Silver/silver chloride electrodes for measurement of potential difference in human bronchi

Isabelle Fajac, Jacques Lacronique, Alain Lockhart, Josette Dall'Ava-Santucci, Daniel J Dusser

Abstract

Background—An easy and reliable method to measure potential difference (PD) in the lower airways would be of interest in the field of cystic fibrosis. We have developed silver/silver chloride (Ag/AgCl) electrodes to measure PD in the lower airways.

Methods—To validate this technique the nasal PD measured with Ag/AgCl electrodes and with conventional perfused electrodes was compared in 16 patients. The range of PD measured with Ag/AgCl electrodes in the lower airways during fibroptic bronchoscopy was determined in 14 adult patients and in nine the reproducibility of this technique was examined.

Results—Nasal PD values measured with Ag/AgCl and perfused electrodes were highly correlated ($r = 0.985$, $p<0.0001$) and the limits of agreement (mean ±2SD of the difference) between the two methods were $-1.91 \text{ mV}$ and $1.53 \text{ mV}$. In the lower airways a progressive and slight decrease in PD values with decreasing airway diameter was observed in most patients. The mean (2SD) of the differences between the two tracheal measurements was $0.21 (1.73) \text{ mV}$.

Conclusions—The use of Ag/AgCl electrodes gives a reliable and reproducible measurement of PD in the lower airways in humans. (Thorax 1998;53:879–881)

Keywords: silver/silver chloride electrodes; potential difference; airways

A transepithelial electric potential difference (PD) across mammalian airway epithelium is generated by electrogenic ion transport. Nasal PD can be measured in vivo in humans and is higher in patients with cystic fibrosis than in normal control subjects. Although it would be of interest in the field of cystic fibrosis and especially in gene therapy studies to be able to measure PD easily in the lower airways, few studies published a decade ago have attempted to measure PD in the bronchi. In these studies PD was recorded during fibroptic bronchoscopy with the same type of Ringer's perfused electrodes as are used in the nose. With these electrodes we have attempted to measure transepithelial PD in the lower airways of eight subjects during fibroptic bronchoscopy. However, in this preliminary study we found it difficult to obtain stable and reproducible PD values in the lower airways, mostly because of air bubbles that formed at the tip of the very thin electrode and because of an early flooding of the airway lumen by the perfused fluid. In the present study we have therefore prepared silver/silver chloride (Ag/AgCl) non-polarisable electrodes to measure more easily transepithelial PD in the lower airways.

Methods

EXPERIMENTAL DESIGN AND SUBJECTS

The agreement between Ag/AgCl electrodes and perfused electrodes was determined by measurement of nasal PD with both methods in 16 adult patients (six men) of mean (SD) age 51 (19) years. The range of PD in the lower airways was determined with Ag/AgCl electrodes in 14 adult patients (six men) of mean (SD) age 60 (19) years during fibroptic bronchoscopy required because of lung cancer (n = 8) or interstitial lung disease (n = 6). In nine of these 14 patients the reproducibility of PD measurements with Ag/AgCl electrodes was determined by two measurements at five minute intervals at the same location of the distal trachea.

The investigation conformed to the regulations of the Institutional Ethics Committee.

PREPARATION OF AG/AGCL WIRE ELECTRODES

Silver wires were used to prepare the Ag/AgCl electrodes (World Precision Instruments, Hertfordshire, UK). The silver wire was inserted into a Teflon catheter (Bioblock Scientific, Illkirch, France; fig 1). The end of the silver wire was heated to form a small atraumatic bead which was covered by a layer of silver chloride by anodising in HCl solution using a potentiostat/galvanostat. Two new Ag/AgCl electrodes were prepared for each patient and sterilised by autoclaving. One served as a reference bridge and the silver bead was taped on to a scarification on the skin at the anterior face of the forearm. The other electrode served as the exploring bridge and the silver bead allowed the contact with the airway wall. Both branches of the bridge were connected to a high impedance millivoltmeter.

MEASUREMENT OF TRANSEPIHELIAL PD IN THE NOSE AND THE LOWER AIRWAYS

Before each measurement bridge conductivity was verified. For measurement of nasal PD each patient underwent two measurements in random order, one with Ag/AgCl electrodes and the other with conventional electrodes perfused with Ringer's lactate and prepared as previously described. The exploring electrode was positioned 3–4 cm from the anterior tip of
Discussion

Commercially available Ag/AgCl electrodes are currently used in cardiology to measure monophasic action potentials. Their low polarization properties ensure reliable potential measurements and they have already been used for measurements of nasal PD. Ag/AgCl electrodes are non-perfused and disposable, and they are not contaminated by the presence of monophasic action potentials. However, in the lower airways the Ag/AgCl electrodes were devised to measure PDs in the lower airways, we did not find any advantage over the perfusion technique of these electrodes in the nose. Moreover, the lower airways the Ag/AgCl electrodes were devised to measure PDs in the lower airways, we did not find any advantage over the perfusion technique of these electrodes in the nose. However, in the lower airways the Ag/AgCl electrodes allowed reliable and reproducible PD measurements. It is noteworthy that the reproducibility we have observed in the lower airways with Ag/AgCl electrodes was similar to the one described with the usual perfusion technique in the nose.

One drawback of Ag/AgCl electrodes is that the silver chloride layer which gives the electrode its distinctive black coloration and its low polarization properties disappears with rubbing. This is why new electrodes had to be used for each patient and they could not be just washed and sterilized after each use. This drawback was offset by their non-perfused property, their easy use in the lower airways and the stable and reproducible PD measurements they allowed. The silver bead was easily seen and placed precisely against the airway wall.

Although our study was performed on a small number of subjects, the use of Ag/AgCl electrodes appear to provide a reliable, reproducible and easy method for measurement of transepithelial PD in the lower airways. As this method will be applied almost uniquely in

Figure 1  Scheme of the Ag/AgCl electrode that was devised for the present study. Outside diameter 1.93 mm.

Figure 2  Agreement between Ag/AgCl electrodes and conventional perfused electrodes for nasal potential difference (PD) measurements in 16 subjects. (A) Correlation between nasal PD measured with Ag/AgCl electrodes and with perfused electrodes (— = regression line, — = line of identity). (B) Difference between nasal PDs measured with perfused electrodes and with Ag/AgCl electrodes (Δ nasal PD) plotted against mean of nasal PDs measured with both methods. ● = patients with cystic fibrosis, ○ = patients with bronchiectasis, and ■ = healthy subjects.
Endogenous nitric oxide in patients with stable COPD: correlates with severity of disease

Enrico Clini, Luca Bianchi, Marco Pagani, Nicolino Ambrosino

Abstract
Background—Increased levels of exhaled nitric oxide (eNO) have been reported in asthmatic subjects but little information is available on eNO in patients with advanced chronic obstructive pulmonary disease (COPD). A study was undertaken to evaluate the levels of eNO in patients with stable COPD of different degrees of severity.

Methods—Peak and plateau values of eNO (PNO and PLNO, respectively) were evaluated in 53 patients with COPD and analysed according to the level of forced expiratory volume in one second (FEV₁) and the presence of cor pulmonale (CP). The patients were divided into three groups: group 1, FEV₁ <35% predicted with CP, n = 15; group 2, FEV₁ <35% predicted without CP, n = 15; group 3, FEV₁ >35% predicted, n = 23. Seventeen normal subjects served as controls.

Results—All the patients with COPD had reduced levels of PLNO compared with the controls (mean (SD) 6.3 (3.0) and 9.4 (2.8) ppb, respectively). In groups 1 and 2 PLNO levels were significantly lower than in subjects in group 3 (5.5 (2.9), 5.7 (3.5), and 7.1 (2.7) ppb, respectively; p<0.01 ANOVA). In all subjects % predicted FEV₁ correlated slightly with PLNO but not with PNO.

Conclusion—Patients with severe stable COPD have reduced levels of eNO compared with normal subjects. eNO levels are slightly related to the severity of airflow obstruction.

Keywords: exhaled nitric oxide; chronic obstructive pulmonary disease

Increased levels of exhaled nitric oxide (eNO), an index of NO synthesis in the respiratory system,¹ have been detected in patients with asthma whereas smokers exhibit reduced levels of eNO.²,³ Similar levels of eNO were found in patients with chronic obstructive pulmonary disease (COPD) and in healthy subjects. More recently Maziak et al⁴ have shown a negative correlation between forced expiratory volume in one second (FEV₁) and eNO in patients with stable and exacerbated COPD. We wondered whether the levels of eNO might be influenced by the degree of severity of COPD as assessed by airway obstruction and by the presence or absence of cor pulmonale (CP). The aim of this study was therefore to measure the concentration of eNO in patients with stable COPD with different levels of airflow obstruction, with and without CP.

Methods
SUBJECTS
Fifty three patients with COPD diagnosed according to the American Thoracic Society (ATS) criteria⁵ were enrolled, with a mean increase in FEV₁ following inhaled bronchodilator (200 mg salbutamol) of 6 (2)% of the baseline. All patients were ex-smokers (mean pack years 24 (8)) without a history of atopy. At the start of the study they were all in a stable condition and had been free from exacerbations in the preceding four weeks. Patients with other organ failure, cancer, and inability to cooperate...
were excluded from the study. No patient was on long term oxygen therapy. All the patients received regular treatment according to the ATS guidelines.

Patients were divided into three groups according to the severity of airflow obstruction (stage III or I–II of the ATS criteria) and the presence of cor pulmonale (CP): group 1, FEV1 <35% predicted and CP (n = 15, age 66 (9) years, 13 M, FEV1 32 (3)% predicted, FVC 48 (8)% predicted, RV 174 (62)% predicted, TLC 105 (29)% predicted); group 2, FEV1 <35% predicted without CP (n = 15, age 66 (7) years, 13 M, FEV1 32 (3)% predicted, FVC 48 (8)% predicted, RV 174 (62)% predicted, TLC 105 (29)% predicted); group 3, FEV1 >35% predicted (n = 23, age 67 (7) years, 21 M, FEV1 56 (10)% predicted, FVC 69 (10)% predicted, RV 130 (24)% predicted, TLC 100 (12)% predicted). Seventeen healthy non-smoking, non-atopic subjects (age 58 (11) years, 11 M) served as controls.

The study protocol was approved by the ethics committee of the Salvatore Maugeri Foundation, Gussago and the study was conducted according to the Declaration of Helsinki. Informed consent was obtained from the patients before enrolment into the study.

MEASUREMENTS
Static and dynamic lung volumes were measured with a volume constant body plethysmograph (CAD-NET System 1085, Medical Graphic Corp, St Pauls, Minnesota, USA). The predicted values were those of Quanjer.7

The presence of cor pulmonale was assessed by echo-colour Doppler evaluation (Sonotron, VingMed 750, Milan, Italy) using a mean pulmonary artery pressure of >35 mm Hg.

Exhaled nitric oxide was assessed with a high resolution (0.3 ppb) chemoluminescence analyser (LR 2000 Series, Logan Research, Kent, UK) adapted for on-line recording of NO concentration and equipped with a Teflon mouthpiece tubing. This feature obviates the need for collection into a reservoir with its variable loss of reactive NO; the sampling rate was 250 ml/min. The analyser also measured CO2 (resolution 0.1%, response time 0.2 s) by single beam infrared absorption as well as mouth pressure, exhaled flow, and volume. Mouth pressure and flow rate were calibrated using a water manometer and calibration analyser (Timeter RT-200, SLE Ltd, UK). An internal restrictor in the breathing circuit allowed expiration against a resistance in order to keep the soft palate closed and to prevent contamination of exhaled air with nasal NO; a single breath manoeuvre was performed according to the previously described methodology.58 Peak and plateau values of NO (PNO and PLNO, respectively, in ppb) were obtained from the eNO curve. The mean value of five reproducible measurements was used for analysis.

STUDY DESIGN
On the morning of the study day subjects free from medications for at least 12 hours performed spirometric tests according to the standard procedure. A 30 minute rest in the sitting position they were asked to perform five consecutive manoeuvres to measure eNO according to the published recommendations.8

DATA ANALYSIS
All data are expressed as mean (SD). The PNO and PLNO values were transformed by square root to improve characteristics of data distribution. Intrapatient eNO data were analysed by...
ANOVA for repeated measures with Huynh-Feldt correction. As no significant difference within subjects was found, the mean of five consecutive measurements was used. The between-group differences were evaluated by ANOVA and the post hoc test with Bonferroni correction was then used when requested. Linear regression by group was conducted to investigate the relationship between lung volumes and eNO variables in the study groups and to evaluate differences in slopes and intercepts. A p value of <0.05 was considered significant.

Results
Exhaled NO was detectable in all subjects. The mean (SD) coefficients of variation of intrapatient measurements were 5 (3)% and 6 (4)% for PNO and PLNO, respectively. The mean values of PLNO in patients with COPD were lower than in controls (9.4 (2.8) ppb, p<0.01, ANOVA). The PLNO levels in patients in group 3 were not significantly different between the groups. All the patients with COPD had lower levels of PLNO than controls (6.3 (3.0) ppb and 9.4 (2.8) ppb, respectively). In groups 1 and 2 PLNO levels were significantly lower than in controls but were significantly higher than in group 3 (5.5 (2.9), 5.7 (3.5), and 7.1 (2.7) ppb, p<0.01, ANOVA). The PLNO levels in patients in group 3 were not significantly lower than in controls but were significantly higher than in patients with more severe COPD, independent of the presence of CP.

The linear regression analysis by group on all data for FEV1 % predicted versus PNO and PLNO (fig 1A and B) resulted in different slopes. A slight but significant correlation was found between FEV1 and PLNO (r = 0.37, p<0.01) and a less significant (p<0.05) relationship was found between FVC % predicted and PLNO. However, no significant correlations were found when only COPD data were analysed. No significant relationship was found between eNO (either assessed as PNO or PLNO) and RV and TLC, nor with the demographic data or previous smoking behaviour.

Discussion
The results of this study show that, in patients with COPD, eNO levels are lower than in normal non-smoker subjects and are reduced in patients with more severe airway obstruction independent of the presence of cor pulmonale. Robbins et al found that peak oral NO levels in COPD patients with a mean FEV1 of 46 (5)% predicted were not significantly different from normal controls without any correlation between FEV1, or FVC and eNO. However, we found that patients in group 3, who were suffering from similar levels of airflow obstruction, had lower PLNO levels than controls. In addition, we extended the study to more severe COPD patients, both with and without CP.

The single breath technique used in our study is strongly recommended. We are confident that a constant flow exhalation was performed even in the most compromised sub-

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