4.0 (1.5)	0.28
Psychological	4.2 (1.7)	4.8 (1.4)	0.001*	4.7 (1.6)	0.28
Social	4.1 (1.9)	4.7 (1.6)	0.001*	4.6 (1.7)	0.20
TOTAL	11.8 (4.6)	13.7 (4.3)	0.0003*	13.3 (4.5)	0.15
St Georges					
Respiratory Questionnaire	Pre HTS Mean (SD)		6/12 Mean (SD)		p value
Symptoms	83.2 (14.2)		74.6 (19.0)		0.02*
Activity	78.0 (22.5)		68.7 (27.0)		0.14
Impact	57.2 (18.7)		43.7 (22.9)		0.07*
TOTAL	67.8 (18.7)		56.1 (20.7)		0.01*

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