Sleep disordered breathing

- Chae KY, Kripke DF, Poceta JS, et al. Evaluation of immobility time for sleep latency in actigraphy. Sleep Med 2009;10:621—5.
- Nowbar S, Burkart KM, Gonzales R, et al. Obesity-associated hypoventilation in hospitalized patients: prevalence, effects, and outcome. Am J Med Genet 2004;116:1—7.
- Budweiser S, Riedl SG, Jorres RA, et al. Mortality and prognostic factors in patients with obesity-hypoventilation syndrome undergoing noninvasive ventilation. J Intern Med 2007;261:375—83.
- Maniscalco M, Zedda A, Faraone S, et al. Evaluation of a transcutaneous carbon dioxide monitor in severe obesity. Intensive Care Med 2008;34:1340—4.
- Senn O, Clarenbach CF, Kaplan V, et al. Monitoring carbon dioxide tension and arterial oxygen saturation by a single earlobe sensor in patients with critical illness or sleep apnea. Chest 2005;128:1291—6.
- Storre JH, Steurer B, Kabitz HJ, et al. Transcutaneous PCO2 monitoring during initiation of noninvasive ventilation. Chest 2007:132:1820—6.

- Storre JH, Magnet FS, Dreher M, et al. Transcutaneous monitoring as a replacement for arterial PCO(2) monitoring during nocturnal non-invasive ventilation. Respir Med 2011;105:143—50.
- Aber WR, Block AJ, Hellard DW, et al. Consistency of respiratory measurements from night to night during the sleep of elderly men. Chest 1989:96:747—51.
- Bittencourt LR, Suchecki D, Tufik S, et al. The variability of the apnoea-hypopnoea index. J Sleep Res 2001;10:245—51.
- Kline CE, Crowley EP, Ewing GB, et al. The effect of exercise training on obstructive sleep apnea and sleep quality: a randomized controlled trial. Sleep 2011;34:1631—40.
- sleep apnea and sleep quality: a randomized controlled trial. Sleep 2011;34:1631—40.

 Tryon WW. Issues of validity in actigraphic sleep assessment. Sleep 2004;27:158—65.
- Morgenthaler T, Alessi C, Friedman L, et al. Practice parameters for the use of actigraphy in the assessment of sleep and sleep disorders: an update for 2007. Sleep 2007;30:519—29.
- Troosters T, Gosselink R, Janssens W, et al. Exercise training and pulmonary rehabilitation: new insights and remaining challenges. Eur Respir Rev 2010;19:24—9.

Journal club

Mouse lung regeneration after H1N1

This study demonstrates that following an ARDS-like syndrome in mice secondary to infection with a murine-adapted H1N1 virus, complete recovery follows the emergence of a population of stem cells bearing the differentiation markers of alveoli.

Contrary to the existing bleomycin-based models of pulmonary injury causing fibrosis, this murine H1N1 model sustains substantial airway damage and epithelial destruction, followed by viral clearing and histological recovery over several months. This represents a novel paradigm to investigate regenerative responses to infection.

Using molecular and immunohistochemical methods, the authors illustrate that following H1N1 infection, a cell population expressing p63, a known marker of stem cells in nasal and tracheal epithelia, emerges from distal bronchial epithelia in damaged lung and expands to form discrete 'pods' or islands of cells that concentrically surround distal airways. These pods assemble into novel alveoli-like structures bearing molecular markers and gene expression profiles of alveoli. Lineage tracing of these pods reveals a path originating in bronchiolar epithelium. Complete histological recovery including regeneration of alveoli—capillary networks follows over several months with no evidence of fibrosis. In parallel studies, the authors cultured comparable p63-positive stem cells derived from human distal airway epithelia, which similarly assembled into alveoli-like structures bearing specific molecular and genetic markers of alveolar and capillary development in vitro.

This work identifies a previously undescribed source of distal airway stem cells capable of regenerating damaged lung parenchyma following inflammation-induced lung injury, suggesting novel therapeutic approaches to currently non-reversible airway diseases. How the incipient alveoli-like structures integrate into existing airway structures remains to be seen.

► Kumar PA, Hu Y, Yamamoto Y, et al. Distal airway stem cells yield alveoli in vitro and during lung regeneration following H1N1 influenza infection. Cell 2011;147:525—38.

Imran Mahmud

Correspondence to Dr Imran Mahmud, Oxford University Clinical Academic Graduate School, Hertford College, University of Oxford, OX1 3BW, UK; imran.mahmud@medsci.ox.ac.uk

Provenance and peer review Not commissioned; internally peer reviewed.

Published Online First 18 December 2012

Thorax 2012;67:734. doi:10.1136/thoraxjnl-2011-201438

734 Thorax August 2012 Vol 67 No 8