uPAR regulates bronchial epithelial repair in vitro and is elevated in asthmatic epithelium

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ABSTRACT

Background The asthma-associated gene urokinase plasminogen activator receptor (uPAR) may be involved in epithelial repair and airway remodelling. These processes are not adequately targeted by existing asthma therapies. A fuller understanding of the pathways involved in remodelling may lead to development of new therapeutic opportunities. uPAR expression in the lung epithelium of normal subjects and patients with asthma was investigated and the contribution of uPAR to epithelial wound repair in vitro was studied using primary bronchial epithelial cells (NHBECs).

Methods Bronchial biopsy sections from normal subjects and patients with asthma were immunostained for uPAR. NHBECs were used in a scratch wound model to investigate the contribution of the plasminogen pathway to repair. The pathway was targeted via blocking of the interaction between urokinase plasminogen activator (uPA) and uPAR and overexpression of uPAR. The rate of wound closure and activation of intracellular signalling pathways and matrix metalloproteinases (MMPs) were measured.

Results uPAR expression was significantly increased in the bronchial epithelium of patients with asthma compared with controls. uPAR expression was increased during wound repair in monolayer and air-liquid interface-differentiated NHBEC models. Blocking the uPA–uPAR interaction led to attenuated wound repair via changes in Erk1/2, Akt and p38MAPK signalling. Cells engineered to have raised levels of uPAR showed attenuated repair via sequestration of uPA by soluble uPAR.

Conclusions The uPAR pathway is required for efficient epithelial wound repair. Increased uPAR expression, as seen in the bronchial epithelium of patients with asthma, leads to attenuated wound repair which may contribute to the development and progression of airway remodelling in asthma. This pathway may therefore represent a potential novel therapeutic target for the treatment of asthma.

INTRODUCTION

We have previously identified urokinase plasminogen activator receptor (uPAR, PLAUR, CD87) as an asthma-associated gene showing genetic association between single nucleotide polymorphisms (SNPs) spanning the uPAR gene (PLAUR) and asthma susceptibility, bronchial hyper-responsiveness (BHR), decline in lung function and plasma/serum levels of uPAR. These data suggest that variation at the PLAUR locus may predispose individuals with asthma to accelerated decline in lung function, a marker of airway remodelling.
specifically in epithelial repair processes in the bronchi. Another study using a mouse asthma model showed that inhalation of uPA could protect against subepithelial fibrosis and airway hyper-responsiveness, indicating that the plasminogen pathway plays a role in airway remodelling.

We hypothesised that genetically predisposed dysregulated expression of uPAR may be a feature of asthma and that uPAR plays a critical role in epithelial repair. We aimed to investigate uPAR expression in normal and asthmatic lung to determine whether uPAR is increased in the epithelium of subjects with asthma. A scratch wound model in primary human bronchial epithelial cells (NHBEC) was used to investigate the role of uPAR and the plasminogen pathway in epithelial wound repair.

Our data support the hypothesis that uPAR is increased in the bronchial epithelium in subjects with asthma, that the interaction between uPA and uPAR is critical for efficient bronchial epithelial wound repair in vitro and that increased expression of uPAR, as observed in asthma, attenuates in vitro repair.

**METHODS**

**Immunostaining of bronchial biopsies**

Sections taken from control and asthmatic glycomethacrylate-embedded bronchial biopsies were stained using anti-uPAR (sc-32764, Santa Cruz Biotechnology, Heidelberg, Germany) or an appropriate isotype control. A semi-quantitative score of staining was used to define expression in the epithelium (0=none, 1=low, 2=moderate, 3=high; mean of two sections per donor, scored by a blinded observer, figure 1). Patient details and clinical characterisation are shown in the online supplement.

**Cell culture**

NHBEC (Lonza, Wokingham, UK) were used at passage 3–4 in growth factor-supplemented medium (BEGM, Lonza) for monolayer experiments. Cells were differentiated at passage 5 at the air—liquid interface (ALI) according to a previously published method (see online supplement). Three donors were used in this study (see table E1 in online supplement). Details of wound repair experiments, preparation and transfection of plasmids for overexpression of uPAR are shown in the online supplement.

**Immunofluorescence of cultured cells**

Monolayer NHBECs were grown on glass chamber slides for immunofluorescence, ALI cultured cells were fixed in situ on inserts and transferred to glass slides for visualisation. The cells were fixed using 4% formaldehyde and permeabilised with 0.15% Triton-X before blocking with 10% goat serum. They were incubated with primary antibodies at 4°C overnight and...
Alexa488-labelled secondary antibodies for 1 h at room temperature (table E2 in online supplement). The cells were visualised using the Zeiss spinning disc confocal microscope and Volocity software (Perkin Elmer, Cambridge, UK).

**Quantitative PCR**

Cultured cells were lysed and RNA was extracted using silica columns (RNeasy mini kit, Qiagen, Crawley, UK). cDNA was synthesised using Superscript II (Invitrogen, Paisley, UK) and random hexamer primers according to the manufacturer’s instructions. mRNA levels of uPAR, uPA and PAI-1 were quantified using a series of quantitative PCR assays (see Table E5 in online supplement). Quantitative PCR was performed using TaqMan gene expression master mix (Applied Biosystems, Warrington, UK) and HPRT1 endogenous control (Hs01003267_m1, Applied Biosystems) on a Stratagene MxPro3005 machine using 40 cycles of 95°C for 15 s and 60°C for 60 s. Data were normalised using the housekeeper (HPRT1) and the 2ΔΔCt method.

**Western blotting**

Cells were lysed in 1× SDS loading buffer. Equal volumes of lysates were separated by 10% SDS-PAGE under reducing conditions. Proteins were transferred to a PVDF membrane and probed using a panel of primary antibodies (see Table E4 in online supplement) and HRP-conjugated secondary antibodies. Binding was visualised by enhanced chemiluminescence (ECL, Amersham Biosciences, Little Chalfont, UK). Membranes were stripped using Restore Western blot stripping buffer (Thermo Fisher Scientific, Cramlington, UK) and re-probed for loading controls. Densitometry of protein bands used ImageJ 1.41 (NIH, USA http://rsbweb.nih.gov/ij/). For statistical analysis, data were normalised to β-actin and exposure levels.

**Analysis of supernatant proteins**

DuoSet enzyme-linked immunosorbent assays (ELISA) (R&D Systems, Abingdon, UK) were used to quantify soluble uPAR (suPAR), uPA and PAI-1 in cell culture supernatants following the manufacturer’s recommendations. Semi-quantitative measurement of MMP-2 and MMP-9 activity was obtained using gelatin zymography (see online supplement). MMP-9 activity was further quantified using the FluorokineE assay (R&D Systems). Plasmin activity in supernatants from ALL cultures was measured using the Sensolyte AFC Plasmin Activity Kit (AnaSpec, Cambridge Bioscience, Cambridge, UK). Plasmin activity in supernatants from monolayer cultures was below the detection limit of this assay.

**Statistical analysis**

GraphPad Prism 5.03 for Windows (GraphPad Software, San Diego, California, USA) was used for statistical analysis. Semi-quantitative data were analysed using the Mann–Whitney or Kruskal–Wallis tests while quantitative data were analysed using the Student t test or ANOVA with Bonferroni post-test. p<0.05 was considered significant.

**RESULTS**

**uPAR protein levels are increased in asthma bronchial epithelium**

Bronchial biopsies were taken from nine normal subjects and 27 individuals with asthma (see Table E5 in online supplement). Asthma cases showed a range of severities and were divided into mild to moderate (Global Initiative for Asthma (GINA) severity 1–3, n=15) and severe asthmatics (GINA 4–5, n=12). Analysis of epithelial immunostaining for uPAR used a semi-quantitative score (figure 1B–E represents scores 0–3 for illustration). Biopsies taken from subjects with asthma showed a significant increase in uPAR levels compared with control subjects, particularly in the epithelial layer (p=0.002); however, there was no difference between subjects with mild to moderate or severe asthma (figure 1F). Subjects with asthma compared with controls showed decreased percentage predicted forced expiratory volume in 1 s (FEV1), (not significant) and increased BHR to methacholine (p<0.0001). There was no significant difference between groups for age, gender, atopy, smoking status or smoking pack-years, but there was a trend towards increased smoking in subjects with asthma. The analysis was repeated in non-smokers only and showed similar results (data not shown).

**Induction of uPAR is a feature of wound repair in primary NHBECS in vitro**

Confluent monolayer NHBECs cultures were scratch wounded and followed until closure over 24 h (n=4; see figure E1A in online supplement). Immunostaining 4 h after wounding showed increased uPAR protein expression in cells at the wound edge (figure 2A). Increased mRNA levels of uPAR (p<0.001 at 8 h, figure 2B) and PAI-1 (p<0.001 at 4 h, figure 2D) but not uPA (figure 2C) were detected during the wound repair process. Wounded increased levels of soluble uPAR (suPAR) in supernatants after wounding (p<0.001 at 24 h, figure 2E). Analysis of MMPs as a marker of plasminogen pathway activity in supernatants taken at 24 h after wounding using two different methods (zymography (figure 2F) and MMP-9 activity assay (figure 3F)) showed that pro-MMP-2 was significantly reduced 24 h after wounding (p<0.03).

**Blocking the uPA–uPAR interaction attenuates wound repair in primary NHBECS in vitro**

The uPA–uPAR interaction can be blocked using anti-uPA antibody.20–22 This blocking attenuated wound repair in monolayer NHBECs in a dose-dependent manner (p<0.001 at 40 ng/ml, figure 3A, n=4). Isotype control antibody caused a small decrease in the area healed at 24 h only (p<0.01), while an anti-uPAR domain II antibody anticipated not to affect the uPA–uPAR interaction had no effect on wound repair. Anti-uPA-treated cells showed a significantly reduced area healed compared with medium control, isotype control and non-blocking antibody control (data not shown). Addition of blocking antibody at the time of wounding led to lower levels of suPAR (p=0.04, figure 3B), uPA (p<0.001, figure 3C) and PAI-1 (p<0.001, figure 3D) in the supernatants 24 h after wounding. Addition of blocking antibody did not affect MMP-2/MMP-9 expression or MMP-9 activity (figure 3E,F).

**Blocking the uPA–uPAR interaction alters Erk/Akt/p38MAPK signalling pathways**

Signalling pathways implicated in wound repair are also downstream of uPAR activation. To investigate these pathways, NHBECs were lysed 5 min after wounding. Cells were also incubated with the anti-uPA blocking antibody at the time of wounding. Western blotting was used to investigate the expression and activation of Akt (figure 4A), Erk1/2 (figure 4B) and p38MAPK (figure 4C) in these samples by measuring phosphorylated and total proteins and the ratio of these forms (representative of n=8 control/untreated, n=4 blocking). In control cells, phosphorylation of Erk1/2 (p<0.001, figure 4H,K)
and p38MAPK (p<0.001, figure 4I,L) but not Akt (figure 4G,J) was increased on wounding, with no effect on total protein (figure 4D–F). Addition of blocking antibody caused an increase in total p38 (p=0.004 unwounded, figure 4F). There was also a decrease in phospho-Erk1/2 (p=0.004 unwounded, p=0.004 wounded, figure 4H) and an increase in phospho-p38 (p=0.0081 unwounded, p=0.004 wounded, figure 4I) in both unwounded and wounded cells. Phospho-p38 was not significantly increased on wounding when cells were treated with blocking antibody (figure 4I,L), although there was increased
phosphorylation of Akt (Figure 4G,J, p<0.05) and Erk1/2 (Figure 4H,K, p<0.05).

Parallel experiments using a non-blocking isotype-matched anti-uPAR domain II antibody showed no significant effect on signalling compared with untreated cells (data not shown).

**Increased uPAR levels lead to receptor shedding and attenuated wound repair**

NHBECs were transiently transfected with control (pcDNA3) or membrane uPAR overexpression (pc-uPAR) plasmids. Increased uPAR was confirmed by western blotting (Figure 5A, representative of n=3), immunofluorescence (Figure 5B) and quantitative PCR (p=0.008, Figure 5C). Supernatant suPAR was also significantly increased (p=0.04, Figure 5D). Levels of uPA (p=0.004, Figure 5E) but not PAI-1 (Figure 5F) in supernatants were significantly reduced 24 h after transfection, potentially due to uPA sequestration by suPAR. At baseline (24 h after transfection, prior to wounding), cells overexpressing uPAR showed a trend towards decreased pro-MMP-2 and increased pro-MMP-9 levels by zymography (Figure 5G), which was significant in the MMP-9 activity assay (p=0.005 active MMP-9, p<0.001 total MMP-9, Figure 5H). Increased uPAR expression attenuated wound repair (p<0.001, n=5, Figure 5I). To determine whether this is due to intracellular signalling or soluble factors, conditioned supernatant from control or uPAR over-expressing cells was added to non-transfected cells. Adding back conditioned supernatants at the time of wounding had no significant effect on the rate of repair (Figure 5J); however, cells pretreated with uPAR-conditioned supernatants for 24 h showed a small but significant attenuation of repair (p=0.03, Figure 5K).

**Increased uPAR does not affect Erk/Akt/p38MAPK signalling after wounding**

Signalling activation was investigated in cells transfected with pcDNA3 or pc-uPAR. These cells were wounded 24 h after transfection and harvested after a further 5 min (n=3). Measurement of Erk1/2, Akt and p38MAPK showed no significant differences in activation state between the two cell types in unwounded or wounded cells (data not shown).
uPAR induction is a feature of wound repair responses in a differentiated NHBEC model

We analysed uPAR pathway components in an ALI differentiated NHBEC model (representative of n=2). NHBECs were cultured at ALI for 21 days before wounding. This model develops significant transepithelial electrical resistance and expression of markers of ciliated (β-tubulin IV, figure E2A in online supplement) and goblet cells (MUC5AC, figure E2B in online supplement). Cells also developed a network of localised actin staining (see figure E2C in online supplement). Immunostaining showed increased uPAR

![Image of experiment results](image)

**Figure 4** Blocking the interaction between urokinase plasminogen activator (uPA) and urokinase plasminogen activator receptor (uPAR) alters intracellular signalling. Cells were treated with (block, n=4) or without (control, n=8) blocking antibody and with (+) or without (−) wounding for 5 min. Western blotting was performed for phosphorylated and total protein and β-actin (labelled P, T and B) for (A) Akt, (B) Erk1/2 and (C) p38MAPK; representative blots shown. Densitometry was normalised to β-actin signal and gel intensity for total (D–F) and phosphorylated (G–I) proteins for statistical analysis. The ratio of phosphorylated to total protein was also determined (J–L). *p<0.05, **p<0.01, ***p<0.001.
expression in cells at the wound edge 4 h after wounding (figure 6A). Expression of uPAR (p<0.001, figure 6B), uPA (p<0.001, figure 6C) and PAI-1 (p<0.001, figure 6D) was increased at the mRNA level during repair. suPAR, uPA and PAI-1 were increased in supernatants from wounded cells (p<0.001, figure 6E–G). MMP-2/MMP-9 were measured in supernatants by zymography and (H) an ELISA-based assay. (I) Cells overexpressing uPAR showed attenuated wound repair. Control cells were treated with supernatants from cells containing pc-DNA3 or pc-uPAR at wounding (J) or 24 h prior to wounding (K) and repair was measured (n=4, two donors). *p<0.05, **p<0.01, ***p<0.001.

Figure 5  Increased urokinase plasminogen activator receptor (uPAR) expression leads to attenuated wound repair. Cells transfected with pc-uPAR show elevated expression by (A) Western blotting with control (uPAR), (B) immunofluorescence and (C) quantitative PCR 24 h after transfection (n=5). Increased soluble uPAR (suPAR) (D), decreased urokinase plasminogen activator (uPA) (E) and no change in plasminogen activator inhibitor 1 (PAI-1) (F) levels were observed in supernatants. Changes in matrix metalloproteinase (MMP)-9 and MMP-2 levels/activity were detected using (G) zymography and (H) an ELISA-based assay. (I) Cells overexpressing uPAR showed attenuated wound repair. Control cells were treated with supernatants from cells containing pc-DNA3 or pc-uPAR at wounding (J) or 24 h prior to wounding (K) and repair was measured (n=4, two donors). *p<0.05, **p<0.01, ***p<0.001.
DISCUSSION

We hypothesised that a predisposition to altered uPAR expression may in part underlie our previously observed genetic association between PLAUR SNPs and asthma susceptibility, BHR and increased decline in lung function in subjects with asthma. Using a series of controls and individuals with asthma, we have shown that uPAR expression is increased in the bronchus of subjects with asthma, particularly in the epithelium, but there was no correlation between disease severity and epithelial uPAR staining, possibly due to limited power caused by the population size. In addition, those with more severe disease are treated with high-dose inhaled corticosteroids and/or oral corticosteroids which may confound expression of uPAR. The relationship between uPAR expression in the epithelium and airway remodelling requires further investigation, but relating epithelial histology to uPAR expression in a cross-sectional study would be difficult to interpret and is beyond the scope of this paper. Previous studies have found uPAR levels to be increased in the

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**Figure 6** Induction of urokinase plasminogen activator receptor (uPAR) is a feature of primary bronchial epithelial cell (NHBEC) wound repair in an air–liquid interface (ALI) differentiated model. Wound repair in differentiated NHBECs occurs over 24 h (representative of n=2). (A) uPAR expression is increased in cells at the wound edge 4 h after wounding (arrows). uPAR (B, E), urokinase plasminogen activator (uPA) (C, F) and plasminogen activator inhibitor 1 (PAI-1) (D, G) mRNA and protein levels in supernatants were measured in wounded and unwounded cells over 24 h. Matrix metalloproteinase 9 (MMP-9) (H) and plasmin (I) activity were measured at 24 h. *p<0.05, **p<0.01, ***p<0.001.
Asthma

Figure 7  Targeting the urokinase plasminogen activator receptor (uPAR) pathway leads to attenuation of wound repair via different mechanisms. Urokinase plasminogen activator (uPA) binding to uPAR activates both extracellular and intracellular signalling cascades. (A) Plasminogen activator inhibitor 1 (PAI-1) binding to uPAR and its co-receptors interferes with signalling via multiple mechanisms. Damage to the epithelial layer leads to increased soluble uPAR (suPAR) and phosphorylation of Erk1/2 and p38. (B) Blocking the interaction between uPA and uPAR at the time of damage leads to decreased suPAR, uPA and PAI-1 in the supernatant, changes in activation of signalling pathways and attenuation of wound repair. (C) Increased levels of uPAR lead to increased receptor shedding, changes in matrix metalloproteinase 9 (MMP-9) activity and attenuation of wound repair. Soluble uPAR sequesters uPA and prevents it binding to cell surface uPAR.

sputum of patients with asthma as well as in lung biopsies from a single individual who died with asthma. This is the first study to investigate the expression of uPAR protein ex vivo in the airways of a number of control and asthmatic individuals. These findings provide a basis for further investigation of the role of uPAR in the epithelium. Using primary human NHBECs, we have shown that alterations in the uPAR pathway are a feature of epithelial repair. Blocking the uPA–uPAR interaction attenuates repair while increased uPAR levels, as observed in asthma, also attenuate repair.

We characterised the expression of uPAR pathway components during primary bronchial epithelial cell wound repair in both monolayer (summarised in figure 7A) and differentiated culture models. The differentiated model consists of pseudotratified cells at ALI, showing significant transepithelial electrical resistance. Cells develop localised actin (replacing the diffuse expression seen in monolayer culture) and develop expression of markers of ciliated and goblet cells, characteristic of the bronchial epithelium in vivo. uPAR and PAI-1 mRNA expression was increased during repair, and uPAR protein expression was increased in cells at the wound edge. There was also a significant increase in suPAR in supernatants of wounded cells in both models. In the ALI model only, uPA mRNA and uPA and PAI-1 in supernatants were also increased. A previous study comparing asthmatic and normal paediatric airway epithelial cells also found increased PAI-1 mRNA and activity during wound repair. MMP-2/MMP-9 activation is a potential downstream target of the proteolytic plasmin cascade. Both MMP-2 and MMP-9 have been shown to promote epithelial migration and wound repair in various models. In monolayer culture, pro-MMP-2 was modestly decreased after wounding. At ALI, MMP-9 activity was increased while pro-MMP-2 was not always detected, suggesting that patterns of MMP activation may differ depending on the model and cell type used. We were not able to detect active forms of MMP-2 and MMP-9 by zymography and MMP-2 activity was not specifically measured, limiting the conclusions that can be drawn about MMP-2 activation in both our wounding models. Differences between the two culture systems may be driven by the different cellular composition present (‘basal’ vs ‘differentiated’) and different culture conditions (wounding vs differentiation medium (see Methods); 6-well plate vs 12-well transwell insert). We consider the use of both culture systems to be a strength of our approach but acknowledge the limitations of direct comparison between the systems.

uPA–uPAR binding may also trigger intracellular signalling cascades, including PI3-kinase/Akt, p38MAPK and Erk1/2 reviewed by Smith and Marshall. Previous data from our group and others have shown that these signalling pathways are also involved in epithelial wound repair. We show increased Erk1/2 and p38MAPK but not Akt phosphorylation 5 min after wounding in the monolayer system, suggesting that either Akt is not activated on wound healing in our model or that activation may occur at a different time point. We did not perform this analysis in the ALI model, which is a limitation of the current study.

Blocking the interaction of uPA and uPAR resulted in attenuation of wound repair and reduction in soluble pathway components in cell supernatants (suPAR, uPA and PAI-1), confirming that the uPAR pathway is a component of repair. Various studies have found that increased uPA induces uPA, uPAR and PAI-1 expression in airway epithelial cells via mRNA stabilisation. We hypothesise that the binding of uPA by the blocking antibody may have an opposite effect, leading to downregulation of uPAR, uPA and PAI-1. It should be noted that the blocking antibody will compete with the anti-uPA ELISA, therefore the ELISA measurements of uPA may reflect only ‘free’ uPA in the supernatant. MMP-2/MMP-9 levels were not affected by the addition of anti-uPA, suggesting that they are not directly regulated by uPA levels. Treatment of the cells with plasmin or aprotinin (a plasmin inhibitor) did not significantly affect the

rate of repair (data not shown). In addition, in the differentiated model, plasmin activity in supernatants was not affected by wounding. These data suggest that attenuation of repair may not be driven by the proteolytic plasmin cascade. Blocking the interaction of uPA and uPAR resulted in changes in intracellular signalling activation (ie, phosphorylation of Erk1/2 and p38MAPK), suggesting that blocking acts via changes in the balance between key intracellular signalling pathways involved in the wound repair response (figure 7B). An isotype control antibody showed some inhibition of wound healing; this effect was not seen using a non-blocking isotype-matched anti-uPAR domain II antibody. The anti-uPAR antibody was therefore used as a control in intracellular signalling experiments, showing no significant effect on cell signalling.

We have shown that uPAR expression is increased in the bronchial epithelium of subjects with asthma. We therefore overexpressed uPAR in the NHBEC model. Transfected cells showed high levels of surface uPAR and suPAR in the supernatant, potentially mimicking the increased levels of uPAR observed in the epithelium and sputum of patients with asthma. Increased uPAR levels lead to a significant attenuation of repair which may reflect the previously observed reduced capacity for epithelial repair of asthmatic versus control cells in cell culture. Supernatant uPAR is significantly decreased 24 h after uPAR overexpression; increased suPAR may sequester uPA, preventing binding to surface uPAR. The soluble receptor may also interact with cell surface molecules and modulate signalling directly. On wounding, signalling activation was unchanged in uPAR over-expressing cells; however, wound repair was attenuated. Overexpression of uPAR also increased baseline MMP-9 activity, suggesting a change in cell phenotype.

Cells pretreated with pc-uPAR-conditioned supernatants showed a reduction in wound healing which was not present when treated at the time of wounding. This change was modest, suggesting that soluble factors may not play a major role in attenuating repair in our model. However, a study in a breast cancer cell line showed that suPAR decreased matrigel invasion only when cells were preincubated for 6–18 h. Similarly, a transwell migration assay with 15 min preincubation showed no effect of suPAR. These data support the proposal that suPAR treatment or overexpression may induce an altered phenotype and that changes take time to occur. We hypothesise that overexpression of uPAR results in increased receptor shedding, generating suPAR which sequesters uPA. Signalling via surface uPAR and suPAR modifies the cell phenotype, including increased MMP-9 activity, via as yet unexplored mechanisms to reduce the ability of the cells to respond to repair signals (figure 7C). These changes may be significant for epithelial function in patients with asthma.

Overall, this study shows that uPAR is increased in the bronchial epithelium in asthma and that the uPAR pathway is upregulated during wound repair in primary NHBECs in vitro, both in monolayer culture and a differentiated model. Blocking the interaction between uPA and uPAR attenuates repair via modulation of intracellular kinase cascades, while overexpression of uPAR results in attenuation of wound repair via increased receptor shedding and potential alterations in cell phenotype in vitro. Our data suggest that the interaction between uPA and membrane uPAR is an important stage in the epithelial repair process. A late increase in soluble uPAR may be a feedback loop associated with resolution of repair, with soluble uPAR potentially acting to sequester uPA and prevent its binding to surface uPAR, as suggested in the overexpression model.

In asthma there is increased epithelial expression of uPAR and, importantly, soluble cleaved uPAR (as measured in sputum). We have previously shown a genetic association of PLAUR SNPs with increased BHR, increased rate of decline in lung function and increased plasma/serum levels of uPAR in patients with asthma. The current data support the hypothesis that patients with asthma may be genetically predisposed to increased uPAR expression, so this feedback loop may be sustained in asthma, ultimately leading to disruption of bronchial epithelial repair homeostasis which may be a factor in the development of airflow remodelling and increased decline in lung function. The uPAR–uPAR axis may therefore be a novel therapeutic opportunity to target these mechanisms, which are not adequately addressed by existing drugs in asthma.

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Contributors IS conceived and designed the study, CES performed in vitro work, statistical analysis and drafted the article. HSN performed some in vitro work. CEB generated ex vivo patient data. All authors revised and approved the final manuscript.

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REFERENCES

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Lebrikizumab may benefit a subset of patients with asthma

Interleukin 13 (IL-13), a cytokine of type 2 helper T cells, may contribute to the heterogeneity of asthma in terms of clinical course and response to treatment. IL-13 leads to the production of periostin, a protein that may cause airway remodelling.

In this randomised, double-blind, placebo-controlled study, lebrikizumab, a monoclonal antibody that binds to IL-13 thereby inhibiting its function, was used to investigate the effect on patients with uncontrolled asthma undergoing treatment with inhaled steroids. Lebrikizumab showed superior primary outcome to placebo, with an increase in prebronchodilator forced expiratory volume in one second (FEV₁) by 5.5% at week 12. Patients with higher periostin levels had a relative increase in FEV₁ of 8.2% compared with those receiving placebo, whereas the low periostin group had a relative increase in FEV₁ of 1.6% over the placebo group. There was no significant improvement in secondary outcomes including rates of asthma exacerbation, asthma symptom scores or use of rescue medications. The secondary outcome results may have been limited by the study length of 24 weeks. There was definitely a percentage decline in exacerbation rates in the lebrikizumab group in patients with high TH2, periostin and fraction of exhaled nitric oxide values but these were not statistically significant.

This study shows the potential use of biomarkers to target specific patients with asthma who would benefit from treatment. Further multicentre studies using larger numbers of patients over a greater time period should be conducted to confirm and expand on the results of the current study.


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