

ASTHMA

Worldwide trends in the prevalence of asthma symptoms: phase III of the International Study of Asthma and Allergies in Childhood (ISAAC)

Neil Pearce, Nadia Aït-Khaled, Richard Beasley, Javier Mallol, Ulrich Keil, Ed Mitchell, Colin Robertson and the ISAAC Phase Three Study Group

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Background: Phase I of the International Study of Asthma and Allergies in Childhood (ISAAC) was designed to allow worldwide comparisons of the prevalence of asthma symptoms. In phase III the phase I survey was repeated in order to assess changes over time.

Methods: The phase I survey was repeated after an interval of 5–10 years in 106 centres in 56 countries in children aged 13–14 years ($n=304\,679$) and in 66 centres in 37 countries in children aged 6–7 years ($n=193\,404$).

Results: The mean symptom prevalence of current wheeze in the last 12 months changed slightly from 13.2% to 13.7% in the 13–14 year age group (mean increase of 0.06% per year) and from 11.1% to 11.6% in the 6–7 year age group (mean increase of 0.13% per year). There was also little change in the mean symptom prevalence of severe asthma or the symptom prevalence measured with the asthma video questionnaire. However, the time trends in asthma symptom prevalence showed different regional patterns. In Western Europe, current wheeze decreased by 0.07% per year in children aged 13–14 years but increased by 0.20% per year in children aged 6–7 years. The corresponding findings per year for the other regions in children aged 13–14 years and 6–7 years, respectively, were: Oceania (−0.39% and −0.21%); Latin America (+0.32% and +0.07%); Northern and Eastern Europe (+0.26% and +0.05%); Africa (+0.16% and +0.10%); North America (+0.12% and +0.32%); Eastern Mediterranean (−0.10% and +0.79%); Asia-Pacific (+0.07% and −0.06%); and the Indian subcontinent (+0.02% and +0.06%). There was a particularly marked reduction in current asthma symptom prevalence in English language countries (−0.51% and −0.09%). Similar patterns were observed for symptoms of severe asthma. However, the percentage of children reported to have had asthma at some time in their lives increased by 0.28% per year in the 13–14 year age group and by 0.18% per year in the 6–7 year age group.

Conclusions: These findings indicate that international differences in asthma symptom prevalence have reduced, particularly in the 13–14 year age group, with decreases in prevalence in English speaking countries and Western Europe and increases in prevalence in regions where prevalence was previously low. Although there was little change in the overall prevalence of current wheeze, the percentage of children reported to have had asthma increased significantly, possibly reflecting greater awareness of this condition and/or changes in diagnostic practice. The increases in asthma symptom prevalence in Africa, Latin America and parts of Asia indicate that the global burden of asthma is continuing to rise, but the global prevalence differences are lessening.

See end of article for authors' affiliations

Correspondence to:
Professor Neil Pearce,
Centre for Public Health
Research, Massey University
Wellington Campus, Private
Box 756, Wellington, New
Zealand; n.e.pearce@
massey.ac.nz

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The International Study of Asthma and Allergies in Childhood (ISAAC) was founded to maximise the value of epidemiological research into asthma, allergic rhinoconjunctivitis and eczema through facilitating international collaboration.^{1–4} Although epidemiological research has the potential to add to our understanding of these conditions, previous studies have lacked standardisation in case definition and methodology, thus limiting the value of spatial and temporal comparisons of the prevalence of these disorders. The ISAAC programme was designed to allow comparisons of the prevalence of these disorders between populations in different countries and their trends over time,^{1,2} since these may be particularly informative in suggesting hypotheses about the causes of the observed patterns and hence about the causes of asthma, rhinitis and eczema.

In phase I, children aged 13–14 years were studied in 155 centres in 56 countries ($n=463\,801$) and children aged 6–7 years were studied in 91 centres in 38 countries ($n=257\,800$).^{5–8} Up to 20-fold variations in the prevalence of

“current wheeze” (in the last 12 months) were observed between centres worldwide (range 1.8–36.7%), with a sevenfold variation observed between the 10th and 90th percentiles (4.4%, 30.9%). The highest 12 month period prevalences were from centres in the UK, Australia, New Zealand and the Republic of Ireland, followed by some centres from North, Central and South America; the lowest prevalences were from centres in Eastern Europe, Albania, Greece, China, Taiwan, Uzbekistan, India, Indonesia and Ethiopia. Phase II involved more intensive investigation of possible aetiological factors in 9–11-year-old children in 30 centres in 22 countries.⁹

Phase III has involved repeating the phase I survey after 5–10 years to: (1) examine time trends in the prevalence of asthma, allergic rhinoconjunctivitis and eczema in centres and countries which participated in phase I; (2) describe the prevalence and severity of asthma, allergic rhinoconjunctivitis and eczema in centres and countries which are of interest but did not participate in phase I; and (3) examine hypotheses at an individual level which have been suggested by the findings of

phase I, subsequent ecological analyses and recent advances in knowledge. An overview of the findings for time trends for symptoms of all three conditions in those centres that participated in both phase I and phase III (ie, objective (1) above) has been presented in a previous publication.¹⁰ That publication only included the findings for "current wheeze", whereas the current paper uses each of the seven ISAAC questions to describe the detailed findings for time trends in the prevalence of asthma symptoms.

METHODS

Phase III was conducted following as precisely as possible the methods used in phase I.^{2,3} It included two groups of centres: (1) Group A are centres that previously completed phase I according to the ISAAC phase I protocol, including centres for which the phase I data were submitted too late for inclusion in the first worldwide publications but were of the required standard; (2) Group B are centres from around the world that did not participate in phase I but participated in phase III as new centres. The analysis of time trends presented here is necessarily confined to the Group A centres, and we will therefore focus on them in describing the methods.

Group A centres were required to conduct phase III in the same way as phase I following, as precisely as possible, the details of the centre methodology documented in the phase I centre report. Each principal investigator was sent a final copy of the phase I centre report from the ISAAC International Data Centre (IIDC). They were then required to use the same sampling frame (the exact same set of schools was not aimed for but some schools were reselected by the random sampling process), age groups, sample size, method of choosing the children, the same symptom questionnaires (plus an environmental module), the same translations (if applicable) and the same time of year for data collection. Thus, as in phase I, the written questionnaire and video questionnaires were self-completed in the 13–14 year age group whereas the written questionnaire was completed by a parent for children in the 6–7 year age group.

The Steering Committee required documentation of the procedures for the study from each centre as a prerequisite for inclusion in publications of ISAAC worldwide results. Centres completed a registration document before starting the study and followed the published ISAAC phase III manual and ISAAC coding and data transfer manual. The phase III data and centre report submitted to the IIDC were checked for coding errors, omissions and inconsistencies and these were corrected with the assistance of the collaborator.

As in phase I, the 6–7 year and 13–14 year age groups were analysed separately. Symptom prevalences in each centre were calculated by dividing the number of positive responses to each question by the number of completed questionnaires for the written and video questionnaires separately. Thus, apparent inconsistencies between responses to the stem and branch questions were accepted and not recoded. For each centre the annual change in symptom prevalence was calculated by taking the difference between the phase I and phase III prevalences and dividing by the number of years between the two surveys.

The findings for the question on "current wheeze" have previously been published¹⁰ but are also included in the current paper, together with the findings for the other asthma symptom questions, in order that the findings and patterns for current wheeze, severe asthma symptoms and diagnosed asthma can be compared and contrasted.

The data are presented in tabular form with the phase III prevalence and the annual change in prevalence for each question. For the regional and global summaries, the data for each centre were weighted by the inverse of the variance of the

change. The regional analyses were based on the standard ISAAC regions, but we also performed analyses specifically for English language countries (Australia, Canada, Channel Islands, Isle of Man, New Zealand, Republic of Ireland, UK, USA). The findings were generally very similar in males and females; for example, the global change in the prevalence of "current wheeze" in children aged 13–14 years was 0.05% per year in males and 0.07% per year in females, and males and females also showed similar time trends in most regions. We have therefore presented only the overall findings (both sexes combined). The key findings were also presented as "ranking plots" showing the change in prevalence of a symptom (such as current wheeze) for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The mean prevalence (rather than the phase I prevalence) was used to order countries since this is statistically independent from the change in prevalence (between phases I and III) whereas the phase I prevalence is not.^{11–13} The ranking plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III), given a sample size of 3000 and assuming no cluster sampling effect.

RESULTS

Participants

The details of the participating centres are listed in a separate phase III overview paper.¹⁰ Phase I involved 155 collaborating centres in 56 countries for the 13–14 year age group with a total of 463 801 participating children. The video questionnaire was completed in 99 collaborating centres in 42 countries with a total of 304 796 children. For children aged 6–7 years there were 91 collaborating centres in 38 countries with a total of 257 800 participating children. Of the centres that participated in phase I, 106 centres in 56 countries completed the phase III survey and met the requirements for analysis, with a total of 304 679 participating children in the 13–14 year age group (overall response rate 91%);¹⁰ 54 centres in 32 countries (a total of 167 513 children) also completed the video questionnaires in this age group. Sixty-six centres in 37 countries, a total of 193 404 children (response rate 85%)¹⁰ completed the survey and met the requirements for analysis in the 6–7 year age group. Four of the centres only did the survey in children aged 6–7 years so, in total, there were 110 centres (in either age group) in 58 countries.

13–14 year age group

Written questionnaires

The changes from phase I for symptoms of asthma (with the phase III prevalence rates in parentheses) in 13–14-year-old children are summarised by region in table 1 (the detailed findings by centre and country are summarised in web table 1 available online at <http://thorax.bmjjournals.org/supplemental>). The mean prevalence of "current wheeze" ("Have you had wheezing or whistling in your chest in the past 12 months?") increased only slightly from 13.2% to 13.7% (a mean increase of 0.06% per year). There was also little change in the mean prevalence of symptoms of severe asthma. However, the changes in asthma symptom prevalence showed different regional patterns with current wheeze decreasing in those regions such as Oceania (−0.39% per year) that had previously shown the highest rates; there was a particularly marked reduction in the prevalence in English language countries (−0.51% per year). In Latin America, which had also previously shown relatively high rates, the prevalence increased (+0.32% per year). It also increased in regions such as Northern and Eastern Europe (+0.26% per year), Africa (+0.16% per year) and North America (+0.12% per year). There was little change in the

Table 1 Summary regional and global estimates for changes in the prevalence of self-reported asthma symptoms (written questionnaire) between phase I and phase III: percentage change in symptom prevalence per year (and phase III symptom prevalence percentage)

Centre	Phase I (n)	Phase III (n)	12 month prevalence							Ever had asthma and current wheeze
			Wheeze	≥4 Attacks	Wheeze disturbs sleep	Severe wheeze limiting speech	Exercise wheeze	Night cough	Ever had asthma	
<i>13–14-year-old children</i>										
Africa	28554	28397	0.16 (13.4)	0.06 (4.0)	0.05 (3.5)	0.02 (5.9)	0.44 (24.7)	0.91 (30.5)	0.07 (11.9)	-0.01 (5.2)
Asia-Pacific	66222	57389	0.07 (8.8)	0.00 (2.3)	0.01 (0.7)	-0.02 (2.1)	0.42 (17.0)	0.49 (20.6)	0.39 (12.6)	0.04 (4.0)
Eastern Mediterranean	16109	19887	-0.10 (11.6)	-0.04 (2.7)	-0.04 (2.2)	-0.05 (3.9)	-0.11 (15.0)	0.22 (23.4)	0.11 (10.9)	0.00 (3.7)
Indian subcontinent	22120	20767	0.02 (6.4)	-0.09 (2.1)	-0.04 (1.1)	-0.15 (2.6)	-0.05 (6.9)	-0.38 (20.0)	-0.01 (6.1)	0.01 (3.1)
Latin America	46209	44550	0.32 (18.8)	0.02 (3.6)	-0.01 (2.7)	-0.02 (4.6)	0.13 (21.3)	0.83 (35.1)	0.25 (16.1)	0.12 (8.2)
North America	5863	4920	0.12 (21.5)	-0.02 (4.9)	0.04 (3.1)	0.11 (7.0)	0.20 (24.9)	0.00 (21.1)	0.71 (22.5)	0.10 (13.2)
Northern and Eastern Europe	36508	32608	0.26 (11.6)	0.08 (2.3)	0.01 (0.8)	0.08 (2.2)	0.30 (14.3)	0.41 (14.0)	0.29 (5.9)	0.10 (2.5)
Oceania	15460	13317	-0.39 (26.7)	-0.38 (6.2)	-0.05 (2.6)	-0.21 (6.2)	-0.29 (37.5)	-0.01 (28.9)	0.93 (32.4)	0.16 (17.0)
Western Europe	85969	82844	-0.07 (15.2)	-0.05 (3.7)	-0.02 (1.6)	-0.02 (3.8)	0.03 (20.3)	0.64 (29.3)	0.33 (16.3)	0.07 (7.7)
Global total	323014	304679	0.06 (13.7)	-0.02 (3.3)	-0.01 (1.8)	-0.01 (3.7)	0.15 (19.2)	0.51 (25.8)	0.28 (13.8)	0.06 (6.2)
<i>6–7-year-old children</i>										
Africa	1696	2396	0.10 (5.6)	0.02 (2.8)	0.04 (2.3)	0.14 (4.8)	-0.18 (5.4)	-0.18 (8.0)	-0.01 (3.3)	-0.10 (1.1)
Asia-Pacific	40516	43403	-0.06 (8.9)	-0.09 (1.8)	-0.04 (0.6)	-0.04 (1.2)	-0.10 (4.5)	0.47 (20.6)	0.12 (11.4)	-0.04 (4.9)
Eastern Mediterranean	12853	13990	0.79 (11.7)	0.10 (2.3)	0.10 (2.3)	0.04 (1.9)	0.19 (4.9)	0.36 (15.7)	0.28 (9.1)	0.17 (4.6)
Indian subcontinent	16981	18877	0.06 (6.8)	-0.07 (1.0)	-0.06 (0.7)	-0.09 (1.8)	-0.04 (4.0)	-0.17 (12.5)	-0.05 (5.2)	0.02 (3.8)
Latin America	21467	21112	0.07 (21.4)	0.09 (5.0)	-0.03 (3.6)	-0.05 (4.9)	-0.05 (10.3)	0.63 (34.4)	-0.15 (13.2)	-0.03 (9.0)
North America	5707	4014	0.32 (19.1)	0.01 (4.1)	0.04 (3.0)	0.04 (2.9)	0.22 (8.3)	0.34 (16.3)	0.74 (20.0)	0.37 (13.4)
Northern and Eastern Europe	24196	21984	0.05 (9.6)	0.04 (2.3)	0.00 (1.2)	0.02 (1.5)	0.06 (4.5)	0.33 (13.0)	0.23 (4.5)	0.13 (2.7)
Oceania	14233	13841	-0.21 (21.8)	-0.16 (7.0)	-0.04 (3.0)	-0.12 (3.6)	-0.08 (15.1)	-0.08 (28.4)	0.42 (29.2)	0.01 (16.8)
Western Europe	60100	53787	0.20 (9.7)	0.03 (2.1)	-0.01 (1.5)	0.03 (1.7)	0.09 (4.6)	0.65 (20.7)	0.25 (9.1)	0.12 (4.5)
Global total	197749	193404	0.13 (11.6)	-0.01 (2.7)	-0.02 (1.6)	-0.01 (2.1)	0.04 (6.0)	0.43 (20.4)	0.18 (10.8)	0.07 (5.7)

Asia-Pacific region (+0.07% per year) and the Indian subcontinent (+0.02% per year), and a small decrease in the Eastern Mediterranean (-0.10% per year) and Western Europe (-0.07% per year).

Figure 1 gives the ranking plot showing the change in prevalence of current wheeze for each centre by country, with countries ordered by their average prevalence (for all centres combined) across phase I and phase III. It shows that, in general, the countries with the highest prevalence in phase I (including most of the English language countries) showed decreases in prevalence between phase I and phase III, whereas some of the countries which had previously had low prevalence showed increases. However, there were a number of countries (eg, India, Albania) which had very low prevalence in phase I and little increase in phase III.

Figure 2 shows the corresponding ranking plot for severe asthma, as measured by ≥4 attacks of wheezing in the previous 12 months. It generally shows similar patterns to those for current wheeze, with decreases in prevalence in English language countries and increases in prevalence in some, but not all, of the countries that had low prevalence in phase I.

In contrast to the findings for current wheeze, the percentage of children reported to have had asthma at some time in their lives increased from 11.2% to 13.8% in the 13–14 year age group, an annual increase of 0.28% per year (table 1 and fig 3). There were particularly large increases in Oceania (+0.93% per year), Western Europe (+0.33% per year) and North America (+0.71% per year), despite the fact that these regions showed little change (or even a reduction) in symptom prevalence. The average proportion of children with "current wheeze" who were reported to have had asthma at some time in their lives increased only from 43% to 46%, but there were larger increases in Oceania (54% to 64%), Western Europe (45% to 51%) and North America (55% to 61%).

Video questionnaire

Table 2 summarises the findings in children aged 13–14 years using the video questionnaire by region (the detailed findings

by centre and country are summarised in web table 2 available online at <http://thorax.bmjjournals.org>) and fig 4 gives the corresponding ranking plot. The mean prevalence of current wheeze decreased slightly from 8.1% to 7.9%. However, the changes in asthma prevalence showed different regional patterns with current wheeze showing no change in Western Europe but a marked decrease in Oceania (-0.76% per year). It also showed little change in the Eastern Mediterranean (-0.05% per year) and Latin America (-0.04% per year), Western Europe (0.00% per year) and Northern and Eastern Europe (0.03% per year). There were increases in the Indian subcontinent (+0.32% per year), Africa (+0.33% per year) and Asia-Pacific (+0.11% per year), and a decrease in North America (-0.26% per year). Thus, the video questionnaire findings for current wheeze were generally similar to those with the written questionnaire for Africa, Oceania, Asia-Pacific, Western Europe and Eastern Mediterranean. On the other hand, Latin America and Northern and Eastern Europe showed an increase with the written questionnaire but little change with the video questionnaire, the Indian subcontinent showed little change with the written questionnaire and an increase with the video questionnaire, and North America showed an increase with the written questionnaire but a decrease with the video questionnaire.

6–7 year age group

The changes in prevalence from phase I (with the phase III prevalence rates in parentheses) in children aged 6–7 years are summarised by region in table 1 (the detailed findings by centre and country are summarised in web table 3 available online at <http://thorax.bmjjournals.org>). The mean prevalence of wheeze in the last 12 months (current wheeze) increased only slightly from 11.1% to 11.6% (a mean increase of 0.13% per year). There was also little change in the mean prevalence of severe asthma. However, the changes in asthma symptom prevalence showed different regional patterns with current wheeze increasing in Western Europe (+0.20% per year) and decreasing in Oceania (-0.21% per year), both of which had

Country (prevalence %)

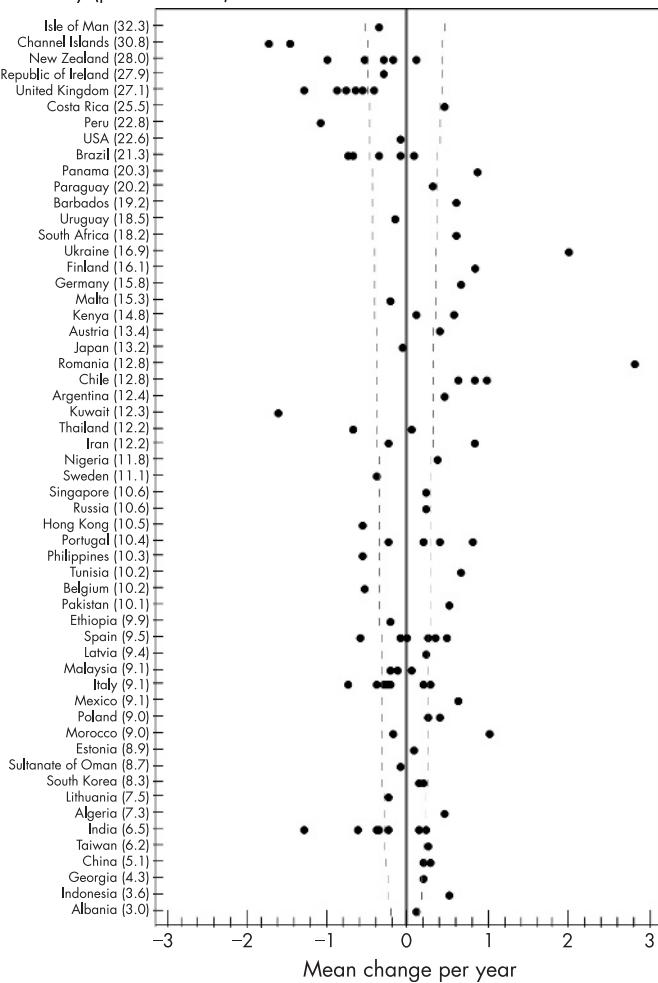


Figure 1 Ranking plot showing the change per year in prevalence of current wheeze (wheeze in the past 12 months) in children aged 13–14 years for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

previously shown high rates. Prevalence increased in Latin America (+0.07% per year) which had also previously shown relatively high rates, and in North America (+0.32% per year). It also increased in the Eastern Mediterranean (+0.79% per year) and Africa (+0.10% per year) which had previously shown some of the lowest rates, while there was little change in Asia-Pacific (−0.06% per year), Northern and Eastern Europe (+0.05% per year) or the Indian subcontinent (+0.06% per year). Thus, the patterns in the 6–7 year age group were not completely consistent with those in the 13–14 year age group. There were increases in both age groups in Latin America, North America, Northern and Eastern Europe and Africa, and decreases in both age groups in Oceania. However, there were different patterns in the two age groups in Western Europe and the Eastern Mediterranean (decreases for 13–14-year-old children but increases for 6–7-year-old children).

Figure 5 shows the ranking plot for children aged 6–7 years showing the change in prevalence of current wheeze for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. As in the 13–14 year age group, it shows that in general the countries with the highest prevalence in phase I (including most of the English language countries) showed decreases in

Country (prevalence %)

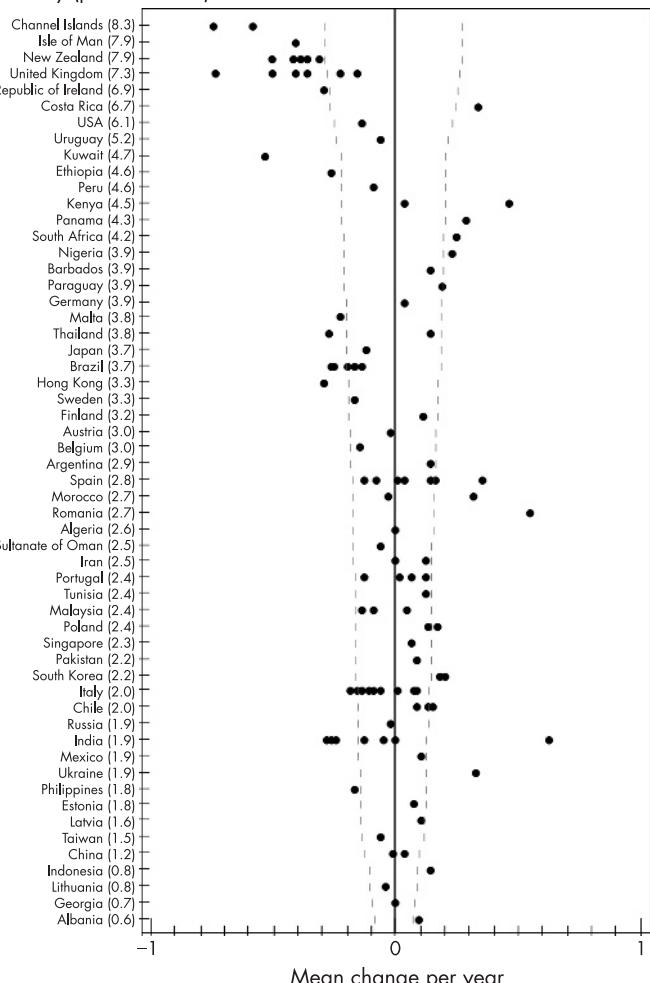


Figure 2 Ranking plot showing the change per year in prevalence of ≥4 attacks of wheezing in the previous 12 months in children aged 13–14 years for each centre by country, with countries ordered by their average prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

prevalence between phase I and phase III, whereas some of the countries which had previously had low prevalence showed increases.

Figure 6 gives the corresponding ranking plot in children aged 6–7 years for severe asthma, as measured by ≥4 attacks of wheezing in the previous 12 months. It generally shows similar patterns to those for current wheeze, with decreases in prevalence in English language countries and increases in prevalence in some, but not all, of the countries that had a low prevalence in phase I.

As for the children in the 13–14 year age group, the percentage of children aged 6–7 years reported to have had asthma at some time in their lives increased between phase I and phase III (table 1 and fig 7). There were particularly large increases in Oceania (+0.42% per year), Western Europe (+0.25% per year) and North America (+0.74% per year), despite the fact that these regions showed little change (or even a reduction) in symptom prevalence.

DISCUSSION

Phase I of ISAAC was a unique initiative involving genuinely worldwide involvement in research into the patterns and causes

Country (prevalence %)

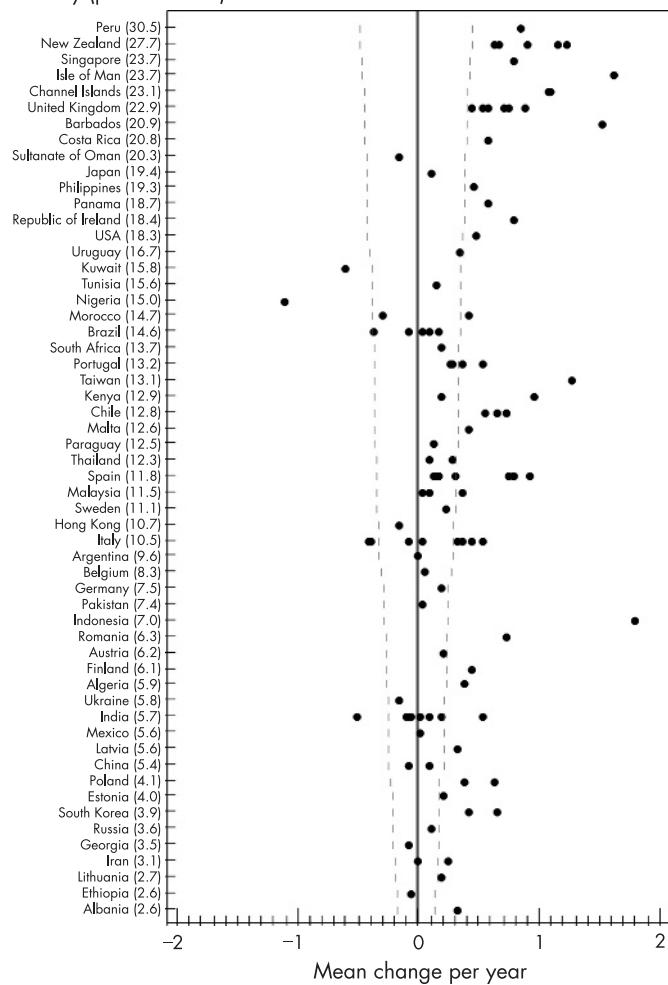


Figure 3 Ranking plot showing the change per year in the lifetime prevalence of asthma ('asthma ever') in children aged 13–14 years for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

of asthma.³ It represented by far the most extensive international survey of asthma symptom prevalence ever performed.⁵ The only other comparable international survey of asthma is the European Community Respiratory Health Survey (ECRHS)¹⁴ which studied adults (20–44 years) mainly from European centres, and generally yielded similar findings to those of ISAAC.¹⁵ The key findings included the high prevalence of reported asthma symptoms in English language countries, the high symptom prevalence in Latin America, the relatively high prevalences in Western Europe but much lower prevalences in Eastern Europe with a clear Northwest-Southeast gradient, and the relatively low prevalences in Africa and Asia with the exception of the more affluent countries such as Singapore and Japan.

The ISAAC phase I methodology was simple, the protocol was rigorously applied, and a number of validation studies had indicated that the ISAAC core questions on wheezing had acceptable sensitivity and specificity when compared with other indicators of asthma including physician diagnosis, other questionnaires and physiological measures.¹⁰ Nevertheless, the possibility could not be excluded that some of the patterns observed could be due to issues of translation of terms such as "wheezing" or to differences in recognition and labelling of

Country (prevalence %)

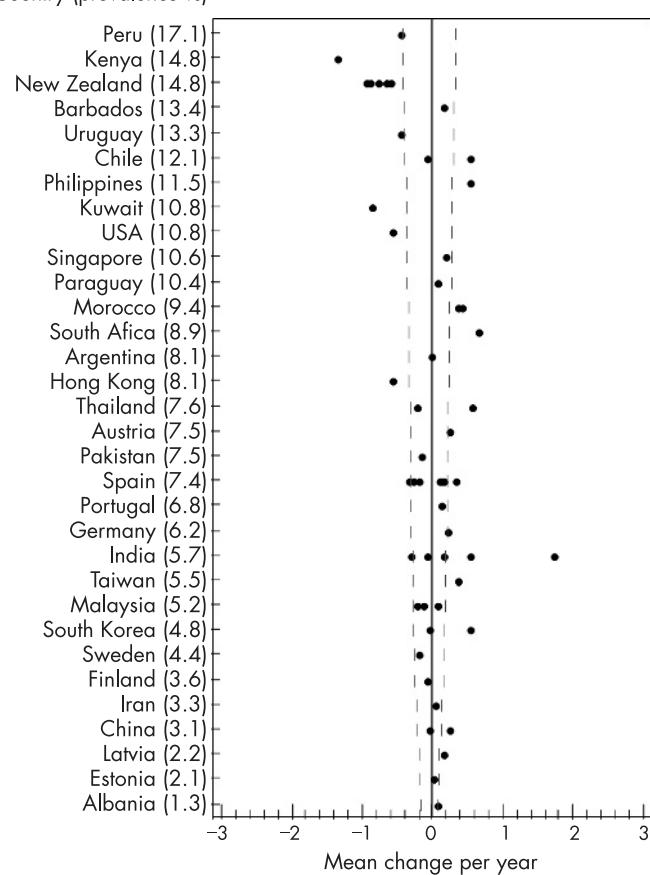


Figure 4 Ranking plot showing the change per year in prevalence of current wheeze (wheeze in the past 12 months) using the video questionnaire in children aged 13–14 years for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

symptoms.¹⁰ These issues are of less concern in the current study since the focus is on time trends, and the same methodology (including the same translations) has been used in the same centres at different times.

Nevertheless, it is possible that recognition and labelling of asthma symptoms may have shown different time trends in different geographical regions, and may account in part for the trends reported here. In this regard, it is of concern that some regions showed different time trends with the written and video questionnaires, although the differences were not consistent: Latin America and Northern and Eastern Europe showed an increase with the written questionnaire but little change with the video questionnaire; the Indian subcontinent showed little change with the written questionnaire and an increase with the video questionnaire; and North America showed an increase with the written questionnaire but a decrease with the video questionnaire.

Increased use of effective treatment, especially inhaled corticosteroids, is likely to have reduced asthma severity but is unlikely to eliminate asthma symptoms completely, and is therefore unlikely to explain the changes in prevalence.^{16,17}

When assessing time trends in centres that had previously shown high or low prevalences (figs 1–7), we avoided the possibility of regression to the mean by using the mean prevalence when assessing the change between phases I and III,¹⁰ whereas a plot of changes relative to the phase I

Table 2 Summary regional and global changes in the prevalence of self-reported asthma symptoms (video questionnaire) between phase I and phase III in 13–14-year-old children: percentage change in symptom prevalence per year (and phase III symptom prevalence percentage)

Centre	Phase I (n)	Phase III (n)	Current wheeze	Exercise wheeze	Night wheeze	Night cough	Severe wheeze
Africa	14465	11467	0.33 (11.0)	0.23 (14.6)	0.16 (6.2)	0.67 (19.7)	0.29 (7.7)
Asia-Pacific	53679	51196	0.11 (6.8)	0.25 (10.7)	0.02 (2.0)	0.30 (10.4)	0.05 (3.5)
Eastern Mediterranean	6031	8851	-0.05 (6.3)	0.06 (8.8)	-0.03 (3.1)	0.08 (8.8)	-0.04 (3.2)
Indian subcontinent	12562	11552	0.32 (7.3)	0.15 (4.8)	0.30 (4.9)	0.18 (4.8)	0.00 (3.1)
Latin America	18003	18599	-0.04 (11.9)	-0.10 (14.2)	0.00 (4.5)	0.74 (20.6)	0.01 (6.5)
North America	5673	4895	-0.26 (11.3)	-0.80 (18.6)	-0.11 (8.3)	0.62 (17.7)	-0.44 (7.2)
Northern and Eastern Europe	13970	13167	0.03 (2.7)	0.15 (6.3)	0.02 (1.6)	0.23 (7.5)	0.06 (1.7)
Oceania	15408	13205	-0.76 (11.2)	-1.64 (15.9)	-0.73 (5.1)	-0.32 (19.4)	-0.56 (7.4)
Western Europe	33722	34581	0.00 (7.3)	-1.24 (13.2)	-0.18 (3.1)	0.23 (16.0)	0.07 (4.4)
Global total	173513	167513	0.00 (7.9)	-0.21 (11.6)	-0.04 (3.4)	0.25 (13.6)	0.02 (4.5)

prevalences would have shown spurious correlations even when no such associations existed.¹¹

Appropriate quality control measures are a critical component of any multicentre research collaboration and this is particularly true of ISAAC, given the unique global scope of the collaboration and the wide variation in the research experience of the collaborators. The extensive quality control measures adopted for ISAAC phase III are described in detail elsewhere,²

but the possibility that inappropriate implementation of the study design may have introduced bias in the results from individual centres should be acknowledged. However, it is extremely unlikely that any such bias would affect the broader regional and global patterns presented in this publication.

It should also be stressed that prevalence and time trend data such as this primarily serve for purposes of hypothesis generation rather than hypothesis testing. Furthermore, with more than 100

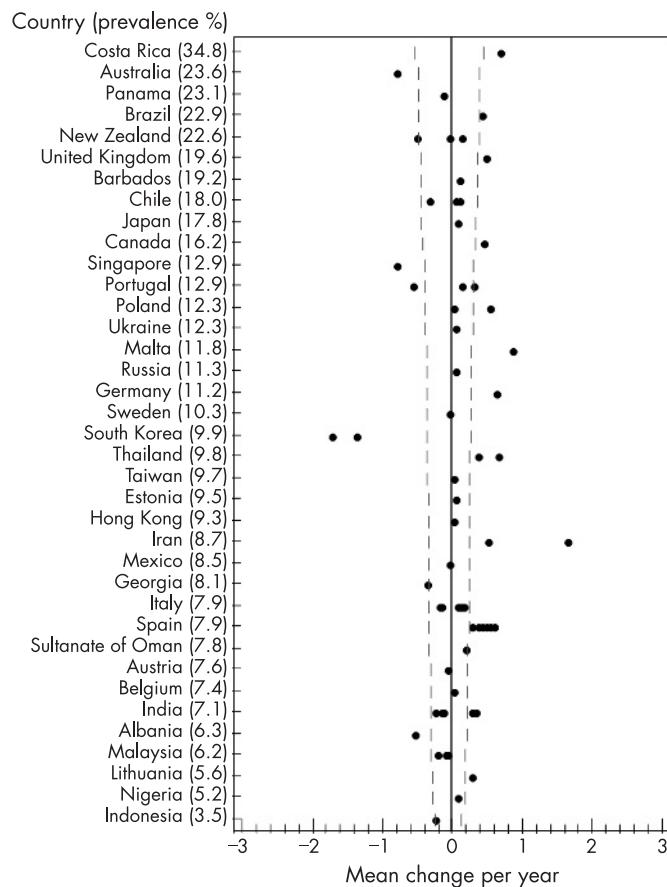


Figure 5 Ranking plot showing the change per year in the prevalence of current wheeze (wheeze in the past 12 months) in children aged 6–7 years for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

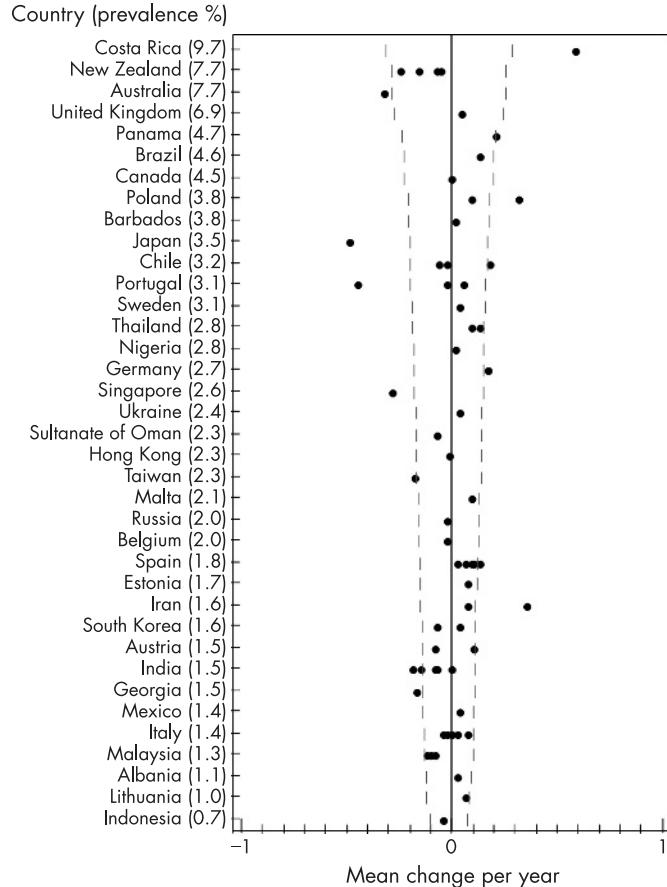


Figure 6 Ranking plot showing the change per year in prevalence of ≥4 attacks of wheezing in the previous 12 months in children aged 6–7 years for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

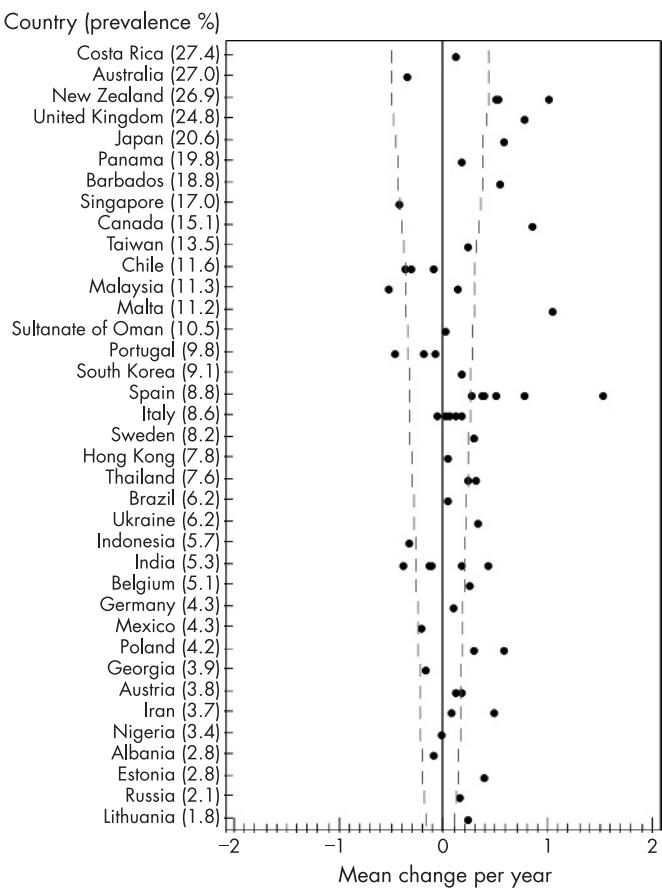


Figure 7 Ranking plot showing the change per year in the lifetime prevalence of asthma ('asthma ever') in children aged 6–7 years for each centre by country, with countries ordered by their mean prevalence (for all centres combined) across phase I and phase III. The plot also shows the confidence interval about zero change for a given level of prevalence (ie, the mean prevalence across phases I and III) given a sample size of 3000 and no cluster sampling effect.

centres involved, it is to be expected that at least five centres would show statistically significant changes by chance alone. It is therefore more valuable to focus on the regional and global patterns and trends than on the findings in individual centres.

Bearing these reservations in mind, the findings reported here are of considerable interest. First, they show that in most high prevalence countries, particularly the English language countries, the rise in the prevalence of asthma symptoms has peaked and may even have begun to decline. This is consistent with the findings of other recent studies in children^{18–24} and in adults.^{25–26} There are some exceptions to this trend but, of the European and English language countries which showed a relatively high prevalence in phase I, only Germany²⁷ and Finland have shown significant increases in symptom prevalence in phase III. The increases for North America are due to increases in Barbados (where the phase I data were too late for inclusion in the phase I paper⁵); the one US centre showed a small decline in symptom prevalence consistent with the findings for other English language countries.

Second, a number of countries that had high or intermediate levels of symptom prevalence in phase I have shown significant increases in prevalence in phase III; these include Latin American countries such as Costa Rica, Panama, Mexico, Argentina and Chile, and Eastern European countries such as the Ukraine and Romania. Other countries to show significant increases in symptom prevalence included Barbados, Tunisia, Morocco and Algeria.

Third, with the exception of India, all of the countries with very low symptom prevalence rates in phase I reported increases in prevalence in phase III, although only the increases for Indonesia and China were statistically significant.

Finally, virtually all countries—irrespective of the level of symptom prevalence—reported increases in lifetime asthma prevalence between phases I and III. In fact, the increases were most marked in those countries with the highest mean prevalence between phase I and phase III (figs 3 and 7), despite the fact that many of these countries reported declines in the prevalence of asthma symptoms between phase I and phase III (figs 1 and 4).

So what do these findings mean? Perhaps the most striking finding is the apparent decline in symptom prevalence in English language countries. Just as we do not (yet) know why prevalence has increased since the 1950s, we do not know why it should now be decreasing.¹⁶ The 'hygiene hypothesis' has been proposed as one explanation for the increases in symptom prevalence, although it does not appear entirely to account for the time trends since the increases have occurred for both non-atopic (non-eosinophilic) and atopic (eosinophilic) asthma, whereas the hygiene hypothesis would only explain (at most) trends for atopic asthma.²⁸ Furthermore, it does not seem apparent that the English language countries have become "less hygienic" in recent decades, although increases in infant and childhood infections could have occurred due to specific factors such as increased use of childcare facilities.²⁹ The hygiene hypothesis is also unlikely to explain the considerably higher prevalences in many Latin American countries than in Spain and Portugal which are more consistent with changes in environmental exposures other than hygiene.^{30–32}

Other "established" asthma risk factors do not appear to explain the worldwide asthma prevalence patterns^{33–42} or time trends, particularly the decline in English language countries. It also seems unlikely that the decline in symptom prevalence is due to decreased recognition and labelling of asthma symptoms, given that the prevalence of "asthma ever" has increased. For example, García-Marcos *et al*⁴³ argue that asthma is now considered a less stigmatising disease than it was at the time of phase I, and the word "asthma" is more readily accepted. This could explain why, in some countries, symptom prevalence has not increased or has even declined, but the prevalence of "asthma ever" has increased. This has occurred particularly in English language countries and may also in part reflect international differences in healthcare systems, as well as more specific differences in asthma recognition and diagnosis. It should also be noted that the findings for "asthma ever" are to some extent reassuring with regard to the findings for current asthma symptoms, since they indicate that an increased recognition and diagnosis of asthma has not been accompanied by an increase in reporting of asthma symptoms; such an increase would have been expected if the symptom prevalence patterns were entirely due to differences in recognition and labelling of symptoms.

These findings for English language countries and Western Europe are intriguing and to some extent reassuring, but they should not be taken to indicate that the global "pandemic" of asthma is easing and that the worst is over. The phase III findings show striking increases for Latin American countries to the extent that, in future, we may be describing asthma as a "Spanish and Portuguese speaking" rather than an "English speaking" disease. The modest increases for China are of potentially major significance given the size of China's population and its rapid economic growth. Furthermore, there are some intriguing patterns with, for example, decreases in prevalence in India but modest increases in China, Indonesia, Taiwan and South Korea, and stronger increases in Morocco,

Algeria and Tunisia. As with the phase I findings, it is to be hoped that this new evidence on time trends will lead to further questioning and testing of current theories, and the development of new theories of asthma aetiology. In addition, these findings suggest that, although asthma symptom prevalence is no longer increasing in most English language and Western European countries, its global burden may continue to rise.

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Further data are given in the web tables available online at <http://thorax.bmjjournals.org/supplemental>.

Authors' affiliations

Neil Pearce, Centre for Public Health Research, Massey University Wellington Campus, Wellington, New Zealand and Department of Biomedical Sciences and Human Oncology, University of Turin, Italy

Nadia Aït-Khaled, IUATLD, 68 Bd Saint Michel, Paris, France

Richard Beasley, Medical Research Institute of New Zealand, Wellington, New Zealand

Javier Mallol, Department of Pediatric and Respiratory Medicine, University of Santiago de Chile (USACH), Santiago, Chile

Ulrich Keil, Institut für Epidemiologie und Sozialmedizin, Universität Münster, Münster, Germany

Ed Mitchell, Medical and Health Sciences, Faculty of Medical and Health Sciences, The University of Auckland, Auckland, New Zealand

Colin Robertson, Department of Respiratory Medicine, Royal Children's Hospital, Parkville, Victoria, Australia

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APPENDIX: ISAAC PHASE III STUDY GROUP

ISAAC Steering Committee: N Aït-Khaled* (Union Internationale Contre la Tuberculose et les Maladies Respiratoires, Paris, France), H R Anderson (Department of Public Health Sciences, St Georges Hospital Medical School, London, UK), M I Asher (Department of Paediatrics, Faculty of Medical and Health Sciences, The University of Auckland, New Zealand), R Beasley* (Medical Research Institute of New Zealand, Wellington, New Zealand), B Björkstén* (Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden), B Brunekreef (Institute of Risk Assessment Science, Universiteit Utrecht, Netherlands), W Cookson (Asthma Genetics Group, Wellcome Trust Centre for Human Genetics, University of Oxford, UK), J Crane (Wellington Asthma Research Group, Wellington School of Medicine, New Zealand), P Ellwood (Department of Paediatrics, Faculty of Medical and Health Sciences, The University of Auckland, New Zealand), S Foliaki* (Centre for Public Health Research, Massey University, Wellington, New Zealand), U Keil* (Institut für Epidemiologie und Sozialmedizin, Universität Münster, Germany), C K W Lai* (Department of Medicine and Therapeutics, The Chinese University of Hong Kong, SAR China), J Mallol* (Department of Respiratory Medicine, University of Santiago de Chile, Chile), C F Robertson (Department of Respiratory Medicine, Royal Children's Hospital, Parkville, Australia), E A Mitchell (Department of Paediatrics, Faculty of Medical and Health Sciences, The University of Auckland, New Zealand), S Montefort* ("Belvedere", Naxxar, Malta), J Odhiambo* (Centre Respiratory Diseases Research Unit, Kenya Medical Research Institute, Nairobi, Kenya), N Pearce (Centre for Public Health Research, Massey University, Wellington, New Zealand), J Shah* (Jaslok Hospital & Research Centre, Mumbai, India), A W Stewart (Population Health, Faculty of Medical and Health Sciences, The University of Auckland, New Zealand), D Strachan (Department of Public Health Sciences, St Georges Hospital Medical School, London, UK), E von Mutius (Dr von Haunerschen Kinderklinik de Universität München, Germany), S K Weiland (Department of Epidemiology, University of Ulm, Germany), H Williams (Centre for Evidence Based Dermatology, Queen's Medical Centre, University Hospital, Nottingham, UK).

ISAAC International Data Centre: M I Asher, T O Clayton, P Ellwood, T Milne, E A Mitchell, Department of Paediatrics, and AW Stewart, School of Population Health, Faculty of Medical and Health Sciences, The University of Auckland, New Zealand.

ISAAC Phase III National Coordinators: L Ng'ang'a (Kenya), H J Zar (South Africa), Z Bouayad (Morocco), Y-Z Chen (China), C Lai (SAR China), J Shah (India), K Baratawidjaja (Indonesia), S Nishima (Japan), J de Bruyne (Malaysia), F Cua-Lim (Philippines), B-W Lee (Singapore), H-B Lee (South Korea), J-L Huang (Taiwan), P Vichyanond (Thailand), M-R Masjedi (Iran), S Montefort (Malta), N Mahmood (Pakistan), O Al-Rawas (Sultanate of Oman), C E Baena-Cagnani (Argentina), D Solé (Brazil), V Aguirre (Chile), M E Soto-Quirós (Costa Rica), M Baeza-Bacab (Mexico), P Chiarella (Peru), D Holgado (Uruguay), M E Howitt (Barbados), A Priftanji (Albania), M-A Riikjärv (Estonia), J Pekkanen (Finland), M Gotua (Georgia), J Bojarskas (Lithuania), G Lis (Poland), V Ognev (Ukraine), C F Robertson (Australia), M I Asher (New Zealand), G Haidinger (Austria), U Keil (Germany), F Forastiere (Italy), J E Rosado Pinto (Portugal), L García-Marcos (Spain), H R Anderson (UK), P Manning (Republic of Ireland), L Nilsson (Sweden).

ISAAC Phase III Principal Investigators: K Melaku (Ethiopia), F O Esamai, L Ng'ang'a (Kenya), B O Onadeko (Nigeria), H J Zar (South Africa), B Benhabylès (Algeria), Z Bouayad (Morocco), M Jerray (Tunisia), Y-Z Chen, N-S Zhong (China), Y L Lau, G Wong (SAR China), CB Kartasasmita (Indonesia), H Odajima (Japan), KH Teh, J de Bruyne, BS Quah (Malaysia), F Cua-Lim (Philippines), D Y T Goh (Singapore), H-B Lee (South Korea), J-L Huang (Taiwan), P Vichyanond, M Trakultivakorn (Thailand), M-R Masjedi (Iran), J L al-Momen (Kuwait), S Montefort (Malta), N Mahmood (Pakistan), O Al-Rawas (Sultanate of Oman), MK Joshi, V A Khatav, L Kumar, G Setty, K C Jain, T U Sukumaran, S K Sharma, N M Hanumante, AV Pherwani (India), C E Baena-Cagnani (Argentina), N Rosário, G B Fischer, M de Britto, L de Freitas Souza, D Solé (Brazil), L Amarales, P Aguilar, M A Calvo (Chile), M E Soto-Quirós (Costa Rica), I Romieu (Mexico), G Cukier (Panama), J A Guggiari-Chase (Paraguay), P Chiarella (Peru), D Holgado (Uruguay), M E Howitt (Barbados), D Rennie, MR Sears (Canada), G J Redding (USA), A Priftanji (Albania), M-A Riikjärv (Estonia), J Pekkanen (Finland), M Gotua (Georgia), V Svabe (Latvia), J Kudzyte (Lithuania), E G Kondiourina (Russia), G Lis, A Breborowicz (Poland), D Dumitrescu (Romania), H Vogt (Sweden), V Ognev (Ukraine), C F Robertson (Australia), M I Asher, C Moyes, P Pattemore, R Mackay, N Pearce (New Zealand), G Haidinger (Austria), J Weyler (Belgium), P Standing, R Goulding (Channel Islands), U Keil (Germany), A Steriu (Isle of Man), E Bonci, C Galassi, MG Petronio, E Chellini, L Bisanti, F Forastiere, P Sestini, G Ciccone, S Piffer (Italy), R Camára, J E Rosado Pinto, C Nunes, J M Lopes dos Santos (Portugal), L Clancy (Republic of Ireland), R M Busquets, C González Díaz, L García-Marcos, A Arnedo-Peña, G Garcia Hernández, F Guillén-Grima, M Morales Suarez-Varela, A Blanco Quirós (Spain), H R Anderson, J B Austin, MH Shamssain, D Strachan, M Burr (UK).

* Regional Coordinators.

Webtable 1: Changes in the prevalence of self-reported asthma symptoms (written questionnaire) between Phase One and Phase Three in the 13-14 year age-group: % change in symptom prevalence per year (and Phase Three symptom prevalence %)

Centre	Phase One		Phase Three		12 Month Prevalence								
	Year	N	Year	N	Wheeze % change per year (Phase Three prevalence %)	≥4 Attacks % change per year (Phase Three prevalence %)	Wheeze disturbs Sleep % change per year (Phase Three prevalence %)	Severe wheeze limiting speech % change per year (Phase Three prevalence %)	Exercise Wheeze % change per year (Phase Three prevalence %)	Night Cough % change per year (Phase Three prevalence %)	Ever had Asthma % change per year (Phase Three prevalence %)		
Africa													
Algeria Wilaya of Algiers (West Algier)	1996	2024	2002	4203	0.48 (8.7)	0.00 (2.6)	0.03 (1.6)	-0.04 (2.1)	1.08 (14.4)	1.44 (18.8)	0.38 (7.1)		
Ethiopia Addis Ababa	1995	2951	2003	3195	-0.20 (9.1)	-0.26 (3.6)	-0.06 (2.1)	-0.19 (5.8)	-0.10 (26.4)	-0.10 (26.5)	-0.06 (2.3)		
Kenya Eldoret	1995	3024	2001	3289	0.58 (13.8)	0.47 (5.1)	0.35 (4.0)	0.73 (7.4)	1.76 (27.9)	2.31 (32.2)	0.97 (12.6)		
Nairobi	1995	3226	2001	3023	0.12 (18.0)	0.04 (5.5)	-0.13 (5.5)	-0.02 (8.3)	-2.69 (14.2)	0.34 (37.8)	0.19 (16.6)		
Morocco Casablanca	1995	3183	2001	1777	1.03 (16.0)	0.32 (5.0)	0.15 (3.9)	0.08 (3.9)	1.18 (25.9)	0.84 (24.8)	0.42 (14.6)		
Marrakech	1995	2900	2002	1689	-0.16 (4.4)	-0.03 (1.3)	0.03 (1.2)	-0.15 (1.2)	-0.09 (20.5)	0.08 (19.1)	-0.28 (15.1)		
Nigeria Ibadan	1995	3057	2001	3142	0.38 (13.0)	0.23 (4.6)	0.07 (4.1)	0.06 (7.9)	-1.54 (34.2)	-0.67 (27.7)	-1.10 (11.7)		
South Africa Cape Town	1995	5169	2002	5037	0.60 (20.3)	0.25 (5.0)	0.20 (5.0)	0.38 (7.8)	1.59 (32.6)	1.86 (36.6)	0.19 (14.4)		
Tunisia Sousse	1996	3020	2001	3042	0.67 (11.9)	0.13 (2.7)	0.27 (2.8)	0.26 (5.4)	0.69 (23.1)	3.45 (43.8)	0.16 (16.0)		
Region Total		28,554		28,397	0.16 (13.4)	0.06 (4.0)	0.05 (3.5)	0.02 (5.9)	0.44 (24.7)	0.91 (30.5)	0.07 (11.9)		
Asia-Pacific													
China Beijing	1994	4166	2001	3530	0.30 (7.2)	0.00 (1.5)	0.01 (0.3)	0.01 (1.0)	0.06 (25.6)	0.51 (19.3)	-0.08 (6.3)		
Guangzhou	1994	3855	2001	3514	0.20 (4.8)	0.04 (1.0)	-0.01 (0.2)	0.04 (0.8)	0.85 (23.4)	0.04 (19.2)	0.09 (4.6)		
Hong Kong Hong Kong	1995	4666	2002	3321	-0.55 (8.6)	-0.29 (2.3)	-0.04 (0.2)	-0.15 (1.4)	-1.32 (19.9)	-0.66 (23.1)	-0.15 (10.1)		
Indonesia Bandung	1996	2247	2002	2826	0.52 (5.2)	0.15 (1.3)	0.04 (1.0)	-0.03 (0.7)	1.30 (10.0)	2.96 (21.7)	1.80 (12.4)		
Japan Fukuoka	1994	2827	2002	2520	-0.05 (13.0)	-0.12 (3.2)	-0.03 (0.4)	-0.14 (1.0)	-0.47 (23.6)	0.03 (14.2)	0.12 (19.9)		
Malaysia Alor Setar	1995	3298	2002	2941	0.05 (9.3)	0.05 (2.4)	-0.01 (0.3)	-0.10 (1.1)	0.16 (17.5)	-0.37 (25.7)	0.09 (10.8)		
Klang Valley	1995	6069	2001	3025	-0.11 (11.6)	-0.13 (3.0)	-0.01 (0.9)	-0.08 (1.8)	-0.20 (14.6)	0.91 (30.8)	0.37 (16.1)		
Kota Bharu	1995	3075	2001	2989	-0.20 (5.8)	-0.09 (1.2)	0.05 (0.7)	0.00 (1.3)	0.28 (11.7)	0.42 (24.4)	0.04 (9.0)		
Philippines Metro Manilla	1994	3207	2001	3658	-0.55 (8.4)	-0.16 (1.2)	-0.15 (0.9)	-0.15 (3.0)	-0.46 (18.2)	-0.82 (28.6)	0.47 (20.9)		
Singapore Singapore	1994	4205	2001	4217	0.24 (11.4)	0.07 (2.6)	0.03 (1.5)	-0.01 (2.3)	0.19 (14.6)	1.26 (20.1)	0.79 (26.5)		
South Korea Provincial Korea	1995	6975	2000	7375	0.21 (8.5)	0.20 (2.5)	0.06 (0.4)	0.17 (3.6)	0.41 (13.9)	0.92 (12.9)	0.66 (5.5)		
Seoul	1995	2990	2000	2888	0.16 (9.1)	0.18 (2.9)	0.00 (0.3)	0.22 (3.7)	0.03 (13.7)	0.88 (13.6)	0.44 (5.0)		
Taiwan Taipei	1995	11003	2001	6378	0.26 (7.0)	-0.05 (1.4)	0.02 (0.5)	0.03 (1.0)	1.82 (19.4)	0.29 (12.5)	1.28 (17.0)		
Thailand Bangkok	1995	3712	2001	4669	0.06 (13.9)	0.14 (5.0)	0.11 (1.9)	0.10 (4.5)	0.40 (18.0)	0.44 (31.0)	0.30 (15.9)		
Chiang Mai	1995	3927	2001	3538	-0.65 (8.7)	-0.27 (2.2)	-0.05 (0.7)	-0.09 (2.6)	-0.23 (12.1)	-0.96 (22.8)	0.10 (9.9)		
Region Total		66,222		57,389	0.07 (8.8)	0.00 (2.3)	0.01 (0.7)	-0.02 (2.1)	0.42 (17.0)	0.49 (20.6)	0.39 (12.6)		
Eastern Mediterranean													
Iran Rasht	1995	3181	2002	3004	0.85 (15.6)	0.12 (3.2)	0.21 (3.2)	0.32 (4.5)	0.56 (13.0)	0.65 (17.7)	0.26 (4.5)		
Tehran	1995	2691	2001	3119	-0.24 (10.9)	0.00 (2.2)	-0.06 (1.6)	0.00 (3.0)	0.26 (15.3)	0.64 (18.5)	0.00 (2.6)		
Kuwait Kuwait	1995	1051	2001	2882	-1.59 (7.6)	-0.53 (3.1)	-0.54 (2.5)	-1.08 (4.2)	-1.99 (12.9)	0.24 (32.1)	-0.60 (14.0)		

Centre	12 Month Prevalence											
	Phase One		Phase Three		Wheeze % change per year (Phase Three prevalence %)	≥4 Attacks % change per year (Phase Three prevalence %)	Wheeze disturbs Sleep % change per year (Phase Three prevalence %)	Severe wheeze limiting speech % change per year (Phase Three prevalence %)	Exercise Wheeze % change per year (Phase Three prevalence %)	Night Cough % change per year (Phase Three prevalence %)	Ever had Asthma % change per year (Phase Three prevalence %)	
	Year	N	Year	N								
Malta	1995	4183	2002	4136	-0.20 (14.6)	-0.22 (3.1)	-0.12 (1.6)	-0.13 (2.7)	-0.32 (18.4)	-0.08 (31.3)	0.43 (14.1)	
Pakistan Karachi	1995	1829	2001	2999	0.53 (11.7)	0.08 (2.5)	-0.01 (1.5)	0.48 (6.7)	-0.89 (9.8)	0.31 (19.4)	0.03 (7.5)	
Sultanate of Oman Al-Khod	1995	3174	2001	3747	-0.08 (8.4)	-0.05 (2.3)	0.03 (3.1)	-0.19 (2.8)	-0.08 (18.7)	-0.13 (20.1)	-0.15 (19.9)	
Region Total	16,109		19,887	-0.10 (11.6)	-0.04 (2.7)	-0.04 (2.2)	-0.05 (3.9)	-0.11 (15.0)	0.22 (23.4)	0.11 (10.9)		
Indian Sub-Continent												
India												
Borivali	1995	3878	2003	1004	-0.24 (1.5)	-0.05 (0.2)	-0.04 (0.1)	-0.12 (0.7)	-0.34 (2.6)	0.19 (11.8)	-0.08 (5.3)	
Chandigarh	1995	3138	2001	3122	0.23 (5.5)	-0.13 (0.8)	-0.03 (0.5)	-0.07 (2.3)	-0.45 (5.3)	3.11 (26.7)	0.10 (4.0)	
Chennai (Madras) (3)	1995	3079	2002	2181	-0.37 (3.5)	-0.28 (1.3)	-0.11 (1.2)	-0.19 (2.3)	-0.16 (6.3)	-0.26 (9.7)	-0.07 (1.3)	
Jodhpur	1994	1080	2003	2341	-0.62 (5.3)	-0.24 (1.3)	-0.11 (0.7)	-0.35 (1.6)	-1.33 (4.1)	1.39 (31.1)	-0.09 (5.6)	
Kottayam	1995	2047	2002	3685	-0.35 (15.4)	0.63 (6.1)	0.06 (2.2)	-1.06 (6.1)	-0.88 (11.7)	-0.46 (29.0)	-0.50 (8.9)	
Mumbai (18) (Bombay)	1995	3177	2002	2982	0.13 (4.6)	0.00 (1.0)	-0.03 (0.6)	0.07 (1.8)	0.28 (9.4)	1.53 (25.7)	0.55 (9.1)	
New Delhi (7)	1995	3025	2001	3469	-1.28 (5.3)	-0.27 (1.4)	-0.14 (1.1)	-0.31 (2.9)	-2.29 (4.7)	-3.24 (6.3)	0.19 (6.5)	
Pune	1994	2696	2001	1983	0.14 (2.8)			-0.17 (0.1)	0.35 (6.5)	0.15 (10.5)	0.03 (5.1)	
Region Total	22,120		20,767	0.02 (6.4)	-0.09 (2.1)	-0.04 (1.1)	-0.15 (2.6)	-0.05 (6.9)	-0.38 (20.0)	-0.01 (6.1)		
Latin America												
Argentina Córdoba	1997	3042	2002	3445	0.48 (13.6)	0.14 (3.2)	-0.04 (1.4)	-0.03 (3.0)	0.40 (18.8)	-2.77 (28.5)	0.00 (9.6)	
Brazil												
Curitiba	1995	3004	2001	3628	0.09 (18.9)	-0.13 (2.7)	-0.13 (1.9)	-0.26 (3.1)	-0.12 (19.1)	0.76 (34.7)	0.10 (9.2)	
Porto Alegre	1994	3195	2003	3007	-0.72 (18.2)	-0.16 (3.1)	-0.17 (3.0)	-0.10 (4.8)	-0.74 (22.4)	-0.47 (35.0)	-0.08 (21.2)	
Recife	1994	3086	2002	2865	-0.07 (19.1)	-0.25 (1.7)	-0.08 (3.9)	-0.09 (4.1)	0.32 (23.0)	0.81 (37.3)	-0.37 (18.0)	
Salvador	1995	3162	2002	3020	-0.33 (24.6)	-0.19 (4.6)	0.09 (3.6)	0.07 (5.9)	0.99 (34.6)	0.68 (34.3)	0.17 (13.7)	
São Paulo	1995	3007	2002	3161	-0.65 (18.7)	-0.26 (2.5)	-0.10 (2.8)	0.02 (2.9)	-0.50 (17.0)	0.04 (33.3)	0.05 (10.4)	
Chile												
Punta Arenas	1994	3050	2001	3044	0.83 (13.6)	0.13 (2.2)	0.03 (1.1)	0.19 (2.8)	1.71 (19.2)	1.59 (28.8)	0.66 (13.0)	
South Santiago	1995	3050	2001	3026	0.98 (17.0)	0.16 (2.2)	0.04 (2.4)	0.09 (5.5)	-0.78 (20.7)	1.28 (40.4)	0.74 (16.0)	
Valdivia	1994	3231	2001	3105	0.63 (16.0)	0.09 (2.7)	0.05 (1.6)	0.12 (3.1)	1.34 (27.4)	3.33 (39.5)	0.56 (15.8)	
Costa Rica Costa Rica	1994	3200	2002	2436	0.46 (27.3)	0.34 (8.0)	-0.10 (2.7)	0.29 (12.4)	-0.56 (19.7)	-0.59 (26.4)	0.59 (23.2)	
Mexico												
Cuernavaca	1994	3102	2002	1431	0.63 (11.6)	0.10 (2.3)	-0.09 (0.9)	-0.10 (1.6)	1.63 (17.0)	0.87 (20.5)	0.02 (5.7)	
Panama												
David	1995	2885	2001	3183	0.88 (22.9)	0.29 (5.2)	0.40 (4.4)	-0.49 (3.8)	-0.55 (11.3)	3.11 (40.3)	0.59 (20.5)	
Paraguay												
Asunción	1997	2966	2002	3000	0.31 (20.9)	0.19 (4.4)	0.31 (4.6)	0.54 (7.9)	1.35 (22.1)	3.42 (48.4)	0.13 (12.8)	
Peru												
Lima	1995	3157	2001	3022	-1.06 (19.6)	-0.09 (4.3)	-0.14 (2.5)	-0.33 (4.9)	-1.09 (29.4)	0.71 (37.9)	0.85 (33.1)	
Uruguay												
Montevideo	1994	3072	2002	3177	-0.13 (17.9)	-0.06 (4.9)	0.08 (3.3)	-0.12 (4.2)	-0.13 (17.4)	0.50 (32.1)	0.35 (18.1)	
Region Total	46,209		44,550	0.32 (18.8)	-0.02 (3.6)	-0.01 (2.7)	-0.02 (4.6)	0.13 (21.3)	0.83 (35.1)	0.25 (16.1)		
North America												
Barbados Barbados	1996	3533	2001	2498	0.62 (20.8)	0.14 (4.3)	0.04 (3.5)	0.27 (6.6)	0.54 (21.5)	-0.16 (13.9)	1.54 (24.7)	
USA												
Seattle	1995	2330	2003	2422	-0.07 (22.3)	-0.13 (5.6)	0.04 (2.7)	0.00 (7.4)	0.04 (28.4)	0.12 (28.6)	0.48 (20.2)	
Region Total	5,863		4,920	0.12 (21.5)	-0.02 (4.9)	0.04 (3.1)	0.11 (7.0)	0.20 (24.9)	0.00 (21.1)	0.71 (22.5)		
Northern and Eastern Europe												
Albania												
Tiranë	1995	2957	2001	2983	0.12 (3.4)	0.10 (0.9)	-0.01 (0.2)	-0.05 (0.5)	0.45 (7.2)	0.81 (10.5)	0.34 (3.6)	
Estonia												
Tallinn	1994	3506	2001	3603	0.09 (9.3)	0.07 (2.1)	-0.03 (0.5)	-0.02 (1.2)	-0.03 (9.0)	-0.42 (11.7)	0.21 (4.8)	
Finland												
Kuopio County	1994	2876	2001	3051	0.84 (19.0)	0.11 (3.6)	-0.03 (0.4)	0.08 (2.6)	0.47 (20.9)	0.06 (15.0)	0.45 (7.7)	

Centre	12 Month Prevalence											
	Phase One		Phase Three		Wheeze % change per year (Phase Three prevalence)	≥4 Attacks % change per year (Phase Three prevalence)	Wheeze disturbs Sleep % change per year (Phase Three prevalence)	Severe wheeze limiting speech % change per year (Phase Three prevalence)	Exercise Wheeze % change per year (Phase Three prevalence)	Night Cough % change per year (Phase Three prevalence)	Ever had Asthma % change per year (Phase Three prevalence)	
	Year	N	Year	N								
Georgia Kutaisi	1996	3297	2003	2650	0.21 (5.1)	0.00 (0.7)	0.05 (0.9)	0.13 (1.6)	-0.44 (5.1)	0.04 (9.3)	-0.07 (3.3)	
Latvia Riga	1994	3004	2004	1283	0.22 (10.5)	0.11 (2.2)	0.03 (0.9)	0.06 (1.9)	0.38 (12.3)	0.66 (18.9)	0.34 (7.2)	
Lithuania Kaunas	1995	1600	2001	2723	-0.24 (6.7)	-0.03 (0.7)	-0.03 (0.3)	0.01 (1.0)	0.33 (14.0)	0.25 (6.9)	0.20 (3.3)	
Poland Krakow	1995	2786	2002	2545	0.27 (9.4)	0.17 (3.1)	0.04 (1.2)	0.14 (2.8)	0.81 (15.5)	1.09 (23.7)	0.64 (6.8)	
Poznan	1994	3625	2002	1875	0.41 (11.2)	0.13 (2.8)	0.09 (1.7)	0.23 (3.4)	0.65 (13.5)	0.86 (19.5)	0.39 (5.2)	
Romania Cluj	1994	3396	2001	3019	2.81 (22.7)	0.55 (4.6)	0.20 (1.8)	0.83 (6.5)	2.66 (25.5)	1.29 (13.4)	0.74 (8.9)	
Russia Novosibirsk	1996	3654	2002	3769	0.22 (11.2)	-0.02 (1.9)	0.04 (1.0)	0.16 (1.8)	-0.42 (12.9)	0.48 (14.2)	0.11 (3.9)	
Sweden Linköping	1994	2496	2002	2679	-0.36 (9.7)	-0.17 (2.6)	-0.08 (0.3)	-0.06 (1.4)	-0.45 (14.6)	0.14 (11.6)	0.23 (12.0)	
Ukraine Kharkiv	1998	3311	2002	2428	2.01 (20.9)	0.33 (2.5)	0.08 (1.1)	0.08 (2.3)	1.85 (20.6)	1.80 (19.3)	-0.16 (5.5)	
Region Total		36,508		32,608	0.26 (11.6)	0.08 (2.3)	0.01 (0.8)	0.08 (2.2)	0.30 (14.3)	0.41 (14.0)	0.29 (5.9)	
Oceania												
New Zealand Auckland	1993	3206	2001	2870	-0.51 (22.5)	-0.38 (4.9)	0.02 (2.9)	-0.31 (5.6)	-0.45 (32.4)	0.14 (30.8)	0.63 (27.9)	
Bay of Plenty	1993	2813	2002	1976	-0.98 (20.6)	-0.51 (4.4)	-0.11 (2.3)	-0.33 (4.1)	-0.86 (31.6)	-0.49 (26.9)	0.67 (28.3)	
Christchurch	1993	3186	2003	3116	-0.17 (27.9)	-0.31 (6.7)	-0.07 (2.2)	-0.13 (6.2)	-0.25 (37.8)	-0.06 (26.8)	1.17 (37.6)	
Nelson	1993	1838	2003	2305	-0.29 (28.0)	-0.35 (6.6)	-0.09 (1.7)	-0.19 (6.3)	-0.17 (41.6)	0.13 (27.6)	0.91 (29.4)	
Wellington	1993	4417	2001	3050	0.11 (32.6)	-0.41 (7.8)	0.08 (3.7)	-0.03 (8.1)	0.17 (42.5)	0.15 (31.5)	1.24 (36.3)	
Region Total		15,460		13,317	-0.39 (26.7)	-0.38 (6.2)	-0.05 (2.6)	-0.21 (6.2)	-0.29 (37.5)	-0.01 (28.9)	0.93 (32.4)	
Western Europe												
Austria Urfahr-Umgebung	1995	1511	2003	1439	0.41 (15.1)	-0.02 (2.9)	0.01 (0.9)	0.05 (5.4)	1.02 (27.2)	0.74 (19.2)	0.22 (7.0)	
Belgium Antwerp	1995	1515	2002	3250	-0.52 (8.3)	-0.15 (2.5)	-0.14 (0.5)	-0.18 (1.3)	-0.58 (9.1)	-0.58 (17.1)	0.05 (8.5)	
Channel Islands Guernsey	1996	1170	2001	1248	-1.70 (26.5)	-0.58 (6.7)	-0.10 (3.5)	-0.14 (7.9)	1.48 (39.1)	-2.21 (33.8)	1.11 (26.9)	
Jersey	1996	1135	2002	773	-1.44 (26.5)	-0.74 (6.2)	0.41 (5.2)	-0.30 (6.7)	0.60 (34.3)	-2.24 (31.7)	1.08 (25.2)	
Germany Münster	1994	4000	1999	4132	0.68 (17.5)	0.04 (4.0)	0.13 (1.9)	0.35 (7.9)	0.92 (25.8)	0.60 (23.2)	0.20 (8.0)	
Isle of Man	1995	1467	2001	1716	-0.36 (31.2)	-0.41 (6.7)	0.00 (3.4)	-0.19 (7.3)	1.73 (41.1)	-1.00 (35.5)	1.62 (28.6)	
Italy Cosenza	1994	1068	2002	925	-0.38 (4.1)	-0.14 (0.3)	0.00 (0.0)	-0.18 (0.9)	-1.09 (6.1)	0.69 (27.9)	-0.38 (5.0)	
Emilia-Romagna	1994	3961	2002	1347	-0.29 (8.1)	-0.08 (1.9)	-0.06 (0.1)	0.02 (2.2)	-0.16 (15.8)	1.89 (36.6)	-0.07 (9.6)	
Empoli	1994	1046	2002	1229	-0.73 (7.6)	-0.19 (0.8)	-0.09 (0.1)	-0.16 (1.2)	-0.56 (13.1)	1.45 (40.2)	-0.40 (8.9)	
Firenze	1994	1171	2002	1383	-0.22 (8.7)	-0.06 (2.1)	-0.11 (0.1)	-0.06 (2.1)	-0.07 (15.2)	2.52 (41.5)	0.32 (12.1)	
Milano	1994	3373	2002	1410	-0.21 (8.9)	0.01 (2.3)	-0.05 (0.3)	0.13 (3.5)	-0.31 (15.5)	1.24 (37.2)	0.33 (13.3)	
Roma	1994	3323	2002	1325	0.20 (11.4)	0.08 (2.6)	-0.01 (0.3)	0.09 (3.2)	0.12 (15.3)	1.10 (31.8)	0.44 (14.9)	
Siena	1994	1181	2002	1082	-0.30 (10.5)	-0.15 (1.8)	-0.11 (0.3)	-0.10 (2.1)	-0.50 (16.8)	1.41 (37.7)	0.05 (11.4)	
Torino	1994	1242	2002	1180	0.29 (10.9)	0.09 (3.0)	-0.01 (0.6)	0.26 (5.0)	-0.34 (16.0)	1.74 (37.2)	0.55 (13.8)	
Trento	1995	4426	2002	1311	-0.26 (4.1)	-0.10 (0.6)	-0.05 (0.0)	-0.11 (0.5)	-0.27 (7.6)	0.23 (19.1)	0.37 (10.1)	
Portugal Funchal	1995	3531	2002	3161	-0.23 (9.0)	-0.12 (1.9)	-0.05 (1.5)	-0.01 (2.7)	0.66 (21.2)	2.05 (34.1)	0.29 (15.2)	
Lisbon	1993	3030	2002	3024	0.40 (14.6)	0.07 (3.5)	0.08 (2.1)	0.13 (3.5)	1.20 (24.8)	1.99 (35.4)	0.37 (15.6)	
Portimao	1994	1058	2002	1109	0.20 (9.7)	0.02 (2.2)	0.05 (1.8)	0.02 (2.1)	0.42 (18.2)	1.67 (31.4)	0.27 (12.4)	
Porto	1995	3131	2002	3336	0.82 (13.1)	0.13 (2.6)	0.08 (1.5)	0.18 (2.8)	1.50 (21.0)	2.83 (32.9)	0.54 (15.1)	
Rep. of Ireland Rep. of Ireland	1995	3147	2003	3089	-0.30 (26.7)	-0.29 (5.7)	-0.03 (2.4)	-0.11 (5.1)	-0.48 (21.4)	0.46 (37.6)	0.79 (21.5)	
Spain Barcelona	1993	3031	2002	3066	-0.59 (9.0)	-0.12 (2.3)	-0.06 (0.8)	-0.12 (1.6)	-0.55 (13.4)	-0.02 (20.4)	0.13 (12.3)	
Bilbao	1994	3211	2001	3401	0.26 (13.7)	0.01 (4.3)	-0.09 (0.8)	0.07 (3.5)	0.35 (22.2)	-0.72 (20.5)	0.79 (21.8)	
Cartagena	1993	3017	2002	3998	0.01 (10.7)	-0.08 (2.7)	-0.08 (1.1)	-0.11 (1.9)	0.02 (15.1)	0.78 (27.4)	0.14 (11.8)	
Castellón	1994	3094	2002	4024	0.00 (7.1)	0.01 (1.8)	0.02 (0.6)	0.02 (1.3)	-0.15 (11.6)	-0.11 (21.4)	0.15 (9.0)	

Centre	12 Month Prevalence											
	Phase One		Phase Three		Wheeze % change per year (Phase Three prevalence %)	≥4 Attacks % change per year (Phase Three prevalence %)	Wheeze disturbs Sleep % change per year (Phase Three prevalence %)	Severe wheeze limiting speech % change per year (Phase Three prevalence %)	Exercise Wheeze % change per year (Phase Three prevalence %)	Night Cough % change per year (Phase Three prevalence %)	Ever had Asthma % change per year (Phase Three prevalence %)	
	Year	N	Year	N								
Madrid	1997	3221	2002	2652	0.49 (10.1)	0.35 (3.9)	0.05 (1.5)	0.24 (2.7)	1.42 (16.9)	-0.23 (17.3)	0.93 (14.3)	
Pamplona	1994	3040	2001	2932	0.36 (8.0)	0.15 (2.8)	0.03 (0.7)	0.05 (1.4)	-0.13 (11.3)	0.75 (22.9)	0.31 (10.9)	
Valencia	1994	3174	2002	3132	-0.09 (10.3)	0.04 (2.9)	0.00 (1.1)	-0.06 (2.3)	-0.09 (16.4)	-0.25 (19.3)	0.17 (13.5)	
Valladolid	1994	3177	2002	2944	0.25 (8.2)	0.16 (2.8)	0.04 (0.8)	0.04 (1.8)	0.21 (14.8)	0.62 (27.9)	0.76 (12.4)	
United Kingdom												
North Thames	1995	2220	2002	2356	-0.55 (26.6)	-0.22 (5.9)	-0.08 (2.7)	-0.28 (5.8)	-0.40 (23.1)	-0.41 (44.3)	0.90 (24.5)	
Scotland	1995	4444	2002	4662	-1.28 (27.8)	-0.74 (6.4)	-0.14 (3.7)	-0.48 (6.6)	-1.34 (22.1)	-0.56 (38.5)	0.44 (24.5)	
South Thames	1995	2297	2002	2432	-0.74 (26.2)	-0.50 (6.2)	-0.03 (3.2)	-0.13 (7.9)	-0.87 (20.7)	-0.11 (44.7)	0.72 (25.5)	
Sunderland	1995	2092	2001	2193	-0.65 (16.1)	-0.15 (5.2)	-0.07 (2.0)	-0.27 (3.4)	-1.11 (17.6)	-0.33 (19.1)	0.59 (25.8)	
Surrey/Sussex	1992	2114	2002	5082	-0.41 (22.7)	-0.36 (5.1)	-0.05 (1.8)	-0.16 (5.4)	-0.47 (33.9)	0.20 (28.6)	0.54 (24.3)	
Wales	1995	2351	2002	2501	-0.87 (27.5)	-0.40 (6.2)	0.00 (3.7)	-0.39 (6.3)	1.20 (38.1)	-0.56 (39.6)	0.76 (27.1)	
Region Total		85,969		82,844	-0.07 (15.2)	-0.05 (3.7)	-0.02 (1.6)	-0.02 (3.8)	0.03 (20.3)	0.64 (29.3)	0.33 (16.3)	
GLOBAL TOTAL		323,014		304,679	0.06 (13.7)	-0.02 (3.3)	-0.01 (1.8)	-0.01 (3.7)	0.15 (19.2)	0.51 (25.8)	0.28 (13.8)	

Webtable 2: Changes in the prevalence of self-reported asthma symptoms (video questionnaire) between Phase One and Phase Three in the 13-14 year age-group: % change in symptom prevalence per year (and Phase Three symptom prevalence %)

Centre	Phase One		Phase Three		Current Wheeze	Exercise Wheeze	Night wheeze % change per year (Phase Three prevalence %)	Night cough % change per year (Phase Three prevalence %)	Severe Wheeze % change per year (Phase Three prevalence %)
	Year	N	Year	N	% change per year (Phase Three prevalence %)	% change per year (Phase Three prevalence %)			
Africa									
Kenya									
Nairobi	1995	3224	2001	3023	-1.34 (10.8)	-1.25 (16.9)	-0.65 (7.8)	-1.31 (23.4)	-1.00 (7.1)
Morocco									
Casablanca	1995	3182	2001	1771	0.39 (12.9)	0.65 (16.9)	0.29 (7.2)	0.53 (17.6)	0.45 (11.0)
Marrakech	1995	2899	2002	1687	0.43 (8.7)	0.37 (10.3)	0.32 (4.7)	0.87 (16.7)	0.53 (7.5)
South Africa									
Cape Town	1995	5160	2002	4986	0.67 (11.2)	0.34 (13.9)	0.21 (5.3)	1.09 (19.2)	0.28 (7.0)
Region Total		14,465		11,467	0.33 (11.0)	0.23 (14.6)	0.16 (6.2)	0.67 (19.7)	0.29 (7.7)
Asia-Pacific									
China									
Beijing	1994	4164	2001	3523	-0.03 (3.1)	0.22 (6.2)	0.03 (0.9)	-0.08 (6.3)	0.04 (1.6)
Guangzhou	1994	3854	2001	3514	0.27 (3.8)	0.62 (11.3)	0.01 (0.8)	0.00 (5.4)	0.06 (1.6)
Hong Kong									
Hong Kong	1995	4660	2002	3321	-0.56 (6.2)	-1.27 (6.4)	-0.30 (1.7)	-0.40 (21.8)	-0.19 (5.6)
Malaysia									
Alor Setar	1995	3295	2002	2916	-0.12 (4.5)	0.06 (9.1)	-0.04 (1.8)	0.08 (9.2)	0.13 (3.7)
Klang Valley	1995	5956	2001	3025	0.10 (7.5)	1.11 (16.3)	0.08 (3.2)	0.62 (12.8)	0.11 (4.4)
Kota Bharu	1995	3001	2001	2989	-0.19 (2.8)	0.29 (8.8)	0.00 (1.7)	0.51 (8.3)	0.14 (3.0)
Philippines									
Metro Manilla	1994	3205	2001	3658	0.54 (13.4)	0.58 (16.6)	0.04 (4.1)	0.58 (18.6)	0.20 (6.3)
Singapore									
Singapore	1994	4188	2001	3631	0.22 (11.4)	0.68 (12.9)	0.08 (3.7)	0.84 (14.9)	0.40 (7.8)
South Korea									
Provincial Korea	1995	6957	2000	7224	0.55 (5.8)	1.20 (12.0)	0.17 (1.3)	0.73 (6.9)	0.20 (2.6)
Seoul	1995	2957	2000	2870	-0.03 (5.0)	0.35 (10.0)	0.11 (1.2)	0.11 (6.4)	0.03 (2.8)
Taiwan									
Taipei	1995	3814	2001	6378	0.38 (6.7)	0.52 (8.9)	0.04 (1.9)	0.31 (5.3)	-0.01 (2.7)
Thailand									
Bangkok	1995	3704	2001	4648	0.59 (11.5)	0.26 (14.2)	0.00 (2.7)	0.45 (17.1)	-0.17 (3.5)
Chiang Mai	1995	3924	2001	3499	-0.19 (4.8)	-0.57 (4.2)	0.00 (1.7)	-0.41 (7.7)	-0.36 (0.9)
Region Total		53,679		51,196	0.11 (6.8)	0.25 (10.7)	0.02 (2.0)	0.30 (10.4)	0.05 (3.5)
Eastern Mediterranean									
Iran									
Rasht	1995	3174	2002	2991	0.06 (3.5)	0.15 (7.2)	-0.02 (0.9)	-0.07 (5.5)	0.07 (2.5)
Kuwait									
Kuwait	1995	1028	2001	2882	-0.83 (8.4)	-0.18 (13.6)	-0.78 (4.8)	1.02 (15.9)	-0.67 (5.1)
Pakistan									
Karachi	1995	1829	2001	2978	-0.15 (7.1)	-0.07 (5.9)	0.08 (3.5)	-0.13 (5.3)	-0.42 (1.9)
Region Total		6,031		8,851	-0.05 (6.3)	0.06 (8.8)	-0.03 (3.1)	0.08 (8.8)	-0.04 (3.2)
Indian subcontinent									
India									
Chandigarh	1995	3086	2001	2317	-0.06 (2.5)	-0.19 (3.8)	0.26 (4.1)	0.15 (3.9)	0.00 (1.9)
Chennai (Madras) (3)	1995	3037	2002	1717	0.17 (3.8)	-0.35 (4.2)	0.12 (2.5)	-0.29 (2.7)	-0.05 (1.6)
Jodhpur	1994	1049	2003	2098	1.74 (21.4)	-0.39 (4.9)	0.71 (10.4)	0.47 (9.7)	0.17 (6.0)
New Delhi (7)	1995	2817	2001	3469	-0.29 (5.3)	-0.79 (4.4)	-0.50 (4.5)	-0.62 (4.2)	-0.57 (2.8)
Pune	1994	2573	2001	1951	0.55 (4.5)	0.80 (7.0)	0.31 (2.8)	0.41 (3.8)	0.32 (3.1)
Region Total		12,562		11,552	0.32 (7.3)	0.15 (4.8)	0.30 (4.9)	0.18 (4.8)	0.00 (3.1)
Latin America									
Argentina									
Córdoba	1997	2948	2002	3438	0.00 (8.1)	-0.39 (7.3)	-0.05 (2.5)	0.67 (16.7)	-0.05 (5.5)
Chile									
Punta Arenas	1994	2821	2001	3043	0.54 (13.3)	0.81 (17.1)	0.19 (3.9)	1.42 (24.7)	0.27 (6.0)
South Santiago	1995	3049	2001	3016	-0.06 (12.7)	-0.45 (14.2)	-0.03 (4.2)	1.20 (23.4)	0.16 (5.5)

Centre	Phase One		Phase Three		Current Wheeze % change per year (Phase Three prevalence %)	Exercise Wheeze % change per year (Phase Three prevalence %)	Night wheeze % change per year (Phase Three prevalence %)	Night cough % change per year (Phase Three prevalence %)	Severe Wheeze % change per year (Phase Three prevalence %)
	Year	N	Year	N					
Paraguay									
Asunción	1997	2966	2002	3000	0.10 (10.6)	-0.51 (12.0)	-0.01 (5.2)	1.06 (18.1)	0.04 (6.3)
Peru									
Lima	1995	3150	2001	2927	-0.45 (15.8)	-0.18 (20.3)	0.09 (6.9)	0.36 (18.9)	0.01 (8.3)
Uruguay									
Montevideo	1994	3069	2002	3175	-0.42 (11.6)	-0.30 (15.1)	-0.15 (4.7)	0.38 (22.3)	-0.42 (7.6)
Region Total		18,003		18,599	-0.04 (11.9)	-0.10 (14.2)	0.00 (4.5)	0.74 (20.6)	0.01 (6.5)
North America									
Barbados									
Barbados	1996	3533	2001	2498	0.18 (13.9)	0.20 (22.0)	0.35 (12.9)	-0.17 (15.9)	-0.38 (7.4)
USA									
Seattle	1995	2140	2003	2397	-0.54 (8.7)	-0.92 (15.1)	-0.14 (3.5)	0.75 (19.5)	-0.45 (7.0)
Region Total		5,673		4,895	-0.26 (11.3)	-0.80 (18.6)	-0.11 (8.3)	0.62 (17.7)	-0.44 (7.2)
Northern and Eastern Europe									
Albania									
Tiranë	1995	2362	2001	2924	0.09 (1.6)	0.50 (4.3)	0.46 (3.1)	0.29 (3.3)	0.17 (1.6)
Estonia									
Tallinn	1994	3400	2001	3258	0.02 (2.2)	0.18 (6.8)	0.03 (1.4)	0.14 (7.1)	0.08 (1.5)
Finland									
Kuopio County	1994	2875	2001	3049	-0.06 (3.3)	-0.07 (7.1)	0.00 (0.9)	-0.06 (10.7)	-0.09 (1.9)
Latvia									
Riga	1994	2847	2004	1276	0.18 (3.1)	0.10 (4.2)	0.04 (1.1)	0.34 (6.7)	0.10 (1.6)
Sweden									
Linköping	1994	2486	2002	2660	-0.17 (3.7)	-0.40 (8.3)	0.01 (1.0)	0.23 (9.3)	-0.06 (2.0)
Region Total		13,970		13,167	0.03 (2.7)	0.15 (6.3)	0.02 (1.6)	0.23 (7.5)	0.06 (1.7)
Oceania									
New Zealand									
Auckland	1993	3201	2001	2869	-0.64 (11.2)	-1.56 (15.9)	-0.79 (5.1)	-0.09 (20.0)	-0.63 (6.3)
Bay of Plenty	1993	2810	2002	1902	-0.57 (13.4)	-1.66 (13.5)	-0.53 (6.7)	-0.88 (17.2)	-0.50 (8.3)
Christchurch	1993	3167	2003	3094	-0.86 (8.8)	-1.60 (16.2)	-0.67 (4.6)	-0.46 (17.9)	-0.61 (7.1)
Nelson	1993	1826	2003	2295	-0.76 (11.5)	-1.64 (15.9)	-0.65 (3.9)	-0.49 (18.4)	-0.23 (9.4)
Wellington	1993	4404	2001	3045	-0.93 (12.1)	-1.75 (17.1)	-0.86 (5.4)	-0.08 (22.5)	-1.01 (6.8)
Region Total		15,408		13,205	-0.76 (11.2)	-1.64 (15.9)	-0.73 (5.1)	-0.32 (19.4)	-0.56 (7.4)
Western Europe									
Austria									
Urfahr-Umgebung	1995	1502	2003	1424	0.26 (8.6)	0.00 (15.6)	0.02 (3.8)	0.24 (10.1)	0.21 (4.6)
Germany									
Münster	1994	3996	1999	4130	0.23 (6.8)	0.25 (17.7)	0.19 (4.7)	0.75 (14.4)	0.12 (4.7)
Portugal									
Funchal	1995	3406	2002	2961	0.15 (7.3)	0.28 (16.3)	0.17 (4.4)	0.93 (16.6)	-0.06 (4.6)
Spain									
Barcelona	1993	2984	2002	3062	-0.17 (5.9)	-1.43 (9.0)	-0.28 (2.2)	0.81 (23.6)	-0.01 (4.0)
Bilbao	1994	3166	2001	3401	0.16 (10.9)	-1.65 (16.1)	-0.15 (5.0)	-0.69 (11.9)	0.20 (6.6)
Cartagena	1993	3013	2002	3991	-0.27 (5.3)	-1.11 (12.9)	-0.23 (2.1)	0.01 (12.9)	-0.13 (2.5)
Castellón	1994	3089	2002	4021	0.11 (6.7)	-1.29 (8.6)	-0.24 (2.0)	-0.24 (16.8)	0.07 (3.2)
Madrid	1997	3221	2002	2651	0.34 (7.8)	-1.39 (10.7)	-0.11 (2.4)	-0.42 (10.1)	0.43 (4.5)
Pamplona	1994	3040	2001	2922	0.11 (7.7)	-1.54 (13.8)	-0.16 (2.7)	0.32 (18.0)	0.16 (4.5)
Valencia	1994	3135	2002	3078	-0.32 (7.1)	-3.11 (10.6)	-0.31 (2.6)	-0.23 (16.1)	-0.03 (4.0)
Valladolid	1994	3170	2002	2940	0.18 (7.7)	-1.83 (14.3)	-0.26 (1.8)	0.78 (23.3)	0.30 (5.7)
Region Total		33,722		34,581	0.00 (7.3)	-1.24 (13.2)	-0.18 (3.1)	0.23 (16.0)	0.07 (4.4)
GLOBAL TOTAL	173,513		167,513		0.00 (7.9)	-0.21 (11.6)	-0.04 (3.4)	0.25 (13.6)	0.02 (4.5)

Webtable 3: Changes in the prevalence of parental-reported asthma symptoms (written questionnaire) between Phase One and Phase Three in the 6-7 year age-group: % change in symptom prevalence per year (and Phase Three symptom prevalence %)

Centre	12 Month Prevalence											
	Phase One		Phase Three		Wheeze % change per year (Phase Three prevalence %)	≥4 Attacks % change per year (Phase Three prevalence %)	Wheeze disturbs Sleep % change per year (Phase Three prevalence %)	Severe wheeze limiting speech % change per year (Phase Three prevalence %)	Exercise Wheeze % change per year (Phase Three prevalence %)	Night Cough % change per year (Phase Three prevalence %)	Ever had Asthma % change per year (Phase Three prevalence %)	
	Year	N	Year	N								
Africa												
Nigeria Ibadan	1995	1696	2002	2396	0.10 (5.6)	0.02 (2.8)	0.04 (2.3)	0.14 (4.8)	-0.18 (5.4)	-0.18 (8.0)	-0.01 (3.3)	
Region Total		1,696		2,396	0.10 (5.6)	0.02 (2.8)	0.04 (2.3)	0.14 (4.8)	-0.18 (5.4)	-0.18 (8.0)	-0.01 (3.3)	
Asia-Pacific												
Hong Kong Hong Kong	1995	3618	2001	4448	0.03 (9.4)	-0.01 (2.2)	0.01 (0.4)	0.00 (1.1)	0.14 (7.7)	0.73 (26.0)	0.04 (7.9)	
Indonesia Bandung	1996	1371	2002	2503	-0.22 (2.8)	-0.03 (0.6)	-0.06 (0.4)	-0.03 (0.6)	-0.10 (2.5)	2.00 (21.2)	-0.33 (4.8)	
Japan Fukuoka	1994	2896	2002	2958	0.10 (18.2)	-0.48 (1.6)	-0.01 (1.1)	-0.02 (1.6)	-0.01 (5.2)	0.45 (13.1)	0.59 (23.0)	
Malaysia Alor Setar	1995	2978	2002	3786	-0.07 (5.7)	-0.09 (1.0)	-0.07 (0.3)	-0.07 (0.9)	-0.25 (2.9)	0.46 (19.0)	-0.52 (9.8)	
Klang Valley	1995	3109	2001	3044	-0.07 (7.4)	-0.11 (1.4)	-0.04 (0.4)	-0.01 (1.3)	-0.10 (4.2)	0.58 (21.4)	0.13 (11.9)	
Kota Bharu	1995	3819	2001	3110	-0.21 (4.3)	-0.08 (0.6)	-0.05 (0.1)	-0.02 (0.9)	-0.05 (3.7)	-0.55 (17.7)	0.14 (11.2)	
Singapore Singapore	1994	2353	2001	5389	-0.80 (10.2)	-0.28 (1.6)	-0.13 (0.9)	-0.15 (0.9)	-0.52 (4.5)	0.53 (18.7)	-0.42 (15.5)	
South Korea Provincial Korea	1995	5527	2000	4258	-1.38 (5.6)	-0.07 (1.5)	-0.03 (0.4)	-0.12 (1.4)	-0.12 (3.9)	0.03 (17.6)	0.17 (9.1)	
Seoul	1995	2582	2000	1760	-1.71 (6.5)	0.04 (1.6)	-0.07 (0.2)	-0.22 (0.9)	0.05 (4.4)	0.51 (19.8)	0.18 (9.9)	
Taiwan Taipei	1994	4806	2001	4832	0.04 (9.8)	-0.17 (1.7)	-0.06 (0.4)	-0.08 (0.7)	-0.16 (4.8)	0.59 (21.1)	0.24 (14.4)	
Thailand Bangkok	1995	3629	2001	4209	0.68 (15.0)	0.13 (4.3)	0.07 (1.3)	0.16 (2.6)	0.10 (5.7)	1.36 (31.0)	0.24 (10.7)	
Chiang Mai	1995	3828	2001	3106	0.38 (7.8)	0.10 (2.1)	0.00 (0.7)	0.12 (1.6)	0.06 (3.2)	0.39 (16.5)	0.32 (6.1)	
Region Total		40,516		43403	-0.06 (8.9)	-0.09 (1.8)	-0.04 (0.6)	-0.04 (1.2)	-0.10 (4.5)	0.47 (20.6)	0.12 (11.4)	
Eastern Mediterranean												
Iran Rasht	1995	3013	2001	3057	1.67 (15.3)	0.36 (3.2)	0.17 (2.0)	0.22 (2.4)	0.41 (4.3)	0.69 (9.9)	0.48 (7.0)	
Tehran	1995	2456	2001	3008	0.51 (8.6)	0.08 (1.4)	0.14 (1.6)	0.11 (1.5)	0.09 (2.3)	0.20 (7.2)	0.08 (2.1)	
Malta Malta	1994	3493	2001	3795	0.86 (14.9)	0.10 (2.4)	0.09 (2.1)	-0.01 (1.1)	0.26 (5.9)	0.76 (24.4)	1.06 (14.9)	
Oman Al-Khod	1995	3891	2001	4130	0.21 (8.4)	-0.06 (2.2)	-0.03 (3.3)	-0.12 (2.5)	-0.09 (6.4)	-0.27 (18.0)	0.02 (10.6)	
Region Total		12,853		13,990	0.79 (11.7)	0.10 (2.3)	0.10 (2.3)	0.04 (1.9)	0.19 (4.9)	0.36 (15.7)	0.28 (9.1)	
Indian Sub-Continent												
India Jodhpur	1994	1104	2003	2114	-0.12 (2.4)	-0.08 (0.6)	-0.09 (0.1)	-0.10 (0.5)	-0.14 (1.6)	-0.39 (10.1)	-0.12 (3.0)	
Kottayam	1995	2156	2002	2619	-0.23 (23.0)	-0.18 (3.4)	-0.18 (2.6)	0.04 (7.8)	-0.06 (12.9)	-0.80 (21.4)	-0.40 (11.6)	
Mumbai (16) (Bombay)	1995	3967	2003	2865	-0.15 (2.5)	-0.15 (0.1)	-0.12 (0.0)	-0.17 (0.2)	-0.06 (2.5)	-0.15 (11.4)	-0.11 (2.9)	
Mumbai (18) (Bombay)	1994	3568	2002	4862	0.36 (4.7)	0.00 (0.6)	-0.03 (0.4)	0.02 (0.9)	0.09 (2.5)	0.73 (14.1)	0.18 (3.8)	
New Delhi (7)	1995	2938	2002	3706	-0.12 (6.0)	-0.07 (0.9)	-0.02 (0.6)	0.07 (2.1)	-0.14 (3.0)	-1.08 (7.0)	0.43 (6.8)	
Pune	1995	3248	2001	2711	0.28 (4.0)			-0.22 (0.0)	0.09 (3.1)	0.38 (11.8)	-0.14 (3.4)	
Region Total		16,981		18,877	0.06 (6.8)	-0.07 (1.0)	-0.06 (0.7)	-0.09 (1.8)	-0.04 (4.0)	-0.17 (12.5)	-0.05 (5.2)	
Latin America												
Brazil São Paulo	1995	3005	2002	3047	0.44 (24.4)	0.13 (5.1)	0.42 (6.7)	0.35 (4.8)	-0.04 (5.2)	0.33 (36.5)	0.03 (6.3)	
Chile Punta Arenas	1994	3060	2001	3052	0.06 (17.5)	0.18 (3.3)	0.00 (2.5)	-0.01 (2.5)	-0.12 (9.2)	0.68 (34.2)	-0.36 (7.9)	
South Santiago	1994	3182	2001	3075	-0.31 (14.7)	-0.06 (2.2)	-0.08 (3.2)	-0.17 (2.4)	0.11 (10.0)	1.49 (34.5)	-0.31 (8.4)	

Centre	12 Month Prevalence											
	Phase One		Phase Three		Wheeze % change per year (Phase Three prevalence %)	≥4 Attacks % change per year (Phase Three prevalence %)	Wheeze disturbs Sleep % change per year (Phase Three prevalence %)	Severe wheeze limiting speech % change per year (Phase Three prevalence %)	Exercise Wheeze % change per year (Phase Three prevalence %)	Night Cough % change per year (Phase Three prevalence %)	Ever had Asthma % change per year (Phase Three prevalence %)	
	Year	N	Year	N								
Valdivia Costa Rica	1994	3138	2001	3183	0.12 (21.4)	-0.02 (4.4)	-0.21 (3.2)	-0.01 (3.3)	-0.10 (14.5)	1.71 (36.6)	-0.11 (15.7)	
Costa Rica Mexico Cuernavaca Panama David	1994	2942	2002	3234	0.69 (37.6)	0.59 (12.1)	-0.18 (3.5)	0.44 (14.9)	0.12 (17.1)	-0.16 (37.0)	0.12 (27.9)	
Region Total	1995	3097	2002	2579	-0.03 (8.4)	0.04 (1.6)	-0.04 (1.3)	-0.21 (1.1)	-0.10 (3.2)	-0.11 (19.0)	-0.21 (3.5)	
North America												
Barbados Barbados Canada Saskatoon	1995	3289	2001	2759	0.11 (19.5)	0.02 (3.9)	0.03 (3.4)	-0.01 (2.7)	0.23 (7.5)	0.23 (11.9)	0.54 (20.5)	
Region Total	1994	2418	2003	1255	0.47 (18.2)	0.00 (4.5)	0.05 (2.2)	0.07 (3.3)	0.20 (9.9)	0.51 (26.1)	0.86 (19.0)	
5,707	4,014	0.32 (19.1)	0.01 (4.1)	0.04 (3.0)	0.04 (2.9)	0.22 (8.3)	0.34 (16.3)	0.74 (20.0)				
Northern and Eastern Europe												
Albania Tiranë Estonia Tallinn Georgia Kutaisi Lithuania Kaunas Poland Krakow Poznan	1995	2981	2000	2896	-0.53 (5.0)	0.03 (1.2)	-0.08 (0.9)	-0.22 (1.3)	-0.37 (3.0)	-0.28 (7.9)	-0.09 (2.6)	
Georgia Kutaisi Lithuania Kaunas Poland Krakow Poznan	1994	3070	2001	2385	0.05 (9.6)	0.08 (2.0)	-0.01 (0.7)	0.01 (0.8)	0.05 (2.0)	0.26 (13.5)	0.39 (4.1)	
Russia Novosibirsk Sweden Linköping Ukraine Kharkiv	1996	3356	2003	2666	-0.34 (6.9)	-0.16 (0.9)	-0.07 (0.8)	0.14 (2.5)	-0.34 (2.1)	-0.06 (8.3)	-0.18 (3.3)	
Region Total	1995	1878	2002	2772	0.28 (6.6)	0.07 (1.2)	-0.03 (0.4)	-0.02 (0.6)	0.21 (3.2)	0.80 (8.8)	0.24 (2.6)	
2264	2710	2001	2497	0.02 (14.5)	0.10 (4.4)	0.01 (2.2)	0.04 (2.7)	0.44 (7.5)	0.07 (25.6)	0.29 (5.8)		
0.54 (12.5)	0.32 (4.9)	0.21 (2.7)	0.09 (2.5)	0.39 (6.1)	1.34 (23.7)	0.57 (5.9)						
Novosibirsk	1996	3637	2002	2730	0.05 (11.4)	-0.02 (1.9)	-0.03 (1.5)	0.02 (1.0)	-0.36 (3.5)	-0.34 (8.1)	0.16 (2.5)	
Sweden												
Ukraine Kharkiv	1994	1329	2002	2089	-0.01 (10.2)	0.04 (3.3)	0.00 (1.1)	0.00 (1.0)	-0.09 (5.3)	-0.11 (11.9)	0.29 (9.3)	
Region Total	1998	2971	2002	1950	0.07 (12.5)	0.03 (2.5)	-0.02 (1.3)	0.07 (1.7)	1.46 (10.4)	0.45 (13.7)	0.33 (6.8)	
24,196	21,984	0.05 (9.6)	0.04 (2.3)	0.00 (1.2)	0.02 (1.5)	0.06 (4.5)	0.33 (13.0)	0.23 (4.5)				
Oceania												
Australia Melbourne	1993	2840	2002	2968	-0.80 (20.0)	-0.32 (6.2)	-0.03 (2.3)	-0.10 (3.2)	-0.42 (12.0)	-0.43 (28.3)	-0.35 (25.5)	
New Zealand Auckland Bay of Plenty Christchurch Nelson	1993	3526	2002	3541	-0.02 (22.4)	-0.05 (7.4)	0.01 (3.8)	-0.17 (3.8)	0.07 (15.4)	0.20 (29.3)	0.50 (28.3)	
Region Total	1993	2681	2002	2150	-0.04 (23.7)	-0.15 (6.8)	0.03 (3.8)	-0.04 (4.4)	0.14 (17.1)	0.01 (29.0)	0.50 (30.2)	
3318	2003	3315	-0.49 (22.3)	-0.24 (7.8)	-0.13 (2.6)	-0.14 (3.6)	-0.24 (16.8)	-0.29 (29.2)	0.53 (33.6)			
1868	2003	1867	0.15 (20.2)	-0.07 (6.4)	0.01 (2.4)	-0.15 (3.1)	0.11 (14.2)	0.33 (24.4)	1.01 (27.7)			
14,233	13,841	-0.21 (21.8)	-0.16 (7.0)	-0.04 (3.0)	-0.12 (3.6)	-0.08 (15.1)	-0.08 (28.4)	0.42 (29.2)				
Western Europe												
Austria Kärnten Urfahr-Umgebung	1995	5264	2002	4847	-0.05 (7.5)	-0.08 (1.2)	0.00 (0.9)	-0.05 (1.1)	-0.06 (4.1)	0.25 (13.1)	0.11 (4.1)	
Region Total	1995	2129	2002	2029	-0.05 (7.3)	0.11 (2.0)	0.07 (1.1)	0.03 (1.3)	0.03 (4.7)	0.08 (11.0)	0.18 (4.6)	
6533	2002	5645	0.02 (7.5)	-0.02 (1.9)	-0.04 (1.0)	-0.03 (1.0)	0.00 (3.6)	0.43 (17.8)	0.26 (6.0)			
Germany Münster Italy Emilia-Romagna Empoli Firenze Milano Roma Torino Portugal	1994	3739	1999	3830	0.65 (12.8)	0.17 (3.1)	-0.05 (1.8)	0.07 (2.5)	0.15 (6.8)	0.51 (16.1)	0.11 (4.6)	
Region Total	1994	4472	2002	2265	0.19 (8.9)	0.03 (1.6)	-0.08 (0.1)	0.02 (1.3)	0.06 (2.0)	0.96 (23.8)	0.18 (8.3)	
1434	2002	1152	0.13 (9.7)	0.08 (1.4)	-0.04 (0.2)	0.10 (1.6)	0.10 (1.8)	0.79 (25.5)	-0.05 (7.4)			
1138	2002	1036	-0.17 (8.6)	-0.04 (1.6)	-0.13 (0.0)	-0.01 (1.3)	-0.13 (1.5)	0.91 (27.0)	-0.05 (8.4)			
3616	2002	2249	0.08 (7.6)	-0.02 (1.3)	-0.06 (0.2)	0.00 (1.3)	0.02 (2.4)	0.81 (29.2)	0.05 (9.6)			
4027	2002	2224	0.16 (8.4)	0.00 (1.4)	-0.05 (0.2)	0.03 (1.3)	0.07 (2.3)	0.86 (25.0)	0.11 (11.2)			
1429	2002	2361	-0.13 (5.4)	-0.02 (1.1)			0.01 (1.5)	0.02 (1.6)	1.05 (26.1)	0.02 (7.8)		

Centre	12 Month Prevalence												
	Phase One		Phase Three		Wheeze % change per year (Phase Three prevalence)	≥4 Attacks % change per year (Phase Three prevalence)	Wheeze disturbs Sleep % change per year (Phase Three prevalence)	Severe wheeze limiting speech % change per year (Phase Three prevalence)	Exercise Wheeze % change per year (Phase Three prevalence)	Night Cough % change per year (Phase Three prevalence)	Ever had Asthma % change per year (Phase Three prevalence)		
	Year	N	Year	N									
Funchal	1995	1797	2002	1819	-0.54 (11.0)	-0.44 (2.1)	-0.13 (4.1)	-0.55 (3.3)	-0.63 (7.0)	-0.29 (32.9)	-0.46 (14.2)		
Lisbon	1995	2143	2002	2477	0.15 (14.2)	-0.02 (3.4)	0.07 (3.4)	-0.02 (2.9)	0.06 (7.1)	0.91 (32.7)	-0.07 (7.8)		
Portimao	1994	1189	2001	1069	0.31 (13.2)	0.06 (2.5)	0.26 (3.6)	-0.15 (2.1)	0.13 (5.5)	1.06 (29.4)	-0.19 (4.9)		
Spain													
Bilbao	1994	3019	2001	3157	0.61 (12.4)	0.10 (2.8)	0.06 (1.4)	0.04 (1.6)	0.27 (6.7)	0.69 (20.7)	1.53 (20.8)		
Cartagena	1993	3335	2002	2948	0.30 (11.1)	0.11 (2.6)	0.08 (2.2)	0.03 (1.8)	0.22 (5.1)	0.52 (20.8)	0.51 (10.8)		
Castellón	1994	3594	2002	3915	0.45 (8.3)	0.06 (1.5)	0.08 (1.4)	0.08 (1.4)	0.18 (3.5)	0.77 (14.6)	0.38 (7.3)		
Madrid	1997	2442	2002	2347	0.55 (9.4)	0.10 (2.2)	0.10 (1.8)	0.22 (2.3)	0.34 (5.4)	0.94 (21.6)	0.38 (9.9)		
Pamplona	1994	2996	2001	3176	0.51 (7.1)	0.14 (1.6)	0.08 (0.9)	0.10 (1.1)	0.38 (4.2)	1.17 (17.9)	0.77 (9.7)		
Valencia	1994	3940	2002	3398	0.39 (9.3)	0.03 (1.8)	0.09 (1.1)	0.11 (1.9)	0.09 (3.6)	0.69 (17.1)	0.28 (8.4)		
United Kingdom													
Sunderland	1996	1864	2001	1843	0.50 (20.9)	0.05 (7.0)	0.12 (6.2)	0.14 (4.0)	0.23 (14.6)	-0.19 (27.1)	0.78 (26.7)		
Region Total		60,100		53,787	0.20 (9.7)	0.03 (2.1)	-0.01 (1.5)	0.03 (1.7)	0.09 (4.6)	0.65 (20.7)	0.25 (9.1)		
GLOBAL TOTAL		197,749		193,404	0.13 (11.6)	-0.01 (2.7)	-0.02 (1.6)	-0.01 (2.1)	0.04 (6.0)	0.43 (20.4)	0.18 (10.8)		