Allergic alveolitis in a maltworker

H. F. V. RIDDLE, SONIA CHANNELL, W. BLYTH, D. M. WEIR, MELODY LLOYD, W. M. G. AMOS, AND I. W. B. GRANT

From the Departments of Respiratory Diseases, Botany, and Bacteriology, University of Edinburgh

A further example of diffuse pulmonary hypersensitivity to an inhaled organic antigen is reported. A 42-year-old maltworker, who developed an illness resembling farmer's lung, was found to have been heavily exposed to the spores of *Aspergillus clavatus*. Precipitating and complement-fixing antibodies against an extract of *A. clavatus* were detected in his serum, a late (Arthus-type) reaction was produced by intradermal injection of the same extract, and a pyrexial reaction, accompanied by a reduction in forced vital capacity and carbon monoxide transfer factor, occurred 6 hours after the inhalation of spores of *A. clavatus*. Two of the patient's four workmates complained of similar but less severe symptoms, and their sera also contained specific antibodies. Although the spores of *A. clavatus* and of *Cryptostroma corticale*, the fungus responsible for maple-bark disease, are much larger than the 1 μ spores of *Micropolyspora* sp., they may give rise to a diffuse pulmonary hypersensitivity reaction indistinguishable from that observed in farmer's lung. This suggests that the occurrence of such a reaction is not necessarily related to the size of the inhaled particles, and there is reason to believe that the concentration of spores or other antigenic particles in the inspired air may in this respect be more important than their size. The pulmonary hypersensitivity in this group of disorders appears to be a precipitin-mediated (type III) response to a variety of inhaled antigens, but some of these antigens may in certain patients, presumably atopic individuals, also provoke a reagin-mediated (type I) bronchial hypersensitivity reaction. It is suggested that a term such as 'allergic alveolitis' or 'extrinsic allergic alveolitis' may suitably be used to describe the group of diseases caused by pulmonary hypersensitivity to inhaled organic antigens.

Six examples of pulmonary hypersensitivity to inhaled organic antigens, confirmed by the detection of precipitating antibodies in the serum, have been reported since 1962. These conditions appear to affect the peripheral gas-exchanging tissues of the lung, and are characterized by dyspnoea some hours after exposure, crepitations, diffuse micronodular opacities on radiological examination, and reduction in both vital capacity and carbon monoxide transfer factor. In most instances there is no clinical or physiological evidence of an obstructive disease of the airways, such as wheezing, or a reduction in the ratio of the forced expiratory volume in one second (F.E.V.₁₀) to the forced vital capacity (F.V.C.).

The first of these disorders to be recognized was that of Pepys's lung, in which Pepys, Riddell, Citron, and Clayton (1962) demonstrated precipitating antibodies against antigens derived from mouldy hay in the serum of patients with this condition, and later identified *Micropolyspora* sp. (*Thermopolyspora polyspora*) as the chief source of antigen (Pepys, Jenkins, Festenstein, Gregory, Lacey, and Skinner, 1963). Other workers subsequently demonstrated precipitins against other antigens in bird fancier's lung (Reed, Sosman, and Barbee, 1965; Hargreave, Pepys, Longbottom, and Wraith, 1966), in bagassosis (Salvaggio, Buechner, Seabury, and Arquembourg, 1966), in maple-bark disease (Emanuel, Wenzel, and Lawton, 1966), in patients inhaling pituitary snuff (Pepys, Jenkins, Lachmann, and Mahon, 1966), and in a laboratory worker handling the grain weevil (Lunn and Hughes, 1967).

A further example of a similar type of pulmonary hypersensitivity occurring in a maltworker exposed to the spores of *Aspergillus clavatus* is described in this paper.

CASE REPORT

CLINICAL HISTORY A 42-year-old maltsman (W. G.) with no important previous history of respiratory
disease presented to his general practitioner in November 1966 complaining of progressive exertional dyspnoea, cough, mucoid sputum, and night sweats. These symptoms subsided completely after he had stopped work for a week, during which time he was treated with tetracycline. A few hours after he returned to work, the dyspnoea and cough recurred, and during the night he felt hot and feverish. He was off work on this occasion for two weeks, and once more made a complete recovery, but on the evening of the day on which he resumed work he had a further recurrence of the same symptoms.

When he was referred to the Northern General Hospital, Edinburgh, on 22 December 1966 he was short of breath on mild exertion but was afebrile. Coarse crepitations, but no rhonchi, were audible over both lungs, and a postero-anterior chest radiograph (Fig. 1) showed diffuse bilateral micronodular shadowing. The F.V.C. was 3·74 l. (predicted normal = 4·20 l.) and the F.E.V.1·0 was 2·46 l. (predicted normal = 3·36 l.). The total white-cell count was 10,500 per cu.mm., with a normal differential count. The sputum was mucoid, and on bacteriological examination only a normal upper respiratory commensal flora was found. Mycological examination, however, yielded a mixed growth of A. clavatus, Penicillium breffeldianum, and Rhizopus sp., with a single colony of Aspergillus fumigatus.

When his condition was reviewed on 29 December 1966 his symptoms had improved slightly, and the F.V.C. and F.E.V.1·0 had increased to 4·15 l. and 2·70 l. respectively. The radiological appearances were, however, unchanged and for this reason it was decided to treat him with prednisolone, which was given in a dose of 20 mg. per day for 14 days and was gradually withdrawn during the next 14 days. When treatment was stopped on 26 January 1967 he was asymptomatic, and clinical examination was negative. His F.V.C. and F.E.V.1·0 had risen to 4·95 l. and 3·40 l. respectively, and the radiological appearances had returned virtually to normal. The total white-cell count was 5,100 per cu.mm. with no increase in eosinophils, and the erythrocyte sedimentation rate was 11 mm. in the first hour.

He was admitted to hospital on three occasions during February 1967 for further investigations, including inhalation provocation tests. There was a temporary relapse in his condition after the second of these tests (reported below), but a week later he had recovered completely. He returned to work at the maltings in March 1967 but was not sent back to the open malt floors. Initially, he was given duties in a separate building, where there was no dust hazard, but a few weeks later he was employed as a greaser and was again exposed for short periods to dust emanating from the malt floors where he had worked originally. This was soon followed by a recurrence of dyspnoea and a fall in F.V.C. and F.E.V.1·0 to 4·20 l. and 2·90 l. respectively. Because of this development he decided to terminate his employment at the maltings, and when his condition was reviewed five weeks later he was clinically well, his chest radiograph was normal, and his F.V.C. and F.E.V.1·0 were 4·80 l. and 3·20 l. respectively.

Four other men were working on the same malt floor when the patient developed his initial symptoms. All had normal chest radiographs, but two of them complained of shortness of breath after returning home at the end of a day's work. A limited series of investigations were undertaken on these men, and the results are reported later in this paper.

OCCUPATIONAL HISTORY Until February 1966 the patient had worked in a paper-mill, but he then changed his occupation to work in an open floor maltings. The various steps in the malting process, in which he was engaged, are shown in Figure 2. Barley from the farms, after being dried in kilns, is stored for at least eight weeks in silos. It is then rehydrated by steeping in tanks, several changes of water being made over 36 hours and hypochlorite solution being added as a fungicide. The barley is then allowed to germinate on open floors, the rate of germination being controlled by regulation of the temperature and humidity. This is done by thickening or thinning the layer of malt. The malt is also turned regularly to release carbon dioxide and to aerate the grain. The floor temperature is traditionally kept at about 18° C. The malt is then dried in kilns, and the temperature is raised slowly to 82° C, after which it is screened once again to remove the rootlets (known as 'culms'). Finally, the finished malt is transferred to the distillery. All the waste products go to provident merchants for conversion to cattle foods.

The patient helped with all the processes described above, but his main work was to turn the malt on the open floors with a machine. This normally produces very little dust, but the onset of the patient's symptoms was noticed to coincide with the observation that a heavy green dust was rising from the malt while it was being turned. This dust was so dense that it reduced visibility across the malting floor, and the men started to wear gamgee face masks, normally reserved for kiln working. The contamination of these masks was so great that it was found necessary to double the thickness of the gamgee and to change it two or three times daily.

The green dust had first been observed when malting of the new season's grain was started in October 1966. This was known to contain a larger number of split corns than normal. The local farmers were growing a new type of barley, with a higher yield but thinner skin than the traditional types. In wet summers, such as 1966, the grain in the field tends to swell, and many of the corns are split. Such split corns are particularly prone to infection by fungi. Furthermore, the temperature of the malt floors had, since the beginning of the 1966-7 malting season, been kept at 24° C. (6° higher than the traditional value) by spraying the malt with water on the second day. The purpose of this was to reduce the duration of the malting process from 10 to 6 days, and so to increase the overall production of malt, with obvious economic advantages but at the risk, not realized at
the time, of increasing the amount of fungal growth on the germinating barley.

Samples from the maltings, including unprocessed barley, germinating barley, culms, dust, and face masks, were submitted to mycological examination, and a profuse growth of *A. clavatus* was obtained from almost every specimen. Two other fungi, *P. brefeldianum* and *Rhizopus* sp., which had been isolated from the patient's sputum, were also cultured from some of the samples. Fungi are common grain contaminants on open malt floors, but *A. clavatus* was not cultured from samples obtained from two other maltings in the same district.

**SPECIAL INVESTIGATIONS**

*Inhalational provocation tests* These were performed with (a) an aqueous extract of spores of *A. clavatus*, (b) dry spores of *A. clavatus*, and (c) dry spores of *P. brefeldianum*. It proved technically impossible to prepare a fine dry powder, suitable for inhalation, with spores of *Rhizopus* sp., and the patient's sensitivity to this agent was therefore not tested.
The results were as follows:

(a) The inhalation of an extract of spores of *A. clavatus*, administered by a Wright-Smith nebulizer, produced no symptoms nor pyrexia, but the F.V.C. fell by 0.4 l eight hours later. It was subsequently shown, however, that variations in F.V.C. of this magnitude occurred in this patient during any normal day.

(b) The changes in F.V.C. and oral temperature following the inhalation of 20 mg. of dry spores of *A. clavatus* are shown in Figure 3. Three hours after the inhalation the F.V.C. began to fall, and at seven hours it was more than 1 litre below the pre-inhalation level. His temperature began to rise at six hours, and at eight hours had reached about 39°C. The pyrexia did not subside until 24 hours after the inhalation, and the F.V.C. remained subnormal for a week. At the height of the reaction the patient complained of retrosternal tightness, shortness of breath, nausea, sweating, headache, and generalized aching in the trunk and limbs. He volunteered the information that these symptoms were virtually identical with those he had experienced when he was at work. The results of respiratory function tests before and 24 hours after the inhalation are shown in Table I. It can be seen that there was a fall in Pao₂ and in the value obtained for carbon monoxide transfer factor. There was also a sharp increase in resting pulmonary ventilation, which produced a fall in Paco₂ to 23.5 mm. Hg and a respiratory alkalosis. The haematological changes which followed inhalational provocation are shown in Table II. These consisted of an increase in the number of neutrophil polymorphs (without eosinophilia) and a progressive elevation in the erythrocyte sedimentation rate, which was still continuing four days after the spores had been inhaled.

### Table I

| Changes in Respiratory Function Following Inhalation of Aspergillus Clavatus Spores |
|------------------------------------------|-----------------|------------------|
| Before Inhalation | After Inhalation |
| T.L.C. (l) | 7.82 | 6.35 |
| V.C. (l) | 5.45 | 4.05 |
| R.V. (l) | 3.37 | 2.3 |
| R.V./T.L.C. (%) | 30 | 36 |
| F.V.C. (l) | 5.45 | 4.0 |
| F.E.V.₁₀₀₀ (l) | 3.6 | 2.7 |
| F.E.V.₁₀₀₀/F.V.C. (%) | 66 | 67 |
| V̇E (l/min. ATPS) | 6.05 | 10.5 |
| CO₂ extraction (%) | 46.3 | 33.5 |
| Tco₂ (ml. CO/min./mm. Hg) | 10.3 | 9.4 |
| Sa₀₂ (%) | 90 | 90 |
| Paco₂ (mm. Hg) | 36.5 | 36.5 |
| Paco₂ (mm. Hg) | 23.5 | 23.5 |
| pH (units) | 7.5 | 7.5 |

### Table II

| Haematological Changes Following Inhalation of Aspergillus Clavatus Spores |
|--------------------------|-----------------|------------------|
| Before Inhalation | 1 Day after Inhalation | 4 Days after Inhalation |
| Total white-cell count (per cu.mm.) | 5,100 | 11,000 |
| Neutrophils (%) | 57 | 97 |
| Eosinophils (%) | 1 | 1 |
| Film | — | — |
| E.S.R. (mm./hr) | 11 | 30 |
| Turk cell, and myelocytes | 85 | 85 |
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FIG. 3. Changes in forced vital capacity and oral temperature following the inhalation of spores of A. clavatus.

FIG. 4. Changes in forced vital capacity and oral temperature following the inhalation of spores of P. brefeldianum.

(c) The changes in F.V.C. and oral temperature following the inhalation of 20 mg. of spores of P. brefeldianum are shown in Figure 4. A slight increase in oral temperature was recorded eight hours after the inhalation, but there was no significant reduction in F.V.C.: the pyrexia may thus merely have represented a non-specific reaction to foreign protein, and such a phenomenon has in fact been reported in control subjects exposed to avian and mouldy hay extracts by Reed et al. (1965) and Barbee, Dickie, and Rankin (1965).

Immunological studies on serum and skin. These are summarized in Table III. Each fungal antigen was prepared from the total extract of a three-week culture, using a modification of the method described by Longbottom and Pepys (1964). For the gel diffusion tests, a double diffusion plate:
TABLE III
RESULTS OF IMMUNOLOGICAL STUDIES ON PATIENT W.G.

<table>
<thead>
<tr>
<th>Antigen</th>
<th>Gel Diffusion Test</th>
<th>Complement Fixation Test</th>
<th>Intradermal Test (Late Reaction)</th>
<th>Prick Test (Immediate Reaction)</th>
<th>Histamine Release Test</th>
</tr>
</thead>
<tbody>
<tr>
<td>F.L.H.</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Avian protein</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Aspergillus fumigatus</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Aspergillus clavatus</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Penicillium</td>
<td>-</td>
<td>-</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>brefeldianum</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rhizopus species</td>
<td>-</td>
<td>-</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

Technique (Ouchterlony, 1949) was used. The complement fixation tests were performed on W.H.O. Perspex plates by a four-drop system, with anticomplementary control, using 1:25 MHD guinea-pig complement. The end-point was taken as the last tube showing clearly visible red cells after incubation at 4°C for 24 hours, followed by incubation for 40 minutes at 37°C. After the addition of 3% sensitized sheep cells. Standard techniques were used for the prick and intradermal tests. In the histamine release test human lung tissue was passively sensitized by the patient's serum, and exposed to antigen. The amount of histamine released from the preparation was then assayed by a pharmacological method (Bukhari, 1967). There is some evidence to suggest that a positive test indicates the presence of reaginic antibody (Augustin, 1967).

The patient's serum did not contain precipitating antibodies against F.L.H. or avian protein antigens, or against antigens derived from A. fumigatus, P. brefeldianum, or Rhizopus sp. The presence of precipitating antibodies to A. clavatus antigen was indicated by positive gel diffusion and complement fixation tests, and by a late (Arthus-type) reaction to intradermal injection of antigen. The absence of reaginic antibody was indicated by a negative prick test and a negative histamine release test. Gel diffusion and complement fixation tests on sera from 36 controls (including normal subjects and asthmatics) were all negative. A late (Arthus-type) reaction was produced by the intradermal injection of extracts of both P. brefeldianum and Rhizopus sp., but these were less marked than the reaction to A. clavatus. Six normal controls showed no immediate or late reaction to the intradermal injection of any of the three extracts.

The results of serological tests on the patient's four workmates are shown in Table IV. Positive gel diffusion and complement fixation tests with A. clavatus antigen were obtained in two of these subjects, and both showed a late (Arthus-type) skin reaction to an intradermal injection of the same antigen.

TABLE IV
RESULTS OF SEROLOGICAL TESTS IN PATIENT'S FELLOW WORKERS

<table>
<thead>
<tr>
<th>Antigen</th>
<th>Gel Diffusion Test</th>
<th>Complement Fixation Test</th>
<th>Gel Diffusion Test</th>
<th>Complement Fixation Test</th>
<th>Gel Diffusion Test</th>
<th>Complement Fixation Test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aspergillus</td>
<td>R.K.</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>clavatus</td>
<td>J.S.R.</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Penicillium brefeldianum</td>
<td>J.W.</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Rhizopus species</td>
<td>J.G.</td>
<td>-</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

DISCUSSION

DIAGNOSIS The patient's illness was similar in all essential respects to that of farmer's lung. He gave a characteristic history of symptoms developing late in the day after exposure to mouldy vegetable material, and showed the typical clinical features of breathlessness, cough, malaise, and fever, associated with the presence of crepitations on auscultation and a striking absence of wheeze. The radiological picture of micronodular shadowing, distributed throughout both lung fields, was also consistent with the diagnosis. The patient's serum, however, did not contain precipitating antibodies against F.L.H. antigens, and the temperature on the malt floor (24°C.) was not in fact high enough to promote the growth of thermophilic actinomycetes. The negative gel diffusion test with avian antigen also virtually excluded a diagnosis of bird fancier's lung. On the other hand, the patient was known to be exposed to vast numbers of spores of A. clavatus at his place of work, the same fungus was cultured from his sputum, and there was a consistent time-relationship between each renewed exposure to the spore-containing dust in the maltings and each recurrence of symptoms. There appeared to be strong a priori grounds for attributing the patient's illness to pulmonary hypersensitivity to the spores of A. clavatus.

Support for this hypothesis was provided by (1) the detection in the patient's serum of precipitating antibody against an antigen prepared from A. clavatus, but not against those prepared from other fungi in the patient's sputum and on the
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malt floors, (2) his response to the inhalation of spores of A. clavatus, (3) the late (Arthus-type) reaction to an intradermal injection of A. clavatus extract, and (4) the finding of precipitating antibodies against A. clavatus in the serum of two of the patient's workmates, who also exhibited a late (Arthus-type) reaction after intradermal injection of the same extract.

It seemed unlikely that the other two fungi isolated both from the patient's sputum and from the malt floors, P. brefeldianum and Rhizopus sp., were of aetiological importance, as the patient's serum did not contain precipitating antibodies against antigens prepared from either of these fungi. On the other hand, the late (Arthus-type) skin reaction produced by the intradermal injection of extracts of P. brefeldianum and Rhizopus sp. presumably indicated that the patient had been sensitized by these organisms, and the same interpretation could perhaps be placed on the slight reaction to the inhalation of spores of P. brefeldianum. Nevertheless, by all available criteria, the patient exhibited a more marked degree of sensitivity to A. clavatus than to either of the other two fungi, and we think that his illness was caused by the inhalation of spores of A. clavatus which provoked a type III hypersensitivity response, as defined by Gell and Coombs (1963).

MYCOLOGY OF ASPERGILLUS CLAVATUS. This fungus is so named because of the club- or clavate-shaped heads of the vesicles, which carry a single series of sterigmata crowned by chains of smooth-walled oval spores, measuring 3.5 x 2.5 μ (Fig. 5). The scale diagram illustrates the large size of the vesicles, compared with those of other aspergilli associated with human disease. The various spores are also illustrated on a different scale.

A. clavatus is a common soil contaminant, often found in decomposing material of high nitrogen content and in animal dung. Like many other

FIG. 5. Morphological features of A. clavatus and other aspergilli.
fungi, it has been investigated in regard to its antibiotic-producing potential. Two potent substances have been extracted, clavicine and clavatin (these may be identical), and these have been reported to be of value in the treatment of the common cold (Raper and Fennell, 1965). An isolate of \textit{A. clavatus} growing in mouldy feed pellets has been shown to produce hyperkeratosis in cattle, associated with lachrymation, depression, and haemorrhagic lesions in the liver (Forgacs, Carll, Herring, and Mahlandt, 1954), but in man the only disease so far attributed to \textit{A. clavatus} is onychogryphosis (Batista, Maia, and Alcram, 1955).

The occurrence of \textit{A. clavatus} in the maltings where the patient worked appears to have been due to a variety of factors:

1. The malting of a new type of barley which, after a wet summer, contained large numbers of split corns.

2. The increased temperature and humidity on the malt floors, which was deliberately produced by spraying the grain with water on the second day of the malting process in order to accelerate enzymatic activity. This attempt to increase production, together with the use of barley with a high percentage of split corns, may have unwittingly provided the ideal conditions for an explosive outbreak of fungal contamination, as there is evidence (unpublished) available in the malting industry to indicate that an 80\% increase in the rate of sporulation occurs when the temperature at which other aspergilli are cultured is raised from 14° C. to 20° C.

3. The use of dilute hypochlorite to reduce such contamination of the rehydrated barley may in fact have had the opposite effect to that intended, as it has been shown by one of the authors (M.L.) that the growth of \textit{A. clavatus} is potentiated by the addition of this alkaline agent to culture media.

The primary source of the contamination is still in doubt, but it may be relevant that \textit{A. clavatus} was cultured from pigeon droppings collected from several roostings about the maltings, and that the site of heaviest contamination was around the windows of an open grain store, through which the pigeons had free access. Every part of the malt floors was, however, so heavily infected that the role of the pigeons in the maintenance of fungal contamination must have been relatively unimportant.

\textbf{PATHOGENESIS} Histological studies of the pulmonary lesions in farmer’s lung (Dickie and Rankin, 1958; Totten, Reid, Davis, and Moran, 1958; Frank, 1958; Riddell and Stewart, 1958; and Seal, Thomas, and Griffiths, 1963) have shown that in the acute stage the most constant finding is an interstitial pneumonitis, with thickening of the alveolar walls and a mononuclear infiltrate. These reports are consistent with the hypothesis that the pulmonary changes are in this condition the result of an antigen–antibody reaction in the alveolar walls. There was only indirect serological evidence (Pepys \textit{et al}., 1963) of a causal relationship between the suspected aetiological agent and the histological lesions until Wenzel, Emanuel, Lawton, and Magnin (1964) isolated \textit{Micropolyspora} sp. from a lung biopsy. Since the spores of this organism are very small (1 µ in diameter) and can readily penetrate to the alveoli, the theory was advanced that all type III hypersensitivity reactions were caused by fine organic dusts of equally small particle size (Pepys \textit{et al}., 1963; Pepys, Longbottom, and Jenkins, 1964; and Pepys, 1967a). This theory carried the implication that larger organic particles would be trapped on the bronchial mucosa, and would not reach the alveoli in sufficient numbers to produce a similar type of reaction there. The evidence in favour of this view is, however, by no means conclusive. On theoretical grounds, Findenisen (1935), supported experimentally by Brown, Cook, Ney, and Hatch (1950), has shown that although 40 to 60\% of particles of 1 µ size can penetrate to the alveoli, as many as 15 to 20\% of particles of 5 µ size can also reach the alveoli, and, of more significance, a very large proportion of these are retained. Gregory and Lacey (1963) made similar predictions about the penetration of spores of 5 µ diameter when they investigated the spores produced in mouldy hay. More recently, Booker, Chamberlain, Rundo, Muir, and Thomson (1967) have confirmed that not only are 5 µ particles able to reach the alveoli, but they are retained in decreasing numbers for up to 300 days. It has now been shown, in the case reported in this paper, that the inhalation of the larger spores of \textit{A. clavatus} can reproduce the clinical and other features of a syndrome identical with that of farmer’s lung. Furthermore, Emanuel \textit{et al}. (1966) have reported another example of this syndrome in maple-bark strippers, following exposure to the spores of \textit{Cryptostroma corticale}, which are even larger (5 µ × 3 µ) than those of \textit{A. clavatus}. On the basis of these observations it is no longer possible to sustain the view that a difference in the size of individual spores is the factor which determines whether a hypersensitivity response caused by the
inhalation of spores occurs predominantly in the bronchial mucosa or in the alveolar walls. It is possible that some degree of ‘clustering’ of inhaled spores may occur, more marked in some species than in others, and that this could explain why a hypersensitivity reaction to the inhalation of spores of *A. fumigatus* is predominantly bronchial, while in the case of *A. clavatus*, it is predominantly pulmonary. It has, however, been shown by one of the authors (M. L.) that the spores of *A. fumigatus* and of *A. clavatus* do not differ significantly in their tendency to aggregate and form ‘clusters’.

A study of the many published case histories shows that a feature common to all pulmonary hypersensitivity reactions of the farmer’s lung type is exposure to antigen-containing dust in very high concentrations. Until recently, there was no recorded instance of an individual having been exposed to comparable concentrations of *A. fumigatus* spores, but a paper published in Czechoslovakia (Filip and Barboff, 1966) describes the effects on one man and 17 women of exposure to an atmosphere containing vast numbers of such spores. Although we do not agree with the authors’ conclusions, the case histories, as they were presented, leave us in little doubt that the individuals were in fact suffering from a farmer’s lung type of syndrome. If this evidence is accepted, *A. fumigatus* can be added to the list of antigens which, when inhaled in a sufficiently high concentration, are capable of inducing a diffuse type III (precipitin-mediated) hypersensitivity reaction in the lungs. *A. fumigatus* is, of course, known for its role in the production of pulmonary eosinophilia (Longbottom and Pepys, 1964), in which immunological evidence for both a type I and a type III response, as defined by Gell and Coombs (1963), is frequently found. The asthmatic features in this condition are presumably related to the type I (reagin-mediated) response, while the transient pulmonary infiltrates may represent a local type III response to fungal mycelium contained in bronchial mucus plugs (Turner-Warwick and Pepys, 1967).

Some of the antigens responsible for diffuse pulmonary hypersensitivity (type III) also provoke, presumably in atopic individuals, a type I (bronchial) response. This gives rise to reversible airways obstruction, an excess of eosinophil leukocytes in the peripheral blood and in the sputum, and an immediate skin reaction to a prick test with the suspected antigen. Such a combination of type I (bronchial) and type III (pulmonary) hypersensitivity has been reported in patients exposed to avian antigens, pituitary snuff, and the grain weevil (Hargrave et al., 1966; Mahon, Scott, Ansell, Manson, and Fraser, 1967; and Lunn and Hughes, 1967).

It is probable that the number of cases so far reported of diffuse pulmonary hypersensitivity to inhaled organic antigens represents only a minute fraction of the total incidence of the disorder. There must be many undiagnosed cases belonging to the groups already identified, and there may be an even larger number of patients with diffuse pulmonary lesions caused by hypersensitivity to as yet unrecognized organic antigens. One of the authors (I. W. B. G.), in a paper delivered to the Thoracic Society in July 1967, suggested that the generic term ‘allergic alveolitis’ might be applied to pulmonary disease of this type; Pepys, quoted in a British Medical Journal lead (1967b), preferred the term ‘extrinsic allergic alveolitis’. To pathologists both terms may be unacceptable on the grounds that the histological features of the pulmonary lesions are not pathognomonic of an allergic response, but for the present either term will serve as a convenient, and perhaps not entirely misleading, label for a well-defined condition with readily identifiable clinical, radiological, and immunological features.

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Notes

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