Primary diffuse tracheo-bronchial amyloidosis

MARIA L. ANTUNES AND J. M. VIEIRA DA LUZ

From the Department of Chest Diseases, University of Lisbon Medical School, Portugal

A case of diffuse tracheo-bronchial amyloidosis in a 62-year-old woman thought to have chronic bronchitis is reported. The immunological mechanism in the pathogenesis of this condition is considered and the need for bronchological investigation in chronic bronchial disorders is stressed.

CASE REPORT

A. V. A., a 62-year-old housewife, born in Faro (in the Portuguese southern province of Algarve), had had an episode of haemoptyses at the age of 27; she was admitted to hospital, where mitral stenosis was diagnosed. There were no other symptoms at the time. The haemoptysis recurred at 40 and 43, again without other complaints. At 56 she had a respiratory illness with dyspnoea, cough, purulent sputum, and fever (38.5° C.). Antibiotics were administered and the patient recovered. Since then asthma-like episodes have

occurred, with wheezing, not related to exertion but to cold and wet weather. She was worse in winter and was frequently hospitalized for treatment.

Two years ago blood-stained sputum appeared during the acute attacks. Physical examination showed a thin, elderly woman with a pulse rate of 110/minute. Scattered wheezes were heard over both lung fields, but no signs of upper respiratory stenosis were present. The first heart sound at the apex was sharp and loud and, on exercise only, a diastolic murmur grade 1 or 2 in 4 was heard. Rhythm was normal. Sputum cultures were nega-

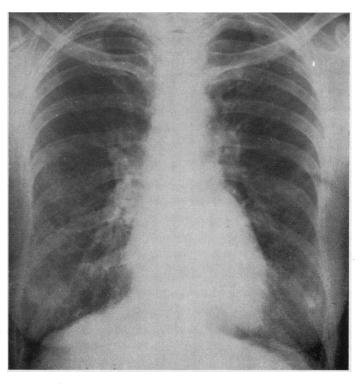


FIG. 1. Chest radiograph showing mild generalized emphysema.

tive. E.S.R. was 34 mm./hour. Urinalysis, blood count and differential count, haemoglobin, blood sugar, and nonprotein nitrogen were within normal limits. An electrocardiogram showed a pattern of incomplete right bundle-branch block. The radiograph showed a slightly emphysematous chest with a vertical heart (Fig. 1).

Cytology of the sputum was negative. Lung function tests were performed by the methods in routine use at the department's Pulmonary Function Laboratory and the results are shown in Table I. They indicated a mixed type of respira-

TABLE I
PULMONARY FUNCTION STUDIES

	Observed	Predicted
Lung volumes Vital capacity (ml.) Residual volume (ml.) Total lung capacity (ml.) R.V./T.L.C. × 100 (%) Mixing time (helium closed circuit) (min.)	1,500 3,700 5,200 71 5	2,800 1,100 3,700
Ventilation Frequency (respirations/min.) Tidal volume (ml.) Minute-volume (ml./min.) Alveolar ventilation (ml./min.) Physiological dead space (ml.) Physiological dead space ventilation (ml./min.)	18 260 4,700 3,800 45	15 340 5,100 3,200 125
Gas exchange Oxygen consumption (ml./min.) Respiratory exchange ratio	160 0·70	180 0·70-1·1
Mechanics of breathing Maximal voluntary ventilation (l./min.) Forced expiratory volume in 1 sec. (F.F.V. ₁) (ml.) Forced vital capacity (F.V.C.) (ml.) F.E.V. ₁ /F.V.C. × 100 (%)	19 660 1,500 44	95 2,800 75–80
Blood gases Oxygen saturation (%)	92 7·54 49·7 25·8 47·9	96 7·36–7·42 56–62 35–42 53–59

tory insufficiency, both restrictive and obstructive, and a mild degree of emphysema. Alveolar hyperventilation with respiratory alkalosis and some arterial hypoxaemia were present. These findings were compatible with a clinical diagnosis of chronic bronchitis with considerable chest hyperinflation and possibly some degree of emphysema.

Bronchography performed routinely to study the tracheo-bronchial tree in chronic bronchitis showed, much to our surprise, a severe deformity of the trachea encroaching upon the lumen and occupying most of its length (Fig. 2). The walls of the main bronchi appeared to be thickened while the peripheral tree showed images of chronic bronchitis. Subsequently, at bronchoscopy, the larynx was found to be normal but the trachea

was partially filled with numerous yellowish sessile tumours on both sides of the airway, covered by an intact mucosa (Fig. 3). The left main bronchus was infiltrated and its lumen quite reduced (Fig. 4a). On the lateral wall of the right main bronchus



FIG. 2. Bronchography shows the deformity of the trachea and thickening of the large bronchi.

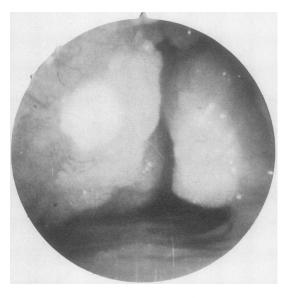


FIG. 3. Bronchoscopic view of the trachea.

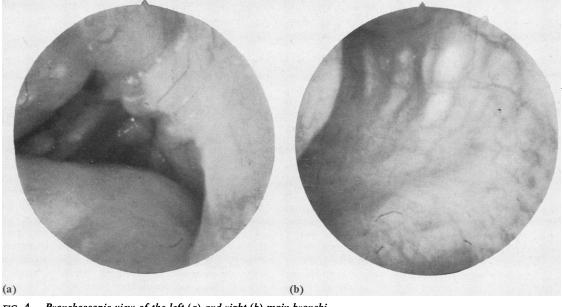


FIG. 4. Bronchoscopic view of the left (a) and right (b) main bronchi.

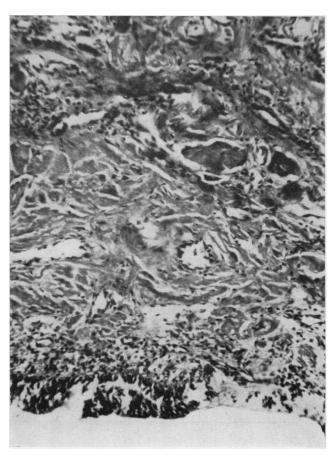


FIG. 5. Photomicrograph showing the amyloid deposit, the intact epithelium, and giant foreign-body cells (Congo Red).

there were two small localized yellowish deposits (Fig. 4b). There was no significant bleeding when specimens were taken for pathological examination.

Microscopically there was an extensive deposit in the submucosa of a hyaline substance shown to be amyloid. The epithelium over the deposit was intact. No squamous metaplasia was demonstrated. Some giant foreign-body cells were present in relation to the amyloid and small calcifications were seen. There were no significant numbers of plasmocytes (Fig. 5).

The histological diagnosis of amyloid tumours of the trachea and bronchi was made and for this reason several investigations were undertaken. A barium swallow showed no change; Bence-Jones protein was not found in the urine. The serum total proteins were 7.40 g./100 ml., with 46.6% albumin, 6.1% α_1 , 13.6% α_2 , 13.2% β , and 20.7%y globulins. An immunoelectrophoretic study of the patient's serum compared with a normal one disclosed an increase of β_2 and α_2 M fractions and the line to IgA fraction had a double arch. These changes were not considered to be significant. Bone marrow aspiration biopsy disclosed no abnormality. The Congo Red test was in the upper limit of normal, the patient's blood retaining 75% of the amount of dye used one hour after the injection was performed.

Subsequently, three more bronchoscopies were performed at monthly intervals for removal of tissue. One of them was done three days after the intravenous injection of 10 ml. of 1% Congo Red dye and the deposits macroscopically were stained

a dark pink. On every occasion part of the mass was removed with forceps. Only once was there some bleeding.

The patient was feeling well, no more respiratory infections occurred, and she was discharged and referred for follow-up observation and prospective bi-yearly removal of the remaining deposits.

DISCUSSION

Amyloidosis of the respiratory system described as early as 1875 (Burow) and by 1935 95 cases were already known (Kramer and Som, 1935). However, cases with diffuse nodular infiltration of the trachea and bronchi causing progressive narrowing of the air passages, without involvement of the upper respiratory tract, are quite scarce and we could find only 18 cases (Table II), ours being the nineteenth in the literature. This is a primary, atypical form like the others, since no systemic involvement could be demonstrated. Also no connexion was found between this type of amyloidosis and the Portuguese familial form of the disease involving the nervous system, especially the peripheral nerves of the lower extremities (Da Silva Horta, Filipe, and Duarte, 1964).

Among the theories advocated for the pathogenesis of amyloidosis, some immunological mechanism with a local antigen-antibody reaction may be involved, and it is possible that in chronic bronchial disorders a continuous stimulation by a local source of antigen may lead to the deposition of amyloid (Prowse and Elliott, 1963).

TABLE II

Author	Age/Sex	Localization	Diagnosis	Duration	Symptoms
Kraus (1886)	71 M 74 M 40 F 43 M 48 M 36 M 53 M	Trachea Trachea, bronchus Trachea Trachea, bronchus Trachea, bronchus Trachea, bronchus Trachea, bronchus Bronchus	Necropsy Necropsy Bronchoscopy Bronchoscopy Bronchoscopy Bronchoscopy Bronchoscopy	2 mths 2 yrs 6 yrs 5 yrs Many years 6 yrs 14 yrs 2 yrs	Dyspnoea Wheeze Cough, wheeze Cough, wheeze Cough Cough Bronchitis Haemoptysis
Delarue, Pointillart, Garaix, and Verley (1957) Howanietz (1958) Steinmann (1958) Prowse (1958) Prowse (1958) Dood and Mann (1959) Kamberg, Loitman, and Holtz (1962) Kamberg et al. (1962) Buitendyjk and Maesen (1963) Domm, Vassallo, and Adams (1965)	56 M 48 F 53 M 52 F 47 F 67 M 68 M 45 M 60 M	Trachea, bronchus Trachea, bronchus Bronchus Bronchus Trachea, bronchus Trachea, bronchus Trachea, bronchus Bronchus Bronchus Bronchus	Bronchoscopy Necropsy Bronchoscopy Bronchoscopy Bronchoscopy Necropsy Bronchoscopy Bronchoscopy Bronchoscopy	26 yrs Several yrs 2 yrs 1½ yrs 3 yrs 30 yrs 2 yrs 4 yrs 1 yr. 12 yrs	Bronchitis, haemoptysis Asthma Cough Cough, dyspnoea Dyspnoea Dyspnoea Dyspnoea Haemoptysis Cough, wheeze Dyspnoea, haemoptysis Dyspnoea, cough pneumonia
Present case	62 F	Trachea, bronchus	Bronchoscopy	35 yrs 6 yrs	Haemoptysis Bronchitis

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It is possible that more cases would be found if more bronchoscopies and bronchographies were performed in chronic bronchial conditions.

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