Genetic susceptibility to chronic obstructive pulmonary disease in Koreans: combined analysis of polymorphic genotypes for microsomal epoxide hydrolase and glutathione S-transferase M1 and T1

Jae-Joon Yim, Gye Young Park, Choon-Taek Lee, Young Whan Kim, Sung Koo Han, Young-Soo Shim, Chul-Gyu Yoo

Abstract

Background—Although smoking is the major causal factor in the development of chronic obstructive pulmonary disease (COPD), only 10–20% of chronic heavy cigarette smokers develop symptomatic COPD which suggests the presence of genetic susceptibility. This genetic susceptibility to COPD might depend on variations in enzyme activities that detoxify cigarette smoke products such as microsomal epoxide hydrolase (mEPHX) and glutathione-S-transferase (GST). As there is increasing evidence that several genes influence the development of COPD, multiple gene polymorphisms should be investigated to find out the genetic susceptibility to COPD.

Methods—The genotypes of 83 patients with COPD and 76 healthy smoking control subjects were determined by polymerase chain reaction (PCR) followed by restriction fragment length polymorphism (PCR-RFLP) for the mEPHX gene, and multiplex PCR for GST M1 and GST T1 genes. The frequencies of polymorphic genotypes of mEPHX, GST M1, and GST T1 genes were compared both individually and in combination in patients with COPD and healthy smokers.

Results—No differences were observed in the frequency of polymorphic genotypes in exons 3 and 4 of mEPHX, GST M1, and GST T1 genes between patients with COPD and healthy smokers. The frequencies of any combination of these genotypes also showed no differences between the COPD group and the control group.

Conclusions—Genetic polymorphisms in mEPHX, GST M1, and GST T1 genes are not associated with the development of COPD in Koreans.

Keywords: chronic obstructive pulmonary disease; microsomal epoxide hydrolase; glutathione-S-transferase; genetics

Chronic obstructive pulmonary disease (COPD) is known to be the fourth leading cause of death and the only cause of death which is increasing. Although smoking is regarded as the most important causal factor, suggesting the importance of environmental factors, the fact that only 10–20% of chronic heavy cigarette smokers develop symptomatic COPD indicates the presence of genetic predisposing factors in its pathogenesis. Despite the clinical importance of COPD, few studies have been published about the genetic susceptibility. The Z variant of α1-antitrypsin (α1-A1) is the best established genetic factor in the development of COPD. Patients with the homozygous form of this variant have a very high risk of developing emphysema at an early age if they smoke and are prone to rapid deterioration of their pulmonary function even without smoking. However, the incidence of the Z variant of α1-A1 is too low to adequately explain the genetic predisposition to COPD in the general population. It has been proposed that genetic factors other than the Z variant of α1-A1 such as α1-antichymotrypsin deficiency, 1F homozygote of vitamin D binding protein, and blood group antigen A, for example, may be involved in the pathogenesis of COPD.

One possible reason why only a small proportion of smokers develop COPD might be genetic variation in the enzymes that detoxify cigarette smoke products. These enzymes include microsomal epoxide hydrolase (mEPHX), glutathione-S-transferase (GST), and cytochrome p 450 1A1 (CYP1A1). mEPHX catalyses the hydrolysis of epoxides to form water soluble dihydrodiols. Among seven polymorphic loci found in human mEPHX, Tyr/His 113 (exon 3) and His/Arg 139 (exon 4) variants have been suggested to be related to enzyme activity. Tyr 113/Arg 139 variants were reported to have the fastest enzyme activity and His 113/His 139 variants the slowest. It has recently been suggested that a slow metabolising form of mEPHX might be closely linked to the pathogenesis of COPD. GST is a complex supergene family of soluble isozymes which catalyse the nucleophilic attack of glutathione on a wide range of hydrophobic electrophiles. Among the isoenzymes of GST, homozygous null GST M1 genotype has been reported to have some association with the pathogenesis of lung cancer, bladder cancer, pituitary adenoma, and, particularly, emphysema.
GST T1 conjugates glutathione and various potential carcinogens including halomethanes\(^\text{15}\) which are present in cigarette smoke, and its null type mutant has been suggested as a risk factor in colon cancer,\(^\text{21}\) myelodysplastic syndrome,\(^\text{21}\) meningioma, and astrocytoma.\(^\text{22}\) However, no association between COPD and the homozygous null genotype of GST T1 has been reported.

There is increasing evidence that several genes influence the development of COPD. When multiple genes are operating in the pathogenesis of disease, the influence of each gene might be relatively weak. Multiple gene polymorphisms should therefore be investigated to determine the genetic markers that predict the risk for developing COPD. However, most previous studies have compared the frequency of genetic polymorphisms of mEPHX, GST M1, and GST T1 in patients with COPD and healthy subjects to determine whether multiple polymorphisms of these genes are linked to a genetic susceptibility to COPD.

**Methods**

**SELECTION OF STUDY SUBJECTS**

The study subjects comprised 83 patients attending the COPD clinic of Seoul National University Hospital and 76 healthy smokers who visited health centres for an annual check up. Inclusion criteria for COPD were as follows: chronic respiratory symptom and signs such as cough, breathlessness, wheeze; forced expiratory volume in one second (FEV\(_1\)) of less than 80% predicted; ratio of FEV\(_1\) to forced vital capacity (FVC) of 0.7 or less; FEV\(_1\) reversibility after inhalation of 200 µg salbutamol of less than 12% of prebronchodilator FEV\(_1\). The patients with bronchial asthma were excluded on the basis of reversibility of airflow obstruction. In the healthy smoking group were excluded. Inclusion criteria for COPD were as follows: age of less than 80% predicted; ratio of FEV\(_1\) to forced expiratory volume in one second (FEV\(_1\)) of less than 80% predicted; ratio of FEV\(_1\) to forced vital capacity (FVC) of 0.7 or less; FEV\(_1\) reversibility after inhalation of 200 µg salbutamol of less than 12% of prebronchodilator FEV\(_1\). The patients with bronchial asthma were excluded on the basis of reversibility of airflow obstruction. In the healthy smoking group individuals who had abnormal pulmonary function or abnormal findings on chest radiography were excluded. Patients with malignant diseases were also excluded from both groups.

**PCR-RESTRICTION FRAGMENT LENGTH POLYMORPHISM (PCR-RFLP)**

Informed consent was obtained from all subjects to donate their blood for genotyping. Using an InstaGene™ kit (BioRad, USA), DNA was extracted from 50 µl whole blood and polymerase chain reaction followed by restriction fragment length polymorphism (PCR-RFLP) was performed to detect point mutations in exons 3 (Try/His 113, putative slow allele) and 4 (His/Arg 139, putative fast allele) of mEPHX genes as described previously.\(^\text{11}\) Primers used for the amplification of exons 3 and 4 were as follows.

- Exon 3: 5'-GATCGATAAGTTCCGTTTC ACC-3', 5'-ATCCCTTGCTTGAAGTGAG GAT-3'
- Exon 4: 5'-ACATCCACTCTATCCACGT-3', 5'-ATGCTCTGGAAGCGCAT-3'

PCR products were resolved on ethidium bromide stained 3% NuSieve/agarose gel (FMG Bioproducts, USA) and transilluminated with UV light.

**MULTIPLEX PCR**

To detect deletion of the GST M1 and T1 genes we performed a multiplex PCR using the β-globulin gene as an internal control. The primer pairs for each gene were as follows:

- GST M1: 5’-GAACTCCCTGTGAAAAGCTA AAGC-3’, 5’-GTGGGCTCATAATACGG TGG-3’
- GST T1: 5’-TTCTTCTACTGTCTTAC CACATCTC-3’, 5’-CAGCTGATTTGGAAGT GCT-3’
- β-globulin: 5’-CAACCTTCTATCCAGGTT ACC-3’, 5’-GAAGAGCGCAAGCAGGTA C-3’

The PCR buffer was the same as that used for mEPHX gene amplification and PCR cycles consisted of 34 cycles of 94°C for 10 seconds, 58°C for 20 seconds, 72°C for 45 seconds, and 72°C for five minutes. The products of the multiplex PCR (215 bp for GST M1, 480 bp for GST T1, and 268 bp for β-globulin) were separated by electrophoresis with ethidium bromide stained 3% NuSieve/agarose gel (FMG Bioproducts, USA).

**Statistical analysis**

The SAS statistical package was used in all analyses. The frequency of each genotype, the odds ratio (OR), and 95% confidence interval (CI) were calculated by the Cochran-Mantel-Haenszel method. We tested whether age or smoking history might influence risk with the Cochran Mantel-Haenszel analysis of genotype effects by stratification of age and amount of smoking (age: <40, 40–60, >60; pack years of smoking: <15, 15–30, >30).

**Results**

**BASELINE CLINICAL CHARACTERISTICS OF STUDY SUBJECTS**

Table 1 shows the baseline characteristics of the 159 study subjects. The FEV\(_1\), of the COPD group was significantly lower than that of the control group (p<0.01).

**Genotypes of mEPHX**

The restriction PCR products of the mEPHX gene were of the expected size (fig 1). The differences in the frequencies of exon 3 and exon
Table 1 Distribution of mEPHX genotypes in patients with COPD and healthy subjects

<table>
<thead>
<tr>
<th>Genetic susceptibility to COPD in Koreans</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Table 2 Distribution of mEPHX genotypes in patients with COPD and healthy subjects</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exon 3 polymorphism*</th>
<th>Homozygous wild type</th>
<th>Heterozygous type</th>
<th>Homozygous mutant type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exon 3</td>
<td>20 (26%)</td>
<td>24 (32%)</td>
<td>32 (42%)</td>
</tr>
<tr>
<td>COPD (n = 83)</td>
<td>24 (29%)</td>
<td>23 (28%)</td>
<td>36 (43%)</td>
</tr>
<tr>
<td>OR (95% CI)</td>
<td>1.0</td>
<td>0.80 (0.35 to 1.83)</td>
<td>0.94 (0.44 to 2.01)</td>
</tr>
<tr>
<td>OR (95% CI) smoking</td>
<td>1.0</td>
<td>0.86 (0.32 to 2.26)</td>
<td>1.08 (0.46 to 2.56)</td>
</tr>
</tbody>
</table>

Exon 4 polymorphism†

| Exon 4               | 57 (75%)              | 17 (22%)          | 2 (2%)                |
| COPD (n = 83)        | 59 (71%)              | 16 (19%)          | 8 (10%)               |
| OR (95% CI)          | 0.26 (0.06 to 1.16)   | 0.30 (0.05 to 1.20) | 1.0                  |
| OR (95% CI) smoking  | 0.03 to 1.29          | 0.12 (0.01 to 1.57) | 1.0                  |

*p = 0.86, †p = 0.19 (χ² test).

OR; odds ratio, 95% CI; 95% confidence interval.

Table 2

<table>
<thead>
<tr>
<th>Genotype</th>
<th>COPD group (n = 83)</th>
<th>Control group (n = 76)</th>
</tr>
</thead>
<tbody>
<tr>
<td>mEPHX</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Exon 4</td>
<td>Exon 3</td>
</tr>
<tr>
<td></td>
<td>Never smoker</td>
<td>Ex-smoker</td>
</tr>
<tr>
<td></td>
<td>Current smoker</td>
<td></td>
</tr>
<tr>
<td>Median (range)</td>
<td>66 (42–82)</td>
<td>77.6 (42–82)</td>
</tr>
<tr>
<td>Smoking</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Never smoker</td>
<td>4</td>
<td>0</td>
</tr>
<tr>
<td>Ex-smoker</td>
<td>51</td>
<td>19</td>
</tr>
<tr>
<td>Current smoker</td>
<td>28</td>
<td>57</td>
</tr>
</tbody>
</table>

Types of GST M1 and T1 were similar, even after adjusting for differences in age (data not shown) or amount of smoking in the two groups (table 3).

Figure 2 Patterns of multiplex PCR for GST M1 and GST T1 genes. β-globulin gene was used as an internal positive control. Lanes 1 and 9 are the size marker and negative control, respectively, lanes 2 and 7 represent wild genotypes for both GST M1 and GST T1 genes, and lanes 3 and 8 represent null genotypes for both GST M1 and GST T1 genes. Lanes 4 and 5 represent null genotypes for the GST M1 gene and wild genotypes for the GST T1 gene, and lane 6 is the wild genotype for the GST M1 gene and the null genotype for the GST T1 gene.

Table 3 Distribution of GST M1 and GST T1 genotypes in patients with COPD and healthy subjects

<table>
<thead>
<tr>
<th>Wild type</th>
<th>Null type</th>
</tr>
</thead>
<tbody>
<tr>
<td>GST M1*</td>
<td></td>
</tr>
<tr>
<td>COPD (n = 83)</td>
<td>36 (43%)</td>
</tr>
<tr>
<td>OR (95% CI)</td>
<td>1.0</td>
</tr>
<tr>
<td>OR (95% CI) smoking adjusted</td>
<td>1.0</td>
</tr>
<tr>
<td>GST T1†</td>
<td></td>
</tr>
<tr>
<td>COPD (n = 83)</td>
<td>37 (45%)</td>
</tr>
<tr>
<td>OR (95% CI)</td>
<td>1.0</td>
</tr>
<tr>
<td>OR (95% CI) smoking adjusted</td>
<td>1.0</td>
</tr>
</tbody>
</table>

*p = 0.31, †p = 0.67 (χ² test).

The frequencies of GST M1 and T1 genotypes were not significant (p = 0.38) when compared with the controls. The combined genotypes of mEPHX in the control and COPD groups were not significant (p = 0.86 in exon 3, p = 0.19 in exon 4; table 2). These results were not changed after adjusting for differences in the amount of smoking and age (data not shown) between the two groups.

Discussion

There is likely to be a complex interplay between environmental and genetic factors in the development of COPD. However, the pathogenesis of COPD is still poorly understood at a molecular level. One possible reason that only a small proportion of smokers develop COPD might be genetic variations in...
the enzymes that detoxify cigarette smoke products such as mEPHX and GST. Recent reports have suggested that genetic polymorphisms of these enzymes may be the risk factor in the pathogenesis of COPD.11 Polymorphisms of the gene for mEPHX confer different enzyme activity and there are two common alleles that confer fast (homozygous wild allele of exon 3) and slow (homozygous wild allele of exon 4) activity.10 A larger proportion of the slow metabolising form of the enzyme was found in patients with emphysema (22%) and COPD (19%) than in control subjects (13%), giving an odds ratio of 4.5.11 Partial deletion of GST M1 is found in 50% of the population and this could increase oxidative stress.12 This deletion is more frequent in patients with emphysema (65%) than in normal controls (53%), giving an odds ratio of 2.1.13 In this study we evaluated the difference in polymorphic genotypes of mEPHX, GST M1, and GST T1 genes in patients with COPD and healthy subjects. Our data showed no differences between the two groups in the frequencies of the polymorphic genotypes of mEPHX, GST M1, and GST T1 in patients with COPD and healthy subjects. Our data showed no differences between the two groups in the frequencies of the polymorphic genotypes of mEPHX, GST M1, and GST T1, both individually and in combination. These results are in disagreement with those of previous studies which suggested a correlation between genotypes of mEPHX and GST M1 and susceptibility to COPD.11,12

This discrepancy might result either from different selection of study subjects or a racial difference. In a previous report on genotypes of mEPHX all patients with emphysema had lung cancer.14 However, we excluded patients with any malignancy. In the previous study patients with emphysema were diagnosed pathologically and those with severely compromised lung function were excluded, but in our study subjects were clinically diagnosed as having COPD and those with severely compromised lung function were included. As far as racial differences are concerned, a negative correlation between mEPHX genotypes and COPD was also reported from Japan (Kimihiro Takeyabu, personal communication). Ethnic differences in the prevalence of COPD are very difficult to separate from environmental factors. However, as the low prevalence of COPD

in China cannot be entirely accounted for by lower tobacco consumption,15 different genetic factors might influence the development of COPD in different ethnic groups. Gene frequency is different between different racial groups, which may explain the differences in association between gene polymorphism and COPD in the various studies. Ethnic differences could therefore be accounted for by the differing frequencies of genes relevant to pathogenesis. In our study the frequencies of each genotype in exon 3 of mEPHX and GST T1 were significantly different from those found in western countries. In the genotype of mEPHX exon 3 the proportion of homozygous mutant (putative slow allele) in our healthy control group was much larger than that reported by Smith et al (42% versus 6%).16 The frequency of the null type GST T1 in our control group was also higher than in Caucasians (62% versus 20.4%).23 The frequency of genotypes in mEPHX exon 4 and GST M1 in our study, however, was not much different from that found in western countries.11,25 The discrepancy between these studies could therefore be accounted for, at least in part, by the racial difference in gene frequency.

The low prevalence of COPD in Korea,27 despite the higher frequencies of the putative slow phenotype of mEPHX and null type GST T1 compared with western countries, suggests that polymorphisms of these genes are not associated with the pathogenesis of COPD in Koreans.

In a complex polygenic disease such as COPD it is likely that multiple genes are operating and the genetic susceptibility may be dependent on the coincidence of several gene polymorphisms acting together. Polymorphism of each gene may therefore impart only a small relative risk of COPD and it is likely that the coincidence of many polymorphisms will be important in its pathogenesis. We analysed the genotypes of mEPHX, GST M1, and GST T1 genes in combination to find out the association between these combined genotypes and development of COPD. However, none of the combinations showed a different frequency between the two groups, which suggests that polymorphisms of these three genes are not a risk factor for COPD or the influence of the genes is too weak to explain the genetic susceptibility to COPD.

The limitations of this study are lack of sex and age matching between the two groups and the fact that only a few genes involved in the detoxification of smoke products were studied. Because gene frequencies in the general population do not vary according to sex in general, lack of sex matching might not affect the results of this study. However, as some of the control subjects could be destined to develop COPD in the future, the fact that the controls were younger than the patients with COPD in this study could have reduced the effects of polymorphic genotypes of the enzymes in the development of COPD.

In conclusion, genetic polymorphisms of mEPHX, GST M1, and GST T1 genes, both individually and in combination, were not
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associated with the development of COPD in a Korean population. In future studies multiple gene polymorphisms including other candidate genes in parallel and new candidate genes should be investigated to identify the genetic markers that could predict the risk for development of COPD.

We thank Tae Kyun Kim for his skilful technical assistance.

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