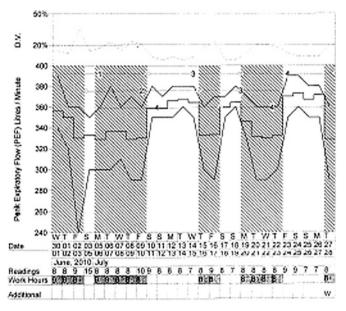
Spoken sessions

bitumen which oxidises at these temperatures. Other potential sensitisers contained in bitumen are nickel and vanadium. Further studies are needed to investigate the by-products of heated bitumen and whether the previously described excess of COPD and respiratory disease in these workers is due to unidentified occupational asthma from bitumen fume exposure.

REFERENCE

 Randem BG, Ulvestad B, Burstyn I, et al. Repiratory symptoms and airflow limitation in asphalt workers. Occp Environ Med 2004;61:367—9.



W Urknown Exposure

Abstract S4 Figure 1

S5 THE PREVALENCE OF ASTHMA AMONG CLEANERS IN THE UK

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S H Alfajjam, C Stenton, T Pless-Molluli, D Howel. Institute of Health and Society, Newcastle Upon Tyne, UK

Background A number of epidemiological studies have shown a significant association between asthma and working as cleaner but reporting schemes and workforce surveys have identified typical features of occupational asthma in only a small minority. This discrepancy is either due to under-reporting; misattribution of workexacerbated asthma, or development of occupational asthma with atypical symptoms that make it difficult to diagnose clinically.

Aim To determine the prevalence of asthma in a cohort of hospital and university cleaners in the UK.

Methods A respiratory symptom questionnaire was distributed to cleaners via their supervisors in 3 local hospital trusts and 2 universities.

Results 570 of an estimated 1400 cleaners (41%) returned the questionnaire but it is uncertain how many received it and so the true response rate is uncertain. Respiratory symptoms were common. 48% (272/570) of the cleaners reported at least one: 34% reported wheezing, 35% reported cough, 10% reported breathlessness and 11% reported chest tightness. Night-time or early morning symptoms suggestive of asthma were reported by 35% of the cleaners. 12% reported symptoms only following exposure to chemicals used at work. 14% of the cleaners reported physician-diagnosed asthma. In 30% asthma developed after they started work as a cleaner with a mean interval of 8 years. An additional 3% had taken asthma medication in the last 12 months without a clinical diagnosis of asthma.

Conclusion This study has identified a high prevalence of asthma among cleaners in the UK and a substantial proportion that developed it after first exposure to cleaning agents. Symptoms on exposure to cleaning agents were also common. Further investigation of the risk factors for asthma and the work-relatedness of the symptoms of asthmatic cleaners are planned.

S6 SUPERMARKET BAKERS ASTHMA: A REPORT OF THREE SUCCESSIVE ROUNDS OF SURVEILLANCE

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¹J Cannon, ¹J Szram, ²J Welch, ³C Sharp, ²P Cullinan, ²M Jones. ¹Royal Brompton and Harefield NHS Foundation Trust, London, UK; ²Imperial College, London, UK; ³Workfit-UK, Occupational Health Consultancy, Bury St Edmunds, UK

In 2006, we set up a surveillance programme with a large UK supermarket employing almost 4000 "scratch" bakers (who mix dough and bake bread from scratch using raw ingredients) in around 350 stores. We report here the analysis of the programme through to 2010. The company occupational health provider screened all bakery workers for respiratory symptoms every other year, using a initial questionnaire (Level 1), with positive responders completing a subsequent, more detailed telephone-administered questionnaire (Level 2). Those who reported work-related nasal or respiratory symptoms were asked to provide a serum sample for specific IgE to bakery antigens. Those with positive specific IgE to flour or α amylase (>0.35 kU/l) were directly referred for a specialist opinion. Abstract S6 table 1 shows the results of three surveillance rounds in 2006, 2008 and 2010. The frequency of work-related symptoms, sensitisation and disease across the three rounds of surveillance were remarkably constant. Measured prevalence is low (0.3-2 in 1000 bakers) although this figure is likely to be an underestimate; a previous study in the same workforce has demonstrated a reluctance to report symptoms and incomplete response rates. This system of surveillance is efficient but has thus far not been effective in reducing the incidence of occupational allergy.

Abstract S6 Table 1 Results of three bakery worker respiratory surveillance rounds 2006-2010

| Year | Level 1 questionnaires sent | Level 2 questionnaire completed (n,%) | Serum samples requested (n,%) | Serum samples received (n)* | Positive specific IgE to either flour or α-amylase (n,%) | Workers with positive IgE and symptoms seen in clinic (n,%) | Occupational asthma (n, %) | Occupational rhinitis (n,%) | Disease Prevalence (OA +/or OR, % of original Level 1 population) |
|------|-----------------------------------|---|-------------------------------|-----------------------------|--|--|----------------------------|-----------------------------|--|
| 2006 | 3780 | 571 (15%) | 89 (16%) | 84 | 16 (19%) | 16 | 4 | 7 | 0.2 |
| 2008 | 3243 | 423 (13%) | 66 (16%) | 66 | 5 (8%) | 5 | 1 | 1 | 0.03 |
| 2010 | 3833 | 626 (16%) | 80 (13%) | 89* | 14 (16%) | 14 | 5 | 4 | 0.2 |

Total numbers of employees completing each round with proportions, expressed as percentages of previous surveillance step, are shown where appropriate. Disease prevalence is expressed as a percentage of the baseline population.

^{*}Samples received through occupational health include those from subjects declaring symptoms between surveillance rounds, hence number can be greater than samples requested during routine surveillance.