

survival 259 days). The unadjusted hazard ratio for death at 1 year in those with an emergency presentation was 2.2 (95% CI 2.16–2.24,  $p<0.001$ ), and after adjustment for age, sex, stage, performance status, co-morbidity and socioeconomic status, the corresponding value was 1.56 (95% CI 1.53–1.60,  $p<0.001$ ).

**Conclusions** Emergency presentations are associated with poorer outcomes, but they also consume large amounts of healthcare spending which could be better utilised in a rapid and efficient referral and diagnostic pathway. Efforts to better understand the gaps in current service provision that allow so many patients to present so late are long overdue.

### S93 COPD AND RISK OF LUNG CANCER: THE IMPORTANCE OF SMOKING AND TIMING OF DIAGNOSIS OF COPD

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**Background** The majority of cases of both lung cancer and COPD are attributable to cigarette smoking. Some consider COPD to be an independent risk factor for lung cancer, even after accounting for smoking, with estimates of increased risk up to 9-fold in previous studies. We undertook a large case-control study using prospectively collected data which allowed us to quantify this association in the UK population, whilst carefully controlling for smoking and the impact of timing of diagnoses.

**Methods** We used The Health Improvement Network, a UK general practise database, to identify incident cases of lung cancer and controls matched on age, sex and the practise with which they were registered. Using conditional logistic regression, we assessed the effects of timing of first diagnoses of COPD, pneumonia and asthma

on the odds of lung cancer, adjusting for smoking habit and socioeconomic status.

**Results** Of 11,888 incident cases of lung cancer, 23% had a prior diagnosis of COPD compared with only 6% of the 37,605 controls. The odds of lung cancer in patients who had COPD diagnosed within 6 months of their cancer diagnosis were eleven-fold those of patients without COPD. However, when restricted to earlier COPD diagnoses, with adjustment for smoking, the effect markedly diminished (for COPD diagnoses >10 years before lung cancer diagnosis OR 2.18, 95% CI 1.87–2.54). The pattern was similar for pneumonia (see table). There was some diagnostic overlap between asthma and COPD but analyses which accounted for this produced similar results.

**Conclusion** The association between COPD and lung cancer is largely explained by smoking habit, strongly dependent on the timing of COPD diagnosis and not specific to COPD. There is, however, an extremely strong unadjusted relationship of both COPD and pneumonia with lung cancer in the 6 months immediately prior to lung cancer diagnosis. This is useful in a clinical context highlighting the need to consider a diagnosis of lung cancer when making new diagnoses of COPD or pneumonia, and supporting the current NICE recommendation that all patients should have a chest radiograph looking for evidence of lung cancer at the time of COPD diagnosis.

### S94 STEREOTACTIC RADIOTHERAPY FOR STAGE 1 NON SMALL CELL LUNG CANCER: HOW MUCH OCCULT NODAL DISEASE ARE WE MISSING?

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**Introduction and Objectives** Stereotactic Ablative Body Radiotherapy (SABR) has been developed over the last two decades as a

**Abstract S93 Table 1** Odds ratios for lung cancer (N=49493, 11,888 cases and 37,605 controls)

		Odds ratio (OR) 95% CI		Adjusted OR* 95% CI	
<b>Smoking</b>	Never	1.00		1.00	
	Highest ever recorded				
	Trivial/light	6.00	5.42–6.65	5.88	5.31–6.52
	prior to index date				
	Moderate	9.67	8.87–10.54	9.33	8.56–10.18
	Heavy/very heavy	15.58	14.35–16.91	14.88	13.71–16.16
<b>COPD</b>	Smoker but unknown quantity	3.48	3.20–3.78	3.44	3.17–3.74
	Missing smoking status	1.79	1.59–2.02	1.76	1.56–1.99
	No diagnosis prior to index date	1.00		1.00	
	Interval between				
	first diagnosis &				
	index date				
<b>Pneumonia</b>	within 6 months	11.47	9.38–14.02	6.81	5.49–8.45
	6 months up to 1 year	4.76	3.85–5.89	2.52	2.00–3.19
	1 year up to 5 years	4.34	3.95–4.78	2.48	2.24–2.75
	5 years up to 10 years	4.83	4.29–5.44	2.68	2.36–3.05
	10 years or more	3.74	3.25–4.31	2.18	1.87–2.54
	No diagnosis prior to index date	1.00		1.00	
<b>Pneumonia</b>	Interval between				
	first diagnosis &				
	index date				
	within 6 months	14.91	11.75–18.94	13.33	10.24–17.35
	6 months up to 1 year	3.37	2.42–4.70	2.89	1.99–4.18
	1 year up to 5 years	2.59	2.22–3.02	2.16	1.82–2.57
<b>Pneumonia</b>	5 years up to 10 years	2.52	2.04–3.10	2.11	1.66–2.67
	10 years or more	1.68	1.35–2.09	1.46	1.15–1.86

OR, Odds ratio. CI, confidence interval. COPD, Chronic obstructive pulmonary disease.

\*Adjusted for smoking & Townsend quintile (a measure of socioeconomic status).

method of treating peripheral early stage (T1, T2) NSCLC. It is considered as a valid option for treatment when surgery is high risk or declined. Many clinicians now question whether SABR can be considered as a genuine alternative to surgery for peripheral stage I NSCLC.

One concern about any comparison with surgery is that those patients who receive SABR may miss out on adjuvant chemotherapy due to lack of pathological nodal staging that would be done post operatively.

Our aim was to determine what proportion of cases this might represent.

**Methods** We carried out a retrospective review of surgical resections for lung cancer between 2008 and 2011 at a teaching hospital in Yorkshire. We identified those patients who were staged preoperatively as T1 or T2 with no nodal or distant metastases.

We also identified a subgroup of patients with peripheral tumours no greater than 5cm in diameter (i.e. those potentially suitable for SABR).

We recorded post operative staging and whether they received adjuvant chemotherapy.

**Results** We identified 162 cases in total (81 female) of which 13.7% had nodal involvement on post operative staging. Of these, 72.7% received adjuvant chemotherapy. Within the subgroup with peripheral tumours <5cm there were 116 cases of which 7.0% had nodal involvement. Of these, 62.5% received adjuvant chemotherapy.

**Conclusions** Our findings show that a significant number of patients who are preoperatively staged as N0 do have hilar and/or mediastinal nodal involvement at the time of surgery. However, many of these patients have central tumours not suitable for SABR. In the subgroup of patients with small peripheral tumours, that would potentially be suitable for SABR, this proportion is smaller.

It is thought that on direct comparison with surgery those who receive SABR might be more likely to develop recurrent disease due to nodal involvement outside of the radiotherapy field in some patients. Our results suggest that this proportion is small. Any effect on overall survival would be weighed against peri-operative morbidity and mortality.

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## SOCCAR: INTERNATIONALLY RESONANT RESULTS FROM A RANDOMISED TRIAL BASED ON UK CLINICAL PRACTISE

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Concurrent chemoradiation is now recognised as a standard of care for patients with inoperable Stage III NSCLC and good Performance Status. Two year survival rates in published trials ranges from 29% to 43%, with median survival in the range of 14 to 17 months. An ongoing multi-centre study performed in the United States has recently reported median survival of 21 months for this group of patients, with no advantage from dose escalation from 60 to 74 Gy in conventional fractionation. In SOCCAR, we employed a standard UK radical lung cancer radiotherapy treatment schedule; 130 patients were randomised to receive 55Gy in 20 fractions over 4 weeks, given either concurrently or sequentially with cisplatin and vinorelbine. Trial entry criteria were: pathologically confirmed stage III NSCLC, judged in-operable by a thoracic surgeon and treatable within a radical radiotherapy volume with V20 <30% and <12 cm oesophagus in PTV. Patients were required to have PS 0 or 1, FEV1 >= 1L and TLCO >= to 50%. Patients with weight loss and N3 disease were included, with no upper age limit. Characteristics were well balanced between the two arms.

**Results** Median survival is 27.4 months in the concurrent arm and 18.6 months in the sequential arm. Two year survival rates are 54% and 42% respectively. Toxicity was acceptable and similar in both arms. Documented local relapse was 10% in the concurrent arm and 22% in the sequential arm. Quality of Life was measured prospectively in all patients, there being no significant difference in either arm. In comparison with 16 published RCTs, comprising 1733 patients treated with concurrent chemoradiation, the concurrent treatment arm in SOCCAR ranks top in survival with comparable toxicity. These results are recognised as being of major relevance internationally and are the basis of a proposed multi-centre international study.

## Clinical studies in interstitial lung disease

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## A COMBINATION SCORE OF RAISED SACE, LYMPHOPENIA AND HYPERGAMMAGLOBULINAEMIA CORRELATES WITH ACTIVE DISEASE ON THORACIC CT SCAN OF PATIENTS WITH PULMONARY SARCOIDOSIS

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**Introduction** Clinical decisions about treatment in pulmonary sarcoidosis, and phenotyping research studies are hampered by inability to objectively measure disease activity. We reviewed 120 consecutive patients from our Sarcoidosis Clinic and observed that raised sACE, immunoglobulin and/or presence of lymphopenia were associated with clinical decisions to change treatment. We question if these markers could be combined to form an objective measure of disease activity in pulmonary sarcoidosis.

**Methods** As there is no 'gold standard' for disease activity in sarcoidosis, we used thoracic CT scan to reflect disease activity on the basis that ground glass opacity, nodularity, consolidation, interlobular septal thickening and conglomeration reflect T cell alveolitis, cellular infiltrate and granulomatous deposits<sup>1-2</sup>. Using Fleischner Society definition of terms<sup>3</sup>, we designed a scoring system ("CT activity score; CTAS") to quantify this, and examined if a composite clinical score ("clinical activity score; CAS"; IgG > 13 g/l = 1, Lymphocytes < 1x10<sup>9</sup>/l = 1, sACE < 55 U/l = 0, 56-100 U/l = 1, > 100 U/l = 2) correlated with changes in CTAS. An enhanced CAS incorporating extent of defined CXR abnormalities was also examined. We collected data from 100 consecutive patients diagnosed according to WASOG/ATS criteria (with histological confirmation), who had thoracic CT scan, CXR and blood parameters within three months of each other. Two radiologists scored the CT scans blindly. We present results for the first 20 cases.

**Results** CTAS score (maximum possible 81) in our patients ranged from 0 to 40; CAS from 0-4 (maximum 5); when including CXR score - from 1-12 (maximum 12). We found a strong correlation between CAS and CTAS (Figure 1). No correlation was observed between the CTAS and FVC, TLC or KCO, supporting the premise that severe irreversible functional loss can be inactive.

**Conclusions** A combination score incorporating lymphopenia, sACE levels, and hypergammaglobulinemia is strongly correlated with CT quantification of disease activity in pulmonary sarcoidosis. Addition of CXR scoring improved the correlation. This score could be used as an indicator of disease activity to aid clinical decisions on treatment, and paves the way for collation of larger numbers and longitudinal studies to further validate the tool.

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