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LUNG ALERT.....

Severe infantile lower respiratory tract illness may be characterised by a reduced, rather than increased, immune response

▲ Welliver T, Garofalo R, Hosakote Y, et al. Severe human lower respiratory tract illness caused by respiratory syncytial virus and influenza virus is characterized by the absence of pulmonary cytotoxic lymphocyte responses. J Infect Dis 2007;195:1126–36.

he pathogenesis of severe infantile respiratory illness due to respiratory syncytial virus (RSV) and influenza virus is not fully understood. Some evidence suggests there is an increased T lymphocyte and cytokine response to infection. However, this cross-sectional study found otherwise.

Nasopharyngeal secretions from 72 infants <12 months' of age, who had survived infection with RSV (n = 36) or influenza virus (n = 36), were examined for cytokine content. Post mortem lung specimens from 20 infants who had died of bronchiolitis caused by RSV (n = 9) or influenza virus (n = 11) underwent immunohistochemical staining to look for evidence of an immune response. In those who survived RSV infection, there was a significantly reduced immune response with regard to the classical T lymphocyte cytokines, compared with infants who had had influenza virus infection (interleukin 2 (IL2), p = 0.04; IL4, p = 0.0001; interferon γ , p<0.0001; and IL17, p<0.0001). Results from the group who had died from infection showed that there were substantially reduced amounts of CD4, CD8 and CD56 antigen-positive lymphocytes regardless of the infecting virus.

This study suggests that failure to develop a cytotoxic T lymphocyte immune response is key in the pathogenesis of viral respiratory illness in infants. These findings may be important in the development of possible treatments.

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