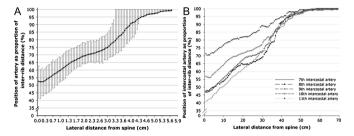
variability of the artery were described and then analysed for association with clinical factors using a random effects regression model. **Results** 298 arteries were analysed from 48 patients (mean age 60 years). The mean lateral distance from the spine over which the artery was exposed within the intercostal space ('unsafe artery length') was 39 mm with wide variability (SD=10 mm, 10th to 90th centile 28 mm to 51 mm, Abstract P64 Figure 1A). At 3 cm lateral distance from the spine 16.6% of arteries were shielded by the superior rib, compared to 96.6% at 6 cm. Unsafe artery length was not associated with age, sex, rib space or side. Using regression modelling, variability of arterial position (as SD and coefficient of variation) was significantly associated with age (coeff 0.91, p<0.001) and rib space number (coeff -2.60, p<0.001) (Abstract P64 Figure 1B). Variability of arterial position was strongly negatively correlated with lateral distance from the spine (Pearson's -0.77, p<0.001).



Abstract P64 Figure 1 (A). Position of artery as proportion of inter-rib distance (%). (B). Position of intercostal artery as proportion of inter-rib distance (%).

**Conclusions** The intercostal artery is exposed within the intercostal space in the first 6 cm lateral to the spine; variability of its vertical position is greater in older patients and more cephalad rib spaces. This implies that pleural interventions within 6 cm lateral to the spine should be conducted with caution and that the risk of intercostal artery laceration is potentially higher in older patients and more cephalad rib spaces.

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IS SERUM N-TERMINAL PRO B TYPE NATRIURETIC PEPTIDE (NT-PROBNP) MEASUREMENT USEFUL IN THE INVESTIGATION OF UNILATERAL PLEURAL EFFUSIONS?—A PROSPECTIVE OBSERVATIONAL STUDY

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Measurement of serum NT-proBNP has been proposed in the investigation of pleural effusions, particularly in the diagnosis of cardiac failure in those misclassified as exudates by Light's criteria. Studies have reported excellent diagnostic accuracy for the test but have included both bilateral and unilateral effusions and applied short follow-up periods. We prospectively examined the diagnostic utility of serum NT-proBNP in a consecutive series of unilateral pleural effusions with robust follow-up and diagnostic criteria.

**Method** Consecutive patients presenting to a UK teaching hospital with an undiagnosed unilateral pleural effusion underwent clinical assessment including CXR, ECG, echocardiogram, thoracentesis (and CT when appropriate). Light's criteria were applied. Serum NT-proBNP was measured using point of care ELISA. Patients were followed up to histological/microbiological diagnosis, radiographic resolution or 12 months. Echocardiograms were double reported and

diagnosis determined independently by two respiratory consultants—all blind to NT-proBNP results.

Results 118 patients. Median age 74 (42–95). 39 in patients, 79 outpatients. 18 transudates, 92 exudates. 30 large, 66 moderate, 22 small. Diagnoses: primary cardiac cause (PCC) 20/118, Malignant 57/118, PE 4/118, Non-cardiac transudate 3/118, other benign cause 30/118. The ROC curve for NT-proBNP discriminating effusions of PCC gave an AUC of 0.845 (0.774–0.934). At cut-off of age and sex adjusted 97.5th centile (healthy population) NT-proBNP had sensitivity 100%, Specificity 53%, PPV 30% and NPV 100% and all four cardiac exudates were correctly diagnosed. At an optimum cut-off of 1500 pg/ml—sensitivity 75%, specificity 76%, PPV 38% and NPV 94%. Co-morbid cardiac disease was common in patients without a PCC for effusion with 70% having significant abnormalities on echocardiogram but cardiac disease was considered to be contributing to effusion in only 9/98 of this group.

**Conclusion** The excellent negative predictive value of NT-proBNP, particularly at an age and sex adjusted cut-off level gives the test utility to rule out a primarily cardiac cause in selected cases of unilateral pleural effusion. Co-morbid cardiac disease and associated NT-proBNP elevation is very common in patients with a non-cardiac origin of pleural effusion such that a positive test at baseline should not alter the initial investigation pathway, particularly amongst pleural exudates.

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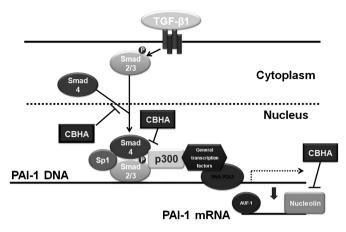
# HISTONE DEACETYLASE INHIBITOR CBHA ATTENUATES THE EXPRESSION OF PLASMINOGEN ACTIVATOR INHIBITOR-1 IN HUMAN PLEURAL MESOTHELIAL CELLS

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**Background** Plasminogen activator inhibitor-1 (PAI-1), primarily upregulated by transforming growth factor (TGF)-β, is essential for development of fibrosis. Histone deacetylases (HDACs) have been shown to modulate gene expression and fibrogenesis in various tissues. However, the implications of HDAC in PAI-1 expression and pleural fibrosis remain unclear. We examined the effects of *m*-carboxycinnamic acid bis-hydroxamide (CBHA), a hybrid-polar HDAC inhibitor, on PAI-1 expression in a human pleural mesothelial cell line (MeT-5A). Methods MeT-5A cells were treated with TGF- $\beta$ 1 (10 ng/ml) in the presence or absence of CBHA (0.2-1  $\mu$ M). The expression and stability of PAI-1 mRNA and protein, PAI-1 promoter activity, activation of Smad signaling, and protein-protein interactions of Smads with transcriptional cofactors Sp1 and coactivator p300 were assayed using the methods of Western blotting, reverse transcription-polymerase chain reaction, transient transfection and luciferase activity assay, immunoflurescence staining and immunoprecipitation, respectively.

**Results** CBHA significantly inhibited TGF-β1-induced PAI-1 mRNA and protein expression, and attenuated PAI-1 promoter activity in MeT-5A cells. CBHA abrogated TGF-β1-induced Smad4 nuclear translocation, but not Smad2/3 activation. Furthermore, the TGF-β1-induced association of Smad4 with p300, but not with Sp1, was disrupted by CBHA. Alternatively, CBHA accelerated PAI-1 mRNA degradation, possibly through suppression of the mRNA stabilizing protein nucleolin (Abstract P66 Figure 1).



#### Abstract P66 Figure 1

 $\begin{array}{ll} \textbf{Conclusion} \ \, \text{Our data suggests that inhibition of HDAC activity by} \\ \text{CBHA may attenuate TGF-$\beta$1-induced PAI-1 expression in human} \\ \text{pleural mesothelial cells through modulation of cellular signaling at multiple levels. HDAC inhibitors may be employed as potential therapeutic agents for pleural fibrosis.} \\ \end{array}$ 

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## OUTCOMES FROM SURGICAL MANAGEMENT OF PLEURAL INFECTION: 12-YEAR EXPERIENCE FROM A TERTIARY CARDIOTHORACIC CENTRE

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**Introduction and Objectives** Thoracic empyema affects >65 000 patients/year in the US and UK. Up to 50% require surgical drainage, and 15% die. We describe clinical features, microbiology, risk factors and surgical outcomes from referrals to a regional specialist cardiothoracic centre over 12 year.

**Methods** Patients were identified by searching the hospital Clinical Data Repository for a diagnosis of 'pyothorax' from 1999 to 2010. A retrospective observational study was conducted using case note and database review.

Results 406 distinct empyemas were identified. Patients were predominantly male (n=301, 74.1%), with median age of 53 years (IQR=37-69). Pyothorax predominantly developed secondary to community-acquired pneumonia, although 51 (12.6%) were hospitalacquired; 70 (17.2%) were receiving steroids or immunosuppressants, 35 (8.6%) had concurrent malignancy, 33 (8.1%) were diabetic and 14 (3.4%) patients were HIV-infected. Empyemas were right-sided in 233 (57.3%, p=0.03); four were bilateral. A causative organism was identified in 229 (56.4%) patients. Positive cultures were obtained from sputum in 59 (14.5%), pleural fluid in 174 (42.9%) and blood in 61 (15.0%) patients. Organisms identified included Streptococcus milleri (n=18, 4.4%), Streptococcus pneumoniae (n=39, 9.6%), other streptococci (n=10, 2.5%), Enterobacteraciae (n=12, 3.0%), anaerobes (n=32, 7.9%), methicillin-sensitive Staphylococcus aureus (n=36, 8.9%), methicillin-resistant Staphylococcus aureus (n=25, 6.2%), Enterococcus (n=14, 3.4%), Mycobacterium tuberculosis (n=36, 8.9%), non-tuberculous mycobacteria (n=1, 0.2%), other bacteria (n=25, 6.2%), and fungi (n=9, 2.2%); 34 (8.4%) cultures were polymicrobial. 277 (68.2%) patients were managed by open thoracotomy. 116 (28.6%) underwent video-assisted thoracoscopic surgery (VATS), of whom 17 (14.7%) were converted to open. Three (0.7%) required a Clagett window; 10 (2.5%) were managed with tube thoracostomy alone. A significant trend towards increased use of VATS over time was noted (p=0.0002). All-cause complication rate was 20.7%, and 28-day mortality was 5.7%. Low preoperative haemoglobin was predictive of mortality (p=0.04), but admission and peak C-reactive protein were not.

**Conclusions** In this large series of empyemas from a tertiary referral centre, microbiological diagnosis was achieved in only half the patients. The identification of tuberculosis in 36 cases means routine screening for mycobacteria is necessary. Use of VATS has increased significantly, and mortality was lower than previously reported and associated with preoperative anaemia.

**Contributors** DJBM and MF contributed equally to this work.

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### SURGERY FOR MESOTHELIOMA: THE CASE FOR MACROSCOPIC COMPLETE RESECTION

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**Objective** The role for radical surgery for Malignant Pleural Mesothelioma (MPM) remains controversial. There are advocates of less radical 'debulking surgery' who argue against the need for removal of diaphragm and pericardium because of increased morbidity. We test the hypothesis that survival is increased by the more radical operations intended to remove all visible tumour and achieve macroscopic complete resection (MCR).

**Methods** Over a 13-year period, 362 patients underwent therapeutic surgery for MPM: in-group MCR: 232 (64%) patients underwent either extra-pleural pneumonectomy (135 patients (37%)) or radical pleurectomy-decortication (97 patients (27%)) with resection of diaphragm and pericardium. Whilst in group D: 130 (36%) underwent debulking surgery leaving macroscopic tumour in situ (55 patients (15%) by thoracotomy and 75 patients (21%) by VATS). The patients in the MCR group were younger (mean age 57.9 vs 66.1, p<0.0001) and more had epithelioid subtype (167 (72%) vs 86 (66.2%), p<0.0001). We compared the hospital outcomes and overall survival between these two groups.

**Results** The mean length of stay was longer in group MCR than in group D (16.0 days vs 9.6 days, p<0.0001) but 30-day mortality was similar (12 (5.2%) vs 8 (6.2%), p=0.811). In univariate analysis, overall survival was significantly longer in the MCR group (mean survival 22 months vs 13 months, p<0.0001). A similar benefit was observed for the epithelioid pathological subgroup (mean survival 25.8 months vs 16.6 months, p<0.0001). Cox regression showed that surgery intended to achieve MCR was associated with a significantly reduced hazard of death after adjusting for age and pathological subtype (HR 0.72, 95% CI 0.55 to 0.93, p=0.014).

**Conclusions** Surgery to increase survival in mesothelioma should be based on an intent to achieve macroscopic complete resection. This strategy should form the basis of future trials to evaluate the role of surgery in this disease.

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# MESOTHELIOMA IN THE 21ST CENTURY. A 1-YEAR SURVEY OF MALIGNANT MESOTHELIOMA IN THE SOUTH WEST OF THE UK

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**Introduction** Malignant mesothelioma (MM) is a cancer that most commonly arises within the pleura, and carries a poor prognosis. There is a strong association with past asbestos exposure so incidence varies across the UK. In the South West of the UK there is a high incidence with many cases being due to asbestos exposure in the ship-building industry.

**Aims** To describe the demographics, treatment strategies and survival of patients presenting with MM across the Peninsula cancer network, a population of around 1.7 million people, over a 1-year period

**Method** Cases of MM diagnosed in 2007 were identified retrospectively and reviewed following interrogation of cancer, MDT,