Primary intrapulmonary neurogenic sarcoma with hypertrophic pulmonary osteoarthropathy and asbestosis

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A case of primary intrapulmonary neurogenic sarcoma with hypertrophic pulmonary osteoarthropathy and asbestosis is described. The essential histological features of this rare tumour are detailed, and the five authentic cases previously reported are reviewed. The pathogenesis of hypertrophic pulmonary osteoarthropathy and its occurrence in this case are discussed. After surgical removal of the tumour recurrence appeared in the chest within six months. It responded poorly to radiotherapy, and death from metastases occurred 16 months after operation.

For 20 years he had been exposed frequently to asbestos dust in his job as a supervisor in the Belfast shipyards. In January 1969 he first noticed pain in the right side of the chest, pleuritic in character. He was treated with penicillin and tetracycline but the pain persisted and he was admitted to another hospital at the end of March. The pain at the base of the right lung was severe and there was acute tenderness and a loud pleural rub in this area. Grade II clubbing of the fingers and toes was noted. A chest radiograph showed a shadow at the right base posterolaterally which was first thought to be an encysted effusion. Investigations showed haemoglobin 12.4 g%, white cell count 8,250/mm³, blood urea 22 mg%, plasma proteins—albumin 3.25 g, globulins α₁ 0.55, α₂ 1.35, β 1.04, γ 1.19 g%, ESR 14 mm/hr (Westergren).

In April he began to complain of pain and swelling in the wrist, elbow, ankle, and knee joints. The joint pains steadily increased and further investigations showed: RA latex test, Rose-Waaler test, and LE latex test all negative. No LE cells were seen. Haemoglobin 11.0 g%, white cell count 11,300/mm³, ESR 35 mm/hr. Aspiration of the pleural cavity was attempted but no fluid was obtained and a punch biopsy of the pleura was also unsuccessful. At this time a provisional diagnosis of pleural mesothelioma was made and he was transferred to the Royal Victoria Hospital.

On admission his main complaint was of severe pain in the ankles and knees which practically confined him to bed. The chest pain had disappeared. On examination he looked ill and had a temperature of 100–101° F (37.7–38.2° C). His face was pale and puffy and there was grade IV clubbing of the fingers and toes. The knee and ankle joints were swollen with effusions and the soft tissues around the ankles were swollen and tender. Chest examination revealed

CASE REPORT

A 43-year-old man was admitted to the Royal Victoria Hospital on 20 May 1969. He was a non-smoker.

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Primary intrapulmonary neurogenic sarcoma

FIG. 1. Postero-anterior (a) and right lateral (b) radiographs of chest in May 1969, showing the tumour posteriorly at the base of the right lung.
signs of consolidation at the right base but a pleural rub was not heard. A chest radiograph showed an increase in the size of the shadow at the right base, which was now much more discrete and rounded (Fig. 1) and radiographs of the knees and ankles showed periosteal thickening of the ends of the bones typical of early hypertrophic pulmonary osteoarthropathy. The haemoglobin was now 9.8 g\%, white cell count 10,600/mm$^3$, ESR 115 mm/hr.

Right thoracotomy on 2 June 1969 revealed a large, soft, lobulated, white tumour in the peripheral part of the right lower lobe. The tumour was adherent to the parietal pleura in the costophrenic angle. On the parietal pleura over the lower ribs and diaphragm there were several discrete, elevated, greyish, hyaline plaques, the largest of which was about 5 cm in diameter. An extrapleural lower lobectomy was performed.

On the evening of operation the joint pains had completely disappeared and within two days the joints appeared clinically to be normal. The pyrexia settled for the first time since admission. The clubbing also began to regress but was still detectable when he was discharged on 16 June 1969.

By August 1969 the clubbing had disappeared and he was well. However, in November 1969 the finger clubbing was again obvious and a chest radiograph showed local recurrence of the tumour in the chest wall and in the mediastinal glands (Fig. 2). He was treated with a course of radiotherapy (2,400 rad over three weeks) with symptomatic and radiological improvement. Two months later he developed further metastases in the right chest which caused him considerable pain. The finger clubbing became gross but he had no further joint pains or effusions. Further radiotherapy and treatment with cyclophosphamide were without effect and he deteriorated and died in September 1970.

**PATHOLOGY** The lobectomy specimen (Fig. 3) weighed 380 g. The pleura was thickened around the base of the lobe and a few small nodules of tumour, up to 0.5 cm in diameter, were present on the diaphragmatic surface. In the periphery of the lobe there was an 8 by 5 cm tumour with a soft white whorled appearance. A few yellowish areas of necrosis were present in this, and around its edge there were occasional small satellite nodules. The neoplasm was not related to the major bronchi and did not involve the bronchial limit or hilar lymph nodes. The remaining lung tissue was firm and partially collapsed.

Histological examination showed that the tumour,
FIG. 3. Macroscopic view of right lower lobe showing cross-section of the neurogenic sarcoma.

FIG. 4. Microscopical view of the neurogenic sarcoma (H. & E. ×90); (a) spindle cells with nuclear regimentation and areas of palisading; (b) spindle cells in a myxomatous stroma; (c) organoid structures resembling Vater-Pacinian corpuscles.
which varied considerably from place to place, was composed mainly of interlacing fascicles and whorls of pleomorphic spindle cells. There was some nuclear regimentation (Antoni A) (Fig. 4a) while in other areas the cells were more loosely arranged in a myxomatous stroma (Antoni B) (Fig. 4b). Distinct organoid structures bearing a striking resemblance to Vater-Pacini corpuscles were also present (Fig. 4c). Necrosis and mitotic activity were not prominent features and there were no tumour giant cells. The satellite nodules in the lung and pleura had a similar appearance. Special stains were unhelpful in identifying this tumour but fine reticular fibres appeared to run parallel to the spindle cells and did not surround them. The lung tissue away from the tumour contained many asbestos fibres (Fig. 5) and there was mild fibrosis of the alveolar walls.

On this evidence the diagnosis of primary intrapulmonary neurogenic sarcoma and asbestosis was made.

**DISCUSSION**

There is considerable divergence of opinion in the literature regarding the definition, nomenclature, and diagnostic criteria of neurogenic sarcomas. We regard such tumours as sarcomas in which there are sufficiently characteristic areas to indicate an origin from nerve sheath, and on such grounds there might be a case for adopting the term malignant Schwannoma. However, until the histogenesis of such tumours is universally accepted the less specific term seems appropriate. Moreover, since, as Willis (1967) points out, Schwann cells form collagen, the appearance of such tumours can range from the distinctly neural, through mixed types, to growths resembling ordinary fibrosarcomas. In view of the difficulty in determining the exact origin of the latter group of tumours, only cases which fulfil the criteria suggested by Neilson (1958) can be accepted as neurogenic. The tumours are composed of interweaving fascicles of spindle cells but show areas of nuclear regimentation resembling Antoni type A and have a loose myxomatous arrangement resembling Antoni type B in other parts. Organoid structures have been present in the five acceptable cases to date and in the present case. Spencer (1968) claims that such structures do not appear in benign intrapulmonary neuromas. The present case conforms to the histological pattern of the previous reports and is thus presented as the sixth authentic case of neurogenic sarcoma.

The male/female ratio in these six cases is 5:1 with an average age of onset of 43 years. The presenting symptoms and radiological features were similar to those of bronchogenic carcinoma which was the usual preoperative diagnosis (Table). However, in our case the history of exposure to asbestos and the associated hypertrophic pulmonary osteoarthropathy led to an initial diagnosis of mesothelioma of the visceral pleura. The association of mesothelioma with asbestos exposure is well recognized (Wagner, Sleggs and Marchand, 1960; Owen, 1965) and hypertrophic pulmonary osteoarthropathy has been found in up to 50% of patients with solitary pleural tumours (Benoit and Ackerman, 1953). Elmes, McCaughey, and Wade (1965) defined 'heavy exposure' to asbestos as 'a definite history of working with asbestos full time for at least 1 year', and on this definition the exposure to asbestos in our patient was obviously very heavy over a period of 20 years. He had developed asbestosis, as evidenced by the presence of hyaline pleural plaques, asbestos bodies in the lung, and pulmonary interstitial fibrosis (Hourihane, Lessof, and Richardson, 1966), but it is not known whether this had any connexion with the development of the tumour. A history
of exposure to asbestos was not given in any of the previous five cases.

Joint pains were a presenting feature in the case reported by Bartley and Arean (1965) who described a 19-year-old boy with a two-month history of aching pains in the wrists, elbows, and knees. The joints were hot but not swollen. He also complained of soreness in the anterior tibial region and forearms and of swelling of the feet. Radiographs of the long bones were normal. After left pneumonectomy to remove a large tumour of the left upper lobe, the limb and joint pains had disappeared on recovery from anaesthesia. While finger clubbing and periosteal new bone formation were not seen, it appears likely that hypertrophic pulmonary osteoarthropathy was present in an early form although it is not described as such in their case report. In our case the triad of (1) periosteal new bone formation on the distal ends of long bones, (2) joint swelling, pain, and tenderness, and (3) clubbing of the fingers, were present and established the diagnosis of hypertrophic pulmonary osteoarthropathy. Their association with the tumour is evident in that they rapidly disappeared when the tumour was removed. When metastases occurred the clubbing reappeared.

Pulmonary osteoarthropathy has been described in association with a wide variety of tumours, including bronchogenic carcinoma (Vogl, Blumenfeld, and Gutner, 1951; Semple and McCluskie, 1955; Berman, 1963), pleural mesothelioma (Berg, 1949), carcinoma of the nasopharynx (Compere, Adams, and Compere, 1935), carcinoma of the thymus (Miller, 1939), neoplasms of the upper gastrointestinal tract including myxoma of the oesophagus (Hollis, 1967), and chronic myeloid leukaemia (Temple and Jaspin, 1948). It has been reported in three out of six cases of neurolemmoma of the diaphragm (Trivedi, 1958) but not previously with a pulmonary tumour of neurogenic origin. Currently two theories, the endocrine and the neurogenic, are advanced to explain the occurrence of the arthropathy. The existence of an underlying endocrine imbalance was suggested by Ginsburg and Brown (1961) who measured urinary oestrogen levels in male patients with bronchogenic carcinoma and hypertrophic pulmonary arthropathy. They found in such patients that the mean oestrogen excretion was more than twice that of healthy men; after removal of the tumour it fell to normal. The neurogenic theory arose from the observations of Flavell (1956) that regression of the arthropathy occurred after section of the vagal fibres to the lung even when the bronchogenic carcinoma was not removed. Experimental evidence which partially supported Flavell's findings was put forward by Holling, Brodey, and Boland (1961); and Holling, Danielson, Hamilton, Blakemore, and Brodey (1963), who postulated that impulses arose in the vagus nerve (Holling, 1967). The efferent path of the 'reflex' did not appear to be neural but they were unable to find evidence for a simple humoral mechanism to explain the increased limb blood flow which is a constant feature in osteoarthropathy (Ginsburg, 1958; Holling et al., 1961). Our case seems to support this theory for it is easy to imagine afferent nervous impulses

### Table: Accepted Cases of Primary Intrapulmonary Neurogenic Sarcoma

<table>
<thead>
<tr>
<th>Authors</th>
<th>Sex</th>
<th>Age (yr)</th>
<th>Anatomical site</th>
<th>Symptoms</th>
<th>Microscopical appearance</th>
<th>Treatment and prognosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diveley and Daniel (1951)</td>
<td>M</td>
<td>48</td>
<td>LUL</td>
<td>Malaise, weight loss, anaemia</td>
<td>Pleomorphic spindle cells, palisading and whorls; numerous mitotic figures</td>
<td>Pneumonectomy: died 4 months later from metastases</td>
</tr>
<tr>
<td>Santy et al. (1953)</td>
<td>F</td>
<td>50</td>
<td>RLL</td>
<td>Haemoptysis</td>
<td>Fusiform cells, areas of xanthomatous degeneration; reticulum fibres surrounding cells</td>
<td>Cured by pneumonectomy</td>
</tr>
<tr>
<td>Petriat et al. (1953)</td>
<td>M</td>
<td>63</td>
<td>LLL</td>
<td>Asymptomatic</td>
<td>Fusiform cells arranged in whorls; palisading of nuclei; mitotic figures</td>
<td>Cured by pneumonectomy</td>
</tr>
<tr>
<td>Neilson (1958)</td>
<td>M</td>
<td>35</td>
<td>LLL</td>
<td>Cough, haemoptysis, chest pains</td>
<td>Fusiform cells in interweaving bundles; fascicular pattern with silver impregnation</td>
<td>Cured by pneumonectomy</td>
</tr>
<tr>
<td>Bartley and Arean (1965)</td>
<td>M</td>
<td>19</td>
<td>LUL</td>
<td>Joint pains, weight loss, leg oedema</td>
<td>Spindle cells arranged in bundles and whorls with an organized pattern; reticulum fibres areas of necrosis; mitotic figures</td>
<td>Cured by pneumonectomy</td>
</tr>
<tr>
<td>Present case</td>
<td>M</td>
<td>43</td>
<td>RLL</td>
<td>Chest pains, joint pains and effusions, finger clubbing</td>
<td>Spindle cells in whorls, nuclear palisading, organoid structures; fine reticular fibres parallel to cells</td>
<td>Lobectomy: died 16 months later from metastases</td>
</tr>
</tbody>
</table>
arising in a primary neurogenic sarcoma of the lung, and the patient's joint pains were relieved abruptly by excision of the tumour with division of the perihilar vagal nerve fibres. Moreover, despite the recurrence of the tumour in the pleura, ribs, and mediastinum, the arthropathy did not reappear. If a humoral substance produced by the tumour was the direct cause of the arthropathy, then the joint pains and swelling should have reappeared with the development of the metastases.

Treatment in all six cases was by surgical removal. In four this appeared to be curative but the patient of Diveley and Daniel (1951) died four months after operation from metastases. The tumour recurred in our patient 5 months after operation, responded poorly to radiotherapy, and caused the patient's death from metastases 16 months after operation.

Our thanks are due to Mr. H. M. Stevenson, F.R.C.S., for permission and encouragement to report this case. Dr. A. R. Lyons, M.D., F.R.C.P., F.F.R. R.C.S.I., D.M.R.T., looked after this patient in the later stages of his illness and gave us much helpful information for which we are most grateful. We wish also to thank Miss N. Sewell and Miss A. Hillary for secretarial help.

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Thorax 1971 26: 212-218
doi: 10.1136/thx.26.2.212