Role of the renin-angiotensin system in ventilator-induced lung injury: an in vivo study in a rat model

Jih-Shuin Jerng, Yu-Chiao Hsu, Huey-Dong Wu, Hong-Zhen Pan, Hao-Chien Wang, Chia-Tung Shun, Chong-Jen Yu, Pan-Chyr Yang

**Background:** Injurious mechanical ventilation can cause a pro-inflammatory reaction in the lungs. Recent evidence suggests an association of the renin-angiotensin system (RAS) with lung inflammation. A study was undertaken to investigate the pathogenic role of the RAS in ventilator-induced lung injury (VILI) and to determine whether VILI can be attenuated by angiotensin converting enzyme (ACE) inhibition.

**Methods:** Male Sprague-Dawley rats were mechanically ventilated for 4 h with low (7 ml/kg) or high (40 ml/kg) tidal volumes; non-ventilated rats were used as controls. Lung injury and inflammation were measured by the lung injury score, protein leakage, myeloperoxidase activity, pro-inflammatory cytokine levels and nuclear factor (NF)-κB activity. Expression of the RAS components was also assessed. Some rats were pretreated with the ACE inhibitor captopril (10 mg/kg) for 3 days or received a concomitant infusion with losartan or PD123319 (type 1 or type 2 angiotensin II receptor antagonist) during mechanical ventilation to assess possible protective effects on VILI.

**Results:** In the high-volume group (n = 6) the lung injury score, bronchoalveolar lavage fluid protein concentration, pro-inflammatory cytokines and NF-κB activities were significantly increased compared with controls (n = 6). Lung tissue angiotensin II levels and mRNA levels of angiotensinogen and type 1 and type 2 angiotensin II receptors were also significantly increased in the high-volume group. Pretreatment with captopril or concomitant infusion with losartan or PD123319 in the high-volume group attenuated the lung injury and inflammation (n = 6 for each group).

**Conclusions:** The RAS is involved in the pathogenesis of ventilator-induced lung injury. ACE inhibitor or angiotensin receptor antagonists can attenuate VILI in this rat model.

**Abbreviations:** ACE, angiotensin converting enzyme; ACE2, angiotensin converting enzyme 2; AT1, AT2, types 1 and 2 angiotensin II receptors; BAL, bronchoalveolar lavage; JNK1, c-Jun N-terminal kinase 1; MIP-2, macrophage inflammatory protein; MPO, myeloperoxidase; MV, mechanical ventilation; NF-κB, nuclear factor-κB; PCNA, proliferating cell nuclear antigen; PEEP, positive end-expiratory pressure; RAS, renin-angiotensin system; RT-PCR, reverse transcription and polymerase chain reaction; TNFα, tumour necrosis factor α; VILI, ventilator-induced lung injury


**Correspondence to:** Professor P C Yang, Department of Internal Medicine, National Taiwan University Hospital, No 7 Chung-Shan South Road, Taipei 100, Taiwan; pcyang@ntu.edu.tw

**Authors’ affiliations**

See end of article for authors’ affiliations

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METHODS
Animal preparation, mechanical ventilation protocol and drug treatment
All experiments were performed after approval by the Institutional Animal Committee of the National Taiwan University College of Medicine.

Male Sprague-Dawley rats weighing 200–250 g were anaesthetised by intraperitoneal injection of urethane (1.3 g/kg). Tracheostomy was performed and the tracheostomy tube was then connected to a volume-controlled ventilator for small animals (New England Medical Instruments Inc, Medway, Massachusetts, USA). MV was applied using methods modified from the protocol described elsewhere. The animals were divided into the following three experimental groups: (1) non-ventilated controls; (2) treated with MV with a high tidal volume (40 ml/kg tidal volume, 3 cm H₂O of positive end-expiratory pressure (PEEP), 20 breaths/min, room air); (3) treated with MV with a low tidal volume (7 ml/kg tidal volume, 3 cm H₂O of PEEP, 100 breaths/min, room air). The control group only received the intraperitoneal injection of urethane. Mechanical ventilation was applied for 4 h and the peak airway pressure and mean arterial pressure were monitored throughout. Arterial blood gas analysis was performed using a portable analyser (i-STAT, Abbott Laboratory, Abbott Park, Illinois, USA) according to the manufacturer's protocol as described previously. The animals were killed and fixed with a mixture of 2% glutaraldehyde and 2% paraformaldehyde in 0.1 M caclate buffer, pH 7.4, for more than 24 h, dehydrated with a graded series of alcohol and then embedded in paraffin at 52°C. Sections were prepared and stained with haematoxylin and eosin for histological evaluation. Each lung section was scored for lung injury by a board-certified pathologist using previously published criteria. Briefly, the scoring items included: (1) alveolar capillary congestion; (2) haemorrhage; (3) infiltration or aggregation of neutrophils in the air space or the vessel wall; and (4) thickness of the alveolar wall/hyaline membrane formation. Each item was graded according to the following five-point scale: 0 = minimal (little) damage; 1 = mild damage; 2 = moderate damage; 3 = severe damage; and 4 = maximal damage. The mean sum of each field score was compared between the groups.

Myeloperoxidase assay
Myeloperoxidase (MPO) activity in the lung parenchyma, used as a marker enzyme for neutrophil infiltration into the lung, was assessed according to the methods described elsewhere.

Bronchoalveolar lavage fluid protein measurement
Bronchoalveolar lavage (BAL) fluid was performed as described previously. Total protein in the BAL fluid was determined using a commercial BCA Protein Assay Kit (Pierce, Rockford, Illinois, USA) according to the manufacturer's protocol as described previously.

Tissue RNA extraction and reverse transcription and polymerase chain reaction (RT-PCR)
Total RNA from the right lung of rats after 4 h after treatment was isolated using TRIzol reagent (Invitrogen, Carlsbad, California, USA). Tumour necrosis factor (TNF-α) and macrophage inflammatory protein (MIP)-2 mRNA levels in the lung tissue were examined by the reverse transcription and polymerase chain reaction (RT-PCR), as described elsewhere. The gene-specific oligonucleotide primers for TNF-α, MIP-2, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) have been described previously.

Real-time reverse transcription-polymerase chain reaction
Real-time RT-PCR to quantitatively measure mRNA levels for RAS components was performed in an ABI PRISM 7500 Sequence Detector (PE Applied Biosystems Inc). Oligonucleotide primers for rat angiotensinogen, ACE, angiotensin converting enzyme 2 (ACE2), and the AT1 and AT2 receptors were designed from the GenBank databases (NM 012544 and NM 134432; table 1) using Primer Express (PE Applied Biosystems Inc, Foster City, California, USA).

Measurement of lung tissue angiotensin II levels
An angiotensin ELA kit (Peninsula Laboratories, San Carlos, California, USA) was used to measure lung tissue angiotensin II levels according to the manufacturer's instructions, as described elsewhere.

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Table 1 Oligonucleotide used as primers for real-time RT-PCR

<table>
<thead>
<tr>
<th>Gene name</th>
<th>Oligonucleotide</th>
<th>Position</th>
<th>Amplicon</th>
</tr>
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<tbody>
<tr>
<td>Agt</td>
<td>Forward primer GTGGAGGTCTCTGTCCTCCA</td>
<td>1239–1258</td>
<td>108</td>
</tr>
<tr>
<td>Agt</td>
<td>Reverse primer GGTTGAAGATGCCGAAAATTC</td>
<td>1346–1325</td>
<td></td>
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<tr>
<td>Ace</td>
<td>Forward primer CGGTTTCTATGAGGCTATTGGA</td>
<td>3080–3101</td>
<td>102</td>
</tr>
<tr>
<td>Ace</td>
<td>Reverse primer TCCTGACCTGCTCCACTAC</td>
<td>3181–3162</td>
<td></td>
</tr>
<tr>
<td>Ace2</td>
<td>Forward primer ACCCTCTCTACAGCCCTACTG</td>
<td>755–778</td>
<td>74</td>
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<tr>
<td>Ace2</td>
<td>Reverse primer TGCCAAACCTACCACCCACATAT</td>
<td>826–806</td>
<td></td>
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<tr>
<td>Agrp1</td>
<td>Forward primer GAAGCCAGAGACATTG</td>
<td>1260–1279</td>
<td>101</td>
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<td>Agrp1</td>
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<tr>
<td>Agrp2</td>
<td>Forward primer GCCAACATTATATTCGAGATG</td>
<td>528–550</td>
<td>81</td>
</tr>
<tr>
<td>Agrp2</td>
<td>Reverse primer TCTCAGGTCGGGAAGCCTA</td>
<td>608–588</td>
<td></td>
</tr>
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</table>

Agt, angiotensinogen; Ace, angiotensin-converting enzyme; Ace2, angiotensin-converting enzyme 2; Agrp1, type 1 angiotensin II receptor; Agrp2, type 2 angiotensin II receptor.
Role of the renin-angiotensin system in ventilator-induced lung injury

Figure 1 Change in (A) peak airway pressure, (B) mean arterial pressure, (C) arterial carbon dioxide tension (PaCO₂) and (D) arterial oxygen tension (PaO₂) in different groups of animals (n = 6 for each group). The peak airway pressure was lower in the low-volume ventilated groups than in the high-volume ventilated groups (p < 0.001). Pretreatment with captopril did not change the peak airway pressure. The mean arterial pressure was lower in the captopril-pretreated animals (p < 0.001 at the end of mechanical ventilation). PaCO₂ and PaO₂ were similar between different groups and did not change significantly after 4 h of mechanical ventilation. HV, high-volume ventilation; LV, low-volume ventilation; CAPHV, captopril pretreatment followed by high-volume ventilation; CAPLV, captopril pretreatment followed by low-volume ventilation; NC, non-ventilated control group.

Figure 2 Haematoxylin and eosin staining of lung sections from (A) the non-ventilated group, (B) the low-volume ventilation group, (C) the high-volume ventilation group and (D) the group pretreated with captopril followed by high-volume ventilation. Original magnification ×200.
Western blot analysis for NF-κB and I-κB
Western blotting was used to assess the activation of NF-κB in the lung tissue. Polyclonal antibodies against the p65 component of NF-κB (Santa Cruz, Santa Cruz, California, USA), I-κB or phosphorylated inhibitor-κB (I-κB) (both from Cell Signaling, Beverly, Massachusetts, USA) were used according to the methods described elsewhere. Antibodies to proliferating cell nuclear antigen (PCNA) or c-Jun N-terminal kinase 1 (JNK1) were used to detect these proteins, used as loading controls for the nuclear and cytosolic samples, respectively.

Statistical analyses
All continuous data are expressed as mean (SD) values. Comparisons of continuous variables between groups were performed using the t test and one-way analysis of variance.
using SPSS 10 software (SPSS Inc, Chicago, Illinois, USA). A p value of <0.05 was considered significant.

A detailed description of the Methods is available in the online supplement at http://thorax.bmj.com/supplemental.

RESULTS
Physiological changes during MV
Peak airway pressure was higher in the high-volume MV group than in the low-volume MV group (fig 1A), but did not change significantly throughout the course of MV. The mean arterial pressure was markedly decreased during MV in rats pretreated with captopril (fig 1B) compared with the high-volume and low-volume MV groups. The arterial blood gas data were similar in MV groups at the beginning of MV and showed no significant change after 4 h of MV (fig 1C, D).

Effect of high-volume ventilation on lung injury and neutrophil infiltration in rat lungs and attenuation by captopril
Histological studies showed that inflammatory cell infiltration was not significant in the lungs of the control group (fig 2A) or the low-volume ventilation group (fig 2B), but high-volume ventilation resulted in mild lung injury with mild neutrophil infiltration (fig 2C). The alveolar architecture was generally preserved. The neutrophil infiltration in the high-volume group was attenuated by captopril pretreatment (fig 2D).

The pathological lung injury scores were compatible with the histological data, as high-volume ventilation increased the lung injury score compared with the non-ventilated controls, and the effect was significantly attenuated by captopril pretreatment (fig 3A). There was no significant difference between the scores for the low-volume ventilation group and the controls or between the low-volume ventilation groups with or without captopril pretreatment. Figure 3B shows that high-volume MV significantly increased MPO activity and this effect was significantly attenuated by captopril pretreatment. There was no significant difference in MPO activity between the non-ventilated control and the low-volume ventilation groups.

High-volume ventilation also increases protein leakage into the alveolar space, and this was reduced by captopril pretreatment (p<0.05; fig 3C).
The same trend was also shown for lung MIP-2 and serum significantly attenuated by captopril pretreatment (fig 4B, C). MIP-2 mRNA than control groups; these increases were significantly between groups. We also assessed the mRNA and protein levels of ACE2 in the lungs (fig 7). The mRNA expression of ACE2 was significantly decreased by high-volume ventilation but not by low-volume ventilation (fig 7A). The lung levels of ACE2 protein of the rats were very low compared with the level in the kidney or heart (fig 7B). The difference between groups was not significant.

**Effect of captopril on translocation of NF-κB in rats with high-volume ventilation-induced lung inflammation**

Figure 5 shows representative findings for NF-κB activity after 4 h of treatment. The cytosolic fraction of NF-κB was markedly decreased in the high-volume ventilation and lipopolysaccharide-treated groups, with a simultaneous distinct increase in nuclear NF-κB (fig 5), showing that nuclear translocation of this factor was induced by injurious MV or lipopolysaccharide. In addition, translocation of NF-κB in the high-volume ventilation group was significantly, but not completely, attenuated by captopril pretreatment. On the cytosolic protein blots, the amount of 1-κB was also decreased by high-volume MV, with a simultaneous increase in phosphorylated 1-κB. This increase in 1-κB phosphorylation was also attenuated by captopril pretreatment.

**Effect of high-volume mechanical ventilation on the expression of components of the RAS**

The lung tissue angiotensin level was progressively increased in the high-volume group, but not in the low-volume group, during the 4 h course of MV (fig 6A). Quantitative real-time RT-PCR of the lung tissue showed that high-volume ventilation increased mRNA levels for angiotensinogen and the AT1 and AT2 receptors, but had no significant effect on ACE mRNA levels (fig 6A). The protein levels of the ACE, AT1 and AT2 receptors were increased by HV whereas ACE mRNA was decreased (p = 0.002). (C) Western blotting for ACE, AT1 and AT2. The differences in lung tissue levels for ACE (p = 0.85) and AT1 (p = 0.089) were not significant between the control and HV groups, but the AT2 level was significantly increased in the HV group (**p = 0.002).
Effects of angiotensin II receptor blockade on high-volume ventilation-induced expression of pro-inflammatory chemokine

During mechanical ventilation the decrease in blood pressure became more profound in the losartan-treated group but not in the PD123319-treated rats (fig 8A). Concomitant infusion of either losartan or PD123319 during MV attenuated the protein leak into the BAL fluid (fig 8B). The increase in lung tissue levels of MIP-2 mRNA induced by high-volume ventilation was attenuated by the concomitant infusion of either losartan or PD123319 (fig 8C). The increase in lung tissue myeloperoxidase activity by high-volume ventilation was also attenuated by losartan and by PD123319 (fig 8D).

DISCUSSION

In this study we have reported two novel findings. First, the RAS is activated by high tidal volume MV in the in vivo animal model. Over-distension of lung units by high-volume ventilation resulted in upregulated expression of RAS components and the AT1 and AT2 receptors and increased lung angiotensin II production. Second, the RAS plays an important role in high-volume VILI. Treatment with an ACE inhibitor or angiotensin receptor antagonist attenuated VILI, with suppression of cytokine expression and NF-kB activity in the lungs. We therefore believe that the RAS is actively involved in the pathogenesis of VILI.

Although previous clinical and experimental studies have shown that a high tidal volume results in injury to the lung, the consequences of high-volume ventilation in in vivo animal models, as seen in the current report, may be far more complex. Factors associated with the development of ventilator-induced lung injury may include the species of animals used in the study, the compliance of the respiratory system and the tolerance of the animal to the MV protocol. One of the main features of our study design was that we used a very high (40 ml/kg) tidal volume to cause lung injury, as had been reported in the literature. In experimental studies, as the tidal volume is increased to exert a pathogenic effect, the respiratory rate is usually reduced to maintain the arterial blood gas data constant, as in the current study. In other studies additional carbon dioxide was added to the breathing air to compensate the hyperventilation-induced hypocapnia in the high tidal volume group, while the respiratory rate was maintained. In our experience, we found that the rats could not tolerate a high respiratory rate due to severe haemodynamic compromise (data not shown). This finding was probably due to severe air trapping, which markedly increased the intrathoracic pressure and compromised venous return. We therefore cannot exclude a confounding effect of the respiratory rate on lung injury caused by MV. The protocol used in this study was based on those used by Whitehead et al and Ricard et al, in that a very high tidal volume (about 40 ml/kg) was used to create injurious inflation of the alveoli. The reason for using this extremely high tidal volume was that the rats have good compliance of the respiratory system, and ventilation with this large volume does not cause too great an increase in the plateau airway pressure. Another consideration is that this treatment may mimic some extreme clinical conditions such as the adult respiratory distress syndrome (ARDS), in which the number of remaining functional alveoli may be so low that ventilation with a more
normal tidal volume is considered as a very large volume. We did not find overt histological evidence of alveolar disruption in the lungs of rats ventilated with 40 ml/kg tidal volume, so the finding of neutrophil infiltration in the lungs cannot be explained by stress-related cell disruption or cell death. Activation of the lung cells, so-called mechanotransduction, may instead play an important role in the development of lung injury in this model. Another point in our study design is that the minute volumes of the low- and high-volume groups were different. The reason for the choice of these settings was that the arterial blood gas data were similar in the two groups during ventilation.

The RAS has been considered a mediator of inflammation and may therefore play an important pathogenic role in the inflammatory process associated with VILI. There have been previous reports that the pulmonary RAS and angiotensin II are associated with various pathophysiological conditions. Most reports supporting the active role of angiotensin in lung inflammation and injury involved studies on cultured cells. Recently, Imai et al. recently showed, in an in vivo study, that ACE is an important regulator of acid-induced lung injury. Our findings may provide further in vivo evidence for the involvement of the RAS in VILI. The pathogenic role of RAS in the inflammatory process and VILI is strongly supported by the fact that pretreatment with captopril attenuated lung inflammation, suppressed TNFα and MIP-2 expression and NF-κB activity and reduced blood levels of angiotensin II. Based on these findings, we believe that ACE inhibition may be beneficial in animals ventilated with injurious high tidal volumes.

Our findings also provide support for the proposal that NF-κB pathway is the downstream response pathway for the action of angiotensin II in the inflammation process, as ACE inhibition attenuated the nuclear translocation of NF-κB. However, the RAS may also be influenced by ACE inhibition. Therefore, if ACE inhibition affects ACE activity, NF-κB activity and NF-κB also attenuates RAS activity. Moreover, NF-κB is necessary for upregulation of AT1 receptor mRNA in rat cardiac fibroblasts treated with TNFα or interleukin-1β. Together with our findings, these results suggest that a positive feedback system may be present, and this possibly explains why high-volume MV triggers the RAS and why RAS-mediated ventilator-induced lung inflammation developed rapidly in our animal model study. In addition, angiotensin II has been shown to be associated with apoptosis and the fibrogenic process in lung injury, but whether these are associated with VILI requires further exploration.

Our finding that captopril treatment attenuated VILI and the inflammation process in the animal model may have important clinical implications. Therapeutic agents that block the production or activity of angiotensin II receptor antagonists of angiotensin II may be used as anti-inflammatory agents for the treatment or prevention of VILI. The activation of NF-κB associated with VILI is partially blocked by corticosteroids. Although there are few reports of the role of ACE inhibitor treatment in lung inflammatory diseases, a recent report showed that ACE inhibitor treatment is associated with a 19% lower risk of pneumonia, and the effect is more significant in Asian patients who have a 47% risk reduction. In our study, the lung inflammation action of angiotensin II could be mediated through both the AT1 and AT2 receptors. In the study by Imai et al., the AT1 receptor promoted lung disease whereas the AT2 receptor improved lung function. However, another study showed that NF-κB can be inactivated by administration of ACE inhibitor or AT1/AT2 receptor blockade. In our animal model the dose of PD123319 was relatively high (42 μg/kg/min), so it is possible that the AT1 receptor might also be affected by PD123319. The role of the AT2 receptor in the pathogenesis of VILI therefore requires further study. Our findings that AT2 receptor blockade could attenuate VILI may provide further information on the complex mechanisms for lung injury.

The main limitation of this study is that it focused on the short-term effects of injurious MV and data regarding long-term effects are lacking. However, we have shown that active inflammation in the lungs can develop early in injurious MV and we believe that, if these injurious settings were used for a longer period, the inflammation and injury would be further aggravated. Although the inflammation was attenuated by an ACE inhibitor or angiotensin receptor antagonists, we do not know the long-term consequence of drug treatment, especially in the clinical setting in which treatment with these agents can cause hypotension, which is clearly undesirable in critically ill patients. Another limitation is that this study involved injurious MV as a pure insult to originally healthy lungs. This may be different from most clinical scenarios in which the patients may suffer from other initial insults such as pneumonia, sepsis or even ARDS before receiving MV. The local ACE and ACE2 activities were also not measured in this study. Further investigations are needed to elucidate the detailed mechanism of action of the RAS in VILI.

A detailed description of the Methods is available in the online supplement at http://thorax.bmj.com/supplemental

Authors’ affiliations
Jih-Shion Jeng, Yu-Chiao Hsu, Hong-Zhen Pan, Hao-Chien Wang, Ching-Jen Yu, Pan-Chyr Yang, Department of Internal Medicine, National Taiwan University Hospital, Taipei, Taiwan
Huey-Dong Wu, Department of Integrated Diagnostics and Therapeutics, National Taiwan University Hospital, Taipei, Taiwan
Chia-Tung Shun, Department of Forensic Medicine, National Taiwan University Hospital, Taipei, Taiwan
Hao-Chien Wang, Department of Internal Medicine, Far Eastern Memorial Hospital, Pan-Chiao, Taipei, Taiwan

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Competing interests: None.

REFERENCES
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LUNG ALERT

Using molecular markers as a means of predicting prognosis and outcomes in the treatment of lung cancer

This study evaluated the potential association between the expression of two specific proteins and treatment outcomes of patients with early non-small-cell lung cancer.

Increased expression of the gene RRM1 (regulatory subunit of ribonucleotide reductase) has been shown to reduce metastases, inhibit development of lung tumours and prolong survival. Similar data have been shown for ERCC1 (excision repair cross-complementation group 1).

The study group consisted of 187 patients who had undergone thoracotomy for resection of stage I non-small-cell lung cancer and had had no other treatment.

The expression of RRM1, ERCC1 and PTEN (phosphatase and tensin homologue) were measured with a new fully automated and quantitative system, and the genetic results compared with clinical outcomes. RRM1 expression correlated with the expression of ERCC1 but not with PTEN.

The median disease-free and overall survival rate exceeded 120 months for patients with high expression of RRM1 (gene expression score >40.5) compared with 54.5 months’ disease-free survival and 60.2 months’ overall survival for those with low expression of the gene.

Patients with co-expression of both RRM1 and ERCC1 were divided into four groups according to high and low expression of the proteins. Significantly, of the patients who had undergone potentially curative lung cancer surgery, 30% with high expression of both proteins had a good outcome at 10 years.

The authors concluded that high expression of these genes correlated with favourable outcome in early disease, but alluded that same markers have been recognised to predict tumour-resistance to platinum agents and gemcitabine in advanced disease. This identified two key areas of management. Those with resected early stage disease who may not need adjuvant chemotherapy and those who are not likely to benefit from conventional chemotherapeutic agents in advanced cancer.

Jenny Cosgrove
Senior House Officer, Mater Infirmorum Hospital, Belfast; jenny.cosgrove@doctors.org.uk

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