Contribution of inflammation to the pathology of idiopathic pulmonary arterial hypertension in children

S Hall,1 P Brogan,1 S G Haworth,2 N Klein1

ABSTRACT

Idiopathic pulmonary arterial hypertension (IPAH) is an incurable disease of multifactorial origin. Inflammation is frequently observed in IPAH, but its role in the pathobiology is unclear. In this study the distribution, nature and number of inflammatory cells in periarterial infiltrates in lungs of children with IPAH, pulmonary arterial hypertension associated with congenital heart disease (PAH) and in normal lung tissue were characterised and compared using immunohistochemistry. The influence of treatment with combined prostacyclin and endothelin receptor blockers was also studied. In children with IPAH, both treated and untreated, but not in children with PAH or normal children, extensive periarterial infiltrates were present comprising macrophages and T lymphocytes with S100A4- and bone morphogenetic protein receptor type-2 (BMPR2)-positive cells. Although rarely co-expressing macrophage-specific antigens, BMPR2-positive cells were frequently closely associated with macrophages and lymphocytes. They were more abundant around peripheral arteries of children with IPAH than in PAH or normal lungs (15.1 (3.5), 2.3 (0.9) and 2.3 (0.9) cells/mm external elastic lamina, respectively; p<0.01 for IPAH vs PAH or normal lungs). Prostacyclin with endothelin receptor blockade resulted in a significant reduction in endothelial cell activation as indicated by human leucocyte antigen (HLA)-DR expression (treated 17% vs untreated 100%, p<0.002). This study shows that pulmonary inflammation is present in the lungs of children with IPAH. This may indicate a role for inflammation in the pathobiology of IPAH and provide the rationale for novel therapeutic intervention.

Idiopathic pulmonary arterial hypertension (IPAH) is a rare, incurable disorder occurring in children with a normally formed heart. It is characterised by irreversible occlusion of small pulmonary arteries resulting in a sustained increase in pulmonary arterial pressure. Death results from right heart failure. Presentation is late and in the majority of children severe structural changes have occurred in the pulmonary arteries by the time of diagnosis. Treatment with prostacyclin, sildenafil and endothelin receptor antagonists aims to dilate and remodel the pulmonary arteries. These drugs have improved survival and quality of life but are not curative, and the only therapeutic option for end-stage disease is lung transplantation.

IPAH is multifactorial in origin, and genetic and environmental factors are thought to influence the development of this disease. Mutations of members of the transforming growth factor β (TGFβ) family of regulatory proteins, bone morphogenetic protein type-2 receptor (BMPR2), ALK-1 and endoglin are present in a large proportion of individuals with familial and sporadic IPAH, and in patients with the inherited disorder haemorrhagic telangiectasia sometimes associated with pulmonary arterial hypertension. BMPR2 expression has been reported in the macrophages of adults with IPAH.

Endothelial dysfunction and inflammation are thought to play an important role in development of IPAH. Endothelial dysfunction is associated with reduction in endothelium-dependent vasodilation and enhanced vasoconstriction. Adhesion and migration of circulating inflammatory cells occur at sites of endothelial damage, but the cascade of signalling pathways resulting from such damage and the endothelial dysfunction associated with the inflammatory change are not well understood in IPAH. Normally the lung is maintained as an inflammation-free environment by a unique organisation of the immune system, but in adults with IPAH proinflammatory cytokines and platelet aggregation are enhanced. Circulating neutrophils from adult patients with IPAH show an amplified release of inflammatory mediators when stimulated, and this response is reduced by prostacyclin.

Pulmonary hypertension is a common feature of congenital heart disease associated with high shear stress and endothelial dysfunction, but not with genetic and other factors known to contribute to the pathogenesis of IPAH. Endothelial damage occurs in children with congenital heart disease, but the contribution of an inflammatory response is unknown.

The National Pulmonary Hypertension Service for Children is based in Great Ormond Street Hospital for Children which is a paediatric cardiothoracic transplantation centre. In this study we have reviewed structural abnormalities in explanted lung tissue from children with IPAH treated with continuous intravenous prostacyclin and an endothelin receptor antagonist and compared the findings with those in archival lung tissue from untreated children. Findings in IPAH were also compared with those in APAH (pulmonary arterial hypertension associated with congenital heart disease). We used immunohistochemistry and image analysis to characterise inflammatory infiltrates in and around the pulmonary arteries noting the influence of current drug therapies on the inflammatory environment in IPAH.

MATERIALS AND METHODS

Thirty-three cases were studied (table 1), 15 IPAH cases (8 samples taken at lung transplantation, 4 postmortem samples and 3 diagnostic lung biopsies), 9 cases of congenital heart disease with pulmonary hypertension (2 explanted samples, 1 postmortem sample and 6 diagnostic biopsies) and archival postmortem samples from 8 children and 1 adult having no cardiovascular abnormality. All...
tissue samples were used with the permission of the Local Research Ethics Committee of Great Ormond Street Hospital for Children (REC 05/Q0508/49), and, additionally, the explanted tissue was used with the explicit informed consent from the parents.

**Immunohistochemistry**

Sections were incubated with primary antibodies (table 2) and biotin-conjugated secondary antibodies with avidin/streptavidin amplification, and visualised with diaminobenzidine. Anti-BMPR2 was a gift from Professor N Morrell (Addenbrook’s NHS Foundation Trust, Cambridge UK) and anti-S100A4 was a gift from Professor N Ambartsumian (Department of Molecular Cancer Biology, Copenhagen, Denmark). Specificity of staining was controlled with an inappropriate secondary antibody and/or by omission of the primary antibody. Slides were examined using a Leitz Dialux 20 microscope and images acquired using a Zeiss AxioCam with Axiovision software.

**Analysis of HLA-DR and BMPR2 staining**

Slides were anonymised to ensure blinding of scoring. The distribution of human leucocyte antigen (HLA)-DR staining in the pulmonary vasculature was assessed semi-quantitatively in 13 cases with IPAH, 8 cases with APAH and 6 normal cases. All sections were examined using a ×40 objective and scored for presence or absence of positively staining cells within the intima, media and adventitia of every artery and in the alveolar capillary bed.

Quantitative analysis of BMPR2-expressing cells around preacinar and intra-acinar arteries and airways was made on 13 cases with IPAH, 5 cases with APAH and 6 normal cases. Images of 6–8 arteries and accompanying airways were made with a ×10 objective. For each artery the external perimeter of the media was measured (Openlab, Improvision, University of Warwick, Coventry, UK) and the number of BMPR2-positive cells in the media and adventitia counted. Similarly the inner epithelial surface length of each airway was measured and BMPR2-positive cells in epithelial and submucosal layers counted. For each specimen, the results were expressed as the total number of BMPR2 cells per mm of the pooled external arterial medial length or pooled inner airway epithelial length.

**Immunofluorescent co-localisation**

Co-localisation of BMPR2 with cellular markers (table 2) was carried out using the method of Cattoretti (http://icg.cpmc.columbia.edu/cattoretti/Protocol/immunohistochemistry/DoubleIHC.html). Sections were examined using a fluorescent microscope (Leica Dialux) and images acquired sequentially with 494 and 547 nm wavelength illumination and ×40 objectives. Images were merged using Openlab (Axiovision, Imaging Associates, Bicester, UK). In some samples co-localisation was confirmed by confocal microscopy (BioRad Radiance, Hemel Hempstead, UK).

**Statistical analysis**

Values obtained in arteries and airways from children with IPAH, APAH and normal children were compared using the two-sample test of proportion, and analysis of variance (ANOVA) with Tukey pairwise comparisons (for normally distributed data). Kruskal–Wallis and Mann–Whitney tests were used to compare non-normally distributed data.

**RESULTS**

**Histological appearance of the peripheral pulmonary arteries**

In normal children small preacinar and intra-acinar pulmonary arteries were thin walled whereas in children with IPAH many
Airway pathology

were partially or completely obstructed by intimal proliferation. All IPAH sections had at least one plexiform lesion in terminal, respiratory bronchiolar or alveolar duct arteries. The morphology of the plexiform lesions in vasodilator-treated and untreated patients with IPAH was similar, but lesions were significantly larger in treated than in untreated children (treated, mean (SEM) 227 (7.9) μm; untreated, 113.5 (7.9) μm, p<0.001). A single plexiform lesion was found in 1/9 cases of APAH.

Inflammation of the lung periphery

Normal

Seven of 9 cases showed no endothelial activation as assessed by HLA-DR (fig 1A) and S100A4 expression (Supplementary data). One child with a chest infection and one with asthma displayed patchy endothelial expression of HLA-DR and S100A4.

There was little evidence of macrophage infiltration identified by expression of either MAC387 (calprotectin) or CD68. No MAC387-labelled monocytes were found within the pulmonary artery intima or media (fig 1B). Small aggregates of B and T lymphocytes were present in the submucosa of small preacinar airways and bronchi but few were present in the parenchyma (Supplementary data). No CD1A-positive dendritic cells were found in the intima, media or adventitia of peripheral pulmonary arteries but they were present in the mucosa of small airways and in lymphoid aggregates associated with proximal airways.

Idiopathic pulmonary arterial hypertension

In contrast to healthy children, endothelial activation was frequent in IPAH. Endothelial expression of HLA-DR was observed in all cases with IPAH who had not received epoprostenol and bosentan treatment (table 3). It was present in patches of the alveolar capillary bed (8/8 cases, fig 1A) and in small intra-acinar arteries (5/8 cases, fig 1A). All children, treated and untreated, expressed S100A4 on endothelial cells lining muscular arteries (15/15 cases, Supplementary data), on the alveolar walls, the arterial media and intimal proliferative regions of plexiform lesions (Supplementary data).

In all cases, treated and untreated, S100A4 was expressed by an extensive mixed infiltration of inflammatory cells. These included alveolar macrophages and a subset of circulating and migrating inflammatory cells in preacinar and intra-acinar arteries, in subendothelial regions of plexiform lesions and in the parenchyma (Supplementary data).

In all treated and untreated cases, MAC387-positive monocytes were abundant in alveolar capillaries, and MAC387- and Macrophage antibody MAC387 and (C) bone morphogenetic protein type-2 receptor (BMPR2) in peripheral lung tissue from normal children, from those with idiopathic pulmonary arterial hypertension (IPAH), untreated and treated, and from children with pulmonary arterial hypertension associated with congenital heart disease (APAH). (A) In children with a normal pulmonary vasculature HLA-DR is not expressed by endothelium in alveolar capillaries or intra-acinar arteries (arrowed; L, lumen). In untreated children with IPAH HLA-DR is expressed by alveolar wall capillary endothelium and in small intra-acinar arteries. In contrast, in children treated with epoprostenol and bosentan no HLA-DR is detectable in the alveolar capillaries or intra-acinar arteries. In children with APAH (A) HLA-DR expression is not visible in the alveolar capillary endothelium (expressed by alveolar macrophages and circulating inflammatory cells, arrowed). (B) MAC387-expressing monocytes were present in the submucosa of normal children but no endothelial expression can be detected. In untreated IPAH large numbers of circulating MAC387 (calprotectin) are observed in the wall of a plexiform lesion, and MAC387-expressing cells line some vessels (arrowed) in the intimal proliferative areas of this artery whilst unlabelled vessels are also present in the same area. In IPAH treated with epoprostanol and bosentan no MAC387 expression by endothelial cells was observed; nor was it seen in children with APAH. (C) BMPR2-expressing cells were present in the submucosa of respiratory bronchiolae of normal children, untreated and treated children with IPAH and APAH, and in the mesenchyme of a human fetus at 119 days gestation (inset). In all children with IPAH, both treated and untreated, BMPR2-expressing cells were also present within the media and adventitia of small partially obstructed intra-acinar arteries (arrowheads). Few were seen in arteries of normal children or those with APAH (scale bar represents 50 μm for all images).
CD68-positive cells were found in intimal proliferative areas and the adventitia of obstructed arteries and plexiform lesions (fig 1B). In 2/8 untreated cases, MAC387 was expressed by a thin layer of endothelial cells in some vessels within plexiform lesions (fig 1B).

In all cases, treated and untreated, frequent lymphoid aggregates contained CD3- and CD20-expressing T and B lymphocytes. Few B lymphocytes were found around peripheral pulmonary arteries but T lymphocytes were frequently seen within obstructed and dilated peripheral arteries and the parenchyma (Supplementary data). The distribution of CD1A-positive dendritic cells was similar to that in control tissue.

Associated pulmonary arterial hypertension

In contrast to children with IPAH, those with APAH showed little evidence of endothelial activation (fig 1A). HLA-DR-expressing alveolar capillaries were seen in only 1/9 children with APAH. Similarly, fewer S100A4-expressing cells were seen (Supplementary data). In APAH, MAC387-positive cells were abundant in the parenchyma but not in intimal proliferative areas of obstructed arteries (fig 1B). No MAC387 labelling of endothelial cells was observed. Lymphocytes and CD1A-positive cells had a similar distribution to that of normal children.

BMPR2 expression

Periarterial BMPR2-staining cells are increased in IPAH

In all samples examined from normal children and those with IPAH and APAH, cells intensely staining for BMPR2 were found in the lung parenchyma and around airways and arteries (fig 1C). These cells resembled monocytes, being rounded, 11.7 (1.7) μm in diameter and having large round nuclei. Similar cells were present in the peripheral mesenchyme of the developing lung of a normal fetus (fig 1C, inset).

Normal children and those with APAH had similar numbers of BMPR2 cells associated with arteries (mean 1.16 (0.19) and 3.0 (1.15) cells/mm, respectively) (fig 2) but there were significantly more BMPR2 cells associated with arteries in children with IPAH (mean 8.8 (0.9) cells/mm, p<0.01 for both comparisons). The density of BMPR2 cells was similar in treated and untreated children with IPAH (8.9 (1.58) and 8.7 (1.1), respectively). The number of BMPR2-expressing cells around airways was similar in normal, IPAH and APAH groups (fig 2).

BMPR2 was detectable in the endothelium and media of peripheral arteries of most normal children and those with pulmonary hypertension (IPAH and APAH).

Characterisation of BMPR2-expressing cells

Immunofluorescent co-localisation studies on 5 cases with IPAH (3 untreated, 2 treated) and 2 normal cases showed that BMPR2 cells did not express CD31, usually found on endothelial cells and platelets, or CD34, expressed by haemopoietic stem cells and endothelial cells (Supplementary data). In IPAH, BMPR2-expressing cells were frequently found in close proximity to HLA-DR-positive cells in the obstructing arterial intima and regions of inflammation within the airway submucosa. Expression of BMPR2 by HLA-DR-positive cells was rare, but infrequently weak BMPR2 expression was observed (Supplementary data).

There was no co-expression of BMPR2 and MAC387 in macrophages within peripheral arteries, airways or alveolar walls (Supplementary data). Although the distribution of CD68-expressing macrophages in the peripheral arteries, airways and parenchyma was similar to that of BMPR2 cells the latter were present in greater numbers. In all IPAH specimens, treated and untreated, a small number of BMPR2 cells co-expressed CD68; however, these stained less intensely for both proteins than adjacent cells expressing only a single protein (fig 3A).

There was no co-localisation of BMPR2 with CD3 or CD20 in IPAH or normal samples, but T lymphocytes were frequently closely associated with BMPR2 expressing cells (fig 3B).

### Table 3 Number of cases with HLA-DR expression in the arterial wall

<table>
<thead>
<tr>
<th>Group</th>
<th>No</th>
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<th>Regions of intimal proliferation</th>
<th>Capillary endothelium</th>
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<tbody>
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<td>Normal</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>IPAH untreated</td>
<td>8</td>
<td>4</td>
<td>6</td>
<td>8</td>
</tr>
<tr>
<td>IPAH, epoprostenol and bosentan</td>
<td>6</td>
<td>1</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>APAH</td>
<td>9</td>
<td>0</td>
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</table>

APAH, pulmonary arterial hypertension associated with congenital heart disease; HLA, human leucocyte antigen; IPAH, idiopathic pulmonary arterial hypertension.

**Figure 2** Dot plots showing an increase in the density of bone morphogenetic protein receptor type-2 (BMPR2)-expressing cells around pulmonary arteries of children with idiopathic pulmonary arterial hypertension (IPAH) compared with normal children and those with pulmonary arterial hypertension associated with congenital heart disease (APAH) (analysis of variance, normal vs IPAH, *p<0.01; Mann–Whitney APH vs IPAH, *p<0.01). There is no difference in the density of these cells around airways of children with IPAH and normal children, but there were significantly fewer cells in children with APAH (Mann–Whitney normal vs APAH, IPAH vs APAH; **p<0.05)**.
confirm that in children receiving dual endothelin receptor blockade and prostacyclin therapy improvement in survival is not accompanied by reparative structural remodelling of the peripheral pulmonary vasculature. In contrast to adults treated with prostacyclin alone, we observed a significant increase in the size of arterial lesions but a reduction in inflammation. We did not detect pulmonary oedema in treated or untreated children.

Inflammatory cells in the lung parenchyma and in small precapilary and intra-acinar arteries usually comprised macrophages and T cells. These were frequently found close to endothelial cells expressing HLA-DR. Endothelial cell expression of major histocompatibility (MHC) class II is inducible by cytokines, particularly interferon γ, and is consistent with active T cell and monocyte migration into areas of inflammation. BMPR2-expressing cells were present in the same region as the T cells and macrophages. However, in spite of extensive immunohistochemical analysis we failed to define the origin of these cells since they did not co-express marker proteins for undifferentiated monocytes, lymphocytes, dendritic cells or haemopoietic stem cells. Co-expression with the macrophage marker CD68 and HLA-DR was observed in only a minority of these cells.

BMPR2 polymorphisms have a role in the pathogenesis of IPAH, but its expression within the inflammatory infiltrate has not been explored previously. The functional significance of these cells in the lung is unknown but in mice similar BMPR2-expressing cells were found in early experimental rheumatoid arthritis and other autoimmune diseases. When challenged with vascular endothelial growth factor (VEGF), athymic nude mice show an abnormally high susceptibility to the development of pulmonary hypertension associated with enhanced endothelial replication, perivascular inflammation and obstruction of peripheral arterioles. The BMP2/4 pathway is important within the thymus in T cell maturation where it is regulated via BMPR2 expressed in stromal cells. The close association seen here between T cells and BMPR2-expressing cells would be compatible with the latter playing an active role in the development or maintenance of the inflammatory process within the lung. Although the mechanism responsible for the influx of inflammatory cells is unknown, an increase in the release of the chemokine CCL2 by endothelial cells has been reported in inflammatory conditions, anti-inflammatory treatment can ameliorate and perhaps even reverse pulmonary vascular disease. As a subgroup of adult patients with IPAH have circulating autoantibodies, suggesting a link between IPAH and connective tissue and autoimmune diseases. Pulmonary hypertension associated with antineutrophil cytoplasmic antibody (ANCA) vasculitis can be improved with successful treatment of the vasculitis. This has been our own experience of children with pulmonary hypertension associated with vasculitis.

**DISCUSSION**

Our study is the first to compare the immunopathology of pulmonary arteries from children with IPAH who have and have not received treatment with combined bosentan and epoprostenol, hypothesised to stimulate arterial remodelling and repair. Studies with this combination of vasodilators have yet to be reported in adults. A study on lungs of untreated and prostacyclin-treated adults with IPAH showed an absence of remodelling with treatment, no significant change in morphology, but an increase in alveolar oedema and in inflammation. Here we...
In the murine monocrotaline model of pulmonary hypertension chemokine expression by periarterial inflammatory cells has been linked to localised medial hypertrophy. We examined the expression of S100A4, a calcium-binding protein which regulates a large range of cellular processes including proliferation and overexpression of which in mice results in development of pulmonary hypertension and plexiform lesions. Our observation of enhanced S100A4 expression in endothelial, medial and intimal cells of arteries in children with IPAH reflects previous observations on children with APAH. Intracellular expression of S100A4 is associated with mitogenesis and enhanced cell motility whilst stromal localisation is associated with angiogenesis. Both these pathways are associated with the pathology of IPAH.

The cause of inflammatory infiltration around peripheral arteries is unknown. It is unclear if this is a primary instigating insult in the development of IPAH or reflects a repair mechanism secondary to primary endothelial damage. Impaired endothelial regeneration has been observed in a murine model of IPAH. Alternatively, intercurrent infection cannot be excluded as an explanation of the inflammatory response but seems unlikely as it affected predominantly the children with IPAH not those with APAH, and none had clinical evidence of a respiratory tract infection to account for our observations.

We found that treatment with epoprostenol and bosentan was associated with a reduction in endothelial HLA-DR expression, a potentially important observation. The stable prostatucytine analogue trentlopin inhibits the secretion of proinflammatory cytokines by alveolar macrophages, and endothelin receptor blockade reduces endothelial leakage and alveolar oedema in experimental endotoxic shock. The reduction in endothelial HLA-DR in response to these drugs may indicate that they play a role in modulating lung inflammation in addition to their known effects on the vasculature.

The principal finding of this study was the high density of inflammatory cells in the lung periphery in both treated and untreated IPAH which was not observed in normal lungs, and which was greater than that observed in APAH. This observation could have important relevance for our understanding of the pathobiology of IPAH and the effect of treatment, which results in enhanced survival but not in reparative remodelling. Whilst we do not understand the mechanisms, the present observations indicate an avenue for further investigation and possible therapeutic intervention. Certainly the findings indicate that any intercurrent respiratory tract infection should be treated vigorously in children with IPAH. Future studies addressing the cause and significance of lung inflammation in IPAH and elucidation of inflammatory modulation should be pursued as a means of ameliorating some of the pathogenic features of this fatal disease.

Competing interests: SGH has acted as a consultant and received unrestricted educational grants from Actelion, Encysive Pharmaceuticals, GlaxoSmithKline and Pfizer. SH,PB and NK have no conflicts of interest.

Ethics approval: All tissue samples were used with the permission of the Local Ethics approval: Research Ethics Committee of Great Ormond Street Hospital for Children (REC 05/Q508/49) and, additionally, the explanted tissue was used with the explicit informed consent from the parents.

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