Role of leukotrienes in bronchial hyperresponsiveness and cellular responses in airways

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Among constitutively present cells, bronchoactive leukotrienes are produced predominantly by mast cells and macrophages. A unique characteristic of asthmatic inflammation is the migration of leukocytes from the peripheral blood to the conducting airways of the lung. This is especially true of the eosinophil, which is not present in the airways of normal individuals, but may be found in massive numbers during periods of airway hyperresponsiveness in asthmatic individuals (fig 1). Most experimental models indicate that eosinophils are an variable component of asthmatic hyperresponsiveness, although some studies suggest that bronchoconstriction can occur in the relative absence of these cells.

For the purposes of this discussion, the eosinophil will be viewed as a leukotriene transport system capable of providing a substantial reservoir of bronchoactive leukotrienes to airways in relatively short time. They may be delivered to conducting airways in large numbers and have the capacity to produce cysteinyl leukotrienes (LTC₄) which cannot be produced by neutrophils, but also migrate into conducting airways in some circumstances. This discussion deals first with the mechanism by which eosinophils, a minority constituent of the circulating blood, are honed selectively to the conducting airways of the lung in human asthma. The mechanism by which the recruitment process of cellular adhesion primes migrating eosinophils for augmented leukotriene synthesis is discussed with particular reference to interactions between surface integrins on eosinophils and their counterligands, the immunoglobulin supergenes on the endothelial surface, and fibronectin within the airway wall. The potential physiological significance of augmented secretion caused by adhesive interactions is suggested by experiments elucidated in this discussion. Finally, some new preliminary evidence for an autocrine mechanism of eosinophil recruitment that is mediated through the secretion of cysteinyl leukotrienes is considered.

Mechanisms of eosinophil recruitment

Eosinophils do not reside in human airways under normal circumstances. Normally, these cells are important in combating parasitic infections. While eosinophil morphology has certain similarities to other granulocytes such as neutrophils and basophils, this appearance is elusive. Unlike neutrophils, eosinophils have no phagocytic function. The granular proteins contained in eosinophils are unique to these granulocytes and differ substantially from those of other cells. Unlike neutrophils, eosinophils are a major defence against parasitic infections where they attach along the length of helminths and secrete their granular proteins, which are potent RNAses, to cause death of the infesting organism. Eosinophils are also capable of synthesising cysteinyl leukotrienes as well as LTB₄. Neutrophils, by contrast, lack the synthase to convert LTA₄ into LTC₄ and hence are incapable of producing bronchoactive leukotrienes even if recruited to conducting airways. Both neutrophils and eosinophils are capable of synthesising bronchoactive prostanoids, but these do not appear to have pathogenetic significance in human asthma. Leukotriene B₄ has substantial chemoattractant activity for neutrophils and for guinea pig eosinophils but has substantially less chemoattractant activity for human eosinophils. Eosinophils share surface ligands with other myelopoietic elements. The sequence and mechanism of activation thus determine which cells will be recruited to the airways. Recruitment occurs at the capillary level where flow is slow enough to overcome shear forces that exist at greater perfusing pressures. Cell rolling, presumably mediated by selectins on both the endothelial and eosinophil surface, is the first phase of recruitment and this slows laminar flow further. Interleukin-5 has been found in high concentrations in the conducting airways.
of the lung during periods of asthmatic activity and this cytokine selectively causes shedding of L-selectin from the eosinophil surface and the simultaneous upregulation of \( \beta_2 \)-integrins on the eosinophil surface. The nature of the process that causes relatively quiescent asthma to enter a phase of eosinophil recruitment is not defined. While it is presumed that the initial secretion of IL-5 is Th2 cell mediated, the trigger for this event is also unknown. Once activated, eosinophils further produce IL-5, and this suggests a possible autocrine amplification of the recruitment process.

The next phase of this recruitment process is tight adhesion of eosinophil integrins to surface ligands on the endothelium. \( \beta_1 \)-integrin (VLA-4) is constitutively expressed on the eosinophil surface; whether its conformation is changed to augment adhesion is unknown. \( \beta_2 \)-integrin expression is quantitatively upregulated by a mechanism directly related to binding at the IL-5 receptor (fig 2). Preliminary data (unpublished) suggest that the conformation of MAC-1, a \( \beta_2 \)-integrin, is also altered toward a higher affinity state by IL-5. As noted above, upregulation of these integrins by IL-5 does not occur for the neutrophil, which lacks the IL-5 receptor, and this may account for the selective migration of eosinophils, which share \( \beta_2 \)-integrins, MAC-1 and LFA-1 with neutrophils.

The counterligands for eosinophil surface integrins are the immunoglobulin (Ig) supergenes ICAM-1 (\( \beta_2 \)) and VCAM-1 (\( \beta_1 \)) which are endothelial surface molecules containing a 5-domain transmembrane component. The specificity for binding between integrins and endothelial surface ligands is determined by the pocket formed by the \( \alpha \) and \( \beta \) chains of the surface integrin (fig 3) into which the terminal portion of the 5-domain transmembrane portion of the immunoglobulin supergene fits.

Relationship between eosinophil recruitment and augmented synthesis of leukotrienes

Another unique property of eosinophils is their ability to ligate to matrix protein within the airway wall. VLA-4, which is not present on neutrophils, binds specifically to the RGD region of fibronectin (FN) (fig 4), and this binding also does not occur for neutrophils. Several investigations have examined the relationship between binding to FN in vitro and the stimulated synthesis of LTC4 using isolated human eosinophils incubated with FN coated microwell plates. The binding process is remarkably slow (60 min; fig 5) compared with binding to cultured human umbilical vein endothelial cells (about 5 min), suggesting that the molecule(s) may need to change conformation in the process. However, once binding has occurred there is a substantial augmentation of stimulated eosinophil secretion of LTC4. Figure 6 indicates that overall secretion increases...
by about 40%; however, given that only about 20% of the cells are actually bound in these studies, augmentation of LTC4 secretion in bound cells may be estimated to be about five-fold. There are preliminary data to suggest that ligation of both \( \alpha \)1- and \( \beta \)1-integrin to the endothelial surface also augments eosinophil secretion of LTC4. Thus, the process of cellular transmigration that accompanies chemotaxis of eosinophils into the airway matrix appears to be the process by which eosinophil synthesis of leukotriene synthesis is primed. The precise mechanism by which adhesion ligation causes this priming is unknown but is currently under active investigation.

### Physiological consequences of augmented secretion

The notion that eosinophils could exist as innocent bystanders in the process of asthmatic humoral sensitisation has been addressed in several experimental situations. The mere presence of these cells, even if the association were invariable, does not implicate their physiological significance in the bronchoconstrictor process. As noted above, it would appear that in some circumstances eosinophil infiltration is not essential to produce a substantial bronchoconstrictor response—for example, exercise induced bronchoconstriction. A question to be resolved is whether the transmigration of eosinophils into airways and the concurrent priming of leukotriene secretion is at least capable of causing constriction of airways. If quantities of leukotriene secreted are insufficient, or if blockade of eosinophil infiltration has no effect on airway responsiveness, the eosinophil might well be an innocent bystander.

Prior investigation in monkeys sensitised with *Ascaris suum* antigen have shown that eosinophils migrate into sensitised airways. Blockade of this migration with anti-ICAM-1 antibody both reduced the number of infiltrating eosinophils and substantially reduced the airway hyperresponsiveness on bronchial challenge. This would suggest that, under these experimental circumstances, eosinophils are essential to airway hyperreactivity (fig 7). In guinea pig tracheal preparations, eosinophils isolated from either normal donors or cultured from human umbilical vein cord blood cause substantial contraction that is blocked completely with inhibitors of 5-lipoxygenase, the enzyme converting arachidonic acid into LTA4 which precedes production of LTC4. By contrast, comparable activation of isolated human neutrophils has no effect on guinea pig tracheal contraction (fig 8).

To test further whether activated human eosinophils could cause contraction of human airway smooth muscle, our laboratory developed a system for videomicroscopy of small sections of human airways. Fifth to seventh generation airways can be incubated in 96 well microplates. The airways are photographed through an overhead microscope and the images are stored in real time on a computer. Changes in airway diameter are measured by determining lumenal pixel fitting in a manner described by Schmidt and Rabe. Exposure to progressively larger numbers of human eosinophils causes progressive contraction as...
measured by lumenal narrowing. This narrowing was blocked completely by pretreatment with the 5-lipoxygenase inhibitor A63162, a cogener of the drug zileuton which is now marketed in the United States for the treatment of asthma.

To determine whether the degree of augmentation of secretion of leukotriene caused by adhesion of isolated human eosinophils to FN also caused augmented contraction of human airways, the effect on airway narrowing in human airway sections using isolated human eosinophils was examined. Cells exposed to FN caused a twofold greater narrowing of lumenal area than cells exposed to bovine serum albumin (BSA) as a control (fig 10). Contraction was blocked completely for both BSA and FN treated cells activated with formyl-met-leu-phe (fMLP) + cytochalasin B by pretreatment with the 5-lipoxygenase inhibitor A63162. Contraction of airways in all models. These data indicate that the process of asthmatic bronchoconstriction is substantially more complicated than that which can be predicted by a single in vitro model in an isolated cell system.

**Leukotrienes in chemotaxis**

Leukotrienes have variable chemotactic properties that are highly cell dependent. There is also a strong species dependence which makes data from other species unreliable for prediction of the human condition. The guinea pig eosinophil is rich in LTβ, receptors and hence is highly chemotactic in a variety of experimental systems. However, the human eosinophil (as noted above) is weakly attracted by LTβγ, implying a weaker receptor population. By contrast, human neutrophils are strongly
chemotactic and this was an initial concern in the development of anti-leukotriene treatments directed against 5-lipoxygenase. The specific concern was whether the concomitant blockade of LTB₄—as well as cysteinyl leukotriene synthesis—that results as a consequence of the blockade of 5-lipoxygenase might also prevent neutrophil chemotaxis. The system has proved to be more robust than feared, and there is no increase in significant respiratory infection when a 5-lipoxygenase agent is used compared with a leukotriene receptor antagonist that has no effect on LTB₄. Unfortunately, there is also no evidence that eosinophil chemotaxis is selectively diminished by LTB₄ inhibition resulting from synthesis inhibitors. Hence, there is no obvious therapeutic benefit to drugs that block the entire leukotriene synthetic pathway over receptor antagonists that specifically block the cysteinyl leukotriene receptor.

A recently described phenomenon is the ability of the anti-leukotriene agents to block eosinophil migration, at least partially, even with short term use. In guinea pig tracheal explants, the chemotactic agent fMLP causes substantial and selective migration of eosinophils that reside naturally (and quiescently) in the lamina propria (fig 11). Administration of zileuton in concentrations of >10⁻⁸ M caused substantial inhibition of eosinophil migration, and full blockade was achieved with higher concentrations. Because LTB₄ receptors are significantly involved in the chemotactic process, it was postulated that the action of zileuton resulted from the unique ability of this anti-leukotriene to block the synthesis of LTB₄ as well as the SPI1 analogues. The selective LTB₄ antagonist LTB₄ dimethylamide caused even more potent blockade of eosinophil migration in this model (fig 12). However, administration of the highly selective LTD₄ receptor antagonist zafirlukast caused equipotent blockade. Significant inhibition of eosinophil chemotaxis was observed at 10⁻¹² M zafirlukast. Comparable trials have been conducted in humans. Calhoun et al. have reported in a preliminary study that large doses of zafirlukast given over 24 hours caused an approximate 50% decrease in the migration of eosinophils into the airways of challenged asthmatic subjects, and Diamant et al. have shown independently comparable findings.

The mechanism by which LTD₄ receptor blockade inhibits eosinophil migration remains elusive. There are no cysteinyl leukotriene receptors on the eosinophil surface in either rodents or humans. Hence, the effect is either non-specific—that is, non-receptor related—or the result of complex interactions within the airway involving other cells and/or tissues. Based on the guinea pig model, the airway itself appears to contain all the elements necessary to inhibit eosinophil migration through blockade of the cysteinyl leukotriene receptor. One recent investigation using the leukotriene receptor antagonist pranlukast has shown that the ability of this compound to block eosinophil migration into the airways of challenged guinea pigs is blocked with the monoclonal antibody TRFK-5 which is directed against IL-5. This implies, but does not by any means establish, that blockade of the LTD₄ receptor on some element contained within the airway wall could have an inhibitory effect on IL-5 secretion, which is an important component of adhesion model upregulation in eosinophil chemotaxis (see above). However, definitive studies are still required to elucidate the mechanism whereby LTD₄ receptor blockade affects eosinophil migration. It also remains to be determined whether the magnitude of inhibition of eosinophil migration in humans is clinically and pathophysiologically significant. If so, anti-leukotriene therapies could properly be viewed as being broadly anti-inflammatory in a
manner (if not degree) comparable to that conferred by corticosteroid treatment. The implications of this for subsequent airway remodelling have been discussed elsewhere.

Conclusions

As asthma is viewed as an inflammatory process mediated at least in some part by leukotrienes, eosinophils are the major transport systems for these compounds to the airway smooth muscle where they cause contraction, and to the airway vasculature where they cause oedema. Leukotrienes are synthesised de novo in eosinophils directly from membrane phospholipids after activation by phospholipase A₂ (PLA₂). The process of selective chemotraction is a fascinating one, as eosinophils are but a minor component of the circulating granulocytes. Even though eosinophils share common surface ligands with neutrophils, they are capable of selective migration into the airway wall. It is likely that cytokine specific processes regulate this selective migration—for example, IL-5.

It is also of considerable interest that the process of molecular adhesion and transmigration is intimately linked to the priming of eosinophil secretion of leukotrienes. The mechanism by which this occurs is unclear, but appears from some very preliminary studies to be related to the direct phosphorylation of PLA₂-IV, which may occur as a consequence of IL-5.

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While eosinophils are the unique inflammatory cells of asthmatic inflammation, it is still unclear if they are essential for all manifestations of the asthma syndrome. It is further unclear whether leukotriene synthesis alone is sufficient to cause contraction of human airway explants suggests that eosinophils are the source of leukotrienes in human asthma. Nonetheless, the roles of eosinophils and of leukotrienes in human asthma may vary among the different asthma phenotypes that are only now being defined.

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