Role of elevated plasma soluble ICAM-1 and bronchial lavage fluid IL-8 levels as markers of chronic lung disease in premature infants

Sally Little, Taranee Dean, Sheila Bevin, Michael Hall, Mark Ashton, Martin Church, John Warner, Janis Shute

Abstract

Background - Pulmonary neutrophilia characterises both the relatively transient inflammation associated with infant respiratory distress syndrome (IRDS) and the persistent inflammation of chronic lung disease. The possibility that persistently raised markers of inflammation indicate the development of chronic lung disease in low birth weight (<1730 g) preterm (<31 weeks) infants was therefore investigated.

Methods - Soluble ICAM-1 (sICAM-1) levels in plasma, and interleukin (IL)-8 and myeloperoxidase (MPO) levels in bronchial lavage fluid (BLF) obtained from 17 infants on days 1, 5, and 14 following birth were measured and correlations with the number of neutrophils in BLF sought. Peripheral neutrophils were isolated on Polymorphoprep and chemotactic responsiveness to IL-8 was assessed using micro Boyden chambers.

Results - Sixteen infants developed IRDS and, of these, 10 infants subsequently developed chronic lung disease. Levels of IL-8 in BLF at 14 days of age correlated with the long term requirement for intermittent positive pressure ventilation (IPPV). Interleukin 8 levels in BLF correlated with neutrophil numbers and MPO concentration, suggesting both recruitment and activation in response to this cytokine. Antibody depletion studies showed that approximately 50% of total neutrophil chemotactic activity in BLF was due to IL-8. No difference in peripheral neutrophil chemotactic responsiveness at any age was observed for infants with IRDS or chronic lung disease. Plasma soluble intercellular adhesion molecule (sICAM-1) was higher at 14 days of age in infants who developed chronic lung disease than in those with resolving IRDS, and correlated with severity of disease, as indicated by duration of IPPV.

Conclusions - The results indicate that high levels of plasma sICAM-1 and IL-8 in BLF at day 14 correlate with the development of chronic lung disease and indicate the severity of disease.

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Keywords: chronic lung disease, interleukin 8, soluble intercellular adhesion molecule 1.
bacterial pneumonia. Furthermore, increased levels of LTB₄, 5-HETE, PAF, C5a, and IL-8 have been found in the tracheal aspirates of infants with chronic lung disease. However, chemotaxis of peripheral neutrophils and expression of L-selectin and the integrin MAC-1, a counter-receptor for ICAM-1, was decreased in term and preterm neonates compared with adults.

Neutrophil migration across endothelial and epithelial cell barriers is dependent on the adhesion receptor ICAM-1, a molecule extensively upregulated in inflammatory disorders. Shedding of cell associated ICAM-1 can be induced by inflammatory cytokines and detection of a soluble form of ICAM-1 in the circulation has been proposed to be a useful marker of inflammation. Thus, raised levels of sICAM-1 have been detected in serum samples from patients with a number of inflammatory disorders including bronchial asthma. Increased levels of leucocyte-derived L-selectin and endothelial-derived E-selectin in the circulation have similarly been described in systemic inflammation, although organ-specific inflammation did not correlate with increased concentrations of these adhesion molecules in the circulation.

We therefore investigated bronchial lavage fluid (BLF) levels of IL-8 and serum levels of sICAM-1 as potential markers of the progression of the acute inflammation of IRDS to the chronic phase associated with chronic lung disease. We also compared the IL-8 induced chemotactic responsiveness of peripheral neutrophils from patients with IRDS and those with chronic lung disease.

### Table 1. Clinical parameters of patients in the study

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<th>Patient no.</th>
<th>Birth weight (g)</th>
<th>Gestational age (weeks)</th>
<th>Antenatal steroid</th>
<th>IRDS</th>
<th>Exosurf</th>
<th>IPPV (days)</th>
<th>Days in O₂</th>
<th>CLD</th>
<th>Postnatal steroid</th>
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IRDS = infant respiratory distress syndrome; CLD = chronic lung disease; Exosurf = synthetic surfactant.

**Methods**

**PATIENTS**

Seventeen infants (26–31 weeks gestation, birth weight 940–1730 g) were consecutively recruited during a five month study which was approved by the local ethical committee. During the study period one infant was not recruited due to the presence of congenital abnormalities. Informed written consent was obtained from both parents at the time of birth, or as soon as possible thereafter. Without parental consent on day 1, five infants were entered into the study on day 5 and three on day 14. Details of the patients and maternal steroid or infant surfactant therapy are shown in table 1.

**STUDY DESIGN**

Venas blood (1–2 ml) was obtained on days 1, 5, and 14 and collected into tubes containing EDTA. Bronchial lavage was performed on day 1, 2–4 hours after birth, prior to surfactant administration (Exosurf, an artificial surfactant, 2 × 5 ml/kg), and on days 5 and 14 on those infants who were intubated for intermittent positive pressure ventilation (IPPV) and for whom there were no contraindications. Bronchial lavage was carried out while the infants were supine, with the head turned to the left, and two aliquots (1 ml/kg) of normal saline were introduced via a 5 gauge catheter. Lavage samples were aspirated immediately after each aliquot. In most cases the ventilator circuit was not broken.

The total cell count of BLF was performed on fresh lavage fluid using Kimura stain in a haemocytometer. Differential cell counts were carried out on cytospin slide preparations fixed in methanol and stained with Haema-Gurr differential stain (BDH Ltd, Poole, Dorset, UK). The remaining BLF was centrifuged at 200 g for 10 minutes and the supernatant was frozen in 100 μl aliquots at –80°C.

Chronic lung disease was diagnosed if the infant received IPPV, had persisting oxygen requirement on day 28, and had an abnormal chest radiograph.

**BLF dilution factor**

The dilution of the epithelial lining fluid by lavage medium was calculated as the ratio of urea concentration in the BLF to urea concentration in the plasma, which was measured using an in-house urease-based assay. Concentrations of IL-8 and MPO in BLF and neutrophil numbers were adjusted using this ratio.
**IL-8 assay**

Interleukin 8 was measured by an ELISA which is specific for detection of free IL-8, and does not measure IL-8 in immune complexes. Mouse monoclonal and goat polyclonal antibodies were kindly donated by Dr Ivan Lindley, Sandoz, Vienna, and used as previously described. Assays were carried out on neat BLF or plasma diluted 1 in 2 with PBS/0.05% Tween 20.

**Neutralisation of IL-8 in BLF**

Neutralisation of IL-8 in BLF was achieved by incubation of BLF with goat polyclonal anti-IL-8 antibody at 1 µg/ml for one hour at 4°C. Bronchial lavage fluid was subsequently centrifuged (one minute at maximum speed in a microfuge) before assay for neutrophil chemotactic activity. In order to demonstrate the specificity of the neutralising antibody, human recombinant (hr) IL-8 and fMLP were treated with the antibody as before, for their use in chemotaxis assays.

**Plasma sICAM-1 assay**

Soluble ICAM-1 was measured in plasma diluted 1:5 using a commercially available ELISA, following the manufacturer’s instructions (British Biotechnology Ltd, Abingdon, UK).

**Myeloperoxidase assay**

Myeloperoxidase (MPO) in neat BLF was assayed by radioimmunoassay (Kabi Pharmacia, Milton Keynes, UK).

**Isolation of neutrophils and plasma preparation**

Neutrophils were isolated to 75–95% purity by centrifugation (400 g x 30 minutes) of whole blood over Polymorphprep (Nycomed Pharma AS, Oslo, Norway). The upper plasma layer was stored in 100 µl aliquots at -80°C. Erythrocytes in the cell pellet were removed by hypotonic lysis in 0.2% NaCl for 15 seconds. Isotonicity was restored with an equal volume of 1.6% NaCl. Purified cells were kept on ice in Hank's buffered salt solution (HBSS) with phenol red (Gibco, Paisley, UK).

**Chemotaxis assays**

Chemotaxis assays were performed in duplicate using 48-well microBoyden chambers (Neuro Probe, Maryland, USA) with 5 µm pore size polycarbonate filters. hr IL-8 (25 µl, 0.004-1.0 µg/ml) or dilution buffer alone (HBSS with phenol red) was added to the lower chamber in duplicate, and isolated neutrophils (50 µl, 1 x 10^6/ml) were placed in the upper chamber and incubated for one hour at 37°C. Non-migrating cells on the upper surface of the filter were removed by scraping and washing the filters. Migrated cells on the lower surface were fixed with methanol and stained (Haemacron stain) for counting. Five fields of view at 600 x magnification were counted. The neutrophil response was expressed as the average number of cells counted per high power field (hp) after the value for the buffer control was subtracted. The ED50 was calculated from the dose-response curve as the concentration of IL-8 giving 50% of the maximum response.

**DATA ANALYSIS**

Correlations were made using Spearman’s two tailed rank correlation. Differences between the patient groups were determined using the two tailed Mann-Whitney U test. The effect of maternal antenatal steroid treatment and of Exosurf treatment in the infants on the development of disease was analysed using logistic regression analysis by the Medical Statistics Department at Southampton General Hospital.

**Results**

**PATIENTS**

The clinical details of the 17 infants recruited to the study are shown in table 1. Sixteen developed RDS, and one had a systemic infection with β haemolytic streptococcus group B. Six of the infants with RDS had an uneventful course, being extubated in air between days 4 and 9 and in whom, therefore, bronchial lavage was not subsequently performed. Ten developed chronic lung disease using the definition of Northway et al. Logistic regression analysis revealed that neither variation in maternal antenatal steroid treatment nor treatment with Exosurf were significant predictors of chronic lung disease. The antenatal steroids odds ratio = 0.17 (95% CI 0.01 to 2.37), p = NS, and the Exosurf odds ratio = 3.0 (95% CI 0.2 to 48), p = NS.

**ILLUSIONS IN BLF**

The IL-8 concentration in BLF samples obtained on days 1, 5, and 14 are shown in fig 1. The number of data points reflects the number of infants still intubated for IPPV at each time point and from whom, therefore,
BLF could be obtained for analysis. No significant difference was detected in the samples obtained on day 1 between infants who subsequently developed chronic lung disease (median 305 pg/ml, range 0–2340 pg/ml) and those in whom RDS resolved (median 2717 pg/ml, range 1066–2738 pg/ml). All of the infants sampled on day 5 were also sampled on day 1, and IL-8 concentrations were significantly (p = 0:05) higher than on day 1. In addition, there was a significant (p<0.05) correlation of IL-8 concentration with postnatal age in infants who developed chronic lung disease. It was also evident that at 14 days of age the IL-8 concentration in BLF (median 5519 pg/ml, range 41–106 19 pg/ml) was significantly correlated (p<0.05) with the duration of IPPV (day of extubation indicated in brackets).

The concentrations of free IL-8 measured in BLF samples correlated significantly with both the number of neutrophils and the MPO concentration in BLF (fig 2).

The neutrophil chemotactic activity of five BLF samples from patients with chronic lung disease was assayed using adult neutrophils and was compared with the response to an optimal concentration of IL-8 (fig 3). The neutrophil chemotactic activity of BLF (26–52:7 neutrophils/hpf) was greater than that observed with 62:5 ng/ml IL-8 (16 neutrophils/hpf) (fig 4). The highest IL-8 concentration measured in the BLF used was 1:6 ng/ml, indicating that neutrophil chemoattractants other than IL-8 were present in BLF. This was tested by treating the samples of BLF with a neutralising IL-8 antibody. Antibody treatment almost completely blocked (85%) the chemotactic response to IL-8. The specificity of the antibody was demonstrated using fMLP as chemoattractant, for which no inhibition of neutrophil chemotactic activity was observed following antibody treatment. The neutrophil chemotactic activity of BLF was inhibited by 52% (SE 5:8%) by the treatment with IL-8 antibody.

IL-8 in Plasma
The peripheral plasma concentration of IL-8 of all the infants in the study remained below 120 pg/ml. There was no trend with postnatal age and no difference between infants with IRDS or chronic lung disease.

SOLUBLE ICAM-1 IN PLASMA
Soluble ICAM-1 concentration in plasma increased in all patients between days 1 and 5. In the group with chronic lung disease there was a highly significant (p<0.001) trend of increasing concentration with postnatal age (fig 5). Additionally, at 14 days of age, levels of sICAM-1 in the plasma of patients with chronic lung disease was significantly (p = 0.02) higher than in the group with IRDS. For all patients,
Discussion

Interleukin 8 has been proposed as the major neutrophil chemoattractant in human lung and has been associated with a number of inflammatory conditions in adults. Recent studies have indicated relatively high concentrations of IL-8 in the pulmonary lavage fluids of premature infants who develop chronic lung disease, ranging from 41.7 ng/ml on day 1 (22 hours after birth), to 11.9 ng/ml at 37 days of age. Others have reported up to approximately 500 pg/μg secretory component at 15 days of age. These studies did not, however, correlate IL-8 levels in lavage fluids with numbers of neutrophils nor with indices of neutrophil activation such as MPO or elastase activity in lavage fluid. Elastase and MPO activity were previously shown to be increased in chronic lung disease compared with IRDS, but no correlation with IL-8 concentrations was made.

We measured lower levels of IL-8 in BLF than previously reported, which probably reflects the specificity of our ELISA reagents for free IL-8, and also the fact that many factors present in BLF (such as immunoglobulins, x-macroglobulin, secretory component, heparan sulphate and hyaluronic acid) reduce detectable IL-8 (unpublished data). Assay of uncomplexed IL-8 is relevant since this is an active form of the soluble cytokine, while complexation with IgG autoantibodies, for example, renders the ligand unable to bind to its receptor on neutrophils. However, not all complexing molecules inhibit IL-8 activity — for example, heparan sulphate enhances the neutrophil response. Additionally, we found that although secretory IgA reduced detectable IL-8 by 85%, no IgA-inhibited induction of the neutrophil response to IL-8 could be demonstrated (results not shown). We have previously detected IL-8 autoantibodies of both the IgG and IgA class in bronchoalveolar lavage fluid from adults, and it is conceivable that immunoglobulins regulate levels of free IL-8 and thus IL-8 bioactivity in the immature lung.

Levels of free IL-8 correlated overall with both neutrophil numbers and MPO concentration in BLF. While not excluding a role for other neutrophil activators in BLF, a role for IL-8 in both recruitment and activation of neutrophils in the inflammation associated with hyperoxia and barotrauma is suggested. This is supported by the observations that IL-8 production is increased by hyperoxia, reactive oxygen metabolites, and trauma. Considering the data obtained at the earliest time point, which was up to four hours after birth, we found no correlation of IL-8 levels with numbers of neutrophils or MPO concentration, nor significant differences between infants who developed IRDS and those who developed chronic lung disease. Others have suggested

Table 2

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<th>Patient group</th>
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<th>n</th>
<th>Neutrophils/μl</th>
<th>ED50 (μg/ml)</th>
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<td>13.2 (0-70.6)</td>
<td>0.9 (0.11-0.9)</td>
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</table>

IRDS = infant respiratory distress syndrome; CLD = chronic lung disease. Values are expressed as median (range).
that measurement of elevated IL-8 concentrations 22 hours after birth is a good predictor of chronic lung disease in premature infants. However, at the four hour time point used in our study, the lack of correlation of IL-8 with other markers of inflammation indicated, firstly, the lack of an inflammatory response at this time point and, secondly, that IL-8 in BLF may be derived by aspiration of amniotic fluid and therefore of maternal origin. Interleukin 8 is not, however, the only neutrophil chemoattractant in bronchial lavage fluid and the magnitude of the IL-8 dependent chemotactic response to BLF, compared with hr IL-8 alone, indicates either active IL-8 complexes and/or a synergistic interaction between IL-8 and other neutrophil chemoattractants or activators in BLF. Chemotactic activity that was not inhibited by an IL-8 neutralising antibody may reflect PAF, LTBA, or 5-HETE activity, previously shown to be present in tracheal aspirates of patients with chronic lung disease, or other neutrophil chemoattractants such as C5a or ENA-78, a chemokine produced by bronchial epithelial cells. Although LTBA was proposed by Gronec et al. to be an important neutrophil chemoattractant in the early stages of chronic lung disease, they observed that late treatment of premature infants at day 16 with dexamethasone resulted in a decrease in neutrophil accumulation in pulmonary fluid which did not correlate with a decrease in LTBA, levels. The decreased neutrophil chemotactic activity of pulmonary effluent may, however, be related to the significant decrease in IL-8 levels observed following dexamethasone treatment. The cellular source of IL-8 in BLF is unknown, but may be derived from bronchial epithelial cells, alveolar macrophages, or pulmonary fibroblasts. Interleukin 8 synthesis by these cells is upregulated by the proinflammatory cytokines IL-1β and TNF-α and inhibited by dexamethasone. The cytokines IL-1β and TNF-α were present in bronchial aspirates of preterm infants at low concentrations at birth which increased at day 4 in parallel with other inflammatory processes. Higher concentrations occurred in infants requiring oxygen for a long time, and levels of IL-1β and TNF-α were reduced by dexamethasone therapy. These observations support our finding that IL-8 in BLF appears to be a marker of disease progression. In addition to the importance of established cytokine networks in the control of pulmonary IL-8 production, increasing neutrophil elastase levels may play a part in amplification of IL-8 production by bronchial epithelial cells as inflammation progresses to the chronic phase.

ICAM-1 expression is upregulated by inflammatory cytokines and is abundant in bronchial endothelium and epithelium. In an animal model, hyperoxia induced increased expression of ICAM-1 on alveolar epithelium. Additionally, raised levels of sICAM in tracheal aspirates of infants with chronic lung disease were suggested to be a consequence of lung injury. Levels of sICAM-1 in serum are diagnostic for various inflammatory and immune disorders, and our results indicate that plasma sICAM-1 levels may also be diagnostic for the development of chronic lung disease. Higher levels of plasma sICAM-1 in infants with chronic lung disease than in those with IRDS were significantly correlated with the severity of disease, as determined by the subsequent IPPV requirement. A significant increase in plasma sICAM-1 levels was observed on day 5 in infants with IRDS and chronic lung disease. Those with IRDS, in whom inflammation resolved, showed no further increase in this parameter. Only in those with chronic lung disease was a significant increase in plasma sICAM observed at day 14. Thus, sICAM-1 in plasma may reflect endothelial damage at sites of inflammation, particularly in infants with chronic lung disease where persistent neutrophil infiltration of the lungs appears to be mediated by sustained elevated levels of IL-8. The lack of difference in neutrophil chemotactic response to IL-8 indicated that this neutrophil function was not responsible for differences in the course of inflammation in the patient groups. Our experiments did not, however, take into account the possible differential expression of adhesion molecules or other functions in neutrophils from the two groups. Thus, we propose that increased sICAM-1 in BLF and sICAM-1 in plasma mark the progress of IRDS to chronic lung disease. Factors which may be important in the regulation of inflammation in IRDS include alpha-1 protease inhibitor and IL-1β receptor antagonists. In view of the importance of IL-8 in the development of chronic lung disease, we propose that IL-8 autoantibodies in BLF may be important regulators of the activity of this cytokine and this is the subject of our current research. This study was supported by a grant from the Wessex Medical Trust, UK.

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